Spiral density waves and vertical circulation in protoplanetary discs

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ABSTRACT
Spiral density waves dominate several facets of accretion disc dynamics – planet-disc interactions and gravitational instability (GI) most prominently. Though they have been examined thoroughly in two-dimensional simulations, their vertical structures in the non-linear regime are somewhat unexplored. This neglect is unwarranted given that any strong vertical motions associated with these waves could profoundly impact dust dynamics, dust sedimentation, planet formation, and the emissivity of the disc surface. In this paper, we combine linear calculations and shearing box simulations in order to investigate the vertical structure of spiral waves for various polytropic stratifications and wave amplitudes. For sub-adiabatic profiles, we find that spiral waves develop a pair of counter-rotating poloidal rolls. Particularly strong in the non-linear regime, these vortical structures issue from the baroclinicity supported by the background vertical entropy gradient. They are also intimately connected to the disc’s g modes which appear to interact non-linearly with the density waves. Furthermore, we demonstrate that the poloidal rolls are ubiquitous in gravitoturbulence, emerging in the vicinity of GI spiral wakes, and potentially transporting grains off the disc mid-plane. Other than hindering sedimentation and planet formation, this phenomena may bear on observations of the disc’s scattered infrared luminosity. The vortical features could also impact on the turbulent dynamo operating in young protoplanetary discs subject to GI, or possibly even galactic discs.

Key words: accretion, accretion discs – turbulence – waves – protoplanetary discs.

1 INTRODUCTION

Spiral density waves participate in several processes controlling the evolution and structure of accretion discs. They transport appreciable angular momentum, while also actively changing the observable structure of the system. Waves can also serve as diagnostics, telling us information about the disc and the perturbers that generate them. Spiral waves have been directly observed in various gaseous protoplanetary (PP) discs (e.g. MWC 758, HD 142527, HD 135344B, Elias 2-27; Grady et al. 2013; Christiaens et al. 2014; Stolker et al. 2016; Pérez et al. 2016), and may be excited by a secondary body or a massive planet forming in situ (Goldreich & Tremaine 1979; Lin & Papaloizou 1979; Ward 1986), by gas inflow from an external envelope (Lesur, Hennebelle & Fromang 2015), or by gravitational instability (GI) (Toomre 1964; Gammie 2001; Durisen et al. 2007). In particular, 50 per cent of Class I PP discs and 20 per cent of Class II are believed to be gravitationally unstable (Tobin et al. 2013; Mann et al. 2015), which suggests that spiral waves certainly prevail during the early life of such objects.

Recent observations of PP discs in scattered light indicate that micron-size dust is dispersed over a large range of altitudes (typically three or four disc height scale) in the vicinity of spiral arms (Perrin et al. 2009; Benisty et al. 2015). In addition, direct mapping of gas emission and velocity dispersion in CO reveal complicated structures within the spiral wave (Christiaens et al. 2014). Vertical circulation associated with the waves or turbulence arising from instabilities (Bae, Nelson & Hartmann 2016; Riols, Latter & Paardekooper 2017) might account for the observations because these motions could induce a vertical diffusion of small dust particles. This mixing will also impede dust concentration and sedimentation, necessary ingredients in planet formation (Chiang & Youdin 2010). Note that most disc models that describe the launching of spiral waves by embedded planets (Dong et al. 2015; Zhu et al. 2015) neglect the effect of dust circulation or mixing when estimating the wave contrast in scattered light, possibly resulting in an overestimation of the planet mass.

This paper is devoted to exploring the properties and origin of the vertical motions associated with 3D non-linear spiral density waves. We focus especially on the role of the disc thermodynamics and the context of GI turbulence. The 3D structure of spiral waves has been extensively studied in the framework of linear theory (Loska 1986; Lubow & Pringle 1993; Korycansky & Pringle 1995;
To study the spiral waves dynamics, we use a local Cartesian model.

2.1 Governing equations

In this model, the differential rotation is approximated locally by a linear shear flow and a uniform rotation rate $\mathbf{\Omega} = \Omega \mathbf{e}_z$, with shear rate $\Sigma = -(3/2) \Omega$ for a Keplerian equilibrium. We denote $(x, y, z)$ as the shearar, streamwise, and spanwise directions, respectively, corresponding to the radial, azimuthal, and vertical directions. We refer to the $(x, z)$ projections of vector fields as their poloidal components. In most of the simulations, we assume that the gas orbiting around the central object is ideal, its pressure $P$ and density $\rho$ are related by $\gamma P = \rho c_s^2$, where $c_s$ is the speed sound and $\gamma = 5/3$ is the ratio of specific heats (an isothermal gas with $\gamma = 1$ will be occasionally used, in particular in Section 4.2.1). We also denote by $S = c_s \ln(P/\rho^\gamma)$ the entropy of a fluid element with $c_s$ as the heat capacity at constant volume. The evolution of density $\rho$, total velocity field $\mathbf{v}$, and pressure $P$ is as follows:

\[
\frac{\partial \rho}{\partial t} + \nabla \cdot (\rho \mathbf{v}) = 0, \\
\frac{\partial \mathbf{v}}{\partial t} + \mathbf{v} \cdot \nabla \mathbf{v} + 2\mathbf{\Omega} \times \mathbf{v} = -\nabla P - \frac{\nabla P}{\rho}, \\
\frac{\partial P}{\partial t} + \nabla \cdot (P \mathbf{v}) = -P(\gamma - 1)\nabla \cdot \mathbf{v} - \Lambda^-.
\]

In the shearing sheet model, the total velocity field can be decomposed into a mean shear and a perturbation $\mathbf{u}$:

\[
\mathbf{v} = -\frac{3}{2} \mathbf{x} \mathbf{e}_y + \mathbf{u}.
\]

$\Phi$ is the sum of the tidal gravitational potential induced by the central object in the local frame $\Phi_c = \frac{1}{2} \Omega^2 z^2 - \frac{1}{2} \Omega^2 x^2$ plus an additional term, which can be either an external potential $\Phi_{ext}$ (see Section 4) or the gravitational potential induced by the disc itself $\Phi_1$ (see Section 5) which satisfies the Poisson equation

\[
\nabla^2 \Phi_1 = 4\pi G \rho.
\]

In the energy equation, we introduce a cooling term $\Lambda^-$, necessary to simulate a gravito-turbulent disc in Section 5. We neglect viscosity and thermal conductivity. Finally, $\Omega^{-1} = 1$ defines our unit of time and $H_0$ is the unit of length. $H_0$ is the standard hydrostatic disc scale height defined as the ratio $c_s/\Omega$, where $c_s$ is the mid-plane sound speed.

2.2 Vorticity equation and baroclinicity

To study the geometry of the flow associated with spiral waves, the most useful quantity is the vorticity:

\[
\omega = \nabla \times \mathbf{u}.
\]

In this paper, we mainly focus on the vortex dynamics in the poloidal plane which is quantified by the $y$-component of $\omega$. The equation governing the dynamics of $\omega_y$ in the rotating frame is

\[
\frac{D\omega_y}{Dt} = -\omega_x (\nabla \cdot \mathbf{u}) + [(\omega + 2\Omega \mathbf{e}_z) \cdot \nabla] u_y + \frac{(\nabla P \times \nabla P)}{\rho^2},
\]

where $D/Dt$ denotes the Lagrangian derivative. On the right-hand side, the different terms from left to right correspond to the stretching by compressible motions, incompressible gradients, and baroclinicity. The last term is due to a misalignment of density and pressure gradient in the poloidal plane. If initially the gas is adiabatic with $P \propto \rho^\gamma$ and does not dissipate energy into shocks during its evolution, then it remains barotropic. Note that the baroclinic term can be rewritten as the cross product of temperature and entropy gradients $\nabla T \times \nabla S$. To produce baroclinic flows, entropy has to be added to the system, via shocks or other dissipative processes.

2.3 Background equilibrium

In Sections 3 and 4, we neglect self-gravity and assume that waves propagate through a polytropic disc equilibrium, in which the pressure is given by

\[
P = K \rho^{1+1/\gamma}, \quad \text{with} \quad K = \frac{c_s^2}{\gamma \rho_0^{1/\gamma}},
\]

where the subscript ‘0’ denotes the quantities in the mid-plane. We emphasize that this polytropic relation is adopted only as an
initial equilibrium and does not account for the equation of state. The case $\gamma = 1, s = \infty$ corresponds to an isothermal atmosphere. An adiabatic atmosphere corresponds to $\gamma = 1 + 1/s = 5/3$ (i.e., $s = 3/2$), while for a general polytrope with stable stratification, we have $s < 3/2$. The entropy gradient is zero in the adiabatic case, while in the polytropic case it is related to the Brunt–Väisälä frequency $N^2$ through

$$\frac{d\gamma}{dz} = \frac{c_V^2 N^2}{g(z)} = c_V (1 + 1/s - \gamma) \frac{d \log \rho}{dz}.$$  \hspace{1cm} (9)

Taking a general vertical gravity $g(z)$ and applying the vertical hydrostatic balance, the density profile of the equilibrium can be integrated analytically

$$\rho(z) = \rho_0 \left(1 - \frac{1/s}{(1 + 1/s) \Omega_z^2} \int_0^z \left| g(z) \right| \, dz \right)^s.$$  \hspace{1cm} (10)

For almost all cases considered, we use the thin disc approximation, for which the vertical gravity induced by the central object is

$$g(z) = \Omega_z^2 z.$$  \hspace{1cm} (11)

Fig. 1 shows some density profiles corresponding to the isothermal case, to $s = 3/2$, and to $s = 20$. Note that for an isothermal equation of state, equation (10) does not apply and the profile is the classical Gaussian $\exp(-z^2/H_0^2)$. For the other profiles, the density goes to 0 at a finite distance $H_0 = \sqrt{2(s + 1)/\gamma} H_0$ from the mid-plane.

2.4 Numerical methods

In Section 3, we linearize equations (1)–(3) and solve for the free axisymmetric modes by using an eigensolver based on a Chebyshev collocation method on a Gauss–Lobatto grid. This method results in a matrix eigenvalue problem that can be solved using the QZ algorithm (Golub & Van Loan 1996; Boyd 2001). Numerical convergence is guaranteed by comparing eigenvalues at different grid resolutions and eliminating the spurious ones. We apply a free surface boundary condition at the vertical domain boundaries $z = L_z/2$ and $-L_z/2$ with zero Lagrangian pressure, as in Korycansky & Pringle (1995, hereafter KP95). We tested our solver by comparing eigenvalues and eigenfunctions with those of KP95 and found very good agreement; in addition some of the calculations were repeated with a shooting method similar to that of KP95.

In Sections 4 and 5, direct simulations of equations (1)–(3) are performed using the Godunov-based PLUTO code (Mignone et al. 2007). The numerical scheme employs a conservative finite-volume method that solves the approximate Riemann problem at each inter-cell boundary. Our simulations are computed in a shearing box of size $(L_x, L_y, L_z)$ and resolution $(N_x, N_y, N_z)$. Note that because PLUTO conserves the total energy, the heat equation (3) is not solved directly. The code, consequently, captures the irreversible heat produced by shocks due to numerical diffusion, consistent with the Rankine-Hugoniot conditions. Boundary conditions are periodic in $y$ and shear-periodic in $x$. In the vertical direction, we use a standard outflow condition for the velocity field but compute a hydrostatic balance in the ghost cells for pressure. As the problem studied varies from Section 4 to Section 5, more details about box size, resolution, initialization, and other parameters are given in the corresponding sections.

3 LINEAR AXISYMMETRIC THEORY AND ROLL STRUCTURE

In order to set the scene, this section briefly revisits the linear theory of unforced axisymmetric waves in a polytropic disc without self-gravity and highlights their vertical structure. Though obviously not spiral waves, they encapsulate most of the physics we are interested in, especially when in the tightly wound limit. Direct connections with simulated spiral density waves will be made in Section 4.

We denote by $\rho_c(z)$ and $P_c(z)$ the equilibrium profiles of density and pressure, defined in Section 2.3. We add density, velocity, and pressure perturbations of the form $\{\delta \rho(z), \delta u(z), \delta P(z)\} \exp(ik \cdot x - i\omega t)$. The densities (background and perturbations) are then normalized by the mid-plane density $\rho_0$, velocities by the uniform sound speed $c_0$, and pressure by $\rho_0 c_0^2$. Finally, we introduce the dimensionless wave frequency $\tilde{\omega} = \omega/\Omega$ and wavelength $\tilde{k} = k H_0$ with $H_0 = c_0 \Omega/\omega$. The linearized and normalized system of equations reads

$$-i\tilde{\omega} \hat{\rho} + i \tilde{k} \hat{\rho} \hat{u} + \frac{d}{dz}(\hat{\rho} \hat{u}) = 0,$$  \hspace{1cm} (12)

$$\rho_e(-i\tilde{\omega} \hat{u} - 2\hat{P}) = -i\tilde{k} \hat{P},$$  \hspace{1cm} (13)

$$\rho_e \left(-i\tilde{\omega} \hat{u} + \frac{1}{2} \hat{\rho} \right) = 0,$$  \hspace{1cm} (14)

$$\rho_e(-i\tilde{\omega} \hat{u}) = -\frac{d}{dz} \hat{P} - \hat{\rho} \tilde{k},$$  \hspace{1cm} (15)

$$-i\tilde{\omega} \hat{P} + i \tilde{k} \hat{P} \hat{u} + \frac{d}{dz}(\hat{P} \hat{u}) = -\hat{P}_e(\gamma - 1) \left(\frac{d \hat{u}}{dz} + i \tilde{k} \hat{u}\right).$$  \hspace{1cm} (16)

Solutions to these equations have been obtained by KP95 and Ogilvie (1998). The system supports three solution families: one at ‘low’ frequency with $\tilde{\omega} < 1$, which corresponds to inertial modes (r modes), and two at ‘high’ frequency with $\tilde{\omega} > 1$, which correspond to acoustic modes (p modes) and buoyancy modes (g modes). Each family is composed of a countable set of branches, where each branch is labelled by an integer $n$ characterizing the mode vertical
Figure 2. Top: Frequencies of the fundamental axisymmetric $p$ mode and $g$ mode ($n = 0$) as a function of the polytropic index $s$ and for $k_x = (\pi/3)H_0^{-1}$. Bottom: Density and poloidal streamlines of the fundamental axisymmetric $p$ mode in an adiabatic atmosphere ($s = 3/2$) for the same $k_x$. The density shown here is $\rho_e + 0.6\dot{\rho}$.

wavenumber. The two fundamental even $n = 0$ and odd $n = 1$ $p$ modes are often referred as $f$ modes or free surface oscillations, though they are also the 3D manifestation of 2D density waves and their properties are very different from the stellar $f$ modes (KP95; Mamatsashvili & Rice 2010).

We focus on the $n = 0$ fundamental $p$ and $g$ modes for a wavenumber $k_x = \pi/3$; thus the waves are radially large scale. The heat capacity ratio is set to $\gamma = 5/3$. The numerical domain extends from $z = 0$ to $z = L_z = H_c = \sqrt{2(s+1)/\gamma}$, the latter corresponding to the disc surface beyond which $\rho_e$ and $P_e$ are precisely 0. The eigenfunctions are resolved by 300 points in the $z$-direction.

Fig. 2 (top) shows the angular frequencies of the fundamental $n = 0$ $p$ mode (blue curve, upper branch) and $g$ mode (green curve, lower branch) as a function of the polytropic index $s$. We first analyse the $p$ mode in the adiabatic case $s = 3/2$ (yellow diamonds on the top branch). Fig. 2 (bottom) shows the total density (background plus perturbations) and the poloidal streamlines associated with the eigenmode. The streamlines show non-circulating vertical motions, which can be interpreted as a free surface oscillation characteristic of the large-scale density wave. We should emphasize at this point that streamlines are not pathlines, and so the fluid displacements associated with the waves will be small on account of them being in the (low-amplitude) linear regime.

We next plot the shape of the fundamental $p$ and $g$ modes for $s = 4$ (black markers in Fig. 2). Appearing in Fig. 3 are the normalized eigenfunctions for both modes and in Fig. 4 (top), the total density and poloidal streamlines of the corresponding mode. Clearly, the $p$ mode has the same shape as in the adiabatic case, while the $g$ mode exhibits roll structures located below the disc surface. Fig. 3 (bottom) shows that the same behaviour is obtained for larger $s \approx 20$. We remind the reader that self-gravity has been omitted in these calculations. We checked independently that these structures are also obtained when solving for the linear $g$ modes of a self-gravitating disc with Toomre $Q = 1.6$.

In conclusion, low amplitude axisymmetric waves exhibit vertical circulation (rolls) in the sub-adiabatic regime. These are most pronounced in the profiles of the (stable) $g$ modes, whereas the modes associated with low-amplitude density waves do not exhibit such vertical structures.

4 Vertical Structure of Spiral Waves Forced by a Potential

In this section, we treat forced, non-axisymmetric, and highly nonlinear waves, such as those excited by tidal interactions or GI. For that purpose, we simulate in the shearing box the behaviour of individual 3D spiral waves excited by an external potential.

4.1 Simulation set-up and wave excitation

In order to characterize the fundamental motions associated with these waves, we restrict ourselves to a simple configuration, omitting self-gravity and retaining very basic thermodynamics (no cooling law). Our box spans $10H_0$ in the radial and azimuthal directions, and $\pm 3H_0$ in the vertical direction. We start the simulations with different hydrostatic equilibria: isothermal, adiabatic, and polytropic (described in Section 2.3). Note that in the case of an adiabatic profile, $H_0 \approx 1.73H_0$ is small compared to the vertical extent of the simulation domain $z = \pm 3H_0$, meaning that in most of the boxes the density is strictly zero, a numerical difficulty. One way to circumvent this problem is to impose a density floor beyond the altitudes $\pm H_0$. But doing so generates a strong shock associated with falling material. This shock produces a spurious entropy gradient capable of artificially producing vertical rolls. A better alternative
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Figure 4. Density and poloidal streamlines of the fundamental axisymmetric p mode (left) and g mode (right) for \( k_x = (\pi/3)H_0^{-1} \). Top panels are for \( s = 4 \) while bottom panels are for \( s = 20 \). The density shown here is \( \rho_e + 0.6\tilde{\rho} \).

The non-axisymmetric waves excited are not periodic solutions of the fluid equations, but are rather dynamical. They are first amplified by the potential during their leading phase \( [k_x(t)ky] < 0, \) between \( t = 0 \) and \( t = S^{-1}L_y/L_x = 2/3\Omega^{-1} \) and then become trailing. After a few \( \Omega^{-1} \), they reach a maximum and then decay because of the shear and numerical dissipation. An example spiral wave is shown in Fig. 5 at \( t = 2.5\Omega^{-1} \) (during the late trailing phase), for a disc polytropic index \( s = 20 \) and a forcing amplitude \( A = 0.25 \).

4.2 Linear regime

We first perform simulations of 3D spiral waves in the linear regime, with a weak forcing \( A = 0.05 \) and a resolution \( N_x = N_y = 128 \) and \( N_z = 256 \).
4.2.1 Isothermal

When using an isothermal equation of state and an initial Gaussian hydrostatic profile, the forced spiral waves exhibit a relatively simple vertical structure. Their poloidal motion consists of simple compression/expansion and the streamlines remain purely horizontal, as shown in the top left corner of Fig. 6. [Higher order $p$ mode harmonics (larger $n$) display non-negligible vertical displacements but these do not emerge naturally from a pure horizontal forcing, nor could be classified as ‘density waves’.] If we leave aside the non-axisymmetry, the mode forced here is similar to the free 2D acoustic–inertial mode $n = 0$, which is the first mode that becomes unstable to GI in isothermal disc (see appendix B in Riols et al. 2017).

4.2.2 Adiabatic

In contrast to the isothermal case, waves in an adiabatic stratification (with $s = 3/2$) rapidly develop vertical motions. Between $t = 0$ and $2\Omega^{-1}$, the gas undergoes vertical ascending motion at the radius where the density is maximum and a descending motion where it is minimum (see centre left-hand panel of Fig. 6). The flow configuration resembles that of the unforced axisymmetric wave (see bottom panel of Fig. 2 for a comparison). In the highly compressed region $\nabla \cdot \delta u < 0$ and the pressure work is positive. It induces a $\delta P > 0$ with positive vertical gradient $\nabla \delta P > 0$, making the flow rise up. On the other hand, in the expanding region, $\nabla \cdot \delta u > 0$ and the pressure fluctuation is negative but smaller in the corona. In this case, the pressure difference drives the flow towards the mid-plane. It must be said, however, that it is inappropriate to designate the motion as ‘circulating’ because the flow does not form closed loops and turns parallel at large $z$.

Ultimately, after $t = 2\Omega^{-1}$ (not shown here), the topology of the flow alters and the streamlines change their orientation because the gas expands in the densest regions. In the bulk of the disc ($z < H_0$), the vertical motions become orientated towards the mid-plane. All streamlines converge to the same point which corresponds to the density minimum. We checked that no vortical structure appears during the late trailing phase of the linear wave.

4.2.3 Sub-adiabatic

Fig. 6 (bottom left) shows the poloidal streamlines for $s = 20$, which corresponds to a sub-adiabatic stratification. This profile mimics a disc in which the corona is heated by an external source or by turbulent motions rather than pressure work. As we will show later in Section 5, it adequately describes simulations of GI turbulent discs, which usually show flat temperature profiles.

In this regime, we found that in the linear regime, spiral waves exhibit large-scale poloidal rolls, orbiting or spiralling towards a central point. Each density maximum is surrounded by four counter-rotating cells, symmetric about the mid-plane. These coherent motions are maintained for $\sim 1\Omega^{-1}$. By scanning other polytropic indices, we found that proper rolls (with closed streamlines) also emerge for smaller $s$.

The vortical structures are similar to those exhibited by the unforced linear axisymmetric g modes ($m = 0$; see Fig. 4 for comparison). Note however that the density maxima in the simulated
Figure 6. Poloidal structure of spiral density waves in the isothermal (top), adiabatic (s = 3/2, middle), and sub-adiabatic atmosphere (s = 20, bottom). The amplitude of the forcing in the left-hand panels is $A = 0.05$ (linear forcing). In the right-hand panels, this amplitude is larger, $A = 0.4, A = 1, A = 0.25$ from top to bottom, respectively (non-linear forcing). The colour map indicates the density while the cyan curves are the streamlines in the poloidal plane. Snapshots are taken at $t \approx 2.5 \Omega_1^{-1}$.

forced waves are located at the intersections of the rolls, but not in the unforced (free) linear axisymmetric calculation. Our explanation is that the gravitational forcing excites both the fundamental p mode (density waves) and the fundamental g mode. The density patterns are mainly due to the p mode while the velocity components above the mid-plane are the expression of the g mode. These two superimposed modes possibly interact weakly with each other via non-linear terms, providing the observed shape. The phase lag may result from this weak coupling. The physical origin of the rolls is discussed in Section 4.4.

4.3 Non-linear regime

We now explore strongly non-linear waves, for which the amplitude $A$ is adjusted in order to obtain a local Mach number $u/c_s$ larger than 1. We keep the same resolution as in the previous section.
In the pure isothermal case, increasing the amplitude of the forcing potential does not help the formation of vertical structures. For an amplitude $A \simeq 0.4$, Fig. 6 (top right) shows that the streamlines, projected in the poloidal plane, remain horizontal.

In the adiabatic atmosphere, we examine two forcing amplitudes: $A = 0.4$ and $A = 1$. Fig. 6 (centre right-hand panel) reveals that for a large amplitude $A = 1$, the vertical wave structure at $t = 2.5 \Omega^{-1}$ is more complex than in the linear regime. A pair of rolls is produced and take the form of butterfly wings. However, the latter remain relatively short-lived and are less developed than in the linear sub-adiabatic regime. Fig. 7 (top panels) shows the streamlines before and after $t = 2.5 \Omega^{-1}$. As the flow rises up during the early trailing phase (left-hand panel), a shock forms and deflects the streamline, producing vorticity (see next section). Later (right-hand panel), the shock has been advected by the ascending flow. Therefore, the post-shock region (or downstream velocity) is located above, where the gas expands.

4.4 Physical origin of the rolls

In the adiabatic case, rolls appear only if the local Mach number of the wave exceeds unity. Fig. 7 shows the poloidal streamlines (top panels) at two successive times, $t = 2.4$ and $t = 2.7 \Omega^{-1}$, when the forcing is $A = 1$. In the left-hand panel, a shock is clearly visible and separates the expanding region (where the flow rises up) and the compressed region (where the flow converges towards the density maximum). Observe that the shock is not fixed but advected by the ascending flow. The bottom panels of Fig. 7 shows the vorticity and orientation of the entropy (black lines) and temperature (white lines) gradients. Vorticity is produced across the entropy jump at the shock interface. The misalignment between entropy and temperature gradients in the post-shock region contributes also to the vorticity production in this region via the baroclinic term $\nabla S \times \nabla T$ (see equation 7). The other terms in equation 7 are subdominant during this phase. In summary, rolls motions are driven by a non-linear baroclinic effect, mediated by the entropy production across the shock wave.

In the sub-adiabatic case, the mechanism differs, since rolls emerge even in the linear theory; we argued in Section 4.2.3 that they are the signatures of large-scale $g$ modes excited alongside the density wave. But what is the physical mechanism driving these rolls? Fig. 8 (top) shows that for a small forcing amplitude $A = 0.05$,
5 SPIRAL WAVES IN GRAVITO-TURBULENT DISCS

In this section, we study the vertical dynamics of spiral density waves excited by GI. Our goal is to check if the vertical motions described in the previous section are robust and can be obtained in a turbulent background with cooling typical of young PP discs.

5.1 Initial condition and simulation set-up

To begin, we performed a turbulent disc simulation with GI. The simulation is initialized from a 3D gravito-turbulent state obtained from Riols et al. (2017) (the run is labelled PL20-512 in the corresponding paper). We remind the reader that self-gravity is computed by solving the Poisson equation numerically (equation 5). To solve this equation, we perform a decomposition of the density and potential in 2D Fourier space \((k_x, k_z)\) for each slice in \(z\). The boundary conditions in the vertical direction are non-periodic and given in Riols et al. (2017). The vertical domain extends from \(-3H_0\) to \(3H_0\), and the horizontal box size is \(L_x = L_z = 20H_0\). The resolution is \(512 \times 512 \times 64\), so that one scale height is resolved by \(\sim 26\) points. To make a steady gravito-turbulent state possible, we introduced a cooling law \(\Lambda^- = P/\tau_c\) in the internal energy equation (3), where \(\tau_c = 20\Omega^{-1}\) is a typical time-scale referred to as the ‘cooling time’. This prescription is not necessarily realistic but allows us to control the rate of energy loss via a single parameter.

5.2 Spiral waves and vertical rolls

The gravito-turbulent simulation describes a flow composed of large-scale spiral density waves, small-scale incompressible waves, and clumpy structures. We focus here on the dynamics around one spiral wave chosen randomly within the turbulent flow. Fig. 9 shows the 3D topology of the streamlines around this spiral wave. The density wake can be seen in the coloured rendering of the density \(\rho\) in the top panel, which appears bright and pale when high, and dark in more evacuated regions. Superimposed upon the wake are the flow streamlines coloured according to the magnitude (and sign) of \(v_z\). The bottom panel is a poloidal cut of the same wake, with the red straight line indicating the mid-plane and the green straight line the vertical axis. The green axis cuts through the centre of the density wake in the upper panel.

In the bottom panel, we can clearly distinguish on the left of the density wake two (somewhat tangled) large rolls, with streamlines forming closed loops. The sign of \(v_z\) indicates that the upper roll rotates counter-clockwise, while the lower roll rotates clockwise. Both are of scale \(H\) and symmetric (on average) about the mid-plane. On the right of the density wake, the flow is much more disorganized but again one can discern two roll-like structures; they are fainter and rotating in the opposite direction. Overall, the streamlines form a pattern similar to those depicted in Figs 5 and 6 (bottom). They are however more disorganized, somewhat understandably, as they emerge from a turbulent background.

To make a comparison with our simple atmosphere model of Section 4, we estimate the typical index \(s\) measuring the disc stratification in our GI simulations. Fig. 10 shows the mean vertical pressure profile \(\bar{P}\) as a function of the mean density profile \(\bar{\rho}\), in logarithm scale. Each profile is averaged over time, \(x\) and \(y\). The result shows a clear linear trend, suggesting that the polytropic model is an excellent fit to the mean gravito-turbulent vertical structure. The slope of the curve gives \(1 + 1/s \approx 1.05\), i.e. \(s \approx 20\), which is the polytropic index used in Section 4. Therefore, there is clear indication that the vertical rolls are driven by the vertical entropy gradient naturally generated by the turbulent motions in these discs. However, we emphasize that this gradient might be sensitive to the cooling law and numerical details of the simulations. It is probably an underestimate, given that a real disc is usually irradiated by far-ultraviolet (FUV) radiation, X-rays, and cosmic rays, physics that is not taken into account in our simulations.
Figure 9. Streamlines associated with a spiral wave in a shearing box simulation of GI. The top panel is a view from the top (looking down to the mid-plane) while the bottom panel is a poloidal cut (view from the disc mid-plane) with the angular momentum vector pointing upward. The red line in the bottom panel indicates the mid-plane $z = 0$. The colour of the streamlines represents in both cases the amplitude of the velocity component $v_z$. 

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Finally, we checked that these structures appear in other spiral arms and occur frequently in the simulation. We point out that the roll structures do not survive more than a few \( \Omega^{-1} \), and die once their parent density waves break down. The rolls motions are transonic and represent a large fraction of the rms velocity. They account for most of the vertical kinetic energy in the disc corona and are clearly responsible for the increase of both the rms radial and vertical velocity with altitude [see fig. 2 of Riols et al. (2017)]. Note that in addition to the large-scale rolls, a small-scale vertical component arising from a parametric instability has been also identified in this simulation (see Riols et al. 2017).

6 DISCUSSION AND CONCLUSIONS

In summary, we have shown using shearing-box simulations that large-scale spiral waves in astrophysical discs exhibit vertical and vortical gas motions of size comparable to the disc height scale. For an adiabatic atmosphere \( 1 + 1/s = \gamma = 5/3 \), these structures appear if the wave achieves shock amplitudes, but they are rather difficult to produce and have a short lifetime. When the polytropic index is lower \( (1 + 1/s < \gamma) \), vortical structures are much easier to trigger: they appear even in the subsonic regime and live longer. In this case, the flow is characterized by four counter-rotating cells, symmetric about the mid-plane, potentially transporting material from over-dense regions towards the surface. These structures are enhanced in the non-linear regime and penetrate to the mid-plane. Finally, we found that roll motions are ubiquitous in gravito-turbulent disc simulations and are clearly related to the spiral wave dynamics induced by the GI. They appear to resist the small-scale turbulent background characterizing these types of flows (see Riols et al. 2017).

We investigated the origin of these motions and found that they issue from the baroclinicity possible in the system. The effect is enhanced if the disc is sub-adiabatic (stably stratified) with a large-scale (stable) entropy gradient. In contrast, rolls in adiabatic discs require sufficiently large wave amplitudes and associated shocks. Our semi-analytic and linear axisymmetric calculations reveal that the rolls are associated with the fundamental (buoyancy) g mode, which appears to emerge alongside the density wave. The alternative mechanisms mentioned in the introduction (vertical breathing/splashing, convection) might be also relevant for the spiral wave dynamics but are not essential in the production of rolls of typical size \( \gtrsim H \).

Our results have several implications for young PP discs especially. Poloidal rolls may convey small grains (with stopping times much less than \( \Omega^{-1} \)) as far as the corona if the associated density waves are of sufficient amplitude and live sufficiently long. Obviously, this physics could bear directly on dust concentration and sedimentation processes in those PP discs subject to GI or disturbances originating from embedded planets and binary companions. In particular, vertical circulation may interfere with dust agglomeration in gravitoturbulence. Current simulations of GI-induced filamentary structure are 2D (Gibbons, Rice & Mamatsashvili 2012; Gibbons, Mamatsashvili & Rice 2014, 2015; Shi et al. 2016) and cannot describe the 3D vertical circulation revealed here. Quite separately, dust can also be mixed in the upper atmosphere by a parametric instability attacking the spiral waves themselves (Bae et al. 2016; Riols et al. 2017), and this could also affect the agglomeration process.

The roll motions could have an indirect impact on the scattered infrared luminosity measured from observations. If the vertical lofting is efficient, dust may settle above the spiral patterns at the disc surface, altering its emission properties. In discs with an embedded planet this could bear on the estimation of the density contrast of the spiral arm and the subsequent inference of the planet’s mass (see Juhász et al. 2015, for more details on the original problem). We, however, emphasize that there are two main caveats to this effect. First, there is generally a relative azimuthal velocity between dust particles and the spiral wave front. In that case, the lift will be significant if the time dust spends within the spiral structure is comparable to the rolls’ turnover time. This is probably true in the co-rotation region of the spiral wave (near the planet) but less obvious further away where the relative azimuthal velocity between dust particles and the wave front is significant. In gravitoturbulence, this issue is probably less important since spiral waves are almost corotating with the disc and are excited almost uniformly in the unstable region. Secondly, we stress that streamlines are different than pathlines. For instance, in the linear regime, the motion of a test particle does not follow the vertical rolls and by definition, has only a small displacement. Thus, the wave needs to be sufficiently strong for the dust to rise. To quantify these different effects and make more accurate predictions, simulations of the dust–gas interaction in the vicinity of spiral waves or in 3D gravitoturbulence need to be performed and will be the object of a future paper.

A final application of this result is to the question of large-scale magnetic field generation in astrophysical discs generally. Recent simulations by Riols & Latter (2018) revealed that the spiral wave dynamics induced by GI can act as a powerful dynamo. The four counter-rotating roll motions identified in this study (combined with the shear) provide large-scale helicity and hence may efficiently amplify a seed magnetic field. In fact, the velocity structures are similar to the Ponomarenko or Roberts flows, which are known to provide kinematic dynamo action. One could then imagine a large-scale dynamo based on the successive action of spiral waves, although further work is required to understand if such a dynamo could work in gravito-turbulent discs, especially in the presence of the non-ideal magnetohydrodynamic regimes relevant for PP discs.
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