An Epigenetic Memory of Pregnancy in the Mouse Mammary Gland

Graphical Abstract

Highlights
- Glands from parous animals react more robustly to a subsequent pregnancy
- Pregnancy induces stable loss of DNA methylation in a Stat5a-biased fashion
- Loss of DNA methylation primes genes for rapid activation in a subsequent pregnancy

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In Brief
dos Santos et al. find that mammary glands from parous animals react more robustly to a subsequent pregnancy. This phenotype correlates with DNA methylation established during the first pregnancy cycle, the presence of which is associated with a rapid increase in gene expression of specific genes. Globally, these changes represent a memory of past pregnancies.

Accession Numbers
GSE67386
SUMMARY

Pregnancy is the major modulator of mammary gland activity. It induces a tremendous expansion of the mammary epithelium and the generation of alveolar structures for milk production. Anecdotal evidence from multiparous humans indicates that the mammary gland may react less strongly to the first pregnancy than it does to subsequent pregnancies. Here, we verify that the mouse mammary gland responds more robustly to a second pregnancy, indicating that the gland retains a long-term memory of pregnancy. A comparison of genome-wide profiles of DNA methylation in isolated mammary cell types reveals substantial and long-lasting alterations. Since these alterations are maintained in the absence of the signal that induced them, we term them epigenetic. The majority of alterations in DNA methylation affect sites occupied by the Stat5a transcription factor and mark specific genes that are upregulated during pregnancy. We postulate that the epigenetic memory of a first pregnancy primes the activation of gene expression networks that promote mammary gland function in subsequent reproductive cycles. More broadly, our data indicate that physiological experience can broadly alter epigenetic states, functionally modifying the capacity of the affected cells to respond to later stimulatory events.

INTRODUCTION

Pregnancy exerts pervasive physiological effects, in part by causing systemic exposure to pregnancy-associated hormones. Among the organs on which these hormonal effects have the greatest impact is the mammary gland. The mammary epithelium responds to pregnancy hormones by initiating a massive expansion. Through this program of proliferation and differentiation, thousands of ductal structures are formed, and these support milk production and transport during lactation.

Though most mammals rely on milk production to support their offspring, nursing can represent a source of great frustration in humans. Anecdotal evidence taken from the experience of mothers and lactation consultants indicates that, after a first pregnancy is completed, subsequent pregnancies are characterized by an improved nursing experience and increased milk supply (http://forums.llli.org/showthread.php?97789-Did-you-have-low-milk-supply-for-your-first-baby-and-not-your-2nd; http://www.essentialbaby.com.au/forums/index.php?/topic/807330-more-milk-with-second-baby/; http://www.whattoexpect.com/forums/breastfeeding/archives/is-it-true-u-produce-more-milk-with-yr-2nd-baby.html). A handful of scientific studies have also reported that humans have a significantly increased milk supply during a second pregnancy (De Amici et al., 2001; Ingram et al., 1999, 2001; Zuppa et al., 1988). In non-human mammals, multiple pregnancies have also been shown to increase milk supply and enhance lobulo-alveolar development (Byrnes and Bridges, 2005; Lang et al., 2012; Miller et al., 2006). Thus, evidence suggests that the mammary gland forms a long-term memory of pregnancy that alters its response to subsequent exposures to pregnancy hormones. Though the mechanisms underlying this memory are unclear, it has been suggested that parity might alter prolactin secretion as well as altering the sensitivity of responsive tissues to the hormone (Byrnes and Bridges, 2005; Lang et al., 2012).

The morphology of the post-involution gland of parous females is essentially indistinguishable from that of nulliparous animals. Thus, it is likely that pregnancy modifies the gland in a manner that does not derive from changes in its overall organization. We therefore hypothesized that pregnancy might alter the receptiveness of the gland to pregnancy-associated hormones and that this might be accomplished through long-lasting epigenetic modifications.

Here, we set out to determine the role of the mammary epigenome in how the gland reacts to the second pregnancy. We demonstrate that the parous mammary gland of a mouse, similar to humans and other mammals, responds more rapidly to the effects of a second pregnancy than the
nulliparous gland. This rapid response involves both the expansion of ductal structures and synthesis of milk proteins earlier in pregnancy.

Utilizing a comprehensive genomic approach, we profiled DNA methylation of all major mammary epithelial cells of post-pubescence (nulliparous) and post-pregnancy (parous) mice. Comparison of nulliparous and parous methylomes revealed substantial changes induced by parity. Many of these changes were localized near genes with a known role in milk production, cell proliferation, and apoptosis. Analysis of the parous epigenome provided a strong indication that Stat5a transcription factor plays an important role in protecting specific genomic regions from acquiring methylation after pregnancy. Through targeted experiments, we demonstrated that genes impacted by parity-associated epigenomic changes are poised for more rapid reactivation in a subsequent pregnancy. Collectively, our studies demonstrated the existence of an epigenetic memory of past pregnancies.

RESULTS AND DISCUSSION

Histological Evidence Shows that Mammary Glands from Parous Mice React Differently to a Subsequent Pregnancy

To assess the response of glands to repeated pregnancy, we exposed nulliparous mice (never pregnant) and parous mice (one pregnancy cycle, uniparous), to pregnancy-associated hormones. For these studies, parous animals had undergone a full cycle of pregnancy, birth, lactation, weaning, and involution. Nulliparous animals were age matched. We implanted these mice with slow-release estrogen/progesterone pellets. These release hormones at levels comparable to those measured during mouse pregnancy and successfully mimic the effects of pregnancy as evidenced by induction of ductal development and ultimately milk production (Silberstein et al., 1994). We harvested mammary glands on days 6 (D6) and 12 (D12) following implantation (Figure 1A).

Histological analysis confirmed that pseudo-pregnancy is sufficient to trigger ductal branching morphogenesis in mammary glands from both nulliparous and parous mice. However, glands of parous mice exhibited an earlier response to pregnancy hormones and showed elaboration of a greater number of ductal
A prior pregnancy also influenced milk production. Glands from nulliparous and parous pellet-bearing mice were stained with an antibody that recognizes a variety of milk proteins (see Experimental Procedures). Glands from untreated animals, regardless of whether parous or nulliparous, did not express milk proteins (Figure 1C, untreated). Though milk production was initiated in both parous and nulliparous animals following hormone exposure, parous ducts functioned earlier. This was evidenced by the detection of milk protein signal in cells from parous mammary glands at the earliest time point post pellet implantation (Figure 1C, bottom). In contrast, mammary glands from nulliparous animals displayed a much weaker staining signal on day 6 (Figure 1C, top), suggesting that milk production by these animals is considerably delayed. At day 12, mammary glands from both parous and nulliparous female mice produced roughly equivalent amounts of milk proteins, at least to the sensitivity of the staining procedure (Figure 1C). Collectively, these results support the observation that mammary glands react differently to pregnancy hormones in mice that have experienced a prior pregnancy, just as they are thought to in other mammals.

**Generation of the Mammary Reference Methylomes**

Changes in the biology of the gland following pregnancy appear to be long lasting. We therefore hypothesized that differential responses might reflect epigenetic changes that prime gene expression programs in the parous gland to respond to future pregnancies. We focused on DNA methylation as the mark for which mechanisms of persistence are best understood. Moreover, changes in DNA methylation patterns are known to impact gene expression via a number of different mechanisms.

We generated single-nucleotide methylation profiles for all major mammary epithelial cell types from parous and nulliparous animals using whole-genome bisulfite sequencing. These included cells from the basal compartment: Cd1d MaSCs (Lin C0 CD24+CD29hCD61/lCd1d+), myoepithelial progenitors cells (Lin C0 CD24+CD29hCD61+Cd1d/C0), myoepithelial differentiated cells (Lin C0 CD24+CD29hCD61-Cd1d-); and cells from the luminal compartment: luminal progenitor cells (Lin C0 CD24hCD29+CD61+CD133+), luminal ductal cells (Lin C0 CD24+CD29+CD61-CD133+), and luminal alveolar cells (Lin C0 CD24+CD29+CD61+CD133+).

We performed a hierarchical clustering of the methylation profiles of nulliparous mammary gland cells and a selected set of non-mammary cells consisting of embryonic stem cells (ESCs), brain cells, blood cells, sperm, and intestinal cells. This analysis revealed a shared epigenetic signature of mammary gland cells, distinct from those of the other cell types (Figure 2A). We observed a further separation of mammary methylation profiles into two distinct groups, corresponding to the luminal and the basal compartments, presumably reflecting the lineage split of the progenitors from which each of these cell types originate (Figure 2A). Cells in these compartments have previously been observed to segregate similarly based upon expression patterns (Charafe-Jauffret et al., 2006; dos Santos et al., 2013).

As with other somatic cell types analyzed to date, mammary methylomes exhibit discrete intervals of hypomethylation, punctuating the globally high background methylation. Using a previously described method (Hodges et al., 2011; Molaro et al., 2011; Schlesinger et al., 2013), we identified the set of hypomethylated regions (HMRs) in each methylome. HMRs correspond to regions with low methylation in the underlying population of cells and are a suitable basis for globally describing epigenetic alterations associated with mammary development. The number
of HMRs varied between 47k and 77k, with luminal cells tending to have larger HMRs (see the Supplemental Experimental Procedures).

Mammary epigenomes telegraph a strong compartmental identity. Analysis of the genomic locations of differentially methylated regions (DMRs) between the two mammary compartments indicated the association of compartment-specific HMRs with genes of known basal- and luminal-specific function (Figure S2). For example, cells from the basal compartment display lower levels of DNA methylation at the Krt5 gene, which encodes a basal-specific cytokeratin (Figure S2A, top), whereas the Krt8 gene, a cytokeratin preferentially expressed in luminal cells (Figure S2A, bottom), has significantly lower DNA methylation in luminal cells. Luminal and basal-specific HMRs in the promoter regions of differentially expressed genes correlated globally with their compartment-specific expression (Figure 2B).

Parity Reorganizes the Mammary Gland Epigenome

We next compared the methylation profiles of mammary gland cells from post-pregnancy animals to those of nulliparous animals. Our goal was to ask whether epigenetic alterations were induced by pregnancy and whether these persisted after the gland returns to its resting state following involution. Toward this end, we generated DNA methylation profiles for all mammary gland cell types harvested from multiparous females. These mice had undergone two complete gestational cycles, including pregnancy, lactation, and involution. To ensure that involution had been completed, glands were isolated 2 months after the end of lactation. We refer to these as parous samples from this point forward.

A genome-wide comparison of nulliparous and parous methylomes revealed that parity had a significant effect on the mammary epigenome (Figure 3A). Although all mammary methylomes retained their common compartmental identity, the individual cell types within each compartment from parous animals showed a significant divergence from their nulliparous counterparts. As an example, Figure S3A shows a region within the locus of the Dst gene—a gene with a pivotal role in cell adhesion integrity (Michael et al., 2014)—that had lost DNA methylation following pregnancy in every cell type (Figure S3A).
As a whole, the basal compartment was less affected by pregnancy. In fact, fewer than ten regions changed their methylation status simultaneously in more than one basal cell type. In contrast, the effect of parity on luminal methylomes was substantial. About 800 regions shared by all luminal cell types became hypomethylated in parous animals, whereas only 50 regions gained methylation (Figure S3B). The effect of pseudopregnancy (21 days of estrogen/progesterone pellet followed by 2 months involution) was sufficient to change the methylation status of luminal cells in a manner that is very similar to that of true pregnancy (Figure S3C). This is in agreement with the notion that luminal cells constitute the most abundant and most dynamic cell type in the mammary gland during pregnancy (Yamaji et al., 2009).

The methylation changes affecting luminal cells could reflect expression changes that underlie the expansion of ductal structures and alveoli during gestation, milk production during lactation, or remodeling during involution. Gene ontology analysis (McLean et al., 2010) revealed an association between regions that lost methylation with parity and genes with known roles in cell-cell adhesion, proliferation, and cell death (Figure S3D). An example can be seen in the Birc2 locus, a member of the IAP family of anti-apoptotic factors (Figure 3B). In this particular example, pregnancy triggered loss of DNA methylation over a 2-kb region around the Birc2 transcriptional start site (TSS). Other examples highlight gene families associated with parous DMRs, such as Itga, Stats, Tgf-β, and Wnt, that have already been demonstrated to be important during mammary gland development and pregnancy (Sternlicht et al., 2006) (Figures S4A–S4D). This suggests that the effects of pregnancy on the mammary gland epigenome may influence the expression of genes that regulate mammary gland homeostasis.

Other studies have profiled DNA methylation levels of nulliparous and parous mammary tissue, yet these used approaches that provide limited genomic coverage and bias for specific genomic regions (Choudhury et al., 2013; Huh et al., 2015). Our analysis of a published RRBS data set from the parous mouse mammary gland failed to detect the DNA methylation changes found by our high-resolution study (Figure S5). This discrepancy could be a consequence of the low genomic coverage of the RRBS data set at these specific regions. Nonetheless, this comparison supports the notion that genomic coverage and whole-genome analysis have a dramatic influence on the differentially methylated regions that can be identified.

We analyzed changes in methylation over known and predicted regulatory sequences to determine whether parous DMRs were associated with specific transcription factor binding sites. We found a strong enrichment for motifs recognized by the STAT family of transcription factors (Figure 3C). Stats are known to control a variety of biological processes in a diversity of cell types (Quintás-Cardama and Verstovsek, 2013). In the mammmary gland, Stat5a/b are major modulators of cell proliferation during pregnancy, lactation, and involution. Deletion of both genes early in pregnancy allows normal alveolar development but hampers milk production (Cui et al., 2004). Furthermore, inhibition of Stat5a/b function late in pregnancy accelerates involution (Iavnilovitch et al., 2006). These developmental phenotypes may be a consequence of the deregulation of Stat5a/b downstream targets, where it acts either by transcriptional activation or repression. Recently, a direct correlation between gene regulation and Stat5a/b DNA occupancy in the mammary gland was suggested (Kang et al., 2014; Yamaji et al., 2013). These reports suggest that Stat5a/b act in two modes. In early pregnancy, low levels ensure the expansion of alveolar epithelium, whereas, early in the lactation phase, high levels activate differentiation and milk production.

To confirm the association between Stats and parity-associated methylation changes, we analyzed a Stat5a chromatin immunoprecipitation sequencing (ChiP-seq) data set obtained from a lactating mammary gland (Kang et al., 2014). About 63% of peaks overlapped HMRs present in both nulliparous and parous methylomes, and ~17% were present exclusively in parous methylomes. Only ~1% overlapped only with nulliparous-specific HMRs. The ~19% of peaks that did not overlap HMRs were still, on average, markedly less methylated in parous methylomes (Figure S6). These regions may represent methylation changes acquired by a subpopulation of cells, therefore becoming under-represented in our pool. It is also possible that some of the peaks reflect Stat5a occupancy in non-epithelial cells, which were not eliminated from the samples used for these ChiP-seq libraries (Kang et al., 2014). Together, our observations suggest that Stat5a activity during pregnancy has a functional relationship to the acquisition of a hypomethylated state at its binding sites, which is retained after pregnancy.

In addition to being associated with hypomethylated regions in parous methylomes, Stat5a peaks were present in 30% of HMRs shared by all luminal cells and 61% of parous DMRs (Figures 3D and 3E), reinforcing that idea that Stat5a is an important component controlling the epigenetic reorganization of luminal cells following pregnancy.

**The Parous Epigenome Primes Genes for Re-activation in Subsequent Pregnancies**

Mammary glands from parous mice react more quickly to pregnancy-associated signals (Figure 1). Additionally, many changes in the mammary epigenome induced by pregnancy occurred proximal to genes with known roles in mammary gland development, lactation, and involution. Yet, RNA sequencing (RNA-seq) indicated that the expression of these genes did not change in comparisons of glands from nulliparous versus parous mice (data not shown). We therefore hypothesized that durable changes in DNA methylation patterns might create a permissive environment for activation, essentially priming pregnancy-associated genes for rapid activation in response to subsequent pregnancies.

To address this hypothesis, we focused on 46 genes required for lactation and involution (Zhou et al., 2014). We first ascertained the mode of methylation change at each such gene as a function of parity in each mammary cell type (Figure 4A). Of the 46 genes analyzed, 33 genes were associated with parous-specific HMRs, whereas the Ccnd1 gene was the only one of these loci to acquire DNA methylation after pregnancy.

If the changes that we observe represent an epigenetic memory of pregnancy, then they should persist long after involution has returned the gland to a virgin-like state. We therefore purified the full spectrum of mammary epithelial cell types from mice that...
had completed their last pregnancy 1 year prior to analysis. Focusing our investigation on the luminal compartment, we found that the vast majority of parous-specific HMRs, defined by their low methylation state 2 months after weaning, persisted throughout the majority of the mouse reproductive lifespan (Figure 4B). The persistence of these changes is remarkable, especially considering that the majority of luminal cells that are present during pregnancy are lost during involution and that there is continuous turnover within the luminal compartment during the mouse lifespan.

To ask whether the presence of persistent parous-specific HMRs had functional consequences for the gland, we asked whether genes associated with hypomethylated sites responded differently to pregnancy-associated hormones. We examined the expression patterns of several lactation genes that displayed parity-induced DNA methylation changes at the same time points shown in Figure 1. For comparison, we analyzed the expression of genes whose methylation state remained unchanged after pregnancy. As expected, pregnancy-associated changes in gene expression in the mammary gland occur in a time-dependent fashion, and the timing is consistent within groups of either nulliparous or parous animals (Figure 4C). The set of genes, which were not associated with pregnancy-specific HMRs, showed a similar time course of changes in expression throughout the experiment (Figure S7). However, genes with pregnancy-specific HMRs showed a greater degree of response in hormone-treated animals (Figure 4C). Thus, the stable epigenetic changes induced in the mammary epithelium by pregnancy prime genes for greater responses to hormone exposure, which may in turn result in the elaboration of a gland that functions more effectively during subsequent pregnancies.

Stable changes in patterns of DNA methylation have been proposed to reinforce cellular and tissue identity. This is consistent with studies of reference methylomes indicating that cell types within lineages cluster based upon state of their epigenome. Stable changes in DNA methylation that are heritable through mitotic and sometimes even meiotic divisions can underlie variations in phenotypic traits, and these have been termed epialleles. It has been proposed that the physiological experience of cells could leave stable epigenetic marks, which modify their behavior. In some ways, cellular differentiation driven by environmental signals would represent a clear example of such a phenomenon. Here, we have shown that the physiological experience of the mammary epithelium during pregnancy leaves a
long-term epigenetic memory that modifies both the behavior of the gland and the responses of the transcriptome to extracellular signals for essentially the reproductive life of the organism.

Changes in epigenetic state have been correlated with transcription factor binding, with occupancy by the factor predicting the presence of an HMR. However, in the absence of continued factor binding, hypomethylation tended to decay and the HMR was lost (Mohn et al., 2008). Our data suggest that, during pregnancy, engagement of Stat5a/b is similarly linked to the appearance of HMRs. Yet these HMRs persist, even when the gland returns to a resting, virgin-like state, a time when all measures of Stat5a/b activity suggest a return to pre-pregnancy baselines.

Considered as a whole, our data suggest that the physiological experience of pregnancy can leave an epigenetic memory that perdurantly modifies the mammary gland and perhaps other tissues, as well. It is well established that women who complete an early pregnancy gain a lifelong protection against breast cancer, a phenomenon that is conserved in other mammals. It is tempting to speculate that mechanisms similar to those that prime the activity of the gland for subsequent reproductive cycles might also underlie the modification of cancer risk. More broadly, our data clearly demonstrate that physiological experience can cause long-term alterations in epigenetic states that modify organ function, a paradigm that may come to be established as widespread as responses to other physiological stimuli are investigated.

**EXPERIMENTAL PROCEDURES**

**Mice**

Balb/C female mice (6–8 weeks old) were purchased from Charles River Laboratories. Parous mice were defined as those exposed to either one or two cycles of pregnancy-lactation-involution. All experiments were performed in agreement with approved by CSHL Institutional Animal Care and Use Committee.

**Pellet Implantation**

17β-estradiol (0.5 mg) and progesterone (10 mg) pellets (Innovative Research of America) were implanted in between the shoulder blades of age matching nulliparous and parous mice. Mammary glands of pellet-bearing mice were extracted at day 6 (D6) and day 12 (D12), post-pellet implantation.

**Histology**

Paraffin-embedded mammary gland sections were de-waxed and subjected to antigen retrieval in Trilogy buffer (Cell Marque), followed by blocking using 10% goat serum (Sigma-Aldrich). H&E staining was performed according to manufacturer’s instructions (Sigma-Aldrich). Immunohistochemistry to detect milk proteins was performed using the Ace IHC Detection Kit (Epitomics) according to the manufacturer’s instructions. Bisulfite conversion was performed using the EZ DNA Methylation Gold kit (ZymoGenetics) according to the manufacturer’s instructions. Bisulfite converted, adaptor-ligated fragments were PCR enriched and further utilized on end-repaired Illumina sequencing. On average, we obtained 12-fold coverage of CpG sites (Supplemental Experimental Procedures) permitting us to accurately study features of individual methylomes and compare them to one another. Similar to other mammalian somatic cells, we observed globally high levels of methylation in these purified gland cells (Supplemental Experimental Procedures).

**RNA Quantification**

Mammary glands from pellet-bearing mice were harvested and digested with Collagenase/Hyaluronidase (STEMCELL Technologies). Digested tissue was further treated with 5× Tripasin (Life Technologies) for 5 min. Nuclei were isolated using sucrose gradient (Yamaji et al., 2013) and lysed with 30 μl of Cell-To-Ct lysis buffer (Ambion). CDNA synthesis was performed according to manufacturer’s instructions. Real-time PCR were performed on a 7900 Real-Time PCR System (Applied Biosystems). Gene-specific primers were designed using Primer Express (Applied Biosystems), and qPCRs were performed with SYBR Green. Gapdh mRNA was used as endogenous control.

**Computational Analysis**

Bisulfite treated read libraries were mapped with RMAP aligner (Smith et al., 2009) and subsequently processed using MethPipe methylation analysis pipeline (Song et al., 2013). Hypomethylated regions (HMRs) and differentially methylated regions (DMRs) were computed with MethPipe’s hmr and dmr programs using default parameter values. Motif analysis was performed with CREAD (Smith et al., 2009) software. Stat5α ChIP-seq peaks were called as described in the original publication (Kang et al., 2014). A detailed description of computational methods can be found in the Supplemental Experimental Procedures.

**ACCESSION NUMBERS**

The NCBI GEO accession number for the genome-wide DNA methylation profiles of mammary epithelial cells reported in this paper is GSE67386.

**SUPPLEMENTAL INFORMATION**

Supplemental Information includes Supplemental Experimental Procedures, seven figures, and one table and can be found with this article online at http://dx.doi.org/10.1016/j.celrep.2015.04.015.

**AUTHOR CONTRIBUTIONS**

C.O.d.S., E.D., A.D.S., and G.J.H. designed research and wrote the paper; C.O.d.S. and E.H. performed experiments; C.O.d.S., E.D., and A.D.S. analyzed data; and E.D. and A.D.S. developed analysis methodology.
ACKNOWLEDGMENTS

We thank Antoine Molaro for helpful discussions. This work was performed with assistance from the CSHL Flow Cytometry Shared Resource and from the CSHL Histology Shared Resource, which are supported by Cancer Center Support Grant 5P30CA045508. This work was supported by the NIH Grand Opportunity award #1 RC2 CA148507 (G.J.H.), P01 award # 2P01CA131106 (G.J.H.), and NIH grant R01 H6005238 (A.D.S.). G.J.H. is an investigator of the Howard Hughes Medical Institute.

Received: February 17, 2015
Revised: March 20, 2015
Accepted: April 6, 2015
Published: May 7, 2015

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