

Aortic 'disease-in-a-dish': mechanistic insights and drug development using iPSC-based disease modelling

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8 Abstract

9 Thoracic aortic diseases, whether sporadic or due to a genetic disorder such as Marfan syndrome, 10 lack effective medical therapies, with limited translation of treatments that are highly successful in 11 mouse models into the clinic. Patient-derived induced pluripotent stem cells (iPSCs) offer the opportunity to establish new human models of aortic diseases. Here we review the power and 12 13 potential of these systems to identify cellular and molecular mechanisms underlying disease and 14 discuss recent advances, such as gene editing, and smooth muscle cell embryonic lineage. In particular, we discuss the practical aspects of vascular smooth muscle cell derivation and 15 16 characterization, and provide our personal insights into the challenges and limitations of this 17 approach. Future applications, such as genotype-phenotype association, drug screening and precision 18 medicine are discussed. We propose that iPSC-derived aortic disease models could guide future 19 clinical trials via 'clinical-trials-in-a-dish,' thus paving the way for new and improved therapies for 20 patients.

21 **1** Introduction

22 Thoracic aortic disease usually proceeds silently until presenting suddenly with dissection or rupture

- 23 (Pinard et al., 2019). Despite the frequently catastrophic and life-threatening consequences, there are
- 24 no proven medical treatments for thoracic aortic disease beyond blood pressure control. Surgical
- 25 replacement of the diseased section of aorta, either emergent or prophylactically, can be associated
- with significant morbidity and does not prevent disease progression or re-presentation in the non-
- 27 replaced parts of the vessel. The lack of effective medical therapies has highlighted the critical need
- to define the mechanisms underlying aortic dilatation and dissection to inform the development of
- 29 new treatments (Milewicz et al., 2005).
- 30 In contrast to abdominal aortic aneurysms, which have been shown to have links to inflammation and
- 31 atherosclerosis, thoracic aortic aneurysms and disorders are frequently due to genetic factors
- 32 (Humphrey et al., 2015; Pinard et al., 2019) . A key question is to what extent the different genetic
- 33 syndromes and disorders have common disease-causing pathways. The underlying mechanisms
- 34 leading to aortic disease are still unclear despite the use of several mouse models; indeed, therapeutic
- 35 discoveries made using the mouse models have not yet been shown to be effective in patients.

- 36 Consequently, there is a pressing need for further studies and a wider range of model systems that
- 37 may more fully predict a clinical response.
- 38 Through their seminal discovery of induced pluripotent stem cells (iPSCs), Takahashi and Yamanaka
- 39 have bestowed the tools to now establish patient-derived complex models of human genetic diseases
- 40 (Takahashi and Yamanaka, 2006). The power of this approach lies in the fact that these cells contain
- 41 the patient's DNA, so exhibit both the causal genetic defects as well as the permissive genetic
- 42 background that allows florid disease presentation. Furthermore, these cells represent a versatile and
- 43 almost unlimited resource for the study of early disease processes and for drug discovery. Such is
- their potential utility for understanding and treating diseases that they have been referred to as
- 45 'disease-in-a-dish' models (Tiscornia et al., 2011).
- 46 In this review we will critically discuss recent studies where iPSCs have been used to model thoracic
- 47 aortic aneurysm and dissection (TAAD) disorders. Since these related disorders have already been
- 48 reviewed in detail by others (Goldfinger et al., 2014; Michel et al., 2018), we will only briefly cover
- 49 the diseases themselves and highlight the controversies and major questions that have emerged in this
- 50 field. We will then devote the majority of this review to providing insights into the practical aspects,
- applications, strengths and limitations of using iPSCs to model these conditions. Finally, we will
- 52 explore potential future directions for this approach including precision medicine and 'clinical-trials-
- 53 in-a-dish'.

54 2 Aortopathies, current scientific & clinical challenges

55 2.1 Thoracic aortic aneurysm and dissection

56 TAADs commonly occur sporadically or in association with bicuspid aortic valves (BAV). Single

- 57 gene disorders also cause thoracic aortopathies, notably in genes encoding extracellular matrix
- 58 (ECM) components, transforming growth factor (TGF)- β signaling or vascular smooth muscle cell
- 59 (VSMC) contractile machinery (Brownstein et al., 2018). Marfan syndrome (MFS), caused by
- 60 mutations in *FBN1*, is the commonest and best studied genetic disease resulting in TAAD. Other
- 61 syndromic disorders include Loeys-Dietz syndrome (LDS) and vascular Ehlers-Danlos syndrome
- 62 (vEDS) which are caused by mutations in the TGF- β signaling cascade (Lindsay et al., 2012) and in
- 63 COL3A1 (Pepin et al., 2000), respectively. Mechanistically, it is likely that TAADs share common
- 64 disease mechanisms. Improving our understanding of Mendelian genetic disorders is also likely to
- 65 lead to effective treatments for sporadic and bicuspid valve-associated aortopathies.
- 66 Many TAAD disorders show considerable overlap in pathology with elevated matrix
- 67 metalloproteinases (MMPs), elastin fiber breaks, proteoglycan and glycosaminoglycan deposition
- and medial aortic VSMC loss, suggesting common final pathways for aneurysm development despite
- 69 varying genetic causes. An intimal tear then leads to an influx of blood and medial dissection; a
- condition with a cumulative 1% mortality per hour if the dissection involves the ascending aorta a $\frac{1}{2}$
- 71 type A dissection (Anagnostopoulos et al., 1972) This dramatic surgical emergency is due to the
- 72 propensity of a type A dissection to progress retrogradely and involve the coronaries, leading to
- 73 myocardial infarction, or the pericardium, leading to tamponade. The risk of dissection is in part a 74 function of aneurysm size, although the correlation varies widely depending on the precise disease as
- 74 function of aneurysm size, although the correlation varies widely depending on the precise disease as 75 well as other familial factors and co-morbidities such as the presence of hypertension. Notably, some
- 75 well as other familial factors and co-morbidities such as the presence of hypertension. Notably, som 76 disorders such as LDS or vEDS, can present with arterial dissection or rupture at relatively normal
- vessel dimensions (Pepin et al., 2000; Williams et al., 2007), emphasizing the need for additional
- 78 prognostic markers to supplement cross-sectional imaging.

- 79 In this review, we use MFS as the exemplar for genetically mediated TAADs. We will discuss the
- 80 biological controversies and clinical issues raised by MFS to illustrate the challenges in the
- 81 management of patients with TAAD and areas where novel approaches may be helpful. MFS is an
- 82 autosomal dominant, multi-system disease affecting approximately 1 in 5000 people, caused by
- 83 mutations in the gene encoding fibrillin-1, a key connective tissue ECM protein (Dietz et al., 1991).
- 84 Fibrillin-1 glycoproteins assemble into microfibrils, which have both structural and functional roles.
- 85 These microfibrils provide elasticity and provide a template for elastin fiber formation, but can also 86 regulate the bioavailability of growth factors, such as TGF- β (Chaudhry et al., 2007), and provide
- attachment motifs for cell-matrix interactions (Kielty et al., 1992; Bax et al., 2003).
- 88 The cardiovascular complications are potentially fatal, and affect men more strongly than women
- 89 (Murdoch et al., 1972; Pyeritz and KcKusick, 1979). Patients can develop mitral valve prolapse and
- 90 aortic regurgitation, with the significant complication being aortic dilatation. These aortic aneurysms
- 91 typically form in the aortic root and arch, and predispose to rupture or dissection (Milewicz et al.,
- 92 2005). As with other TAADs, VSMCs from MFS patients typically have high expression and activity
- of MMPs, elastic fiber fragmentation and VSMC death, which all lead to weakening of the aortic
- 94 wall (Segura et al., 1998; Ikonomidis et al., 2006; Grewal and Gittenberger-de Groot, 2018). In
- 95 addition, there is increased deposition of collagen and proteoglycans, which contributes to increased
- 96 vessel stiffness (Andreotti et al., 1985; Cattell et al., 1994). Indeed, patients with MFS tend to have
- 97 stiffer aortas compared to the general population (Jeremy et al., 1994; De Wit et al., 2013;
- Hannuksela et al., 2018).
- 99 Mouse models of MFS have been very useful to understand a variety of disease aspects. Two models
- are commonly reported in the literature the $FBNI^{C1039G/+}$ (Judge et al., 2004) and $FBNI^{MgR/MgR}$
- 101 (Pereira et al., 1999) models which represent moderate and severe disease respectively. In addition to
- 102 powerful tools to dissect the genetics, mouse models allow for deep phenotypic and histological
- 103 characterization. The different stages of disease progression can also be investigated, making murine
- 104 models essential for understanding disease mechanisms. The findings from these disease models, in
- addition to their drawbacks, will be discussed further below.
- 106 Groups, including ours, have used iPSCs to investigate the pathology underlying MFS. Longaker and
- 107 colleagues used a MFS embryonic stem cell (ESC) line as well as patient-derived iPSCs to show how
- 108 antagonism of BMP signaling by TGF- β signaling impaired osteogenesis, leading to abnormal
- 109 skeletogenesis (Quarto et al., 2012a, 2012b). More recently, we used patient-derived iPSCs
- 110 differentiated into VSMCs to recapitulate many aspects of vascular disease found in patients (Granata
- et al., 2017). This included increased MMP expression and cell death, fragmentation of ECM
- 112 microfibrils, and reduced proliferation (Figure 1). Interestingly, when cells were exposed to cyclic
- mechanical stretch, the disease phenotype was further exaggerated, suggesting that there are
- abnormalities in mechanosensing/transduction, in line with current thinking about the mechanisms
- 115 leading to disease progression. These disease features were rescued by using CRISPR-Cas9 mediated
- single nucleotide correction resulting in an isogenic normal control. iPSC-based models of other
- 117 aortic diseases have also been developed, and are summarized in Tables 1 and 2. These models have
- 118 successfully recapitulated key aspects of aortic diseases, and have enabled identification of potential
- 119 disease mechanisms for further investigation.

120 **2.2 TGF-**β controversy – cause or consequence?

- 121 The TGF-β signaling pathway is crucial for normal VSMC function and it is a potent cytokine
- regulating proliferation, differentiation, extracellular matrix remodeling and apoptosis (Guo, 2012).

- 123 Activation of TGF-β receptors leads to canonical signaling through Smads but also non-canonical
- signaling through MAPKs (Zhang, 2017). Analysis of the lung of a severe mouse model of MFS,
- 125 $FBNI^{mgA}$, found increased activation of TGF- β (Neptune et al., 2003). Since treatment with a TGF- β
- 126 neutralizing antibody rescued the lung phenotype, the Dietz lab hypothesized that the loss of 127 microfibrils decreased the sequestration of TGF- β and in turn led to an increase in local TGF- β
- microfibrits decreased the sequestration of TGF-p and in turn led to an increase in local TGF-p signaling. This line of thinking was supported by findings in the moderate $FBNI^{C1039G/+}$ murine
- model (Judge et al., 2004), where increased canonical TGF- β signaling was detected in the dilated
- 130 aorta. Treatment with a TGF- β neutralizing antibody once again rescued the disease phenotype
- 131 (Habashi et al., 2006), as did blockade of the angiotensin II receptor type 1 (AT1R) with losartan,
- which reduced TGF- β expression and non-canonical signaling (Lavoie et al., 2005; Rodríguez-Vita et
- 133 al., 2005; Holm et al., 2011).
- 134 Given the dramatic results with losartan in mouse models of MFS, a series of clinical trials in patients
- commenced. An initial retrospective analysis of a pediatric cohort of MFS patients suggested
- promising results in slowing aortic dilatation (Brooke et al., 2008). Several randomized trials have
- 137 now been carried out comparing losartan either to β -blocker or to placebo (Groenink et al., 2013;
- Lacro et al., 2014; Milleron et al., 2015; Teixido-Tura et al., 2018). Surprisingly, despite some early
- promise in small trials, the largest single randomized study has shown that losartan had no
- 140 statistically significant improvement in children and young adult patients when compared to β -
- blockers (Lacro et al., 2014). Related to the findings in the initial retrospective analysis, this larger
- study found that the younger subjects were more responsive to treatment with losartan compared to
- 143 the older cohort, suggesting that there may be an early therapeutic window for targeting angiotensin
- 144 II signaling.
- 145 Subsequent evidence from mouse studies has indicated that the nature of TGF- β signaling in TAAD
- 146 progression is complex, and may also confer a protective effect. Post-natal VSMC-specific deletion
- 147 of TGF- β receptor II (T β RII) (Hu et al., 2015) or treatment with a TGF- β neutralizing antibody
- 148 (Wang et al., 2010) led to severe aortopathy. Indeed, crossing $FBNI^{C1039G/+}$ mice with a conditional
- 149 knock-out for *Tgfbr2* exacerbated the aortic phenotype, indicating that TGF- β may have a protective 150 effect (Li et al., 2014; Wei et al., 2017). *FBN1*^{MgR/MgR} is a severe model for MFS (Pereira et al., 1999)
- in which treatment with losartan slightly improved lifespan, but did not have the same impact as in
- 151 In which treatment with losartan slightly improved lifespan, but did not have the same impact as in 152 the moderate $FBN1^{C1039G/+}$ model (Xiong et al., 2012; Cook et al., 2015). In addition, treatment with
- a TGF- β neutralizing antibody was detrimental at P16, but beneficial at P45, indicative of a
- 153 a TGF-p neutralizing antibody was detrimental at P10, but beneficial at P43, indicative of a temporally dependent role for TGF- β in aneurysm formation (Cook et al., 2015). Other studies did
- not find any benefit of TGF- β or angiotensin II signaling inhibition in VSMCs (Angelov et al., 2017;
- 156 Galatioto et al., 2018). Together, these lines of evidence indicate that the pathophysiology of MFS is
- more complex than just dysfunction of TGF- β signaling in VSMCs. The upregulation of TGF- β
- 158 signaling in MFS may in part be a compensatory mechanism, rationalizing the increase observed in
- 159 patients with severe aneurysm (Franken et al., 2013).
- 160 The losartan and TGF- β controversy indicates that further mechanistic validation is required when
- 161 transitioning between mouse studies and patient treatment, particularly in the context of the human
- 162 genome. While losartan was highly-effective and promising in a mouse model, its effectiveness was
- 163 not matched in patients. This was potentially due to fundamental differences in the anatomy between
- 164 murine and human aortas, but also due to the disparity between the dose required to elicit a response,
- and the dose deemed safe for human patients. Recently, another AT1R antagonist, irbesartan, was
- 166 found to be effective in reducing aortic dilatation in children and young adults (Mullen et al., 2020).
- 167 Although losartan and irbesartan both inhibit AT1R, irbesartan has greater bioavailability and a

168 longer half-life, implying that the difference in outcome may be in part due to insufficient duration of

169 action of losartan. In addition, while the mice used for this study were genetically homogeneous and

170 treated at the same age, the human patients introduced variability via their disease-causing mutations,

171 genetic backgrounds and ages at treatment. Although animal models allow us to study various stages

- 172 of disease and are still needed to assess potential therapeutic targets, this case has highlighted the 173
- need for an additional platform to assess the viability of mechanisms and treatments in a variety of
- 174 patient lines before applying them in the clinic.

175 2.3 Abnormalities in mechanosensing

176 If excess TGF- β signaling is not causal in MFS, then what is? The contractile machinery of VSMCs

177 is composed of thin and thick filaments that contain α -smooth muscle actin (α -SMA: ACTA2) and

178 smooth muscle myosin heavy chain (SM-MHC; MYH11), respectively. In healthy conditions, once

179 stress has been sensed via integrins (Martinez-Lemus et al., 2003), VSMCs can secrete various

180 factors such as MMPs, TGF-β and angiotensin II to adapt the ECM and modulate VSMC phenotype

181 to maintain blood pressure homeostasis (O'Callaghan and Williams, 2000). TAAD-causing

182 mutations in ACTA2 and MYH11 disrupt their function (Zhu et al., 2006; Guo et al., 2007),

183 suggesting that reduced VSMC contractility may be an underlying disease mechanism. In an iPSC

184 model of LDS, where a mutation in SMAD3 was created, the resulting VSMCs had decreased

185 expression of contractile markers (Gong et al., 2020). Similarly, ECM mutations may disrupt the

186 VSMC linkage to the matrix and ability to accurately sense wall stress. This is supported by electron 187 microscopy images from MFS mice showing abnormally smooth elastic fibers due to reduced VSMC

188 attachment (Bunton et al., 2001). It has therefore been proposed that abnormalities in

189 mechanosensing, erroneous ECM remodeling and cellular response lead to aneurysm formation

190 (Humphrey et al., 2015; Pinard et al., 2019). Another way in which mechanical forces may act could

191 be by reduced vascular tone resulting in increased interstitial fluid leading to the formation of

192 intramural edema and dissection (Mallat et al., 2016). This is supported by a study in rat abdominal

193 aortic rings, where noradrenaline-stimulated VSMC contraction decreased hydraulic conductance

194 (Chooi et al., 2017).

195 The mechanosensing hypothesis is supported by evidence from mouse models. Endothelial nitric

196 oxide (NO)-mediated vasodilation exacerbated aortic aneurysm (Oller et al., 2017). In addition,

197 treatment with calcium channel blockers as an alternative to current anti-hypertensive drugs also

198 accelerated aneurysm formation in a model of MFS (Doyle et al., 2015). Postnatal Tgfbr2 knock-out

199 in mice led to decreased contractile gene expression and compaction in a collagen gel assay (Li et al.,

200 2014). Further assessment of these mice found compromised aortic mechanical properties compared

201 to controls, and treatment of these animals with rapamycin restored some of these mechanical

202 properties and prevented pressure-induced delamination in vitro (Ferruzzi et al., 2016). Rapamycin

203 has been shown to improve VSMC contractility (Martin et al., 2004), and has been used to rescue

204 VSMC de-differentiation phenotypes, including in vitro disease models of supravalvular aortic

205 stenosis (SVAS) and BAV/TAA (Kinnear et al., 2013; Jiao et al., 2016).

206 The relationship between inappropriate mechanosensing and TAAD formation is not yet fully 207 understood. In addition to using animal models, iPSC-derived VSMCs could be used to investigate

208 this hypothesis, as they can be genetically modified and stretched using various cell-stretching

209 apparatus. We observed worsening of the disease phenotype upon cyclic stretch in our *in vitro* model

210 of MFS (Granata et al., 2017), indicating that current protocols result in VSMCs sufficiently mature

211 to be capable of mechanotransduction. Substrate stiffness is also something which can be explored -

212 as mentioned above, the aortas of patients with TAADs tend to be stiffer. Combining iPSC-based 213 models with hydrogels of varying stiffnesses could provide insights into the role of vessel wall

214 stiffness in aortic disease.

215 **2.4** Understanding the early stages of aortic disease

216 Samples of diseased aortas can only be obtained from late-stage disease at the time of surgery, thus

217 providing markers and mechanistic insight corresponding to severe TAADs only. From a therapeutic

218 stand-point, investigating late-stage tissue provides limited information for developing novel

therapies to prevent progression or identifying biomarkers for various stages of disease. Another challenge of using tionus from patients is the lash of comparison stages of disease.

challenge of using tissue from patients is the lack of appropriate controls. It is highly unlikely that
 researchers can obtain clinical samples of a healthy individual's aorta, but surgeons repairing a

diseased aorta may collect biopsies from non-diseased sections, or at least from regions displaying no

- visible defects. However, such samples likely do not truly represent a healthy aorta, especially in the
- case of genetic disorders. Also, a region adjacent to the aneurysm could still exhibit defects in the
- ECM, signaling and response to mechanical stimuli. In addition, cytokines and growth factors in the
- 226 circulation as well as local environmental cues may also contribute to the disease phenotype.

227 Early events in disease progression need to be better understood and characterized. As will be

discussed further, there is significant variation in the disease presentation of MFS, even among

individuals with the same causative mutation in *FBN1*. It is therefore difficult to predict from initial

230 diagnosis whether disease progression will be mild or severe and this is a particular problem for

sporadic cases with no family history. In addition, in disorders such as vEDS, patients do not tolerate

surgery, with high post-operative mortality (Bergqvist et al., 2013). Consequently, treating patients

at an early stage to prevent presentation or slow aneurysm growth would be ideal, and therefore

understanding the early events in disease progression is critical.

235 These limitations may be circumvented by the use of iPSC-derived VSMCs. A virtually unlimited

supply of cells can be generated from patient-derived iPSC lines along with genetically corrected
 isogenic controls. In our experience, both early and late events can be captured to some extent *in*

vitro. For example, accumulation of disease phenotype with age is observed in the iPSC model of

MFS. After differentiating MFS iPSCs to neural crest (NC)-derived VSMCs, we allow the cells to

- mature in serum for 30 days during this time, the cells accrue a more severe phenotype in the dish,
- including increased proteolytic activity and apoptosis (Granata et al., 2017). We observed that NC-

VSMCs at an earlier stage did not show the same intensity of disease characteristics, suggesting that,

- to an extent, we can mimic disease progression *in vitro*. We therefore suggest that iPSC-based
- 244 models of VSMCs enable us to generate appropriate control cells and uncover events at various
- 245 stages of disease progression.

246 2.5 Conclusion

247 TAADs are a group of disorders with life-threatening circumstances, and although surgical

intervention has increased the mean life expectancy from 45 to 70 years in MFS (Milewicz et al.,

249 2005), new medical treatments need to be urgently identified. Confounding results between mouse

- and clinical studies have emphasized the need for an additional assessment platform. iPSC-based
- 251 modelling of aortic disease can be employed, where mechanistic and patient-specific information is
- 252 used to direct future clinical trials and precision medicine. In the next section, we will discuss
- 253 practical considerations for constructing a 'disease-in-a-dish'.

254 **3** Practicalities of aortic disease modelling

255 **3.1 What do we look for?**

256 In vitro differentiation protocols are generally founded on the developmental principles (Keller, 257 2005; Ayoubi et al., 2017). For VSMC development, a huge body of work exists and as a detailed 258 discussion is beyond the scope of this review, we refer the reader to excellent reviews written by 259 others (Owens et al., 2004; Owens, 2007). Briefly, after endothelial cells (ECs) form a lumen mural 260 cells are recruited and invested to stabilize the nascent vessel through various signaling axes, such as 261 TGF-β, PDGF-BB, Notch and angiopoietin/Tie2 (Drake, 2003; Liu et al., 2009; Stenzel et al., 2009; 262 Patel-Hett and D'Amore, 2011). This leads to the establishment of transcriptional modules, including 263 SRF, GATA factors and myocardin (Croissant et al., 1996; Manabe and Owens, 2001a; Chen et al., 264 2002; Nishida et al., 2002; Du et al., 2003). In addition, post-transcriptional processes, such as miR-265 143/145, have also been shown to contribute to this VSMC identity (Boucher et al., 2011). Finally, 266 changes in the epigenome have been shown to allow binding of key transcription factors to their 267 promoters, and lead to stabilization of this VSMC-specific gene expression, while still allowing for phenotypic plasticity depending on the integration of various inputs by the cells (Manabe and Owens, 268 269 2001b). Together, these processes lead to the stable expression of VSMC-specific gene expression. 270 These markers of VSMCs can be used in stem cell-derived products to assess their identity and serve 271 as a point for quality control.

An iPSC model is only as good as the differentiation protocol used. A variety of VSMC

differentiation protocols exist and we have summarized those protocols that have been used in aortic
 disease modelling in Table 2; general VSMC differentiation protocols have been reviewed

thoroughly by others (Ayoubi et al., 2017). When choosing a protocol to model aortic disease, there

are a few parameters to consider. First, the length and nature of the protocol – older methods describe

embryoid body (EB) differentiations, where aggregated stem cells spontaneously differentiate into

the three germ layers, recapitulating events during development (Itskovitz-Eldor et al., 2000). From

this point, VSMC fate can be induced. Differentiation through EBs requires precise control of cell aggregates, in respect of both size and homogeneity, as these can influence differentiation and yield

281 (Messana et al., 2008), potentially due to cytokines and small molecules exerting their effects mainly

on the surface layers (Sachlos and Auguste, 2008). Cell sorting by FACS could circumvent this issue,
 however there are considerations for time and cell viability following sorting. Although methods

- have been developed to reduce variation in EB size and density, including the use of microwells and
- 285 micropatterned scaffolds (Bauwens et al., 2008; Mohr et al., 2010), the field has largely moved away
- from EBs to monolayer methods (Cheung et al., 2012; Mummery et al., 2012; Patsch et al., 2015;
 Palakkan et al., 2017). Generally, pluripotent stem cells grown as monolayer colonies are first

Palakkan et al., 2017). Generally, pluripotent stem cells grown as monolayer colonies are first
 directed towards a specific embryonic pathway, and then differentiated into VSMCs. This allows for

more uniform delivery of factors guiding differentiation, as there are fewer considerations for factor

- 290 diffusion and availability (Suchorska et al., 2017). Monolayer methods are also more amenable to
- 291 large-scale production, due to their relative homogeneity compared to EBs, and do not necessarily
- 292 require any cell sorting.

Another important consideration would be the presence of appropriate VSMC markers, indicative of maturation and contractility. With the possible exception of SM-MHC and smoothelin (*SMTN*), most VSMC markers can be expressed in other cell types under certain conditions (Alexander and Owens, 2012). Therefore, if the aim is to obtain relatively mature and contractile VSMCs, staining or flow cytometry of SM-MHC and/or smoothelin would be more appropriate ways of monitoring

298 differentiation quality, rather than a less selective marker such as α -SMA. If opting for SM-MHC

- antibody staining however, we caution readers to carefully assess the data cross-reactivity of
- 300 smooth muscle and non-muscle myosin heavy chains by polyclonal antibodies can confound

- 301 interpretation of results and can lead to over-estimation of SM-MHC content (Rovner et al., 1986). It
- 302 should be noted that *in vitro* differentiated cells can easily lose SM-MHC and smoothelin expression
- 303 when exposed to serum (Alexander and Owens, 2012), so quality control to identify these VSMC
- markers should be performed prior to culture in serum. Furthermore, some patient-derived lines of
- familial TAADs may have mutations in VSMC contractile genes such as *MYH11* or *ACTA2*, so
- 306 appropriate control lines, such as CRISPR-corrected isogenic lines, should be used in parallel in 307 order to assess the quality of differentiations. In addition to marker expression, functional assays
- should also be performed. Identifying a protocol where the cells show VSMC-like responses, with
- 309 rapid contraction, to vasoactive agonists such as carbachol would also be important to ensure that the
- 310 correct cell type, or good differentiation, has been achieved. VSMC contraction should be noticeable
- 311 on the scale of a few minutes, rather than hours (Table 2).
- 312 We appreciate that certain mutations will alter the expression of markers and function of resulting
- 313 VSMCs. Care should be taken when establishing new disease models or lines to distinguish poor
- 314 quality differentiations from genuine *in vitro* disease phenotypes. This may be particularly relevant in
- 315 diseases or patient lines with mutations in genes affecting VSMC function, including the
- aforementioned *MYH11* or *ACTA2* mutations. In these cases, in addition to using gold standard
- isogenic controls, we strongly recommend careful and stringent quality control of the VSMC
- 318 progenitor. This will reduce variability in the resulting VSMCs, and result in more consistent
- 319 assessment of the disease phenotype.

320 3.2 Maturity and phenotype

- 321 Generating and analyzing contractile VSMCs is of crucial importance in recapitulating disease
- 322 phenotypes. The importance of iPSC-derived maturity can be inferred firstly from the fact that
- 323 TAADs are generally post-natal diseases rather than developmental. Moreover, with diseases related
- 324 to VSMC de-differentiation, such as SVAS, restoration of full VSMC function and maturity *in vitro*
- would be an essential parameter of success for any new therapeutic. The inability of a differentiation
- protocol to yield mature VSMCs in control lines is likely to fatally compromise drug screening or
- testing with that protocol. In our experience, in addition to the specific protocol used, the contractile
- 328 ability can be affected by user-dependent factors such as the seeding density during or after 320 differentiation, these are important considerations on the seeding density during the second sec
- 329 differentiation; these are important considerations as they contribute significantly to variation
- between differentiations, as will be highlighted below.
- 331 VSMC differentiation protocols can be further refined to improve the yield of contractile cells. In
- 332 addition to reduction or replacement of serum in the maturation steps, small molecules can be
- introduced to improve yield of contractile VSMCs. Recently, a novel screening method was reported,
- 334 where an *MYH11* reporter ESC line was used to screen over 4,000 compounds that may improve SM-
- 335 MHC expression (Zhang et al., 2019). This screen identified RepSox, a modulator of Notch
- 336 signaling, as improving VSMC contractility in differentiations using PDGF-BB and TGF- β . In
- addition to improvement in initial levels of SM-MHC, cells treated with RepSox also maintained
- high levels of SM-MHC for at least 8 weeks after derivation, suggesting that this may be a new and
- 339 interesting direction for VSMC differentiation protocols.

340 3.3 Lineages

- 341 The VSMCs comprising the aorta are derived from distinct embryonic lineages: the descending aorta
- 342 is derived from paraxial mesoderm (PM), the ascending aorta and aortic arch from NC and the aortic
- root from lateral plate mesoderm (LM) (Jiang et al., 2000; Wasteson et al., 2008; Harmon and

Nakano, 2013) (Figure 2). These different aortic regions seem to have distinct susceptibility to aortic diseases, including genetically-triggered aortopathies, suggesting that in addition to haemodynamics

- and wall structure, the embryonic lineage of the VSMC may be an important determinant for disease
- 347 development and progression, (reviewed by (Majesky, 2007)). In addition, the nature of the border
- between VSMCs of different lineages could be an important consideration; while there is a distinct
 boundary at the aortic isthmus between the PM- and NC-derived VSMCs (Nakamura et al., 2006).
- boundary at the aortic isthmus between the PM- and NC-derived VSMCs (Nakamura et al., 2006),
 the transition between LM- and NC-VSMCs in the aortic root is not as well defined. Lineage-tracing
- 351 experiments in mice have shown that there is a significant area of overlap between these lineages at
- the base of the aorta (Harmon and Nakano, 2013; Sawada et al., 2017). Indeed, it has been suggested
- that the differential response to cytokines and/or ECM composition between these overlapping or
- 354 adjacent VSMC populations underpins the origins of aortic aneurysm and dissection (Topouzis and
- 355 Majesky, 1996; Cheung et al., 2012), an hypothesis supported by recent work in mice (Angelov et al.,
- 356 2017; MacFarlane et al., 2019). *Tgfbr2* deletion in VSMCs led to the development of thoracic aortic
- 357 aneurysms, whereas treatment with a TGF- β neutralizing antibody resulted in abdominal aortic
- 358 aneurysms (Angelov et al., 2017). Lineage tracking and sorting in a Loeys-Dietz mouse model
- 359 showed a differential response of LM- and NC-derived VSMCs to TGF- β (MacFarlane et al., 2019).
- 360 As a result, protocols describing the derivation of VSMCs corresponding to the different regions of
- 361 the aorta may be important to consider in order to accurately reflect the disease (Cheung et al., 2012;
- 362 Patsch et al., 2015; Jiao et al., 2016; Gong et al., 2020). Our *in vitro* model of MFS showed
- 363 differences in fibrillin-1 deposition and disease severity in VSMCs depending on embryonic origin,
- 364 highlighting the importance of studying specific cohorts of VSMCs when modelling a 'disease-in-a-
- dish' (Granata et al., 2017). A model of BAV has also demonstrated that NC-VSMCs, but not PM-
- 366 VSMCs, from patients with BAV and TAA have defects in differentiation and contractile function
- 367 (Jiao et al., 2016). Currently published iPSC models for SVAS, however, did not use lineage-specific
- protocols in their investigation (Ge et al., 2012; Kinnear et al., 2013, 2020). In a 3D model of SVAS,
- 369 a lineage-specific protocol also was not used, although the investigators inferred lineage based on
- responsiveness to cytokines (Dash et al., 2016). Finally, in a recent iPSC-based model of LDS, NC-
- and LM-VSMCs exhibited distinct defects relating to contractile marker expression and response to
- 372 TGF- β depending on lineage (Gong et al., 2020), mirroring the *in vivo* findings (MacFarlane et al.,
- 2019). These studies collectively echo the importance of using lineage-specific protocols whereverpossible when modelling aortic disease.
- 375 **3.4** Contraction and response to stretch
- 376 VSMC contractility in response to agonists is an important indicator of maturity and this can be 377 assayed in 2D and 3D systems. Contraction of VSMCs can be examined upon exposure to either 378 ionophore compounds such as potassium chloride, ionomycin or carbachol or peptide hormones such 379 as angiotensin II. Angiotensin II activates AT1R, stimulating a cascade of G-coupled protein 380 signaling or tyrosine phosphorylation triggering MAPK signaling followed by intracellular calcium 381 release, which leads to contraction (Griendling et al., 1997; Touyz and Schiffrin, 1997). The extent of 382 contraction can be investigated by comparing cell surface area before and after agonist stimulation, or 383 more sophisticated methods involving live-imaging and/or force measurements can be employed 384 (Gaio et al., 2016; Halaidych et al., 2019; van Meer et al., 2019). Importantly, routine examination of 385 contractile response should be assayed in iPSC-derived VSMCs to ensure the consistency of 386 differentiations.
- In addition to being a functional benchmark, contraction has the ability to drive maturation. VSMCs
 contract to counterbalance hemodynamic forces as well as circumferential strain in blood vessels and,

- in response to these, maintain blood flow and pressure (Zulliger et al., 2004; Alexander and Owens,
- 390 2012; Ahmadzadeh et al., 2019). Pulsatile stretch is interpreted by cells through intracellular
- 391 signaling pathways leading to changes in proliferation, contraction, apoptosis, migration, and ECM
- remodeling (Haga et al., 2007). VSMC contraction does not only define the maturity of these cells,
 but the application of uniaxial mechanical forces using stretching platforms can itself induce
- 595 but the application of unlaxial mechanical forces using stretching platforms can itself induce 394 functional differentiation of the nascent iPSC-derived VSMCs. Cyclic stretch is applied to VSMCs
- seeded on ECM-coated elastomer-bottomed culture plates and, over 6 to 48 hours, the VSMCs align
- themselves based on the strain cues (Mantella et al., 2015). Stretched VSMCs have synchronized
- 397 contraction and increased myocardin expression, indicative of enhanced contractility (Zhu et al.,
- 2011; Raphel et al., 2012; Chiu et al., 2013; Qiu et al., 2013). It should be noted that uniaxial stretch
- 399 promotes VSMC differentiation whereas equiaxial stretch has the opposite effect (Park et al., 2004)
- 400 therefore the choice of method needs careful consideration.
- 401 Another mode of enhancing contractility is by the use of pulsatile flow, which has proved to be
- 402 effective in improving both VSMC alignment and contractility in 2D as well as 3D culture systems
- 403 (Shi and Tarbell, 2011). Cyclic stretch aided alignment of VSMCs and deposition of elastin as well
- 404 as other ECM components such as collagen, which in turn enhanced tensile strength and elasticity of
- 405 scaffolds, vascular rings and tissue engineered blood vessels (TEBVs) made of VSMCs and ECs
- 406 (Solan et al., 2009; Cooper et al., 2014). Here, the stretched constructs demonstrated higher burst
- 407 strength and elasticity compared to non-stretched counterparts, making them both more amenable for
- 408 *in vivo* transplant and a more accurate disease model *in vitro*.
- 409 These simple 3D models are amenable to contractility assays and can supplement standard 2D *in*
- 410 *vitro* systems. In addition, they offer the possibility to test VSMC interactions with other cell types
- such as ECs and fibroblasts (Jung et al., 2015; Ding-Yang et al., 2019). VSMCs embedded in
 collagen or Matrigel have been shown to reorganize and remodel their environment to more closely
- 413 mimic *in vivo* ECM architecture (Song et al., 2001; van den Akker et al., 2012). Contraction can also
- 414 be assayed in these 3D systems, which more closely resemble native blood vessels than 2D cultures.
- 415 The collagen gel contraction assay is a typical one to assess functionality of VSMCs by measuring
- the reduction in gel area and has been applied to both primary and stem cell-derived VSMCs (Oishi
- 417 et al., 2000; Sinha et al., 2006; van den Akker et al., 2012; Lee et al., 2019). Newer models employ
- 418 the use of bioreactors for scale-up, and 3D hydrogel discs are prepared by mixing multiple cell types 419 like VSMCs and ECs with collagen, and contraction assayed over 30 minutes to one hour (Lin et al.,
- 417 Ince v Sivies and Ees with conagen, and contraction assayed over 50 minutes to one nour (Lin et al., 420 2019). Vascular rings, a 3D structure comprising VSMCs, can be created relatively quickly and
- 421 changes in circumference or force generation can be assayed in response to contractile agonists (Bi et
- 422 al., 2005; Dash et al., 2016). Dash and colleagues have successfully created rings using iPSC-derived
- 423 VSMCs to create a preliminary 3D model of SVAS. Here, the vascular rings created from patient
- 424 VSMCs exhibited reduced contractility, which was a similar finding to previously published 2D
- 425 models of SVAS with the strength of analyzing collective force generation and contraction versus
- 426 single cells in a monolayer (Ge et al., 2012; Kinnear et al., 2013).
- 427 An important consideration for aortic disease modelling is that the full of extent of VSMC
- 428 dysfunction may not be evident in unstretched or unstimulated circumstances. For example, there
- 429 may be defects in contraction or contractile responses which are critical for the disease phenotype
- 430 which are not otherwise apparent. Subjecting cells to mechanical forces would emulate the *in vivo*
- 431 strain, as well as triggering associated signaling pathways, such as the generation of physiological
- 432 reactive oxygen species (Clempus and Griendling, 2006).. This was recently highlighted by a study
- 433 in vEDS mouse models, where the differences in collagen organization were only apparent after

434 stretching (Dubacher et al., 2020). When developing new therapies for aortic disease, it is essential to

435 ensure that the disease effect on VSMC contraction and mechanotransduction are sufficiently

436 evaluated.

437 **3.5** Gene editing to create isogenic controls

438 With the advances in tools for gene editing, the use of isogenic controls is now the gold-standard in 439 iPSC modelling. Many stem cell banks have catalogues of extensively-characterized healthy iPSC lines and these can be used as controls compared to patient lines. However, diseases such as MFS 440 441 have high inter- and intra-familial variability – the same mutation in FBN1 can result in varied 442 disease presentations (Dietz et al., 1992). Consequently, gene editing, to provide a 'corrected' wildtype version of the disease line, offers the significant advantage of an isogenic control line that has 443 444 the same genetic background as the disease model but differs only by the few nucleotides that 445 constitute the mutation. Although this approach is widely-used in many fields (Bassett, 2017), current 446 aortic disease models mainly rely on healthy iPSC lines as controls (Table 1).

447 Of course, the gene editing tools used to correct a mutation can easily be used to create a mutation in 448 an otherwise healthy control iPSC line. Several groups have used this approach to generate disease 449 models without needing patient involvement (Paquet et al., 2016; Tidball et al., 2017; Frederiksen et 450 al., 2019), including a recent model for LDS (Gong et al., 2020). Despite the obvious practical 451 advantages of this strategy, we should sound a note of caution. If there is any variable expressivity of 452 the mutation, then a permissive genetic background may be required for full disease manifestation in 453 vitro, which unlike lines from patients with disease, is uncertain in healthy control iPSC lines. We 454 predict that creating a patient mutation in a healthy line will not necessarily yield the same extent of 455 cellular defects as the patient line. This will be particularly important for multi-variant disorders, but 456 also when modelling disease from patients with milder clinical manifestations. In the case of the 457 monogenic aortic diseases discussed here, genetic background likely plays an important role in influencing disease severity and presentation, as will be discussed later. In practical terms, in order to 458 459 construct an accurate "disease-in-a-dish", we recommend the use of patient lines and genetically-460 engineered isogenic controls as the gold standard. Alternatively, wherever possible, iPSCs from 461 unaffected family members could also be used as controls, which partly mitigates the differences in 462 genetic backgrounds. In a model of Hutchison-Gilford progeria (HGP), researchers obtained 463 unaffected parental fibroblasts in addition to patient lines from the Coriell Institute cell bank (Zhang 464 et al., 2011); unfortunately, in this case, parents and patients were from different families.

465 3.6 Conclusion

466 Many differentiation protocols exist for producing VSMCs and the choice of protocol can have 467 important effects on the quality of disease modelling. This may be particularly pertinent in modelling aortic disease, as three lineages of VSMC are present in the aorta and may be involved with disease 468 469 susceptibility, but also because aortopathies may result from improper VSMC function, such as 470 abnormal proliferation and contractility. Once differentiated, iPSC-derived VSMCs provide a flexible 471 system to address aspects of a disease - simple cell-based assays such as the assessment of 472 proteolytic activity, proliferation, contractility and response to mechanical stimuli can provide 473 mechanistic insight. Lastly, gene editing tools allow researchers to create virtually any genetic 474 modification in their patient-derived or healthy lines, creating opportunities to untangle issues such as 475 the genotype-phenotype correlation in TAADs. Despite these advantages, there are a number of 476 issues to be aware of which we will discuss next.

477 4 Limitations of current approaches to aortic disease modelling

478 4.1 **Production of immature cells**

479 Cell maturity is a major consideration with iPSC-based modelling of aortic disease. Current iPSC

480 differentiation protocols almost invariably result in cells which are closer to fetal VSMCs than to

adult cells, as has been demonstrated in other fields (Mummery et al., 2012; Lundy et al., 2013; 481

482 Hrvatin et al., 2014; Baxter et al., 2015). While this immaturity has been best characterized in 483 cardiomyocyte and hepatic differentiation, a similar problem is likely to exist in VSMC

484 differentiation; although the exact developmental stage, perhaps due to intrinsic VSMC plasticity

- 485 (Alexander and Owens, 2012), is poorly characterized in most VSMC studies. Nevertheless, low
- 486 levels of SM-MHC and smoothelin expression confirm that these iPSC-VSMCs are most likely to
- represent a fetal-like state. While this may be advantageous for developmental studies and disorders, 487
- caution is warranted for adult disease modelling and the potential drawbacks have been discussed 488
- 489 earlier. It is possible to improve the maturity of the in vitro derived VSMCs using a range of

490 strategies including EC co-culture (Collado et al., 2017), application of mechanical force (Park et al.,

- 491 2004; Ghazanfari et al., 2009), small molecules or other growth factors such as TGF-β and retinoic 492
- acid (Martin et al., 2004; Yu et al., 2011; Wanjare et al., 2013; Zhang et al., 2019). Differentiation
- 493 protocols continue to be refined, and protocols describing the derivation or indeed forward
- 494 programming of adult-like VSMCs are eagerly awaited.

495 4.2 In vitro models: a simplified system

496 VSMCs grown in 2D monoculture provide a reductive snapshot of the disease. VSMCs in the aorta 497 are normally in contact with adventitial fibroblasts, other VSMCs in the medial lamellae and ECs 498 lining the lumen. ECs are also closely-associated with microfibrils via integrins, and like VSMCs can 499 also secrete fibrillin-1, although the extent and functional significance of this has not been 500 extensively characterized (Weber et al., 2002; Rossi et al., 2010). Intimal ECs experience direct shear 501 stress and can modulate the function of VSMCs by releasing vasoconstrictors or relaxants (Lilly, 502 2014). Paracrine signaling and physical interactions between ECs and VSMCs are essential for vessel 503 development and homeostasis of mature vessels, regulating tone, blood pressure and response to 504 injury (Lilly, 2014). For example, endothelial signaling of TGF-β and Notch regulates VSMC 505 phenotype and differentiation (Domenga et al., 2004; Jakobsson and van Meeteren, 2013). VSMC 506 monoculture therefore neglects these potentially important cellular interactions, limiting the

507 information available from such systems.

508 While the majority of studies investigating aortopathies focus on VSMCs, abnormalities in EC 509 function have also been reported. NO is produced from ECs and regulates vascular tone by inhibiting 510 VSMC contraction. MFS thoracic aortas showed differential relaxation curves in response to 511 endothelial NO compared to wild-type controls, whereas the response in the abdominal aorta was 512 similar for MFS or control (Chung et al., 2007). A mouse model of TAAs found that NO is 513 implicated in TAA disease progression, where various models of TAA, including MFS, had 514 improved aortic phenotypes when treated with NO synthase inhibitor L-NAME (Oller et al., 2017). 515 Recently, cell-specific deletion of the AGTR1 was investigated in a severe model of MFS (Galatioto 516 et al., 2018). The authors found that while there was no effect with VSMC-specific deletion of 517 AGTR1 on disease end-points, specific ablation in ECs improved survival and decreased aortic diameter. This study highlighted that there are differential responses of ECs and VSMCs to cytokines 518 519 and growth factors. This characteristic could be an important consideration for in vitro drug screens 520 and discovery; once an interesting target has been identified, the response of ECs should also be studied prior to validation in vivo, as ECs clearly impact the disease mechanism in MFS, and likely 521

- 522 other TAADs. This can be done in a variety of ways ECs and VSMCs can be assessed
- 523 independently or in 2D co-culture, which provides a simple way of studying both cell types together
- 524 (Fillinger et al., 1997; Hastings et al., 2007). After co-culture, ECs can be purified using magnetic
- 525 beads coated with anti-CD31 allowing separate downstream analysis of ECs and VSMCs (Wallace et
- 526 al., 2007).
- 527 Hemodynamic forces within the blood vessel influence VSMC phenotype and function. VSMCs are
- 528 not normally exposed to luminal blood flow, but instead experience low transmural interstitial flow,
- 529 with cells closer to the intima experiencing greater force (Shi and Tarbell, 2011). *In vitro*, flow was
- 530 found to increase VSMC contraction (Civelek et al., 2002), and induces alignment of cells
- 531 perpendicular to the direction of flow (Lee et al., 2002). Studies using VSMCs alone have conflicting
- reports on the effect of flow on VSMC phenotype (Papadaki et al., 1996; Ueba et al., 1997; Haga et
- al., 2007; Shi et al., 2010), possibly due to varied forces and culture conditions. However, when
 VSMCs and ECs are co-cultured with shear stress, VSMC phenotype was found to be more
- 534 VSMCs and ECs are co-cultured with shear stress, VSMC phenotype was found to be more 535 contractile and with gene expression signatures closer to that of primary cells (Tsai et al., 2009;
- 535 Contractile and with gene expression signatures closer to that of primary cens (1saf et al., 2009;
- 536 Collado et al., 2017).
- 537 The power of a 3D approach in HGP has been illustrated by the use of TEBVs generated from
- patient-derived iPSCs (Atchison et al., 2017; Abutaleb and Truskey, 2020). These TEBVs
- recapitulated the disease phenotypes and helped to elucidate the role of both VSMCs and ECs in
- 540 disease progression. Both vasoconstriction and dilation were affected and increased medial wall
- thickness, calcification and apoptosis were observed. Furthermore, this 3D model was used for drug
- testing, where they demonstrated that the rapamycin analogue everolimus increased vasoreactivity
- and improved VSMC differentiation. Further refinement of this model using both iPSC-derived ECs
- and VSMCs demonstrated that ECs are likely responsible for the abnormal response to shear stress
- 545 (Atchison et al., 2020). Together, these studies highlight the importance of contributions of ECs and
- 546 shear stress to VSMC biology.
- 547 When investigating aortopathies, co-culture and/or 3D approaches could be considered. While these
- 548 methods provide the possibility of analyzing cells in a more native-like state, they are also more
- 549 complicated, time-consuming to set up and require careful construction. A blood vessel wall contains
- 550 multiple cell types, with distinct interactions being critical for their proper function. Hence,
- 551 consideration of the relative ratios of VSMC, ECs and fibroblasts is required, as these can impact a
- number of properties including ECM deposition and modulation of VSMC phenotype (Lilly, 2014;
- 553 Kuwabara and Tallquist, 2017). The arrangement and orientation of these cell types should also be
- 554 considered, such that the natural hierarchy of cells forming the vasculature is respected. Inappropriate 555 integration of these cell types could be detrimental for building an accurate disease model, obscuring
- 555 integration of these cell types could be detrimental for building an accurate disease model, obscuring 556 critical differences between control and disease models. Finally, as we'll discuss below, generating
- 557 large amounts of iPSC-derived VSMCs can by itself be a laborious and time-consuming task;
- additional differentiations to ECs or set-up to create 3D systems could be difficult to accommodate in
- 559 large scale.
- 560 Despite efforts to improve fidelity of iPSC-based models, the same pitfalls for any *in vitro* model
- remain. They lack key features provided by *in vivo models*, including involvement of the immune
- 562 system and integration of complex physiological networks. We would like to emphasize that these
- 563 iPSC models do not replace *in vivo* studies; instead, they complement and can accelerate the study of
- disease by providing a flexible platform for testing and screening. We therefore propose that with the
- 565 current limitations, simple VSMC-based assays and screens in 2D could identify interesting

566 mechanisms and targets, which can then be tested in a more complex, *in vitro* system before

567 transitioning to *in vivo* models.

568 4.3 Scale-up and variability issues

569 Hurdles facing iPSC-based disease modelling include difficulties in scaling up production of cells and variability between differentiations. There are physical limitations to manually culturing multiple 570 lines of iPSCs and producing large amounts of cells. Currently, aortic disease modelling is done with 571 572 a handful of patient lines and controls, with assays which don't typically require large amounts of cells (Table 1). However, for modelling diseases using 3D methods, such as TEBVs or vascular 573 rings, many millions of cells will be required. While we discussed the ability to create virtually any 574 mutation in the lines, the sheer number of hours and hands required to culture many different cell 575 lines could be inhibitory, let alone deriving large quantities from each line. VSMC-derivation 576 protocols are currently multi-step procedures, which go through an intermediate or a VSMC 577 578 precursor. In addition, protocols can also include a maturation step, where cells are cultured for up to 579 a month to accrue their phenotype. As a result, when employing such protocols, a single line will 580 yield four distinct cell-types to monitor and manage: iPSC, intermediate/precursor, immature VSMC and mature VSMC. In our experience, given the tiered nature of the VMSC differentiation protocols, 581 582 creating good intermediates is essential to producing reliable and mature VSMCs, and their 583 maintenance should not be neglected. The length of these protocols also means that there is more opportunity for variability in differentiations. Another complication is that different iPSC lines can 584 585 also behave very differently, even among control or healthy iPSC lines; skill and experience are needed to ensure that all lines are appropriately handled during differentiation in order to reduce 586 noise from interline variability. For example, a disease model line could have abnormal proliferation 587 and the researcher must take this into account when deciding when to passage them. 588

589 How consistently can iPSCs be differentiated by the investigator, their colleagues or even other labs 590 using the same protocol? Considerable variation in differentiations has been reported in various fields; for example, a multi-site analysis found substantial heterogeneity in neuronal differentiations 591 592 between sites using the same lines and protocol (Volpato et al., 2018). Even within research groups, variation between lines and differentiations were observed for both EB and monolayer 593 594 differentiations (Osafune et al., 2008; Hu et al., 2010). When studying the 9p21 vascular risk variant, 595 multiple iPSC lines from the same patient or even the same line differentiated multiple times 596 exhibited considerable transcriptional variability at both iPSC and VSMC stages (Lo Sardo et al., 597 2018). These findings underline the concern with regards to reproducibility of data. We certainly observe differences in VSMC differentiation between individuals in our group, stressing the 598 599 influence the investigator has on the final outcome. Other researchers have also observed different levels of SM-MHC⁺ cells using the same protocol or have had to modify the protocol to obtain 600 sufficient maturity in their hands (Cheung et al., 2012; He et al., 2018; Trillhaase et al., 2018; Zhang 601 et al., 2019). These differences could be due to the use of different iPSC lines, but are likely also 602 impacted by variation imparted by the user. Current iPSC models of aortic disease are focused on 603 604 severe models of disease. However, when modelling the effects of a milder mutation or variant, the effect of genotype may not be observed if the differentiations themselves are highly variable. 605

A common issue we'd like to highlight for many differentiation protocols is the use of non chemically-defined media and coatings, such as serum or Matrigel, and the reliance on cytokines
 where different batches of these reagents may have varying effects on differentiated cells. Currently

609 in disease modelling, serum is used to stimulate growth of VSMCs in various protocols after

- 610 differentiation (Table 2), and high levels of serum are known to result in loss of contractile
- 611 phenotype (Alexander and Owens, 2012). Aside from the use of Matrigel, a near chemically-defined
- 612 protocol to generate VSMCs has been developed (Patsch et al., 2015) and modified protocols have
- 613 recently been used to model HGP (Atchison et al., 2020) and LDS (Gong et al., 2020). In addition,
- 614 many VSMC protocols rely on growth factors, such as TGF- β and PDGF-BB for differentiation.
- 615 While these protocols do work, investigators should be wary of the numerous factors which may
- 616 influence the efficacy of these cytokines, such as storage method and batch-to-batch variation. In the 617 cardiac field, a protocol using entirely chemically-defined media to produce cardiomyocytes was
- 618 developed by systematically assessing the necessity of individual factors (Burridge et al., 2014).
- 619 Interestingly, they found that only three components were crucial for cardiomyocyte differentiation.
- 620 This protocol resulted in improved consistency of differentiations in the 11 iPSC lines that were
- 621 tested. In addition to ease and consistency, this approach could also enable researchers to scale-up
- 622 production more than is possible using cytokine and xeno-containing formulations. Similar advances
- have been made in other fields (Erceg et al., 2008; Touboul et al., 2010) and would be beneficial in
- 624 advancing aortic disease modelling.
- 625 It goes without saying that new protocols have to be carefully assessed and compared with tissue or
- 626 primary cells to ensure that the stem cell-derived product has the correct identity. With advances
- 627 in the past decade, decreasing price and availability of large-scale experiments (Hasin et al., 2017),
- 628 detailed comparisons can be performed to assess the quality and consistency of differentiation
- 629 protocols. This was an approach demonstrated by Patsch and colleagues, where they showed high
- 630 correlation between their differentiated and primary VSMCs using both transcriptomics and
- 631 metabolomics (Patsch et al., 2015). In addition, high-throughput "omics" can be used to assess the
- consistency of differentiations (Paull et al., 2015), and single-cell RNA sequencing has been used to
 identify pivotal steps in differentiation protocols (Chu et al., 2016; Han et al., 2018). We predict that
- future iterations of protocols will utilize these tools to help direct and objectively assess the quality of
- 635 differentiation protocols.
- 636 Alternative approaches, such as direct reprogramming and forward reprogramming, may circumvent
- 637 the imperfect approximations of developmental pathways used for typical differentiation protocols,
- and reduce the number of intermediates required (Figure 3A). Work on direct reprogramming has
- been shown in various fields (Kelaini et al., 2014), including the derivation of cardiomyocytes from
- 640 fibroblasts (Ieda et al., 2010). Forward reprogramming has been demonstrated to rapidly convert
- 641 hESCs into neurons, skeletal myocytes and oligodendrocytes by overexpressing key lineage-specific
- transcription factors (Pawlowski et al., 2017). These approaches in VSMCs have only recently been
- reported, and warrant further investigation (Yeung et al., 2017; Hirai et al., 2018). In addition, it may
- 644 be challenging to produce the significant region-specific VSMCs using these strategies with our
- 645 current limited understanding of the fundamental differences between VSMC from varying
- 646 embryonic origins.
- 647 Until differentiation methods are refined, steps can be taken to improve reliability of current
- 648 protocols with clearly-defined parameters for quality control at various stages. For example, stringent
- 649 quality control should be performed after the derivation of an intermediate state before inducing cells
- towards a VSMC fate (Cheung et al., 2014); if the cells fail to meet the set criteria, they should not be
- used for further differentiation (Figure 3C). In addition, when VSMCs are produced, analysis of
- markers and/or function should be routinely assessed. These criteria should ideally be shared with
- 653 collaborators in order to reduce the site-specific variability as described by Volpato and colleagues
- 654 (Volpato et al., 2018). Furthermore, identification of novel surface markers exclusively expressed on
- 655 contractile and mature VSMCs could be used for cell sorting and/or quality control. Lastly, wherever

possible, the use of multiple iPSC clones from the same patient could also improve the signal-noise
 ratio, as different clones can themselves be highly variable (Lo Sardo et al., 2018; Popp et al., 2018).

Automated systems and machine learning could significantly reduce the input needed from the researcher when culturing multiple lines, improving consistency and enabling increased production. Automated iPSC culture systems have been developed and would present a solution to the workload and variability problems (Conway et al., 2015; Paull et al., 2015) (Figure 3B). The method developed by Paull and colleagues describes the capacity to reprogram, expand and characterize hundreds of lines per month with significant reductions in reagent cost. In addition, transcriptomics analysis

- 664 indicated that there was a significant reduction in variability in EB assays when compared to manual 665 processing. This system was put to the test when iPSCs were differentiated into dopaminergic
- 666 neurons using a 30-day protocol and the resulting cells maintained expected marker expression. This
- automated system was utilized by another group for cardiomyocyte differentiation, and found success with producing a maximum of 3×10^9 cardiomyocytes per batch (Denning et al., 2016). A recent
- 668 with producing a maximum of 3×10^9 cardiomyocytes per batch (Denning et al., 2016). A recent 669 method describing high-yield derivation of VSMCs based on an existing protocol (Patsch et al.,
- 670 2015) was described, where VSMCs were derived in alginate hydrogel tubes (Lin et al., 2019). This
- 671 method yielded 5 x 10^8 cells/ml in 10 days; as a result, bioengineering methods could rely on such
- advances for producing high numbers of cells.

673 The behavior of some patient lines with certain mutations can be tremendously divergent compared

- 674 to control lines, requiring careful assessment from an experienced researcher to consider not only cell
- density, but also morphology, heterogeneity and survival. In our experience working with MFS
- patient iPSC lines, when deriving NC-VSMCs, the cells steadily exhibit more of the disease
 phenotype throughout the course of differentiation. They require much closer monitoring and the
- 677 phenotype throughout the course of differentiation. They require much closer monitoring and the
 678 resulting differentiations can be more heterogeneous compared to controls, due to varied cell density
- 678 resulting differentiations can be more neterogeneous compared to controls, due to varied cell density 679 caused by increased apoptosis and slower proliferation. Innovations in robotics and machine learning
- 680 could overcome these bottlenecks. For example, machine learning has been developed to identify
- 681 cells in phase contrast based on morphology alone without the need for molecular labelling
- 682 (Kusumoto and Yuasa, 2019). This technology, in conjunction with modular automated systems,
- 683 could be powerful for processing large numbers of iPSC lines, including cells derived from severely
- affected lines, as it could potentially remove the need for an experienced 'eye' when culturing cells.
- 685 However, at the moment, the protocols and technologies are not yet compatible with one another for
- robust, automated systems; the labor-intensive manual culture and differentiation of iPSC lines into
- 687 VSMCs are current limitations for large-scale studies.

688 4.4 Conclusion

689 iPSC-based modelling of aortic disease is still relatively new, with only a handful of papers

- 690 describing disease models (Table 1). Despite the practical advantages of using this system, there are
- 691 limitations. Most notably, the cells obtained from differentiation are not as mature as VSMCs in
- 692 tissue due in part to absent mechanical cues, lack of contact with ECs and other physiological signals.
- 693 In addition, without appropriate quality control, variability between differentiations can result in
- noisy and inconsistent data. Large-scale experiments involving multiple lines are difficult to perform
- as manual passaging and differentiation is required as a result of the complexity of certain protocols.
- In spite of this, we are certain that continued refinement of differentiation protocols and technological
- advances will be able to overcome these limitations to create valuable tools for understanding,
- 698 preventing and treating aortopathies.

699 5 Potential and future directions

700 5.1 Regenerative medicine

701 The first engineered blood vessel was a relatively simple construct made from collagen and primary

bovine VSMCs, which was then lined or coated with primary ECs and adventitial fibroblasts

respectively (Weinberg and Bell, 1986). Since then, efforts have been made to produce clinically-

relevant TEBVs with the required mechanical specifications, as reviewed by (Kumar et al., 2011).

Recently, tissue engineered vascular grafts (TEVGs) (Carrabba and Madeddu, 2018; Song et al.,
 2018) and vasculature-on-a-chip (Kim et al., 2017) models have been developed to accommodate th

2018) and vasculature-on-a-chip (Kim et al., 2017) models have been developed to accommodate the
 gold standard properties of a transplantable graft using either self-assembling bioprinting technology

or using natural or synthetic scaffolding (Konig et al., 2009; Wise et al., 2011). These models have

709 the properties of a successful graft, such as an autologous endothelium, anti-thrombogenic properties

and minimum integrity span of 21 months, with appropriate permeability, compliance, elastic

711 modulus and a minimum burst pressure of 1700 mmHg (Konig et al., 2009).

712 The use of TEVGs in regenerative medicine is still under development, with many groups innovating

713 with novel ways to tackle the problems facing engineered grafts. For example, grafts comprising

decellularized ECM on biodegradable scaffolds have been suggested to serve as readily available

TEVGs; these have been tested in a variety of animals models (Dahl et al., 2011) and can exploit

recent advances in 3D tissue printing to provide patient-specific grafts (Fukunishi et al., 2017; Best et

al., 2018). Cell-free vessel grafts have been generated by allowing cells to secrete ECM for longer

718 periods to more closely mimic the in vivo environment and are then decellularized (Lawson et al.,

2016; Row et al., 2017). Furthermore, functionalization of TEVGs with biological signals such as the

angiogenic cytokine VEGF have been shown to trigger *in situ* tissue endothelial regeneration

(Koobatian et al., 2016). Although advances in traditional translational approaches for cardiac
 anomalies have paved the way for regenerative medicine, these TEVGs still suffer from a number of

common issues including insufficient patency, integration, hemodynamics, immune-compatibility

with the graft cell source and mechanical strength, as outlined by others (Pashneh-Tala et al., 2016;

725 Matsuzaki et al., 2019; Skovrind et al., 2019).

726 Currently, if a TAAD patient's aorta dilatates sufficiently, prophylactic surgical intervention is 727 required. iPSC-based systems raise the possibility of developing regenerative cell therapies for 728 patients with aortic disease, where TEVGs can be produced from patient iPSCs. In addition, the 729 availability of gene editing tools means that the TAAD-causing mutation(s) can be corrected in a 730 patient's iPSCs. These, in turn, could be differentiated into VSMCs and developed into a healthy 731 TEBV, to be used as an autologous bio-compatible graft. Furthermore, patient-derived iPSCs would 732 provide immune-compatible grafts. These would be particularly useful in pediatric patients where 733 cardiovascular grafts would ideally grow in line with the patient's normal growth and development 734 (Sugiura et al., 2018). To our knowledge, there have been limited applications of iPSC-based 735 TEVGs, let alone in the context of aortic disease. In one case at least, TEVGs demonstrated 736 mechanical strength comparable to that of native veins; when implanted in rats, they showed 737 sustained mechanical function and patency (Sundaram et al., 2014; Luo et al., 2020). While the 738 application of iPSC-derived VSMCs in regenerative medicine for the treatment of aortic disease is 739 attractive, we would like to caution that this represents a very labor-intensive task. We discussed 740 earlier the current difficulties in obtaining large numbers of consistently-differentiated VSMCs. In 741 addition, the approaches highlighted above would need to be tailored to each individual patient. In 742 our experience, establishing and characterizing a new iPSC line can take weeks before differentiations can be started, which can themselves take up to a month before TEBV construction 743

- can begin. The timeline grows even longer if gene editing also has to be involved. As an alternative,
- haplotype matched/allogenic iPSCs, MSCs or ESCs could be used providing the advantage of well-
- 746 defined VSMC differentiation protocols but without needing to develop individual lines and grafts
- specifically for each patient (Sundaram et al., 2014; Gui et al., 2016; Elliott et al., 2019; Luo et al.,
- 748 2020). These can be prepared in a variety of formats, including printed, electrospun or decellularized
 749 scaffold grafts. This approach could be developed even further by the use of lineage-specific
- 749 scalloid graits. This approach could be developed even further by the use of intege-specific 750 protocols to create the closest approximation possible of on-demand TEVGs, catering to different
- 750 protocols to create the closest approximat 751 matrix compositions.

752 **5.2** Prediction of disease severity and phenotype-genotype correlation

- Aortopathies have profound effects on the life quality of affected patients; not being able to know what the severity of the disease is can be an enormous burden. This is complicated by the lack of
- vnderstanding of genotype-phenotype correlation in many TAADs even within families, disease
- severity can vary significantly. This is even more difficult in sporadic cases, where there is no family
- history to infer prognosis from. The best solution at the moment is to monitor the patient's aorta by
- cross-sectional imaging, administer anti-hypertensives and intervene with surgery if the dilatation
- exceeds a threshold. However, what if we were able to predict the patient's disease severity and
- 760 likely progression?
- 761 In MFS, there is high inter- and intra-familial variation in patients. FBN1 is a large gene, encoded by
- 762 65 exons, with over 3,000 mutations identified to date (Collod-Béroud et al., 2003). Aside from
- neonatal MFS, there may be some broad genotype-phenotype correlation with *FBN1* mutations; in
- MFS, mutations in exons 24-32 or premature terminations are associated with a more severe disease
- outcome with cardiovascular complications (Faivre et al., 2007). Disease-causing mutations of *FBN1*
- can be categorized as dominant-negative or haploinsufficient. In dominant-negative forms, the
- 767 mutant product interferes with normal microfibril formation or is mis-incorporated. Various studies 768 in patient fibroblasts have found abnormalities with reduced synthesis, delayed intracellular
- in patient fibroblasts have found abnormalities with reduced synthesis, delayed intracellular
 processing and secretion (Aoyama et al., 1994; Schrijver et al., 1999; Whiteman and Handford,
- processing and secretion (Aoyama et al., 1994; Schrijver et al., 1999; whiteman and Handlord,
 2003). Haploinsufficiency is typically caused by mis-sense or frameshift mutations; analysis of
- 771 patient fibroblasts found a reduction in the mRNA levels of mutant fibrillin-1, and a
- disproportionately low amount of fibrillin-1 deposition (Schrijver et al., 2002). Large studies have
- concluded that mutations causing haploinsufficiency of fibrillin-1 resulted in a 2.5-fold increase in
- the risk of cardiovascular death compared to dominant-negative mutations (Franken et al., 2016), and
- that mutations involving cysteines tend to also result in more severe clinical presentations (Aubart et
- 776 al., 2018).
- Although these broad associations may explain in part some of the variation in disease severity
- observed between patients with different mutations, it is unclear what factors contribute to variation
- *within* families or between patients with the same mutation in different families. Variation in genetic
- background clearly plays a key role in the different expression of disease. However, identifying clear
- associations between genotype and phenotype can be challenging for rare diseases due to the
 statistical power needed to identify gene modifiers in population genomics. MFS is the most common
- 782 TAAD, with an incidence for 1 in 5000, whereas diseases such as LDS and vEDS are even rarer. A
- small study in patients with TAAs identified that variants in *ADCK4* and *COL15A1* were associated
- with mild disease (Landis et al., 2017). Recent studies have shown that integrating multiple methods
- can overcome limitations of studying rare disorders (Aubart et al., 2018). Whole-exome sequencing
- and association studies in a large cohort of 1070 patient fibroblasts has identified interesting

- 788 mutations and variants accompanying a more severe presentation of MFS (Aubart et al., 2018).
- 789 Severe cases of MFS were associated with co-occurrence of another TAAD-causing mutation,
- 790 including additional variants of FBN1 or SMAD3. Interestingly, severe disease was also associated
- with mutations in COL4A1; variants of COL4A1 have been reported in stroke and cerebral aneurysms
- 792 (Lanfranconi and Markus, 2010). Three major modifier regions were identified, corresponding to loci
- rencoding *ECE1*, *PRKG1* and *MMPs*.

794 iPSC-based modelling could help with severity prediction in two ways - first, by deepening our 795 understanding of the genetic variants interacting with disease-causing mutations, and second, by 796 potentially providing a platform with which to assess patient-specific disease severity. Whole-exome 797 sequencing of a patient's genome could give clinicians an initial idea of the expected disease 798 severity, based on the risk variants present. These identified variants could then be introduced into 799 various iPSC lines to further underpin their role in modulating disease. This can be done in a variety 800 of patient lines, isogenic controls and also in healthy iPSC lines. This approach was used in an 801 investigation of metabolic disorders, where variants previously discovered using genome-wide 802 association studies were investigated using patient iPSCs (Warren et al., 2017). From patient iPSCs, 803 simple cell-based assays can be employed to construct a prediction of clinical severity in the patient. 804 In the case of TAADs, this could be looking at proteolytic activity, abnormal ECM deposition or cell 805 death. Guidelines for determining in vitro disease severity can be developed through iterative 806 empirical testing until these in vitro benchmarks are sufficiently refined and can be robustly linked to 807 clinical severity. This predictive tool could then be used in conjunction with clinical benchmarks to 808 provide a more informed prognosis. Together, these methods could be used to predict the course of 809 the disease and guide treatment for patients.

810 **5.3** Drug screens and precision medicine

811 Patient-derived VSMCs can be subjected to drug testing to identify compounds which ameliorate 812 function. The ease of assays in 2D culture systems makes it feasible to use multi-well formats, test 813 their response to various drugs and analyze a range of readouts, including VSMC contraction, 814 proliferation and secretome. For example, multiple iPSC lines from a hypertensive 815 pharmacogenomics cohort were differentiated to functional VSMCs and their responses to contractile 816 agonists and inflammatory cytokine TNF-α were analyzed (Biel et al., 2015). This work established 817 robust high throughput assays for pharmacogenomics studies, paving the way for future studies 818 which may incorporate the use of isogenic controls. A recent report of a model for SVAS has used an 819 iPSC model to test the effect of different classes and combinations of drugs, finding that mTOR 820 inhibitor everolimus was the most effective at rescuing the disease phenotype (Kinnear et al., 2020). 821 Interestingly, they found that combination therapy using everolimus and additional classes of drugs 822 was not beneficial. As emphasized earlier, interesting drug targets identified from large-scale 823 screening can then be tested in a more complex and physiological set-up, possibly incorporating 824 shear stress and co-culture systems to better mimic the aorta (Collado et al., 2017), preferably using 825 lineage-specific cells where possible. Indeed, Atchison and colleagues have developed a 3D model of 826 HPG from iPSC-derived VSMCs to test drug toxicology efficacy and dose response for various drugs 827 (Atchison et al., 2017)

- TAADs are chronic and life-long conditions. Although establishing, characterizing, creating isogenic
 controls and finally differentiating new patient lines is a laborious task, drug testing and personalized
 medicine for diseases such as TAADs would be a worthwhile investment for the patient. With
- advances in automation, machine learning and refinement of existing protocols, we predict that this
- 832 entire process of patient-specific drug screens and personalized medicine will be streamlined and

833 simplified. Furthermore, developments in vascular 3D modelling to reduce costs, variability and

- 834 intricacy may eventually allow for high-throughput drug screening in 3D. In addition to therapies and 835 precision medicine, another way in which iPSC modelling could be beneficial would be to test for
- precision medicine, another way in which iPSC modelling could be beneficial would be to test for vascular toxicology. These sorts of studies have been performed in the cardiac field (Zhang et al.,
- 2012; Florido et al., 2017; Sharma et al., 2017). Given that the cardiovascular complications of
- diseases such as MFS can be fatal, it may be worthwhile to undertake toxicology studies on
- additional drugs that could be detrimental to aortic health. For example, based on research focused on
- tendon rupture, the commonly used quinolone antibiotics are thought to cause connective tissue
- defects by upregulating MMP expression (Sendzik et al., 2010; Tsai et al., 2010). Their use in an
- animal model of TAAD (LeMaire et al., 2018) and susceptible patients (Daneman et al., 2015; Lee et
- al., 2015; Pasternak et al., 2018; Noman et al., 2019) is associated with a higher risk of complications
- 844 and they are no longer recommended for patients with aortic disease. Both established and new drugs 845 could be screened in iPSC models to identify those that pose risks to patients with aortopathies.

846 5.4 'Clinical-trials-in-a-dish'

- iPSC models can provide guidance for future clinical trials (Figure 4). In the case of the various
- 848 losartan clinical trials, while some patients may have responded well to treatment with losartan, noise
- from non-responders would render such data non-significant despite the success in mice (Figure 4A).
- This may be due to the nature of mutation in *FBN1*, disease severity, genetic background, age of
- treatment or contribution from all of the above. Prior to a clinical trial, pre-screening patient-derived
- 852 VSMCs to identify the pathways that are likely deregulated in the cohort, or conducting a preliminary
- trial *in vitro* before the full trial involving patients could be valuable (Figure 4B).
- A multiplicity of signaling abnormalities has been found in MFS. We and others have identified that other non-canonical TGF- β signaling pathways are altered in MFS, including ERK and p38 (Carta et al., 2009; Habashi et al., 2011; Granata et al., 2017; Sato et al., 2018), and it is well-established that patient disease severity ranges widely. Other groups have identified a role for NO signaling contributing to the disease (Chung et al., 2007; Oller et al., 2017). How do we reconcile the multiple
- signaling abnormalities seen in this condition with disease pathophysiology? We propose that
- 860 multiple pathways may be deregulated downstream of a single *FBN1* mutation and that these may
- 861 also be deregulated to different extents. Using iPSC-derived VSMCs, 'clinical-trials-in-a-dish'
- 862 involving multiple drugs at tolerable, clinically-relevant concentrations can be employed before
- 863 introducing the best combination in clinical trials (Figure 4C).

864 6 Conclusion

- There is no doubt that iPSCs and the ability to generate human disease models offer a powerful new weapon in our armamentarium against thoracic aortic diseases. In this review we have presented the current state-of-the-art and highlighted how this technology is being used to tackle critical questions in the field. A key strength of iPSC-based disease modelling is its link to individual patients, which encapsulates genetic variants or mutations in the context of a disease-susceptible genetic background. Rapid developments in differentiation protocols, including the ability to generate lineage specific VSMCs, have facilitated robust *in vitro* models. Together with ease of genetic modification, these
- models allow us to increasingly clearly delineate pathological mechanisms and carry out drug
- 873 screening to develop much-needed new therapies for aortic disease.
- 874 We have tried in this review to offer our personal insights into the details and nuances of establishing
- 875 iPSC-based *in vitro* disease models of aortopathies. We have also highlighted the challenges and

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- 876 limitations of such an approach, such as limited cell types and lack of 3D structure and blood flow,
- 877 where appropriate. Despite the challenges, we are excited by the scientific and therapeutic
- 878 opportunities presented by these model systems and particularly for future developments such as
- 879 deeper genotype–phenotype analyses, vascular toxicology studies, 'clinical trials-in-a-dish', and
- 880 precision medicine potentially enabling better tailoring of therapy to individuals.

881 7 Conflict of Interest

882 The authors declare that the research was conducted in the absence of any commercial or financial 883 relationships that could be construed as a potential conflict of interest.

884 8 Author Contributions

HD, DS and SS: Writing, reviewing and editing of manuscript.

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892 11 Figure legends

Figure 1. Summary of aortic disease phenotype recapitulated in MFS iPSC model (*Granata et al.*,
2017).

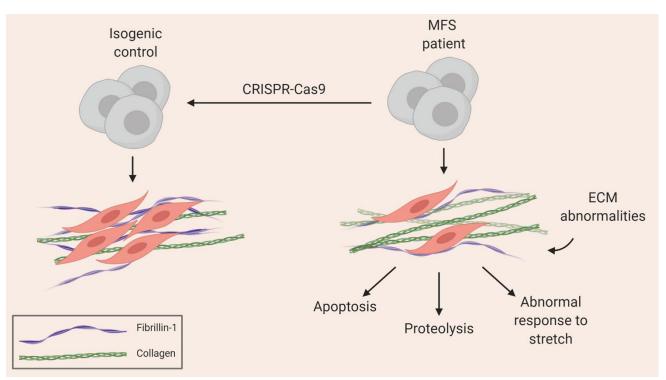
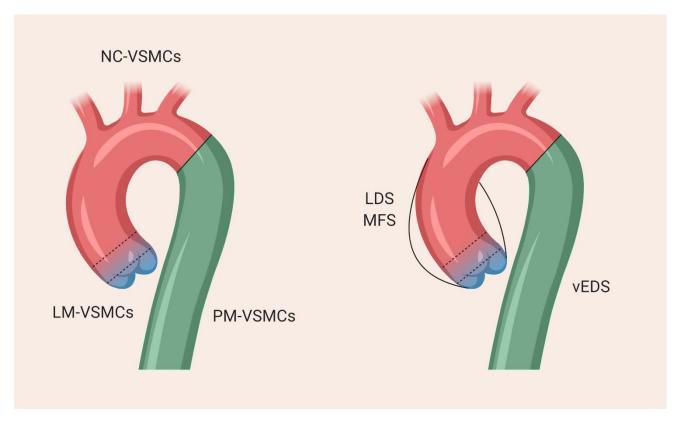


Figure 2. The different regions of the thoracic aorta and their disease susceptibilities. The descending

897 aorta comprises VSMCs from paraxial mesoderm, the aortic arch from neural crest and the aortic root

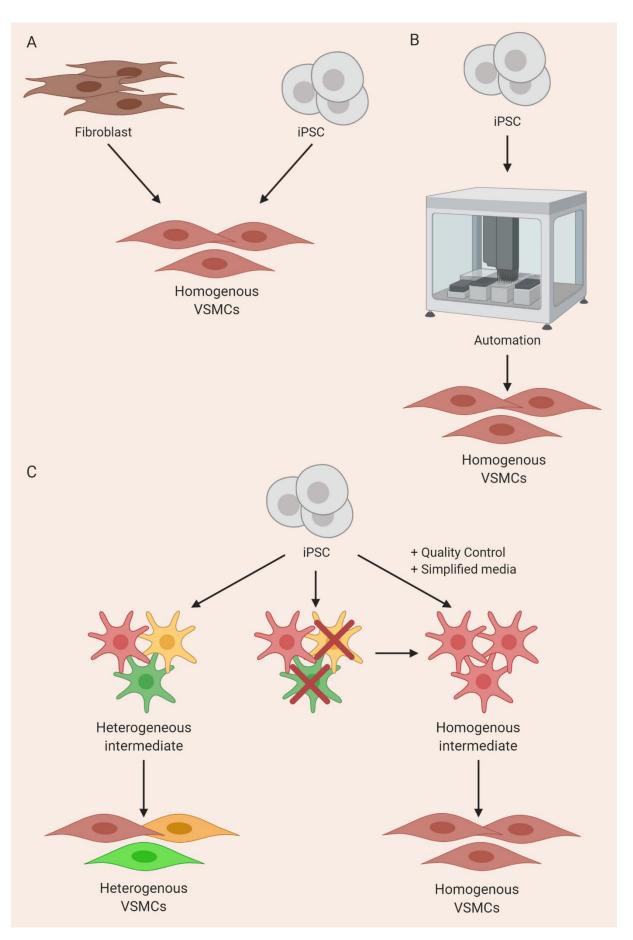
- from lateral plate mesoderm. The boundary between the arch and descending aorta is clearly defined,
- 899 whereas there is overlap between the VSMCs from NC and LM at the aortic root, as denoted by the 900 dotted lines.



- 902 Figure 3. Approaches to improving homogeneity of VSMC differentiations by using (A) direct or
- 903 forward reprogramming methods, **(B)** automation or **(C)** improved quality control and simplification 904 of media components.

901

Running Title



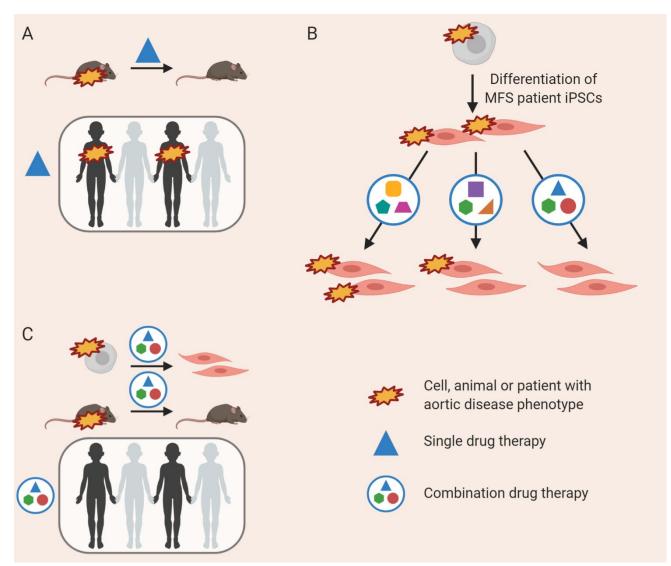
906 Figure 4. Currently, successful use of a drug in animal models is the prerequisite for use in clinical

907 trials (A); this may lead to an amelioration in disease phenotype in some individuals, but not all.

908 'Clinical-trials-in-a-dish' can be performed, where the effects of a combination of drugs at low doses

909 is tested on patient-derived VSMCs, allowing us to target multiple de-regulated pathways (B). This

- 910 combination therapy could then be validated in rodent models prior to use in clinical trials, and may
- 911 have an effect in more patients (C).



- 912
- 913 12 Tables
- 914 Table 1. Overview of current aortic disease models.

Disease modelling	Number of	Controls used	Outcome
Disease modelling	patient lines	(number of lines; clones)	Outcome

Running Title

MFS	_	Healthy iPSC (3)	Characterization of model
(Granata et al., 2017)	2	Isogenic control (1)	Identification of disease mechanism
LDS	1; mutation introduced into	Healthy iPSC (1); isogenic to mutant	Characterization of model
(Gong et al., 2020)	wild-type line	line	Preliminary 3D model
BVS	2	Healthy iPSC (2)	Characterization of model
(Jiao et al., 2016)	2	Healthy IFSC (2)	Identification of disease mechanism
SVAS	1. 2 alar	Healthy iPSC (1;	Characterization of model
(Ge et al., 2012)	1; 2 clones	2 clones)	Identification of disease mechanism
SVAS		Healthy iPSC (1;	Characterization of model
(Kinnear et al., 2013)	1; 4 clones	2 clones)	Identification of disease mechanism
SVAS	5	Healthy iPSC (3)	Further characterization of model
(Kinnear et al., 2020)			Preliminary 3D model
,			Drug screen
SVAS	1	Healthy iPSC (1)	Preliminary 3D model
(Dash et al., 2016)			
HGP	2	Healthy iPSC (1)	Characterization of model
(Zhang et al., 2014)			Identification of disease mechanism
HGP	1	Hasting DOC (1)	Characterization of model
(Liu et al., 2011)	1	Healthy iPSC (1)	Identification of disease mechanism

HGP (Zhang et al., 2011)	2	Clinically normal parent iPSC (2)	Characterization of model
HGP (Atchison et al., 2020)	2	Healthy iPSC (2)	Characterization of 3D model

915

- 916 Table 2. Summary of the differentiation protocols and parameters in aortic disease models. MSC,
- 917 Mesenchymal stem cell; KSR, Knock-out Serum Replacement; SMGM, Smooth Muscle Growth
- 918 Medium; SPC, Sphingosylphosphorylcholine; FC, Flow Cytometry; IF, Immunofluorescence; NR,

919 not reported.



Protocol ref.	Use in disease modelling	Method	Length of VSMC induction	Media for VSMC induction	Markers of VSMCs detected	% Marker Expression	Contractility (time of assessment)	Lineage- specificity
(Cheung et al., 2012, 2014; Serrano et al., 2019)	MFS (Granata et al., 2017)	Monolayer through embryonic intermediates	12 days and 30 days maturation	TGF-β (2ng/ml) PDGF-BB (10ng/ml); 10% FBS	ACTA2, CNN1, TAGLN, SMTN MYH11	>80% double- positive for <i>MYH11</i> and <i>CNN1</i> by FC	Carbachol (3 minutes)	NC, LM and PM
Modification of (Patsch et al., 2015) for CPC- VSMCs Modification of (Mica et al., 2013; Xiong et al., 2017) for NC-VSMCs	LDS (Gong et al., 2020)	Monolayer through embryonic intermediates	For CPC- VSMCs: 6 days For NC- VSMCs: 8 days	For CPC- VSMCs: TGF-β1 (2ng/ml) PDGF-BB (10ng/ml) For NC- VSMCs: 20% KSR TGF-β (2ng/ml)	ACTA2, CNN1, TAGLN, SMTN MYH11	Expression detected by qPCR and western blotting	Carbachol (30 minutes)	Cardiovascular progenitor cell (LM) and NC

(Jiao et al., 2016)	BVS (Jiao et al., 2016)	Monolayer through embryonic intermediates	9 days	15% KSR TGF-β (2ng/ml)	ACTA2, CNN1, TAGLN, MYH11	>70% positive for <i>MYH11</i> by FC	Carbachol (30 minutes)	NC and PM
(Xie et al., 2007)	SVAS (Ge et al., 2012; Kinnear et al., 2013, 2020)	EB	5-12 days	SMGM (Lonza); 5% FBS	ACTA2, CNN1, TAGLN, MYOCD, MYLK, SMTN, MYH11	55% positive for <i>MYH11</i> ; 97% positive for <i>ACTA2</i> by FC	Carbachol (30 minutes)	NR
Modification of (Xie et al., 2007)	SVAS (Dash et al., 2016)	EB	17 days	SMGM-2 (Lonza); 0.5% FBS TGF-β (1ng/ml)	ACTA2, CNN1, TAGLN, ELN, MYH11	87% positive for <i>MYH11</i>;75% positive for <i>ELN</i> by FC	Carbachol and KCl (15 minutes)	LM; inferred from cytokine response
Modification of (Xie et al., 2007)	HGP (Zhang et al., 2014)	EB	42 days	SMGM (Lonza); 5% FBS	ACTA2, CNN1, TAGLN	>80% double positive for <i>ACTA2</i> and <i>CNN1</i> by FC	Angiotensin II (30 minutes)	NR
(Liu et al., 2011)	HGP	Monolayer through	NR	SMGM-2 (Lonza)	ACTA2, CNN1	NR	NR	NR

	(Liu et al., 2011)	CD34 ⁺ progenitor						
Modification of (Jeon et al., 2006)	HGP (Zhang et al., 2011)	EB-derived mesenchymal stem cell (MSC)	3 weeks	SPC (5 mM) TGF-β (2 ng/ml)	ACTA2, CNN1, TAGLN, SMTN, MYH11	50-60% positive for <i>MYH11</i> by IF	Carbachol (60 minutes)	Mesoderm
Modification of (Patsch et al., 2015)	HGP (Atchison et al., 2020)	Monolayer through embryonic intermediate	6 days	Activin A (2ng/ml) PDGF-BB (10ng/ml) Heparin (2ug/ml)	ACTA2, CNN1, MYH11	>99% positive for <i>MYH11</i> by IF >90% positive for <i>ACTA2</i> and <i>CNN1</i> by FC	U46619 (10 minutes)	Mesoderm



921 13 Abbreviations

α-SMA	α -smooth muscle actin
AT1R	Angiotensin II receptor, type 1
BAV	Bicuspid aortic valves
EB	Embryoid body
EC	Endothelial cell
ECM	Extracellular matrix
ESC	Embryonic stem cell
FC	Flow cytometry
HGP	Hutchison-Gilford progeria
IF	Immunofluorescence
iPSC	Induced pluripotent stem cell
KSR	Knock-out serum replacement
LDS	Loeys-Dietz syndrome
LM	Lateral plate mesoderm
MFS	Marfan syndrome
MMP	Matrix metalloproteinase
NC	Neural crest
NO	Nitric oxide
NR	Not reported
PM	Paraxial mesoderm

SMGM	Smooth Muscle Growth Medium
SM-MHC	Smooth muscle myosin heavy chain
SPC	Sphingosylphosphorylcholine
SVAS	Supravalvular aortic stenosis
TAAD	Thoracic aortic aneurysm and dissection
TEBV	Tissue-engineered blood vessel
TEVG	Tissue-engineered vascular graft
TGF	Transforming growth factor
ΤβRII	TGF-β receptor II
vEDS	Vascular Ehlers-Danlos syndrome
VSMC	Vascular smooth muscle cell

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