

1 **TITLE**

2 Translational adaptation to heat stress is mediated by RNA 5-methylcytosine in *Caenorhabditis*
3 *elegans*

4
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35 ABSTRACT

36 Methylation of carbon-5 of cytosines (m^5C) is a post-transcriptional nucleotide modification
37 of RNA found in all kingdoms of life. While individual m^5C -methyltransferases have been
38 studied, the impact of the global cytosine-5 methylome on development, homeostasis and stress
39 remains unknown. Here, using *Caenorhabditis elegans*, we generated the first organism devoid
40 of m^5C in RNA, demonstrating that this modification is non-essential. Using this genetic tool,
41 we determine the localisation and enzymatic specificity of m^5C sites in the RNome *in vivo*. We
42 find that NSUN-4 acts as a dual rRNA and tRNA methyltransferase in *C. elegans* mitochondria.
43 In agreement with leucine and proline being the most frequently methylated tRNA
44 isoacceptors, loss of m^5C impacts the decoding of some triplets of these two amino acids,
45 leading to reduced translation efficiency. Upon heat stress, m^5C loss leads to ribosome stalling
46 at UUG triplets, the only codon translated by an m^5C -modified tRNA. This leads to reduced
47 translation efficiency of UUG-rich transcripts and impaired fertility, suggesting a role of m^5C
48 tRNA wobble methylation in the adaptation to higher temperatures.

49

50 **Keywords:** *Caenorhabditis elegans* / 5-methylcytosine / NSUN / RNA modifications /
51 translation efficiency

52

53 INTRODUCTION

54 The methylation of carbon-5 of cytosines (m^5C) in RNA is a conserved modification in
55 biological systems. m^5C has been detected in tRNAs, rRNAs, mRNAs and non-coding RNAs,
56 and is catalysed by m^5C RNA-methyltransferases that utilise SAM as a methyl donor (Liu &
57 Santi, 2000; Boccaletto *et al*, 2017). In humans, RNA m^5C formation is catalysed by the tRNA
58 aspartic acid MTase 1 (TRDMT1/DNMT2), and by seven proteins of the NOP2/Sun domain
59 family (NSUN1-7) (García-Vílchez, *et al*, 2019). Pathogenic mutations in humans have been
60 mapped to several genes involved in the m^5C pathway (Abbasi-Moheb *et al*, 2012; Haag *et al*,
61 2016; Khan *et al*, 2012; Khosronezhad *et al*, 2015; Komara *et al*, 2015; Martinez *et al*, 2012;
62 Nakano *et al*, 2016; Ren *et al*, 2015; Van Haute *et al*, 2016). Despite its conservation and clear
63 relevance, the functions and molecular interactions of the RNA m^5C methylome remain largely
64 unknown. Here, we use *Caenorhabditis elegans* as a model to study the genetic requirements
65 and molecular functions of m^5C modification and its methyltransferases *in vivo*.

66

67 m⁵C has been implicated in a variety of molecular roles. Amongst the most highly
68 modified methyltransferase targets are tRNAs and rRNAs, the core components of the
69 translation machinery. tRNAs are methylated by NSUN2, NSUN3, NSUN6 and DNMT2,
70 while rRNAs are methylated by NSUN1, NSUN4 and NSUN5 (García-Vílchez *et al*, 2019).

71

72 In some tRNAs, m⁵C protects from degradation. Loss of NSUN2-mediated tRNA
73 methylation has been shown to promote cleavage by angiogenin and accumulation of tRNA
74 fragments that interfere with the translation machinery (Flores *et al*, 2016; Blanco *et al*, 2014,
75 2016; Tuorto *et al*, 2012). Similarly, DNMT2-mediated methylation was found important for
76 protection of tRNAs from stress-induced cleavage in *Drosophila* and mice (Schaefer *et al*,
77 2010; Tuorto *et al*, 2015, 2012). NSUN6-mediated methylation of tRNAs Cys and Thr
78 promotes a slight enhancement of tRNA thermal stability (Haag *et al*, 2015; Li *et al*, 2018)

79

80 In other tRNAs, m⁵C modulates translational fidelity. DNMT2 has been shown to
81 facilitate charging of tRNA Asp and discrimination between Asp and Glu near-cognate codons,
82 thus controlling the synthesis of Asp-rich sequences and promoting translational fidelity
83 (Tuorto *et al*, 2015; Shanmugam *et al*, 2015). NSUN3 methylates exclusively mitochondrial
84 tRNA Met-CAU at the wobble position, which is further modified into f⁵C by the dioxygenase
85 ALKBH1, facilitating the recognition of AUA and AUG codons as methionine in the
86 mitochondria (Van Haute *et al*, 2016; Nakano *et al*, 2016; Haag *et al*, 2016; Takemoto *et al*,
87 2009). Lack of f⁵C affects mitochondrial translation rates in human fibroblasts (Van Haute *et al*,
88 2016).

89

90 The rRNA methyltransferase NSUN1 (yeast *nop2*) methylates C2870 in yeast 25S
91 rRNA. While NSUN1 is an essential gene in all organisms studied thus far, it remains unclear
92 whether this is dependent on its catalytic activity (Sharma *et al*, 2013). Similarly, NSUN4 acts
93 in complex with MTERF4 for assembly of small and large mitochondrial ribosome subunits,
94 however m⁵C catalysis does not seem to be essential (Metodieiev *et al*, 2014). NSUN5 has been
95 shown to methylate position C2278 in yeast 25S rRNA (Schosserer *et al*, 2015; Sharma *et al*,
96 2013). Loss of NSUN5-mediated methylation induces conformational changes in the ribosome
97 and modulation of translational fidelity, favouring the recruitment of stress-responsive mRNAs
98 into polysomes and promoting lifespan enhancement in yeast, flies and nematodes. In
99 mice, *Nsun5* knockout causes reduced body weight and reduced protein synthesis in several
100 tissues (Schosserer *et al*, 2015; Heissenberger *et al*, 2019).

101

102 It remains less clear whether mRNAs are specific targets of m⁵C-methyltransferases
103 and if m⁵C is functional in mRNA. Several methods have been used to investigate the presence
104 and function of m⁵C in coding transcripts and two m⁵C-binding proteins have been identified
105 so far (Chen *et al*, 2019; Yang *et al*, 2017). However, there is a lack consensus on the
106 abundance, distribution and relevance of this mark in mRNAs, as the number and identity of
107 putative mRNA m⁵C sites varies widely between studies (David *et al*, 2017; Huang *et al*, 2019;
108 Legrand *et al*, 2017; Li *et al*, 2017; Squires *et al*, 2012; Tang *et al*, 2015; Yang *et al*, 2017;
109 Zhang *et al*, 2012).

110

111 Although previous studies have explored the roles of individual m⁵C
112 methyltransferases, none have established a systematic dissection of these enzymes as a class,
113 of their specificity, or of their potential molecular and genetic interactions, in any organism.
114 Many questions remain on how the m⁵C methylome sustains development and normal
115 physiology. In this work, we generated the first mutant animals devoid of any detectable levels
116 of cytosine C5 methylation in RNA, demonstrating that m⁵C is a non-essential modification
117 under standard conditions. We then used this mutant strain as genetic tool to map m⁵C sites
118 onto RNA *in vivo* and determined their impact on translation, development, physiology and
119 stress.

120

121 RESULTS

122

123 m⁵C and its derivatives are non-essential RNA modifications in *C. elegans*

124 To identify putative m⁵C RNA methyltransferases in *C. elegans*, we performed a BLAST
125 analysis and found that the open reading frames *W07E6.1*, *Y48G8AL.5*, *Y39G10AR.21* and
126 *Y53F4B.4* are likely homologues of the human genes NSUN1, NSUN2, NSUN4 and NSUN5,
127 respectively (**Fig 1A**). Knockdown of these genes through RNAi by feeding revealed that *nsun-*
128 *1* is an essential gene, as 100% of the animals that had this gene silenced from the first larval
129 stage onwards developed into sterile adults (**Fig 1B, C**). We could not identify homologous
130 genes of NSUN3, NSUN6, NSUN7 or DNMT2.

131

132 m⁵C RNA methyltransferases utilise two conserved cysteine residues for the methyl
133 group transfer, one of which (TC-Cys) is required for the covalent adduct formation, and the
134 other (PC-Cys) for the release of the substrate following m⁵C catalysis (King & Redman,

135 2002). Using CRISPR-Cas9, we introduced mutations converting the TC-Cys into alanine in
136 *nsun-1* (*mj473*), *nsun-2* (*mj458*) and *nsun-4* (*mj457*) (**Fig 1D, Appendix Fig S1A, B**). These
137 mutants, as well as a previously reported knockout mutant of *nsun-5* (*tm3898*), are viable and
138 produce viable progeny, suggesting that the individual activity of m⁵C methyltransferases is
139 not essential for the viability of *C. elegans*. In addition, these results suggest that the essential
140 role played by NSUN-1 in fertility (**Fig 1B, C**) is independent of the catalytic functions of this
141 protein.

142

143 To investigate epistatic interactions among the *nsun* genes in *C. elegans*, we performed
144 genetic crosses between the individual mutants, and produced a quadruple mutant in which all
145 *nsun* genes are predicted to be inactive. This strain was viable and fertile, and was termed
146 noNSUN. To confirm whether the introduced mutations resulted in catalytic inactivation, and
147 to rule out the existence of additional unknown m⁵C RNA methyltransferases, we performed
148 mass spectrometry analyses in total RNA from the mutant strains, and confirmed that m⁵C is
149 no longer detectable in this genetic background (**Fig 1E**; lower limit of detection ~0.3 ng/ml,
150 average amount detected in wild type samples 477 ng/ml). We additionally quantified the m⁵C
151 metabolic derivative 2'-O-methyl-5-hydroxymethylcytosine (hm⁵Cm) (Huber, *et al*, 2017) and
152 found that this modification is not present either in *nsun-2* or noNSUN mutants (**Fig 1F**). We
153 therefore conclude that m⁵C and its derivatives are not essential for *C. elegans* viability under
154 laboratory conditions. Furthermore, we showed that NSUN-2 is the main source of m⁵C (88%
155 of total), and that hm⁵Cm sites exclusively derive from NSUN-2 targets in *C. elegans*.

156

157 It has been proposed that some RNA modifications may act in a combinatorial manner,
158 providing compensatory effects to each other (Hopper & Phizicky, 2003). This prompted us to
159 investigate whether complete loss of m⁵C would significantly interfere with the levels of other
160 RNA modifications. We performed a mass spectrometry analysis to quantify 15 different
161 modifications in total RNA and found no significant differences between wild type and
162 noNSUN samples (**Fig 1G**). Taken together, our data establish the noNSUN strain as a highly
163 specific genetic tool for the study of m⁵C distribution and function *in vivo*.

164

165 **The m⁵C methylome of *C. elegans***

166 Schosserer *et al* demonstrated that position C2381 of 26S rRNA is methylated at carbon-5 by
167 NSUN-5 in *C. elegans*, being involved in lifespan modulation (Schosserer *et al*, 2015).
168 Nevertheless, the m⁵C methylome of this organism remained to be determined. We therefore

169 used the noNSUN strain as a negative control for whole-transcriptome bisulfite sequencing
170 (WTBS) analysis (Legrand *et al*, 2017), aiming to determine the localisation of m⁵C sites in *C.*
171 *elegans* RNA at single nucleotide resolution.

172

173 We identified C5 methylation at positions C2982 and C2381 of 26S cytoplasmic rRNA
174 and positions C628 and C632 of 18S mitochondrial rRNA (**Fig 2A**). Using alignment to rRNA
175 of different organisms we found that position C2982 is a conserved NSUN1 target (Sharma *et*
176 *al*, 2013), which has also been recently reported in *C. elegans* (Heissenberger *et al*, 2020). In
177 addition, C2381 has previously been reported as a conserved NSUN5 target (Schosserer *et al*,
178 2015; Sharma *et al*, 2013). We further confirmed the specificity of these sites using a targeted
179 bisulfite sequencing (BS-seq) approach in individual mutants (**Fig EV1A, B**). Interestingly,
180 other groups had previously identified adjacent modified sites in mt-rRNA in mice, however
181 the methylation of only one of the positions was shown to be dependent on NSUN4 activity,
182 while the other was interpreted as a 4-methylcytosine site (Metodieiev *et al*, 2014). In the case
183 of *C. elegans*, both positions are NSUN-dependent (**Fig 2A**).

184

185 We found 40 positions to be methylated in stoichiometry higher than 50% in tRNAs,
186 the majority of which being detected in leucine and proline isoacceptors (**Fig 2B-C**). As
187 anticipated for NSUN2 targeting, modified positions are found in the variable loop region
188 (positions 48, 49, 50), with cytoplasmic tRNA Leu-CAA carrying an additional modification
189 at the wobble position (C34) (Blanco *et al*, 2014; Burgess, *et al*, 2015) (**Fig 2C**). Using targeted
190 BS-seq, we demonstrated that NSUN-2 is indeed responsible for both C34 and C48 methylation
191 in tRNA-Leu (**Fig EV1C**). In agreement with the lack of homologous genes of DNMT2 and
192 NSUN6 in *C. elegans*, no methylation was found on conserved RNA targets of these enzymes
193 (Goll *et al*, 2006; Schaefer *et al*, 2010; Long *et al*, 2016) (**Fig 2C**).

194

195 Contrasting with what was observed for tRNAs and rRNAs, non-conversion of mRNA
196 sites in *C. elegans* is rare and occurs at much lower stoichiometry. Lowering the non-
197 conversion threshold from 50% to 25-40%, we detected 188 positions that remained
198 unconverted after bisulfite treatment exclusively in wild type samples, *i.e.* putative m⁵C sites
199 (**Fig 2D**, x axis). Using the same thresholds to probe for likely artefacts revealed 88 positions
200 that remained unconverted exclusively in noNSUN samples, *i.e.* non-conversion was only 46%
201 less frequent (**Fig 2D**, y axis). It is also noteworthy that positions remaining reproducibly
202 highly unconverted equally in wild type and noNSUN samples are more frequent in mRNAs,

203 when compared to tRNAs and rRNAs (**Fig 2A-B, D**). In summary, we found no evidence of a
204 widespread distribution of m⁵C in coding transcripts. To investigate whether the presence of
205 common characteristics could support a subset of the aforementioned 188 positions as *bona*
206 *fide* methylated sites, we performed gene ontology, motif search, genomic localisation, and
207 secondary structure analyses on these transcripts and sites, however no significant shared
208 features were found. While our data does not completely rule out the existence of m⁵C
209 methylation in mRNAs, it demonstrates that this mark cannot be detected in high stoichiometry
210 in *C. elegans*, as observed in tRNAs and rRNAs.

211

212 Finally, we attempted to identify m⁵C sites in small RNAs in our dataset. Given that
213 the fractionation used in this protocol aimed to enrich for tRNAs (60-80 nt), we could not detect
214 microRNA reads in abundance for confident analysis. Nevertheless, we found high NSUN-
215 dependent non-conversion rates (>80%) in five non-coding RNAs (approximately 60 nt long)
216 previously identified in *C. elegans* (Lu *et al*, 2011; Xiao *et al*, 2012) (Figure 2E). Secondary
217 structure predictions suggest that the methylated sites are often found on the base of a stem-
218 loop, reminiscent of tRNA variable loops (**Fig EV2**). Further experiments will be required to
219 determine the functionality of these m⁵C sites.

220

221 **NSUN-4 is a multisite-specific tRNA/rRNA-methyltransferase in the mitochondria of** 222 ***C. elegans***

223 Interestingly, we found the mitochondrial tRNA Met-CAU to be methylated at a very high rate
224 (94.7%) (**Fig 3A**). Supporting our finding, previous articles also indicated the detection of this
225 modified site in *Ascaris suum* and *C. elegans* (Nakano *et al*, 2016; Watanabe *et al*, 1994). This
226 was unexpected, as previous reports have shown that this position is methylated by NSUN3
227 (Haag *et al*, 2016; Nakano *et al*, 2016; Van Haute *et al*, 2016). As *C. elegans* does not have an
228 NSUN3 homologue, this implies that mitochondrial tRNAs can be modified by alternative
229 enzymes. A BLAST analysis of the human NSUN3 methyltransferase domain against the *C.*
230 *elegans* proteome showed higher similarity to NSUN-4 (30% identity), followed by NSUN-2
231 (26% identity). Moreover, we observed that, among human NSUN genes, NSUN3 and NSUN4
232 share the highest percentage of similarity (**Fig 3B**). Using a targeted BS-seq approach, we
233 probed the methylation status of position C34 in mitochondrial tRNA Met-CAU from wild
234 type, *nsun-2* and *nsun-4* strains. Our results indicate that NSUN-4 is responsible for the
235 catalysis of m⁵C in this position in *C. elegans* (**Fig 3C**).

236

237 NSUN-4 is the only mitochondrial rRNA m⁵C methyltransferase identified to date. To
238 confirm that the previously reported role of NSUN4 is also conserved in *C. elegans*, we
239 performed targeted BS-seq in 18S mitochondrial rRNA, and found that methylation of
240 positions C628 and C632, as well as C631, is mediated by NSUN-4 (**Fig 3D**). Notably,
241 methylation of position C631 was also detected by WTBS, however in reduced stoichiometry
242 (23.5% in wild type vs. 0.04% in noNSUN). Taken together, our results show that NSUN-4 is
243 a multisite-specific tRNA/rRNA mitochondrial methyltransferase in nematodes.

244

245 To investigate when the divergence of NSUN3 arose in evolution, a phylogenetic
246 analysis of NSUN3 was performed using Treefam and, given the high sequence similarity,
247 NSUN3 and NSUN4 sequences were automatically included in the generated cladogram.
248 While *Drosophila* and *C. elegans* only have NSUN4, vertebrate model organisms as basal as
249 zebrafish have both NSUN3 and NSUN4 (Fig 3E). A more expanded version of the tree
250 indicates the presence of NSUN4, but not NSUN3, in sea lampreys
251 (<http://www.treefam.org/family/TF321304#tabview=tab1>), suggesting that NSUN3 diverged
252 from NSUN4 in vertebrates.

253

254 **Loss of m⁵C leads to temperature-sensitive reproductive phenotypes**

255 The individual or collective introduction of mutations in *nsun* genes failed to induce noticeable
256 abnormal phenotypes. We therefore performed a more extensive characterisation of the mutant
257 strains using a live imaging-based phenotypic analysis (Akay *et al*, 2019). As a proxy for
258 reduced fitness, we chose to analyse the number of viable progeny and occurrence of
259 developmental delay (growth rate, as measured by body length). In comparison to wild type
260 animals, we observed a delay in all mutant strains, which persists throughout development and
261 into adulthood. This difference is greater in noNSUN animals, especially as this strain
262 transitions from L4 stage to young adulthood (**Fig 4A**). When comparing mutants' sizes at
263 young adult stage at 20°C, noNSUN animals are, on average, five times smaller than wild type
264 (**Fig 4B**). While this difference reflects a developmental delay, noNSUN animals remain 20%
265 smaller even when they reach adulthood themselves (**Fig 4B**). In addition, the noNSUN strain
266 shows a 25% reduction in brood size, which is comparable to what is observed in *nsun-1* and
267 *nsun-5* individual mutants (**Fig 4C**).

268

269 *C. elegans* stocks can be well maintained between 16°C and 25°C, being most typically
270 kept at 20°C. To gain insights into how the loss of m⁵C impacts development under different

271 environmental conditions, wild type and noNSUN animals were cultured at 25°C for three
272 generations and subjected to automated measurements. As shown in **Fig 4D**, the reproductive
273 phenotype previously observed in the noNSUN strain (**Fig 4C**) is significantly aggravated at
274 this temperature. This suggests that the phenotypes arising from loss of m⁵C are temperature-
275 sensitive, pointing towards an involvement of this modification in the adaptation to
276 environmental changes.

277

278 **Loss of m⁵C impacts translation efficiency of leucine and proline codons**

279 To explore the impact of temperature stress in the absence of m⁵C while avoiding the
280 confounding effect introduced by differences in brood size, we performed further experiments
281 using an acute heat shock treatment. To investigate whether the observed phenotypes are linked
282 to abnormalities in protein translation rates, we quantified the polysomal fraction in wild type
283 and noNSUN adult animals subject to heat shock at 27°C for 4 hours and found no significant
284 differences (**Fig 5A, Appendix Fig S2**).

285

286 To gain insights into transcriptional and translational differences resulting from the loss
287 of m⁵C, we performed transcriptomic and ribosome profiling analyses. The latter allows the
288 quantification of active translation by deep-sequencing of the mRNA fragments that are
289 protected from nuclease digestion by the presence of ribosomes (ribosome protected fragments
290 - RPFs). RPFs showed the expected 3 nt periodicity along the coding domain sequences of
291 mRNA, with the majority of reads in frame (**Appendix Fig S3A, B**). Furthermore, RNASeq
292 and riboSeq counts of genes showed high correlation, and variation in the gene counts could
293 be attributed to the difference in samples analysed (**Appendix Fig S3C, D, E**). Loss of m⁵C
294 did not greatly impact the nature of the heat stress response, as most differentially transcribed
295 and translated genes upon heat stimulus showed agreement, or very subtle differences between
296 wild type and noNSUN strains (**Appendix Fig S4**). We found that differentially transcribed
297 genes upon loss of m⁵C are mainly involved in cuticle development (**Fig EV3A**), while
298 differentially translated genes are enriched in components of the cuticle and ribosomes, as well
299 as RNA-binding proteins (**Fig EV3B**).

300

301 We then evaluated genome-wide codon occupancy during translation elongation in
302 both temperatures and found that loss of m⁵C leads to increased ribosome occupancy at leucine
303 and proline codons. Upon heat shock, Leu-UUG codons showed the highest ribosome density
304 observed in the noNSUN strain, suggesting that translation of this codon is slowed during heat

305 stress in the absence of m⁵C (**Fig 5B, Fig EV4A**). We investigated this phenomenon more
306 closely in different transcripts and found that ribosome stalling at UUG codons seems to be
307 context-dependent, as it only occurs in a small subset of UUG codons (**Fig 5C, Fig EV4B**).
308 Interestingly, as shown in our WTBS analysis, leucine and proline are the most frequently
309 methylated tRNA isoacceptors in *C. elegans* (**Fig 2B**). In addition, tRNA Leu-CAA,
310 responsible for decoding of UUG codons, is the only cytoplasmic tRNA bearing an m⁵C-
311 modified wobble position (**Fig 2C**).

312

313 As a downstream consequence of ribosome stalling, we found translation efficiency of
314 UUG-, leucine- and proline-rich genes to be significantly reduced in the noNSUN strain. While
315 this effect can be observed in both temperatures in leucine-rich transcripts and at 20°C in
316 proline-rich ones, it occurs in a heat shock-dependent manner in UUG-rich transcripts,
317 suggesting an involvement of m⁵C wobble methylation in the adaptation to heat stress (**Fig**
318 **5D**). Finally, we found that translation efficiency is further reduced as transcripts get more
319 enriched in the affected codons (**Fig EV5**).

320

321

322 **DISCUSSION**

323 Chemical modifications of RNA occur in organisms from all kingdoms of life and are often
324 highly conserved throughout evolution, as is the case of the methylation of carbon-5 in
325 cytosines (Boccaletto *et al*, 2017; Huber *et al*, 2015). Despite that, there is a growing body of
326 evidence showing that several RNA modifications are individually not required for
327 development under controlled conditions (O'Connor, *et al* 2018, reviewed in Sharma &
328 Lafontaine, 2015 and Hopper & Phizicky, 2003). Our results reignite a recurrent question in
329 the epitranscriptomics field: why are so many of these chemical marks extensively conserved
330 throughout evolution and, yet, organisms often present subtle phenotypes in their absence?
331 Ribonucleoside modifications occur in an overwhelming diversity and, in some cases, might
332 (i) exert subtle molecular effects, (ii) act in a combinatorial or redundant manner with other
333 modifications or (iii) be the result of relaxed enzymatic specificity (Phizicky & Alfonzo, 2010;
334 Jackman & Alfonzo, 2013).

335

336 While the absence of m⁵C in RNA did not give rise to overt phenotypes under standard
337 laboratory conditions, a more detailed analysis of the mutants revealed developmental and
338 fertility defects. Previous studies have shown that levels of several RNA modifications,

339 including m⁵C, are responsive and can react dynamically to a wide range of environmental
340 challenges, such as toxicants, starvation and heat shock, thus potentially supporting organismal
341 adaptation (Chan *et al*, 2010; van Delft *et al*, 2017). In agreement with this idea, we observed
342 a temperature-dependent aggravation of reproductive phenotypes in m⁵C-deficient *C. elegans*.
343 In nature, where the environmental conditions vary greatly, such genotypes would likely be
344 selected against in a wild population.

345

346 Our results suggest an RNA methylation-independent essential role for NSUN-1 in
347 germline development. Consistently, Nop2p/No11/NSUN1 has been shown to be an essential
348 gene in yeast, mice and *Arabidopsis* (Burgess *et al*, 2015; De Beus *et al*, 1994; Kosi *et al*, 2015;
349 Sharma *et al*, 2013). In *Saccharomyces cerevisiae*, both depletion and catalytic mutation of
350 Nop2p lead to lower levels of 60S ribosomal subunits, supporting the idea that reduced
351 methylation affects rRNA processing and translation (Hong *et al*, 1997; Honget *et al*, 2001;
352 Sharma *et al*, 2013). In contrast, Bourgeois *et al* reported that loss of Nop2p-mediated m⁵C had
353 no effect on ribosome synthesis and phenotype (Bourgeois *et al*, 2015). A similar phenomenon
354 has been observed for NSUN4 in mice, as well as for Dim1 and Trmt12 in yeast, and their
355 human homologues DIMT1L and WBSCR22, where the presence of the enzyme, rather than
356 its catalytic activity, is required for viability (Lafontaine *et al*, 1995; Metodiev *et al*, 2014;
357 Zorbas *et al*, 2015). It has been proposed that the essential binding of certain rRNA
358 methyltransferases represents a quality control step in ribosome biogenesis, committing rRNA
359 to methylation during the maturation process (Lafontaine *et al*, 1998).

360

361 Taking advantage of the noNSUN strain as a tool to increase the confidence of WTBS
362 analysis, we produced the first comprehensive list of m⁵C sites throughout *C. elegans*
363 transcriptome. Using a targeted approach, we showed that NSUN-4 has both rRNA and tRNA
364 targeting capabilities in the mitochondria. It has been suggested that binding of MTERF4 and
365 NSUN4 in a complex is responsible for targeting the methyltransferase to rRNA in the
366 mitochondria (Metodiev *et al*, 2014; Spåhr *et al*, 2012; Yakubovskaya *et al*, 2012).
367 Nevertheless, genetic evidence suggests that NSUN4 methylates rRNA independently of
368 MTERF4 in mice (Metodiev *et al*, 2014). *C. elegans* has an MTERF4 homologue (K11D2.5),
369 and most residues involved in the interaction with NSUN4 appear conserved, suggesting that
370 a similar interaction with this co-factor could occur (Spåhr *et al*, 2012).

371

372 In humans, NSUN3-mediated methylation at position 34 of mitochondrial tRNA Met-
373 CAU is further modified by the dioxygenase ALKBH1 to form f⁵C (Haag *et al*, 2016; Nakano
374 *et al*, 2016). Previous studies explored differential methods for the detection of f⁵C, indicating
375 that 35-100% of tRNA Met-CAU molecules are f⁵C-modified, while the whole population is
376 at least m⁵C-modified (Haag *et al*, 2016; Kawarada *et al*, 2017; Van Haute *et al*, 2016). As
377 f⁵C reacts as an unmodified cytosine upon sodium bisulfite treatment, it was surprising to detect
378 high levels of non-conversion (95%) in our study. Nakano *et al* (2016) have used DNA probes
379 in reciprocal circulating chromatography followed by mass spectrometry to demonstrate high
380 stoichiometry of f⁵C in this site in *C. elegans* RNA. In addition, an ALKBH1 homologue
381 (Y51H7C.5) has recently been discovered and implicated in mitochondrial protein biogenesis
382 in the nematode (Wagner *et al*, 2019). These results support the existence of a f⁵C pathway in
383 *C. elegans*. However, as we used a sequencing-based method that does not discriminate
384 between precursors or mature tRNAs, it is possible that our method detects mainly primary
385 transcripts or precursor molecules, which have not been oxidised by ALKBH1.

386

387 Using the noNSUN strain as a negative control, we investigated the presence of m⁵C in
388 coding transcripts. Several reports have shown that m⁵C is a common mRNA modification
389 (Amort *et al*, 2017; David *et al*, 2017; Squires *et al*, 2012; Yang *et al*, 2017). However, results
390 derived from BS-seq can be influenced by several factors, such as incomplete deamination,
391 protection due to secondary structures, presence of other modifications, protein binding and
392 sequencing errors, among others (summarized in Legrand *et al*, 2017). Given these technical
393 drawbacks, the noNSUN strain represented an unprecedentedly stringent negative control,
394 which allowed for exclusive detection of highly specific methylation. Despite the detection of
395 positions with 20-30% NSUN-dependent non-conversion, we detected a similar number of
396 positions with NSUN-independent non-conversion at these rates, which we interpret as false
397 positives. This poses a statistical challenge on the interpretation of such non-converted
398 positions as methylated. Our main conclusion, therefore, is that the data does not provide
399 evidence for widespread or high stoichiometry m⁵C methylation of coding transcripts in *C.*
400 *elegans*. This is in agreement with earlier work using chromatography (Adams & Cory, 1975;
401 Desrosiers *et al*, 1974; Salditt-Georgieff *et al*, 1976) and other reports that have detected very
402 few or no m⁵C sites in eukaryotes by BS-seq (Edelheit *et al*, 2013; Khoddami & Cairns, 2013;
403 Khoddami *et al*, 2019; Legrand *et al*, 2017).

404

405 Using ribosome profiling, we investigated the genome-wide effect of loss of m⁵C in
406 translational speed and efficiency and found leucine and proline translation to be affected. The
407 strongest effect by far was observed in a heat shock-dependent manner in UUG codons, which
408 rely on the only tRNA modified at the wobble position - tRNA Leu-CAA. Chan *et al* (2012)
409 found that m⁵C level specifically at position 34 of tRNA Leu-CAA is upregulated upon
410 oxidative stress in yeast. The presence of this modification was shown to enhance translation
411 efficiency of a UUG-rich luciferase reporter construct, as *trm4Δ* (NSUN2 homologue mutant)
412 cells showed significantly lower levels of reporter activity, especially under oxidative stress.
413 The biological relevance of these findings was linked to an abnormally high frequency of UUG
414 codons in transcripts of specific ribosomal protein paralogues (Chan *et al*, 2012).

415

416 In summary, m⁵C supports *C. elegans* fitness at higher temperatures and enhances the
417 translational efficiency of leucine and proline codons in physiology and stress. Our work
418 highlights a specific role of cytosine C5 methylation in facilitating translation of leucine UUG
419 codons upon heat shock, suggesting that m⁵C tRNA wobble methylation is involved in the
420 adaptation to heat stress.

421

422

423 MATERIALS AND METHODS

424

425 Genetics

426 *C. elegans* strains were grown and maintained as described in Brenner (Brenner, 1974). The
427 strains were kept at 20°C, unless otherwise indicated. HB101 strain *Escherichia coli* was used
428 as food source (*Caenorhabditis* Genetics Center, University of Minnesota, Twin Cities, MN,
429 USA). Bristol N2 was used as the wild type strain.

430

431 Gene silencing by RNAi

432 Empty vector, *nsun-1* (*W07E6.1*), *nsun-2* (*Y48G8AL.5*), *nsun-4* (*Y39G10AR.21*), and *nsun-5*
433 (*Y53F4B.4*) bacterial feeding clones were kindly provided by Prof. Julie Ahringer's lab
434 (Kamath & Ahringer, 2003). Single colonies were inoculated in LB-Ampicillin 100 µg/ml and
435 cultured for 8 h at 37 °C. Bacterial cultures were seeded onto 50 mm NGM agar plates
436 containing 1 mM IPTG and 25 µg/ml Carbenicillin at a volume of 200 µl of bacterial culture
437 per plate, and left to dry for 48 hours. 50 synchronized L1 larvae were placed onto RNAi plates

438 and left to grow until adult stage. Adults were scored for fertility (presence of embryos in the
439 germline).

440

441 **CRISPR-Cas9 gene editing**

442 CRISPR-Cas9 gene editing was performed as in Paix et al (Paix *et al*, 2015). Briefly, injection
443 mixes were prepared in 5 mM Tris pH 7.5 as follows: 20 µg of tracrRNA (Dharmacon), 3.2 µg
444 of *dpy-10* crRNA (Dharmacon), 200 ng of *dpy-10* homologous recombination template (Sigma
445 Aldrich), 8 µg of target gene gRNA (Dharmacon), 1.65 µg of homologous recombination
446 template (Sigma), up to a volume of 11.5 µl. The mix was added to 10 µg of Cas9 (Dharmacon)
447 to a final volume of 15 µl, and incubated at 37°C for 15 min. For the creation of *nsun* catalytic
448 mutants, a homologous recombination template bearing a point mutation to convert the
449 catalytic cysteine into alanine while creating a restriction site for HaeIII was co-injected.
450 Following incubation, the mix was immediately micro-injected into the germline of N2 young
451 adults. After injection, animals were left to recover in M9 medium, then transferred to
452 individual plates and left to recover overnight at 20°C. Successful injections led to the hatch of
453 dumpy and roller animals. From positive plates, 96 animals were individualized for self-
454 fertilization and genotyped for the relevant alleles. Same process was performed with F2s, until
455 a homozygous population was isolated. Each strain was backcrossed at least three times with
456 the wild type strain.

457

458 **RNA extraction (Mass spectrometry and WTBS)**

459 The strains of interest (N2 and noNSUN) were grown in 90 mm plates until gravid adult stage,
460 washed three times with M9 and pelleted by centrifugation at 2000 rpm for 2 minutes. Gravid
461 adults were resuspended in 4 ml of bleaching solution (final concentration 177 mM NaOH, 177
462 mM NaOCl solution - free chlorine 4–5%) and vortexed vigorously for 7 minutes. Recovered
463 embryos were washed four times to remove any traces of bleach and left to hatch in ml of M9
464 for 24 h at 20°C in a rotating wheel. Synchronised L1 starved larvae were used for RNA
465 extraction. Independent triplicates were obtained from three different generations.

466 Nematodes were washed thoroughly in M9 to remove bacterial residue, and pelleted in RNase-
467 free tubes at 2000 rpm for 2 min. 500-1000 µl of TRIsure (Bioline) and 100 µl of zirconia beads
468 were added and the samples were subjected to three cycles of 6,500 rpm with 20 sec breaks on
469 Precellys to crack open the animals. 100 µl of chloroform were added to the tubes, which were
470 then shaken vigorously for 15 sec and incubated at room temperature for 3 min. Samples were
471 centrifuged at 12,000 x g for 15 min at 4 °C and the aqueous phase of the mixture was carefully

472 recovered and transferred to a fresh RNase-free tube. RNA was precipitated with 500 µl of
473 cold isopropanol at room temperature for 10 min and then centrifuged at 12,000 x g for 15 min
474 at 4°C. The supernatant was carefully removed, the pellet was washed and vortexed with 1 ml
475 of 75% ethanol and centrifuged at 7,500 x g for 5 min at 4°C. RNA pellet was air-dried,
476 dissolved in the appropriate volume of DEPC-treated water and the concentration, 260/280 and
477 260/230 ratios were measured by Nanodrop. RNA integrity was evaluated in the Agilent 2200
478 TapeStation system.

479

480 **RNA mass spectrometry**

481 Up to 10 µg of RNA was digested by adding 1 µl digestion enzyme mix per well in a digestion
482 buffer (4 mM Tris-HCl pH 8, 5 mM MgCl₂, 20 mM NaCl) in a total volume of up to 100 µl.
483 The digestion enzyme mix was made by mixing benzonase (250 U/µl, Sigma Aldrich),
484 phosphodiesterase I from *Crotalus adamanteus* venom (10mU/µl, Sigma Aldrich) and
485 Antarctic phosphatase (5 U/µl, NEB) in a ratio of 1:10:20. The reaction was incubated
486 overnight at 37 °C. The following day, an equal volume of ¹³C, ¹⁵N-labelled uridine (internal
487 control, previously dephosphorylated; Sigma Aldrich) in 0.1% formic acid was added to each
488 reaction and this was subsequently prepared for LC-MS-MS by filtration through 30 kDa
489 molecular weight cut-o filters (Sigma).

490 Samples were resolved using a Thermo Scientific U3000 UPLC system on a gradient
491 of 2- 98% (0.1% formic acid/acetonitrile) through an Acquity 100mm x 2.1 mm C-18 HSS T3
492 column and analysed on a QExactive-HF Orbitrap High Resolution Mass Spectrometer
493 (ThermoFisher Scientific, IQLAAEGAAPFALGMBFZ) in positive full-scan mode and the
494 results were deconvoluted using the accompanying Xcalibur Software. Nucleosides of interest
495 were identified by both retention times and accurate masses, compared to purified standards
496 and quantified accordingly.

497

498 **Whole Transcriptome Bisulfite Sequencing**

499 Bisulfite sequencing experiments were performed as previously described in Legrand *et al*
500 (Legrand *et al*, 2017). RNA was fractionated into <200 nt and >200 nt using a modified
501 mirVana miRNA isolation kit (AM1560) protocol. Briefly, 50 µg of RNA in a volume of 80
502 µl were mixed with 400 µl of mirVana lysis/binding buffer and 48 µl of mirVana homogenate
503 buffer and incubated for 5 min at room temperature. Next, 1/3 volume (176 µl) of 100% ethanol
504 was added and thoroughly mixed by inversion, and the mixture was incubated for 20 min at
505 room temperature. After addition of 0.8 µg of Glycoblue, the samples were spun down at 2,500

506 x g for 8 min at 21 °C for precipitation of long RNAs. The supernatant containing the short
507 fraction was transferred to a fresh tube and the RNA pellet was washed in 1 ml of cold 75%
508 ethanol before centrifugation at maximum speed for at least 20 min at 4 °C. The pellet was
509 finally air-dried and resuspended in DEPC-treated water. For short fraction RNA precipitation,
510 800 µl of isopropanol were added to the supernatant and the mixture was incubated at -80 °C
511 for at least 20 min. Next, 20 µg of Glycoblu were added and the mixture was spun down at
512 maximum speed for at least 20 min at 4 °C. The pellet was washed with cold 70% ethanol and
513 air dried before resuspension in DEPC-treated water. Depletion of ribosomal RNA was
514 performed on the short fractions and on half of the long fractions using a Ribo-zero rRNA
515 removal kit (Illumina), according to the supplier's instructions. The other half of long fractions
516 was processed as Ribo+ samples. RNA was stored at -80 °C until the moment of use.

517 The long fractions (with and without rRNA depletion) were further processed with the
518 NEBNext Magnesium RNA Fragmentation Module (NEB), as described in the manual. 3 min
519 of fragmentation at 94 °C has been established to lead to a peak at approximately 250 nt,
520 appropriate for the final 100 bp paired-end sequencing. The fragmented RNA was precipitated
521 using ethanol with 20 µg GlycoBlue at -80 °C for at least 10 min.

522 Samples were treated with TURBO DNase (Ambion) in a final volume of 20 µl,
523 according to the manufacturer's instructions. DNase-treated samples were bisulfite-converted
524 using an EZ RNA Methylation Kit (Zymo Research), following the manufacturer's manual. As
525 a final step before library preparation, a stepwise RNA end repair was carried out using T4
526 polynucleotide kinase (TaKaRa). A 3'-dephosphorylation and 5'- phosphorylation reaction was
527 performed using T4 PNK enzyme (TaKaRa). The enzyme was removed by phenol-chloroform
528 purification. Library preparation was done using a NEBNext Small RNA Library Prep Set,
529 according to the manufacturer's protocol. cDNA was amplified with 12 cycles of PCR and
530 purified using the QIAquick PCR Purification Kit (Qiagen). The libraries were size-selected
531 on a 6% polyacrylamide gel. Compatible barcodes were selected, and samples were pooled in
532 equimolar ratios on multiple lanes in an Illumina HiSeq 2000 platform. A 100 bp paired-end
533 sequencing approach was used.

534 Bioinformatics, statistical analyses and methylation calling were performed as
535 described in Legrand *et al* (Legrand *et al*, 2017), utilising the BisRNA software. Adapters were
536 removed from sequenced reads using Cutadapt version 1.8.1 (with options: --error-rate=0.1 --
537 times=2 --overlap=1 and adapter sequences AGATCGGAAGAGCACACGTCT and
538 GATCGTCGGACTGTAGAACTCTGAAC for forward and reverse reads, respectively
539 (Martin, 2011). Reads were further trimmed of bases with phred quality score <30 on 5' and 3'

540 ends and reads shorter than 25 nucleotides were discarded (Trimmomatic version 0.36)
541 (Bolger, Lohse, & Usadel, 2014). Reads were aligned uniquely using Bsmmap (version 2.87,
542 options: -s 12 -v 0.03 -g 0 -w 1000 -S 0 -p 1 -V 1 -I 1 -n 0 -r 2 -u -m 15 -x 1000) (Xi & Li,
543 2009). Reference sequences were downloaded from Gtrnadb (version ce10), Ensembl (release
544 90, version WBcel235) and Arb-Silva (P. P. Chan & Lowe, 2016; Kersey *et al*, 2016; Lee *et*
545 *al*, 2018; Quast *et al*, 2012). End sequence 'CCA' was appended to tRNA if missing. Bisulfite-
546 identical sequences, where only C>T point differences were present, were merged, keeping the
547 C polymorphism. Similarly to Legrand *et al* (Legrand *et al*, 2017), tRNA sequences were
548 further summarized to the most exhaustive yet unambiguous set of sequences, using sequence
549 similarity matrix from Clustal Omega (Sievers *et al*, 2011). Methylation calling was performed
550 as described in Legrand *et al* (Legrand *et al*, 2017), utilising the BisRNA software. Methylation
551 frequency was calculated as the proportion of cytosines with coverage higher than 10 in three
552 wild type and noNSUN replicates and bisulfite non-conversion ratio higher than 0.1. The
553 measure for reproducibility was the standard error. Deamination rates were calculated as the
554 count of converted cytosines divided by the sum of converted and non-converted cytosines.
555 This calculation was carried out on nuclear and mitochondrial rRNA. Known methylation sites
556 in rRNA were removed from the calculations. WTBS raw data have been deposited in the Gene
557 Expression Omnibus (GEO) database under the accession number GSE144822.

558

559 **Targeted bisulfite sequencing**

560 1 µg of total RNA was bisulfite-modified with the EZ RNA Methylation Kit (Zymo Research).
561 Briefly, samples were first treated with DNase I for 30 min at 37 °C in 20 µl volume. The
562 DNase reaction was stopped and immediately applied to the EZ RNA Methylation Kit (Zymo
563 Research) according to manufacturer's instructions. Converted RNAs were eluted in 12 µl of
564 distilled water.

565 Reverse transcription was performed with the purified RNA and adaptors were added
566 to the amplicons using reverse oligonucleotides designed for the bisulfite-converted sequences
567 of interest and SuperScript III reverse transcriptase (Invitrogen). cDNA was cleaned from any
568 residual RNA with an RNase H treatment at 37 °C for 20 min and then used for PCR
569 amplification and adaptor addition using forward oligonucleotides. Low annealing temperature
570 (58 °C) was used to overcome high A-T content after bisulfite treatment. 4 µl of PCR product
571 were used for ligation and transformation into TOP10 competent cells using the Zero Blunt
572 TOPO PCR Cloning Kit (Invitrogen) according to the manufacturer's instructions. Following
573 overnight culture, 24 colonies were individually lysed and used for PCR amplification using

574 M13 primers, in order to confirm the presence of the insert at the correct size by DNA
575 electrophoresis. The remaining PCR product (10 clones per condition) was used for Sanger
576 sequencing using T3 primers (Genewiz).

577

578 **Automated phenotypical characterisation**

579 **Viable Progeny**

580 Viable progeny refers to the number of progeny able to reach at least the L4 stage within ~4
581 days. Measurements were completed over three 24-h intervals. First, eggs were prepared by
582 synchronisation via coordinated egg-laying. When these animals had grown to the L4 stage,
583 single animals were transferred to fresh plates (day 0). For 3 days, each day (days 1–3), each
584 animal was transferred to a new plate, while the eggs were left on the old plate and allowed to
585 hatch and grow for ~ 3 days, after which, the number of animals on each of these plates was
586 counted (Hodgkin & Barnes, 1991) using a custom animal counting program utilising short
587 video recordings. Animals were agitated by tapping each plate four times, after this, 15 frames
588 were imaged at 1 Hz and the maximum projection was used as a background image. Animals
589 were then detected by movement using the difference in the image between each frame and
590 this background image and counted this way for ten additional frames. The final count was
591 returned as the mode of these counts. This system was tested on plates with fixed numbers of
592 animals and was accurate to within 5%, comparable to human precision. Total viable progeny
593 was reported then as the sum for 3 days. Data is censored for animals that crawled off of plates
594 (Akay *et al*, 2019).

595

596 **Single Worm Growth Curves**

597 Populations of *Caenorhabditis elegans* were synchronized by coordinated egg laying. Single
598 eggs were transferred to individual wells of a multi-well NGM plate solidified with Gelrite
599 (Sigma). Each well was inoculated with 1 μ l of OD 20 *E. coli* HB101 bacteria (~18 million)
600 and imaged periodically using a camera mounted to a computer controlled XY plotter
601 (EleksMaker, Jiangsu, China) which moved the camera between different wells. Images were
602 captured every ~11 minutes for ~75 hours. Image processing was done in real-time using
603 custom MATLAB scripts, storing both properties of objects identified as *C. elegans*, and sub
604 images of regions around detected objects. Body length was calculated using a custom
605 MATLAB (Mathworks, Natick MA) algorithm and all other properties were measured using
606 the *regionprops* function. Growth curves were aligned to egg-hatching time, which was
607 manually determined for each animal.

608

609 **Polysome profiling**

610 Synchronised populations of the strains of interest (N2 and noNSUN) were grown until adult
611 stage (3 days) in 140 mm NGM agar plates seeded with concentrated *E. coli* HB101 cultures
612 at 20 °C. Next, the animals were harvested from the plates, transferred to liquid cultures in S-
613 medium supplemented with *E. coli* HB101, and incubated at 20°C or 27°C for 4h in a shaking
614 incubator at 200 rpm before harvesting. Sample preparation for polysome profiling was
615 adapted from Arnold et al (Arnold *et al*, 2014). The animals were harvested, washed 3x in cold
616 M9 buffer supplemented with 1 mM cycloheximide and once in lysis buffer (20 mM Tris pH
617 8.5, 140 mM KCl, 1.5 mM MgCl₂, 0.5% Nonidet P40, 2% PTE (polyoxyethylene-10-
618 tridecylether), 1% DOC (sodiumdeoxycholate monohydrate), 1 mM DTT, 1 mM
619 cycloheximide). The animals were pelleted and as much liquid as possible was removed before
620 the samples were frozen as droplets in liquid nitrogen, using a Pasteur pipette. Frozen droplets
621 were transferred to metallic capsules and cryogenically ground for 25 sec in a mixer (Retsch
622 MM 400 Mixer Mill). The resulting frozen powder was stored at -80 °C until the moment of
623 use.

624 Approximately 250 µl of frozen powder was added to 600 µl of lysis buffer and mixed
625 by gentle rotation for 5 min at 4 °C. The samples were centrifuged at 10,000 x g for 7.5 min,
626 the supernatant was transferred to fresh tubes and the RNA concentration was quantified by
627 Nanodrop. For ribosome footprinting, 400 µl of lysate was treated with 4 µl of DNase I (1 U/µl,
628 Thermo Scientific) and 8 µl of RNase I (100 U/µl, Ambion) for 45 min at room temperature
629 with gentle shaking. 20 µl of RNasin ribonuclease inhibitor (40 U/µl, Promega) was added to
630 quench the reaction when appropriate. The tubes were immediately put on ice and 220 µl of
631 lysate was loaded into 17.5 – 50% sucrose gradients and ultracentrifuged for 2.5 h at 35,000
632 rpm, 4 °C in a Beckman SW60 rotor. In parallel, undigested samples used for polysome
633 profiling were equally loaded into sucrose gradients under the same conditions. Gradient
634 fractions were eluted with an ISCO UA-6 gradient fractionator while the absorbance at 254 nm
635 was continuously monitored. The fraction of polysomes engaged in translation was calculated
636 as the area under the polysomal part of the curve divided by the area below the entire curve.

637

638 **Ribosome profiling**

639 Sucrose gradient fractions were collected in tubes containing 300 µl of 1 M Tris-HCl pH 7.5,
640 5M NaCl, 0.5 M EDTA, 10% SDS, 42% urea and then mixed by vortexing with 300 µl of
641 Phenol-Chloroform-Isoamylalcohol (PCL, 24:25:1). Fractions corresponding to 80S

642 monosomes were heated for 10 min at 65°C and centrifuged at 16,000 x g for 20 min at room
643 temperature. The upper aqueous phase was transferred to a fresh tube and mixed well with
644 600 µl of isopropanol and 1 µl of Glycoblue for precipitation overnight at -80 °C. RNA was
645 pelleted by centrifugation at 16,000 x g for 20 min at 4 °C and washed in 800 µl of cold ethanol.
646 After supernatant removal, the pellet was left to dry for 1-2 min and then dissolved in 60 µl of
647 RNase-free water. RNA concentration and quality were measured by Nanodrop and
648 Tapestation (2200 Agilent R6K), respectively.

649 A dephosphorylation reaction was performed by adding 7.5 µl T4 polynucleotide kinase
650 (PNK) 10x buffer, 1.5 µl ATP, 1.5 µl RNase OUT, 1.5 µl T4 PNK (TaKaRa) and 3 µl RNase-
651 free water up to a final volume of 75 µl, and incubated for 1.5 h at 37 °C. The enzyme was
652 removed by acid-phenol extraction and the RNA was precipitated with 1/10 volume 3 M
653 sodium acetate pH 5.2, 2.5x volume 100% cold ethanol and 1 µl Glycoblue overnight at -80°C.
654 Pelleted RNA was dissolved in RNase-free water. For footprint fragments purification, RNA
655 was denatured for 3 min at 70 °C and loaded into a 15% polyacrylamide TBE-urea gel
656 alongside a small RNA marker. Gel was run for 1 h at 150 V and stained for 10 min with
657 1:10,000 SYBR Gold in 0.5x TBE. The gel was visualised under UV light and the region
658 between the 20 nt and 30 nt marks (28-32 nt) was excised with a sterile scalpel. The gel band
659 was crushed into small pieces and incubated in 300 µl of 0.3 M RNase-free NaCl solution with
660 2 µl of RNase OUT overnight at 4°C on an Intelli-Mixer (Elmi). The gel slurry was transferred
661 to a 0.45 µm NanoSep MF Tube (Pall Lifesciences) and centrifuged at maximum speed for 5
662 min at 4°C. After overnight precipitation with 30 µl of 3 M sodium acetate pH 5.2, 1 µl
663 Glycoblue and 800 µl 100% ethanol, the RNA was dissolved in RNase-free water.

664 Libraries were prepared using a NEB NEXT Small RNA Library Prep Set for Illumina
665 (Multiplex compatible) E7330 Kit, following the manufacturer's instructions. cDNA libraries
666 were purified according to the manual, followed by a QIAQuick PCR Purification Kit and a
667 6% polyacrylamide gel, where a band of 150 bp (120 bp adapter + 28-32 footprint fragments)
668 was excised. Gel extraction was performed as described above for footprint fragments
669 purification. Libraries were sequenced at the Genomics and Proteomics Core Facility of the
670 German Cancer Research Centre (DKFZ), Heidelberg.

671 Raw reads were assessed for quality using FastQC and Trimmed for low quality bases
672 and adapter sequences using Trimmomatic (version 0.39, parameters -
673 ILLUMINACLIP:2:30:10 SLIDINGWINDOW:4:20 MINLEN:20) (Bolger *et al*, 2014).
674 SortMERRNA was used to remove any rRNA sequences (Kopylova, Noé, & Touzet, 2012).
675 Remaining reads were uniquely aligned to the *C. elegans* (WBCel235) reference genome using

676 HISAT2 (version 2.1.0) (Kim *et al*, 2015). The longest transcript was chosen for each gene
677 from the WBCel235 reference genome and the CDS for these transcripts was extracted. Reads
678 were length stratified and checked for periodicity, only read lengths showing periodicity over
679 the 3 frames were retained for further analysis (26 bp -30 bp). Reads aligned to the genome
680 were shifted 12 bp from the 5'-end towards the 3'-end (Ingolia *et al*, 2009)i. Any reads aligned
681 to the first 10 codons of each gene were then removed and the remaining reads with a 5' end
682 aligning to a CDS were kept for further analysis (Lecanda *et al*, 2016).

683 Bulk codon occupancy in the P-Site for each codon was calculated as the number of
684 shifted RPFs assigned to the first nucleotide of the codon. This value was then normalized by
685 the frequency of the counts for the same codon in the +1, +2 and +3 codons relative to the A-
686 Site (Stadler & Fire, 2011). Fold changes were then computed as the normalized bulk codon
687 occupancies for noNSUN / wild type. Ribosome occupancy for gene in a sample was calculated
688 as the number of shifted in frame RPFs aligned to the CDS of the gene (not including the first
689 10 codons). These values were inputted into DESeq2 (Love *et al*, 2014). Translation efficiency
690 was calculated by dividing the ribosome occupancy of each gene (disregarding the first ten
691 codons) by the mRNA abundance of the same gene. Ribo-Seq raw data have been deposited in
692 the Gene Expression Omnibus (GEO) database under the accession number GSE146256.

693

694 **RNA sequencing**

695 Input RNA was extracted from aliquots from the samples used for polysome profiling and
696 ribosome footprinting. 100 µl of chloroform were added to the tubes, which were then shaken
697 vigorously for 15 sec and incubated at room temperature for 3 min. Samples were centrifuged
698 at 12,000 x g for 15 min at 4 °C and the aqueous phase of the mixture was carefully recovered
699 and transferred to a fresh RNase-free tube. RNA was precipitated with 500 µl of cold
700 isopropanol at room temperature for 10 min and then centrifuged at 12,000 x g for 15 min at
701 4 °C. The supernatant was carefully removed, the pellet was washed and vortexed with 1 ml of
702 75% ethanol and centrifuged at 7,500 x g for 5 min at 4°C. RNA pellet was air-dried, dissolved
703 in the appropriate volume of DEPC-treated water and the concentration, 260/280 and 260/230
704 ratios were measured by Nanodrop. RNA integrity was evaluated in the Agilent 2200
705 TapeStation system. RNA was depleted of DNA with a TURBO DNA-free kit (Invitrogen),
706 according to the manufacturer's instructions. Libraries were prepared with 750 ng of starting
707 material using the NEBNext Ultra II Directional RNA Library Prep Kit for Illumina, following
708 rRNA depletion using a NEBNext rRNA Depletion Kit (Human/Mouse/Rat) (NEB).

709 Raw reads were assessed for quality using FastQC (Andrews, 2010) and Trimmed for
710 low quality bases and adapter sequences using Trimmomatic (version 0.39, parameters -
711 ILLUMINACLIP:2:30:10 SLIDINGWINDOW:4:20 MINLEN:25) (Bolger *et al*, 2014).
712 SortMERRNA (Kopylova *et al*, 2012) was used to remove any reads matching rRNA sequences.
713 Remaining reads were aligned to the *C. elegans* reference genome (WBCel235) using HISAT2
714 (version 2.1.0, default parameters) (Kim *et al*, 2015). Read alignments were then counted using
715 HTSeq-count (Anders *et al*, 2015) and gene counts inputted into DESeq2 (Love *et al*, 2014).
716 RNA-Seq raw data have been deposited in the Gene Expression Omnibus (GEO) database
717 under the accession number GSE146256.

718

719 **Data availability**

720 BS-seq: Gene Expression Omnibus (GEO) GSE144822
721 (<https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE144822>)
722 RNA-seq: Gene Expression Omnibus (GEO) GSE146256
723 (<https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE146256>)
724 Ribo-seq: Gene Expression Omnibus (GEO) GSE146256
725 (<https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE146256>)

726

727

728

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744

745

746 **AUTHOR CONTRIBUTIONS**

747 Conceptualisation, I.C.N. and E.A.M.; Investigation, I.C.N., F.T., D.J., A.H., F.B., A.K. and
748 A.A.; Formal analysis, D.J., C.L. and J.P.; Writing - Original Draft, I.C.N.; Writing - Review
749 and Editing, I.C.N., F.T., A.A., F.L. and E.A.M.; Supervision: M.H., F.L. and E.A.M.; Funding
750 Acquisition, M.H., F.L. and E.A.M.

751

752

753 **COMPETING INTERESTS**

754 E.A.M. is a co-founder and director of Storm Therapeutics, Cambridge, UK. A.H. is an
755 employee of Storm Therapeutics, Cambridge, UK.

756

757

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991 **FIGURE LEGENDS**

992

993 **Figure 1. m⁵C and its derivatives are non-essential RNA modifications in *C. elegans*.**

994 (A) Phylogenetic relationship among human and putative nematode NSUN proteins. Unrooted
995 phylogenetic tree of NSUN homologues in *Homo sapiens* and *C. elegans* using entire protein
996 sequence. Phylogenetic tree reconstructed using the maximum likelihood method implemented
997 in the PhyML program (v3.0).

998 (B, C) Knockdown of *nsun* genes through RNAi by feeding. Representative images of wild
999 type adult animals after silencing of *nsun* genes via RNAi by feeding. Widefield DIC images
1000 are 10x magnification (B). Percentage of fertile adults after gene silencing by RNAi (C). n = 2
1001 independent experiments, 3 biological replicates each.

1002 (D) Mutant alleles used in this study. CRISPR-Cas9 strategy for creation and screening of
1003 catalytically inactive alleles of *nsun-1* (*mj473*), *nsun-2* (*mj458*) and *nsun-4* (*mj457*). A
1004 homologous recombination template bearing a point mutation to convert the catalytic cysteine
1005 into alanine whilst creating a restriction site for HaeIII was co-injected. For the study of *nsun-*
1006 *5*, a 928 bp deletion allele (*tm3898*) was used. Image not to scale.

1007 (E, F) Mass spectrometry quantification of m⁵C (D) and hm⁵Cm (E) levels in total RNA from
1008 *nsun* mutants. RNA was extracted from populations of L1 animals synchronised by starvation,
1009 digested to nucleosides and analysed via LC-MS. n = 3 independent biological replicates. n.d.
1010 = not detected.

1011 (G) Fold change in total RNA modification levels upon loss of m⁵C. Fold changes were
1012 calculated by dividing the peak area ratio of noNSUN samples by the one of wild type samples.
1013 n = 3 independent biological replicates. Multiple t-tests.

1014 Data information: In (C, E, F, G), data are presented as mean \pm SEM. In (C), a representative
1015 plot of two independent experiments is shown.
1016

1017 **Figure 2. The m⁵C methylome of *C. elegans*.**

1018 **(A, B)** Site-specific methylation analysis by whole-transcriptome bisulfite sequencing. Scatter
1019 plots show individual cytosines and their respective non-conversion rates in rRNAs (A) and
1020 tRNAs (B) of wild type and noNSUN strains; pie chart showing most frequently methylated
1021 tRNA isoacceptors.

1022 **(C)** Heatmap showing non-conversion rates of tRNA positions methylated in stoichiometry
1023 higher than 50% and of tRNA positions predicted to be targets of DNMT2 and NSUN6.

1024 **(D)** Site-specific methylation analysis by whole-transcriptome bisulfite sequencing. Scatter
1025 plot shows density of cytosines and their respective non-conversion rates in mRNAs of wild
1026 type and noNSUN strains.

1027 **(E)** Heatmap showing non-conversion rates of small non-coding RNA positions methylated in
1028 stoichiometry higher than 50%.

1029 Data information: In (A, B, C, D, E), n = 3 independent biological replicates.

1030

1031 **Figure 3. NSUN-4 is a dual tRNA/rRNA methyltransferase in *C. elegans*.**

1032 **(A)** RNA bisulfite sequencing map for mitochondrial tRNA Met-CAU in wild type (top) and
1033 noNSUN (bottom) strains. Each row represents one sequence read and each column one
1034 cytosine.

1035 **(B)** Percent identity matrix of human NSUN proteins according to the Clustal Omega multiple
1036 alignment tool.

1037 **(C, D)** Targeted bisulfite-sequencing heat map showing non-conversion rates of cytosines in
1038 mitochondrial tRNA Met-CAU (C) and mitochondrial 18S rRNA (D). Each row represents one
1039 genetic strain analysed and each column represents one cytosine.

1040 **(E)** Treefam phylogenetic tree based on sequence conservation of NSUN3 proteins in different
1041 model organisms. Bootstrap values are indicated on branches.

1042 Data information: In (A), a representative map of the replicates is shown, n = 3 independent
1043 biological replicates. In (C, D), the average of two experiments is plotted, n = 2 independent
1044 biological replicates, 10 clones sequenced per strain, per replicate. [Similar effects were
1045 observed in all replicates analysed.](#)

1046

1047 **Figure 4. Loss of m⁵C leads to a temperature-sensitive reproductive phenotype.**

1048 (A) Body length of individual *nsun* mutants throughout development (n = 44,7,7,7,8,8) in ~4
1049 hour windows. L1-L4 refers to the larval stages, YA and Ad to young adult and adult,
1050 respectively.

1051 (B) Size of mutant *nsun* strains at young adult and egg-laying stages. Approximately 100
1052 synchronised young adults of each strain were measured. Images were processed using custom
1053 algorithms to recognize *C. elegans* and measure their cross-sectional area.

1054 (C, D) Viable progeny counts of wild-type and *nsun* mutant strains at 20°C (C) and of wild-
1055 type and noNSUN strains at 20°C and 25°C (D). Automatic counting was done using a Matlab
1056 script which processed plate images in real-time.

1057 Data information: In (A), error bars indicate the 95% confidence interval of the median. In (C),
1058 data are presented as mean ± SEM, One-way ANOVA. In (D), data are presented as mean ±
1059 SEM, unpaired two-tailed Student's t-test.

1060

1061 **Figure 5. Loss of m⁵C impacts translation efficiency of leucine and proline codons.**

1062 (A) Fraction of polysomal ribosomes quantified from polysome profiles in the wild type and
1063 noNSUN strains subject to a 4 h heat shock at 27°C. ns = non-significant.

1064 (B) Heatmap showing P-site codon occupancy according to the colour scale at 20°C and 27°C.
1065 Red and blue refer to enhanced and reduced codon occupancy, respectively, in the noNSUN
1066 strain relative to wild type. Leucine and proline codons are marked in red.

1067 (C) Ribosome-protected fragment (RPF) counts in each sample plotted along *ife-1* and *pat-10*
1068 CDS. Vertical grey lines indicate UUG codons.

1069 (D) Translation efficiency of UUG-enriched, leucine-enriched, proline-enriched and random
1070 genes in each sample. A gene was considered enriched in a certain codon when the proportion
1071 of this codon in the gene was at least 3-fold higher than the proportion of the same codon across
1072 the transcriptome.

1073 Data information: In (A, B, C, D, E), n = 3 biological replicates. In (A), data are presented as
1074 mean ± SEM, unpaired two-tailed Student's t-test. In (D), boxplots show the median (central
1075 band) and IQR (boxes) ± 1.5 x IQR (whiskers), Welch's t-test, p-value < 0.05.

1076

1077

1078 **EXPANDED VIEW FIGURE LEGENDS**

1079

1080 **Figure EV1 | Related to Figure 2. Enzymatic specificity of NSUN proteins in *C. elegans*.**

1081 (A, B, C) Determination of enzymatic specificity of 26S rRNA C2381 (A), 26S rRNA C2982

1082 (B) and tRNA Leu-CAA C34 and C48 (C) methylation by targeted bisulfite-sequencing. Each
1083 column represents one cytosine in the sequence of interest; each line represents one clone
1084 sequenced. Enzymatic specificity of C2381 and C2982 in *C. elegans* has been independently
1085 demonstrated in other publications (Schosserer *et al*, 2015; Heissenberger *et al*, 2020).

1086

1087 **Figure EV2 | Related to Figure 2. Predicted secondary structures of m⁵C-methylated**
1088 **ncRNAs.** Red dot indicates the methylated position. Structures predicted by the Predict a
1089 Secondary Structure Web Server (David Mathews Lab, University of Rochester) as the lowest
1090 free energy structures generated using default data.

1091

1092 **Figure EV3 | Related to Figure 5. Differentially transcribed and translated genes upon**
1093 **loss of m⁵C at different temperatures. (A, B)** Heatmaps and gene ontology enrichment
1094 (biological process) analysis for the comparison between wild type and noNSUN samples.
1095 Panel (A) shows RNA-seq (scaled normalised expression) and panel (B) shows Ribo-seq
1096 (scaled normalised RPFs). Sets of significant non-redundant GO terms are clustered according
1097 to semantic similarity; size indicates the frequency of the GO term in the underlying database
1098 WT = wild type; n = 3 biological replicates.

1099

1100 **Figure EV4 | Related to Figure 5. Codon occupancy analyses.**

1101 **(A)** Fold change of P-site codon occupancy in noNSUN over wild type samples at 20°C and
1102 27°C. p-values for the fold change occupancy of each codon are indicated in a heatmap below
1103 the graph, where asterisks indicate statistical significance. n = 3 biological replicates.

1104 **(B)** Representative examples of UUG codon occupancy in different affected genes. Ribosome-
1105 protected fragment counts (RPF) plotted along the gene's CDS. Vertical grey lines indicate
1106 UUG codons. n = 3 biological replicates.

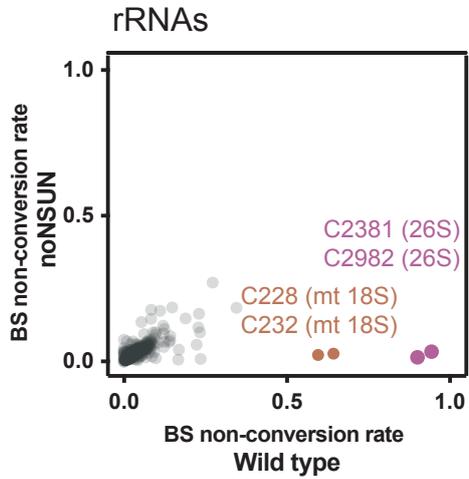
1107 Data information: In (A), p < 0.05, t-test.

1108

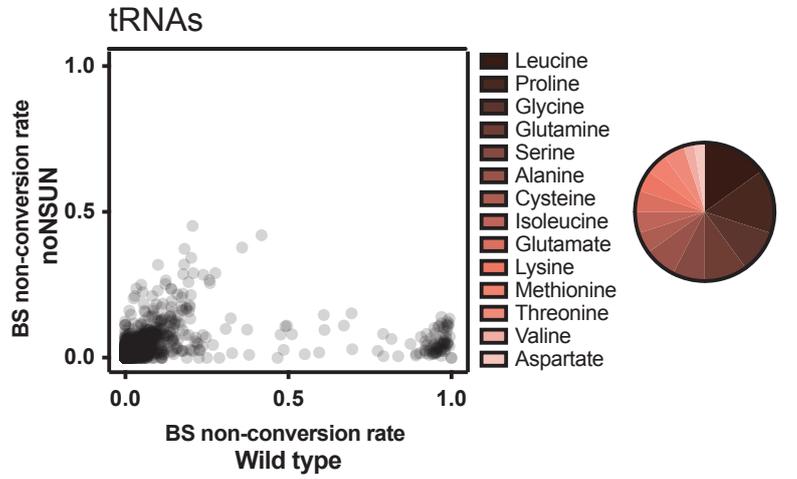
1109 **Figure EV5 | Related to Figure 5. Translation efficiency of leucine and proline-enriched**
1110 **transcripts.** Translation efficiency of genes with increasing enrichment for leucine (top) or
1111 proline codons (bottom). Boxplots show the median (central band) and IQR (boxes) ± 1.5 x
1112 IQR (whiskers). n = 3 biological replicates.

FIGURE 2

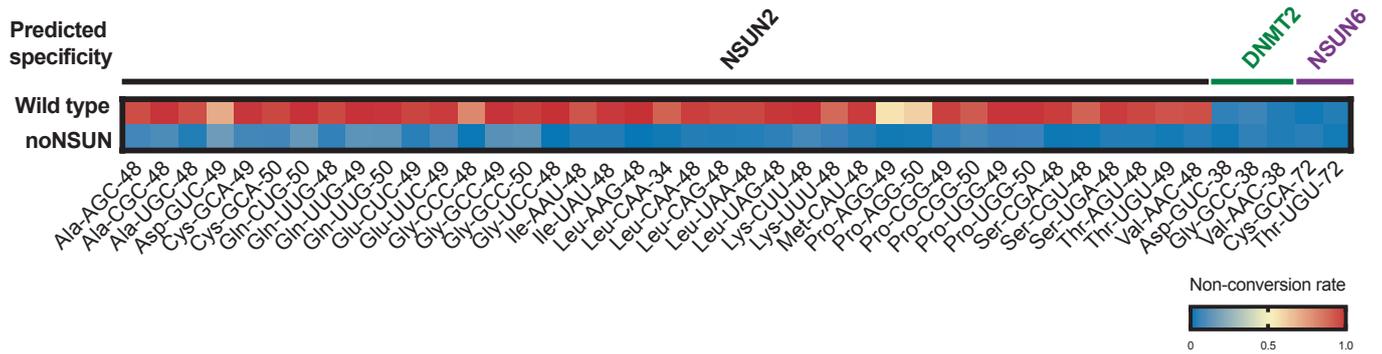
A



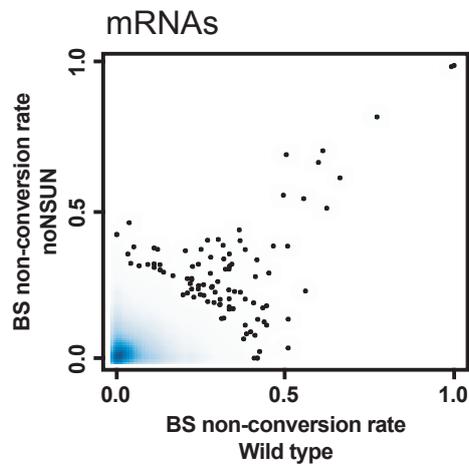
B



C



D



E

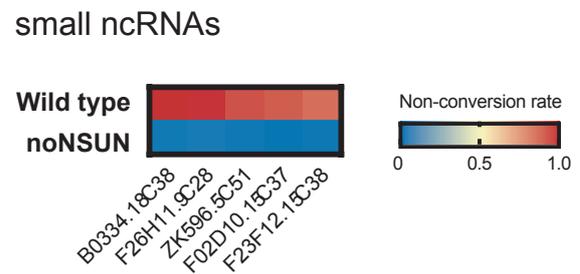


FIGURE 3

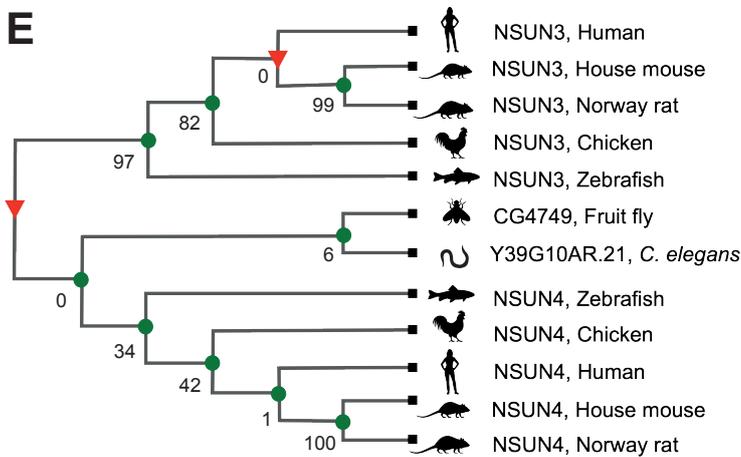
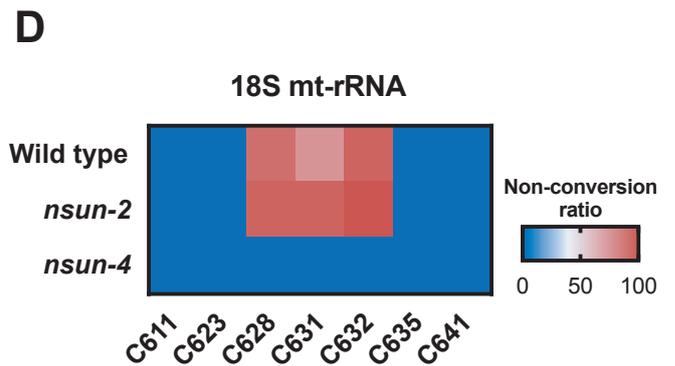
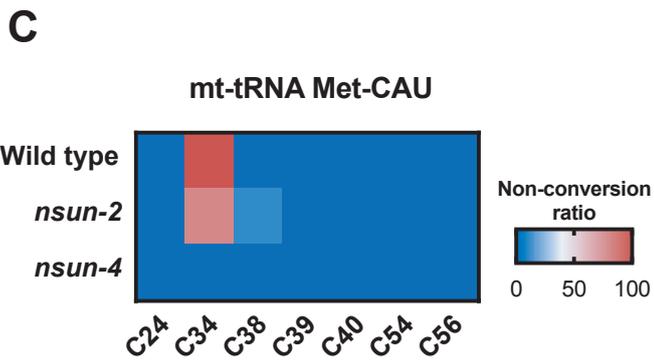
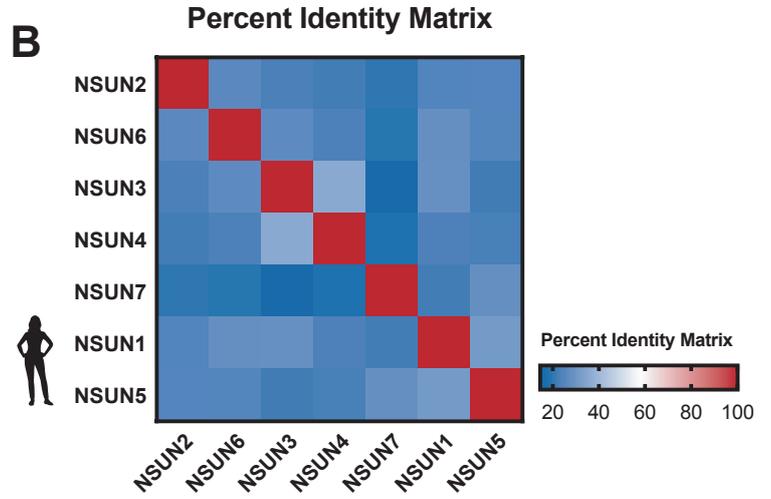
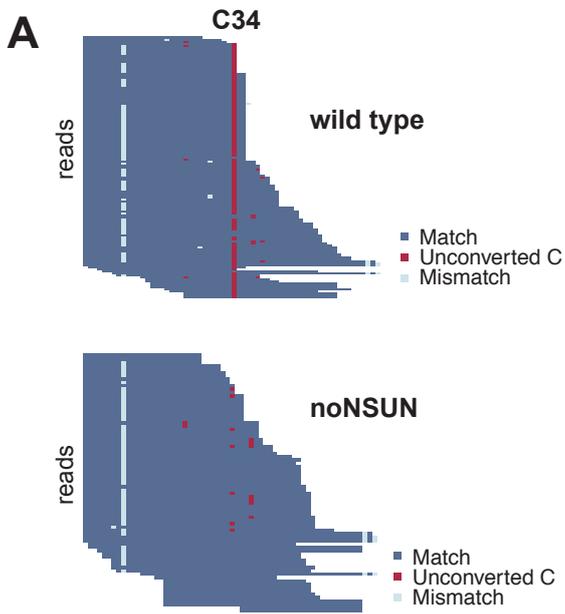


FIGURE 4

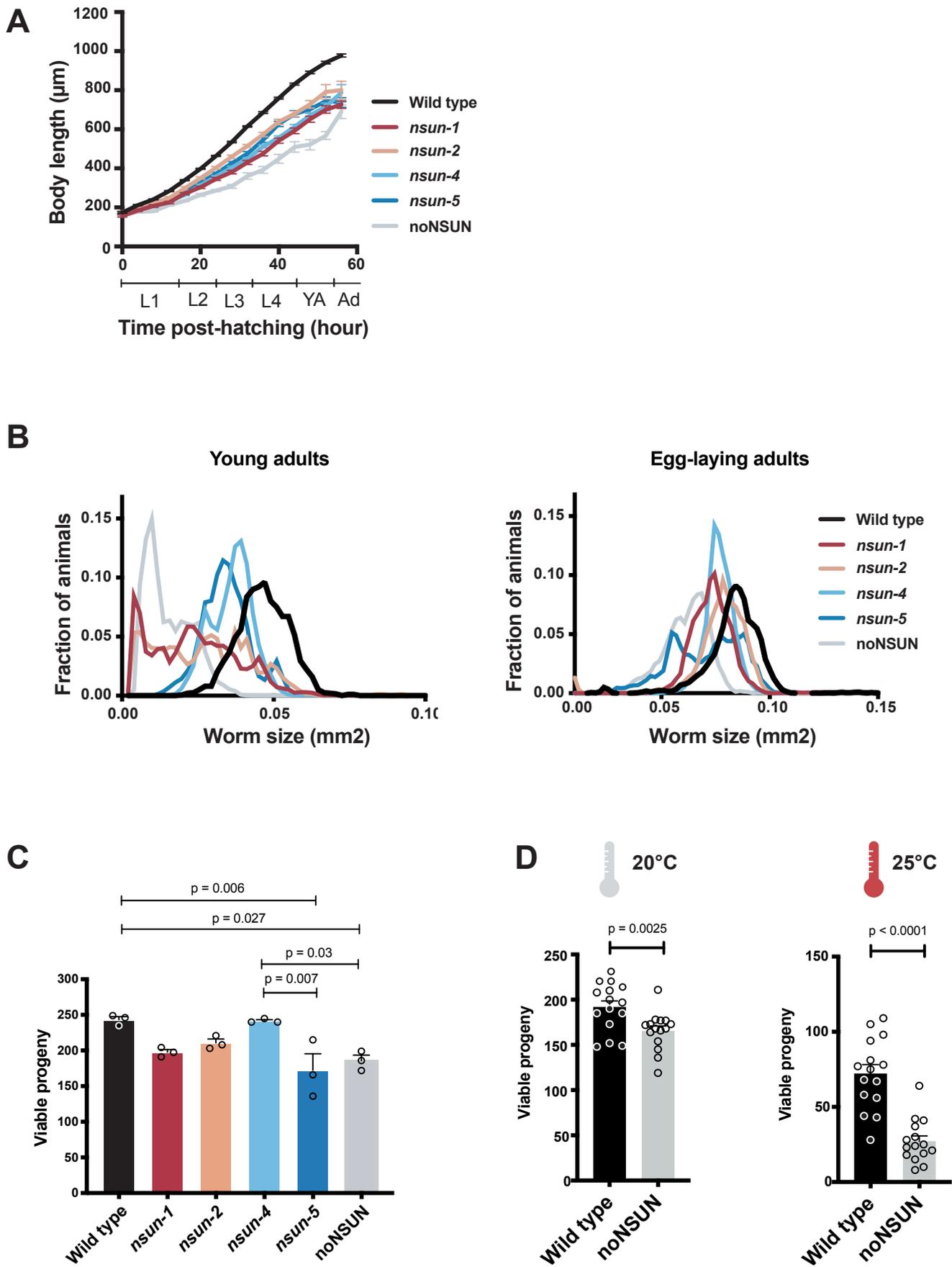
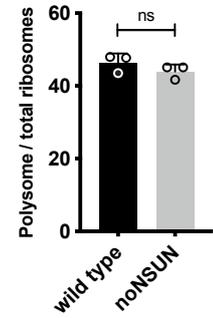
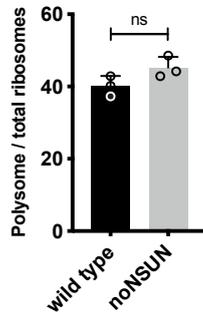


FIGURE 5

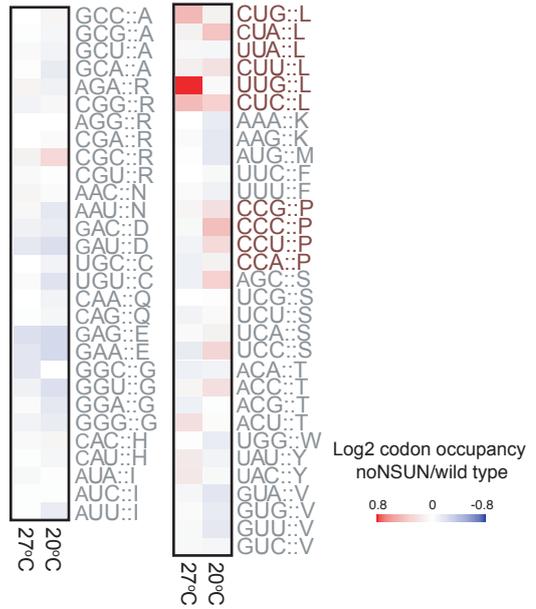
A 20°C



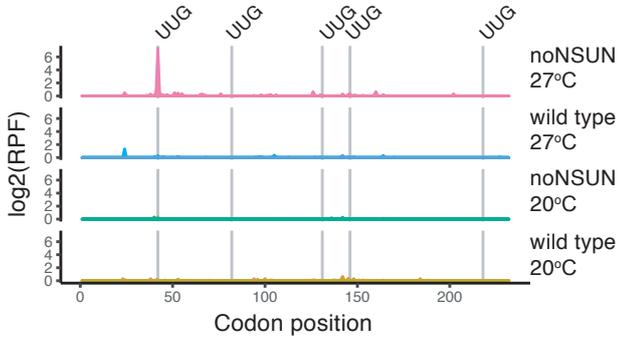
27°C



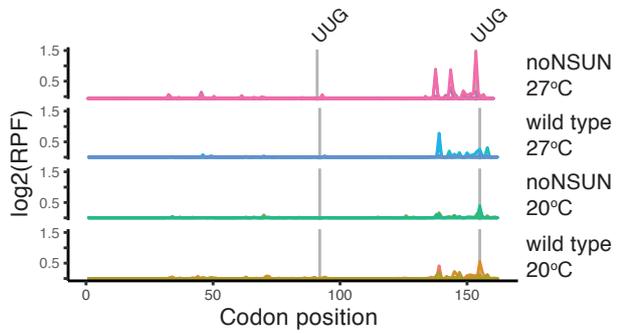
B



C *ife-1* CDS



pat-10 CDS



D

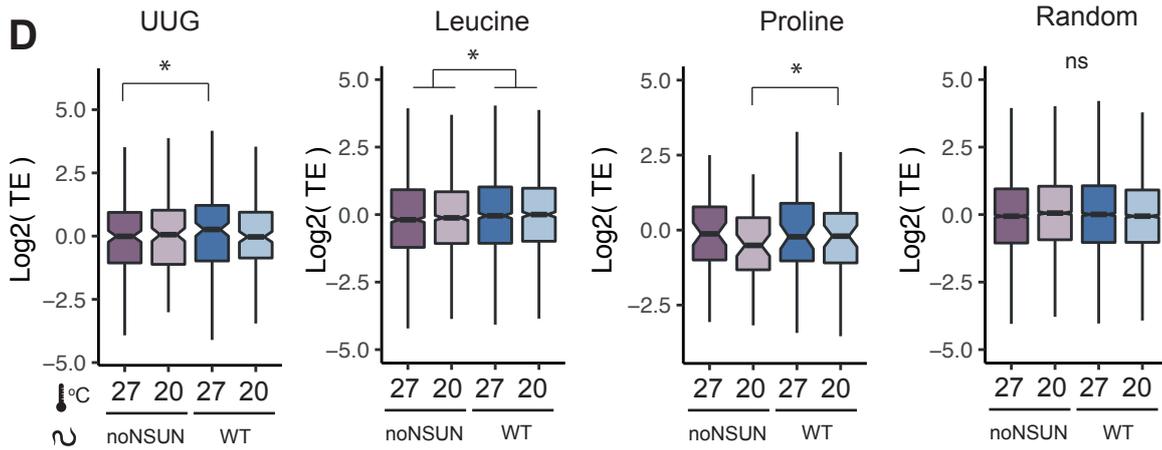
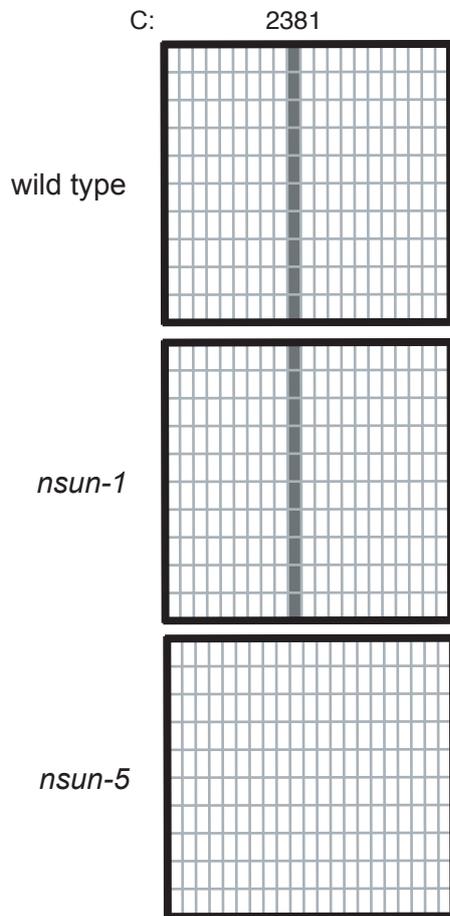
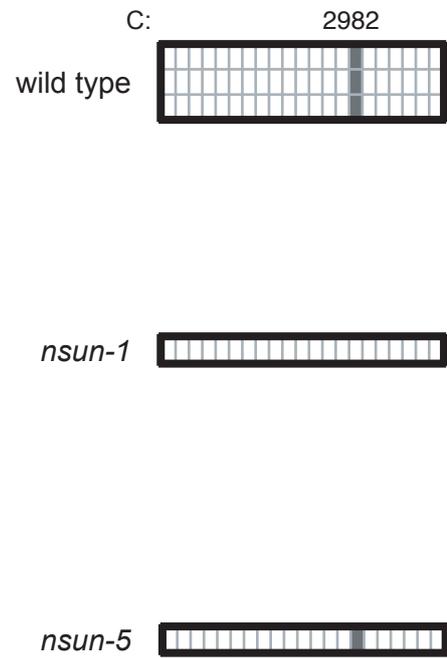


Figure EV1

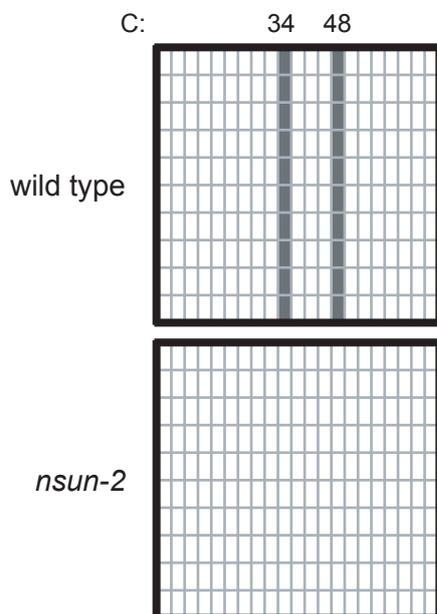
A 26S rRNA



B 26S rRNA



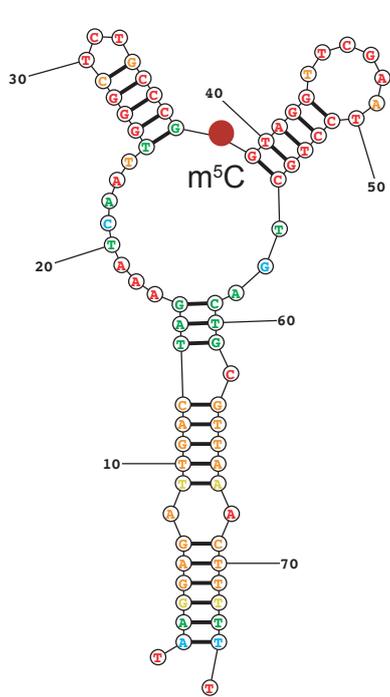
C tRNA Leu-CAA



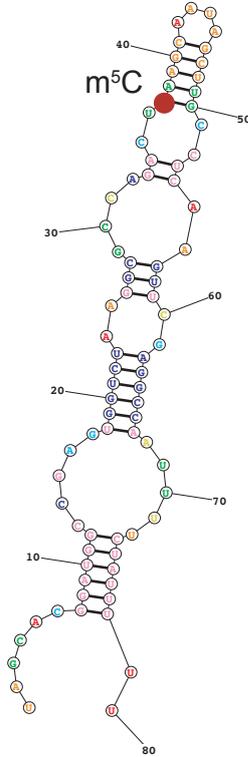
■ non-converted cytosine
□ converted cytosine

FIGURE EV2

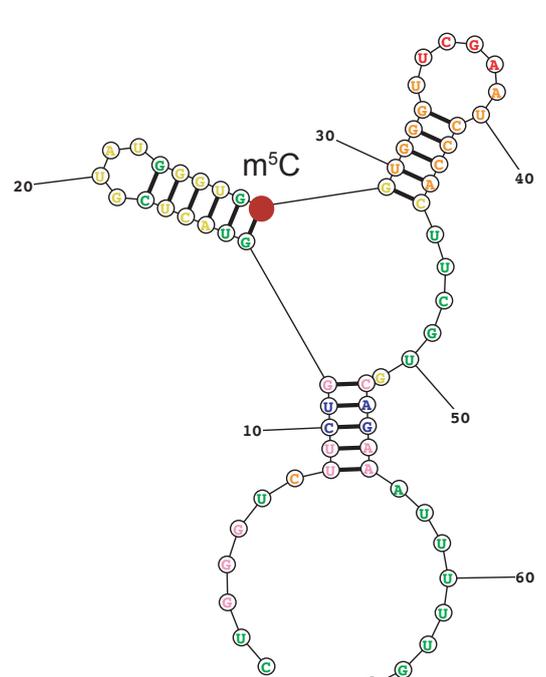
B0334.18
 ΔG° -18.2



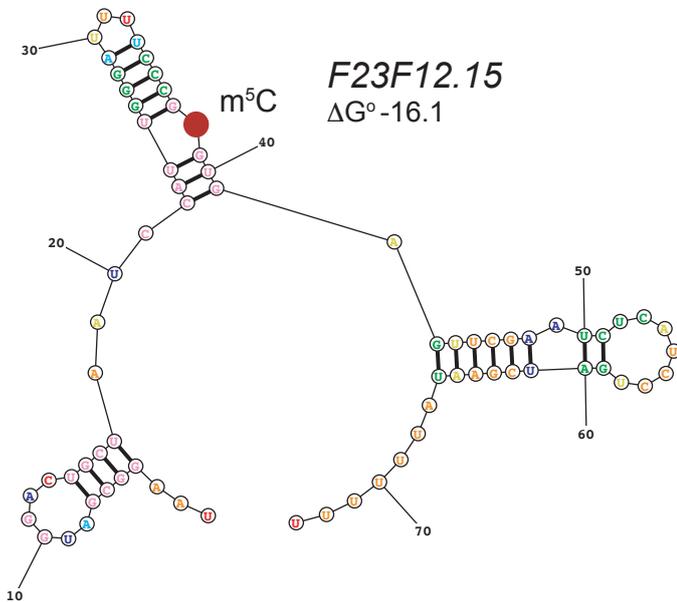
F02D10.15
 ΔG° -19.3



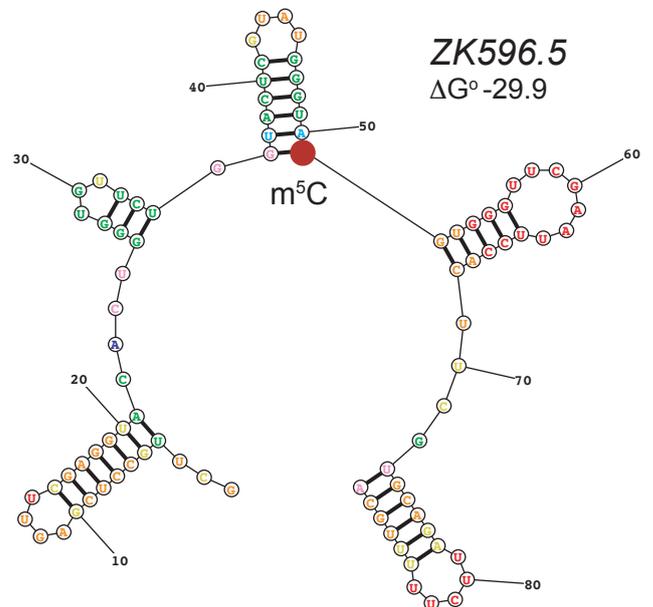
F26H11.9
 ΔG° -16.7



F23F12.15
 ΔG° -16.1



ZK596.5
 ΔG° -29.9



Probability >= 99%
 99% > Probability >= 95%
 95% > Probability >= 90%
 90% > Probability >= 80%
 80% > Probability >= 70%
 70% > Probability >= 60%
 60% > Probability >= 50%
 50% > Probability

FIGURE EV3

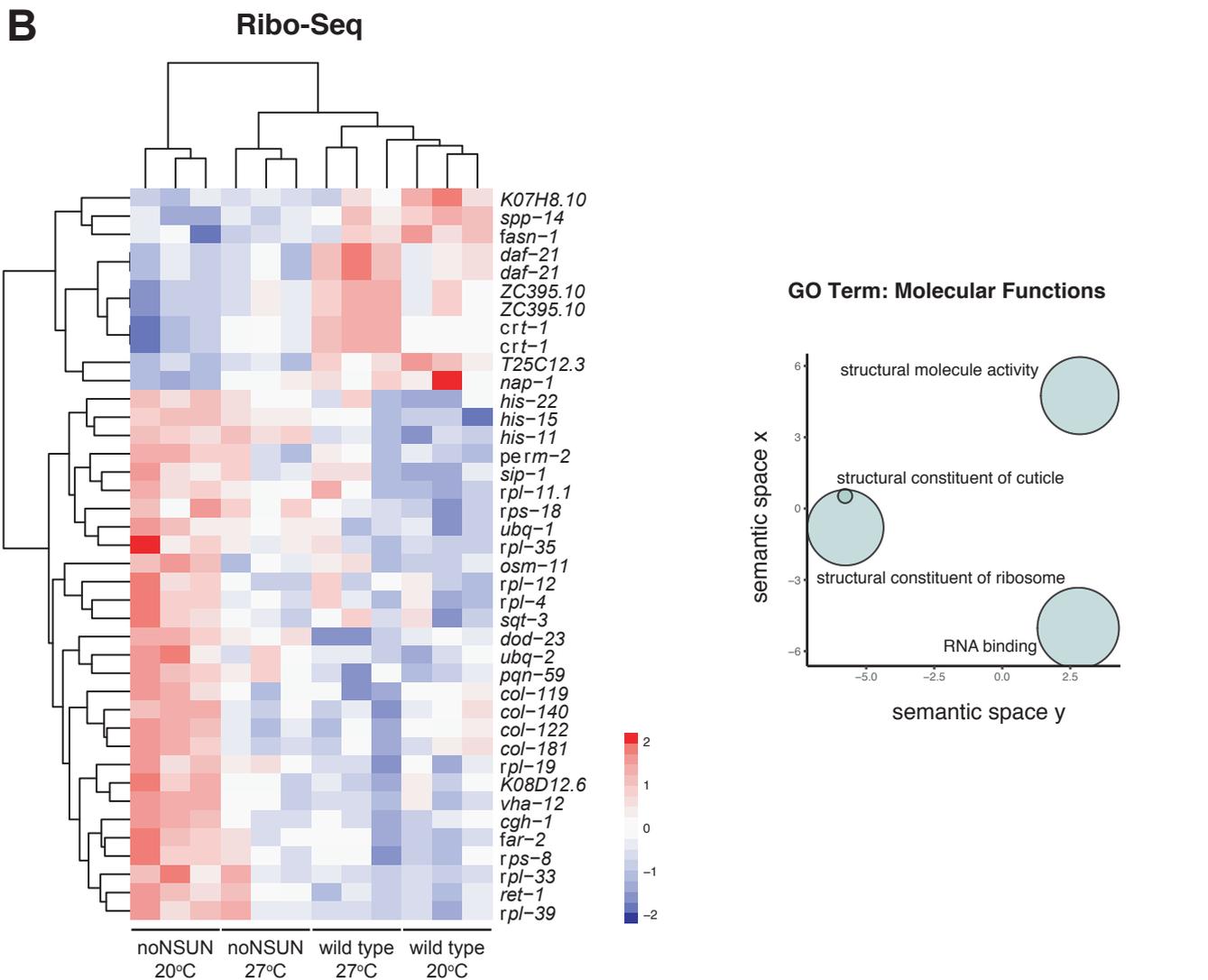
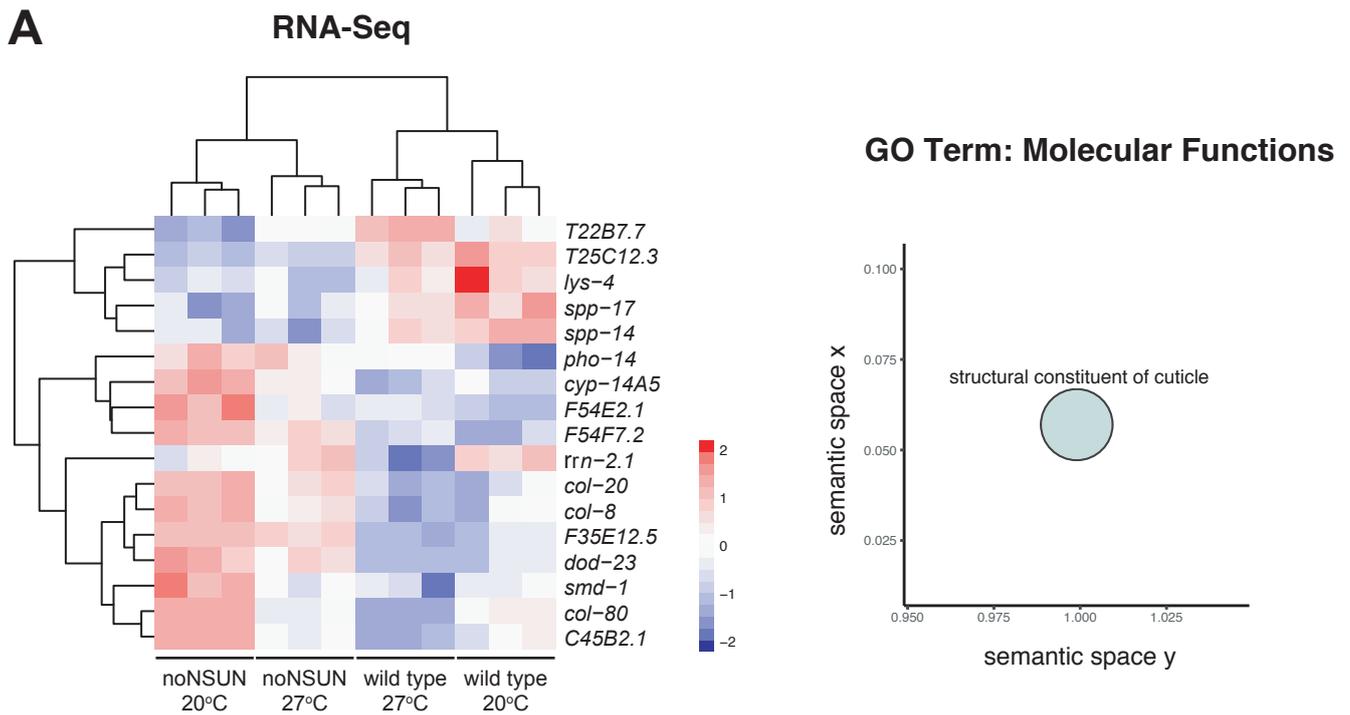
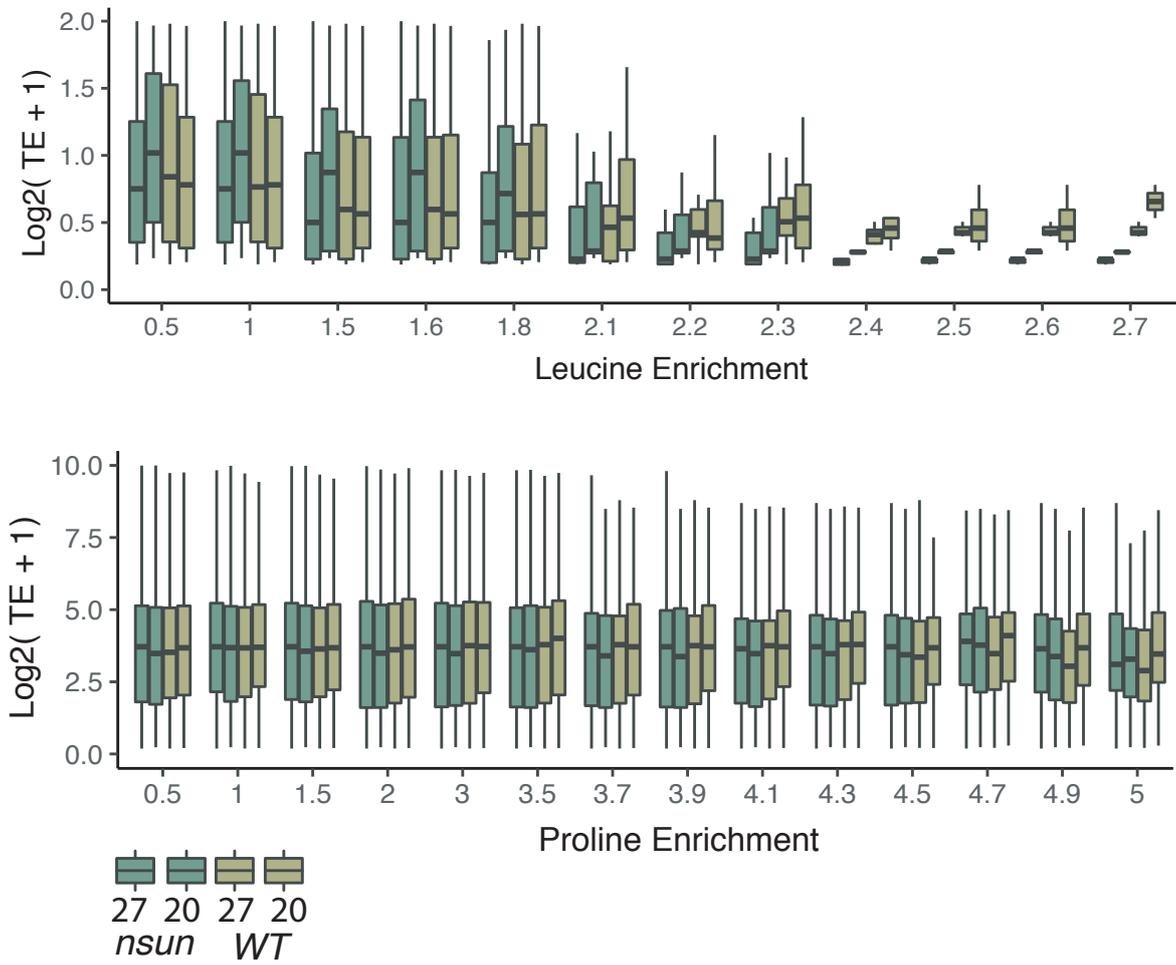


FIGURE EV5



Appendix

Navarro et al., Translational adaption to heat stress is mediated by RNA 5-methylcytosine in *Caenorhabditis elegans*

Contents:

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FIGURE S1

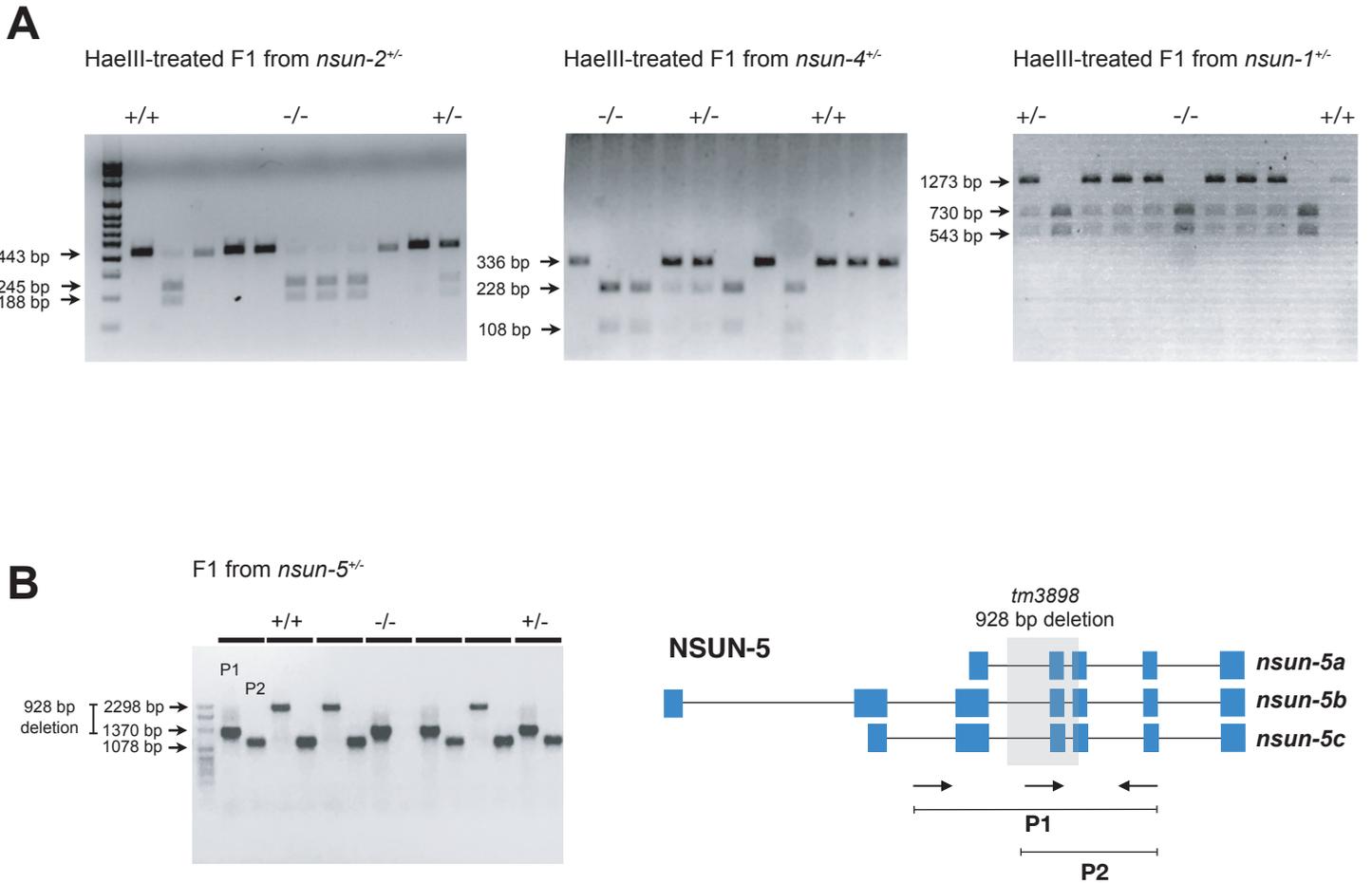


Figure S1 | Related to Figure 1. Genotyping of *nsun* mutants.

(A) HaeIII-treated DNA agarose gel showing genotypes of F1 individuals from heterozygous *nsun-1*, *nsun-2* and *nsun-4* mutants.
 (B) DNA agarose gel showing genotypes of F1 individuals from a heterozygous *nsun-5* mutant; diagram showing primers used for genotyping of *nsun-5* mutation.

FIGURE S2

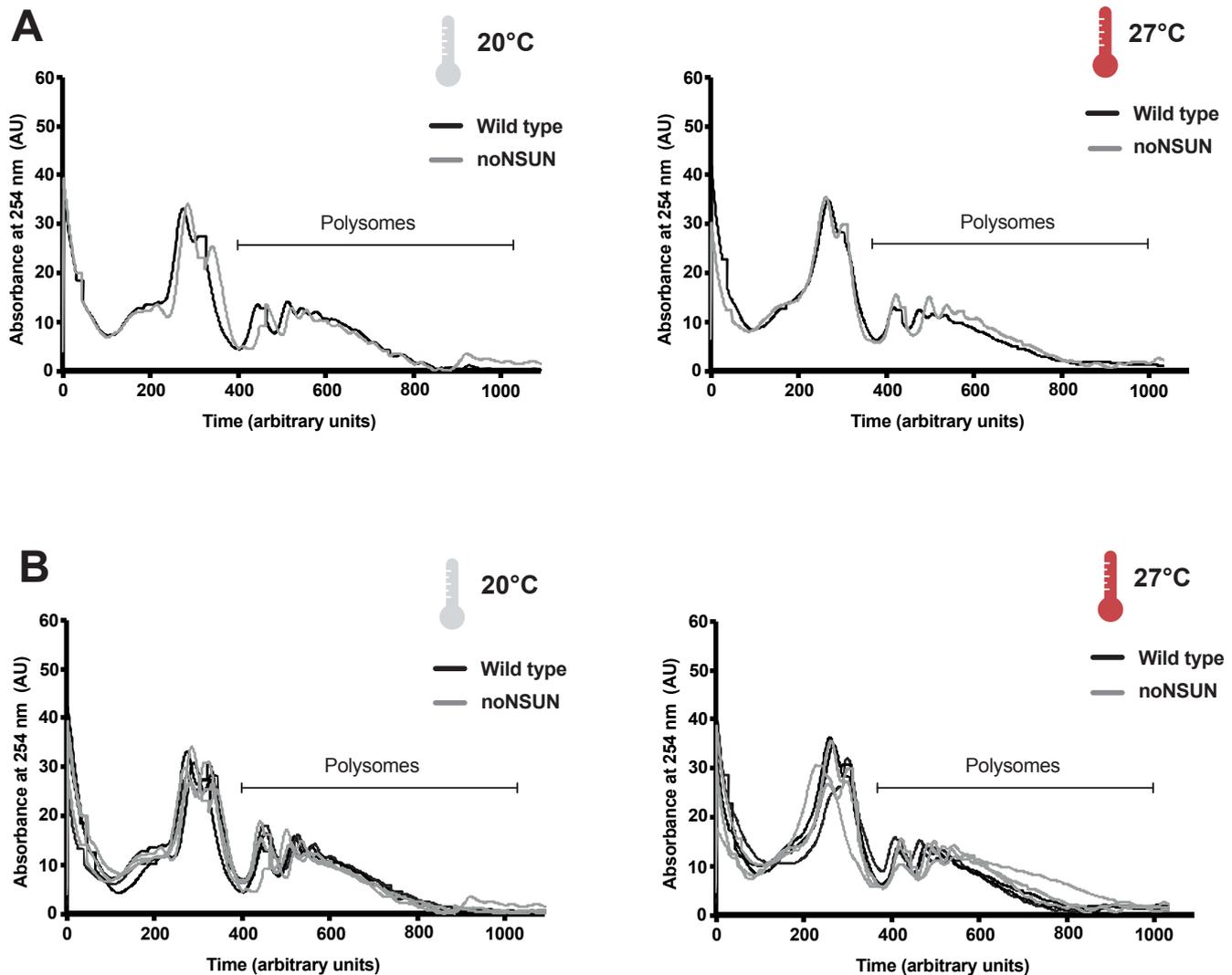


Figure S2 | Related to Figure 5A. Polysome profiles of wild type and noNSUN animals subjected or not to a heat shock at 27°C

(A) Representative polysome profiles of wild type and noNSUN strains at 20°C (left) and 27°C (right). Graphs normalised by the total area under the curve.

(B) Polysome profiles of wild type and noNSUN strains at 20°C (left) and 27°C (right) in triplicates. Graphs normalised by the total area under the curve.

Data information: n = 3 biological replicates.

FIGURE S3

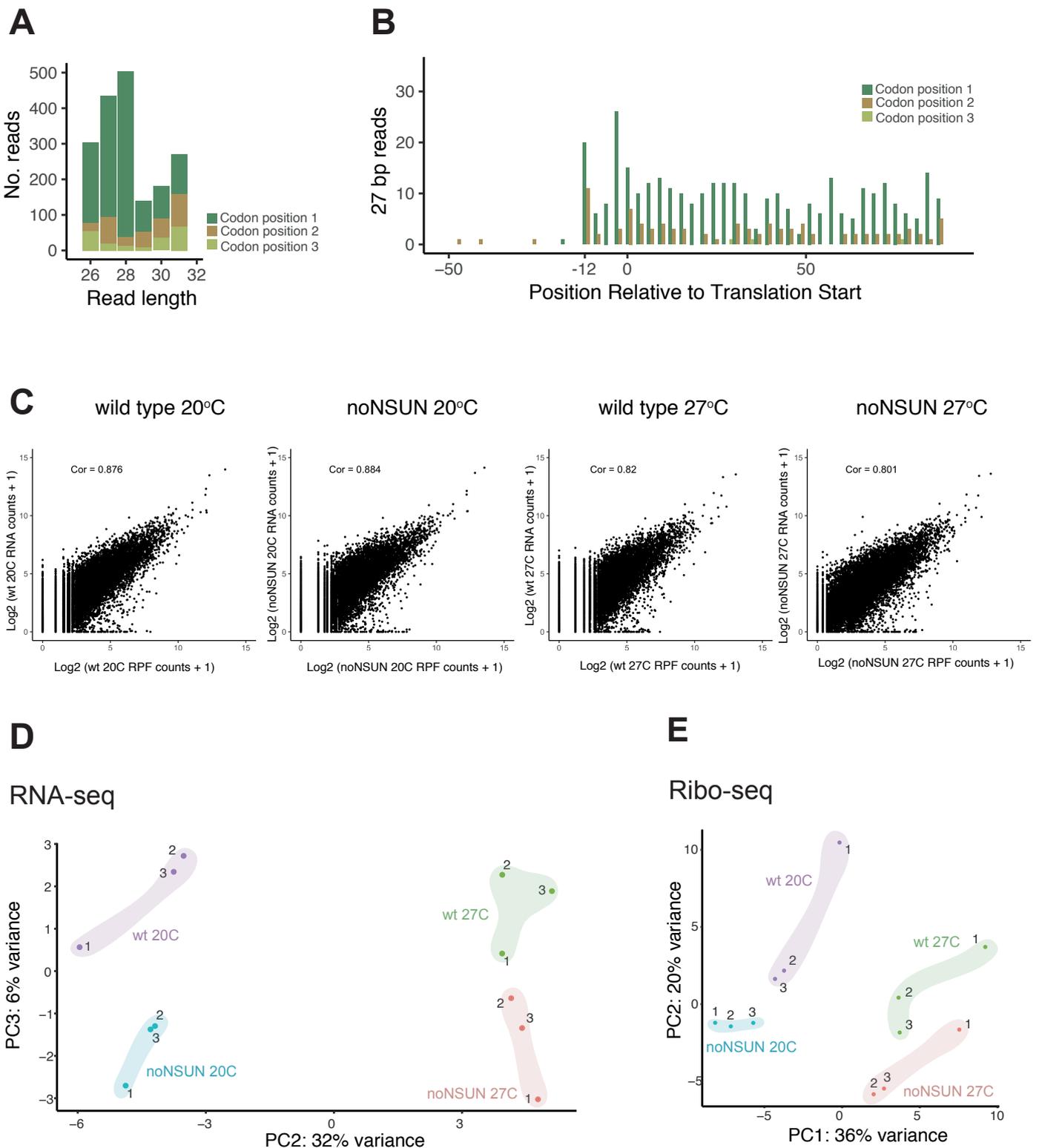


Figure S3 | Related to Figure 5. Quality assessment of ribosome profiling data.

(A) Number of reads aligning to the CDS in each frame after length stratification. The frame of the 5' nucleotide is shown.

(B) Representative meta-gene plot for 27 bp reads showing 3-nt periodicity. Number of reads for each codon position coloured according to the frame of their 5' base relative to the CDS.

(C) Scatter plots showing the correlation between transcripts and footprints abundance for each gene at the indicated samples. Pearson correlation coefficient (r) is shown.

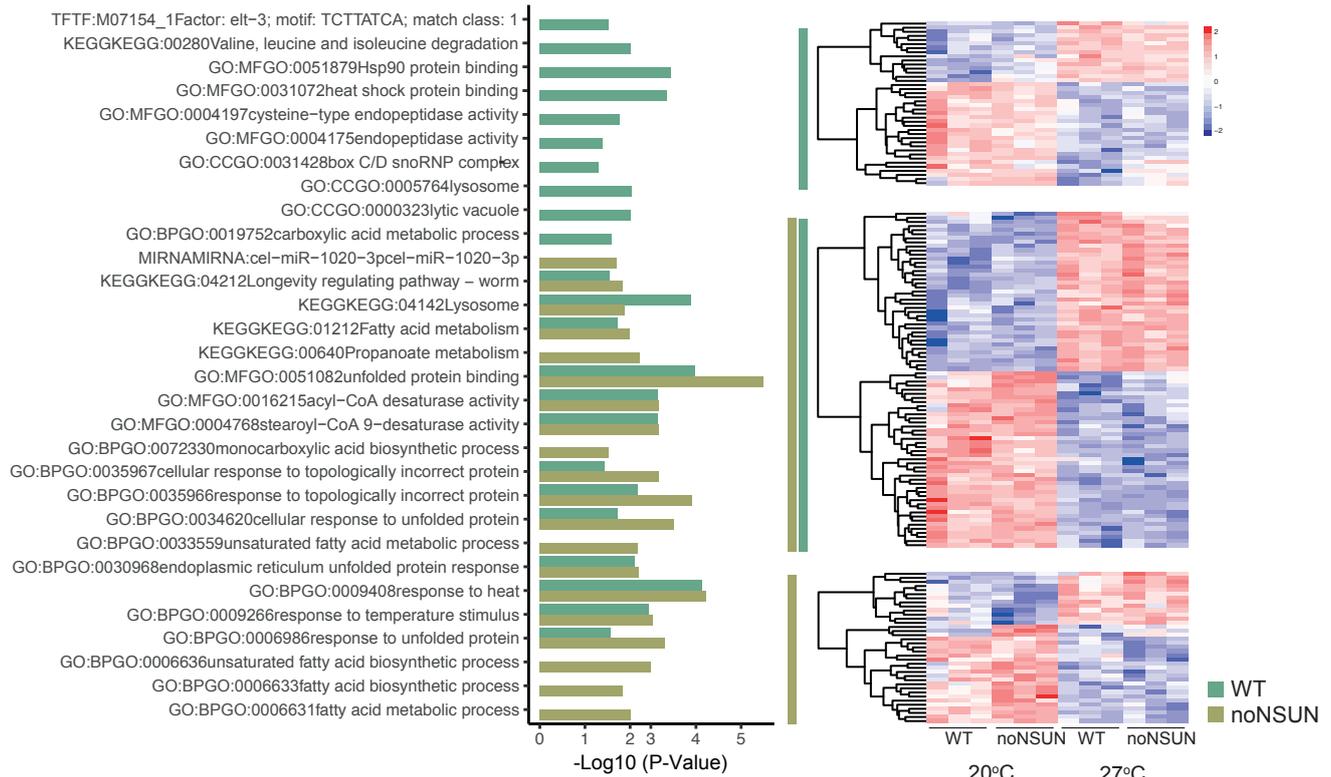
(D) PCA plot of RNA-seq counts for the 2000 genes with the highest variance.

(E) PCA plot of Ribo-seq counts for the 2000 genes with the highest variance.

Data information: $n = 3$ biological replicates.

FIGURE S4

A RNA-Seq



B Ribo-Seq

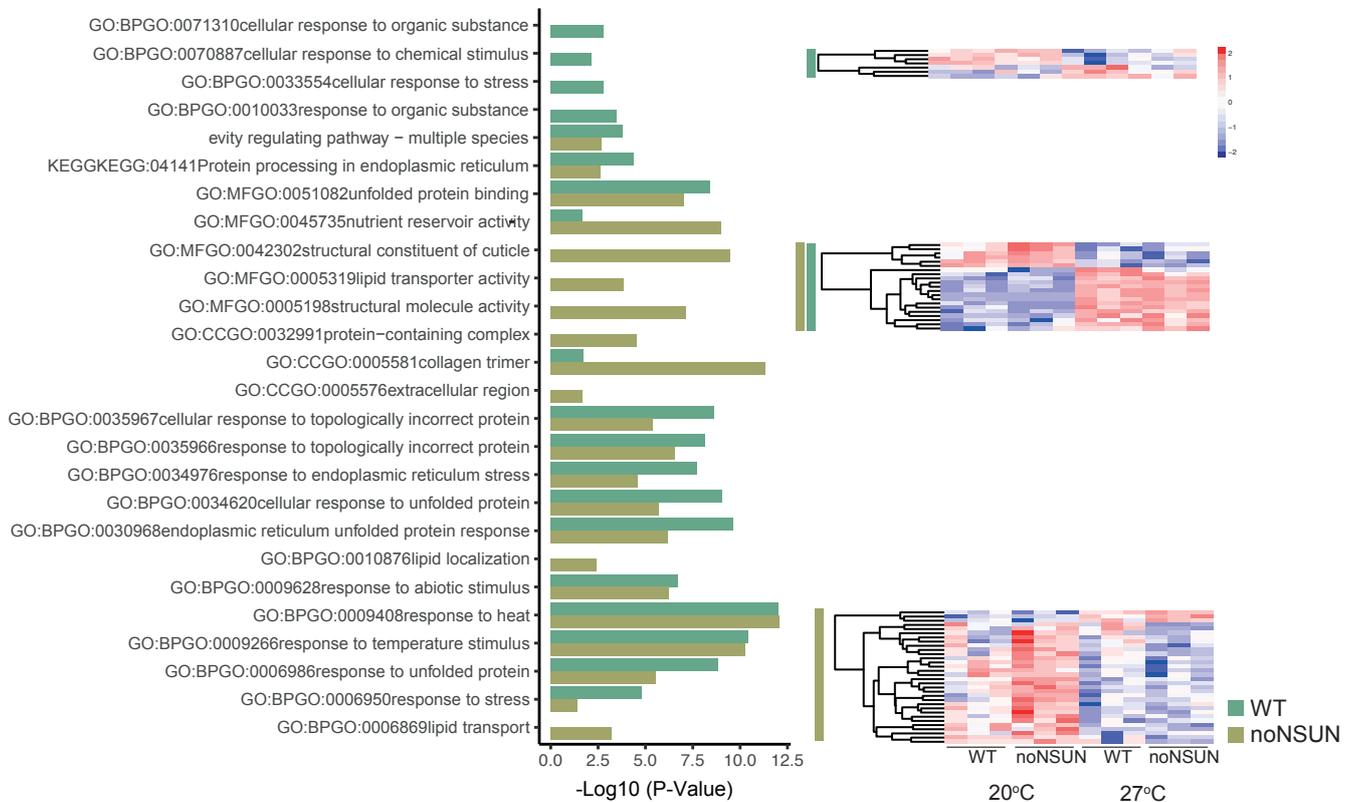


Figure S4 | Related to Figure 5. Differentially transcribed and translated genes in wild type and noNSUN strains upon heat shock. (A, B) Heatmaps and gene ontology enrichment (biological process) analysis for the comparison between 20°C and 27°C in the wild type and noNSUN samples. (A) shows RNA-seq (scaled normalised expression) and (B) shows Ribo-seq (scaled normalised RPFs). Data information: n = 3 biological replicates. WT = wild type.