Humancytomegalovirus (HCMV) is a pathogen that can cause significant morbidity and mortality, particularly in the immunocompetent host [1–10]. For instance, HCMV disease is regularly seen after infection of individuals with a suppressed immune system, such as transplant patients or those suffering from AIDS. In such individuals, HCMV-associated pathology is observed in a range of tissues and can lead to an array of diseases including retinitis and pneumonitis as well as bowel and heart disease ([1, 3, 4, 10] and see Figure 1). Similarly, infection in utero, in the developing immunonaive foetus, can result in mental retardation, deafness, and blindness [5–9] which impact substantially QUALYS (quality adjusted life years) measurements and, for these reasons, HCMV has been named as a high vaccine priority [11].

In the immunocompetent host, however, primary HCMV infection rarely causes disease and this is likely due to the well-established robust immune response to the virus. Indeed, in the developed world, 50–90% of populations can be HCMV seropositive (and this can be as high as 100% in some populations in the developing world), yet HCMV disease is rarely a problem in otherwise healthy seropositive carriers.

Despite this rigorous host immune control, HCMV is never cleared after primary infection but persists for the lifetime of the host which is facilitated by the ability of the virus to establish a latent infection during which time virus is carried silently in certain cell types in the absence of new virion production [12]. A consensus view is that, in healthy carriers, latent virus is able to periodically reactivate...
but, in these immunocompetent individuals, these reactivation events are also subclinical. However, it has also been suggested that this may not be totally unproblematic as there is increasing evidence associating HCMV persistence with long-term diseases (i.e., atherosclerosis, chronic graft rejection, and, perhaps, neoplasias) and reactivation of latent HCMV is likely to be a major source of virus contributing to its long-term carriage [13–22].

In some clinical settings, however, virus reactivation can add substantially to disease burden. For instance, in both solid organ and stem cell transplantation scenarios, when recipients are heavily immunosuppressed, reactivation of the transplant recipient’s own virus or, indeed, reactivation of virus from donor material can lead to life threatening disease [29, 30].

Current antiviral therapies have clearly resulted in dramatically improved outcomes in, for instance, transplant patients. However, the usefulness of these drugs is often limited by poor bioavailability, associated toxicities, and the development of virus resistance. Similarly, so far, an effective vaccine for the prevention of HCMV infection remains elusive, although some success has been obtained with posttransplant vaccination based on attenuated virus, viral subunits, or plasmid DNA which have been shown to reduce the duration of viraemia and requirement for antiviral treatment in some transplant settings [31–33]. Thus, a need for more effective vaccines or better drug treatments for HCMV-associated disease, particularly after reactivation, is of paramount importance. For these reasons, unraveling the mechanisms by which HCMV maintains life-long persistence

1.2. General Molecular Biology. HCMV is the prototypic member of the betaherpesvirus subfamily with a large genome of around 230 kb. This is known to encode an array of genes which interdict in numerous normal cellular functions to ensure efficient infection and life-long persistence resulting in a complex life cycle with multiple interactions between the virus and its host.

Following primary infection with HCMV, two outcomes can ensue. The virus can enter the lytic phase of replication in which the viral transcription programme is extensive across the whole of the genome and comprises a temporal cascade of expression of the viral major immediate early genes followed by early then late gene expression. This programme of lytic transcription leads to release of infectious virions and can occur in an array of cells and tissues in vivo [29, 42]. Alternatively, in certain cell types, the virus can enter a latent life cycle which is associated with a much more limited viral transcription programme and a lack of virion production [37, 40, 43, 44]. Whilst much is known about the lytic cycle of HCMV, the regulation of viral gene expression, as well as virus/host interactions, during latency is less well understood. In this review, we focus on such analyses which are the main programme of our own research as well as a number of other laboratories, internationally.

1.3. Latent Carriage of HCMV Occurs in Cells of the Myeloid Lineage and Virus Can Be Reactivated upon Differentiation.

It is now well established that one site of HCMV latency in vivo is in cells of the myeloid lineage (Figure 2), including CD14+ monocytes and their CD34+ progenitor [29, 37, 40, 44, 49]. In these cells, likely as a concerted effect of a lack of viral activators [39], the presence of latency-associated repressors [40], and the dominance of cellular transcriptional repressors of the MIEP [34, 35, 38, 50], the chromatin around the viral MIEP becomes heavily repressive which suppresses lytic transcription (Figure 2) and maintains latent infection [36, 37]. Following differentiation into macrophages or dendritic cells (DCs), however, changes in the nuclear environment result in chromatin-mediated activation of the viral MIEP and reactivation of lytic replication [36, 37]. In the context of an inadequate immune response (in either transplant patients or the immunocompromised or the immunonaive), these reactivation events then result in virus dissemination to multiple target organs and subsequent clinical disease.

Latent viral genomes are clearly present in CD34+ haematopoietic progenitors, yet they appear to be carried selectively down the myeloid lineage as they are not detectable in T or B cells ([48] and see Figure 3). Whilst the myeloid lineage is clearly one site of true latency of HCMV in healthy carriers, it is yet to be determined if there are other sites of latency in vivo. For instance, endothelial progenitor cells have been suggested to be a potential additional site of latency [51]. However, latent genomes are not detectable in endothelial cells of the microvasculature which rules out these cells as latent reservoirs [52], but it is difficult ethically

![Figure 1: HCMV-induced disease pathology. HCMV causes disease in individuals where the immune system is compromised. Mental retardation, deafness, and blindness can occur following in utero primary infection [5–8]. Retinitis occurs following primary infection and reactivation in AIDS patients [23]. Pneumonitis, hepatitis, nephritis, and gastroenteritis/colitis can occur following immune suppression [1, 4, 10, 18, 24, 25]. HCMV has also been suggested to play a role in atherosclerosis and glioma progression [13, 16, 17, 20, 21, 26–28].](image-url)
Primary infection

Latency

Host

CD34+
progenitor cell

Cellular MIEP repressors

Cellular MIEP activators

MIEP

IE genes

Transcriptional repression

Transcriptional activation

IncRNA 4.9

HP-1

Figure 2: HCMV latency and reactivation. Following primary infection, latency is established in the myeloid progenitor CD34+ cells which reside in the bone marrow. Viral genome is associated with chromatin markers of repression in these cells. In particular the major immediate early promoter (MIEP) is associated with a high number of cellular transcriptional repressors and a low number of cellular transcriptional activators [2–4, 34–38]. This is likely to be facilitated by an absence of the viral activator pp71 [39] concomitant with the presence of long noncoding RNA (lnc) 4.9 which is thought to interact with the polycomb repressor complex to inhibit transcription [40]. Following differentiation along the myeloid lineage of CD34+ cells into dendritic cells (DCs), the chromatin structure at the MIEP becomes associated with cellular activators of transcription and immediate early gene expression is induced and reactivation of the virus occurs [36, 37, 41].

Figure 3: HCMV latency is established in myeloid progenitors and reactivation occurs following differentiation. HCMV latency can be established in pluripotent haematopoietic cells which can be differentiated upon specific stimuli into different cell types as shown. HCMV is primarily carried along the myeloid lineage [41, 46, 47] and not the lymphoid lineage [48]. However, whether HCMV is carried along the endothelial cell lineage is uncertain.

to interrogate endothelial cells of, for example, the macrovas-
sculature from otherwise healthy donors to determine if these
cells may be additional sites of latency.

Regardless, the mechanisms which regulate the establish-
ment and maintenance of HCMV latency in, and reactivation
from, cells of the myeloid lineage are still poorly understood
yet are crucial for a full understanding of this persistent
human pathogen.

1.4. Experimental Models of HCMV Latency in Cell Lines

and Primary Cells. Although naturally latent myeloid cells
have been used for some analyses of HCMV latent infections
[36, 40, 48, 49, 53, 54], the number of cells which carry
naturally latent viral genome is known to be extremely low
(between 1 in 10,000 and 1 in 100,000 [53]). Therefore, it
has been necessary to develop experimental models of latency
which depend on experimental infection and establishment
of latency in long-term cultures which lend themselves more
easily to analysis. In our laboratory, and others, a number
of models of experimental latency have been established for
in vitro analysis of HCMV latency and reactivation. These
include primary myeloid progenitors such as granulocyte
macrophage progenitors (GMPs) or CD34+ haematopoietic
progenitor cells as well as CD14+ monocytes [37, 49, 55–59];
all can be cultured and experimentally infected to establish
a latent infection which can be reactivated by differentiation
signals—which very much reflects models of natural latency.
Figure 4 shows an example of an experimental latency model
using primary CD34+ cells. Using this model, it has been
demonstrated that, following the establishment of latency,
the viral major immediate early promoter enhancer (MIEP)
(which drives initial expression of the major immediate early
genes (major IEs) required for lytic infection) is associated
with repressive chromatin markers. These include methylated
histone marks as well as the presence of repressor proteins
such as heterochromatin protein 1 (HP1). However, following
differentiation of these cells to Langerhans-like dendritic
cells, the MIEP becomes associated with markers of active
chromatin, such as acetylated H4. Consistent with this,
expression of IE72, which is the viral major immediate
Figure 4: Establishment of experimental latency in primary progenitor CD34+ cells and reactivation in the myeloid lineage. Following infection of CD34+ progenitor cells with the TB40E strain of HCMV, latency is established, demonstrated by the hallmark of chromatin repressor HP1 association with the MIEP in chromatin immunoprecipitation assays (ChIP): Inp = input, IgG = immunoglobulin control, AcH3 = acetylated histone H3 (marker of active chromatin), and HP1 = heterochromatin protein 1 (marker of repressed chromatin). Coculture of these cells with fibroblasts (HFFs) does not result in IE gene expression. Untreated cells remain in a state of latency shown here for 20 days (top). Alternatively, if after 10 days cells are differentiated and matured into DCs, ChIP analysis shows that the MIEP becomes associated with markers of active chromatin (AcH4) and coculture with fibroblasts shows immediate early 72-protein (IE72) gene expression. Consistent with these observations, transcripts can be detected for the viral latent gene transcript UL138, the viral lytic gene transcript IE72, and the cellular gene transcript GAPDH following reactivation by RT-PCR.

early (IE) protein, is silenced during latency but its expression is reactivated following differentiation. Essentially, the same differentiation-dependent regulation of viral lytic gene expression is observed using experimentally latently infected CD14+ monocytes before and after their differentiation to interstitial-like DCs. Most importantly, these observations in experimentally latent myeloid cells fully recapitulate similar analyses in naturally latently infected monocytes and CD34+ progenitor cells [60]. More recently, established myelomonocytic cell lines have also been described which can mimic certain, but perhaps not all [61, 62], aspects of latency observed in experimentally latent primary myeloid cells. These include monocytic cell lines, such as THP-1 cells [63, 64], as well as CD34+ cell lines, such as Kasumi-3 cells [61, 65].

Regardless, it has become clear that such analyses of experimental latency benefit from the use of clinical isolates of HCMV containing full length viral genomes. In contrast, viruses which have been extensively passaged in fibroblasts (so-called laboratory-adapted strains) routinely lose a 15kb region of the genome, termed \( U_L \) [69]. This is known to encode at least two latency-associated gene products [46, 59] and so may be compromised with respect to at least some latency-associated functions.

Genomes of multiple HCMV clinical strains have now been cloned as infectious bacterial artificial chromosomes (BACs) and this has led to the ability to generate viral mutants as well as fluorescently-tagged viruses which have proved to be extremely useful in the analysis of HCMV lytic infection and, more recently, latent infection. For a number of studies, including our own, the use of an HCMV BAC constitutively expressing GFP under the control of the SV40 promoter has been useful in detecting cells carrying latent virus [65]. Similarly, a recently described clinical isolate of HCMV in which the viral major immediate early 2 protein is fused to a GFP tag [70] has been used to detect reactivation after terminal differentiation of myeloid cells [62].

2. The Use of Experimental Models of HCMV Latency to Understand Changes That Occur in the Cell

During latent infection the viral MIEP is heavily suppressed by histone posttranslational modifications essentially preventing lytic infection. However, a number of analyses using \( \text{ex vivo} \) naturally latent, as well as \( \text{in vitro} \) experimentally latent, model systems have identified latency-associated transcription of a number of specific viral genes (Figure 5). Whilst the function of many of these viral genes during latency is far from clear, recent studies have posited potential roles for
2.2. Changes in the Cellular Secretome in Response to HCMV Latency. As already discussed above, changes in a small number of cellular miRNAs could have profound effects on the expression of multiple cellular proteins. Studies on the latency-associated secretome from experimental latency using primary CD34+ cells have identified significant increases in a number of cellular proteins secreted during latent infection [78]. Although the mechanism by which many of these are upregulated has yet to be determined, one cytokine which has been analysed in some detail is cIL-10 and, as shown in Table 1 and Figure 6, its upregulation is mediated by hsa-miR-92a via GATA2 [45].

Our recent work has shown that this increased secretion of cIL-10 during latency has two discernible effects: (i) it leads to prolife signalling [45] and (ii) it aids suppression of CD4+ T cell effector functions [78] in latently infected CD34+ cells. It is becoming clear that latent infection is a far more active process than first believed and that latency-associated viral gene expression leaves a distinct signature on the latently infected cell, at least in experimental models of latency in primary myeloid cells. Consequently, the established argument that latent infection is essentially invisible to the adaptive arm of the host immune response is likely to be far from true. Indeed, our work and others have shown that a number of latency-associated viral proteins are targets for the host cytotoxic T cell (CTL) response [72, 81]. However, in our hands, the T cells that are specific for these viral antigens appear to be cIL-10 and TGF-beta secreting cells—essentially of T suppressor phenotype [72]. The observation that latently infected cells also secrete high levels of both cIL-10 and TGF-beta suggests that the latent microenvironment is heavily immunosuppressive due to the latency-associated secretome [78]. Besides an effect on inhibition of CD4+ T cell effector function, this latency-associated increase in cIL-10 also has profound prolife effects on CD34+ cells by preventing FAS-mediated killing [45].
3. Understanding Latency-Associated Changes Could Allow the Development of Novel Strategies to Target HCMV Latency in the Clinical Setting

3.1. Targeting of the HCMV Latently Expressed Protein UL138. Our increased understanding of the role of viral gene products during latency, from analyses in experimental and ex vivo latency model systems, has now led to the possibility that these may be the basis for novel chemo- or immunotherapeutic targets with a view to clearing latency [71] with the important caveat that the principles established in latency models are transferrable to the in vivo setting. Similarly, such interventions would be made all the more powerful when performed in conjunction with biomarkers for latent infection. At present, such biomarkers specifically for latency are limited but could include quantitation of latent load in circulating monocytes by quantitative PCR or, perhaps, frequency of circulating HCMV-specific T cells in the peripheral blood compartment on the basis that high T cell frequencies to murine cytomegalovirus are maintained by constant restimulation with reactivating virus [82].

An understanding of how one latency-associated viral gene, UL138, impacts cellular gene expression has recently led to the ability to target and kill latently infected cells in both experimental and natural latency. In these studies the effects of expression of UL138 on total cellular plasma-membrane associated proteins in mononcytic cells were comprehensively analysed by stable isotope labelling with amino acids in cell culture (SILAC) [71]. Amongst the most robust changes in cellular protein expression resulting from UL138 expression was the downregulation of the multidrug resistance protein 1 (MRP-1) [71]. Aside from its function as a drug transporter, MRP-1 is also associated with the regulation of myeloid differentiation and dendritic cells (DCs) [83, 84]. Although a role for the downregulation of MRP-1 during HCMV latent infection is far from clear, the drug transporter function of this cellular protein makes it a reasonable target for intervention in latency with potential for experimental investigation using specific drugs [71]. In myeloid cells, MRP-1 can function to transport toxic drugs, such as the vinca alkaloid vincristine, out of the cell. On this basis, the downregulation of MRP-1 in latently infected CD34+ cells should make these cells more prone to killing with vincristine. Consistent with this, treatment of both experimentally latently infected CD34+ cells and naturally latent monocytes from a cohort of seropositive donors with vincristine led to the specific killing of latently infected cells. As expected, this also led to a profound reduction in reactivation of virus from these drug-treated cells [71].

Clearly, these preliminary results will clearly need verification in the clinical setting. Similarly, vincristine is a toxic drug and might only be considered as an experimental treatment of last resort. However, if less toxic derivatives of vincristine could be developed which also cleared latently infected cells experimentally, it may be that a seropositive recipient could be prophylactically treated to clear or at least reduce their latent HCMV load, prior to any immunosuppression.

Regardless, these data clearly show a robust proof of principle that latent HCMV infection of myeloid cells results in phenotypic changes in the cell which may make them therapeutically targetable and opens up the possibility that such strategies could be developed either to clear latently infected cells from CD34+ cells prior to engraftment or to reduce the latent load of transplant recipients pretransplant to diminish levels of host virus reactivation upon immune suppression.

4. Avenues for Future Investigation

The long-term aims of our laboratory have been to try to gain a full understanding of host/pathogen interactions during HCMV latent infection and these studies have helped to identify a number of major changes in cell gene expression resulting from latent carriage. Such studies have allowed us to start developing novel therapeutic strategies to target these latency-associated changes in cell phenotype with a serious view to clearing latent infection, at least in some clinical settings. It would clearly be difficult to advocate such treatment in the healthy immune competent individual and with other herpesviruses such as EBV it is arguable whether this could be achieved [85] although multiple strategies have been posited to target latent viral functions in EBV-associated malignancies [86]. However, with HCMV, these interventions may be opportune in the context of transplant-mediated reactivation where sufficient reduction in latent load of the virus in the graft, or in the recipient prior to transplant, could reduce levels of reactivation sufficiently to reduce disease in such an immune-suppressed setting.
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**Conflicts of Interests**

The authors declare that there is no conflict of interests regarding the publication of this paper.

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