May All Good Things Gather Here
Life, Religion, and Marriage in a Mi nyag Tibetan Village

by
Bkra shis bzang po

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Cover: The Bkra shis rgyas circle dance concludes the annual New Year celebrations in Bang smad Village (Bkra shis bzang po, January 2010).

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The images in this book include sacred images of gtor ma, bla ma, and mountain deities and should be treated respectfully.
ABOUT THE AUTHOR

Bkra shis bzang po is Tibetan and was born in 1988 in a farming community in Bang smad (Bomei) Village, Bang smad Township, Nyag rong (Xinlong) County, Dkar mdzes (Ganzi) Tibetan Autonomous Prefecture, Si khron (Sichuan) Province, China. He began learning Tibetan, Chinese, and arithmetic at Bang smad Primary School in 1995. After completing primary school in 2000, he stopped attending school and stayed at home to do housework and care for his three younger sisters. In 2002, he enrolled in Nyag rong County Junior Middle School in Nyag rong County Town. This school has three years of junior middle school classes and primary school grades four, five, and six. He enrolled in primary school grade five and in 2007, completed all junior middle school classes. He then attended the English Training Program for Tibetan students at Qinghai Normal University beginning in September 2007 where he studied English, Tibetan, Chinese, and arithmetic.

In 2009, he began researching and collecting examples of local Mi nyag culture in his home area, supported by funds from the World Oral Literature Project and private donors. Examples of the materials collected by Bkra shis bzang po discussed in this book may be found online at:

www.oralliterature.org/collections/bkrashis001.htm

and

www.archive.org/details/Minyangtibetanculturalmaterialsfrombangsmadtownshipnyagrongcounty.
CONSULTANTS

A chos Ñåñû (b. 1968) is the best female dancer in Bang smad Village and is always a dance leader. Her father was considered a very good dancer in Bang smad Village. Both her parents taught her how to dance.

A lca Ñåñû (b. 1949-2011) was born in a ri na Village family that has had several reincarnated bla ma. He was a renowned orator and frequently invited by other villages on occasions when speeches were required. He knew many dance songs and provided a wedding speech and dance songs.

A rga Ñåñû (b. 1951) was born in a traditional leader's family. She had ten children. Her first language is Nyag skad – she finds it difficult to communicate in Mi nyag.

Bstan 'dzin Ñåñû (b. 1953) is illiterate and the father of five daughters and one son. He organized weddings for five of his children and has rich experience with weddings. He was the only person in Bang smad Village who could give a complete traditional wedding speech in 2010.

Dpal bzang Ñåñû (b. 1938) served as village leader for about three years.

O rgyan dbang phyug Ñåñû (b. 1957) has some competency in reading Tibetan. He injured his leg while collecting wood on a mountain in 2009. He is gifted at making jokes and dancing and is always the dance leader during celebrations. He has two wives, one in the village pasture and one in the agricultural village.

Rdo rje rgyal mtshan Ñåñû (b. 1945) is a bla ma at Mtsho kha Monastery. He began studying Tibetan in 1953 with his uncle and, after several years, studied medicine with
Tibetan monastic doctors. He provided information on religion, folk beliefs, and village history.

Tshe dbang ཀྲེང་དབང་ (b. 1940) served as the village leader in Bang smad Village for three years and worked as an accountant in the local township office for five years. He reads and writes Tibetan.

Tshe 'dzin sgrol ma ང་འཛིན་གློ་མ་ (b. 1964) attended primary school in ri na Village and attended junior middle school. She has some competency in reading Chinese. She learned many folktales from her mother.
ACKNOWLEDGEMENTS

I thank Uncle Rdo rje rgyal mtshan for encouraging me to complete this book and answering hundreds of questions.

I also thank Bdun 'dul rdo rje, Rin chen rdo rje, Jonas Crimm, Phag mo tshe brtan, Dpal lo, 'Phags pa skyabs, Nag ru bkra shis skyabs, and Tshe dbang rdo rje.
NOTE ON NON-ENGLISH WORDS

This text includes items from Mi nyag (a little-described Sino-Tibetan language), Tibetan, Chinese, and English. Mi nyag lexical items are transcribed using the International Phonetic Alphabet (IPA). Tibetan is transliterated according to the Wylie system, and Tibetan script is given for songs and speeches. Chinese is written in pinyin. A non-English word list appears at the back of the book. Village and other place names written in Mi nyag appear without capitalization, e.g. ri na Village.
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tcʰe mgo tcʰu poŋ, tcʰu mgo tcʰe poŋ 'Exchanging a wife' <185>
ni or ca sa tcʰoŋ tʰu 'An Agreement Party' <185>
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PART ONE

INTRODUCTION TO BANG SMAD VILLAGE
LOCATION

Bang smad Village is located on the eastern bank of the Nyag chu (Yalong) River in Bang smad Township, approximately thirty-five kilometers southwest of Nyag rong County Town,¹ Dkar mdze Tibetan Autonomous Prefecture, Si khron Province, China. Nyag rong County is one of the eighteen counties of Dkar mdzes Prefecture, which are listed below:

Figure One: Dkar mdzes Autonomous Prefecture's Counties

<table>
<thead>
<tr>
<th>Tibetan</th>
<th>Chinese</th>
</tr>
</thead>
<tbody>
<tr>
<td>'Ba' thang</td>
<td>Batang</td>
</tr>
<tr>
<td>'Dab pa</td>
<td>Daocheng</td>
</tr>
<tr>
<td>Brag 'go</td>
<td>Luhuo</td>
</tr>
<tr>
<td>Brgyad zur</td>
<td>Jiulong</td>
</tr>
<tr>
<td>Dar rtse mdo</td>
<td>Kangding</td>
</tr>
<tr>
<td>Dkar mdzes</td>
<td>Ganzi</td>
</tr>
<tr>
<td>Dpal yul</td>
<td>Baiyu</td>
</tr>
<tr>
<td>Gser rta</td>
<td>Seda</td>
</tr>
<tr>
<td>Lcags zam kha</td>
<td>Luding</td>
</tr>
<tr>
<td>Li thang</td>
<td>Litang</td>
</tr>
<tr>
<td>Nyag chu kha</td>
<td>Yajiang</td>
</tr>
<tr>
<td>Nyag rong</td>
<td>Xinlong</td>
</tr>
<tr>
<td>Phyag phreng</td>
<td>Xiangcheng</td>
</tr>
<tr>
<td>Rong brag</td>
<td>Danba</td>
</tr>
<tr>
<td>Rta'u</td>
<td>Daofu</td>
</tr>
<tr>
<td>Sde dge</td>
<td>Dege</td>
</tr>
<tr>
<td>Sde rong</td>
<td>Derong</td>
</tr>
<tr>
<td>Ser shul</td>
<td>Shiqu</td>
</tr>
</tbody>
</table>

¹ Officially called Rulong Town (zhen) but locally called Nyag rong. Nyag rong County Town is administratively in the county's Hedong District.
Bang smad Township

Nyag rong County is divided into Hedong, Hexi, Shangzhan, and Xiazhan districts. Bang smad is located in southern part Hedong, near Hexi's eastern border. The Nyag chu River flows north to south through the county.

Bang smad Township was divided into twelve administrative villages from 1975 to 1987. As Figure Two shows, the government-designated names of these villages differs from the Mi nyag names.

Figure Two: Bang smad Township's twelve administrative villages.

<table>
<thead>
<tr>
<th>Mi nyag</th>
<th>Tibetan</th>
<th>Chinese</th>
<th>pinyin</th>
</tr>
</thead>
<tbody>
<tr>
<td>boŋ mi</td>
<td>Bang smad</td>
<td>博美</td>
<td>Bomei</td>
</tr>
<tr>
<td>goŋ kɔ</td>
<td>Gang khung</td>
<td>供科</td>
<td>Gongke</td>
</tr>
<tr>
<td>kʰa loŋ</td>
<td>Kha lung</td>
<td>卡鲁</td>
<td>Kalu</td>
</tr>
<tr>
<td>la γə</td>
<td>Klag pa</td>
<td>拉巴</td>
<td>Laba</td>
</tr>
<tr>
<td>la kʰu</td>
<td>La kha</td>
<td>拉卡</td>
<td>Laka</td>
</tr>
<tr>
<td>me ba</td>
<td>Smad pa</td>
<td>麦巴</td>
<td>Maiba</td>
</tr>
<tr>
<td>pʒ lu</td>
<td>Bang blo</td>
<td>波洛</td>
<td>Boluo</td>
</tr>
<tr>
<td>ri na</td>
<td>Ri sne</td>
<td>仁勒</td>
<td>Renle</td>
</tr>
<tr>
<td>rŋa koŋ</td>
<td>Rnga rkang</td>
<td>阿古</td>
<td>Agu</td>
</tr>
<tr>
<td>xoŋ ti</td>
<td>Stong ra</td>
<td>杜拉</td>
<td>Dula</td>
</tr>
<tr>
<td>te ba</td>
<td>Stod pa</td>
<td>德巴</td>
<td>Deba</td>
</tr>
<tr>
<td>va rə</td>
<td>Rba ru</td>
<td>瓦日</td>
<td>Wari</td>
</tr>
</tbody>
</table>

Most of these villages are connected by the Yaxin Road\(^2\) that parallels the Nyag chu River. About one hour is needed to ride a motorcycle from Bang smad's northernmost village of la xʰe to the southernmost village of tʒ rʒ.

\(^2\) The name is an abbreviation of Yajiang (to) Xinlong. This road runs from Dkar mdzes County to the north, southeast through Nyag rong County to Nyag chu kha County.

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Mi nyag-Speaking Villages and Khams Tibetan

Residents of the four northernmost villages of Bang smad Township – va ŋa, la kʰu, la xʰe, də tʰaw, 槁 di, la γa, ₵a wa, and wa tʰu – speak Khams Tibetan, locally referred to as Nyag skad, while the other eleven villages speak Mi nyag. West of the river is Ma red Township whose residents speak Nyag skad.

Mi nyag-speaking communities are also found immediately south of Bang smad Township on the eastern bank of the Nyag chu River. Yangs la gshis (fifty-one kilometers south of Bang smad Township) and Man chen townships (twenty-nine kilometers north of Bang smad Township) have villages where the most commonly used language is Mi nyag. According to the Xinlong County Gazetteer (1992, 370):

Villages located in Shangzhan preserve the Mi nyag names of places, mountains, and villages, but there is already no one who can speak Mi nyag. Only a few elderly people speak Mi nyag in Guri, Jialaxi, and Maxi villages in Heping Township.

Most villages in Bang smad Township are located at the feet of mountains on the valley floor at the confluence of the Nyag chu River and its tributaries. Sometimes two villages may lie on opposite sides of a tributary valley,³ while certain valleys have only a single village. Three villages (the Mi nyag-speaking kʰa loŋ and the Nyag skad speaking va ŋa and la kʰu) are unique in being located atop mountains rather than in the valleys of the Nyag chu River and its tributaries.

The first Mi nyag-speaking village of northern Bang

³ For example, rŋa koŋ and boŋ tʰa lie on opposite sides of rŋa koŋ Valley.
smad is te ba, located on an alluvial fan on the east bank of the Nyag chu River. The village is south of the second tributary south of the southernmost Khams-speaking village of la ḗa. The administrative village of ḗdzⱽ woŋ is divided into three hamlets: te ba, meaning upper; me ba, meaning lower (both midway up the mountain); and ḗa ba, which is situated at the foot of the mountain, near the Nyag chu River. There are twenty-six households in te ba, thirty-six households in me ba, and four households in ḗa ba. Residents of ḗdzⱽ woŋ speak Mi nyag with many Nyag skad loanwords, however, residents born before 1960 speak Mi nyag with many fewer Nyag skad loanwords. Some households are monolingual in Nyag skad. Villagers from te ba worship at the Rnying ma Rnga rnga Monastery, located between wa tʰu and te ba. Villagers from me ba and ḗa ba worship at the Klu ’bum Bon Monastery. A single Nyag skad-speaking household northeast of ḗdzⱽ woŋ Village is located atop a mountain and is referred to by the family name sʰa la.

Half an hour's walk south of ḗdzⱽ woŋ is boŋ tʰa, which is both an administrative village and a hamlet located north of rña koŋ Valley. boŋ tʰa has approximately ten households living along the middle and lower slopes of the mountain that rises above an unnamed tributary of the Nyag chu River. The Mi nyag spoken in boŋ tʰa uses fewer Nyag skad loanwords than villages to the south. boŋ tʰa is also home to the Rnying ma Rnga rkaṅ Monastery.

On the south side of rña koŋ Valley is rña koŋ Hamlet and administrative village. Houses are clustered close together at an altitude slightly lower than that of boŋ tʰa. The Mi nyag spoken in rña koŋ is identical to that spoken in boŋ tʰa; the households of the two villages at lowest elevation are separated only by the stream at the valley bottom, which is upstream from boŋ tʰa and rña koŋ, a

---

4 The monastery is named Klu ’bum after the hamlet.
nunnery in ṛṇa koṇ Village.

kʰa lōŋ is an administrative village composed of kʰa lōŋ, ṛṇa nda, and ṛaw dzaw hamlets. kʰa lōŋ Hamlet, with thirteen households, is approximately an hour's walk uphill from ṛṇa koṇ Village. ṛṇa nda is located mid-slope on the north side of ṛṇa nda Valley, which is south of kʰa lōŋ Hamlet. ṛṇa nda has only two households.

The single household of ṛaw dzaw is atop a mountain south of kʰa lōŋ, about an hour's walk from kʰa lōŋ.

Bang smad Valley is south of ṛaw dzaw. Bang smad Village lies west of a mountain at the confluence of an unnamed stream that flows along Bang smad Valley and the Nyag chu River. The village's northernmost hamlet, kʰ𝑧 ṛ∅, has seven households. ba çu ma Hamlet is in the center of village territory with five households. The southern hamlet of ṛ∅ ṛ∅ has twenty-two households. South of ṛ∅ ṛ∅ are a stream and k∅ toṇ Valley. South of this stream is k∅ toṇ Hamlet, with two households.

A tributary valley that is a fifteen minute walk south of k∅ toṇ is called ri ṭi Valley. About a two hour walk east from the Yaxin County road inside the valley is kʰa ndu, an agro-pastoral hamlet with five households. Two families from kʰ𝑧 ṛ∅ Hamlet have homes in kʰa ndu for members who tend livestock. kʰa ndu is part of goṇ k∅ Administrative Village, whose sixteen houses are situated along the mountain located on the east bank of the Nyag chu River.

ri na Village, consisting of two hamlets, is located on the south side of ri na Valley, the next valley downriver. ri na has twenty-five households, and is the site of the Rnying ma Ra rgyal Monastery. Residents of goṇ k∅, Bang smad, kʰa ndu, koṇ ṭi, p∅ lха, and Mi nyag villages farther south worship at this monastery.

p∅ lха Village, with two hamlets and twenty-seven households, is located half an hour's walk south of ri na Village. Three kilometers farther south is koṇ ṭi Village with sixteen households located in koṇ ṭi Valley.

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V3 gê Village is located on the mid-slope of the mountains east of the Nyag chu River. This new village has thirteen houses built by the government in 2005 for the poorest families in Bang smad Township. Residents are originally from different villages, and thus Nyag skad and Mi nyag are both spoken.

T3 r3 Village east of the Nyag chu River has three households of Mi nyag speakers, who all worship at Ra rgyal Monastery.

BANG SMAD VILLAGE HISTORY AND LEADERSHIP

Elders say the first residents of Bang smad Village were 'Jang, an ancient ethnic group that governed all of Nyag rong and were conquered by King Ge sar.5 Others say that the 'Jang were exterminated by Ge sar.

Earthen walls built by the 'Jang still stand in Bang smad and earth towers stand in mountains near Bang smad and nearby villages. Locals say the 'Jang built these towers to send messages from their capital to distant places using smoke from fires lit on the towers. When the 'Jang leader wanted to call a meeting, a fire was set atop a tower in the capital, which was seen by men in distant towers, who then lit fires in their towers. Thus the message was sent from tower to tower, and all then knew they needed to gather in the capital for a meeting.

Some elders say that the current village residents first lived on a mountainside called pô tsê lu, about four kilometers southeast of Bang smad Village where there were

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5 Ge sar is said to have been born in the eleventh century and to have ruled the ancient Tibetan kingdom of Gling. A phyug, an area in northern Sde dge County is said to be Ge sar's birthplace. Gling is an abbreviation of 'Dzam-gling, the name for our world.
a few households in the past. Some families were led by *bla ma*, who made all important decisions. Presently, some ruined earth walls can be seen there, though they are almost entirely covered by trees and weeds.

After King Ge sar conquered the 'Jang, po ts'o lu villagers came to live in Bang smad and built earthen houses there because of its level ground, and began opening land for cultivation.

In the mid-nineteenth century, villagers fought the army of Mgon po rnam rgyal, locally referred to as Bu long ma 'the blind one', a powerful man who conquered much of Khams but, in the end, was subdued by Bod sde pa gzhung 'the Tibetan government'. Mgon po rnam rgyal's soldiers came to Bang smad Village. Locals fought them, lost, and fled to the mountains and forests because Mgon po rnam rgyal's soldiers burnt all the houses. Villagers rebuilt their houses after Mgon po rnam rgyal's defeat.

At the time the village was rebuilt, there were nine families in Bang smad – the Chos skyong dud mgo dgu 'Nine Protector Deity Households'. Elders say those nine families were brave, energetic, and skilled warriors, which explains the name. These nine households were:

- a thon man
- tshe re nbo man
- su bo man
- ra je man
- tse dge man
- qaw luw man
- dzon dge man
- tse bo k'uw tuw man
- tse bo k'uw yaw man

Four of those families – tshe re nbo man, su bo man, tse bo k'uw tuw man, and tse bo k'uw yaw man – have now vanished and villagers cannot explain why. Certain elders say they had
such diseases as leprosy, other say they did not have children, and others say they migrated to other areas. Rdo rje brgyal mtshan (b. 1944) gave the following account:

A son of the th'e rdz nbo rgon's family had leprosy. He lived in a small wooden house on a mountain two kilometers from our village. My parents stopped me from going near that place when I was about eight or nine.6

When I was young, we could see some ruined buildings of the sbo rgon's family. My uncle and some elders said they did not have children.

No elders know what happened to the th'o kluw tshug rgon and th'o kluw yab rgon. Elders only remember the names of these family.

At some point after the disappearance of those four families, four new families (the Tsha bzhi 'Four Cousins') arrived in the village, restoring the original number of families. The Tsha bzhi moved in and lived on locals' land. New couples might have settled neolocally, patrilocally, or matrilocally, or might have also moved in with a wealthy family and worked for them as laborers. Certain locals leased fields to outsiders who annually paid them grain as rent. Some families leased land to others and their income increased as they rented increasing amounts of land. They eventually no longer needed to work in their fields, and employed other villagers as servants in their homes.

Twenty households in Bang smad now own much property and land and are consequently more powerful than other families. Such families historically gained power gradually and came to control other villagers; they became leaders whom the other villagers listened to, respected, and obeyed. These leaders made rules and those who broke them

6 The ruins of th'e rdz nbo rgon's home were still visible in 2010.
were punished. The two most powerful households were the tČaw woŋ and a tʰoŋ families, who governed the other villagers. The tČaw woŋ Family was very kind and villagers loved them.

The a tʰoŋ Family contained a very powerful man, A Sha, who wanted to dominate all the villagers and treated them badly. He controlled many Nyag rong areas, and gradually grew more powerful. At that time, the Tibetan government appointed four stong dpon 'leaders of a thousand households' and thirteen mda' dpon 'leaders of several villages' to lead Nyag rong. Government officials came to Bang smad Village to choose a leader and asked the two families to throw pa ra 'dice' to choose a leader. The a tʰoŋ Family lost, but, being more powerful, ordered the tČaw woŋ Family to throw the dice again. They failed a second time and the tČaw woŋ Family thus became the village leaders and came to dominate twenty-three villages. The names of these villages, all within today's Bang smad Township, are listed in Figure Three:
Figure Three: Names of villages in Mi nyag and Tibetan controlled by the a thon and tçaw wøn families.

<table>
<thead>
<tr>
<th>Tibetan</th>
<th>Mi nyag</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bang blo</td>
<td>p3 lu</td>
</tr>
<tr>
<td>Bang smad</td>
<td>boŋ mi</td>
</tr>
<tr>
<td>Bang stod</td>
<td>boŋ th'a</td>
</tr>
<tr>
<td>Dbu ba</td>
<td>kə wa</td>
</tr>
<tr>
<td>Du rtag</td>
<td>də th'aw</td>
</tr>
<tr>
<td>Gang khung</td>
<td>goŋ kə</td>
</tr>
<tr>
<td>Kag cag</td>
<td>faw dzaw</td>
</tr>
<tr>
<td>Kha lung</td>
<td>k'h a løŋ</td>
</tr>
<tr>
<td>Klag pa</td>
<td>la yə</td>
</tr>
<tr>
<td>Klu 'bum</td>
<td>tə bo</td>
</tr>
<tr>
<td>Ku tang</td>
<td>kə toŋ</td>
</tr>
<tr>
<td>Kun da</td>
<td>tə nda</td>
</tr>
<tr>
<td>La kha</td>
<td>la k'h u</td>
</tr>
<tr>
<td>La she</td>
<td>la x'h e</td>
</tr>
<tr>
<td>Mkha' 'dod</td>
<td>k'h a ndu</td>
</tr>
<tr>
<td>Phya rdeng</td>
<td>ca di</td>
</tr>
<tr>
<td>Rba ru</td>
<td>va rə</td>
</tr>
<tr>
<td>Ri sne</td>
<td>ri na</td>
</tr>
<tr>
<td>Rnga rkang</td>
<td>rŋa kŋə</td>
</tr>
<tr>
<td>Sbrang bo Smad pa</td>
<td>ydzʒ wøŋ me ba</td>
</tr>
<tr>
<td>Sbrang bo Stod pa</td>
<td>ydzʒ wøŋ te ba</td>
</tr>
<tr>
<td>Stong ra</td>
<td>kʊŋ ti</td>
</tr>
<tr>
<td>Wa thung</td>
<td>wa th'u</td>
</tr>
</tbody>
</table>

At some point the tçaw wøn Family had no children and asked a cousin, Lha mtsho, to join their family in order to continue the family line. They sought permission from the government, which replied that they should take Lha mtsho to be examined by leaders in Lha sa. The family made her wear high-heeled shoes when she went to Lha sa so she would appear taller and thus older than she actually was. The Tibetan government then approved her as a local leader.

•25•
Lha mtsho married a *mda' dpon* family member, 'Brug thar, who thus joined the *tçaw woŋ* Family and became a very well-respected leader. His brother, however, wanted to usurp his authority, leading to conflicts between the brothers. During these conflicts all young village males were conscripted as soldiers for the *tçaw woŋ* Family, which owned many firearms. Some villagers even lived with the *tçaw woŋ* Family as bodyguards.

Many families were landless at that time. Some families lacked houses and lived with the *tçaw woŋ* Family, helping them herd livestock and do housework. They were paid only food and lodging. All households paid annual taxes of lumber, butter, meat, and grain to the *tçaw woŋ* Family.

In 1937, 'Brug thar was an impartial leader whom villagers loved and respected. He had two sons, Dgra 'dul and A bad. Some *bla ma* said Dgra 'dul was a Living Buddha; he was very kind, and eventually became a *bla ma* and leader of the twenty-three villages. He was an exceptional leader who owned much property. He had a large army, treated his soldiers and servants well, and grew increasingly powerful as time passed.

Dgra 'dul punished and fined anyone in the twenty-three villages if they fought with or stole livestock from fellow villagers. For example, a villager once stole livestock from another village and when Dgra 'dul discovered this, the thief was punished. He solved many such problems in the villages. All villagers obeyed his orders and were solidly united behind him. The village leader was responsible for solving all village problems, such as when villages had conflicts with other tribes over land ownership.

Only twenty households in Bang smad owned farmland and their own houses at the time of Liberation. After the Communist government implemented national laws, village land was divided according to family size, local leaders were punished, and a new local government was established in the *tçaw woŋ* Family house. Afterwards, each
household had land to grow their own grain and no longer paid taxes to the village leaders.

Present-day villagers continue to respect the tćaw woŋ Family and make an honorary visit to them during ƚe ndze (New Year). In the past, the tćaw woŋ Family had two large walnut trees that the government confiscated and made collective village property. Villagers returned the two walnut trees to the family in 2009.

Present-day villagers respect traditional law and seek permission from two different owners before building new houses: the original owner of the field and the owner according to current national law. New houses are not built without agreement from both parties. Whether a family owned land in the traditional social structure is also considered during the marriage process; land-owning and landless villagers seldom intermarried historically and this continues today.

Decision-makers from each household meet to choose sʰʒ pu 'village leaders' by dividing into about ten groups of four households each. The selection is made by writing names on pieces of paper. The current village leader then chooses four pieces of paper. Those whose names are written on these papers become one group. Each group serves as village leaders for a year in turn. One male member from each household of the group acts as leader, organizing yearly rituals such as Spyi gto and Smyung gnas (see below), coordinating the start of the farming season, and protecting crops from wandering livestock; sʰʒ pu also fine the owners of such livestock and use this money to pay for annual rituals. The sʰʒ pu also manage ƚe ndze as explained later.

The three village leaders chosen by the government are referred to as las byed. Township officials meet to choose them by asking one representative from each household to vote in the township center. The las byed also assist villagers to organize rituals and the agricultural cycle, and receive an annual government salary of about 2,000 RMB.
VILLAGE NAME

Two accounts explain the origin of the name Bang smad. Locals say a monastery was once destroyed in a flood, and a wood house was also washed away. After the flood receded, the lower part of the wood house came to rest in Bang smad. In Tibetan, 'wood house' is 'bang khang', and the lower part of a wood house is 'bang smad'. The village has been called Bang smad since that flood. The upper part of the wood house came to rest in a neighboring place, so that place was called Bang stod (boṅ tʰa) 'Upper Wooden House'. ṛṇa koṅ Village is nearby. After the flood, the feet of a ṛṇga khang 'drum stand' came to rest there, hence the name ṛṇa koṅ.

The other explanation relates to Bang smad's location on the lower border of a grassland. In local Tibetan, grassland is 'spang' and 'lower' is 'smad', thus this place was called Spang smad. Over time, Spang smad came to be pronounced Bang smad.

ENVIRONMENT

Bang smad Village is located between two forested mountains on the Nyag chu River. Trees were harvested for fuel and lumber before 2001. Several trees were often cut at one time. Logs were kept for personal use and others were transported and sold in the provincial capital, Chengdu, and in other cities. However, in 2001 the government prohibited cutting trees for fuel and lumber.

Leopards, tigers, wild boars, monkeys, hedgehogs, and musk deer live in the forests.
POPULATION

There were thirty-six households and 171 people in Bang smad in 2009, including sixty-five men, seventy-six women, and thirty children. All were officially classified as Tibetan. The oldest man was born in 1924 and the oldest woman was born in 1936. The largest family had eleven members, and the smallest family had one. The average family had about four members.

Families in the past often had ten children, but nowadays policy stipulates a maximum of three children per family. Families that have only one child are monetarily rewarded by the local government.

LANGUAGE

Only about ten percent of the Mi nyag words from Kangding County listed at: http://www.khamaid.org/programs/culture/ miniblakmyar/ minyak_language.pdf (Thub bstan dge legs et al., 2008) appear to be similar to those in Bang smad, as shown in figures Four and Five:

Figure Four: Kangding County Mi nyag and Bang smad Village Mi nyag lexical similarities.

<table>
<thead>
<tr>
<th>English</th>
<th>Kangding County</th>
<th>Bang smad Village</th>
</tr>
</thead>
<tbody>
<tr>
<td>bad</td>
<td>ག་ཆ gwa cha</td>
<td>ga têʰɔ</td>
</tr>
<tr>
<td>fire</td>
<td>ཏུ་ m+’i</td>
<td>moŋ</td>
</tr>
<tr>
<td>smoke</td>
<td>བུ་ mug khur</td>
<td>moŋ kʰʒ</td>
</tr>
<tr>
<td>valley</td>
<td>བ་ kunga</td>
<td>ʔοŋ</td>
</tr>
</tbody>
</table>

The short list below shows words that appear to be quite different:

•29•
Figure Five: Kangding County Mi nyag and Bang smad Village Mi nyag lexical differences.

<table>
<thead>
<tr>
<th>English</th>
<th>Kangding County</th>
<th>Bang smad Village</th>
</tr>
</thead>
<tbody>
<tr>
<td>afraid</td>
<td>རཔ་གག་ thag kag</td>
<td>sʰa rə</td>
</tr>
<tr>
<td>bowl</td>
<td>བི་ི་ i thong</td>
<td>qə</td>
</tr>
<tr>
<td>four</td>
<td>རི་ ru lo</td>
<td>ła</td>
</tr>
<tr>
<td>head</td>
<td>སབ་ 'a lo</td>
<td>kə boŋ</td>
</tr>
<tr>
<td>hear</td>
<td>མི་ི་ kho se nga</td>
<td>mə</td>
</tr>
<tr>
<td>house</td>
<td>སྐུ་ ce</td>
<td>yonŋ</td>
</tr>
<tr>
<td>ice</td>
<td>སྐུ་ 'je ku</td>
<td>vəŋŋ</td>
</tr>
<tr>
<td>laugh</td>
<td>དི་དབུག་ ring du ram</td>
<td>qa</td>
</tr>
<tr>
<td>pig</td>
<td>བི་ི་ zhig</td>
<td>va</td>
</tr>
<tr>
<td>road</td>
<td>དབུ་ rab</td>
<td>tɕi</td>
</tr>
<tr>
<td>sickle</td>
<td>བི་ི་ so le</td>
<td>jə</td>
</tr>
</tbody>
</table>

Bang smad villagers generally think their language is only spoken in rural villages and is useful when discussing things they do not want others to understand. Certain elders are aware that Mi nyag is spoken in other areas and comment that it is difficult for them to understand.

People from such other townships as Ma red, Jialaxi, and Heping refer to Mi nyag spoken in Bang smad Township as ȳdzə woŋ ki. ȳdzə woŋ is an old name for Bang smad Township the origins of which elders could not explain. Bang smad Township Mi nyag speakers refer to their language as mə nae. Many local Tibetans who do not speak Mi nyag refer to Mi nyag as 'drel skad' 'ghost language'.

All Bang Smad villagers speak mə nae with the exception of men and women who married and have moved to la kʰu (La kha), la xʰe (La she), and la yə (Klag pa) villages and who speak the Nyag skad variety of Khams Tibetan. mə nae is spoken in three townships in Nyag rong
County: Man chen Township, with four mao nae-speaking villages (Ri mgo, Ri 'dabs, Yi lung, and Shes rig); Yangs laghis Township with Ha me Village (six households, thirty-six people); and Bang smad Township, with seventeen villages where mao nae is spoken.

Of the thirty-six households of Bang smad Village, the wives in fifteen are originally from other villages, including five from four different mao nae speaking-villages. The other ten speak Nyag skad as their first language and, though they understand most of what is said in Mi nyag, they speak it poorly, as do their children. Villagers comment that such children have an accent when speaking Mi nyag.

Some villagers speak the Sichuan Chinese dialect because they have done construction work or worked in hotels and restaurants as cleaners in the county town. Some monks can speak Modern Standard Chinese because they travel to such places as Shanghai, Beijing, and Heilongjiang to teach Buddhism to Han Chinese.

Elders said that many years ago everyone in Nyag rong spoke Mi nyag. Rdo rje rgyal mtshan said:

All Nor khang (Lougu) villagers spoke Mi nyag and then their tribe leader married a woman who was from a Khams-speaking village. Everybody in her husband's village spoke Mi nyag, which she couldn't understand. She became very homesick. The tribe's leader then ordered all

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7 Man chen was combined with Rgyal rabs shing Township in 1992.

8 ydz3 won t'e ba (Sbrang bo Stod pa), ydz3 won me ba (Sbrang bo Smad pa), t'o bo (Klu 'bum), rna ko (rnga rkang), bo'n th'a (Bang stod), k'h'a log (kha lung), t'o nda (Kun da), taw dzaw (Kag cag), bo'n mi (Bang smad), k'o to'n (Ku tang), go'n k'i (gang khung), k'h'a ndu (Mkha' 'dod), ri na (Ri sne), p're la (Bang blo), v3 ge (Bu ge), ko'n ti (Stong ra), and t3 ravn (Ti ri).
villagers to speak Khams and that's why all Nor khang villagers today speak Nyag skad. But there are many words in their dialect that are similar to Mi nyag, especially place names.

Intelligibility

Mi nyag pronunciation varies slightly between villages in Bang smad to the extent that a Mi nyag speaker can identify a speaker's village of origin based on their speech. Residents of the same valley tend to have similar pronunciation though they may be from different villages. For example, villagers from ря кон and бо т'a speak almost identical versions of Mi nyag, whereas their pronunciation differs recognizably from Bang smad villagers.

Bang smad villagers have significant difficulty speaking Mi nyag with people from the other two Mi nyag-speaking townships (Yangs la gshis to the south and Man chen to the north).
Figure Six: Man chen, Bang smad, and Youlaxi Mi nyag Dialects compared.

<table>
<thead>
<tr>
<th>English</th>
<th>Man chen</th>
<th>Bang smad</th>
<th>Yangs la gshis</th>
</tr>
</thead>
<tbody>
<tr>
<td>cloud</td>
<td>tše</td>
<td>dog mu</td>
<td>tṣə</td>
</tr>
<tr>
<td>feather</td>
<td>pə</td>
<td>pə</td>
<td>mi rə</td>
</tr>
<tr>
<td>few</td>
<td>dzə mə</td>
<td>so so</td>
<td>so so</td>
</tr>
<tr>
<td>to fly</td>
<td>joŋ la</td>
<td>joŋ logə</td>
<td>de</td>
</tr>
<tr>
<td>foot</td>
<td>mə</td>
<td>mu</td>
<td>mə</td>
</tr>
<tr>
<td>grass</td>
<td>ntə bi</td>
<td>ntə bi</td>
<td>xhi</td>
</tr>
<tr>
<td>heart</td>
<td>li</td>
<td>zu</td>
<td>she</td>
</tr>
<tr>
<td>I</td>
<td>ŋa</td>
<td>ŋa</td>
<td>ŋa</td>
</tr>
<tr>
<td>to kill</td>
<td>sbi</td>
<td>sbi</td>
<td>sbə</td>
</tr>
<tr>
<td>to laugh</td>
<td>qe</td>
<td>qa</td>
<td>qa qa</td>
</tr>
<tr>
<td>left (side)</td>
<td>jə ku</td>
<td>jə ku</td>
<td>la ja</td>
</tr>
<tr>
<td>road</td>
<td>tće</td>
<td>tei</td>
<td>tće</td>
</tr>
<tr>
<td>round</td>
<td>kə rə rə</td>
<td>kə kə rə</td>
<td>kə rə rə</td>
</tr>
<tr>
<td>to say</td>
<td>xhe</td>
<td>xhi</td>
<td>xhe</td>
</tr>
<tr>
<td>to squeeze</td>
<td>le</td>
<td>cə tșuw</td>
<td>ṣə zu</td>
</tr>
<tr>
<td>there</td>
<td>tçhə du</td>
<td>tçhə me</td>
<td>a zi</td>
</tr>
<tr>
<td>thick</td>
<td>bə</td>
<td>bə</td>
<td>xhi xhi</td>
</tr>
<tr>
<td>warm (as in weather)</td>
<td>tse</td>
<td>tsi</td>
<td>lu lu</td>
</tr>
<tr>
<td>water</td>
<td>zə</td>
<td>zə</td>
<td>zə</td>
</tr>
<tr>
<td>wife</td>
<td>na tçuw</td>
<td>ja sbe</td>
<td>mi</td>
</tr>
<tr>
<td>worm</td>
<td>bə dza</td>
<td>bə dzu</td>
<td>bə dzu</td>
</tr>
</tbody>
</table>

Culture

Kinship and marriage ties exist between Khams-speaking villages in the north of Bang smad Township and villages as far south as Heping Township. Mi nyag families also have kinship ties with Khams-speaking villagers living in Ma red Township on the west bank of the Nyag chu River. In Bang smad Township, Mi nyag-speakers speak Khams, though a few elders cannot speak it well. Those who speak Khams
dialect as their first language cannot speak Mi nyag. In the case of mixed marriages, children raised in Mi nyag villages speak Mi nyag. Children raised with a Mi nyag-speaking parent in Khams-speaking villages generally only understand a few words of Mi nyag. The southernmost villages of Bang smad Township have traditionally not had marriage ties with those in the north, but instead intermarried with Khams communities across the Nyag chu River in Ma red Township. There are no significant cultural differences between Khams-speakers and Mi nyag-speakers; only their language is different. Mi nyag-speakers consider themselves to be Tibetans who speak a distinct language.

Map 1. The location of Nyag rong County in China. Sichuan is shown in white in the gray map of China (bottom right). Dkar mdzes Tibetan Autonomous Prefecture is gray in the map of Sichuan (top left), and Nyag rong County is black.⁹

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⁹ This map is based on a map created by Wiki Commons user Croquant: http://commons.wikimedia.org/wiki/User: Croquant and used under a Creative Commons Attribution 3.0 Unported license.
Map 2. Mi nyag-speaking communities along the Nyag chu River in Nyag rong County.
Map 3. Administrative villages along the Nyag chu River in Bang smad Township (1-13) and the holy mountains of Bang smad Village (A-E).


A: G.yung drung spun dgu  B: Sman btsun le'u sman C: Bya zas lha mo mched bdun D: G.yar ri seng ge E: Dge bsnyen po blo

HOUSING

There are two styles of house in Bang smad Village: rtsing khang 'stone houses' and gyang khang 'rammed earth houses'. Houses usually have three floors. The first floor is for livestock, while people live on the second floor, which ordinarily contains a bedroom, a kitchen, and zo. The third floor is a storeroom for livestock fodder. A wooden room on the third floor is the family shrine where Buddha images and thang ga are housed. Monks stay here when they visit;

10 A small room where grain, butter, cheese, and g.yang mda' (see below) are stored. Only family members may enter a household's zo.

11 Thang ka/ga refers to a form of primarily Tibetan sacred representation consisting of an image panel that is painted, embroidered, or appliquéd, which is often placed in a textile frame. The image panel frequently depicts such imagery as mandalas, deities, famous scenes, or prominent local religious personalities. They are hung up high in monastic halls, village temples, and family homes as objects of veneration. A piece of silk often hangs over the image to
some families also store grain in this room.

Recently, certain families have built and live in a small, one-room house alongside their large house. The big house is used if they have many guests on such occasions as ṇe ndže,\textsuperscript{12} religious festivals, and weddings.

A rtsis pa 'astrologer' is asked to choose a suitable site for a new house based on orientation to mountains, water, trees, roads, and so on. After a location is chosen, the Sa bdag 'khrugs bcos Ritual (see below) is held to appease deities that reside at, or are masters of the house site. A deity that is not appeased may plague people and livestock, inflicting disease and causing disaster.

Villagers consider it auspicious if the mountains located to the east of a house are not too high. It is also favorable if there are small mountains to the south of the house, and high mountains to the west and north of the house.

A perpendicular path above the house is believed to be a conduit for the family's prosperity. A large parallel road above the house is unfavorable, but if the house is located an arrow's shot or farther from the road, it is acceptable.

A path south of the house is favorable, for it is seen as the path of a family's g.yang 'prosperity deity' (see below). A path west of the house is believed to be the way of the Gshin ma 'the Person Killer' and is inauspicious. A path north of the house is considered the path of enemies and is also inauspicious.

The phyi yi srung ma bzhi 'four outer protectors' and nang gi srung ma bzhi 'four inner protectors' are associated with a house. The phyi yi srung ma bzhi are four symbols prevent defilement by secular life, and protects the image from light and dust. In the context of village ritual, setting up images creates interior and exterior worlds mediated through the representation of the images.

\textsuperscript{12} New Year.
that serve as protectors in the four directions outside the house. *Shar stag skya bo* 'eastern grey tiger' is usually a patch of white earth or white stones east of the house. *Lho g.yu 'brug sgon po* 'southern blue turquoise dragon' is a river or dragon-shaped mountain south of the house. *Nub bya dmar po* 'western red bird' is a red rocky mountain or bird-shaped stone west of the house. *Byang rus sbar rgyal po* 'northern king turtle' is a stone or a mountain resembling a turtle in the north. A place surrounded by all the *phyi yi srung ma bzhi* is ideal for a new building.

*Nang gi srung ma bzhi* are the protectors in the four directions inside the house compound. A gate in the east of a compound, water buckets in the south, a stove in the west, and a hand mill\(^\text{13}\) in the north are also protectors.

A solitary tree upslope from a house means the family's wealth cannot increase because the tree will 'weigh down' the family and prevent its wealth from 'rising'. Conversely, a tree downslope from the house 'holds up' the family and prevents it from becoming impoverished.

Trees, water, and rocks in front of a house are fortuitous. Water, e.g., streams, lakes, a water tap, and so on to the left or right of a house, is auspicious. It is a bad omen if water emerges from a building's foundations.

**FOOD AND DRINK**

Bang smad villagers typically have four meals a day: breakfast, lunch, *mdza vu,*\(^\text{14}\) and dinner. Breakfast is eaten from seven to eight a.m. and consists of *rtsam pa* 'roasted barley flour' and milk tea. Some combination of *rtsam pa,*

\(^{13}\) The hand mill is comprised of two stones and used to grind grain.

\(^{14}\) A meal between lunch and dinner.
butter, cheese, sugar, and hot tea are mixed together, and eaten while drinking milk tea. *kʰa ti*\textsuperscript{15} or leftovers, might also be eaten for breakfast.

Villagers eat lunch between twelve and one p.m. Bread might be made for lunch by mixing wheat flour, soda, and cold water, kneading the dough into round shapes, and cooking the dough in hot ash for about fifteen minutes. Butter, *rtsam pa*, and salt are put in holes in the bread. Rice and fried vegetable dishes are also common for lunch.

Villagers eat *rtsam pa* and potatoes for *mdza vu* between three and four p.m. Potatoes are washed and boiled for twenty minutes. Leftovers from lunch might also be eaten.

A dinner of noodles or rice with vegetables is eaten from nine to ten p.m. Sometimes *ça kɔ*, a soup of chopped, boiled beef with *rtsam pa* and salt, is made.

### Alcohol Consumption

Villagers have a profound cultural attachment to drinking alcohol. This is illustrated by the account below, given by a villager born in 1988:

> When I was about six years old, local carpenters encouraged me to drink at a party. I went home. It was my duty to feed the dogs, livestock, and fetch water. I prepared to heat some food for the dogs and then fell asleep by the stove. Mother later found me and, thinking I was seriously

\textsuperscript{15} *Rtsam pa*, butter, sugar, and cheese are mixed in a bowl. After compacting these ingredients with the back of the hand, tea is poured into the bowl. The tea is drunk and the tongue used to lick up the dough at the bottom of the bowl. Tea is poured again and the process repeated until the bowl is empty.
ill, carried me on her back to see a doctor. She met a woman on the way who said she could smell liquor and that I was just drunk.

Later, when I was about nine years old, I had a party with three friends. We each brought two bottles of barley liquor, three yuan, and some food. We put up a small tent by a wood-pile near my home, lit a candle, told folktales, and drank. We went to sleep after we got drunk. The candle set the wood on fire and burned the neck of one of my friends. The fire became so large that the flames were almost as tall as the third floor of the house. My parents came out, took us from the tent, and put out the fire. Meanwhile, I crawled back into the tent and went to sleep.

In 2009, leaders of such monasteries as Mtsho kha, Rnga rkang, and Ra rgyal told villagers to stop drinking in an effort to end fighting and reduce the number of car and motorcycle accidents. The following are examples of problems the ban on liquor sought to address:

A Bang smad villager went by motorcycle to the county town with a Chinese carpenter in early 2009 to buy daily food for the carpenter. After they finished shopping, they went to a restaurant and drank liquor. They went too fast when returning to the village, crashed into an electricity pole, and the villager broke his leg. Subsequent medical treatment cost his family 9,000 RMB and he still walked with difficulty in 2010.

A villager (b. 1938) drank every day. Doctors whom he consulted urged him to quit drinking, but he did not. One day in 2005, he drank a great deal of liquor and the next morning was unable to move his right hand and right foot. He was then bedridden and very seriously ill for seven months. He still had to be carried wherever he went in 2010.
In compliance with the directive from monasteries and elders, villagers stopped drinking, took the liquor and barley wine from their homes to local monasteries, and burned it in the gsur. Villagers also had their copper liquor distillers smelted and made into cooking pots and basins. Bang smad Village's two shops also stopped selling liquor. However, some young male villagers bought beer and liquor in the county town several months later and went to mountains or valley locations where they were not easily seen drinking.

Since 2008, Bang smad villagers no longer provide barley liquor and beer during the New Year period, weddings, and parties. Instead, they provide fruit juice. Such villages as ri na ask bla ma for permission to drink during the New Year and promise to stop drinking after the New Year period. Others ask for permission to drink if it is part of a social obligation related to government employment or doing business. Bla ma generally give permission but insist that there should be no drinking in the villages, unless it is during the New Year period (on the part of villages who have requested such permission).

CLOTHING

Villagers wear their best clothes during the fifteen-day New Year period and on such other special occasions as weddings, summer picnics, and when going to the monastery to watch 'cham and attending other religious festivals.

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16 Strips of cloth symbolizing clothing, alcohol, and other items that are burnt, which allows ancestors to receive and enjoy them.

17 'Cham refers to a religious ritual at Tibetan monasteries. Monks wear masks and ornamented costumes, and dance accompanied by music played by monks using traditional
Clothes worn during New Year are unique. Villagers historically wore coral, tiger skin, leopard skin, silver earrings, gold earrings, fox fur hats, colorful aprons, and sashes during New Year. During weddings, only the bride, groom, and their entourage wear these clothes. At present, people do not generally wear jewelry.\textsuperscript{18}

In 2010 New Year, villagers between the ages of ten and forty wore the decorations described above during the New Year whereas elders wore $t_s^h a\ r_3$\textsuperscript{19} 'Tibetan robes' and did not wear such ornaments.

\textbf{EDUCATION}

Approximately eighty-five percent of Bang smad villagers are illiterate. Few families sent their children to school before 2003, believing that only children of wealthy families could find jobs. Finding employment required giving money to government leaders and a good social network. Recently, however, more families have allowed their children to attend school because official jobs are allocated according to examinations. Many students from rural villages have found jobs and have been able to improve the poor economic condition of their families and communities. Realizing the benefits of education, most villagers now send their children to school. There were two senior middle school students, five junior middle school students, and twenty-five primary school students in Bang smad Village in 2009.

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Tibetan instruments. The dances often depict the life of Padmasambhava, the ninth century religious teacher, and other important religious figures.

\textsuperscript{18} In 2010, tiger, leopard, otter, and other animal skins were not worn during New Year.

\textsuperscript{19} A Tibetan robe lined with goatskin, worn in winter.
Around twenty percent of villagers aged eight to
eighteen do not attend school. Families with two sons often
send one to be a monk. All families encourage daughters to
stay at home, do housework, and farm while sending sons to
school. Daughters who finish school and cannot find official
jobs are thought to be unable to do housework and farm
work. Such women may go to work in restaurants or hotels
in the county town. Villagers disapprove of this, because
females in the county town may learn such bad habits as
drinking alcohol and going to dance clubs. Poor families'
daughters may go to the county town to work as waitresses
and hotel attendants. Males do construction work and work
as drivers.

INCOME AND SUBSISTENCE

Primary sources of cash income are migrant construction
work in and beyond the county town, and the collection and
sale of dbyar rtswa dgun 'bu 'caterpillar fungus' (Cordyceps
sinensis) and mushrooms. Each household may earn around
3,000 RMB from collecting dbyar rtswa dgun 'bu in Lha ri
ma and Ra gzhi, Nyag rong County, where they must pay
about 200 RMB per person to locals for the right to collect
on the land. Drivers may earn approximately 4,000 RMB
annually.

Villagers practice subsistence agriculture, growing
barley, wheat, potatoes, and peas, on about seven mu\(^{20}\) of
land per household. They also herd cows, horses, sheep,
goats, and mdzo.\(^{21}\) Most families have four or five cows
and a few families also have sheep, goats, and mdzo mo.

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\(^{20}\) Certain families have thirteen mu and others have only
three mu. One mu = 0.0667 hectares.

\(^{21}\) Mdzo are yak-cow hybrids. Mdzo mo are female yak-cow
hybrids.
Some families have three or four horses. Villagers do not sell butter, cheese, or wool, though horses and cows may be sold to earn extra income, which often totals around 1,000 RMB. Certain families sell potatoes in the county town to earn approximately 300 RMB a year. Some villagers need to buy a total of 250-300 kilograms of barley, wheat, flour, and rice from Dkar mdzes County Town every year at a cost of 700-800 RMB. Barley, wheat, flour, and rice can be bought in Nyag rong County Town but are more expensive than in Dkar mdzes County Town.

Agricultural Cycle

Villagers begin farming about one lunar month after ṭe ndze by breaking earth clods in their fields. 22 Manure is taken from homes to the fields about ten days later. Five or six households form a group and transport manure from their houses to the fields by tractors and cars. After transporting the manure, each group holds a celebration called li con 'fertilizer alcohol'. All group members visit a family, bringing rice, vegetables, several bottles of barley liquor, and about twenty RMB. 23 Candies and sunflower seeds are also offered. The dancing and singing lasts the whole day. Fields are irrigated four weeks after transporting manure, which is spread again several days later. Some households also use chemical fertilizers. After one or two days, sowing and plowing begin.

Women begin weeding about two months after plowing. Harvest is two months later. Most villagers now have their own threshing machine, although sometimes two or three

22 Locals follow the same lunar calendar as that used in Lhasa.
23 Liquor was brought prior to the anti-alcohol reforms. Now a non-alcoholic drink is brought.
households jointly own one. Several families often make a group and help each other thresh. Threshing and winnowing for one family usually takes five or six days.

MODERN DISPLAYS OF WEALTH

Before 2008, spacious houses were built for 150,000-300,000 RMB by wealthy families. Four to ten years is generally required to complete such a house. However, beginning in about 2008, villagers were considered wealthy if they owned nice houses, cars, and trucks (priced 80,000-400,000 RMB). Eleven families owned cars and nearly every village family owned at least one motorcycle in 2010. Two families might buy a car jointly and use it to earn money by, for example, transporting sand, cement, wood, and other construction material in Nyag rong County Town.

NEW RULES

In the 1990s, the larger Tibetan community began commenting on the number of laymen and monks from Nyag rong begging in such places as Chengdu and Xining cities and at various monasteries and nunneries. At times, laymen wear monk's robes in order to increase the amount of donations they receive. It became increasingly common for a beggar's fellow villagers to view him as successful if he returned to the village with a significant amount of cash.

In 2009, an organization named Rig gzhung dar spel tshogs pa was founded by Tshul khrims blo gros and other mkhan po\textsuperscript{24} and bla ma. The organization has the following rules listed in a small booklet titled Blang dor gsal ba'i me

\textsuperscript{24} Mkhan po are monks considered to have rich knowledge.
long that has been widely distributed among local community members:

- monks must stay in monasteries for at least a hundred days a year to study and chant,
- all villagers must gather to study and chant for at least fifteen days to one month a year,
- children must attend school,
- wearing knives is forbidden, and
- begging is forbidden.

Households that observed these rules were given a numbered, metal card beginning in 2010. Furthermore, a group of five households had to appear together at the monastery and swear that none of the five households were breaking the five rules. The result was that certain households did not receive this card.

Nyag rong residents commonly take corpses to Gser thang bla rung lnga rig nang bstan slob gling or Ya chen O rgyan bsam gtan gling²⁵ for sky funerals. Without the card, monks will not assist the household with funerals and other rituals.

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²⁵ These two monasteries are the largest in Dkar mdzes Prefecture. Gser thang bla rung lnga rig nang bstan slob gling is in Gser rta County and Ya chen O rgyan bsam gtan gling is in Dpal yul County.
Figure One.
A panorama of Bang smad Village shows its location on the banks of the Nyag chu.

Figure Two.
This house is for the Khwa srung family who must fire rifles to stop crows flying above Mgon po rnam rgyal's palace.

Figure Three.
Building this rtsing khang 'stone house' took four years. A different part of the house is built each year, usually one floor at a time.

Figure Four.
A house under construction.

Figure Five.
The small wood structure on the left is the toilet. This rtsing khang has three floors.

Figure Six.
The wood rooms on the right of the top floor are bang khang where Buddhist images and scriptures are kept. Grain might also be stored here. Visiting monks sleep in the bang khang.

Figure Seven.
The house owner has a new gyang khang 'rammed earth house' that is larger than this house. The family now keeps their straw in this rtsing khang. This building is of an older style.

Figure Eight.
Painted gyang khang exterior decorated by Chinese workers who were paid about 15,000 RMB.
Figure Nine.
Interior of a *rtsing khang* owned by a relatively wealthy family. Completing such a house requires about four years.

Figure Ten.
Interior of a *rtsing khang* owned by a relatively wealthy family. This is the same room as in Figure Nine, photographed from a different angle.

Figure Eleven.
Villagers cook in the small house on the left. Young family members also sleep there. Villagers do not cook in big new houses, fearing that smoke will discolor the interior. They therefore live in this small house. Some families live in the small house only during winter, believing it is warmer than the big house.

Figure Twelve.
Villagers collect stones to build a house in a quarry that is a ten minute drive from the village.

Figure Thirteen.
Ramming tools remain atop the wall while workers eat lunch.

Figure Fourteen.
Women dig soil to provide enough earth for men to ram. Some men have finished ramming their assigned section and relax.

Figure Fifteen.
Women carry soil up to men ramming the wall.

Figure Sixteen.
Tho lo (b. 1967) wears his hair in the traditional style and relaxes after ramming earth.
Figure Seventeen.
These men will soon finish this section.

Figure Eighteen.
A Chinese carpenter. Four carpenters spent three months building the wooden parts of this home.

Figure Nineteen.
Two artists paint pillars, walls, ceiling, and skirting inside a gyang khang that was built in 2003.

Figure Twenty.
Dbang rgyal (b. 1990) in traditional clothes worn by men during ṭe ndze.

Figure Twenty-One.
The back of a man's traditional clothes.

Figure Twenty-two.
Bsod nams dpal mo wears traditional clothes worn during ṭe ndze.

Figure Twenty-three.
The back of a woman's traditional clothes.

Figure Twenty-four.
Manure is hauled to the fields, kept there for about a week, and then spread in the fields, which are then irrigated.

Figure Twenty-five.
O rgyan nor bu (b. 1988) needs four days to plow his fields.

Figure Twenty-six.
Pad ma chos sgron weeds in summer.
RELIGION AND RELIGIOUS RITUALS

Villagers in Bang smad are Rnying ma pa and Bka' brgyud pa devotees, and visit Ra rgyal, Mtsho kha, and Rnga rkang monasteries.

Seventeen monks and three nuns are from Bang smad Village. The nuns are supported by their families and reside in Gser thang bla rung Inga rig nang bstan slob gling Nunnery and study such scriptures as Bsam pa lhun grub, Bar chad lam sel, Sgrol ma, and Thos grol, as well as Buddhist teachings and Tibetan grammar. Villagers respect them and invite them to their homes and give them bread, beef, and candy during lê ndzę.

A few monks stay in their family homes, where older monks teach them to read and write Tibetan. As stated previously, village monks visit Shanghai, Beijing, and Heilongjiang to teach Buddhism and earn money. Villagers do not respect monks who visit Han Chinese places because they feel such monks seek donations from Chinese Buddhists to build monasteries and then give the funds raised to their families to build new houses and buy new cars. Even though some monks donate money to monasteries, villagers suspect they keep much of what they are given for themselves.

Brag mgo Monastery is approximately 800 years old and is located a kilometer northwest of Bang smad Village on a cliff resembling an elephant's head, a site locals

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26 This monastery in ri na Village had 150 monks in 2010.
27 This monastery in Ma red Township, Nyag rong County had 200 monks in 2010.
28 This monastery in rña koŋ Village had sixty monks in 2010.
29 Gser thang bla rung Inga rig nang bstan slob gling is in Gser rta County, Dkar mdzes Tibetan Autonomous Prefecture.
consider very auspicious. Monks do not stay year-round in
this small monastery. The religious activities Smyung gnas
and Gto, described below, are held there twice each year.
The following account describes the monastery's history and
its founder, Grub bla thar ba rgyal mtshan:30

The founder of Brag mgo Monastery was Grub bla thar ba
rgyal mtshan, a grub thob 'saint' from 'Brug yul 'Bhutan'
who visited many Tibetan places. Late in his life, he settled
in Bang smad and asked villagers to build a monastery on
that rocky mountain.

He wanted to place a lake in front of the monastery
after building it and so went to Nor khang mtsho sgang
Lake to fetch water. He magically poured all the lake water
into two buckets that he then put on his mule. That place
was called Mtsho sgang 'Lake Summit', but it became
known as Mtsho skam 'Dry Lake' after Grub bla thar ba
rgyal mtshan took the water.

He walked along a road about three kilometers south
of Bang smad, down ri ți Valley, near Bya zas Mountain, a
very fierce mountain deity who wanted to prevent Grub bla
thar ba rgyal mtshan from carrying water though her
territory. Grub bla thar ba rgyal mtshan got angry and
stomped a stone with his foot, creating a footprint that can
still be seen. He then went along ri ți Valley and reached
Mi mgo,31 where his tired mule lay down, spilling two drops
of water, thus creating two small lakes that can still be seen

30 Personal communication with Rdo rje rgyal mtshan (b. 1944).
31 Mi mgo is a pasture in Bang smad Village territory, a
six-hour horse ride from the village. A local account
suggests that long ago a conflict occurred between tribes. So
many people were killed that a lab rtse (see below) was
made with people's heads. Mi means 'human' and mgo 'head',
therefore the name Mi mgo.
there.

Next, he went up Bang smad Valley to Bang smad Village, and wanted to put a lake in a field at the foot of Brag mgo Monastery. The field owner objected and deliberately carried a basket full of excrement to the field where Grub bla thar ba rgyal mtshan wanted to put the lake, intentionally creating misfortune. When Grub bla thar ba rgyal mtshan wanted to create good fortune, he asked the field owner to give fodder to his mule. She then brought a basket full of noxious weeds. Grub bla thar ba rgyal mtshan then angrily decided not to put a lake in Bang smad Village and asked all the village monks to go with him.

In time they had to cross the Nyag chu River. Grub bla thar ba rgyal mtshan struck the river with his whip, causing the waters to part. They began crossing and saw gold in the water. Grub bla thar ba rgyal mtshan asked his disciple, Bla ma klu ‘bum, to collect a bowful of gold, which they used to adorn the central pillar of the chanting hall when they later built Mtsho kha Monastery.

When they reached Skyes bu, malicious spirits wanted to disturb Grub bla thar ba rgyal mtshan's journey, and caused his mule to abruptly spill a little water on the ground, forming a small lake that can be seen today.

Grub bla thar ba rgyal mtshan and his disciples finally reached their destination and began building a new monastery. He then poured all the water from the two buckets out in front of the new monastery, and a large lake immediately appeared. The monastery was therefore named Mtsho kha 'Lakeside' Monastery.

Grub bla thar ba rgyal mtshan then returned to Brag mgo Monastery where he meditated for the rest of his life.

A local monk built a new monastery named Thar ba Monastery and a stupa in Bang smad Village in 2008. Nine monks resided in this Bka' brgyud Monastery in 2010. Villagers go to Thar ba Monastery to circumambulate its
stupa on the thirteenth, fifteenth, and eighteenth days of each lunar month, believing such days to be auspicious times when chanting scriptures and performing other religious activities are especially efficacious. Villagers also do not eat meat on these days.

LOCAL DEITIES

G.yung drung spun dgu is a nine-peaked mountain north of Bang smad Village. Local residents consider the peaks to be nine brothers – the Tibetan *spun dgu* 'nine brothers' refers to the mountain's nine peaks. The *bsang* 'incense' scripture for G.yung drung spun dgu states that the mountains evolved from *btsan*.\(^{32}\) The nine brothers ride different wild animals, carry different weapons, and wear distinct armatures.

Southeast of Bang smad Village, next to G.yung drung spun dgu Mountain, is Sman btsun le'u sman, G.yung drung spun dgu's wife. When Sman btsun le'u sman eloped with G.yung drung spun dgu, her brother, G.yar ri seng ge, sent all his warriors to look for her one night. While searching for Sman btsun le'u sman, sunrise came, turning all the warriors to trees, explaining the tall trees at the foot of Sman btsun le'u sman Mountain. After G.yung drung spun dgu and Sman btsun le'u sman married, G.yar ri seng ge gave some *be l\(\varepsilon\)*\(^{33}\) trees as a trousseau to Sman btsun le'u sman. *be l\(\varepsilon\)* trees now grow among pines on the slopes of Sman btsun le'u sman Mountain.

\(^{32}\) *Btsan* are spirit beings who follow their leader, Btsan rgod 'bar ba nag po, and have their own *btsan lam* 'btsan path'. Building a house on a *btsan lam* or otherwise blocking or disturbing it results in *btsan* retaliating by harming people with their *btsan mda* 'btsan arrow'.

\(^{33}\) *be l\(\varepsilon\)* are small white-timbered evergreen trees that are very hard to cut, and are often used to make axe handles.
Bya zou lha mo mched bdun Mountain is south of Bang smad Village. Villagers say that Bya zou lha mo mched bdun is Sman btsun le'u sman's assistant and believe Bya zou lha mo mched bdun is a very fierce mountain deity who even prevents birds from flying above herself.

Dge bsnyen po blo Mountain is west of Bang smad Village. Locals say he is a general who leads all the mountain deities' soldiers. Stones shaped like guns atop Dge bsnyen po blo Mountain are considered his weapons.

When villagers make bsang and food offerings, they summon all the local mountain deities: G.yung drung spun dgu, Sman btsun le'u sman, Bya zou lha mo mched bdun, Dge bsnyen po blo, and G.yar ri seng ge. When making offerings to mountain deities, bsang is offered in front of G.yung drung spun dgu. Dar lcog are placed inside and outside lab rtse, and rlung rta 'wind horses' are flung in front of the lab rtse.

Village leaders organize families to constantly burn bsang throughout the summer in front of G.yung drung spun dgu to pray for protection and a good harvest. Each household offers bsang for one day in turn. A piece of wood is passed from one household to the next as a reminder of the obligation to burn bsang. When a family finishes making bsang, the piece of wood is given to the next family. If the designated family forgets to offer bsang one day, they make bsang the next day and then pass the piece of wood to the next family.

On the fifteenth day of the fifth lunar month, each household sends a male eighteen years or older to the summit of G.yung drung spun dgu Mountain to offer bsang.

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34 Dar lcog are cloth flags printed with scriptures.

35 Lab rtse are religious structures of earth and stones where dar lcog are placed. Lab rtse embody mountain deities.

36 Rlung rta are paper flags printed with Tibetan scriptures.
This specific offering is called *ser bsang* 'hail bsang' and is offered to beseech mountain deities to protect crops from storms and other natural disasters. All participants take green barley plants pulled from the fields, *dar lcog, rlung rta, bsang rdzas*, 37 *zas mar*, 38 milk, barley liquor, water, and food. They meet in the village center and leave together at seven or eight a.m. Participants burn green barley plants, *bsang rdzas, zas mar*, water, milk, and barley liquor with conifer sprigs on the mountain. All pray loudly for a good harvest, scatter *rlung rta*, and renew the *lab rste* by inserting new *dar lcog*.

For the remainder of the day, participants play such games as tug-of-war, hold footraces, and take turns singing solo while drinking liquor and beer and eating.

Village elders said:

Our local mountain deity, G.yung drung spun dgu, had a conflict with some other mountain deities. One of the brothers (peaks) was cut by one of the other mountain deities, creating a canyon.

This canyon is believed to be inauspicious because ideally mountain ranges near the village should not feature canyons. The existence of this canyon is thought to explain why village elders do not live to be very old. Consequently, villagers offer *bsang* between two of the mountain peaks (brothers) in order to help elders live longer and prevent disasters.

On the twenty-fifth day of the fifth lunar month, villagers go to la dzö hi Canyon to offer *bsang* and hang prayer flags across the canyon. Gaps in the mountain edifice

37 *Bsang rdzas* is *rtsam pa*, butter, tealeaves, and wool. People burn *bsang rdzas* with conifer needles as an offering to mountain deities.

38 *Zas mar* is a piece of butter encased in *rtsam pa*. 
are believed to be inauspicious and hanging prayer flags across the gap completes the edifice and brings prosperity to the community.

On the fourteenth day of the seventh lunar month, each household sends a male to Skyobs 'byin seng nag Mountain,\textsuperscript{39} where they spend two or three days making ri bsang.\textsuperscript{40} Skyobs 'byin seng nag Mountain is venerated by communities throughout the entire county and is far from Bang smad Village. Villagers ride motorcycles there. Bsang is offered on the second day. Participants picnic and enjoy being together on the other days. va ṭa, la kʰu, la xʰe, dɔ tʰaw, çα di, la ṭa, ṭa dzɔ wοn tɛ ba, ṭa dzɔ wοn me ba, ṭa ba, ṭa koŋ, boŋ tʰa, kʰa loŋ, boŋ mi, and kʰa ndu villagers gather to make bsang on the morning of the fifteenth day of the seventh lunar month, picnic, and enjoy themselves.

In addition to the specific, named deities mentioned above, villagers also believe in sa bdag 'landowners', klu 'naga', btsan, and gzhi bdag 'mountain deities'. These deities may be angered by people digging in wild places, dirtying water, or cutting trees on mountains, and then relatiate against villagers or their livestock and crops through disease and disaster. Villagers make offerings of bsang to sa bdag, klu, and gzhi bdag to avoid such calamities.\textsuperscript{41}

\textsuperscript{39} This mountain near va rα and la kʰu villages (Bang smad Township) is venerated by all Nyag rong County residents.

\textsuperscript{40} Ri bsang 'offering bsang on mountains' is done annually on the fifteenth day of the seventh lunar month.

\textsuperscript{41} These deities consume odors, hence offerings are burned.
OTHER ANNUAL RITUALS

Snang zhi

Snang zhi is held for one day in the fourth or fifth lunar months and is organized by villagers. The date for Snang zhi may change annually depending on when villagers are free. Each household donates 2.5 kilograms of butter, about 2.5 kilograms of grain, twenty RMB, and firewood. A large tent is pitched in pʰu Gu, at the foot of G.yung drung spun dgu, and village monks and bla ma are invited inside. Villagers provide three meals a day to monks. The monks and bla ma chant scriptures throughout the day as villagers offer bsang with much grain, butter, rtsam pa, fruit, and salt to their yul lha 'territorial deity', srung ma 'protector deities', gzhi bdag, and yi dwag 'hungry ghosts'. The bsang ash is collected at the end of the ritual and divided among villagers who sprinkle it in their fields, believing it increases field productivity. The ritual beseeches the deities to protect crops in summer and autumn, and protect residents and livestock from diseases and disaster.

Smyung gnas

The entire fourth lunar month is auspicious because Buddha Shakyamuni was enlightened and died during this month. Smyung gnas is held during this time and is organized by the four sʰʒ pu, who collect about 7.5 kilograms of grain, five kilograms of butter, and fifty RMB from each household, and also invite all the village monks and bla ma to Brag mgo Monastery. A male or female representative from each household assists village leaders in making food for the monks and bla ma. The ritual lasts eight days. Each household assigns a person to attend the ritual each day, and village leaders fine absentees ten RMB per day.
Two monks blow white conch shells at about six a.m. summoning all participants to gather at Brag mgo Monastery to receive the bla ma's teaching. A monk gives participants water to purify their mouths when they reach the monastery gate. The bla ma and monks chant scriptures for about half an hour, and the bla ma then gives Buddhist teachings. Participants gather at the ma Ni pile\textsuperscript{42} afterwards to circumambulate. Others gather at the ma Ni khang\textsuperscript{43} to turn ma Ni wheels and chant scriptures. Most attendees chant ma Ni but otherwise avoid speaking in order to emulate a bla ma's virtuous behavior. This is called ngag bcad. Participants gesture when communication is needed.

The white conch blares again at noon. Participants rinse their mouths and then spit out the water before eating. Much melted butter and rtsam pa are often eaten at this time. Participants avoid getting up during the meal because doing so means they may not eat again that day. Thus, they sit and eat until full. Lan chags\textsuperscript{44} is made from leftover food, taken to the monastery where monks and bla ma purify it, and is then scattered around the monastery as an offering to hungry ghosts and other spirits. Participants go to the monastery in the afternoon, chant with monks for about an hour, and then return home.

Some participants drink one or two bowls of tea at night, which is called smyung phra. Those who need to take medicine do so the next day when they have meals as usual, though they must rinse their mouths again before eating.

\textsuperscript{42} The ma Ni pile is made of thousands of stones inscribed with ma Ni and other sacred writings.

\textsuperscript{43} The ma Ni khang is a hall with scriptures and a large ma Ni wheel that people turn while chanting.

\textsuperscript{44} Lan chags is made from leftover rtsam pa and other food. It is squeezed in the hand and has no specific shape. It is offered to hungry ghosts and other Hell beings.
Village elders circumambulate the *ma Ni* stone pile and *ma Ni khang* during the other days of the fourth lunar month.

Spyi gto

Spyi gto is held three days after Smyung gnas concludes to avert sickness and disasters in the coming year, and to dispel misfortune and obstacles. Villagers pray to the deities to protect them and their livestock.

Villagers contribute clothes and food to make effigies of a monk and a married couple with a son and daughter. Village carpenters and youths use wood and clothes to make the effigies, which are offered to *rgyal mdon*, evil spirits that attack and take away a person's soul. Effigies are offered as substitutes for humans.

On the ritual's final day, the *s³ pu* ask villagers to drive their tractors and cars to escort the effigies to a site two kilometers southeast of Bang smad Village where the Nyag chu River flows swiftly. This is a fixed location chosen by a local *bla ma*. The last day of the ritual exorcises all sickness and bad luck. Approximately ten tractors and five cars escorted the effigies in tractor-trailers in 2010. Participants travel in cars, chanting and setting off firecrackers enroute.

Planks and wire are used to make several rafts. Each effigy is placed with grain and clothes on different rafts, which are then placed in the river and carried away. A disaster-free year is portended when the river swiftly carries the effigies away. It is a bad omen if the rafts return to the shore or if an effigy faces the village. The rafts are quickly pushed back into the stream with long poles in such cases, and stones are thrown near them to make the rafts move away or turn.

While returning to the village, three stones and several pieces of wood are placed at the crossroads, creating
effigies called \( \dot{t}u \) that are about a meter tall and resemble a standing person. \( \dot{t}u \) prevent disasters, sickness, and evil spirits from returning to the village.

Sa bdag 'khrug bcos (Snang brgyad)

This three-day ritual is held during the fourth and fifth lunar months on a date chosen by local \( \textit{bla ma} \). The name means 'to eliminate the \( \textit{sa bdag}'s \) anger'. Three or four monks are invited to hold the ritual and chant scriptures.

At the end of Sa bdag 'khrug bcos, a young householder asks all village children to come to a place local residents consider to be the home of \( \textit{klu} \). Monks or \( \textit{bla ma} \) chant scriptures for about an hour, make \( \textit{bsang} \), and offer milk, steamed barley, wool, and bread. The children chant \( \text{sid+dhi}^{45} \) together loudly and then sit in a large circle. Households give candy, steamed barley, a small loaf of bread, and steamed rice to each child.

G.yang sgrub

Each village household enshrines their \( \textit{g.yang} \) and \( \textit{g.yang mda}'^{46} \) in a zo. Villagers invite five or six monks to hold this ritual for two or three days during the fourth and fifth lunar months and during wedding parties. Monks chant scriptures, add more cloth to the \( \textit{g.yang mda}' \), and pray for a bountiful harvest and for the family's wealth to increase.

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45 Repeating this mantra of Padmasambhava – \( \text{oM aHhU~M' badz+ra gu ru pad+ma sid+dhi hU~M'} \) – is believed to exorcise evil and sickness.
46 The \( \textit{g.yang mda}' \) is considered the \( \textit{g.yang}'s \) body and is an arrow with pieces of yellow, green, blue, white, and red cloth tied to it.
Btsan mchod

If illness comes after building a house or digging in a wild place, a monk may be asked to hold a \textit{btsan mchod 'btsan offering'} that requires about two hours to complete. This ritual is also held during Gto. A monk makes a \textit{gtor ma} \footnote{Monks and \textit{bla ma} make \textit{gtor ma} from \textit{rtsam pa}.} resembling a house, chants scripture, and offers grain, bread, and meat, symbolizing thousands of yaks, sheep, and goats and abundant grain. Villagers consider $k^h\text{ja boŋ rɔ}$ and $k^s\text{ja boŋ rɔ}$ – two small peaks near the village – to be part of G.yung drung spun dgu Mountain and to be inhabited by \textit{btsan}. A male from the home takes the \textit{gtor ma} to one of the mountains at the end of the ritual. Half the village families take \textit{gtor ma} to $k^h\text{ja boŋ rɔ}$ and the other half goes to $k^s\text{ja boŋ rɔ}$, where the \textit{gtor ma} are discarded.

Gshin phud

Every household invites a monk to perform Gshin phud when a villager dies. Gshin ma is responsible for every death and goes to other village homes to attack other householders after killing someone.

Monks repel Gshin ma by chanting scriptures and scattering peas in a house from roof to gate. A boy goes with the monks, and when monks sprinkle peas in a room, he stays above the monks on a ladder to stop Gshin ma going upstairs. The boy who follows the monks brings ash from the family stove. The gate is closed after the monks and boy exit. The monks then draw $\times \times$ on the doorstep and a half circle on the ground in front of the door with ash given by the boy and then chant for a short time. Gshin ma now cannot enter the home. The monks depart and the boy opens the gate to return home.
Khyi mgo lag bkru (Khyi mgo lag gtsang)

Khyi mgo lag bkru 'washing the dog's head' is a ritual to purify unclean people. Those who touch a human corpse or a dead dog or horse may not make such offerings as bsang, until a monk performs Khyi mgo lag bkru. He makes a dog's head from rtsam pa, puts it on a flat stone, and chants scriptures over it for about half an hour. The polluted person washes their hands and then shakes them nine times above the effigy, which the polluted person then carries nine steps away before discarding it. This person may make offerings again after finishing Khyi mgo lag bkru. Those who do not hold Khyi mgo lag bkru will weaken and eventually lose their lus lha, and are then easily attacked by ghosts and other evils.

Mdos

It is believed evil spirits are trying to take away the spirit of an ill person if medicine proves ineffective. A monk is then asked to hold Mdos. The monk makes a rtsam pa effigy resembling the ill person, chants scriptures for about three hours, and then tells the householder to discard the effigy outside the house. The effigy is thus given to the spirits as a substitute for the ill person.

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48 Every person has their own lus lha 'body deity' on their head protecting them from harm.
The a la Jo Ritual

Villagers hold the a la Jo fourteen days before ƚe ndze on the evening of the twenty-ninth day of the eleventh lunar month. Those aged eleven to thirty from each household make bonfires, burn straw torches, and circumambulate the village to expel ghosts, sicknesses, and other evils.

The ritual begins between six and seven in the evening, when four sʰɔ pu go to na go, a field in the village center. They announce the ritual's commencement and visit each household, asking participants to come to na go. About fifty young villagers then gather in the field wearing old clothes and bringing tied bundles of wheat straw from their homes.\textsuperscript{49} Since 2005, many families began using threshing machines instead of threshing by hand and thus lack long straw because the threshing machine breaks straw into short pieces. Thus they may collect and store straw especially for a la Jo. Others may ask neighbors for bundled straw.

Once the families are gathered, village leaders record the names of families not represented and later ask them to pay a fine of ten or fifteen RMB. The young participants collect wood from shrubs at the field's edges, make a pile about three meters high in the middle of na go, and light a bonfire when darkness comes. Participants then use the bonfire to ignite their straw bundles, and begin yelling, "a la Jo, a la ce!"\textsuperscript{50}

Participants circle the bonfire once holding their torches, then circle the village. On the village outskirts they shout, "a la Jo, a la ce, ḥa bɔ sʰu tʃɛ nɔ qɛ" "a la Jo, a la ce, pay straw tax to the king!" and then continue yelling "a la Jo,

\textsuperscript{49} Straw has been saved for fodder since harvest.

\textsuperscript{50} This phrase has no lexical meaning.
"a la ce!" while running around the village and asking families for more straw bundles to burn. Families throw bundles from the roofs of their houses, which participants scramble to collect. Some families recently began setting off firecrackers from the roofs of their houses as participants circumambulate the village.

Participants walk with their torches towards a field called rə ndżə near the field where the ritual began. Prior to participants' arrival at rə ndżə, families from that village section have collected wood, brought straw bundles to the field, and stacked it. Participants light these bundles to make a second, final bonfire. As the bonfire burns low, most participants jump over it, in the belief that this removes impurities and sickness accumulated during the past year, and is also thought to help avoid sickness and bad luck in the coming year.

Finally, participants remove their shoes, take a handful of straw from unburned bundles, put it inside their shoes, take several steps after putting their shoes back on, stop, remove the straw, and then burn it, to further ensure removal of bodily impurities.

Ritual participants stay by the bonfire and chant sid+dhi for ten minutes. The fire gradually burns out and participants go home, collecting stones and twigs near the path, and putting about four stones and three pieces of wood at crossroads throughout the village, creating one-meter high effigies called t'u that resemble a standing person. After placing the t'u, participants say, "ŋa ne tsʰa sʰə, te nde tʃə sʰə, tsʰa je ḫa tsʰə pʰa ri ḫə ḫə May all bad luck go far away to the opposite shore of a boundless ocean, do not return to this tʰu."

The a la ḫə ritual is completed in about two hours. Historically, youths between twelve and eighteen years of age then held parties. Four or five boys and girls chose a family and stayed with them that night. Each took a piece of meat, uncooked rice, and a bottle of barley liquor. They
danced *skor bro* 'Tibetan circle dances' and modern dances, sang, and ate together. Such parties are no longer common in Bang smad Village.
Facing page: The following map of Bang smad Village was drawn by Ban de tshe ring (male, b.1988). The lines and fires represent activities associated with the a la Jo ritual.
Gyung drung spun dgu Mountain
Before  türl� ndže

Before restrictions were placed on liquor consumption, women previously prepared for طرف ndže by making liquor by boiling barley and water in a large pot. After boiling, clear liquor was added and the mixture put in a warm place (e.g., a storeroom) for fifty days. The liquid was then boiled again in a large iron distiller, and the liquor collected using a tube running into a bucket.

Men and women clean their home ceilings on the twenty-ninth day of the eleventh lunar month. Kitchen utensils, buckets, and bedding are moved out of the house. Furniture is covered by plastic to prevent dust from soiling it. Male family members use wheat flour to decorate the inside walls, doors, and posts with bkra shis rtags brgyad. Water buckets, teapots, and bowls are decorated with phra tog 'small, flat discs of butter', symbolizing luck.

Most families slaughter a yak before the New Year and make sausages from yak meat and intestines. Khrag rgyu 'blood sausage' and rtsam rgyu 'rtsam pa sausage' are made. Villagers visit Nyag rong and Dkar mdzes county towns to buy cigarettes, candy, fireworks, peanuts, vegetables, and clothes. In the past liquor and beer were purchased. A household typically spends about 3,000 RMB on طرف ndže preparations.

The night of طرف ndže Eve is called a qa Jä, a term without particular meaning. As stars appear, a person from every family fetches water in the belief that it will be purified and sanctified by starlight. Such water is called skar chu 'star water'. Adult male household members mix this water with roasted barley flour to make ṭö mdzu, small

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51 Bkra shis rtags brgyad (the Eight Auspicious Symbols) consist of the parasol, a pair of gold fish, a treasure vase, a lotus, a white conch shell, an endless knot, a victory banner, and the gold wheel of the dharma (Beer 1999).
sculptures shaped like mountains, for each family member. They then make two larger sculptures for G.yung drung spun dgu, and one for the g.yang and other local mountain deities.

Every family member eats their xo mdzu on the first day of ʻle ndze. The two other large sculptures are burned in bsang on the mountain as offerings to G.yung drung spun dgu. The final large xo mdzu is put in the xo as an offering to the g.yang. The family eats the sacred xo mdzu after ʻle ndze is finished.

Every family member should be at home on ʻle ndze Eve. Women prepare steamed meat-stuffed dumplings, noodles, fried vegetables, and rice. The whole family feasts together between about nine and ten p.m. and then goes to bed.

ʻle ndze

All girls over eighteen years old and all female heads of households (usually the mother or wife) get up at five to six a.m. on the first day of ʻle ndze, go to the main room of the home that serves as both kitchen and sitting room, and spread out carpets on the xo ɟe, a heated bed and sitting platform. Tables are placed by the xo xo and covered with dishes of food, e.g., dzɔ cɔ 'twisted bread', boiled yak meat, sunflower seeds, bread, candy, and, in the past, bottles of liquor. A female household member burns a juniper sprig inside the house and takes it to the courtyard gate to greet King Ge sar, who locals believe visits every home on the first day of ʻle ndze. The family whose matriarch gets up earliest is believed to be the first visited by King Ge sar and consequently village women compete to receive this prestigious honor. The woman says:
while standing at the gate, inviting King Ge sar to visit the home, and then puts the smoking juniper above or next to the household gate.

All family members are up by around seven a.m., have a breakfast of *rtsam pa* and milk tea, and then put on their best clothes, which are worn until *le ndze* ends. Villagers above the age of eighteen wear traditional Tibetan robes while young villagers wear modern pants and jackets. A male older than ten or eleven makes an offering of *bsang* on the stove after dressing. This offering is called *thab bsang* and is to a family's *thab lha* 'stove deity' and to local mountain deities. The male performing the *thab bsang* makes an offering of *bsang* in the *bsang khang* 'bsang altar' of the home. He prays loudly for the family, crops, and livestock to be protected from illness and disasters:

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1. Bla ma (the superior one), *yi dam* (tutelary deities), heroes, *dakini* (goddesses), guardian deities, local deities, and all deities.
2. (I make) a pure offering to you.
3. Protect and help all humans and livestock by preventing sickness, disaster, and misfortune.
4. (I make) a pure offering, a pure offering to you.

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52 *Thab bsang* 'stove incense'.
Every family renews the *lab rtse* on the roof of their house, unless someone in their family has died during the previous year. All family members have bread, boiled beef, *จำนวนมาก*, and milk tea after the *bsang* offering. At around eleven a.m., able male family members go to G.yung drung spun dgu Mountain on horseback, where *bsang* and *rlung rta* are offered to G.yung drung spun dgu on a stone platform. Four *sʰʒ pu* invite about ten local monks who come with a drum, bells, two conch shells, and scriptures. After the monks finish chanting scriptures, everyone prays loudly, reciting the same prayer as during the *bsang* offering.

Monks ask all village men to swear in front of the *bsang* platform to abstain from killing wild animals, drinking alcohol (beer, wine, liquor), and smoking tobacco for the year following the *ṭe ndze* celebration. Making this oath on the mountainside started in about 1967. The oath was taken in Ra rgyal, Mtsho kha, or Rnga rkang monasteries before the Cultural Revolution. These monasteries were damaged or destroyed during the Cultural Revolution, and villagers secretly offered *bsang* and took the oath on G.yu drung spun dgu Mountain.

*Bsang* is offered again and then men sit in a circle by the *bsang* platform. The *sʰʒ pu* and elders make rules regarding *ṭe ndze*, e.g., they might stipulate that men should not wear knives during *ṭe ndze* in order to avoid violence, warn that fighting and disobeying a village leader will be punished, and discuss how many days the villagers will celebrate *ṭe ndze* indoors and outdoors. Villagers generally spend the first two days of *ṭe ndze* indoors and the next four days outside, though this may change yearly according to the decision made the first day.

Men and boys ride horses back through the village after finishing activities on G.yung drung spun dgu Mountain. Other villagers wait along the path. Most families are very busy because they invite relatives to their home on the afternoon of the first day of *ṭe ndze*. They give fried
bread, a piece of beef, and candy to each relative. Some families invite monks to chant scriptures and make gsur for relatives who died one or more years previously.

Every family visits other households on the second day of le ndze. Villagers invite neighbors and friends to eat, watch television, and chat. All household members except for the frail, the very young, and new mothers, visit other households the entire day. Some men may return home as late as eleven or twelve at night.

Three-year-old children are taken when visiting. The child's hair is braided with a white silk scarf in which coral and turquoise beads and protective amulets are tied. During this visit, called pʰə νə, all relatives give gifts to the three-year-old child. A child's senior a νə 'maternal uncle' gave a horse to his niece or nephew in the past, but now gives 500 to 1,000 RMB. Other relatives give fifty to 100 RMB.

Villagers have a horserace on the fifteenth day of the twelfth lunar month. A male from each household – about thirty participants in all – competes. Each household must have a participant in the horserace or pay a 100 to 200 RMB fine. Some families go to other villages to borrow horses for the race. In 2010, fewer families owned horses and owned cars and motorcycles instead. Elders and village leaders decided that each family must buy a horse in 2010. Some families may need to break in young horses before the horserace and ask other male villagers to help.

Every villager puts on their finest clothes and jewelry to display their wealth on the day of the horserace. During the race, some riders perform handstands while riding, or jump to the ground and then back onto their galloping horses. After three races, the riders and villagers dance skor bro while the horses rest. Racing and dancing alternate for the rest of the day. Before village dancers finish the last dance, an elder makes a speech praising the famous mountains, rivers, and monasteries in Nyag rong County, and
praising local mountains, rivers, fields, and people. Dancers are rewarded with dzop ‘cash’. The orator names the people who provided such cash donations.

From the sixteenth to the eighteenth days of the twelfth lunar month, elders mingle and relax outside their homes. Other villagers meet at na go in the village center to dance, sing, and perform comedies. All dancers again dress in their best clothes and jewelry on the eighteenth day of ṭe ndzê. In the afternoon before the final dance, an orator repeats the same speech he gave at the horserace, and then all participants dance in a large circle for about an hour, concluding ṭe ndzê.

Gto is held three or more days after ṭe ndzê concludes, although there is no set date. Most families hold Gto to pray for luck and prosperity in the coming year after ṭe ndzê finishes. Households invite about ten village monks to their homes, who make gtor ma, and then chant scriptures for two days. On the second and final day of the ritual, an adult male from the household carries a gtor ma out of the house to a nearby field and burns it in a fire positioned relative to their household members' zodiac signs; locals believe each zodiac animal lives in a different direction. A lama then tells a family precisely where they should burn the gtor ma.

Return to Daily Life

Villagers wear ordinary clothes, eat everyday food (rtsam pa, bread, rice, and fried vegetables) and resume work after ṭe ndzê. Some male family members prepare to leave to work outside the community. Others collect firewood from

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53 The zodiac signs are the rat, ox, tiger, rabbit, dragon, snake, horse, sheep, monkey, rooster, dog, and pig.
the mountains, slide it down frozen streams, and then use tractors to take it home for new building projects or to burn as fuel. Farming begins in the second lunar month and villagers are then busy in the fields until after harvest in the ninth lunar month.

OMENS AND OTHER FOLK BELIEFS

Omens are discernible from people, animals, dreams, and various natural phenomena. A *bla ma* is consulted when a bad omen occurs.

Good Omens

- It is auspicious to hear the first cuckoo of spring when in a good mood and relaxed, but it is a bad portent if it is heard when in bed, going to the toilet, doing hard work, or hungry. This blessing is sung when the first cuckoo is heard:⁵⁴

Literary Tibetan

1. སྙིང་པོ་ིན་པ་
2. སྙིང་པོ་ིན་པ་སེམས་དཔེར་
3. སྙིང་པོ་ིན་པ་སེམས་དཔེར་
4. སྙིང་པོ་ིན་པ་སེམས་དཔེར་
5. སྙིང་པོ་ིན་པ་སེམས་དཔེར་
6. སྙིང་པོ་ིན་པ་སེམས་དཔེར་
7. སྙིང་པོ་ིན་པ་སེམས་དཔེར་
8. སྙིང་པོ་ིན་པ་སེམས་དཔེར་
9. སྙིང་པོ་ིན་པ་སེམས་དཔེར་

⁵⁴ Rdo rje rgyal mtshan (b. 1945).
Oral Tibetan

1. ཨ་རེ་ཁང་ི་ིས་ཞིིག་ཅོེས་ཏེ།
2. ཨ་ཁང་གི་ིས་ཞིིག་ཅོེས་ཏེ།
3. ཨ་ཁང་གི་ིས་ཞིིག་ཅོེས་ཏེ།
4. ཨ་ཁང་གི་ིས་ཞིིག་ཅོེས་ཏེ།
5. ཨ་ཁང་གི་ིས་ཞིིག་ཅོེས་ཏེ།
6. ཨ་ཁང་གི་ིས་ཞིིག་ཅོེས་ཏེ།
7. ཨ་ཁང་གི་ིས་ཞིིག་ཅོེས་ཏེ།
8. ཨ་ཁང་གི་ིས་ཞིིག་ཅོེས་ཏེ།
9. ཨ་ཁང་གི་ིས་ཞིིག་ཅོེས་ཏེ།

1. I hope that you and I will be long-lived.
2. You sing from the sky,
3. I listen from the valley,
4. I hope that (next year) you will come sooner than this year,
5. I hope that (next year) I will be happier than this year,
6. I hope that (next year) you will be more prosperous than this year,
7. I hope that (next year) I will be more prosperous than this year,
8. Next year,
9. I hope you will have thirteen *zas mar*.

- It is a good omen when food or tea boils over.
- Losing a hat means to lose all one's bad luck.
- A person with large, thick ears will become rich.
- A magpie heard in the morning portends good news will come that day.
- Success will come if a person carrying a full bucket of
water or children wearing nice clothes are encountered when leaving the village to do seasonal work or business.

- Dreaming of something burning means the mountain deity is protecting you.
- Dreaming of falling from a very high place means you are growing taller.
- Snow on the first day of Ṭe ndze is auspicious, as encapsulated in the local adage, "Lo sar kha ba gser las dkon New Year snow is rarer than gold."
- Finding a rope is very auspicious even if the rope was used to carry a corpse (a person may use a rope to transport a corpse on their back).
- Rainbows signify good luck. If the two ends of a rainbow are on rocky mountains, rain will continue to fall until the rocky mountains have disappeared. If one side is on a river, rain will only stop when the river becomes dry.
- Seeing a rabbit while beginning a journey is a good omen. Locals say, "A bu ri bong bsam pa dkar bo A good-hearted rabbit."
- It is a very good omen to see others carrying a corpse at the start of a journey.
- A child will become a high reincarnate bla ma if there are wrinkles in the shape of the moon, sun, a mountain, or an ocean on his tongue.
- Accidentally wearing clothes inside out suggests good things will be received from others.
A mole under the mouth suggests the person will have much food to eat and will never be hungry.

**Bad Omens**

- People believe dogs can see demons at night, and will howl if they see a demon, a very ominous portent.

- It is ominous to hear a colt neighing at night.

- It is inauspicious to hear an owl hooting or to see an owl perched atop a house.

- It is ominous if a grouse perches atop a house.

- It is ominous if wild birds or animals come to a house or village.

- It is ominous to see a monkey riding a musk deer.

- It is a very bad sign if a snake is seen eating a frog, bird, or any other animal.

- It is believed that snakes show their feet when beaten. It is a bad sign to see snakes' feet.

- It is ominous to see a bird with a snake in its claws.

- It is ominous to see snakes between the tenth and twelfth lunar months and to see otters in summer. An adage states: "Dbyar sram dgun sbrul Summer otter, winter snake."

- Finding a piece of gold bigger than one's finger is very ominous because such gold is thought to have been...
provided to pay for one's funeral. To find *gzi*\(^{55}\) or coral is inauspicious, while finding turquoise or a conch shell is fortuitous.

- It is very ominous to give birth to a child without hands or visible sex organs, with three legs, with extra fingers or hands, or if the child is blind or dumb.

- It is considered a bad omen for someone if a rat chews part of their clothes.

- It is inauspicious to give birth to a female in the same zodiac year as the mother, who will fall ill after delivering. However, good fortune is portended if she gives birth to a boy in the same zodiac year as her own.

- It is bad luck to see people having sex during the daytime. The viewer then shows their genitalia as this sends the misfortune back to the couple. If this is done, monks should be asked to hold a ritual. The person who purposely displayed their genitalia then puts a stick into the earth where the people were having sex to avoid misfortune.

- It is inauspicious and rude to give a guest a chipped bowl or cup.

- It is inauspicious to sweep the house soon after a person leaves, especially if they are leaving on a long journey. To do so means they will encounter misfortune on the journey. Sweeping is done the next day.

- People never keep a hat they find even if it is very

\(^{55}\) *Gzi* are rare, precious agate beads considered to be animate.

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valuable. To do so brings the wearer all of the hat's previous owner's bad luck.

- Dreaming about a damaged house or a house being damaged particularly by the house owner is a sign of misfortune.

- Those who dream of running about naked will soon lose their reputation.

- It is inauspicious to dream of losing a tooth or cutting trees.

- Dreaming of the setting sun or of a butter lamp that is nearly extinguished portends one's imminent death.

- A person with a mole under their eye will often cry.

- It is very inauspicious for livestock to give birth to offspring with two heads or five feet.

- You will be cheated by others if you wear two hats at once.

- A solar or lunar eclipse occurs because the sun or moon have been eaten by Sgra gcen, an enormous demon. Long ago, a solar eclipse continued for many days. A bla ma then used his rdo rje 'thunderbolt' to pierce Sgra gcen's throat and the sun emerged. Sgra gcen can now no longer swallow and everything pours out of his throat. Buckets of water are brought outside during the eclipse, because the sun or moon fighting with Sgra gcen can be seen reflected in the surface of the water. Villagers make butter lamps, fire guns, and recite the mantra of Padmasambhava to help the sun or moon quickly emerge from Sgra gcen's throat. Villagers believe solar or lunar
eclipses are unfavorable for *bla ma* and leaders who have high positions.

- The number nine is unlucky and people never go out to work in groups of nine. When leaving the house to work, eight or ten loaves of bread are taken, never nine.

- A crow defecating on a person's body signifies approaching illness. The afflicted person then begs for grain at each village household. This grain is roasted with some of their own grain. Children then are invited to their courtyard to recite the mantra of Padmasambhava for about an hour and given some of the roasted grain to eat.

Others

- A lost tooth is wrapped in wool and tossed heavenwards while praying to have a new tooth, saying, "*kʰɔ dzɔ va dzɔ jo rɔ dɔ xʰɔ, tʃaw dzɔ tʃaw mi lo rɔ na tà Dog tooth and pig tooth go away – give me a metal tooth."

- Itching feet suggest imminent travel.

- A cat washing its face by licking its paws and running them over its face suggests guests will come.

- To remove a wart from a hand, the person extracts blood from the wart and secretly puts the blood on their *a ḋo* (maternal uncle)'s hands.

- It is believed that the mother of a child with a big mole on its body stole a hide when she was pregnant. If a pregnant woman walks by someone softening a hide, it is believed the pregnant woman may steal the hide,
meaning the hide cannot be softened well.

- The mother is believed to have stolen dye when she was pregnant if a child has a red mole on their body. Dye seen by a pregnant woman will be ineffective.

- A lost tooth should not be seen by a pregnant woman, because she steals teeth for her unborn infant and the person who lost the tooth will be unable to grow a new tooth.

- The mountain deity is happy and will protect whoever sees flowers in winter and whoever sees wildlife at any time of the year while circumambulating a sacred mountain.

- Rubbing the eyes with a skya ka 'bird's gallbladder' allows one to see ghosts and gods at night.

- Tea is drunk after eating meat at night in fear of being reincarnated as a wolf.

- No reply is made if your name is called at night until it has been called three times. Ghosts call people's names to lure them away, but never call three times – only people do.

- Before selling livestock, soot mixed in butter is put on the animal's face, and hair is cut from the tip of the tail to prevent a decrease in the family's gyang.

- Cobwebs on ceilings of the first floor are never swept away. Doing so prevents a family from becoming rich.

- Pouring a cup to overflowing indicates that the guest is unwelcome. Locals say, "Mi dga' ja blug (If you) dislike
(someone) pour (much) tea."

- Starting a journey on an inauspicious date bodes ill. Astrologers or bla ma are asked to choose an auspicious date for travel. Those who must leave on an inauspicious day choose another auspicious date before the actual departure date and pretend to leave by taking luggage, saying goodbye to their family members, going outside the house, and walking several meters. They then return and leave on the inauspicious day.

- Gzi can magically move away from people. If gzi are found, they should be stepped or spit on, thus polluting them before picking them up, or they will be taken by mi ma yin.\(^{56}\)

- Many snakes coiled together in a ball is a good omen. Atop all the snakes will be one with a golden horn. If this snake is given a piece of yellow or blue cloth it will give its golden horn in return. However, it is very inauspicious to see snakes emerging from a ball of snakes.

- A child may change sex after birth. Such changes are most commonly male to female and caused by 'dre mo\(^{57}\) 'witches'. A baby changes sex if a 'dre mo visits a mother who gave birth in the past several months. Sex change may also result if mothers eat food prepared by a 'dre mo or a widow. Mothers therefore avoid eating food from other homes and visiting other families for three weeks after giving birth.

\(^{56}\) Mi ma yin are formless spirits or hungry ghosts.

\(^{57}\) A 'dre mo is a woman who stays at home at night but is seen by others outside her home in the village.
- One's *lus lha* is offended when walking under a ladder, resulting in illness.

- People are protected by a lamp on each shoulder and should never look back when out at night. Doing so extinguishes the lamps and then the person with extinguished lamps will see ghosts, who then attack at night.

- Swallowing saliva when a shooting star is seen helps revive one's memory.

- A child that rides dogs will be a bed-wetter, which is why parents stop children from riding dogs.

- Marriage between relatives separated by less than three generations is taboo. Such marriages are thought to produce deformed children.

- Hands are swept with a broom during a solar eclipse to remove warts.

- Nail clippings are never discarded in the open, in the belief that nail clippings eaten by a bird make it become mad and die. In turn, the dead bird will be eaten by a dog that will become mad and bite a person, who in turn, will also go mad.

- Hair is collected after combing or cutting and kept in a ball that is disposed of in a high place or burnt. If it is left in a low place, it may be stepped on, offending one's *lus lha*.

- Second-hand clothes or one's own clothes that others have worn are held over burning incense to purify them. Others' quilts or clothes may be trampled or spat on for
the same purpose.

- Snakes and frogs are embodiments of *klu*. Beating snakes or frogs results in livestock giving little milk.

- Drunks do not cross rivers because doing so increases the degree of their inebriation.

- As people can see snakes shed their skin, it is believed that horses can see people shed their skin.

- A person who beats the grassland will soon experience some heart-wrenching calamity and will therefore beat their own chest.
Figure One.
Brag mgo Monastery is 800 years old and situated on a rocky mountain 500 meters from Bang smad Village.

Figure Two.
Mtsho kha Monastery and the lake created by Grub bla thar ba rgyal mtshan.

Figure Three.
Thar ba Monastery and a mchod rtan built in 2008.

Figure Four.
G.yung drung spun dgu Mountain is east of Bang smad Village.

Figure Five.
Sman btsun le'u sman Mountain is southeast of Bang smad Village.

Figure Six.
G.yar ri seng ge Mountain is southwest of Bang smad Village.

Figure Seven.
Bya zas lha mo mched bdun Mountain is south of Bang smad Village.

Figure Eight.
Dge bsnyen po blo Mountain is west of Bang smad Village.

Figure Nine.
Effigies made by monks and laymen.

Figure Ten.
Effigies of a mother and her daughter made by monks and male villagers with villagers' donations.
Figure Eleven.
During the Spyi gto ritual, villagers gather and send off effigies and offer much grain in order to exorcise sickness, disasters, and bad luck.

Figure Twelve.
Young villagers put effigies on tractor trailors.

Figure Thirteen.
Villagers in cars, motorcycles, and tractors escort effigies to the Nyag chu River.

Figure Fourteen.
Young male villagers divide into three groups at the riverbank. Each group makes a raft.

Figure Fifteen.
A raft is made using wood and wire.

Figure Sixteen
Male villagers use metal wire to tie effigies to a raft.

Figure Seventeen.
Male villagers tie wire to the front of the raft and direct it using this wire after pushing it into the water.

Figure Eighteen.
Male villagers push the monk effigies away.

Figure Nineteen.
Male villagers throw stones near the effigies to cause them to flow away. It is considered ominous if the effigies turn back or stop.

Figure Twenty.
Grain and clothes are put on the rafts with the effigies, which
the river carries away. As the rafts move away, villagers say, "Take away all sickness of people and livestock. Please go to the opposite side of a boundless ocean, where many people dance and sing and where there is much delicious food and many nice clothes."

Figure Twenty-one.
Tshe dbang dpal 'byor puts effigies on a raft.

Figure Twenty-two.
The effigies are carried away by the Nyag chu River. It is a good sign when the effigies float smoothly away.

Figure Twenty-three.
Male villagers push the last effigies away. Some wood is left from making the raft, which is not taken back to the village in fear that it may bring bad luck.

Figure Twenty-four.
Villagers drive cars, tractors, and motorcycles back to the village after sending off the effigies.

Figure Twenty-five.
Tshe dbang chants scripture and offers grain, bread, and meat to btsan, symbolizing thousands of yaks, sheep, goats, and much grain.

Figure Twenty-six.
This small peak, named xo ja boŋ rǝ, is considered part of the G.yung drung spun dgu Mountain and is thought to be inhabited by btsan.

Figure Twenty-seven.
On the twenty-ninth day of the eleventh lunar month, all a la Jo participants hold wheat straw bundles, wait for the village leader or an elder to light the bonfire, and then light their
torches from the bonfire.

Figure Twenty-eight.
All participants circle the bonfire with their straw torches prior to circling the village.

Figure Twenty-nine.
Two a la Jo participants wait for a family to throw straw from their roof.

Figure Thirty.
Pad ma rgyal mtshan (b. 1964) makes ḳo mdzu on the night of ḳe ndže Eve for G.yung drung spun dgu, the family g.yang, and for family members.

Figure Thirty-one.
Tshe ring mtsho mo displays fruit juice, candy, peanuts, etc. on the night of ḳe ndže Eve.

Figure Thirty-two.
Pad ma rgyal mtshan makes thab bsang on the first day of ḳe ndže.

Figure Thirty-three.
Pad ma rgyal mtshan offers bsang on the roof of his house while praying loudly.

Figure Thirty-four.
All households offer bsang on their houses roofs on the first day of ḳe ndže. The lab rise is renewed by raising new dar lcog. All villagers stand on the roofs of their houses on the first day of ḳe ndže and offer bsang to mountain deities.

Figure Thirty-five.
Family members eat together on the first day of ḳe ndže. This image includes the author (b. 1988, center); his mother, Tshe
'dzin sgrol ma (third from right); his father, Pad ma rgyal mtshan (b. 1964, second from right); his uncle (father's brother), Rdo rje rgyal mtshan (b. 1944, far right); and his three sisters Tshe ring mtsho mo (b. 1990, third from left), Rdo rje dbang mo (b. 1995, second from left), and Ye shes sgrol ma (b. 1992, far left).

Figure Thirty-six.
Male villagers offer bsang and rlung rta to G.yung drung spun dgu.

Figure Thirty-seven.
These three lab rtse are renewed by the village's three hamlets on the first day of ٢٠٠٠. kʰə rə renews the left one, γə rə renews the right one, and ba çu ma renews the middle one.

Figure Thirty-eight.
Male villagers, including village leaders, sit on the side of G.yung drung spun dgu Mountain, discuss rules and regulations during ٢٠٠٠, and drink homemade fruit juice.

Figure Thirty-nine.
Rin chen mtsho (b. 2008) is pʰə və during ٢٠٠٠ and receives cash gifts from relatives.

Figure Forty.
A mdo (b. 1966) breaks in a horse that will race in the ٢٠٠٠ horserace.

Figure Forty-one.
Riders offer bsang before the race and pray to the mountain deities for protection during the horserace.

Figure Forty-two.
Two riders race from left to right while those performing
stunts ride separately.

Figure Forty-three.
Sangs rgyas (b. 1978) performs a stunt on a running horse, dismounting and remounting it. A bag of gunpowder hangs under the three poles in a configuration called ʔa dza. Village leaders ignite the gunpowder after the horserace.

Figure Forty-four.
Riders and villagers dance in a big circle after three races, while the horses rest during the third day of ūe ndże. All male and female dancers stand in order of age from eldest to youngest. Youth wear their best clothes and jewelry. All dancers follow two leaders who move clockwise, the direction of Buddhist circumambulation.

Figure Forty-five.
Mtha' phyug (b. 1954) makes a speech before villagers' last dance of the horserace day, naming people who provided cash donations to dancers. He delivers the oration from the center of the circle prior to all villagers dancing the final dance. He offers dar dkar\(^{58}\) to the two dance leaders.

Figure Forty-six.
The actors on the right perform as Tibetans, while those on the left perform as Han Chinese. They act out a marriage. The man with the microphone asks the Han Chinese, "Who is the bride?"

Figure Forty-seven.
Bla ma (b. 1975, standing) makes a wedding speech in a mixture of Tibetan and Chinese, which the audience finds

\(^{58}\) Dar dkar are white silk scarves that symbolize auspiciousness and are usually offered to bla ma or guests to show respect.
hilarious.

Figure Forty-eight.
Actors perform disco dances in a way that amuses villagers.

Figure Forty-nine.
Monks make gtor ma during the Gto ritual. They each have different tasks. The older monk (right) makes gtor ma requiring much detail.

Figure Fifty.
Tshe ring bkra shis (b. 1985) makes gtor ma resembling houses, deities, food, and animals as offerings to the deities. Gtor ma are made with a carved wood mold locally known as glu shing. Deities, wild animals, tools, and people are carved on the mold used to make the gtor ma.

Figure Fifty-one.
All gtor ma are ready to be offered to deities during Gto.

Figure Fifty-two.
Myi nag are gtor ma believed to remove bad luck and sickness. Myi nag translates as 'black person' (myi= people, nag= black).

Figure Fifty-three.
Monks chant scripture and offer bsang to mountain deities on the second day of the Gto Ritual.

Figure Fifty-four.
Logs are slid down a frozen stream originating at a spring.
PART THREE
MARRIAGE

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CIRCLE DANCES IN BANG SMAD VILLAGE

Local dance performances are described first in recognition of their key role in marriage celebrations. Circle dances, skor bro in Tibetan, are performed during ṭe ḋndže celebrations, at festivals, weddings, parties, and at the end of a long day's communal labor such as when villagers construct buildings. Participants sing and dance in a big circle and may continue from sunrise to sunset. Males line up from oldest to youngest on one side and women do the same on the other side. Each group has a leader, usually an older person who knows the song lyrics and is a skilled dancer.

The males begin by singing a verse consisting of vocables and do not dance. Female participants repeat the males' song. Next, all male dancers dance in place while singing. When they finish, the males move several steps in a clockwise direction. The females repeat. This continues until two to four verses of a song have been completed. Women begin the next round of dancing that is essentially the same as the process just described. A third round begun by the males completes the dancing.

Participants stand in two lines in a big circle and step from left to right. Men and women wear long-sleeved robes. Men's long-sleeved clothes are white or orange, while women's clothes are white or red. Each group of men and women has two lead dancers. There is no specific number of performers. Dances are usually performed in fields or in the kitchen on the second floor of a house. To lead the dancers requires great skill at dancing and singing. The leaders are called bro mgo 'dance head' in Tibetan. Dance leaders say the lyrics to the dancer next to them who repeats the lyrics to the next person, and so on. Some younger dancers do not know the lyrics and just follow the dance movements.

Dance tempos are divided into slow, medium, and quick rhythms. Performers wave their sleeves to resemble eagles spreading their wings throughout the dances. Men's
movements should be expressive, whereas women's movements should be subdued. Sometimes the dancers dance hand in hand while singing. Each dance has different movements.

Village leaders now put candy and fruit juice in the center of the circle, but before the new community rules were made, highland barley liquor and beer were also put in the center.\(^{59}\) When one side is dancing, one of the village leaders offers barley liquor to men, fruit juice to women, and gives candy to children.

The dance songs' lyrics praise people, places, and local religion, and the vocal rhythm is associated with various movements. Some older dance songs have fixed lyrics, rhythms, and movements. Certain dance songs use the same rhythm but different lyrics.

Dancing always concludes with a song called Bkra shis rgyas. There are two Bkra shis rgyas songs: Bkra shis che ba 'Long bkra shis' and Bkra shis chung ba 'Short bkra shis'. Bkra shis che ba is danced at the end of a wedding, ґe ndze, and at the conclusion of celebrations that last several days. Bkra shis chung ba is danced at the end of a day or night of dancing.

Dance competitions or gtugs bro are common at gatherings. Participants may dance the whole night and day. Women and men form two lines with five or six performers per line and stand in a circle. There is no certain number of people required. If there are not enough men or women, women and men may form a line together. Then the dancing begins. Song lyrics are never repeated when dancing gtugs bro. The two leaders must be gifted at both dancing and singing.

\(^{59}\) In the following description, weddings are described as they took place when liquor was still an integral part of such celebrations.
MARRIAGE – INTRODUCTION

Marriage brings a new member into a household and the village community, and expands local social networks by creating new bonds between two families.

Arranged marriages are the most common marriage form, and are planned by parents or matchmakers as early as infancy, a practice called tceu w nbọ kʰa tsu. Some families may arrange marriage for unborn children. A mediator may arrange a marriage between two families who are in conflict to ensure peace between them.

Non-arranged marriages are rare. Two youths, having fallen in love, may elope and hide outside the village for several months, during which time the girl may become pregnant. The couple may be found by family members who search for them, or they may choose to return. After this period of cohabitation, the parents may allow the couple to marry or may continue to object, especially if there is a large disparity in the social status of the two families or if one of the young lovers has a pre-existing arranged marriage. The two families might also arrange a marriage between the young lovers.

Five Bang smad households practice polyandry. Each family has two brothers that share one wife. Children in such families call the elder brother a pa ‘father’ and the younger brother a kọ ‘uncle’ regardless of paternity. One family practices polygamy with two sisters sharing one husband. One sister remains in the pasture with the family's livestock and the other lives in the village home to tend the family's fields. The husband alternates between the two households. Villagers view such arrangements favorably for they suggest solidarity and intimacy between siblings.

Villagers marry between the ages of eighteen and twenty-five. A family may ask their child to marry at the age of eighteen or twenty because they need a laborer. In such cases, two students may marry, with the boy continuing his...
education while his wife quits school to help his family. If a parent passes away, the family may need a young laborer and thus may ask their child to marry.

Weddings are held during the New Year or soon afterward because villagers are at home during this time, are relatively free, and have prepared food for New Year that can also be used for the wedding. Weddings typically lasted three days until about the year 2000. Two-day weddings were typical in 2010, with the wedding process and activities becoming increasingly simplified.

An endogamous wedding between two Bang smad families may be very simple, taking one or two days. A few families hold no formal wedding. Instead, they ask a bla ma to choose a date for the bride to go to the groom's home. She may carry a bucket of water to the groom's home and then permanently live in the home. Such a wedding is called ja ēa buw muw 'farming tool bride'.

Wedding speeches are a critical part of marriage rituals. A guest who returns home from a wedding is typically asked, "How were the wedding speeches?" Orators must praise both families equally and at length. A good orator can do so without repetition. A poor orator may be unable to orate for long, or may praise the families unevenly, lauding one family, for example, and forgetting the other. Two Bang smad men are skilled wedding orators. Bstan 'dzin gives wedding speeches and is locally known as an adept mediator and matchmaker. He gives speeches in many local villages and also knows numerous proverbs. Mtha' phyug is also well known locally as a gifted orator, especially for giving the speech at the conclusion of village circle dancing during the New Year. He knows many folktales and is so eloquent and loquacious that he is locally called 'Television'.

Every wedding requires both the bride's and groom's families to have an orator. If they cannot find a relative to orate, they invite orators from other villages.
Marriage Patterns

The wives in fifteen of the thirty-six families in Bang smad Village are from other villages. Five families have exogamous wives from four Mi nyag-speaking villages and the other ten have wives from Nyag skad-speaking villages. Twenty-one families have wives from within the village. Four daughters in two families have married Han Chinese men. Twenty people – fourteen women and six men – married into four different Nyag skad-speaking townships and eleven Nyag skad-speaking villages, as well as eight Mi nyag-speaking villages.

ARRANGED MARRIAGES

Choosing a Spouse

Arranged marriages are usually decided upon by parents or a matchmaker, who may be an uncle, aunt, brother-in-law, sister-in-law, a mediator, or a close family friend. The matchmaker is generally male, though they may be female.

Marriages are arranged under various circumstances. A matchmaker may think their relatives' child, having reached twenty to twenty-five years of age, should marry to expand the family's social network. Two old friends may decide that their grandchildren should marry as a mark of their friendship. As mentioned earlier, a parent may pass away, and then the family needs a young woman to milk livestock and cook, or a young man to do such work as plowing. In other cases, a matchmaker or a youth's parents may discover that two youths are in love and then arrange their marriage. Finally, sometimes after mediators settle a dispute between two families, a matchmaker may make an arranged marriage between the two families to ensure continued harmony.
The matchmaker's criteria for choosing a suitable couple includes the social status of the two families. Villagers esteem those with government jobs and lineages including *bla ma* or *sprul sku* 'Living Buddha' and *mda' dpon* or *stongs dpon* 'traditional leaders' (described above).

Wealth and social influence are also important. It is particularly good to marry children into a large family with many descendants and an extensive social network. Such families have a larger labor force and greater influence in village affairs.

Family name is an important consideration. Certain indigenous families have their own *do nmi* 'family name'. Such families are esteemed whereas more recent migrants lacking family names are less respected.

A family's health history is also considered. Partners are reluctantly chosen from families whose current members or ancestors are known to have or have had epilepsy or leprosy. Laziness and being short-tempered are thought to be transmitted from mother to daughter; thus a woman with such characteristics has difficulty finding a partner for her daughter.

A matchmaker who finds a partner meeting these criteria asks both families about a marriage. Parents refuse the matchmaker's requests if they have other aspirations for their son, but generally accept if they do not. After accepting, the parents generally ask their child. If the child approves, the marriage proceeds. If not, the matchmaker cannot force the marriage. In certain cases, parents do not ask their children but simply make the decision themselves.

After the matchmaker receives approval from both sets of parents and the couple, they conclude the marriage.

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60 Marriage negotiations are typically initiated by the boy's family. Brides typically marry and move into their husband's home.
agreement, though the marriage is not announced until one or two months later.

Account

Ga krug and Sgrol ma decided to arrange a marriage between Rnga ru ma's son, A tshe, and the qaw luw family's daughter, Nang ga. Sgrol ma is Rnga ru ma's brother's daughter. Sgrol ma's husband, Ga krug, asked his older brother, Bstan 'dzin, "What would you think if one of the qaw luw family's' daughters married Rnga ru ma's son?"

He replied, "I don't know, but I'll find out." One of Bstan 'dzin's daughters had married into the qaw luw family and another of his daughters was her close friend. Also, Bstan 'dzin's daughter's husband's father had died and Bstan 'dzin was now the family head.

Bstan 'dzin asked his daughter, Bsod nams dpal mo, to discuss the marriage with her friend, Nang ga. When Bsod nams dpal mo asked, Nang ga replied, "I agree to Bstan 'dzin's request." Bstan 'dzin then talked to Rnga ru ma and the two families agreed to the arranged marriage.

Figure Six: The three matchmakers' relationship to the groom

<table>
<thead>
<tr>
<th>Matchmaker</th>
<th>Relationship to Groom</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bstan 'dzin</td>
<td>Father's brother's daughter's husband's brother</td>
</tr>
<tr>
<td>Sgrol ma</td>
<td>Father's brother's daughter</td>
</tr>
<tr>
<td>Ga krug</td>
<td>Father's brother's daughter's husband</td>
</tr>
</tbody>
</table>

boŋ wə tɕʰə tʰu 'Discussing Directly'

The parents from both families might discuss and reach an agreement themselves instead of using a matchmaker. The
arrangement, called boŋ w3 te⁴hə tʰu, is kept secret for one or two months.

*te⁴hə mgo te⁴hə pəŋ, te⁴hə mgo te⁴hə pəŋ* 'Exchanging a Wife'

If a betrothed female finds a lover and this is discovered, her parents, the parents of the future groom, or a matchmaker may insist that her younger sister marry in her place. This is known as *te⁴hə mgo te⁴hə pəŋ*. If the bride-to-be is exchanged for an elder sister, this is called *te⁴hə mgo te⁴hə pəŋ*.

*ni or ca sa te⁴həŋ tʰu* 'An Agreement Party'

One or two months after the marriage has been decided, or sometimes as much as one year later, both families choose an auspicious day to hold *ni*, 'the agreement party'. The groom's uncle, brother, and brother-in-law, as well as the groom himself, bring a yak haunch, barley liquor, and fruit juice to the bride's home. The bride's family may ask two youths to visit each household and invite their relatives to the party. Most families send one or two representatives to the party, while relatives may send their entire family. Approximately thirty people attend the party where everyone drinks together and jokes. One relative or matchmaker from the groom's side makes a speech in Mi nyag.

The next day, a bride's side representative makes a speech in Mi nyag to all the guests, introducing the matchmakers and praising the bride and groom's families. They might say, for example (Bstan 'dzin):

*O ya! Everyone, I will give a short talk! Yesterday, Stobs ldan already gave a speech. Such parties as this have been held for many generations – this is our custom. Thus, I must give a speech. I do not have much to say. The qaw*
lw Family is one of the Chos skyong dud mgo dgu, one of the loyal aids of the ṭɔaw woŋ Family. If they were deer in the old days, there now remains deer hair, because the Chinese government implemented laws and destroyed the high and helped the low. If I tell more about the history of this family, many youths would not understand, although some elders might. The groom's family is, in their village, like eyes on a mdzo's head. All relatives and friends are here. Stobs ldan and I arranged this marriage. In some other places they traditionally give a dowry at this time, but we did not prepare one. However, we will do something like this: if I speak in front of people, people will listen. If I put meat in front of people, they will eat. In the end, we hope the boy, A tshe, and the girl, Nang ga, have a happy life and have children.

At the end of the party, the bride's parents or uncles ask one of the bride's brothers and the groom to swear gnyen mna', an oath that they will not break the arranged marriage. If the bride lacks brothers, her father may take the oath. This oath, however, is no longer a common feature of the agreement party.

Additionally, certain families fix a wedding date during the party, depending on the family's need for labor. If a family has enough members, they may wait several years to make the decision, especially if the betrothed are relatively young. Males never marry nineteen year old females, because this brings misfortune to the male's family. A female's family never lets a woman who is twenty years old marry into other homes, believing she will take her natal family's good fortune to her new home.

Guests drink and eat until the middle of the night after a decision has been reached. At this party, villagers of
the *tsʰo rdo pa*\(^\text{61}\) historically gave a dowry, which the groom's family took when they left.

Before the Wedding

The betrothed begin cohabitating after parents and relatives fix a wedding date. Alternatively, if one or both of the betrothed have a lover they wish to marry instead, they may go to another county for several months and cohabitate. Both families search for them. They invite three or four mediators if they cannot locate them, and the family whose child eloped with their lover must pay at least 5,000 RMB in compensation to salvage the other family's reputation. Not honoring a marriage agreement is a serious loss of face.

The families jointly consult a *bla ma*\(^\text{62}\) to choose a propitious date for the wedding, which is usually during or after the New Year. The two families agree on how many people and cars will escort the bride. The *bla ma* is also asked to decide who should help the bride pour water when she washes her hair. Two or three older women are chosen to help the bride braid her hair, as are *bag rogs* 'the bride's helpers.'\(^\text{63}\) The *bla ma*'s decisions are based on zodiac signs.

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\(^{61}\) *tsʰo rdo pa* refers collectively to four villages (goṇ kṣ, ri na, pṣ lḥ, and, woṇ ṭi) in Bang smad Township.

\(^{62}\) *Bla ma* from Rnga rkang and Mtsho kha monasteries are typically asked.

\(^{63}\) These helpers assist the bride by preparing her meals and helping her dress.
The Groom's Preparation

The groom's family spends about a month preparing for the wedding. They ask relatives or villagers who own cars to use their cars to greet the bride and her entourage. The family also slaughters a yak. Rich families may slaughter two or three yaks. Male family members go to the county town and purchase liquor, beer, candy, vegetables, and sunflower seeds. Wealthy families may spend 20,000 RMB while poor families spend 2,000 to 3,000 RMB.

About a week prior to the wedding, the groom's family asks close relatives and friends in other villages to invite relatives and friends to the wedding. Two or three days before the wedding, the groom's family asks female villagers to make many buw muw dzə nu⁶⁴ and dzə ca, while others clean the groom's home and prepare food. Kitchen utensils and clothing are also borrowed from villagers.

The groom's family chooses four or five relatives or local elders to be na pu 'property managers',⁶⁵ and asks a bla ma or rtsis pa to choose a bag rogs.

The groom's family asks a person from each household to come to the groom's home the day before the wedding. Barley liquor, beer, and dinner are offered to everyone. The groom's father asks all villagers to help, and the sʰʒ pu and las byed assist in organizing the wedding party by telling people to stop work and send at least one person per household to help the groom's family.

The groom's family invites three or four monks to chant and holds G.yang sgrub. The monks stay at the groom's home until the wedding finishes.

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⁶⁴ buw muw dzə nu refers to triangular-shaped food made from wheat flour eaten in daily life. It is smaller than dzə nu.
⁶⁵ na pu are responsible for the financial management of the wedding. Funerals also require na pu.
The Bride's Preparation

The bride's family also spends about a month preparing for the wedding. They buy boxes of liquor, beer, fruit juice, candies, seeds, vegetables, and meat. Some wealthy families slaughter two or three yaks. The house, cushions, tables, and so on are cleaned. The bride's family borrows such ornaments as \( \eta i \ p u, \ se \ r n a, d z u w, p^h e \ p^h e, \ se \ cuw \ t^h u w, \ se \ h i s \ j u, \ d o \ k i, z s \ g o n, t c^h a \ m a, p a w \ k u, \ l a \ l u, \) and \( r a \ t u w \) from relatives and villagers.\(^{66}\) The family then asks relatives to discuss who will accompany the bride in her entourage, usually comprised of eight to ten brothers, uncles, and other close male relatives. The bride's family asks these people to prepare ornaments, which they may need to borrow from relatives, and to discuss who will make speeches at the party. The bride's family also asks five or six families who own cars to escort the bride. Prior to the year 2000, the bride's escort consisted of five or six people mounted on horses.

The bride rises and washes her hair after sunrise on the day before the wedding. A girl chosen by a \( b l a \ m a \) or \( r t s i s \ p a \) pours water on the bride's hair. Her hair is then put into many braids.\(^{67}\) Some brides cry while their hair is being washed, in which case older women console them saying, "Don't cry, the (groom's) village is very near your village. Your groom is a good person. You have parents, you should be happy."

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\(^{66}\) Photographs of these ornaments are featured in Part Four.

\(^{67}\) When a bride is washing her hair it must be a sunny day, suggesting a successful marriage. If the weather is bad – snowing or windy – villagers believe that the bride's future with her partner is bad. For example, if it is snowing, the bride leaves black footprints when she leaves her home, which is \( c i \ n a w \)' black print'. If the bride stays at the groom's home and it is snowing (\( c i \ g a w \)) it suggests they will have a successful marriage.
The Day Before the Wedding: *son wu da* 'A Party at the Bride's House'

The bride's family holds a party the night before she leaves home. All her relatives and some villagers come to her home and help prepare food and clean the house. In the afternoon, the bride's family sends a person to every village household, especially the bride's peers, to invite them to the party. Most families send someone to the party, though all household members may come if they are close relatives of the bride.

Male villagers sit from oldest to youngest on the *khor je*. A table covered with bottles of beer, barley liquor, and fruit juice, candy, sunflower seeds, cold dishes, and *dzog chos* is in front of the *khor je*. Female villagers sit by the stove and the bride's family provides fruit juice, sunflower seeds, and candy for them.

*shag pu* help the bride's family organize this party and invite people to dance and sing. The youths dance modern Tibetan dances in a big circle in the living room for around two hours while other guests watch and drink. Then adult men and women dance traditional dances for five or six hours, with some youths joining later. Other youths only watch. Meanwhile, some young male helpers encourage guests to drink barley liquor.

The bride does not participate in these dances. She stays in her room with her helper and friends, weeping. Women serve a supper of rice or noodle porridge because it can easily feed many people. The bride, clad in a new Tibetan robe, sits by the central pillar of the house after supper. The *a yo* stands in front of the bride holding a *dar dkar*, blesses her with a speech, and gives her a *dar dkar* and

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68 This might include cut up cucumbers seasoned with chili and salt; fried or boiled peanuts; cold, seasoned noodles; seasoned seaweed; mushrooms prepared in various ways; chicken; tinned meat; pork chunks; and so on.
100 to 300 RMB. All the villagers then give blessings in turn, for example, "xʰa bo deŋ moŋ tsʰa ri ne me, bo ja tsʰa sʰon dzam. May you have a happy life, and a wonderful family."

After the money is given, women and men dance traditional dances for about two hours. Village leaders then ask some people to sing folk songs. Elders sing from their seats and sometimes two people sing in unison. Young villagers stand by the room's central pillar to sing. Some young females sing folk songs from their seats. Students sing modern Chinese songs and Tibetan songs, and then youths perform such dances as sko bro and disco. Adults leave at around midnight and only youths remain. The bride dances with them until her parents ask her to go to bed. The youths then dance modern Tibetan and Chinese dances until morning.

xʰA qa tʰa xʰC 'Go Scatter Barley Grain'

This ritual was done in the past but is no longer performed. The groom's family sent someone to scatter barley grain when the bride left her home for the groom's home. This man accompanied the bride and her entourage to the groom's home and stayed there for three days. After arriving at the bride's home, he gave about ten RMB to the bride's mother as sʰa mi tʰon qa sʰe 'fee for separating mother and daughter' and ten RMB to the woman who braided the bride's hair. He scattered barley grain to the sky before the bride left her home and said:

1."
From today on you (the bride) own our property totally\textsuperscript{69} to
give away or use as you decide. May you have great
sons and daughters in our home.

Some women from the bride's family snatched the man's hat,
pulled off his shoes, pushed him, and said, "You will take
away our girl." These women then hid his hat and shoes.
Some of the bride's relatives helped him persuade the women
to return what they took. He needed to give fifteen or twenty
RMB to the group of women to retrieve his hat and shoes.

As mentioned above, weddings have been simplified
and shortened. Below, we give schedules for three- and
day weddings:

\textsuperscript{69} Literally, from the \textit{bsang khang} to the dog's bowl,
indicating the household in its entirety.
<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Site</th>
</tr>
</thead>
<tbody>
<tr>
<td>First day</td>
<td>bride leaves her parents' home escorted by her entourage</td>
<td>bride's home</td>
</tr>
<tr>
<td></td>
<td>villagers dance enroute</td>
<td>enroute to groom's home</td>
</tr>
<tr>
<td></td>
<td>a speech is made by bride's side representative</td>
<td>about a kilometer from bride's village</td>
</tr>
<tr>
<td></td>
<td>groom's side greets bride's side and bride's side representative makes a</td>
<td>about a kilometer from groom's village</td>
</tr>
<tr>
<td></td>
<td>speech</td>
<td></td>
</tr>
<tr>
<td></td>
<td>a short speech is given upon arrival at groom's home by bride's side</td>
<td>groom's home</td>
</tr>
<tr>
<td></td>
<td>representative</td>
<td></td>
</tr>
<tr>
<td>Second day</td>
<td>relatives of the bride and groom visit groom's home</td>
<td>groom's home</td>
</tr>
<tr>
<td></td>
<td>bride's side and groom's side make speeches</td>
<td></td>
</tr>
<tr>
<td></td>
<td>villagers dance at groom's home</td>
<td></td>
</tr>
<tr>
<td></td>
<td>guests give gifts to groom's family</td>
<td></td>
</tr>
<tr>
<td></td>
<td>bride, her entourage, and groom are invited by all households in groom's</td>
<td></td>
</tr>
<tr>
<td></td>
<td>village</td>
<td></td>
</tr>
</tbody>
</table>

Locally, residents say two nights and three days (three-day wedding) or three nights and four days (four-day wedding).
<table>
<thead>
<tr>
<th>Third day</th>
<th></th>
<th>Fourth day</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>▪ villagers dance</td>
<td>▪ groom's home</td>
</tr>
<tr>
<td></td>
<td>▪ G.yang sgrub is held</td>
<td></td>
</tr>
<tr>
<td></td>
<td>▪ relatives of bride and groom</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>visit groom's home</td>
</tr>
<tr>
<td></td>
<td>▪ villagers have a party with</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>money given by bride's side</td>
</tr>
<tr>
<td></td>
<td>▪ groom's family gives gifts to</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>bride and her entourage</td>
</tr>
<tr>
<td></td>
<td>▪ bride and her entourage leave</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>groom's home to return to</td>
</tr>
<tr>
<td></td>
<td>▪ villagers and bride's side</td>
<td>bride's home</td>
</tr>
<tr>
<td></td>
<td></td>
<td>dance</td>
</tr>
<tr>
<td></td>
<td>▪ a speech is given by bride's</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>side representative enroute to</td>
</tr>
<tr>
<td></td>
<td>▪ a speech is given by bride's</td>
<td>bride's home; groom's side escorts</td>
</tr>
<tr>
<td></td>
<td></td>
<td>side representative enroute to</td>
</tr>
<tr>
<td></td>
<td></td>
<td>bride's home; groom's side escorts</td>
</tr>
<tr>
<td></td>
<td></td>
<td>bride</td>
</tr>
<tr>
<td>Time</td>
<td>Activity</td>
<td>Site</td>
</tr>
<tr>
<td>------------</td>
<td>---------------------------------------------------------------------------</td>
<td>-------------------------------------------</td>
</tr>
<tr>
<td>First day</td>
<td>• bride leaves her parents' home</td>
<td>• bride's home</td>
</tr>
<tr>
<td></td>
<td>• villagers dance on the way</td>
<td>• enroute to groom's home</td>
</tr>
<tr>
<td></td>
<td>• a speech is made by bride's side representative</td>
<td>• about a kilometer from bride's home</td>
</tr>
<tr>
<td></td>
<td>• groom's side greets bride's side and bride's side representative made a speech.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• a short speech is given upon arrival at groom's home by bride's side representative</td>
<td>• about a kilometer from groom's village</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• groom's home</td>
</tr>
<tr>
<td>Second day</td>
<td>• relatives of bride and groom visit groom's home</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• villagers dance</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• a speech is given by bride's side and groom's side representative</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• guests give gifts to groom's family</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• bride, her entourage, and groom are invited by all households in groom's village</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• G.yang sgrub ritual is held</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Third day</td>
<td></td>
<td></td>
</tr>
<tr>
<td>-----------</td>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td></td>
<td>villagers dance</td>
<td>groom's home</td>
</tr>
<tr>
<td></td>
<td>groom's family gives gifts to bride and her entourage</td>
<td>about a kilometer from the groom's village</td>
</tr>
<tr>
<td></td>
<td>groom's villagers and bride's side dance</td>
<td></td>
</tr>
<tr>
<td></td>
<td>groom's side escorts bride's side</td>
<td></td>
</tr>
<tr>
<td></td>
<td>speech by bride's side representative enroute to bride's home</td>
<td></td>
</tr>
</tbody>
</table>
A three day wedding is assumed in the normalized description that follows and, where necessary, certain speeches and other activities are noted that might relate to the more traditional four-day wedding.

The First Day: Sending the Bride

The bride's mother and some villagers help the bride dress at five or six a.m. She puts on such ornaments as \( \etai\ pu, \se\ rna, \dzul\, \ph\, \ph\, \se\ cuw\ \thu\, \se\ \hi\ ju, \do\ ki, \zi\ go\n, \t\, \ma, \paw\ ku, \la\ lu, \) and \( \ra\ tuw \) in her bedroom. Her entourage, wearing many ornaments, comes to her home. After she finishes dressing, she and her entourage prepare to leave at a time previously stipulated by a \( \bla\ ma \). They take about ten kilograms of barley liquor, a yak leg, and some candy as gifts for the groom's family. They come to the living room before they leave and the father says such beatific words as, "\( \x\, \po\ de\ mo, \ts\, \ri\, \ne\, me \). We hope you will have a wonderful new family," and puts a \( \dar\ dkar \) around her neck. He then leads his daughter to circumambulate the central pillar, goddess\(^71\) of the house, three times to prevent the bride's family's \( g\yang \) from leaving with the bride. At this time, most village households send a representative and all the bride's relatives come to accompany the bride's entourage to a point about two kilometers from the village.

Those escorting the bride cannot say goodbye, and when the bride reaches the groom's home, people cannot give a greeting; both are bad luck for the bride. Those who have assembled follow her from the courtyard gate to a waiting car. Many women and the bride's relatives cry. Close male relatives may also weep. Parents never send their

\(^71\) Villagers believe that the goddess lives in the central pillar of their home and put \( \dar\ dkar \) on this pillar after building a house.
daughter off because this is bad luck for her.

When the bride leaves her home, youths collect stones in piles, and place full buckets of water and cushions by the road.\textsuperscript{72} This is called \textit{buw muw la tse}. Villagers wait near the \textit{buw muw la tse} they have constructed and when the bride's car passes by, two of the bride's entourage scatter one or five RMB notes and candy from the car window.\textsuperscript{73} If residents from other villages know the bride and her entourage will pass by, they may also make \textit{buw muw la tse} and stand by the road.

If villagers send a bride to the north from Bang smad, the bride and her entourage stop at a site called \textit{gənda mu} for an hour. If villagers send a bride south of Bang smad they stop at \textit{ṭhoŋ ṭa poŋ}. The \textit{a yɔ}, bride, and her entourage sit in a line while about ten villagers perform the \textit{si dzɔ} 'sending dance' in a large circle.

After they finish dancing, one of the entourage gives a speech and gives about fifty RMB to the dancers as \textit{dzɔ te}, and then the bride and her entourage leave. Nowadays, some families no longer do this.

The First Day: Greeting the Bride

Meanwhile, on the same morning as when the bride leaves her house, the groom's family asks two close relatives to go to each household to invite villagers to the groom's home.

\textsuperscript{72} It is bad luck for the bride to see people carrying empty buckets while enroute to the groom's home. It is very good if she sees people carrying full buckets or carrying a fire, e.g., carrying coals or embers from another home in a metal bucket to their own home to make a fire in the absence of matches.

\textsuperscript{73} Certain people may fall seriously ill if they encounter the bride enroute to the groom's home. This is called \textit{baw na ji}.

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About twenty adult villagers and relatives drive five or six cars to a point approximately two kilometers from their village to greet the bride. They prepare barley liquor, beer, and fruit juice, and put cushions in a line on the ground. When the bride arrives, greeters lay out a piece of white felt with a g.yung drung \(^\text{74}\) 'swastika' by her door before she steps out of the car. The groom's side's bag rung helps the bride. If her ornaments are too heavy, the bag rung holds her hand and ornaments as she steps out of the car and onto the white felt.

The bride and her entourage walk to the prepared area and sit in a line in the following order (left to right): a yɔ, bride, bride's helper, and the remaining entourage. Greeters provide barley liquor and beer for the a yɔ and the bride's entourage, and fruit juice for the bride and her helper. The greeters dance in a big circle once and drink barley liquor with the entourage for about an hour. The bride's side gives a speech after they finish dancing, after which the bride's side's cars and the groom's side's cars leave together for the groom's home.

The groom never comes out to welcome the bride when she reaches his home because this is considered embarrassing. This reflects the general discretion between husband and wife. After a family arranges a marriage, the youth feels embarrassed if someone says their future spouse's name in their presence. Once married, the young husband and wife do not talk to each other in front of other family members for one or two months and they might not sleep together for a few months. In 2010, some new couples sleep together after they marry in a small room in the home.

Some households in Nyag rong make hsang when the bride, her entourage, and the groom's side reach the groom's

\(^{74}\) The g.yung drung is made with grain and at other times, with black yak hair permanently pressed into the felt.
home and may also hold a *khrus* ritual.\textsuperscript{75} This ritual and making *bsang* may upset the bride's side, because it suggests that the groom's family has a higher position than the bride's family. At the groom's home, the bride circles a full bucket of water containing a sprig of juniper that stands before the door. An *a yo* then takes the juniper sprig from the bucket and sprinkles water three times on the bride's head to purify her. The bride then passes through the gate. At that time, a person ten to twenty years old with a zodiac sign compatible with the bride's, chosen by a *bla ma* or *rtsis pa*, stands to the right of the gate holding a silver ladle and a wood bowl lined with silver containing milk. The bride performs a *mchod*, aspersing the milk three times with the silver ladle in her right hand, and then sips from the bowl three times after entering the gate. The *a yo* scatter one or five RMB notes and candies to the crowd outside the groom's home and onlookers scurry to collect them.

The bride and her entourage then go upstairs to the living room. At this time, one of the groom's relatives takes the *dar dkar* given by her father from the bride and puts a new *dar dkar* around her neck. He then puts the bride's father's *dar dkar* around the room's central pillar. The bride's helper holds the bride's hand and they circumambulate the central pillar three times. Next, the bride and her entourage sit on the *grel ge* in the order (left to right) of *a yo*, bride, bride's helper, and other entourage members. The bride sits on white felt featuring a *gyung drung*. *Phye mar* is placed before the bride.\textsuperscript{76} A table covered with sunflower seeds, candy, beer, liquor, and fruit juice is placed in front of the bride and her entourage. Helpers offer them food and drink.

\textsuperscript{75} A monk or *bla ma* chants and sprinkles water to purify polluted people and such things as clothes and food.

\textsuperscript{76} *Phye mar* is considered auspicious and is made of *rtsam pa* and butter (see photographs).
The First Day: tći kʰɔ su

After the bride and her entourage finish eating, a bride's side orator stands beside the central pillar of the main room, gives a short speech, and puts a dar dkar on the central pillar.

The bride watches villagers' traditional dances for one to two hours in the living room. Then helpers ask the bride and her entourage to go to a prepared room, where the bride's ornaments are removed and put in a wood box that is placed beside an elder such as her a ᵀ⁵. They then relax, sing together, and joke. The groom's family makes much good food for them such as dumplings, rice, and cold dishes. Meanwhile, all the villagers dance and sing together in the living room until morning. In the recent past, however, the process was more complex: after watching the dancing for some time, speeches were also given by orators from both the bride's and groom's sides. Only one such speech was given by an orator from the bride's side in 2010. Traditionally, speeches and dances continued until the next morning, but presently the bride and her entourage sleep in the room prepared for them.

A Party on the Second Day: rte tce

The next day, many guests from such villages as va rɔ, la kʰu, dɔ tʰaw, ɔa di, la ᵀ⁵, ydzɔ wɔŋ te bɔ, ydzɔ wɔŋ me bɔ, rŋa koŋ, kʰa loŋ, boŋ mi, goŋ kɔ, ri na, pɔ lu, and koŋ ʈi visit. The groom's family asks their relatives to help house the guests. The na pu decide where guests should stay and which helpers should go to designated homes. Helpers accompany and serve the guests all day. Guests reach the groom's home at ten or eleven a.m. on motorcycles and in cars. Village helpers greet them when they arrive, help carry any bags or boxes they have brought, and once the guests are inside, they pour tea and urge them to eat. Guests stay at the groom's
home for one to two hours, and then helpers ask them to go to the other prepared homes. Some villagers stay at the groom's home and dance all day.

The guests, villagers, and the bride's entourage gather in the groom's family's living room at noon. Some villagers perform traditional dances in a circle around the home's central pillar for three or four hours and the groom's relatives ask the bride's side to watch. The groom wears his best clothes and such ornaments as ṣe cuw tʰuw, ṣe ḫɔ ju, ḏɔ ṵi, ḏɔ gɔŋ, paw ku, ra tuw, and qa vi.\(^77\) The groom's relatives encourage the bride and groom to dance with villagers. The groom stands next to the leader of the male dancers and the bride stands next to the female dance leader.

They dance for about twenty minutes and then an orator gives a speech. The orator is typically the bride's a ḥɔ, but may be anyone gifted at speechmaking. The speech lasts fifteen to twenty minutes. It begins by describing the creation of the world and then moves on to praising local places, including famous mountains, rivers, and grasslands; local history and leaders; village houses and fields; both the groom and bride's families; and finally praises the dar dkar. The orator gives dar dkar to the bride and groom after he finishes his speech. He also gives dar dkar to the two lead dancers, and gives 100 to 200 RMB to dancers as dzʰ te. After the speech, villagers and guests dance and sing.

Two orators representing the two families made speeches in 2002. The orator from the groom's family spoke first, followed by the orator from the bride's side. This was no longer done in 2010.

In the afternoon, guests from other villages give gifts to the groom's family one by one. The groom's family asks someone who can write Tibetan or Chinese to record a short description of the gifts and who gave them. Some guests bring five to ten kilograms of barley liquor or fifty to 300

\(^77\) See the photographs after Part Four.
RMB, while others bring fifteen to thirty kilograms of barley or wheat grain as gifts. After the guests finish presenting gifts to the groom's family, a member or relative of the groom's family thanks the guests for coming. The groom's family then gives gifts to each guest; a piece of meat, a loaf of bread, candy, and three or four buw muw dzø nu.

Figure Nine: Gifts given in 2006 at Tshe dbang dpal 'byor and Bsod nams dpal mo's wedding.

<table>
<thead>
<tr>
<th>Family</th>
<th>Cash RMB</th>
<th>Barley (kgs)</th>
<th>Grain (kgs)</th>
</tr>
</thead>
<tbody>
<tr>
<td>'Chi med</td>
<td>30</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A bzang</td>
<td></td>
<td>30</td>
<td></td>
</tr>
<tr>
<td>A g.yang</td>
<td>100</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A hung</td>
<td>100</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A tshe</td>
<td></td>
<td></td>
<td>25</td>
</tr>
<tr>
<td>Blo gros</td>
<td>50</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bsod nams dar rgyas</td>
<td>50</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bsod nams dpal mo</td>
<td></td>
<td></td>
<td>20</td>
</tr>
<tr>
<td>Bsod nams rdo rje</td>
<td></td>
<td></td>
<td>30</td>
</tr>
<tr>
<td>Bsod nams tshe ring</td>
<td></td>
<td></td>
<td>20</td>
</tr>
<tr>
<td>Bzang po</td>
<td></td>
<td></td>
<td>25</td>
</tr>
<tr>
<td>Dbang ldan</td>
<td></td>
<td></td>
<td>15</td>
</tr>
<tr>
<td>Gra ling</td>
<td>200</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mtha' phyug</td>
<td></td>
<td></td>
<td>50</td>
</tr>
<tr>
<td>Nyi ma 'od zer</td>
<td></td>
<td></td>
<td>20</td>
</tr>
<tr>
<td>Nyi ma tshe ring</td>
<td></td>
<td></td>
<td>200</td>
</tr>
<tr>
<td>O rgyan</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>O rgyan dbang phyug</td>
<td></td>
<td></td>
<td>25</td>
</tr>
<tr>
<td>O rgyan tshe ring</td>
<td></td>
<td></td>
<td>100</td>
</tr>
<tr>
<td>Item</td>
<td>Quantity</td>
<td></td>
<td></td>
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<tr>
<td>-----------------------------------------</td>
<td>----------</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pad ma rgyal mtshan</td>
<td>200</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pad rdor</td>
<td>20</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rdo rje</td>
<td>30</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sangs rgyas</td>
<td>100</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sha phrug</td>
<td>30</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Skar bzang rgyal mtshan</td>
<td>50</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tshe dbang 'gyur med</td>
<td>30</td>
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</tr>
<tr>
<td>Tshe dbang rgyal mtshan</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Tshe ring</td>
<td>20</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tshe thar</td>
<td>20</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tshul khrims bzang po</td>
<td>100</td>
<td></td>
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</tr>
</tbody>
</table>

The groom's family provides a bowl of melted butter with rice and cold dishes with boiled rice for all the guests at about five p.m. After eating, some guests and relatives from far away stay at the groom's home or at other homes. Helpers escort guests as they leave, carrying their bags and gifts consisting of bottles of barley liquor, beer, or fruit juice to drink on the way; this is called *lam rag*. Guests finish the *lam rag* together before arriving home. At certain weddings, the bride, her entourage, and the groom are invited to visit all the households in the groom's village.

Third Day: G.yang sgrub

The groom's family holds the G.yang sgrub ritual during the wedding. On the second or third day of the wedding, the bride and groom are decorated with many ornaments and come together to the family shrine where several monks and *bla ma* have been chanting since the first day of the wedding. Monks chant for about half an hour in front of the bride and groom, who each hold a *g.yang mda*. After the chanting finishes, a monk draws a line using wheat flour on the
ground from near the bride and groom to outside the shrine. Then a helper brings smoldering juniper and leads the bride and groom, each carrying a \textit{g.yang mda}', to the \textit{zo} on the second floor of the house. Once in the \textit{zo}, the groom's parents help the bride and groom take the \textit{g.yang mda}' and place it on a table, thus introducing the family's \textit{g.yang} to the new couple.\textsuperscript{78}

The Third Day at the Groom's Home: \textit{'buw biŋ tč'ɒ} 'Giving Gifts to the Bride and her Entourage'

The bride and her entourage stay at the groom's home for three days. A relative of the groom makes a short speech while displaying \textit{buw biŋ}\textsuperscript{79} on the last day of the wedding party. The groom's family gives gifts to the bride, bride's brothers, a \textit{yø}, and other entourage members. Sometimes the dancers from the groom's village then hold a small party with the money given to them as a reward by the bride's entourage.

At four or five p.m., the groom's family gives bottles of liquor, a yak leg, and \textit{buw muw dzø nu} to the bride's entourage, after which the bride's relatives prepare to leave. Many villagers and relatives walk with them several meters from the home and villagers dance together. An orator makes a speech and gives 100 to 200 RMB to dancers as \textit{dzø te}, then the entourage dances with the villagers. Afterwards they leave for the bride's home. Three or four of the groom's

\textsuperscript{78} The groom's family puts the \textit{g.yang mda}' in the \textit{zo} and the \textit{bla ma} then closes the \textit{zo} after chanting scriptures for the \textit{g.yang}. The family must not open the \textit{zo} for three days, otherwise they believe they will lose their \textit{g.yang}.

\textsuperscript{79} \textit{buw biŋ} are gifts for the bride and her entourage.
relatives go with bride for buw juw,\textsuperscript{80} and stay at the bride's home for one or two days.

Account

A mchun married into the Dgo mchun Family in 2009. The Dgo mchun Family gave five silver coins to the bride to make a ring for her, a horse to the bride's brother, 500 RMB to the a yɔ, and 300 RMB to each of the other members of the bride's entourage as buw bın.

\textit{buw be}

\textit{buw be} occurs after the wedding when the bride stays for three or four days in the groom's home. She does not leave with her entourage, but remains in the groom's home and begins helping with family work. \textit{buw be} is uncommon in Bang smad Village.

The Evening of the Third Day in the Bride's Home

The bride's family invites all their relatives and villagers to a party after the bride and her entourage return home. Almost every home sends a representative. Youths dance and sing all night. The bride removes her ornaments and dances with the young villagers. Each household sends a person to the bride's home with gifts. They drink barley liquor and make jokes. An orator gives a speech, then representatives from each household take turns presenting gifts of barley liquor,

\textsuperscript{80} buw juw is held after the wedding. Three or four of the groom's relatives go with the bride and stay at her home for one or two days. The bride returns to the groom's home one or two months after the wedding is held.

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money, and twenty kilograms of barley or wheat grain, though now people commonly give cash. Such close relatives as uncles and aunts give 100 to 300 RMB, while unrelated villagers may give twenty to fifty RMB. A literate person records all gifts. After receiving gifts, the bride's family gives gifts to each village: a piece of meat, a loaf of bread, or three or four buw maw dz3 nu.

*buw juw'* The Bride Returns'

The bride returns to the groom's home one or two months after the wedding is held. Her return is called *buw juw*. The interval of time depends on the groom's family, and their need for laborers.

The bride's father typically accompanies her to the groom's home and stays two or three days. They take gifts of about fifteen kilograms of meat and ten kilograms of barley liquor for the groom's family.

Giving the Dowry

Several months or sometimes years after the wedding, depending on the groom's family's request, the bride's family gives *ki vʉ* 'dowry' to the groom's family on a date decided by a *bla ma* consulted by the bride's family. At that time, the bride's family invites such close relatives as uncles and aunts to discuss what should be given. They must give ornaments, livestock, money, fields, and clothes. Wealthy families gave items totaling 100,000 RMB, while poor families gave 10,000 RMB in the early twenty-first century. The groom's family must give cash to the bride's family, totaling half the value of the dowry.

Speeches are given while displaying the dowry. The orator praises the two families and the bride and groom, and

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enumerates all the items in the dowry one by one.

Account

A mchun moved into Dgo mchun's home in 2009. A mchun's family gave such ornaments as se rna, dzuw, pʰe pʰe, se cuw tʰuw, se fiʃ ju, de ki, tings gon, teʰa ma, paw ku, la lu, and ra tuw, Tibetan robes, five Tibetan cushions, kitchen utensils, quilts, a chest, two mu of fields, three cows, one horse, and farming tools.

NON-ARRANGED MARRIAGES

If two young people love each other and agree to marry, they may give each other rings or other symbols of their intention to marry. If their families object, the boy or girl asks a friend to help organize a secret meeting. They may later elope to another county town or perhaps as far away as Lha sa, where they stay six months to a year. They return home after the girl becomes pregnant or a child is born. Their families then have little choice but to permit them to marry. Both the girl and boy's sides give buckets, clothes, money, livestock, fields, and jewelry to the couple and may help them build a new house.

If the boy's family has only one son, the new couple lives in his home and does not build a new house. If the girl's family has only one girl and no son, the new couple lives at the girl's home. If the girl and boy both have siblings then the new couple lives neolocally. Such new families are referred to as lṣ tsʰo su. The families of the bride and groom give them money, clothes, cushions, and farming implements.

If a couple marries against their parents' wishes, they may not be treated very kindly, e.g., the bride's parents might not give her a dowry, nor help the couple when they
have economic difficulties. This new couple would not have a special wedding party; they would only invite relatives and friends to their new house and have a banquet several months after they began living together.

As mentioned earlier, financial compensation is demanded if a family fails to provide the intended spouse in the context of an arranged marriage, as illustrated by the following account:

A sne (b. 1980) loved Sgrol dkar (born 1983). He often visited her brother and stayed in their home. Their love blossomed over time. The girl's family noticed their relationship and did not end it. However, the boy's family did not approve. The couple then eloped to Xinduqiao County, and lived with one of Sgrol dkar's relatives. A sne's relatives searched and seven months later, located them, by which time the girl was pregnant.

A sne had five sisters and no brothers. Sgrol dkar thus came to live in his home, because she had five brothers and two sisters, thus her departure did not cause a labor shortage in her family. The relationship between the two families improved over time.

In another case, Bsod nams dpal mo (b. 1984) and A tshe (b. 1988) eloped from Bang smad Village. Marriage had been arranged for both of them, and both families consequently disagreed with their choice. Members of the two families quickly found and beat them. Both families apologized and gave 3,000 to 4,000 RMB to the families with whom they had previously arranged marriage. After a year, A tshe married his arranged partner, and Bsod nams dpal mo also married her arranged partner.

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81 Xinduqiao County, Dkar mdzes Tibetan Autonomous Prefecture, Sichuan Province.
ENOGAMOUS VILLAGE WEDDINGS

Before the Wedding

An endogamous village wedding – one in which the two families live in the same village – may be very simple. The two families discuss and hold a simple wedding if both sides agree. The groom's family asks a bla ma or rtsis pa to choose a wedding date. They spend one to two days in preparation, buying liquor, beer, sunflower seeds, candy, vegetables, and cold dishes.

A Party at the Bride's Home: son phu do

In the afternoon, the bride's family asks older relatives to be na pu. Villagers help them manage the wedding party, and ask male villagers to assist guests. Also that afternoon, the bride's family sends members to invite all their relatives and all the villagers to their home for a banquet that evening. Most relatives come and most households send at least one representative. People dance and sing before supper. Afterwards, villagers individually give cash to the bride one by one. Each elder gives a blessing and gives dar dkar with cash. Some close relatives may give up to 500 RMB, while young villagers give five to ten RMB. A female friend or relative stands by the bride and records the names of the participants and the amount of money each gives the bride.

A Party at the Groom's Home

The next day the bride, her brother, her uncle, and two or three male relatives go to the groom's home. The bride is decorated with ni pu, se rna, dzuw, pʰe pʰe, se cuw tuw, se hə ju, do ʰi, zə gən, təʰa ma, paw ku, la lu, and ra tuw.
Others, however, do not decorate themselves with gold and silver; instead they wear new Tibetan robes. The group then walks together to the groom's home. The groom's family invites villagers to their home and hosts a wedding party during which villagers dance and sing together. A relative of the bride gives a speech. At six or seven p.m., the bride's relatives return home. Afterwards, all the villagers give barley liquor, money, and barley or wheat grain to the groom's family, who gives gifts to a person from each household: a piece of meat, a loaf of bread, and three or four *buw maw dzə nu*. Some elder villagers leave at around midnight while most young villagers dance and sing all night. The bride comes to the groom's home and begins doing housework several days after the wedding.

**DIVORCE**

After several months or years of marriage, some people divorce because the husband's parents dislike the wife or because the wife treats her parents-in-law badly, e.g., she does not provide good food and is disrespectful. Conflicts between husband and wife may arise. Sometimes the husband's brothers or sisters do not like the new wife, and sometimes the husband drinks and beats his wife. These situations may all result in divorce.

Account

'Chi med rdo rje (b. 1983, goŋ kʒ Village) married Dkon mchog lha mo (b. 1982, Bang smad Village). They divorced five years after the wedding, though they had a child, because the husband was an alcoholic and disliked working. The couple often argued and eventually told their parents they wanted to divorce. Their relatives agreed. After the divorce, Dkon mchog lha mo stayed with her son
at her parents' house, and the husband left and later married another village woman.

Children usually stay with their mother and the husband gives property to his ex-wife. Divorce is considered very shameful – divorced men and women both find it difficult to remarry. This is especially true for women, some of whom stay at their parents' home the remainder of their lives.

Widows

There were six widows, all of whom were grandmothers, in Bang smad Village in 2010. They have retained the same status as before in their family and community, and are respected by their family.

CONCLUSION

Before about 2005, the bride and her entourage stayed in the groom's home for three days, orators made five or six speeches during a wedding party, and villagers danced and sang the whole night and all the next day. Wedding activity was quite different in 2010, with the bride and her entourage staying only one or two days in the groom's home. Bang smad Village had only one man capable of making a complete wedding speech and he generally made only one or two speeches. Since the implementation of new rules concerning alcohol in 2009, families do not offer liquor to guests but offer fruit juice instead. As a result, dancing finishes at around one or two a.m. on the night of the party

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82 Another man can make speeches after dancing but he does not make wedding speeches.

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and guests then return home. Without liquor, some elders feel bored and do not stay long. Young villagers are disinterested in traditional dancing and singing and prefer to return home and watch television. Some families ask their children to come home early, because they worry about fighting. The bride and her entourage previously rode horses to the groom's home, but now most ride in cars. Wealthy families may organize a convoy of six or more cars to escort the bride and her entourage.

Certain Tibetans in Nyag rong County Town hold wedding parties that last five to six hours in restaurants. Local people describe such wedding parties as a way of collecting money, e.g., a guest not closely related to the bride or groom was expected in 2010 to give fifteen to 500 RMB when attending such weddings.

The weddings described in this book will probably not be performed much longer. They will likely be simplified, because following tradition is viewed as making the wedding process too complex, taking too much time, and requiring too many laborers. Locals prefer to hold wedding parties in restaurants where they need only to pay money and spend a few hours, and where they do not need to contribute labor. Furthermore, only a few families nowadays make arranged marriages because parents no longer prefer such arrangements. Villagers who have attended school graduate and find a job, and seek a partner who is also educated and employed. Though non-arranged marriages have become more common, elders still prefer to arrange marriages. Bstan 'dzin said, "I prefer to arrange marriages for my children, but I think my son won't agree." Rdo rje rgyal mtshan said, "It's better for people to have arranged marriages or a good person might end up married to a bad person. In such a case, the bad always affects the good, and not the other way around."
PART FOUR
SONGS AND SPEECHES
SONGS

These lyrics were sung and recorded in Bang smad Village and ri na Village in 2009 and 2010. A chos, Tshe 'dzin sgrol ma, O rgyan dbang phyug, A lca, O rgyan chos grags (b. 1972), A bzang (b. 1954), Ye shes dbang mo (b. 1967), and A dkar (b. 1958) sang dance songs, competitive dance songs, generic songs that may be sung at any celebratory gathering, and wedding songs.

Dance Songs

The following songs are sung during the New Year period and other celebratory occasions. Each song is summarized. 83

The nice, large monastery is located on a grassland. The Buddhas of the Three Ages are like flowers blossoming on the grassland. The monastery is surrounded by thousands of monks.

1. བླུག་རྩེ་ལོར་བཤད་པོ་སྲིད་པ་གྱི་སྤུ་གཤེལ།
2. བླུག་སྲུང་གསལ་སློང་བོ་བོ་བོ་གྱི་སྤུ་གཤེལ།
3. རྒྱ་ཆེ་འཇུག་པ་བོ་བོ་བོ་གྱི་སྤུ་གཤེལ།
4. རྒྱ་ཆེ་འཇུག་པ་བོ་བོ་བོ་གྱི་སྤུ་གཤེལ། 84

Hundreds of deer are gathered. Gamboling fawns encircle a lake. May we be happy and have good lives.

1. རྒྱ་ཆེ་འཇུག་པ་གྱི་སྤུ་གཤེལ།

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83 We were unable to identify all terms in the speeches and songs and have therefore represented the sounds of such terms using the Tibetan syllabary.

84 The last line of each dance song ends with a refrain expressing good wishes.
The sun shines on a golden bucket brimming with gold. May we be happy and have good lives.

The sun shines on a silver bucket brimming with silver. May we be happy and have good lives.
All trees that grow are sandalwood and all birds that fly are peacocks. All goodness is gathered here.

1. ཐོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་
2. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་
3. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་
4. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་
5. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་

Good trees and birds are gathered in a happy place.

1. ཐོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་
2. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་
3. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་
4. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་

The sun and full moon are in the same sky. Though they appear at different times, they travel in the same direction.

1. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་
2. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་
3. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་
4. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་
5. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་
6. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་
7. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་

May religion flourish.

1. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་
2. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་
3. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་
4. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་
5. བོ་ཙོ་བོ་ཙོ་སི་ཙོ་མ་ཙོ་
May there be good weather and bountiful harvests.

The sun, moon, and stars are wonderful. May they all gather together.

May the sky, sun, and stars gather.

The golden mountains are the home of three golden birds. Though the three mountains are far from each other, the three golden birds may gather.
Praise to the sun, moon, and stars.

The sky is like a lake and the sun and moon are jewels in the lake, surrounded by the stars.

The following song, Bkra shis chung ba, expresses the wish that villagers' g.yang will increase.

The following song, Bkra shis che ba, states that the propitious mountain has a lucky horse, and the horse has a foal, saddle, and rider. The refrain, "May auspiciousness gather on the auspicious mountain," is repeated in odd-numbered lines.

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Wedding Dance Songs

The following two songs may be sung by the groom's villagers at any time during the wedding. This song states that the sun has arrived and all the stars have come to greet it. It expresses the wish that all the senders and greeters will be happy together.

This song suggests that although the bride does not yet have close relationships with villagers, they will nonetheless help her.
The following two songs may be sung by the bride's villagers at any time during the wedding. This song asks the groom's villagers to care for the bride.

This song asks villagers to take special care of the bride until she is comfortable in her new home.

Competitive Dance Songs

Competitive dance songs are sung during circle dances at weddings and other informal gatherings, but not during New Year celebrations, which are considered too formal for this type of song.

A: There are three heads lacking brains. Tell me what they are.

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B: Three heads lacking brains are the three heads of the statues of the Buddhas of the Three Ages.\textsuperscript{85}

\begin{align*}
1 & \text{མཐར་ལོན་པ་ཉེའི་མཐོང་གི་གྲགས་པའི་ཐོན་པ་}\nonumber \\
2 & \text{དྲོ་དོན་པ་མཐོང་གི་གྲགས་པའི་ཐོན་པ་}\nonumber
\end{align*}

A: There are thirteen grasslands where no horses run. Tell me what they are.

\begin{align*}
1 & \text{དོན་མོ་ལུགས་པ་ཅེས་ཐབས་ཞེས་རོ། །} \\
2 & \text{འབོད་ཞི་དོད་དུ་ཐབས་ཞེས་རོ། །} \\
\end{align*}

B: The thirteen grasslands where no horses run are thirteen \textit{thang ga}.

\begin{align*}
1 & \text{དོན་མོ་ལུགས་པ་ཅེས་ཐབས་ཞེས་རོ། །} \\
2 & \text{འབོད་ཞི་དོད་དུ་ཐབས་ཞེས་རོ། །} \\
\end{align*}

A: There are thirteen lakes that nobody steps in. Tell me what they are.

\begin{align*}
1 & \text{སྣིའི་མྱོང་ཤེང་བུ་བོད་ཞེས་རོ། །} \\
2 & \text{འབོད་ཞི་དོད་དུ་ཐབས་ཞེས་རོ། །} \\
\end{align*}

B: The thirteen lakes that nobody steps on are thirteen offering bowls of holy water.\textsuperscript{86}

\begin{align*}
1 & \text{སྣིའི་མྱོང་ཤེང་བུ་བོད་ཞེས་རོ། །} \\
2 & \text{འབོད་ཞི་དོད་དུ་ཐབས་ཞེས་རོ། །} \\
\end{align*}

A: There are three weapons not made by blacksmiths. Tell me what they are.

\text{མ་པ་མ་ལྷ་ཕོ་མཐོང་ཆུ་བ་བོད་པ་}

\textsuperscript{85} The Buddhas of the past, present, and future.

\textsuperscript{86} Water in bowls is offered to deities in monasteries and family shrines. The water is changed daily.
B: The three weapons are the antlers of deer, blue sheep, and alpine antelopes.

A: There are three weapons made by blacksmiths. Tell me what they are.

B: The three weapons made by blacksmiths are the tips of needles, drills, and spears.

Songs

One of approximately ten two-line refrains is used to conclude these generic songs that may be sung at any celebratory gathering. Six such refrains are given below.

Youths' singing will bring good fortune in their next lives.

We are singing now and wish to continue singing.
We have met this year. May we meet again in the future.

May our singing bring good fortune and be heard everywhere.

I did not feel like singing but the mountains were high. I did not feel like singing, but I missed my hometown.

I happily sang this song in the hope that your dreams will come true.

Examples of the songs follow.

A sandalwood tree growing on a mountain and a peacock from a distant land are fated to meet, but they do not know when.

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87 This refrain suggests that nostalgia inspired the singer to sing.
Thunder can be heard on earth, thus ornamenting both sky and earth.

All the stars are gathered in the sky and the sun shines, delighting everyone.

May everyone's life be long and happy, and may we meet again in the next life.
May the sun, moon, and stars gather. They do not often gather, but today they have.

When we are happily together we should enjoy ourselves, because we will separate tomorrow morning.

May the sun, moon, and thousands of people gather.

Two people were destined to meet.
A beautiful place covered in flowers delights the singer.

Friendship is valuable.

In the morning a leader was helped to mount his horse.

We were just like wild asses scattered on a mountain before we gathered here, but now we are as close as wild ass mothers and their foals.
When monks play with words in the temple the words become clearer, and the monks' voices become more melodious.

Wedding Songs

The following songs are sung at weddings. The next three songs are sung by the groom's villagers.

In the homeland of the sky, the sun and moon are guests, and all the stars are greeters. May senders and greeters be happy.
Buttercups grow on one riverbank, and a tree grows on the opposite bank. Though they grow in different places, they meet in the shrine.\(^88\)

\begin{verbatim}
1 མི་མ་མབྱིུ་ལོང་ཤེས་པ་འོད།
2 མི་མ་མཐོ་བོའི་འོད།
3 སློང་སོགས་ཀྱི་མི་འོད།
4 སློང་སོགས་ཀྱི་མི་འོད།
5 སློང་སོགས་ཀྱི་མི་འོད།
6 སློང་སོགས་ཀྱི་མི་འོད།
\end{verbatim}

Sandalwood grows on one riverbank, and cypress grows on the opposite bank. Though they grow in different places they meet in the offering fire.\(^89\)

\begin{verbatim}
1 མི་མ་མི་མ་ལྟ་བ་འོད།
2 མི་མ་མི་མ་ལྟ་བ་འོད།
3 སློང་སོགས་ཀྱི་མི་འོད།
4 སློང་སོགས་ཀྱི་མི་འོད།
5 སློང་སོགས་ཀྱི་མི་འོད།
6 སློང་སོགས་ཀྱི་མི་འོད།
\end{verbatim}

The following songs are sung by the bride's villagers.

When a young woman leaves her village she need not worry because all the young villagers escort her. May all the greeters and senders be happy.

\begin{verbatim}
1 མི་མ་མ་མི་མ་ལྟ་བ་འོད།
2 མི་མ་མ་མི་མ་ལྟ་བ་འོད།
3 སློང་སོགས་ཀྱི་མི་འོད།
4 སློང་སོགས་ཀྱི་མི་འོད།
\end{verbatim}

\(^{88}\) Both plants are burned as incense offerings in shrines.

\(^{89}\) Both plants are burned as incense offerings.
Oh, blue sky-like bow and golden sun-like arrow. Please, arrow, return to your bow. Your bow will send you off.

The sun drinks snowmelt and wears white clouds.

The moon drinks snowmelt and wears a colorful rainbow.
Beautiful woman, you were fated to be beautiful.

I never sing, but today I will sing to the sky about happiness and about leaving.

The following five songs are sung by the bride's entourage in her home and express the bride's sadness at leaving her family.

Big and small mountains are leaving, but the best mountain will remain here. Do not worry, I, the bride, will offer bsang from a distance.
I, the bride, will make lab rtse and offer bsang all along the way to the groom's home.

I, the bride, will pass over mountains and rest by a lab rtse. I will not rest because I am tired, but because I miss my village.

Before you disappear behind the mountain, please look back at your village.

The rock and snow mountains dwell together. I, snow mountain, must leave. I do not worry about leaving, but I worry about you, rock mountain, being left behind.
A NEW YEAR SPEECH

The following is an excerpt from the speech given after Bkra shis rgyas was performed in Mtha' phyug during Ṭhê ndže in 2010. The speech starts with a description of the creation of the world, praises locally famous mountains and rivers, reviews who gave dzog te to the dancers, and wishes all villagers well. The speech is transcribed in literary Tibetan with a brief English summary introducing each verse.⁹⁰

Lines contain from three to seventeen syllables. The term da de ring 'now, today' is repeated throughout. The speech is divided into eleven verses according to content. When giving the speech, the orator occasionally marked new verses by repeating such terms as da de ring, and also paused between verses to drink tea or juice. The orator spoke loudly throughout the speech, using an even rhythm that was slower than normal speech. Many proverbs, honorifics, and hyperbole were also used, for example, when describing the house as being full of property. The speech contains 144 lines and took seven minutes to orate.

The first verse explained why legs so is said. Legs means 'good' and so is comparable to a full stop, indicating

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⁹⁰ This and the following speeches are not divided into discrete verses when delivered by local orators, however, we wrote the speech text in verses to aid reading.

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that what will be said or has been said is good. It is commonly used at the beginning and end of formal speeches.

The second verse described the auspiciousness of the day, on which people, deities, and all good things are gathered at the dancing ground.

The third verse stated that it was time to escort out the old year and greet the new year, and that all elders, men, women, youths, dance leaders, and dancers had gathered at the dance ground.
The fourth verse praised male dancers by describing their fox-skin hats and leather boots, and comparing them to rainbows around the sun. Female dancers were compared to rainbows around the moon. All the dancers’ decorations were likened to trees in summer.

This fifth verse described the creation of the world and men of differing abilities, and explained why speeches must be given.
The sixth verse related the origin of Nyag rong and described the locally famous Kha ba lung ring and Skyobs 'byin seng nag mountains.
The seventh verse discussed the origin of Bang smad and described how it is surrounded by protective mountain deities. Other virtues of the local landscape were also described.

The eighth verse praised villagers and village leaders for their skill at dancing and horse racing and expressed the wish...

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that villagers would obey their leaders and continue behaving well throughout the remainder of the New Year celebrations.

The ninth verse named the villagers who made donations to the dancers and detailed their donations.
The tenth verse described and praised dar dkar.

The final verse expressed the wish that all villagers would be healthy and prosperous and that their livestock would be free of disease.
This wedding speech was performed by A lca in 2008 during Bsod nams zla ba (b. 1988, ri na Village) and Bkra shis chos sgrol's (b. 1985, ri na Village) wedding held in ri na Village. Their marriage was an arranged endogamous wedding. Their families bought a house for them, which they lived in for six months before holding a simple wedding in their new home. A lca gave this speech reviewing what the two families had given the couple. The first four verses were Tibetan and the remainder of the speech was in Mi nyag. The entire speech is transcribed in IPA.

Lines ranged between two and nineteen syllables. The orator often repeated the phrase tɕʰə dʒ tʂʰə kʰi ɲə ma tɕɛ, a formal version of 'then' only used in orations. It was repeated in the middle and sometimes at the beginning of verses. There are thirty verses of varying length in this speech, divided according to content. The orator sometimes paused between verses, and orated loudly throughout the speech, using many Tibetan proverbs and honorifics, and frequent hyperbole. The 330 lines of this speech took fifteen minutes to orate. Before giving the speech, the orator
sat on a chair near the central pillar, and after coughing to get the audience's attention, stretched a *dar dkar* between his hands, stood, and began orating.

In the first verse the orator asked all elders, women, and men to pay attention. While speaking, he stretched a *dar dkar* between his outstretched hands and faced the men, who were seated separately from the women.

1. *wa na pa tʰom tɕɛ gə le sʰɔ*
2. *da te gə tɕʰe rə rge sʰəm*
3. *ɕə ga ma dan? a ɕə*
4. *ba ɡə ba sar ba ma*
5. *diŋ tʰu nə pa tʰom tɕɛ da*
6. *tʰu ra me ze ji*
7. *tʰe de le ze ji la*

In the second verse the orator stated that holding the wedding on that day fulfilled both families' wishes.

8. *da de ræŋ go donŋ la tʰu nə ya nə*
9. *ri na sʰa den go ti la*
10. *Gəw jəw tʰoŋ danŋ noŋ wonŋ kʰaw ni*
11. *sʰəm pi go ne ne da lə ɬə sʰoŋ ze re*
12. *tɕʰe pi gi gi do li la dza ze re*
13. *da tɕʰi la tɕʰe go gor pʰu*
14. *tɕʰi la daw go tʰə tsi wa*
15. *tam ke ja re xʰe no yaw no*
16. *xʰe rə mə ji ze do jə pa ta sʰə re te ne*

The orator then described and praised the bride's and groom's families.

17. *da kʰaw ni go tʰɔ zu ruw ne nbə raw*
18. *da tʃʰɔ kʰi kʰo tʃʰi na ze gi do*
19. *kʰaw ni do tʃʰa tɕɛ dzə po go nə*
20. *pʰə zoŋ ma zoŋ go bə jə*
21. *nə pa zəŋ poŋ go dzə re go ne*

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He then stated that he would make a brief speech because he did not want to waste time.

de ge pʰə go kʰa da ni ze pʰa tʰe ma tsʰə
de tam pe tʰen zo ndza ndza
de ndza mo na tsʰə kʰa da zo wa
no pa tʰam tse go
shə pə tʰu ke tɯw xʰə
bo za bo mo no pa tʰom tse go
tse ke tɯw xʰə
pʰə tʰ di tʰə jo wu me re la

The orator stood from the start of the speech until this point, and then sat on a chair by the central pillar.

The orator then explained that because all the wedding guests understood Mi nyag he would speak Mi nyag instead of Tibetan. He placed his hands palm-down on his thighs and held the dar ḏkar while speaking.

vo ja
da no pa za ka de
bo ce nə ma tse
tʰu no do a me yə ?e
tʰi la tʰe go je edə me nə ma tse
bo ki və xʰə ri ndzi a və do mə ji
mə tsʰə bə ki və ri ndzi de ja la go və
kʰu zo bo ki və noŋ kʰa da və xʰə nə nə
bo yə la go tu la gə və
tsʰə zo po nə xʰə və a sʰon sʰon ca
bo ki və ndon və noŋ
kʰa rə no və la go və
tə sʰi tə sʰe pʰa tʰe rdze ma tsʰə
kʰa tʰə go de do no

In the next verse, the orator described and praised the bride's parents.
He then described and praised the groom's parents.
In this and the following seven verses, the orator described the bride's dowry...

dā ṣe ṣo di tse ṣe ma tće
Gow jow ṣe ma tće
mi ṣe ma tće mi tu nè ṣe
ṣh c ṣe la ẓc le de ka wa ki sh c ne kč νc lu
tsh c ṣe ṣe ṣh a ne ṣo ti xh c ṣo xh c ṣe ma tće
xh c ṣe xh ṣe ṣh ma tsu ṣo ṣo
tsh ṣe ṣo khi
xh a xh u mu la mu ṣo kh c ṣo kha da νc xh c νc νc
atsh ṣe ṣh ṣo khi ṣe ma tće
mi ṣe ma tće mi tu kć ν3 duw raw
tsh ṣe ṣe νc ni ṣe ma tće tsh a
ka a ki sh c ne de νc lu ṣh a  ṣh ṣe  ṣh j c la  ṣe νc
atsh ṣe ṣh ṣo khi ṣe ma tće

... including the fox-fur hat given to the bride by her family...
mgc  ṣa la tsh a ni ṣe ma tće
ṣa ja sh e dzc te mu thôn  ṣhôn ta sê ṣe
ṣa mc tsh uw sh c ṣe ci pu
atsh ṣe ṣh ṣo khi ṣe ma tće

...all the ornaments given to the bride by her family, including the value of each...
 že gon c ke je kôŋ ṣa tu la  ṣe νc
ja khôn non ṣe ni zôn khôn non ṣe tsh uw
atsh ṣe ṣh ṣo khi ṣe ma tće
ও গোন না মা তে দে য় রদ্ধ ত্য এ য় ত্য সত্য না নে
পো গোন রিমু শে তে হুউথ দে গি রদ্ধ ত্য য়
না কান গু না রদ্ধে গি তে দে য়
রো দে তিসন দেজ গা দে স্যা লা গো য়
ঋ এ সন দোন কা তুথ গো প্যো দেন পা রা এ সিং সক এ কো
থে এ রদ্ধ দে দেন পা যুথ রদ্ধ দে স্যা দে পা না
থে এ না লা লা লা পো কা দাঁ না স্যা লা গো য়
কালা দোন তে দে দোন তে দে তার এ পা না না না
থে এ দে তে এ ক্ষা এ না মা তে দে এ রা দিএ
না কান গো পা লা গো য়
থে এ দে তে এ ক্ষা এ না মা তে দে নে
থে এ দে পা লা গো য় এ ক্ষা এ না
থে এ দে তে এ ক্ষা এ না মা তে দে নে
থে এ দে তে এ ক্ষা এ না মা তে দে নে
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থে এ দে পা লা গো য় এ ক্ষা এ না
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থে এ দে পা লা গো য় এ ক্ষা এ না
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থে এ দে তে এ ক্ষা এ না মা তে দে নে
থে এ দে পা লা গো য় এ ক্ষা এ না
থে এ দে তে এ ক্ষা এ না মা তে দে নে
থে এ দে পা লা গো য় এ ক্ষা এ না
থে এ দে তে এ ক্ষা এ না মা তে দে নে
থে এ দে 

...the clothes given to the bride by her family, and the value of each...
the kitchen utensils given to the new couple by the bride's family...

the cushions given to the new couple by the bride's family...

the livestock given to the new couple by the bride's family...
... and the barley and wheat grain given to the new couple by the bride's family.

The next verse praised the two families and summarized what each gave the new couple.

The orator then introduced the gifts from the groom's family, first explaining that the groom's family gave half of their property to the new couple.

The orator then detailed the gifts given by the groom's family to the bride, beginning with the fox-fur hat...
...then the clothes...

t'á a ni gi go ze koŋ go tu la go ve

t's'á ra woŋ go tu ne t's'á woŋ go tu ne

x'á ni pu ye tca k'á je da ji

x'á s'á pu ye tca k'á je da ji

...the cushions...

ra bi ni mu o doŋ poŋ koŋ goŋ tca koŋ a t'á

t'á da t's'á k'í ye ma tce ydzí dza ma koŋ a t'á

bi a t'á s'á fa a go

da t's'á ra k'á da vo tuw

da gi go ze koŋ go tu la go ve

t'á k'í t'á ma s'á ye ds k'á

ja k'óŋ noŋ ye ni zoŋ k'óŋ noŋ ye t's'áw

t'á t'á t'á do da la níw ma tce

z'á de ní ma tce k'á x'á

du da le me ra ti ne re ti ní

di tce ní ma tce t'á di ye

...and the ornaments.

s'á ye luw tsi k'á no ma tce je t's'á juw dzú je k'á go de

x'á no ni ri k'á te deŋ pa koŋ go tu la go ve t's'á ds ní

bo go na re s'á goŋ ga t'á ní ní ní

ta s'á re monj ye s'á lu t's'áw

k'á noŋ koŋ go ge ni ja doŋ dzé tce ds ní ní

t's'á sh'óŋ doŋ k'á taw go re vi ge te ne

xa ne ni ri k'á tce koŋ go tu la go ve t's'á s'á no ní

s'á ye noŋ ko je k'á ze gi fa ve a tce de jo ve tce xaw xaw

raw ni k'á go t's'á noŋ ye raw rdza dzó koŋ mi jo je go ds jo
t's'á de t's'á k'í ní ma tce buw ku koŋ go tu ne zoŋ te
da tceaw de re noŋ lu pa t'á pa nu la t's'á wón de ji t's'á me
The orator next praised the two families again, stating that each family had a large kin network, and thanked all the guests for coming.

The orator then implied that the groom's family was wealthier than the bride's as they spent 55,000 RMB purchasing the couple's house. While speaking, the orator gestured with his right arm raised and hand upturned.
future.

da bə xʰə koŋ gə tu la gə və

tsa xı tʃʰi tʃʰi me loŋ tʃʰi ni rdže pʰa tɛʰə mə tʃʰə
tɛʰi kʰə da koŋ nə ma tće tonj ja tʃʰi ja ga tʰə ku nən

ŋa nə ra ka ha tɕi kʰə nə tʃʰi tə sʰə
rđže pʰa tɛʰə mə tʃʰə a hə de ḍə nə nə te

The orator then stood and asked the bride and groom to approach him.

tɛʰi da koŋ gə tu nə di la gə və

ha sʰə nə jə tɛʰə tɛʰə də tʃʰə kʰi nə ma tće tɛʰa di

ŋa nən nə ma tće tɛʰa di nən şə

də rə sʰə loŋ da wa ne nə ma tće e me nə ɬə

An audience member then told the orator that he had forgotten to mention a part of the bride's dowry, and so the orator described the ornaments given by the bride's family that he had forgotten to mention.

Gow jow woŋ tɛʰə də tʃʰə kʰi nə ma tće di

ŋən nən koŋ go tu ne tɛʰa ma koŋ gə tu ne

sʰə ya tɛʰə sʰi ŋə ma tće gə ge tʃʰə tsi dəŋ tonj ḍa rdže xʰə

kʰə

e ne tɛʰə de za təŋ də kʰə da tɛʰə də wə law rdže

sʰə tɛʰə şə da nə ma tće tɛʰa di

kʰə sʰə tće tʰə pa kʰə tə nən

ʒə gonj kʰə da ka je tɛʰa nə nə

dəŋ ni da ka sʰə ya tɛʰə sʰi koŋ yə nə nə te

ma ji no sʰə a gə ca di nə nə

Gow jow woŋ sʰa gə sʰə naw dəŋ nə nə

ʒə gonj kʰə pe tɛʰa kʰə da tɛʰi sʰə nə nə nə

tɛʰi pow ku koŋ go tu ne la loŋ koŋ go tu ne

tʃʰə ɣəŋ koŋ go tu ne sʰə ma gi pa nə nə

tɛʰi kʰə la kʰə tɛʰə law go de jow

tɛʰi nə ma tće tɛʰa ha ḍə kʰə da

yəkə nə ḍə tɛʰa mə li tɛʰə tʃʰən rdže pʰa tɛʰe mə tʃʰə

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The orator next put a dar dkar around the groom's neck and told him that he was now responsible for his family. He then wished that the groom would become wealthier, more powerful, and extend his kin network. He also described how the groom was a good child, and would continue to behave well in the future. While speaking, the orator faced the groom, pointed at him, and occasionally placed his hands on the groom's shoulder.

The orator then approached the bride, who sat with young village females in a corner of the room. He bent down to the
bride, put a dar dkar around her neck, and then stood. He continued his oration by describing the bride in the manner the groom was previously described, and also stated the same wishes for her. While speaking, the orator gestured with raised arms and upturned hands.

As his speech drew to a close, the orator expressed the wish that all villagers would be healthy, their livestock free of disease, and that their living conditions would improve. He approached the central pillar, ready to conclude, while speaking.
The orator then tied a dar dkar around the central pillar.

In the final verse, the orator stated that a wealthy family owned the house in the past, and expressed the hope that the new couple would be as wealthy as the previous owners. He also expressed the wish that the new couple would become wealthier and more powerful. While speaking, the orator pointed to the central pillar and at the conclusion gestured with upturned palms to the audience.

The audience said, "wo le s'ho."
The orator then went to a side room to drink and relax. Shortly afterwards the guests began enjoying themselves by singing, dancing, and chatting.

Wedding Speech Two

This wedding speech was given in Tibetan by Dbal chen (b. 1967) on the second day of the marriage between the bride, Dbyangs can (b. 1975, Ske ri Village), and groom Tshe dbang rgyal mtshan (b. 1980, Bang smad Village) in 2009, several weeks before the New Year. The wedding was held in Bang smad Village.

Lines contained five to twenty-two syllables. Da 'now' was said often, particularly at the start of verses. The fifteen verses are divided according to content, and, in the oration, were occasionally divided by pauses. The orator spoke loudly throughout the speech, employing metaphors, honorifics, and hyperbole. The 241 lines of this speech took eleven minutes to deliver.

The orator began by making offerings to local deities, to the whole world, to the three protecting lords, to the heaven of the four great kings, and to the five families of the victorious ones.

1. དེ་དེ་ཤིི་མོ་མོ་ོ་ོ་ི་ི་དི་ལེས་བོ་ོ་ོ་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི

2. མོ་མོ་ོ་ོ་ི་ི་དི་ལེས་བོ་ོ་ོ་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི

3. མོ་མོ་ོ་ོ་ི་ི་དི་ལེས་བོ་ོ་ོ་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི

4. མོ་མོ་ོ་ོ་ི་ི་དི་ལེས་བོ་ོ་ོ་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི

5. མོ་མོ་ོ་ོ་ི་ི་དི་ལེས་བོ་ོ་ོ་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི་ི

He then stated that the day was auspicious, and asked all
elders, women, men, and audience members to pay attention.

The orator then explained why it is important to say *legs so*.

Next, he described the auspiciousness of the day on which people, deities, and all good things had gathered.
In the next verse the orator praised the dancers, comparing male dancers to the shining sun and female dancers to the shining moon. Their decorations were likened to trees in summer, their beauty a rainbow, and their voices to cuckoos'. Finally, the circle of dancers was compared to a lake.
The orator then stated that the bride's side donated 133 RMB to the dancers.

He then praised the groom's village (Bang smad) and said that females who leave this village leave their happiness behind while those who come to this village receive happiness.
He then praised the three most famous holy mountains in Nyag rong: Kha ba lung ring, Skyobs 'byin seng nag, and Shang long brag dkar.

He then praised the three most famous holy mountains in Nyag rong: Kha ba lung ring, Skyobs 'byin seng nag, and Shang long brag dkar.
He then praised the three famous grasslands of Dkar mdzes: Dkar mdzes dmar ra thang, Li thang mdo sde thang, and 'Bang nag a skya thang.

The three famous rivers of eastern Tibet were then praised: Mgo log rma chu, Sde dge ' bri chu, and Nyag rong g.yu
The orator then described how the bride's and groom's families had consulted fortunetellers and astrologers, discussed when to hold the wedding, and chose an auspicious day.

91 Nyag rong g.yu chu is an alternative name for the Nyag chu River.
He then praised the bride's and the groom's families, mentioning their wealthy relatives and famous ancestors.

The orator then described the groom's family's house, how the family asked the advice of a fortune-teller and astrologer,
and how they dug the foundations on an auspicious day. He compared the house's four corners to taut threads and the four walls to stretched tiger skins. The house's windows, doors, ladders, cushions, tables, brazier, stove, pillars, and lab rtse were also praised.
The orator described and praised dar dkar in preparation to conclude his speech.
In the final verse the orator expressed the wish that the groom's family would become wealthier, more powerful, and extend his kin network.
Wedding Speech Three

The speech below is an example of what might be given on the second day of the wedding. It was given by A lca upon request in 2008 in ri na Village. The bride and groom's names are fictitious.

Lines contained three to twenty-seven syllables. Da 'now' and da de ring 'now, today' occurred in almost every verse, often at the beginning. The eleven verses are divided according to content, though sometimes the orator marked the divisions with pauses. The orator spoke loudly from start to finish in an even rhythm and frequently used honorifics, metaphors, and hyperbole. The 135 lines of this speech took six minutes to orate.

The orator began by explaining the importance of saying legs so.

1. འི་ཨེ་ཨེས་ཨེས་ཨེས་ཨེས།
2. སྐྱོད་ཨེ་ཨེས་ཨེས་ཨེས་ཨེས་ཨེས་ཨེས།
3. མོ་ཤུ་པས་ཨེས་ཨེས་ཨེས་ཨེས།
4. མོ་ཤུ་པས་ཨེས་ཨེས་ཨེས།
5. བྱི་ཨེས་ཨེས་ཨེས་ཨེས་ཨེས་ཨེས་ཨེས།
6. འཇིག་ཨེས་ཨེས་ཨེས་ཨེས་ཨེས་ཨེས།
7. བྱི་ཨེས་ཨེས་ཨེས་ཨེས་ཨེས་ཨེས་ཨེས།
8. འཇིག་ཨེས་ཨེས་ཨེས་ཨེས་ཨེས་ཨེས་ཨེས།

He then asked all elders, men, women, and children to pay attention, and explained that without speech one cannot be understood by one's parents and without walking one cannot cross the threshold. The orator furthermore said that if he discussed everything from the creation of the world until now, it would require a long time, so he would shorten his speech.
Next, the orator described the creation of the world and living beings.

Next, the orator described the creation of the world and living beings.
He then described the origin of Nyag rong, and listed all of Nyag rong's famous families.
He continued his discussion of Nyag rong by introducing its three most famous mountains: Kha ba lung ring, Skyobs 'byin seng nag, and Shang long brag dkar.
The orator then described the groom's family's house, how the family asked the advice of a fortune-teller and astrologer, and how they dug the foundations on an auspicious day. He compared the house's four corners to taut threads and the four walls to stretched tiger skins. The house's windows, doors, ladders, cushions, tables, brazier, stove, pillars, and lab rtse were also praised.
He then described the auspiciousness of that day on which people, deities, and all good things had gathered, and on which G.yu mtsho and Bkra shis zla ba would marry.

He then praised the groom's and bride's parents and families.
The orator then described and praised *dar dkar*.

175 *དར་དཀར་*\\n176 *བཞི་པོ་*\\n177 *བཞི་པོ་*\\n178 *བཞི་པོ་*\\n179 *བཞི་པོ་*\\n180 *བཞི་པོ་*\\n181 *བཞི་པོ་*\\n182 *ལོ་*\\n183 *ལོ་*\\n184 *ལོ་*\\n185 *ལོ་*\\n186 *ལོ་*\\n187 *ལོ་*\\n188 *ལོ་*\\n189 *ལོ་*
Next, he praised the groom's village (ri na), describing its unique landforms, plains, rivers, rocky outcrops, and grasslands. He claimed that villagers had milk to drink during summer and liquor to drink in winter. He stated that females who leave the village leave happiness behind, but those who come receive happiness.
The final verse expressed the wish that the groom's and bride's families would be healthy, their livestock free of disease, and that the groom and the bride would become more powerful and wealthy and expand their kin network.
Wedding Speech Four

This wedding speech was given by Bstan 'dzin in 2009 upon request. The bride and groom's names are fictitious. Such speeches are given on the second day of the wedding.

Lines contained from three to twenty-one syllables. The terms da 'now' and da de 'phro ru 'now, then' occurred frequently in the middle of verses and occasionally at the start. The fifteen verses of this speech are divided according to the content, and were occasionally marked by the orator with pauses. The orator spoke loudly throughout the speech using proverbs, honorifics, metaphors, and hyperbole. The 349 lines of this speech took eighteen minutes to deliver.

In the first verse, the orator explained why it is important to say legs so.

1. ""Ni pa rgyal bstan 'dzins bstan 'dzins
2. ""bstan 'dzins bstan 'dzins bstan 'dzins
3. ""bstan 'dzins bstan 'dzins bstan 'dzins
4. ""bstan 'dzins bstan 'dzins bstan 'dzins
5. ""bstan 'dzins bstan 'dzins bstan 'dzins
6. ""bstan 'dzins bstan 'dzins bstan 'dzins
7. ""bstan 'dzins bstan 'dzins bstan 'dzins
8. ""bstan 'dzins bstan 'dzins bstan 'dzins
9. ""bstan 'dzins bstan 'dzins bstan 'dzins
10. ""bstan 'dzins bstan 'dzins bstan 'dzins
11. ""bstan 'dzins bstan 'dzins bstan 'dzins
12. ""bstan 'dzins bstan 'dzins bstan 'dzins
13. ""bstan 'dzins bstan 'dzins bstan 'dzins
14. ""bstan 'dzins bstan 'dzins bstan 'dzins

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He then stated that it was an auspicious day, and asked all elders, women, men and audience members to pay attention.

The orator next described the auspiciousness of that day on which people, deities, and all good things had gathered.

He then described the creation of the world.
The orator praised the dancers in the next verse, comparing male dancers to a shining sun and female dancers to a shining moon. Their decorations were likened to trees in summer, their beauty to a rainbow, and their voices to cuckoos'. Finally, the circle of dancers was compared to a lake.
The orator then praised the mountains that surround the village and stated that in the past an important leader lived in this village, whereas, at present, the local government is based there.
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བོད་ཡིག་

དེ་དེའོ།

ལྷོན་བཐའི་ཆེན་པོ་དེ་འུལ་བསུམ་གསུམ་བཞི་ཞིག་ཡོད་པར་

ཐོང་བཤད་པའི་ཤིས་དེ་འབྲེལ་བསམ་བཞི་ལེགས་པ་ཅི་ལེན་པར་

སངས་རྒྱས་ཐེག་ཆེན་བཞི་བགྲིཞི་དགུ་་བོད་ལ་མཐོང་བར་

གྱི་དོན་མོ་ལས་ཐོབ་པའི་སྤྱོད་འོད་པར་

དོན་དོན་པའི་ིར་བཅོམ་དང་

མཐོང་བའི་ཆེན་དང་

་དོན་དོན་པའི་ིར་བཅོམ་དང་

ཆི་འཇུག་བོད་དྲུག་དང་

དོན་དོན་པའི་ིར་བཅོམ་དང་

བོད་ལ་མཐོང་བར་

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He then described the origin of the nine families of Bangsmad Village, and named the traditional leaders' families of Nyag rong.

Next, the orator praised Mtsho kha Monastery.
The orator then described the three most famous holy mountains in Nyag rong: Kha ba lung ring, Skyobs 'byin seng nag, and Shang long brag dkar.
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He next praised the groom's and the bride's parents.

The orator then praised the groom and his family…
... and the bride and her family.
276 སྣིན་པའི་མདུན་ལ་ཟེར་བཅས་པའི་མཚན་གྱི།
277 ཚིར་པའི་མདུན་པར་ཆེན་པོ་མཁས་ཀས།
278 རིབ་པའི་མདུན་པར་མཐུར་མཆེན་པོ་མེད་ཀྱི།
279 ཚུག་པའི་མདུན་པར་ཆེན་པོ་མཁས་ཀས།
280 ཨི་ཉི་ཤི་ཐོད་དཔལ་དབང་ལྟེས།
281 སྐྱོད་པོ་ཞིག་པོ་ན་མཉམ་གཞི་ནི་ཐུབ་དྲུགས།
282 ཤུན་དབང་གསོ་བོ་བཞི་མིན་ཅི།
283 འབྲས་པར་ཞིག་འདུག་ལྟེན་པའི།

The orator then described and praised *dar dkar*.

284 ཤེས་བརྒྲིའི་ཚེ་མོ་བཞེན་པོ་ཞིག་བོ་བཞི་མིན་ཅི།
285 རི་ལྟ་ཨི་ཆེན་པོ་བཀྲ་ཤིས་ལྷོན་ཞི།
286 རང་ཐོག་ཨི་ཞིབ་ཞིག་བོ་བཞི་མིན་ཅི།
287 རོ་བོ་ཨི་སྐབས་པར་ར་བར་པོ་མེད།
288 རྒྱུད་དྲི་དོག་དཔེ་གི་བོ་བཞི་མིན་ཅི།
289 རྒྱུད་དོན་དཔེ་གི་བོ་བཞི་མིན་ཅི།
290 རྒྱུད་དཔེ་གི་བོ་བཞི་མིན་ཅི།
291 རི་ལྟ་ཨི་ཆེན་པོ་བཀྲ་ཤིས་ལྷོན་ཞི།
292 རི་ལྟ་ཨི་ཆེན་པོ་བཀྲ་ཤིས་ལྷོན་ཞི།
293 ཐོན་པོར་ཤིག་བོ་བཞི་མིན་ཅི།
294 ལེགས་པ་ང་ཤིག་བོ་བཞི་མིན་ཅི།
295 རི་ལྟ་ཨི་ཆེན་པོ་བཀྲ་ཤིས་ལྷོན་ཞི།
296 རི་ལྟ་ཨི་ཆེན་པོ་བཀྲ་ཤིས་ལྷོན་ཞི།
297 རི་ལྟ་ཨི་ཆེན་པོ་བཀྲ་ཤིས་ལྷོན་ཞི།
298 རི་ལྟ་ཨི་ཆེན་པོ་བཀྲ་ཤིས་ལྷོན་ཞི།
299 རི་ལྟ་ཨི་ཆེན་པོ་བཀྲ་ཤིས་ལྷོན་ཞི།
300 རི་ལྟ་ཨི་ཆེན་པོ་བཀྲ་ཤིས་ལྷོན་ཞི།
301 རི་ལྟ་ཨི་ཆེན་པོ་བཀྲ་ཤིས་ལྷོན་ཞི།
302 རི་ལྟ་ཨི་ཆེན་པོ་བཀྲ་ཤིས་ལྷོན་ཞི།
303 རི་ལྟ་ཨི་ཆེན་པོ་བཀྲ་ཤིས་ལྷོན་ཞི།

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Next he stated that the groom and bride rewarded the dancers with 300 RMB.
In the final verse, the orator expressed the wish that the groom's and bride's families would be healthy, their livestock free of disease, that the groom and the bride would become more powerful and wealthy, and extend their kin network.

330 དབ་པ་སི་སིས་ཀྱིས་བཞི་སེང་གོ་ཐུབ་བཞི་པོ་ཆེར་བ
331 རོ་ལུང་ལ་ཆུང་ལ་ལུང་། རོ་བུ་བུ།
332 དབ་པ་སི་སིས་ཀྱིས་བཞི་སེང་གོ་ཐུབ་བཞི་བཞི་
333 དབ་པ་སི་སིས་ཀྱིས་བཞི་སེང་གོ་ཐུབ་བཞི་
334 དབ་པ་སི་སིས་ཀྱིས་བཞི་སེང་གོ་ཐུབ་བཞི་
335 དབ་པ་སི་སིས་ཀྱིས་བཞི་སེང་གོ་ཐུབ་བཞི་
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355 དབ་པ་སི་སིས་ཀྱིས་བཞི་སེང་གོ་ཐུབ་བཞི་

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356  རིང་དབང་འདི་མི་བཞི་ལོ་མ།
357  རྒྱུ་ཡོང་སྟེ་ཤེས་ཤེས་ཤེས་བུག་ཡུད་ལོ་མ།
358  རེ་སྟེ་བོ་བཞི་བོ་བཞི་བཞི་བཞི་བཞི་ལོ་མ།
Figure One.
Cars going to the groom's home are decorated with *dar dkar*.

Figure Two.
These youths wait near the *buw muw la tse* for the bride's car to pass. They will receive money and candies from the occupants.

Figure Three.
This man scatters money and candies to those who made the *buw muw la tse*.

Figure Four.
The greeters dance once in a big circle in front of the bride and her entourage, and the bride's side gives a speech when the dancing finishes. The bride, her entourage, and the greeters then leave for the groom's home.

Figure Five.
The bride and her entourage arrive at the place prepared for them and sit in the following order: *a ṣa*, bride, and the remaining entourage. Greeters provide fruit juice for the *a ṣa* and the bride's entourage.

Figure Six.
The bride and the girl who first holds her hands when she gets out of the car. This girl is chosen by a *bla ma* or *rtsis pa*.

Figure Seven.
The bride sits next to her older brother.

Figure Eight.
After the bride arrives at the groom's home, her helper holds her hand and circles the bucket three times. They then enter the home.
Figure Nine.
The a yo performs *mchod* to purify the bride in front of the groom's home.

Figure Ten.
The groom's family places *phye mar* in front of the bride to symbolize auspiciousness.

Figure Eleven.
The audience listens to the orator's speech.

Figure Twelve.
Monks chant scriptures in front of the bride and groom, who hold the *g.yang mda'*, which are carried to the zo on the second floor of the house after the chanting finishes.

Figure Thirteen.
Sring sring (b. 1990) attended middle school for one year. Her family asked her to marry in 2010.

Figure Fourteen
Decorations on the bride's back.

Figure Fifteen.
'Od gsal 'phrin las (b. 1990) is a high school student who married in 2010. His family arranged his marriage because they needed a laborer. His wife helps his family while he continues his education.

Figure Sixteen.
Bkra shis bzang mo (b. 1989, left) is the bride's (right) assistant. She helped the bride dress, prepared food for her, and stayed with her for three days at the groom's home.
Figure Seventeen.
Pad ma sgrol dkar (b. 1988) finished primary school and then stayed home and helped her family farm. Her family arranged her marriage in 2010.

Figure Eighteen.
Decorations and ornaments on the bride's back.

Figure Nineteen.
The large \( \text{\texttt{\v{c}e f\v{i}\v{e} ju}} \) 'gold ring' weighs about seventy grams, whereas the smaller one weighs approximately forty grams.

Figure Twenty.
This \( \text{\texttt{\v{c}a tuw}} \) is hung from hip to knee.

Figure Twenty-one.
\( \text{\texttt{\textipa{t\v{e}b\v{a} ma}}} \) is tied around the waist. \( \text{\texttt{\textipa{la lu}}} \) are made from silver and hung from the hip over the outer thighs.

Figure Twenty-two.
\( \text{\texttt{\v{c}e cuw t\v{h}uw}} \) 'gold necklace' and \( \text{\texttt{\v{z}\v{e} go\v{n}j}} \) 'coral' are hung around the neck.

Figure Twenty-three.
This \( \text{\texttt{\textipa{paw ku}}} \) is hung from the waist and over the outer left thigh.

Figure Twenty-four.
This dowry was worth approximately 60,000 RMB in 2011.
NON-ENGLISH WORD LIST

Words are listed alphabetically. Each entry begins with the term as it appears in the text, followed by translations. Tibetan terms are written in Wylie and Tibetan script, Chinese terms in both pinyin and Chinese characters, and Mi nyag terms appear in IPA. Terms prefixed with * indicate a proper noun or a typological translation so that, for example, *location indicates a place name, and *ornament indicates a type of ornament.

? ?a dza, A bag of gunpowder hangs under the three poles in a configuration called ?a dza. Village leaders ignite the gunpowder after the horserace.

'Ba' thang རིས་རིགས། Batang 巴塘, *location
'Bang nag a skya thang རབང་གནས་སྦྱོང་། *location
'Brug thar སྲུང་ལོ། Zhuta 珠塔, *person
'Brug yul སྲུང་ལོ། Budan 不丹, Bhutan
'bu བུ་ bo dzu, chong 虫, worm or insect
'cham མཆོག་ têhông nboŋ, mianjuwu 面具舞, A religious ritual at Tibetan monasteries. Monks perform wearing masks and ornamented costumes, and dance accompanied by music played by monks using traditional Tibetan instruments. The dances often depict the life of Padmasambhava, the ninth century teacher, and other important religious figures.

'Chi med ཆི་མདོ། Qimai 其麦, *person
'Chi med rdo rje ཆི་མདོ། Qimai duoji 其麦多吉, *person

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'Dab pa དབུ་པ། Daocheng 稻城, *location
'dre mo བྲེ་མོ། dze mo, niugui 女鬼, Witch. A 'dre mo is a woman who stays at home at night but is seen by others outside her home in the village.
'dre skad བྲེ་སྤེར། ndze ki, guiyu 鬼语, 'ghost language'
'Dzam gling ཆྣམ་གླིང་། dzê li, shijie 世界, the world
'Jang ཇང། jok, Jiang 绛, An ancient ethnic group who governed Nyag rong and were conquered by King Gesar.
'Od gsal 'phrin las ཇིས་འཕྲིན་ལས། Esha chile 俄沙赤勒, *person
'phags pa skyabs སྐྱ་བས། Paba jia 爬巴甲, *person
'phur སྨུར། jon lon, fei 飞, to fly

A bad བདེ། Abai 阿白, *person
A bzang བླང་། Arong 阿绒, *person
A chos སྐོི། Aqing 阿青, *person
A dkar ཞློ་། Aga 阿呷, *person
A g.yang ལྷ་ཡང། Ayong 阿拥, *person
A hung རུང་། Ahu 阿虎, *person
a klo, a khu འཁུ། shubo 叔伯, uncle
a la Jo, A ritual held fourteen days before le ndze on the evening of the twenty-ninth day of the eleventh lunar month. Those between the ages of eleven and thirty make bonfires, burn straw torches, and circumambulate the village to drive away ghosts, sicknesses, and other evils.
A lca འལ། Ajia 阿甲, *person
A mchun མཆུན། Anqing 安青, *person
A mdo མདོ། Aduo 安多, *person

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a pa, a pha 父亲, father
A phyug 阿须, *location
a qa Jq, te ndze Eve
A rga 阿嘎, *person
A Sha 阿华, *person
A sne 安烈, *person
a t'om won, *family
A tshe 阿泽, *person
a yo, a zhang 舅, maternal uncle

ba çu ma, A hamlet in the center of Bang smad Village
territory that has five households.

bag gtam 伴娘, wedding speech
bag ma lab rtse, buw muw la tse 伴娘 伴郎, Bridesmaid. Two
bridesmaids assist the bride by preparing her meals and
helping her dress.

Ban de tshe ring 伴郎 Baideng zeren 白登泽仁,
*person

bang khang 伴郎, nboğ go, wood house
Bang blo 伴郎 Boluo 波洛, *location
Bang smad 伴郎 Bomei 博美, *location
Bang stod 伴郎 t'oa Bode 博得, *location

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Bar chad lam sel བར་ཆད་ལམ་སེལ་ *a scripture
baw na ji, The idea that certain people may fall seriously ill
if they encounter the bride enroute to the groom's home.
Bcu བླུ། gsum བླུ། རྒྱ་མཚན། དྱེ་ཉེ་ Shisan ཡོན་ཏོག་, New Year
celebrations held on the thirteenth day of the eleventh or
twelfth lunar month in Nyag rong. Mi nyag speakers
refer to it as དྱེ་ཉེ་ while Nyag skad speakers called it
Bcu gsum.
Bdun 'dul rdo rje བདོན་དུལ་རྡོ་རྗེ། Dundeng duoji 顿登多吉,
*person
be lo, be lo བཤེས་། gaoshanli 高山栎, A small white-timbered
evergreen trees with wood that is very hard to cut, and is
often used to make axe handles.
Beijing 北京, *location
Bka' brgyud pa བཀའ་བཞིན་པ། ka བ་ pa Gajupai 噶居派,
*Buddhist sect
Bkra shis bzung mo བཀྲ་ཤིས་བོངས་པ། Zhaxi rongmu 扎西绒姆,
*person
Bkra shis bzung po བཀྲ་ཤིས་བོངས་པ། Zhaxi rongbu 扎西绒布,
*person
Bkra shis che ba བཀྲ་ཤིས་ཆེ་བ། tsa ci tsh'i vu, 'Long bkra shis' is
danced at the end of celebrations that last several days,
for example weddings and དྱེ་ཉེ་.
Bkra shischos sgrol བཀྲ་ཤིས་ཆོས་གྲོལ། Zhaxi qizhen 扎西其珍,
*person
Bkra shischung ba བཀྲ་ཤིས་ཆུང་། tsa ci da vu, 'Short bkra shis'
is danced at the end of a day or night of dancing and
indicates that the celebration is not yet concluded.
Bkra shis rgyas བཀྲ་ཤིས་རྒྱས། tsa ci སྤྱི་, Dancing always
concludes with this song, which may be sung as Bkra
shis chung ba 'Short bkra shis' or Bkra shis che ba 'Long bkra shis'.

**bkra shis rtags brgyad 青金石，八瑞相，The Eight Auspicious Symbols** consist of the parasol, a pair of gold fish, a treasure vase, the lotus, a white conch shell, an endless knot, a victory banner, and the gold wheel of the *dharma* (Beer 1999).

Bkra shis zla ba 青金石监狱 Zhaxi dawan 扎西达瓦, *person

**Blang dor gsal ba'i me long 丹珠，拉玛，*book**
Bla ma 青金石 Lama 拉玛, *person

**bla ma 青金 lamu, shangsi 上师, the superior one, lama**
Bla ma klu 'bum 青金僧，*person

**Blo gros 青金罗真 Luozhen 罗真, *person**
Bod sde pa gzhung 青金政府，be de pa zu, the Tibetan government

Bon 青金 bo bo, Benjiao 笨教, A Tibetan, non-Buddhist religion

**bog w3 tśh o tʰu**, A method of marriage arrangement that does not require a matchmaker. Instead, the parents from both families might discuss and reach an agreement themselves.

Brag 'go 青金 Luhuo 炉霍, *location

Brag mgo dgon 青金寺, bo g3 nбу Zhaguosi 扎果寺, *monastery

Brgyad zur 青金九龙 Jiulong 九龙, *location

**bro mgo 青金 dgra mgo, dance head, dance leader**

**bsad 青金, sʰi shasi 杀死, to kill**

Bsam pa lhun grub 青金法王 *a scripture
bsang འབྲི། sʰoŋ, weisang 雩桑 jisi huoyan 祭祀火烟,  
incense offering
bsang khang རྣ་མགས sʰoŋ kng, jitan 祭坛, bsang altar
bsang rdzas རྣ་མགས sʰoŋ rdze, shenxiang sizi 神香食子,  
Rtsam pa, butter, tealeaves, and wool. People burn  
bsang rdzas with conifer needles as an offering to  
mountain deities.

bshad ལོག xʰi, jiang 讲, to say
Bsod nams dar rgyas དབྱེན་པ་འབྲི། Silong daji 四龙达吉,  
*person
Bsod nams dpal mo དབྱེན་པ་འབྲི། Silong bamu 四龙巴姆,  
*person
Bsod nams rdo rje དབྱེན་པ་འབྲི། Silong duoji 四龙多吉,  
*person
Bsod nams tshe ring དབྱེན་པ་འབྲི། Silong zeren 四龙泽仁,  
*person
Bsod nams zla ba དབྱེན་པ་འབྲི། Silong dawa 四龙达瓦,  
*person
Bstan 'dzin བསྟན་འཛིན Dengzi 登孜, *person
Bstan gnyis gsang sngags gling pa yab yum རྒྱུན་མི་སྒངས་སྐུ་  
སྡེ་རི་བཞི་ལམ་*person
Bstan pa བསྟན་པ Dengba 登巴, *person

btsan འབྲི། tse, shanyao 山妖, Spirit beings who follow their  
leader, Btsan rgod 'bar ba nag po, and have their own  
btsan lam 'btsan path'. Building a house on a btsan lam  
or otherwise blocking or disturbing it results in btsan  
retaliating by harming people with btsan mda' 'btsan  
arrows'.

btsan lam འབྲི། tse log, btsan path
Btsan mchod རུས་མཆོད་ tse tญา, 'Btsan offering', a ritual to cure illness caused by building a house or digging in a wild place.

*btsan mda* རུས་མདེ་ tse mدا, btsan arrow

Btsan rgod 'bar ba nag po རྒོད་བར་བ སྐད་པའི་བསྐེས་པ་' the leader of *btsan*

*btsir* རྡེ་ cə tྲུ, ji 挤, to squeeze

Bu ge བུ་གེ v3 ge, Wugen 吴根, *location*

Bu long ma བུ་ལོང་མ་ Buluman 布鲁曼, Mgon po rnam rgyal 布朗波仁杰 (see below) is locally referred to as Bu long ma 'the blind one'.

*buw be*, This occurs when the bride stays for three days in the groom's home. She does not leave with her entourage, but remains in the groom's home and begins helping the family work. *buw be* is uncommon in Bang smad Village.

*buw biŋ teʰ₂*, 'giving gifts to the bride and her entourage'. The bride and her entourage stay at the groom's home for three days. A relative of the groom makes a short speech while displaying *buw biŋ buw biŋ* — gifts for the bride and her entourage — on the last day of the wedding party. The groom's family gives gifts to the bride, bride's brothers, a ध, and other members of the entourage.

*buw juw*, This refers to when the bride returns to the groom's home one or two months after the wedding is held. The amount of time depends on the groom's family, and their need for laborers. The bride's father typically accompanies her to the groom's home and stays two to three days. They take about fifteen kilograms of meat
and ten kilograms of barley liquor with them as gifts for the groom's family.

*bwu rmw dzo nu*, a triangular-shaped steamed bread eaten at weddings. It is larger than *dzo nu*, which is eaten in daily life.

*bya* spu བྱ་ སྲུ་ po, yuma སྲུ་, feather
Bya zas lha mo mched bdun སྲུ་ རྡུ་ བོད་ བོད་ སྲུ་ za za

*mbon* mountain/mountain deity

*byang rus sbal rgyal po* སྲོང་ རྡུ་ བོད་ བོད་ སྲུ་ north king turtle

Bzang po སྲོང་ རོང་ བོད་ Rongbu 绒布, *person

*bzhi* སྲུ་ ta, si 四, four

C

*ca kṣa sha khu* མཉི་ soup made from chopped, boiled beef with

* rtsam pa* and salt

*chab rom* རོ་ བོད་ vong, bing 冰, ice

Chengdu 成都, *location

Chos skyong ddu mgo dgu ཝོ མཉི་ མཉི་ རྡུ་ go go, These nine families are said by elders to have been brave, energetic, and good warriors.

*chu* སྲུ་ zo, shui 水, water

*cī naw/* cī gaw, Omens upon the bride's departure to the groom's home. If it is snowing, the bride leaves black footprints when she leaves her home, which is *cī naw* 'black print' in Tibetan. If the bride stays at the groom's home and it is snowing (*cī gaw*) it suggests the bride and groom will have a successful marriage.

D

*da* ཀ་ da, xianzai 现在, now

*da de ring* ཀ ཚེ་ རེ བོད་ xhē, jintian 今天, now, today

*da de 'phro ru* ཀ ཚེ་ རེ གཉིས་ དེ་ ts'ha k'hi ma tce, ranhou 326
然后, now, then
dar dkar སྐད་ཀར། da ka, hada 哈达, white silk scarf that symbolizes auspiciousness. People usually offer them to bla ma or guests in order to show respect.
dar lcog སྐད་ལྷོག། da tcoq, jingqi 经旗, flags with printed scriptures
Dar rtse mdo དང་མོ་ལྷ་དེར། Kangding 康定, *location
Dbal chen དཔལ་ཆེན། Baqing 巴青, *person
Dbang ldan དཔང་ལྕན། Wengdeng 翁登, *person
Dbang rgyal དཔང་རྒྱལ། Wengjia 翁加, *person
Dbu ba དབུ་བདེ། ᡩ wa, Hewa 核洼, *location
Dbyangs can དབྱངས་ཅན། Yangjin 央金, *person
dbyar rtswa dgun 'bu དབྱིར་རྟྷ་བུ། ལྷུན་ཐོབ། nbö, dongchong xiacao 冬虫夏草, caterpillar fungus (Cordyceps sinensis)
der དེར། te'ẽ me, zainabian 在那边, there
do nmi, family name
Dge bsnyen po blo དགེ་བསྦྱེན་པའི་ལྡོ། ཉང་ནོ། polo, *mountain/mountain deity
Dgo mchun དགོ་མཆུན། *family
Dgra 'dul དྷང་རྒྱུ་དུན། Zhade 扎德, *person
Dgung ri དགུང་རི། Guri 谷日, *location
Dkar mdzes ཀྲ་མཛེས། Ganzi 甘孜, *location
Dkar mdzes dmar ra thang མྲ་མར་རྙུགས་པའི་སྐང་པོ། *location
Dkon mchog lha mo ཀོན་མཆོག་ལྷ་མོ། Gengqiu lamu 根求拉姆,
*person
do ki, *ornament
Dpal bzang དཔལ་བཟང། Barong 巴绒, *person
Dpal lo དཔལ་ལོ། Baluo 巴洛, *person
Dpal yul དཔལ་ཡུལ། Baiyu 白玉, *location
dron po ཀྲོན་པོ། tsi, wennuade 温暖的, warm (as in weather)
du ba དུ་བ་ mon kʰa, yan 烟, smoke
Du rtag རྟེ་ར་ do tʰaw Dida 地达, *location
dzɡ cә, guozi 果子, twisted bread
dzɡ te bro rten དོན་སྤྲོལ 'cash' rewards for dancers
dzuw, *ornament
dzon poŋ won, *family

G
Ga krug གནས་ Gazhu 哥珠, *person
gad mo bgad རྒན་པར་། qa, xiao 笑, to laugh
gang khung གཞང་ཁུངས། goŋ kә, Gongke 供科, *location
Ge sar སི་རི། ge sʰuṃw Gesa Erwang 格萨尔王, A king who is
said to have been born in the eleventh century and to
have ruled the ancient Tibetan kingdom of Gling.
gә nda mu, *location
Gling གླིང། li, Ling 岭, *location
glu shing རླུ་སོང་། Gtor ma are made with a carved wood
molds locally known as glu shing.
gnyen mna’ ལྷོ་བོ། An oath between one of the bride's
brothers and the groom that they will not break the
arranged marriage.
go ba གོ་་ ma, ting 听, hear
Gra ling ཀྲེ་ཤེ། Zhale 扎勒, *person
Grub bla thar ba rgyal mtshan རྒྱལ་མཚན། Tab ཁྱང་རྫེ། 塔巴降泽, *person
grub thob རྒྱུད་སྒྲོད། dzɡ tʰon, zhengguože 证果者, saint
Gser rta རྣམ་རྗེ། Seda 色达, *location
Gser thang bla rung lnga rig nang bstan slob gling བསྟན་སློབ་སྒྲིགས། Seda Larong Wuming
Foxueyuan 色达喇荣五明佛学院, *monastery
Gshin ma གཤིན་མ། ɣә duw, yanluogui 阎罗鬼, 'butcher or

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tyrant' – the bringer of death (see Gshin phud, below)

Gshin phud ལྷེན་ཕུད། xʰe pʰo, During this ritual, monks repel Gshin ma by chanting scriptures and scattering peas in a house from roof to gate.

gsur གྲུང་ sʰo ra, jiaoyan 焦烟 huogong 火供, Strips of cloth symbolizing clothing, alcohol, and other items that are burnt, allowing ancestors to receive and enjoy them.

Gto ོོ་ tu, Rangjie 襲解, A ritual for luck and prosperity in the coming year held after le ndze.

gtor ma གཏོར་མ། tê mu, shizi 食子, These rtsam pa effigies are often used in rituals by monks and bla ma.

gtugs bro གཏུགས་བོ། tu dzê, Dance competitions that are common at gatherings.

g.yang ལྷེན་ joŋ, fulu 福禄, prosperity deity
gyang khang ལྷེན་ཁང། joŋ koŋ, rammed earth house
g.yang mda' ལྷེན་མདའ། joŋ mda, fulujian 福禄箭, The g.yang mda' is considered the body of the g.yang. It is an arrow with pieces of yellow, green, blue, white, and red cloth tied to it.

G.yang sgrub ལྷེན་གྲུབ། joŋ dzû, Zhaocai yigui 招财仪轨, A ritual, held during the fourth and fifth lunar months and during wedding parties, for which villagers invite five or six monks for two or three days. Monks chant scripture, add more cloth to the g.yang mda', and pray for a bountiful harvest and for the family's wealth to increase.

G.yar ri seng ge ལྷེན་ལོགས་ཟོད། ja r3 sʰo ge, *mountain/mountain deity
g.yon pa ལྷེན་པ། jo ê ku, zuobian 左边, left (side)
G.yu mtsho ལྷེན་མཚོ། Yicuo 益措, *person
g.yung drung ལྷེན་དོན། joŋ dzøŋ, wanzi 万字, Swastika.

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During weddings the gyung drung is made with grain and at other times, with black yak hair permanently pressed into felt.

G.yung drung spun dgu ལྷ་སྡུག་པ་སྲུ་མོང་པོ་ བདེ་དགེ་པ་སྲེལ་, *mountain/ mountain deity

gzhi bdag ལྷོ་སྡུག, του Δέντ, του Δέντ. του Δέντ. του Δέντ. του Δέντ. του Δέντ. του Δέντ. του Δέντ. του Δέντ. του Δέντ. του Δέντ. του Δέντ. του Δέντ. του Δέντ. του Δέντ. του Δέντ. του Δέντ. του Δέντ. του Δέντ. του Δέ

gzi རྐོན་ Gzi are rare precious agate beads considered to be animate.

H

Ha me ཁྲིའི་ Heming 和明, *location

Han 漢 rgya mi རྒྱ་མི་ བླ་མི་ja, ethnic Chinese

Hedong 河东, *location

Heilongjiang 黑龙江, *location

Heping 和平 'Ba' gshen བོད་ལྷེ་སྲིན་ *location

Hexi 河西, *location

J

ja nyu buw mwu, An endogamous wedding between two Bang smad families. It may be very simple, taking one or two days. A few families hold no formal wedding but instead ask a bla ma to choose a date for the bride to go to the groom's home. She may carry a bucket of water to the groom's home and then permanently live there.

K

Kag cag ཕ་སྒ་དབུག་ daw dzaw, Guajia 挂甲, *location

Kha ba lung ring མཁའ་འབྲི་ཐོན་ kʰa wa loŋ ri, Kawa Luori 卡瓦洛日, *holy mountain

Kha lung ཕ་ལྟོན་ kʰa loŋ, Kalu 卡鲁, *location

kʰa ti, Rtsam pa, butter, sugar, and cheese are mixed in a bowl. Tea is poured into the bowl after compacting these ingredients with the back of the hand. The tea is drunk

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and the tongue used to lick up the dough at the bottom of the bowl. Tea is poured again and the process repeated until the bowl is empty.
Khams ṣjam Kangba, 康巴, a major Tibetan dialect
khang ba ṣjam rọ, zhuai 住宅, house
khè r3, *location
khè ḋa boŋ r3, *location
Khrag 'thang he ṛu ka ḏpal rtsal ḃṣambasṭaṇ ḋabḥaṅ
*person
Khrag rgyu ḑom ṛa ṛa, blood sausage
khrus ḍoṃ ṛs'ha, guanding 灌顶, A monk or bla ma chants and sprinkles water to purify polluted people and such things as clothes and food.
Khwa srun ṛṣṭuṇ A family who shoots at crows to prevent them from flying above Mgon po rNam rgyal's palace.
Khyi mgo lag bkru (Khyi mgo lag gtsang) ḏimkhaṇ ḍaṇaṣaṇ ḍaṇaṣaṇ 'Washing the dog's head' is a ritual to purify those who have touched a human corpse or a dead dog or horse. Such people may not make such offerings as bsang until Khyi mgo lag bkru is performed by a monk.
ki ṛa, skal ba ṛṣṭuṇ jiazhua 嫁妆, dowry
Klag pa ṛṣṭuṇ la ṛa, Laba 拉巴, *location
Klu 'bum ḏgon ṛsphuṇsṇaṁ ḋa ṛa g3 nbu, Lengbosi 楞波寺, *monastery
Klu 'bum ṛsphuṇsṇaṁ ḋa ṛa, Lengbo 楞波, *location
klu ṛa, long 龙 fanyinyizuojia 梵音译作伽, water spirits, naga
Ku tang ṛaṅ ṛa ṛa toṇ, Geduo 格多, *location
Kun da ṛaṅ ṛa nda, Geda 格达, *location
L

la dzê hi, a canyon in Bang smad Village
La kha ལ་ ཀʰུ།, Laka 拉卡, *location
la lu, *ornament
La she ལ་ སྐྱེ། la xʰe, Nahei 纳黑, *location
lab rtse ལེབ་ རྩེ། la tse, laze 拉则, a religious structure of earth
and stones where dar leog are placed. Lab rtse embody
mountain deities.

lam khag ལེམ་ མཁར། tci, daolu 道路, road

lam rag ལེམ་ རི། lon raw, gifts given by the groom's family to
guests as they depart

Lan chags བཤེས་ རྣ藏 རེ་ རུབ་, yuannie 冤孽, lan chags is
made from leftover rtsam pa and other food

las byed ལེ་ བྱེད། le xʰe, cunzhang 村长, village leaders
chosen by the government

Lcags zam kha རླུག་ མཁར། Luding 汶定, *location

legs so རྣ་ རེ། le sʰo, A vocable repeated by orators and
audience during speeches, indicating agreement.

Lha mtsho རྒྱུན། Lacuo 拉措, *person

Lha ri ma རི་ མ། La ri ma 拉日马, *location

Lha sa རྡ། la sʰu, Lasa 拉萨, *location

Lho g.yu 'brug sngon po ཀྲ་ ཏྷྲུ་ ལུག་ སྒྲོན་པོ། south blue turquoise
dragon

Li thang mdo sde thang རི་ ཨྲ་ དེ། *location

Li thang རི་ ཨྲ། Litang 理塘, *location

lo tsʰo su, The practice of nelocal post-marital residence. The
bride and groom's families give them money, clothes,
cushions, and farming implements.

lud chang ལུད་ བཙན། li con, 'fertilizer alcohol'. A celebration
held after manure is transported to fields.
lung ba རྒྱ་ནས་ ཐོན་ཞང་། 山谷，valley
lus lha རྒྱ་ནས་ བྲལ། A 'body deity' that every person has on their head, protecting them from harm.

M
ma Ni khang གནང་དབྱངས་ དོན་ཁང་། 转经筒, a hall with scriptures and a large ma Ni wheel that people turn while chanting
ma Ni rdo phung གནང་ཞིི་། ma no don nbo གྷྲོག་པོ།, manidui 嘛呢堆, a pile made of thousands of stones inscribed with ma Ni and other sacred writings
Ma red མ་ རྒྱུད། Mari 麻日, *location
Ma shis མ་ རྒྱུད། Maxi 麻西, *location
Man chen མ་ རྒྱུད། Manqing 萌青, *location
mchod བཟླུ། tce བཟླུ།, Generally refers to offerings. During a wedding an mchod is made by the bride when she arrives at the groom's home by aspersing liquor or milk three times with a silver ladle in the right hand, and then sipping from the bowl three times.
mchod rten བཟླུ། རྡེན། fota 佛塔, stupa
mda' dpon དཔོན་ གཉེན། ndi pe, jiaben 甲本, leader of several villages
Mdos མྱེ། mde, Lingqi 灵器, A ritual held when medicine proves ineffective. It is believed evil spirits are trying to take away the spirit of the ill person and so a monk is then asked to hold Mdos.
mdza vu, a meal between lunch and dinner
mdzo མྱེ། བོ།, pianniu 畜牛, yak-cow hybrids
mdzo mo མྱེ། བོ། zu, mupianniu 母畜牛, female yak-cow hybrids
me མེ། mon, huo 火, fire
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Mgo log rma chu མགོ་ལོག་རྣམ་ཆུ་ *river
mgo མགོ་ 头，head
Mgon po rnam rgyal མགོན་པོ་རྣམ་རྒྱལ་ Gongbu Langjie 贡布朗杰, a powerful man who conquered much of Khams in the mid nineteenth century.

mi ma yin མི་མ་ཡིན་, formless spirits or hungry ghosts
mi མི་ 人, human
Mi mgo མི་མགོ་, *location
Mi nyag མི་ཉྱག་ mོ སྐྲེས་ Muya 木雅, Muya, Myak, Minyak. A little-described Tibeto-Burman language spoken by
Bang smad residents.

Mkha' 'dod ཀྲེ་དོད་ ndu Kangduo 康多, *location
mkhan po ཕྲེང་པོ་ kanbu 堪布, a very knowledgeable monk
Mtha' phyug མྲྱུག་པུ་ Taxu 它須, *person
mthug po མཐུག་པོ་ bo, houde 厚的, thick
Mtsho kha dgon མཚོ་ཁ་གོན་ tsʰo ku gә nбу, Cuokasi 措卡寺,
*monastery
Mtsho sgang མཚོ་སྒང་ Summit Lake
Mtsho skam མཚོ་སྐམ། Dry Lake
mu'u མུ་ mon, mu 亩, 0.0667 hectares

Myi nag མྱི་རྒན་ A gtor ma that is believed to remove bad luck and sickness. Myi nag translates as 'black person' (myi = people, nag = black).

N

na gә, *location

na pu, 'Property managers' responsible for the financial management of weddings and funerals.

Nang ga མང་གི་ Langga 龙呷, *person
nang gi srung ma bzhi མངོན་ྱི་ཞུད་མ་བཞི་ four inner protectors nga ལྷ་ nga, wo 我, I
ngag bcad ཉན་བཅོད། ɲuw tce, jinyu 禁语, silence maintained during fasting rituals
gen pa བ་ སེ་, huaide 坏的, bad
ni or ṣa sa teʰŋ tʰu, 'An Agreement Party'. One or two months after the marriage has been agreed to, or sometimes as much as one year later, both families choose an auspicious day to hold ni, 'the agreement party'. The groom's uncle, brother, and brother-in-law, as well as the groom himself, bring a yak haunch, barley liquor, and fruit juice to the bride's home. The bride's family may ask two youths to visit each household and invite their relatives to the party. Most families send one or two representatives to the party, while relatives may send their entire family. Approximately thirty people attend the party.

Nor khang mtsho sgang ཉོར་ཁང་མཚོ་སྒང་ *location
Nor khang ཉོར་ཁང་, Lougu 洛古, *location
nub bya dmar po བུད་བལྔ་དམར་པོ་ western red bird
Nag ru bkra shis skyabs རང་རུ་བཀྲ་ཤིས་སློབས་ luore zhaxi jia, 洛热扎西甲, *person
Nyag a dzitra rong སློ་གཉིས་རོང་ nuw a zde ron, Lianga Ziru 梁阿字茹, *location
Nyag chu རྟག་ཆུ་ na r, Yalongjiang 雅砻江, The river that flows through Nyag rong County. Bang smad is located on the east bank of the Nyag chu.
Nyag chu kha རྟག་ཆུ་ ལྟག་ *location
Nyag rong རྟག་རོང་ nuw ru, Xinlong 新龙, *location
Nyag rong g.yu chu རྟག་རོང་གཡུ་ཆུ་ *river
Nyag skad རྟག་མཁའི་ nuw ki, Liangge 梁格, the variety of Khams Tibetan spoken in Nyag rong
Nyi ma 'od zer Nima ersha 尼玛尔沙, *person
Nyi ma tshe ring Nima zeren 尼玛泽仁, *person
nyung shas so so, henshao 很少, few
qi pu, *ornament

O
O rgyan རྒྱལ། Erji 尔吉, *person
O rgyan chos grags རྒྱལ་ཆོས་གྲངས། Erji qizha 尔吉其扎,
    *person
O rgyan dbang phyug རྒྱལ་དབང་ཕྱུག། Erji wengxu 尔吉翁须,
    *person
O rgyan nor bu རྒྱལ་གོར་བུ། Erji luobu 尔吉罗布, *person
O rgyan tshe ring རྒྱལ་ཚེ་རིང་། Erji zeren 尔吉泽仁, *person
O ya སྐོར། an exclamation
om aHzU~M' badz+ra gu ru pad+ma sid+dhi hU~M': དེ་ཐོ་
     བཞི་བཞི་ལོག་ཉུག་ཤིང་། Lianhuasheng dashi xinzhou 莲
     花生大士心咒, the text of Padmasambhava's mantra

P
pa ra cho lo གཞི་ touzi 骰子, dice
Pad ma chos sgron བཟའ་མཆོག་སྒྲོན། Baima qizhen 百玛其珍,
    *person
Pad ma rgyal mtshan བཟའ་རྒྱལ་མཚན། Baima jiangze 百玛降泽
    *person
Pad ma sgrol dkar བཟའ་སློབ་དཀར། Baima zhuoga 百玛卓呷,
    *person
Pad rdor བདེ། Baiduo 百多, *person
paw ku, *ornament
pa tse lu, *location
phag རྒྱ བཞི། zhu 猪, pig
Phag mo tshe brtan མཐ་མི་ཚེ་བརྟན། Pamou zedeng 帕某泽登,
pʰe pʰe, *ornament
pʰə və, Three-year-old children are taken when visiting during the New Year. The child's hair is braided with a white silk scarf in which coral and turquoise beads and protective amulets are tied. During this visitation, called pʰə və, all relatives give gifts to the three-year-old child. A child's senior a və 'maternal uncle' gave a horse to his niece or nephew in the past, but now gives 500 to 1,000 RMB. Other relatives give fifty to 100 RMB.

phor ba མ་ ས་, wan 碗, bowl
phra tog ཤེ་ཞེ་ tʰa duw, small, flat discs of butter that symbolize luck
pʰu Gu, *location
Phya rdeng ལྷེ་ ག ས་, Xiadi 夏地, *location
Phyag phreng ལྷའདོོ ག ས་ Xiangcheng 乡城, *location
Phye mar རྗེ་ མ་ xʰe ma, an auspicious offering made of rtsam pa and butter

phyi yi srung ma bzhi རླུས་ འི་ བཞི། four outer protectors
Q

qa və, *ornament
qaw luw woŋ, *family

R
Ra gzhi རི་ བི། Rangxi 壤西, *location
ra je woŋ, *family
Ra rgyal dgon རྗེ་ ནོང་ རི་ ཁོ་ ས་ བུའ། Rujisi 如几寺,
*monastery
ra tuw, *ornament
Rba ru རི་ ར་ və rə, Wari 瓦日, *location
Rdo rje dbang mo དུ་ ཁྲོ་ བླང་ མོ། Duoji wengmu 多吉翁姆,
*person

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Rdo rje rgyal mtshan ཆེས་ལྷན། Duoji jiangze 多吉降泽，
   *person
rdo rje ཆེས་lcog ye, jingang 金刚, thunderbolt
ra ndza, *location
Rgya rabs shing རྒྱ་རབས་ཤིང། Jianlaxi 甲拉西, *location
rgyal mdon རྒྱལ་མདོན། nde, Evil spirits that attack people and
take their soul.
Ren chen rdo rje རེན་ཆེན་མི་དྭར། Ren qing duoji 仁青多吉,
   *person
Ri 'dabs རི་དབེས་ Rida 日达, *locateon
ri bsang རི་བསང་ ro sbyuw, Ri bsang 'offering bsang on
   mountains' is done annually on the fifteenth day of the
seventh lunar month.
ri ti, *location
Ri mgo རི་མོ། Rigu 日古, *location
Ri nang རི་ནང་ ཀོ་ཐོ, Rulong 如龙, *location
ri sne རི་ཞི་ ri na, Renle 仁勒, *location
Rig gzhung dar spel tshogs pa རིག་གྲོང་རྩེ་རེལ་ཞུངས་པ། Wenhua
   cujinhui 文化促进会, a local organization
Ren chen mtsho རེན་ཆེན་མི་ཐོ། Renqicuo 仁其措, *person
rkang pa རཀང་པ། mu, jiao 脚, foot
rlung rta རྲུང་རྟ་ lonj ta, 'wind horses,' flags of paper with
   printed Tibetan scripture
rnga khang རང་ཁང་ drum stand
Rnga rkang dgon རང་ཁང་དོན། rma konj g3 nbu, Angusi 安古寺,
   *monastery
rnga rkang རང་ཁང། rma konj, Agu 阿古, *location
Rnga rnga dgon རང་རང་དོན། rma rma g3 nbu, Anansi 安安寺,
   *monastery
Rnga ru ma རུ་མ་ A ri ma 阿日玛, *person

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Rnying ma pa རྣིིན་ཐོབ། ni ma pa, Ningmapai 宁玛派, a Buddhist sect
Rong brag 擬藏 Danba 丹巴, *location
Rta'u 道浮, *location
rte tse, a party on the second day of wedding
rtsam pa 糧粑 dzu, zanba 糧粑, roasted barley flour
rtsam rgyu 糧粑 və va, rtsam pa sausage
rtsing khang 糧粑 kong tsi koŋ, stone house
rtsis pa 糧粑 tsi pa, lishui 梭数家, astrologer
rtswa 糧 ntc'h'i, cao 草, grass
və mdzu, Sacred water mixed with roasted barley flour used
to make small sculptures shaped like a mountain.
və ja bon rə, *location

S
Sa bdag 'khrug bcos (Snang brgyad) སྣང་བརྒྱད་ སྣང་བརྒྱད་ (snang brgyad) tʂʰu tɕi, a three-day ritual held during the fourth and fifth lunar months on a date chosen by local bla ma.
The name means 'to eliminate the sa bdag's anger'.
sa bdag ས་བདག sʰa duw, diqi 地祈, landowner deity
Sangs rgyas བསང་རྒྱས་ བསང་ རྒྱས, *person
Sde dge 'bri chu སྩེ་དགེ་འབྲི་ཆུ་ *river
Sde dge སྩེ་དགེ་ Dege 德格, *location
Sde rong སྩེ་དངོས་ Derong 得荣, *location
ser bsang ནུས་མཚན། me sʰon, 'Hail bsang' offered to protect crops. The mountain deities are beseeched to protect crops from storms and other natural disasters.
Ser shul ནུས་མཚན། Shiqu 石渠, *location
s3 mi tə'hon qa sʰe, During the 'Go Scatter Barley Grain'
ritual, the male who visits the bride's home gives cash to

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women in the bride's natal home. This payment is called *sə mi teʰn qa sʰe.*

sgor sgor ฐsrฐrc ถงก้ร, ยวดede 圆的, round
Sgra gean ฐsrฐrc luohou 逻猴, A solar or lunar eclipse
occurs because the sun or moon has been eaten by the
demon Sgra gean.

Sgrøl dkar ฐsrฐrc Zhuoga 卓嘎, *person
Sgrøl ma ฐsrฐrc Dumu 度母, *a scripture
Sgrøl ma ฐsrฐrc Zhuoma 卓玛, *person
Sha phrug ฐsrฐrc Xiazhu 夏珠, *person
Shang long brag dkar ฐsrฐrc xoŋ loŋ dza kʰi,
Xiong long zhaga 雄龙扎呷, *holy mountain

Shanghai 上海, *location
Shangzhan 上瞻 Nyag stod ฐsrฐrc *location
shar stag skyə bo ฐsrฐrc east grey tiger
Shes rig ฐsrฐrc Heiri 黑日, *location
Si khron ฐsrฐrc Sichuan 四川, *location
sid+ðhi ฐsrฐrc Lianhuasheng dashi xinzhou 莲花生大士心咒,

The title of Padmasambhava's mantra.

Skar bzung rgyal mtshan ฐsrฐrc Garong Jiangze 喃
绒降泽, *person
skar chu ฐsrฐrc ka teʰ, 'star water'
Ske ri ฐsrฐrc Geri 格日, *location
skor bro ฐsrฐrc ถงก้ร, guozhuang 锅庄, Tibetan circle dances
skrag pa ฐsrฐrc sʰa rə, kongbu 恐怕, afraid
skyə ka ฐsrฐrc sʰa ถงk, xique 喜鹊, a bird's gallbladder
skye dman ฐsrฐrc ja sʰe, qizi 妻子, wife
Skyes bu ฐsrฐrc *location
Skyobs 'byin seng nag ฐsrฐrc xʰa จิ sʰu nuw,
Xiangdi silang 相底斯郎, *holy mountain

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smad སྣད། me, xia 下, lower
Smad pa སྣད་པ། me ba, Maiba 麦巴, *location
Sman bsun le'u sman སྣམ་བུན་ལེ་ུ། འི་ཨོ་མེ།
*mountain/ mountain deity
Smyung gnas སྦྱོང་མངོན། noŋ ne, Shoujixing 守饥行, A fasting
ritual that is held annually in the fourth Tibetan lunar
month and organized by the four village leaders.
smyung phra སྦྱོང་ཕྲ། noŋ tsʰa, Some Smyung gnas participants
drink one or two bowls of tea at night, which is called
Smyung phra.
Snang zhi སྦུང་ཝི། noŋ ji, This ritual is held for one day in the
fourth or fifth lunar month and is organized by villagers.
The ritual beseeches deities to protect villagers' crops
during the summer and autumn, and to protect residents
and livestock from diseases and disaster.
snying སྤྱིང། su, xinzang 心脏, heart
sonŋ wu da, 'A Party at the Bride's House' the night before the
bride leaves her home.
spang smad སྤང་སྣད། boŋ mi, 'below the grassland'
spang སྤང། boŋ, caodi 草地, grass
sprin pa སྤྱྲིན་པ། doŋ mu, yun 云, cloud
sprul sku སྤྱུལ་སྐུ། tṣo k♂, living Buddha
spun dgu སྤུན་དྱུ། nine brothers
Spyi gto སྤྱིི་སྒྲོ། sʰə tu, Rangjie 解, A ritual held three days
after the end of Smyung gnas to avert sickness and
disasters in the coming year, and to dispel misfortune
and obstacles. Villagers pray to deities to protect them
and their livestock.
sʰə pu spyi pa སྤྱིི་པ། village leaders
Sring sring སྣྱིི་སྣྱིི། Shengsheng 生生, *person

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srung ma sbung ma, hufashen 护法神, protector deities
Stobs ldan shesersionsa *person
Stod pa te ba, Deba 德巴, *location
stonp dpon tson pás toj pe Qianhu renzhi 千户人制 duoben
朵本, leader of a thousand households
Stong ra doura tona li, Dula 杜拉, *location
Su la sula sbya la, Sulang 苏郎, *family
sa boŋ wonj, *family
še cuw thuy, *ornament
še fis ju, *ornament
še rna, *ornament
ši dzogs skyel bro śenj Sending dance

tcaw wonj, *family
tçha ma, *ornament
tçh e mgso tçh u ponj/ tçh u mgso tçh e ponj, Exchanging a wife. If a
betrothed female finds a lover and this is discovered, her
parents, the parents of the future groom, or a
matchmaker may insist that her younger sister marry in
her place. This is known as tçh e mgso tçh u ponj. If the
bride-to-be is exchanged for an elder sister, this is called
tçh u mgso tçh e ponj.
tçh kʰuŋ yaw wonj, *family
tçh kʰuŋ tuw wonj, *family
tçi kʰo su, Putting a dar dkar on the central pillar. After the
bride and her entourage finish eating, a bride's side
orator goes to the middle of the room, gives a speech,
and puts a dar dkar on the central pillar.
tçuw nda kʰa tsu, an arranged marriage
thab th’a kʰo, zao灶, stove

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thab bsang ལོག་པར་ th’a s’hon, bsang burnt on the stove
thang ga ཤང་། ji don, juanzhouhua 卷轴画, Thang ka/ ga
refers to a form of primarily Tibetan sacred representation consisting of an image panel that is painted, embroidered, or appliquéd, which is often placed in a textile frame. The image panel frequently depicts such imagery as mandalas, deities, famous scenes, or prominent local religious personalities. They are hung up high in monastic halls, village temples, and family homes as objects of veneration. A piece of silk often hangs over the image to prevent defilement by secular life, and protects the image from light and dust. In the context of village ritual, setting up images creates interior and exterior worlds mediated through the representation of the images.

Thar ba dgon ཞིར་བའི་དགོན། th’a wa g3 nBu Tawasi 塔瓦寺,
*monastery
Tho lo གཞལ། Tuoluo 托罗,*person
th’on 頌 pop, *location
Thos grol ལྷོ་གྲོལ། Jinmen Mimi 《靜猛秘笈》, *scripture
th’u, Three stones and several pieces of wood placed at the crossroads, creating effigies that are about a meter high and resemble a standing person. th’u prevent disasters, sickness, and evil spirits from returning to the village.

Thub bstan dge legs རྟོག་བསྟན་དགེ་ལེགས། *person
Ti ri བི་ི་ t3 r3 Diri 地日,*location
Tsha bzhi སྤྱིན་ tsh’a zö, Four Cousins
tsha ru སྤྱིན་ tsh’a r3, gaoqiu 羌蓑, Tibetan robes worn in winter that are lined with goat's skin
Tshe dbang སྤྱིན་ Zeweng 泽翁, *person

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Tshe 'dzin sgrol ma རུལ་དུགས་ཐམས་ཅད། Chengzi zhuoma 成孜卓玛，*person
Tshe dbang 'gyur med རུལ་དུགས་ཐམས་ཅད། Zeweng jimai 泽翁吉麦, *person
Tshe dbang dpal 'byor རུལ་དུགས་ཐམས་ཅད། Zeweng bajiao 泽翁巴交, *person
Tshe dbang rgyal mtshan རུལ་དུགས་ཐམས་ཅད། Zeweng jiangze 泽翁降泽, *person
Tshe dbang rdo rje རུལ་དུགས་ཐམས་ཅད། Zeweng duoji 泽翁多吉, *person
tsh'e rə nboŋ woŋ, *family
Tshe ring རུལ་དུགས་ཐམས་ཅད། Zeren 泽仁, *person
Tshe ring bkra shis རུལ་དུགས་ཐམས་ཅད། Zeren zhaxi 泽仁扎西，*person
Tshe ring mtsho mo རུལ་དུགས་ཐམས་ཅད། Zeren cuomu 泽仁措姆, *person
Tshe thar རུལ་དུགས་ཐམས་ཅད། Zeta 洋它, *person
tshʰo zə po, This refers collectively to four villages (goŋ kə, ri na, pə lə, and, woŋ ti) in Bang smad Township.
Tshul khrims blo gros རུལ་དུགས་ཐམས་ཅད། Cicheng luozhu 慈诚罗珠, *person
Tshul khrims bzang po རུལ་དུགས་ཐམས་ཅད། Cicheng rongbu 慈城绒布, *person
tse poŋ woŋ, *family

W
Wa thung ལུགས་ wa tʰu, Watu 洼土, *location

X
xʰa qa tʃʰa xʰə, 'Go Scatter Barley Grain' is a ritual held in the past on the day before the bride came to the groom's home. The groom's family sent someone to scatter
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barley grain when the bride left her home for the grooms’ home. He accompanied the bride and her entourage to the groom’s home and stayed there for three days.

χὸ Je, A heated bed and sitting platform in kitchens and sitting rooms on which carpets are laid.

Xiazhan 下瞻 Nyag smad རྣ་མ། *location
Xinduqiao 新都桥 Ra rnga kha ར་རྒྱ་མཁ། *location

Y
Ya chen o rgyan bsam gtan gling ཡ་ཆེན་འོདགས་སམ་གྲགས་
Yaqing foxueyuan 亚青佛学院, *monastery
Ya(jiang) xin(long) Road 雅(江)新(龙)路, This road runs for 200 km from the southeast of Nyag rong County to Nyag chu kha County and parallels the Nyag chu River.

Yangs la gshis ཡང་སླ་གཤིས Youlaxi 尤拉西, *location

γὸ ṛ, *location
Ye shes dbang mo རྫེ་བྲང་མོ Yixi wengmu 益西翁姆,
*person
Ye shes sgrol ma རྫེ་བྲང་མ་ Yixi Zhuoma 益西卓玛,
*person
γོ་ སྲོང་པོ རྒྱུ་ རྟ་, an old name for Bang smad Township
γོ་ རྒྱུ་ སྲོང་པོ རུ་, Other villagers refer to Mi nyag spoken in Bang smad Township as γོ་ རྒྱུ་ རྒྱུ་ སྲོང་པོ རུ་
yi dwags ཡི་དབགས jö duw, egui 饿鬼, fanyinyilibiduo 梵音译毕哩多, hungry ghosts

Yi lung ཡི་ལུང Yilu 益鲁, *location
yuăn 元, the monetary unit of China
yul lha ཡུལ་བྱུང་jö Segoe, jiaxiangdziqi 家乡地祈, territorial deity

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Z

zas mar རིམ་གཞི་ ze ma, a piece of butter encased in rtsam pa
zhen 镇, grong rdal རྣལ་, town
Zi ling བི་ིང་ Xining 西宁, *location
zor ba བ་ jio, liandao 鎮刀, sickle
zɔ, shrine for a family's g.yang that outsiders may not enter
zɔ gɔŋ, *ornament
<table>
<thead>
<tr>
<th>English</th>
<th>mo næ</th>
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<tbody>
<tr>
<td>all</td>
<td>ʔon də</td>
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<td>and</td>
<td>tɕʰi</td>
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<td>animal</td>
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<td>at</td>
<td>tɕʰa</td>
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<td>back</td>
<td>kʰaw tʰa</td>
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<td>bad</td>
<td>tɕʰɔ</td>
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<tr>
<td>bark (of trees)</td>
<td>ja</td>
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<td>because</td>
<td>tɕʰɔ kʰe</td>
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<td>belly</td>
<td>ve</td>
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<td>big</td>
<td>tɕʰi</td>
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<td>bird</td>
<td>za</td>
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<td>to bite</td>
<td>dzrə li</td>
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<td>black</td>
<td>na na</td>
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<tr>
<td>blood</td>
<td>sʰi</td>
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<td>to blow (as wind)</td>
<td>la</td>
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<tr>
<td>bone</td>
<td>rə ra</td>
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<td>breast</td>
<td>ne</td>
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<td>to breathe</td>
<td>kə li</td>
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<tr>
<td>to burn</td>
<td>bə zəw</td>
</tr>
<tr>
<td>child (a youth)</td>
<td>ga di/ŋa lə</td>
</tr>
<tr>
<td>cloud</td>
<td>donŋ mu</td>
</tr>
<tr>
<td>cold (as in weather)</td>
<td>ku</td>
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<tr>
<td>to come</td>
<td>gə tə</td>
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<tr>
<td>to count</td>
<td>tʃə</td>
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<tr>
<td>English</td>
<td>Pronunciation</td>
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<td>--------------</td>
<td>---------------</td>
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<tr>
<td>to cut</td>
<td>kə</td>
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<tr>
<td>day (daytime)</td>
<td>na li</td>
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<tr>
<td>to die</td>
<td>sʰə</td>
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<tr>
<td>to dig</td>
<td>nu</td>
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<tr>
<td>dirty</td>
<td>ʃʊ</td>
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<tr>
<td>dog</td>
<td>kʰɔ</td>
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<td>to drink</td>
<td>tʰɔ</td>
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<td>dry (adjective)</td>
<td>zɔŋ  zɔŋ</td>
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<tr>
<td>dull (as a knife)</td>
<td>mi kʰə</td>
</tr>
<tr>
<td>dust</td>
<td>tʰi tsu/ ʃi</td>
</tr>
<tr>
<td>ear</td>
<td>nə ʃo</td>
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<tr>
<td>earth (as in soil)</td>
<td>tsʰɔ</td>
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<tr>
<td>to eat</td>
<td>dzə</td>
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<tr>
<td>egg</td>
<td>gu ŋu</td>
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<tr>
<td>eye</td>
<td>me</td>
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<tr>
<td>to fall (as in drop)</td>
<td>tə tu</td>
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APPENDIX TWO: WEDDING SPEECH

This wedding speech was written by Rdo rje rgyal mtshan, who obtained a copy of the original from a villager, made additions, and rewrote some sections.
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APPENDIX TWO: BSANG BURNING SCRIPTURE

Three different bsang burning scriptures for different mountain deities describe the mountain deities and ask them for help. These scriptures are usually read by monks, though sometimes laymen read them.

The first bsang burning scripture is for G.yung drung spun dgu and was written by Bstan gnyis gsang sngags gling pa yab yum. The village leader Bstan pa and his two sons, Dgra 'dul and A bad, asked Bstan gnyis gsang sngags gling pa yab yum to write this bsang burning scripture in Bstan pa's home.

The second bsang burning scripture is for Sman btsun le'u sman. During New Year after offering bsang, Bstan gnyis gsang sngags gling pa yab yum composed this bsang yig in the traditional village leader, Dgra 'dul's, palace.

The third bsang burning scripture, for Bya zas lha mo mched bdun, was written by Khrag 'thang he ru ka dpal rtsal.
REFERENCES


