Review

Regulation of IP₃ receptors by cyclic AMP

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Abstract

Ca²⁺ and cAMP are ubiquitous intracellular messengers and interactions between them are commonplace. Here the effects of cAMP on inositol 1,4,5-trisphosphate receptors (IP₃Rs) are briefly reviewed. All three subtypes of IP₃R are phosphorylated by cAMP-dependent protein kinase (PKA). This potentiates IP₃-evoked Ca²⁺ release through IP₃R1 and IP₃R2, but probably has little effect on IP₃R3. In addition, cAMP can directly sensitize all three IP₃R subtypes to IP₃. The high concentrations of cAMP required for this PKA-independent modulation of IP₃Rs is delivered to them within signalling junctions that include type 6 adenyl cyclase and IP₃R2.

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1. Introduction

Cyclic AMP and Ca²⁺ are ubiquitous intracellular messengers used by all eukaryotic cells from plants and animals to coordinate their behaviours in response to both extracellular signals and intracellular activity [1–3]. These messengers create a signalling ‘bottleneck’ through which many extracellular signals funnel to regulate diverse cellular responses. The capacity of a rather limited repertoire of intracellular messengers to selectively regulate cellular activities depends in large part on the spatial organization of the messengers within the cell, the time frames over which they are delivered, and interactions between messengers. The latter often endows signalling pathways with capacities to function as coincidence detectors: conveying signals onward only when several conditions are met [4]. As might be expected of the prototypical intracellular messengers, analyses of the interactions between cAMP and Ca²⁺ have a long history [5,6] that has revealed interactions at many levels. Ca²⁺, for example, regulates formation and degradation of cAMP [2,7], and cAMP can regulate both the channels that allow Ca²⁺ to flow into the cytosol and the Ca²⁺ pumps that extrude it [8,9].

A ubiquitous pathway from extracellular stimuli to cytosolic Ca²⁺ signals is provided by receptors that stimulate phospholipase C (PLC), production of inositol 1,4,5-trisphosphate (IP₃) and thereby Ca²⁺ release through IP₃ receptors (IP₃R) [10]. Cyclic AMP also modulates this pathway by, for example, regulating PLC [11] and the coupling of receptors to PLC [12]. However, in this short review, I focus on just one level of interaction, that between cAMP and IP₃Rs [13,14]. IP₃R subunits are encoded by three genes in vertebrates. The three large, closely related subunits assemble into homo- and hetero-tetrameric structures, which form large-conductance Ca²⁺-permeable channels within...
intracellular membranes, primarily those of the endoplasmic reticulum [10]. Opening of the central pore is initiated by binding of IP$_3$ to all four IP$_3$R subunits [15], which evokes conformational changes within the N-terminal domains of the IP$_3$R [16]. These conformational changes are proposed to facilitate binding of Ca$^{2+}$, which then triggers opening of the pore. Hence, the IP$_3$R is itself a coincidence detector, responding only when provided with both cytosolic IP$_3$ and Ca$^{2+}$. High-resolution structures of the N-terminal region of an IP$_3$R with and without IP$_3$ bound [16], and cryo-electron microscopy reconstructions of the entire IP$_3$R in a closed state [17] have begun to reveal the workings of the IP$_3$R machinery. However, the mechanisms linking IP$_3$ binding to channel gating are not yet fully resolved. While IP$_3$ and Ca$^{2+}$ are the essential regulators of IP$_3$R gating, many additional signals modulate IP$_3$R behaviour [18]. My focus on cAMP therefore provides only a rather restricted view of the capacity of IP$_3$Rs to integrate information provided by different signalling pathways.

2. Regulation of IP$_3$Rs by PKA

Cyclic AMP-dependent protein kinase (protein kinase A, PKA), exchange proteins activated by cAMP (EPACs), cyclic nucleotide-activated cation channels (CNGs), and some cyclic nucleotide phosphodiesterases (PDEs) are the major targets of cAMP in mammals. At least some of these targets regulate IP$_3$-evoked Ca$^{2+}$ signalling. PKA, for example, stimulates Ca$^{2+}$ uptake into the sarcoplasmic reticulum, and EPACs through the small G protein Rap2B stimulate PLC$\varepsilon$ [11]. However, only PKA has been convincingly shown to interact directly with IP$_3$Rs. The three IP$_3$R subtypes are closely related, but each has a distinctive distribution of PKA phosphorylation sites. The many effects of cAMP within Ca$^{2+}$ signalling pathways were sources of some confusion in the pioneering studies of IP$_3$R phosphorylation [19], but the consensus now is that PKA-mediated phosphorylation of IP$_3$R1 and IP$_3$R2 enhances their activity, while the functional significance of such phosphorylation for IP$_3$R3 is less clear [14,20].

Two residues (S$^{1588}$ and S$^{1755}$) within the central cytosolic domain of IP$_3$R1 are phosphorylated by PKA, and their replacement by non-phosphorylatable alanine residues confirms that they are the only sites [21]. Phosphorylation of IP$_3$R1 by PKA or introduction of phosphomimetic residues (S$^{1588}$E/S$^{1755}$E) do not themselves open the channel, but they increase the open probability ($P_o$) of channels activated by IP$_3$. The increased $P_o$ results from shortening of the gaps between bursts of channel openings and an increase in the duration of the bursts, with no obvious effect on IP$_3$ binding or the sensitivity to Ca$^{2+}$ regulation [22]. Hence, phosphorylation of IP$_3$R1 by PKA improves the coupling of IP$_3$ and Ca$^{2+}$ binding to channel gating by both stabilizing the bursting state of the IP$_3$R and destabilizing a prolonged closed state. An alternative splice site (S2, residues 1693–1732), which encodes 40 residues and is removed from non-neuronal IP$_3$R1, abuts the second phosphorylation site (S$^{1755}$). For the neuronal S$_2$ form of IP$_3$R1, S$^{1755}$ entirely mediates the effects of PKA, while in a peripheral S$_2$ form both residues (S$^{1588}$ and S$^{1755}$) must be phosphorylated for PKA to enhance IP$_3$-evoked Ca$^{2+}$ release [23]. Effective phosphorylation and dephosphorylation of IP$_3$R1 are facilitated by tethering of PKA to IP$_3$R1 by AKAP9 (A-kinase-anchoring protein 9) [24] and of the protein phasphpase, PP1c, by IRBIT [25], AKAP9 or directly to the C-terminal tail of IP$_3$R1 [26].

The consensus sequences for PKA and cGMP-dependent protein kinase (PKG) are similar, such that some residues (e.g. S$^{1755}$ in IP$_3$R1S2+) are phosphorylated by either kinase. Yet in native tissues PKG and PKA often exert opposing effects on IP$_3$-evoked Ca$^{2+}$ release. The difference may, at least in part, be due to expression of IRAG (IP$_3$R-associated cGMP kinase substrate), which blocks phosphorylation of IP$_3$R1 by PKA, and IRAG phosphorylated by PKG inhibits IP$_3$R [27]. Hence, IRAG diverts PKG from the PKA-phosphorylation sites and imposes its own inhibition. PKA also modulates the interaction of IP$_3$R1 with its endogenous antagonist, IRBIT (IP$_3$R-binding protein released by IP$_3$), apparently decreasing the affinity for IRBIT so that IP$_3$2 more effectively competes for occupancy of their shared binding site on the IP$_3$R [28]. Hence in secretory epithelia, receptors that stimulate formation of cAMP and IP$_3$ synergistically stimulate release of IRBIT from IP$_3$Rs, and IRBIT then directly stimulates two of the ion transporters that sustain fluid transport [28].

Long before the discovery of IP$_3$Rs, synergistic stimulation of a Ca$^{2+}$-sensitive K$^+$ channel by α$_1$-adrenoceptors (which stimulate PLC) and β-adrenoceptors (which stimulate formation of cAMP) in hepatocytes suggested that cAMP might enhance receptor-mediated Ca$^{2+}$ release from intracellular stores [29]. Subsequent studies confirmed that PKA stimulates phosphorylation of hepatic IP$_3$Rs [30] and potentiates IP$_3$-evoked Ca$^{2+}$ release [31,32]. IP$_3$R2, the major IP$_3$R subtype in hepatocytes, is phosphorylated by PKA at a single residue (S$^{223}$), although others suggest that IP$_3$R2 is a rather poor substrate for PKA [20]. S$^{223}$ is unique to IP$_3$R2, but the functional consequences of the phosphorylation appear similar to those seen with IP$_3$R1, namely enhanced bursts of IP$_3$R gating [33]. Additional effects of PKA, including an increase in IP$_3$ binding affinity [30] and recruitment of IP$_3$Rs into functional Ca$^{2+}$ stores [32], may also contribute to the effects of PKA on IP$_3$R2 in intact cells.

The effects of PKA on IP$_3$R3 have been least explored. In intact cells, IP$_3$R3 is phosphorylated by PKA at three sites (S$^{916}$, S$^{934}$, S$^{1382}$) that are unique to IP$_3$R3, with S$^{934}$ being the most extensively phosphorylated [34]. But, at least in cells expressing only IP$_3$R3, PKA has no effect on IP$_3$-evoked Ca$^{2+}$ release triggered by cell-surface receptors [35]. Whether the phosphorylation affects other aspects of IP$_3$R3 behaviour remain to be determined.

3. Direct regulation of IP$_3$Rs by cAMP

In HEK-293 cells stably expressing human type 1 receptors for parathyroid hormone (PTH), PTH stimulates formation of cAMP, but it does not alone evoke an increase in cytosolic Ca$^{2+}$ concentration ([Ca$^{2+}$])$_c$. However, PTH potentiates the increase in [Ca$^{2+}$]$_c$ evoked by receptors that stimulate PLC, the endogenous muscarinic M$_3$ receptors of HEK-293 cells, for example, which can be activated by carbachol (Fig. 1A). This effect of PTH is mimicked by stimulation of endogenous prostanoid receptors or β-adrenoceptors, by direct activation of adenylcycl cyclase with forskolin or by addition of a membrane-permeant analog of cAMP, 8-Br-cAMP. The non-additive effects of maximally effective concentrations of PTH and 8-Br-cAMP confirm that the effect of PTH on carbachol-evoked Ca$^{2+}$ signals is entirely mediated by cAMP (Fig. 1B) [35,36]. Responses to other PLC-coupled receptors are also potentiated by PTH, and the enhanced responses are not associated with increased production of IP$_3$ [35,37]. Furthermore, cAMP also potentiates the Ca$^{2+}$ signals evoked by a membrane-permeant form of IP$_3$ (IP$_3$-BM) [38]. These results, demonstrating that cAMP acts downstream of IP$_3$, are important because cAMP can, through EPACs, stimulate PLC$\varepsilon$ [11]. However, the effects of PTH are neither mimicked by EPAC-selective analogs of cAMP [36] nor blocked by an EPAC antagonist [39]. The enhanced IP$_3$-evoked increases in [Ca$^{2+}$]$_c$, are not due inhibition of Ca$^{2+}$ extrusion from the cytosol by cAMP [38]. Furthermore, cAMP potentiates IP$_3$-evoked Ca$^{2+}$ release in permeabilized cells [40], and it enhances IP$_3$-gated channel activity in nuclear patch-clamp recordings of IP$_3$R [40]. These results, where cAMP potentiates the activation of IP$_3$R by IP$_3$, seem consistent with the many reports suggesting that phosphorylation of IP$_3$R1 and IP$_3$R2 by PKA enhances responses to IP$_3$ (see preceding section). However,
3. The concentrations of 8-Br-cAMP (in intact cells) and of cAMP (in permeabilized cells) needed to sensitize IP$_3$Rs to IP$_3$ are much higher than those required to activate PKA [36].

4. In DT40 cells expressing single IP$_3$R subtypes, high concentrations of cAMP potentiate IP$_3$-evoked Ca$^{2+}$ release through IP$_3$R1, IP$_3$R2 and IP$_3$R3 [40]. This does not align with the consensus that PKA increases the sensitivity of only IP$_3$R1 and IP$_3$R2 [14].

5. In permeabilized DT40 cells expressing IP$_3$R2, cAMP potentiates the Ca$^{2+}$ release evoked by IP$_3$, and the effect of cAMP is unaffected by addition of either H89 (to inhibit PKA) or the catalytic subunit of PKA.

6. In nuclear patch-clamp recordings from IP$_3$R2 expressed in DT40 cells and stimulated with IP$_3$, cAMP increases channel activity in the absence of ATP [40], confirming that protein phosphorylation is not required.

These observations suggest that cAMP can regulate IP$_3$R activity via both PKA and by mechanisms that do not require activation of either PKA or EPACs. The observations are intriguing because they suggest an effect of cAMP that is not mediated by any of its conventional targets. Our results indicate that while cAMP alone cannot activate IP$_3$Rs and does not affect IP$_3$ binding to IP$_3$Rs [40], it does enhance the effectiveness with which the essential co-agonists, IP$_3$ and Ca$^{2+}$, stimulate channel opening. The mechanisms underlying these non-canonical actions of cAMP are not yet resolved. In light of evidence that the effects of cAMP are preserved in isolated nuclei and permeabilized cells [36,40], it seems likely that binding of cAMP to a low-affinity site within either the IP$_3$R itself or a tightly associated protein mediates this allosteric regulation of IP$_3$Rs by cAMP.

4. Signalling to IP$_3$R at cAMP junctions

Despite compelling evidence that cAMP entirely mediates the potentiating effects of PTH on IP$_3$-evoked Ca$^{2+}$ signals [36], there are some puzzling features of the signalling pathway that initially led us to a different conclusion. Firstly, the direct effects of cAMP on IP$_3$Rs require much higher concentrations of cAMP than are needed for activation of PKA or EPACs, and probably much higher than the average concentrations achieved in stimulated cells [36]. Secondly, although many different stimuli evoke cAMP formation and potentiation of carbachol-evoked Ca$^{2+}$ signals, the relationship between their effects on cAMP and Ca$^{2+}$ are entirely different for different stimuli. For example, for concentrations of PTH and isoproterenol (which activates β-adrenoceptors) that cause similar submaximal potentiation of Ca$^{2+}$ signals, PTH evokes a more than 10-fold greater increase in intracellular cAMP concentration than does isoproterenol [36]. This immediately suggests that the cAMP that regulates IP$_3$R activity cannot be uniformly distributed in the cytosol. Thirdly, and more troublesome, are the many manipulations of cAMP formation that fail to affect the carbachol-evoked Ca$^{2+}$ signals. Hence substantial inhibition of cAMP formation by either low-affinity inhibitors of adenyl cyclase (AC, ~90% inhibition in Ref. [38] and ~70% in Ref. [36]) or siRNA-mediated knockdown of AC3 (the major subtype in HEK-293 cells), or an enhancement of cAMP accumulation after inhibition of cyclic nucleotide phosphodiesterase [36,38,39] had no effect on the ability of any concentration of PTH to potentiate carbachol-evoked Ca$^{2+}$ signals. This initially led us to conclude that the effects of PTH were not mediated by cAMP [38], but we had then to revise that conclusion in light of evidence that cAMP does mediate the effects of PTH.

It is easy to envisage how the effects of a maximal concentration of PTH might be unaffected by even very substantial inhibition of AC if there are ‘spare receptors’, such that maximal activation of the receptors can provide more cAMP than needed to cause several lines of evidence demonstrate that this is not a sufficient explanation:

1. When PTH-evoked protein phosphorylation is blocked by inhibition of either PKA activity (using H89) or the association of PKA with A-kinase-anchoring proteins (AKAPs, using a membrane-permeant form of an uncoupling protein, ht-89), there is no effect on the ability of any concentration of PTH to potentiate the Ca$^{2+}$ signals evoked by carbachol [36,38,39]. Others have also suggested that potentiation of carbachol-evoked Ca$^{2+}$ signals by β$_2$-adrenoceptors is insensitive to inhibition of PKA in HEK-293 cells [41]. Similar results were reported for rat osteoblasts, where potentiation of ATP-evoked Ca$^{2+}$ signals by PTH was unaffected by inhibition of PKA [42].

2. In permeabilized HEK-293 cells, the catalytic subunit of PKA causes minimal phosphorylation of IP$_3$R and a barely detectable increase in the sensitivity of the Ca$^{2+}$ stores to IP$_3$, while cAMP and 8-Br-cAMP cause substantial increases in IP$_3$ sensitivity [36].
maximal activation of IP₃Rs. However, that argument cannot be employed to explain the lack of effect of AC inhibitors on the Ca²⁺ responses evoked by submaximal concentrations of PTH. We therefore proposed that the ‘spare’ signalling capacity might exist within subcellular compartments or ‘signalling junctions’. We suggest that cAMP is delivered to IP₃Rs locally at concentrations substantially greater than required to cause maximal sensitization of the associated IP₃Rs (Fig. 1C). The concentration-dependent effects of PTH, we suggest, come from recruitment of these hyperactive signalling junctions, rather than from graded activity within individual junctions. Each signalling junction is, in effect, an ‘on-off’ switch with a considerable safety margin because once activated it delivers more cAMP than needed to fully sensitize the associated IP₃Rs. Our scheme neatly accounts for both the inconsistent relationship between cAMP and response for different stimuli (because different stimuli operate with different safety margins) and it provides a mechanism that would allow IP₃Rs to be exposed to high concentrations of cAMP. It also accommodates the results showing that even manipulations of cAMP concentration fail to effect the Ca²⁺ signals evoked by PTH (because the large safety margin protects the signalling pathway from even substantial perturbations of cAMP).

The involvement of signalling junctions is supported by additional evidence [36]. Notably, there is a selective association between AC6 (which accounts for only 5% of AC in HEK-293 cells) and IP₃R2 in HEK-293 cells, consistent with targeted delivery of cAMP from AC to IP₃. Loss of IP₃R2 (using siRNA) selectively attenuates the potentiation of carbachol-evoked Ca²⁺ signals by PTH. Global inhibition of AC activity by low-affinity inhibitors reduces PTH-evoked cAMP formation without affecting Ca²⁺ signals, whereas the converse occurs when expression of AC6 is reduced. Loss of AC6 has no perceptible effect on cAMP levels, but it attenuates the potentiation of carbachol-evoked Ca²⁺ signals by PTH. The rationale, we suggest, is that all signalling junctions feel the effect of the low-affinity inhibitors, which thereby reduces the cAMP delivered within junctions but not sufficiently to obliterate the safety margin, whereas removing AC6 from individual junctions (each perhaps containing only a single AC) will incapacitate that junction. Finally, in cells with diminished expression of αs, which couples receptors to AC, the safety margin is reduced such that further inhibition of AC (using the low-affinity AC inhibitors) does reduce the ability of PTH to potentiate carbachol-evoked Ca²⁺ signals [36].

In conclusion, there are at least two routes through which cAMP can directly modulate IP₃R gating. Phosphorylation of IP₃R1 and IP₃R2 by PKA increases the effectiveness with which IP₃ and Ca²⁺ evoke bursts of channel openings. In addition, binding of cAMP to a low-affinity site that seems to be closely associated with the IP₃R can also increase the apparent efficacy of IP₃ and Ca²⁺ in gating each IP₃R subtype. The need for high concentrations of cAMP for this direct action demands local delivery of cAMP to IP₃Rs, and that has so far been shown to occur for only IP₃R2 [36]. The low-affinity of IP₃Rs for cAMP effectively insulates them from global changes in cytosolic cAMP concentration and allows them to respond only to cAMP delivered to them within signalling junctions (Fig. 1C). Because each active junction delivers cAMP at a super-saturating concentration to associated IP₃Rs, the junction behaves as a robust digital switch that can rapidly respond to changes in extracellular stimulus intensity. The cAMP is delivered rapidly and at a high concentration driving rapid association of cAMP with IP₃Rs, and as soon as the AC stimulus is removed the focal concentration of cAMP dissipates by diffusion, rapidly terminating the effects of cAMP on IP₃Rs.

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