

Martingale defocusing and transience of a self-interacting random walk

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Abstract

Suppose that (X, Y, Z) is a random walk in \mathbb{Z}^3 that moves in the following way: on the first visit to a vertex only Z changes by ± 1 equally likely, while on later visits to the same vertex (X, Y) performs a two-dimensional random walk step. We show that this walk is transient thus answering a question of Benjamini, Kozma and Schapira. One important ingredient of the proof is a dispersion result for martingales.

Supposons que (X, Y, Z) soit une marche aléatoire dans \mathbb{Z}^3 qui se déplace de la façon suivante : à la première visite en un site, seule la coordonnée Z saute de ± 1 avec probabilité uniforme, et aux visites suivantes en ce site (X, Y) effectue un saut dans l'ensemble $\{(\pm 1, 0), (0, \pm 1)\}$ avec probabilité uniforme. Nous montrons que cette marche est transiente, répondant ainsi à une question de Benjamini, Kozma et Schapira. Un ingrédient important de la preuve est un résultat de dispersion pour les martingales.

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1 Introduction

In this paper we study the following self-interacting random walk (X, Y, Z) in \mathbb{Z}^3 . On the first visit to a vertex only Z changes by ± 1 equally likely, while on later visits to the same vertex (X, Y) performs a two dimensional random walk step, i.e. it changes by $(\pm 1, 0)$ or $(0, \pm 1)$ all with equal probability. This walk was conjectured in [7] to be transient.

This model fits into the wider class of excited random walks which were first introduced by Benjamini and Wilson [8]. They study walks that on the first visit to a vertex in \mathbb{Z}^d have a bias in one direction while on later visits they make a simple random walk step. There has been a lot of active research in this type of model; see the recent survey [12] and the references therein.

Another process of this flavour was analysed in [17]; suppose that μ_1, μ_2 are two zero-mean measures in \mathbb{R}^3 and consider any adapted rule for choosing between μ_1 and μ_2 . By adapted rule, we mean

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that the next choice every time depends on the history of the process up to this time. In [17] it was proved that if the support of each measure spans the whole space (and $2 + \beta$ moment, for some $\beta > 0$), then for any adapted rule, the resulting walk in \mathbb{R}^3 is transient. In [18] transience and recurrence properties and weak laws of large numbers were also proved for specific choices of one-dimensional measures; for instance when μ_1 is the distribution of simple random walk step and μ_2 the symmetric discrete Cauchy law.

A larger class of such processes are the so-called self-interacting random walks, which are not Markovian, since the next step depends on the whole history of the process up to the present time. For instance the edge or vertex reinforced random walks have attracted a lot of attention, see e.g. [2, 4, 10, 15, 16, 19, 20, 21].

Theorem 1.1. *Let $W_t = (X_t, Y_t, Z_t)$ be a random walk in \mathbb{Z}^3 such that on the first visit to a vertex only Z_t changes to $Z_t \pm 1$ equally likely, while on later visits to a vertex (X_t, Y_t) makes a two dimensional simple random walk step. Then W is transient, i.e. $\|W_t\| \rightarrow \infty$ as $t \rightarrow \infty$ almost surely.*

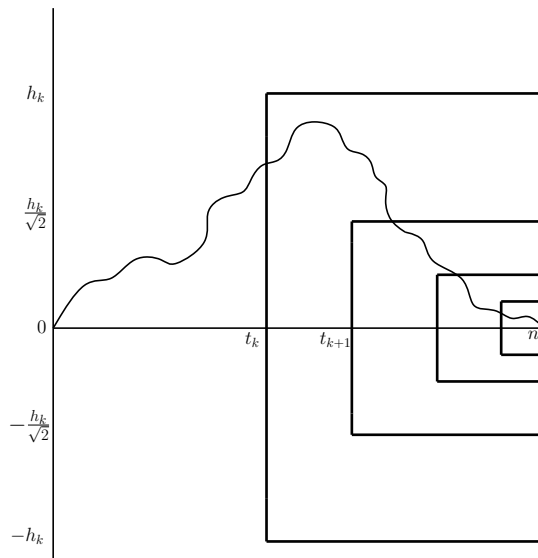


Figure 1: The rectangles $[t_k, n] \times [-h_k, h_k]$ and the graph of M

We now give a quick overview of the proof of Theorem 1.1. By conditioning on all the jumps of the two dimensional process (X, Y) and looking at the process only at the times when (X, Y) moves, we obtain a martingale M . Then we need to obtain estimates for the probability that M is at 0 at time n so that when multiplied by $1/n$ it should be summable. In Section 2 we state and prove a proposition that gives estimates for a martingale to be at 0 at time n when it satisfies certain assumptions. We now state a simpler form of this proposition.

Corollary 1.2. *Let M be a martingale satisfying almost surely*

$$\mathbb{E}[(M_{k+1} - M_k)^2 \mid \mathcal{F}_k] \geq 1 \quad \text{and} \quad |M_{k+1} - M_k| \leq (\log n)^a,$$

for all $k \leq n$ and some $a < 1$. Then there exists a positive constant c , such that

$$\mathbb{P}(M_n = 0) \leq \exp(-c(\log n)^{1-a}).$$

We remark that related results were recently proved by Alexander in [1] and by Armstrong and Zeitouni in [3].

In order to prove Corollary 1.2 we follow the approach used in Theorem 1.2 of [11] to bound the probability that $M_n = 0$. However in [11] it was assumed that the conditional variance of each martingale difference is bounded above and below by two constants; this assumption is not satisfied in our application, so we must allow greater variability of the conditional variance. The critical regime to obtain any defocusing estimate requires the ratio of the maximal and minimal conditional variance to be bounded by $(\log n)^a$ with $a < 1$; Lemma 1.3 below shows that one cannot allow $a = 1$. Note that in [11], Thm 1.2, a power law upper bound was proved for $\mathbb{P}(M_n = 0)$; such a bound does not hold under the weaker assumptions of our Corollary 1.2.

The approach is based on considering the rectangles as in Figure 1, where the widths decay exponentially and $t_k = n - n/2^k$ for $k < \log_2(n)$. It is clear that $\{M_n = 0\}$ only if the graph of M hits all the rectangles. Note that it suffices to show that for most rectangles, conditionally on hitting them, the probability that the graph of M does not hit the next one is lower bounded by $c/(\log n)^a$. This is the content of Proposition 2.1 in Section 2. In order to control the probabilities mentioned above, we also have to make sure that the two dimensional process visits enough new vertices in most intervals $[t_k, t_{k+1}]$. This is the content of Proposition 3.4 that we state and prove in Section 3.

In Section 4 we prove the following lemma, which shows that there is no dispersion result in the case $a = 1$, with general hypotheses like in Corollary 1.2.

Lemma 1.3. *There exists a positive constant c , such that for any n , there exists a martingale $(M_k)_{k \leq n}$ satisfying almost surely*

$$\mathbb{E}[(M_{k+1} - M_k)^2 \mid \mathcal{F}_k] \geq 1 \quad \text{and} \quad |M_{k+1} - M_k| \leq \log n,$$

for all $k \leq n$, yet

$$\mathbb{P}(M_n = 0) \geq c.$$

Notation: For functions f, g we write $f(n) \lesssim g(n)$ if there exists a universal constant $C > 0$ such that $f(n) \leq Cg(n)$ for all n . We write $f(n) \gtrsim g(n)$ if $g(n) \lesssim f(n)$. Finally we write $f(n) \asymp g(n)$ if both $f(n) \lesssim g(n)$ and $f(n) \gtrsim g(n)$. We write $\mathcal{B}(x, r)$ to denote the ball in the \mathcal{L}^1 -metric centered at x of radius r . Note also that in the rest of the paper we use c for a constant whose value may change from line to line.

2 Martingale defocusing

In this section we state and prove a dispersion result for martingales. Then in Section 3 we use it to prove our main result, Theorem 1.1 when $a = 1/2$.

We call the quadratic variation of a martingale M , the process $(V_t)_{t \geq 1}$ defined by

$$V_t = \sum_{\ell=1}^t \mathbb{E}[(M_\ell - M_{\ell-1})^2 \mid \mathcal{F}_{\ell-1}].$$

Proposition 2.1. *Let $\rho > 0$ be given. There exists a positive constant c and $n_0 \geq 1$ such that the following holds for any $a \in (0, 1)$. Suppose that M is a martingale with quadratic variation V and suppose that $(G_k)_k$ is an i.i.d. sequence of geometric random variables with mean 2 satisfying*

$$|M_{k+1} - M_k| \leq G_k \quad \forall k. \tag{2.1}$$

For each $1 \leq k < \log_2(n)$ we let $t_k = n - n/2^k$ and

$$A_k = \{V_{t_{k+1}} - V_{t_k} \geq \rho(t_{k+1} - t_k)/(\log n)^{2a}\}.$$

Suppose that for some $N \geq 1$ and $1 \leq k_1 < \dots < k_N < \log_2(n)/2$, it holds

$$\mathbb{P}\left(\bigcap_{i=1}^N A_{k_i}\right) = 1. \quad (2.2)$$

Then we have for all $n \geq n_0$

$$\mathbb{P}(M_n = 0) \leq \exp(-cN/(\log n)^a).$$

Remark 2.2. We note that the choice of mean 2 for the geometric random variables in (2.1) is arbitrary. Any other value would be fine as well.

Proof of Corollary 1.2. If we divide the martingale M by $(\log n)^a$, then it satisfies the hypotheses of Proposition 2.1 with $N = \log_2(n)/2$, and hence the statement of the corollary follows. \square

Before proving Proposition 2.1 we state and prove a preliminary result that will be used in the proof later.

Lemma 2.3. *There exists $\rho > 0$ such that the following holds. Suppose that M is a martingale satisfying assumption (2.1) of Proposition 2.1. Let $m < \ell$ and $h > \log(\ell - m + 1)$ be given and let $\tau = \min\{t \geq m : |M_t - M_m| \geq h\}$. Suppose that $\mathbb{P}(V_\ell - V_m \geq h^2/\rho) = 1$. Then we have almost surely*

$$\mathbb{P}(\tau \leq \ell \mid \mathcal{F}_m) \geq \frac{1}{2}.$$

Proof. It is well known that the process $(M_t^2 - V_t)$ is a martingale. Since $\tau \wedge \ell \geq m$ is a stopping time, by the optional stopping theorem we get

$$\mathbb{E}[M_{\tau \wedge \ell}^2 - V_{\tau \wedge \ell} \mid \mathcal{F}_m] = M_m^2 - V_m. \quad (2.3)$$

Now we claim that

$$\mathbb{E}[M_{\tau \wedge \ell}^2 - M_m^2 \mid \mathcal{F}_m] \lesssim h^2. \quad (2.4)$$

Indeed we can write

$$\begin{aligned} \mathbb{E}[M_{\tau \wedge \ell}^2 - M_m^2 \mid \mathcal{F}_m] &= \mathbb{E}[(M_{\tau \wedge \ell} - M_{(\tau-1) \wedge \ell} + M_{(\tau-1) \wedge \ell} - M_m)^2 \mid \mathcal{F}_m] \\ &\leq 2\mathbb{E}[(M_{\tau \wedge \ell} - M_{(\tau-1) \wedge \ell})^2 \mid \mathcal{F}_m] + 2h^2, \end{aligned}$$

where the last inequality follows from the definition of τ . In order to bound the first term in the right hand side above, we use (2.1) and the fact that $\tau \geq m$. This way we get

$$|M_{\tau \wedge \ell} - M_{(\tau-1) \wedge \ell}| \leq \max_{m \leq t \leq \ell} |G_t|.$$

So we now obtain

$$\mathbb{E}[(M_{\tau \wedge \ell} - M_{(\tau-1) \wedge \ell})^2 \mid \mathcal{F}_m] \lesssim (\log(\ell - m + 1))^2,$$

which proves our claim (2.4), using also the hypothesis $h > \log(\ell - m + 1)$. Since by assumption we have $\mathbb{P}(V_\ell - V_m \geq h^2/\rho) = 1$, we obtain that almost surely

$$\mathbb{E}[V_{\tau \wedge \ell} - V_m \mid \mathcal{F}_m] \geq \mathbb{E}[(V_\ell - V_m)\mathbf{1}(\tau \geq \ell) \mid \mathcal{F}_m] \geq \frac{h^2}{\rho}\mathbb{P}(\tau \geq \ell \mid \mathcal{F}_m).$$

This together with (2.3) and (2.4) and by taking ρ sufficiently small proves the lemma. \square

We are now ready to give the proof of Proposition 2.1.

Proof of Proposition 2.1. We will argue as in [11], by saying that in order for M_n to be at 0, the graph of M , i.e. the process $((t, M_t))_{t \leq n}$, has to cross the space-time rectangles H_k as in Figure 1, for all $k = 1, \dots, \log_2(n)$, which are defined by

$$H_k := [t_k, n] \times [-h_k, h_k] \quad \text{with} \quad h_k := \rho \sqrt{\frac{t_{k+1} - t_k}{(\log n)^{2a}}}. \quad (2.5)$$

We now define

$$\sigma_k = \inf\{t \geq t_k : |M_t| \geq h_k\}$$

For each $k \leq \log_2(n)/2$ such that $\mathbb{P}(A_k) = 1$ we can apply Lemma 2.3 with $m = t_k$, $\ell = t_{k+1}$ and $h = 2h_k$ if n is sufficiently large so that $h > \log(\ell - m + 1)$. We thus deduce that for ρ sufficiently small and for all $n > n_0$ we have almost surely

$$\mathbb{P}(\sigma_k \leq t_{k+1} \mid \mathcal{F}_{t_k}) \geq \frac{1}{2}. \quad (2.6)$$

Next we claim that a.s. conditionally on \mathcal{F}_{σ_k} the martingale has probability of order $1/(\log n)^a$, to reach level $\pm h_k(\log n)^a/\rho^2$ before returning below level $\pm h_k/\sqrt{2} = \pm h_{k+1}$ (if at least one of these events occurs before time n). Indeed assume for instance that $M_{\sigma_k} \geq h_k$. Then the optional stopping theorem shows that on the event $E_k = \{M_{\sigma_k} \geq h_k\} \cap \{\sigma_k \leq n\}$ we have

$$h_k \leq M_{\sigma_k} = \mathbb{E}[M_{T_1 \wedge T_2 \wedge n} \mid \mathcal{F}_{\sigma_k \wedge n}], \quad (2.7)$$

where

$$T_1 := \inf\{t \geq \sigma_k : |M_t| \geq h_k(\log n)^a/\rho^2\},$$

and

$$T_2 := \inf\{t \geq \sigma_k : |M_t| \leq h_k/\sqrt{2}\}.$$

We deduce from (2.7) that on E_k

$$h_k \leq \mathbb{E}[M_{T_1} \mathbf{1}(T_1 < T_2 \wedge n) \mid \mathcal{F}_{\sigma_k}] + \frac{h_k(\log n)^a}{\rho^2} \mathbb{P}(n < T_1 \wedge T_2 \mid \mathcal{F}_{\sigma_k}) + \frac{h_k}{\sqrt{2}}.$$

Then by using again the bound (2.1) we get that on E_k

$$\begin{aligned} \mathbb{E}[M_{T_1} \mathbf{1}(T_1 < T_2 \wedge n) \mid \mathcal{F}_{\sigma_k}] &\leq \frac{h_k(\log n)^a}{\rho^2} \mathbb{P}(T_1 < T_2 \wedge n \mid \mathcal{F}_{\sigma_k}) + \mathbb{E}\left[\max_{t_k \leq t \leq n} G_t\right] \\ &\leq \frac{h_k(\log n)^a}{\rho^2} \mathbb{P}(T_1 < T_2 \wedge n \mid \mathcal{F}_{\sigma_k}) + c_1 \log(n - t_k + 1), \end{aligned}$$

where c_1 is a positive constant. It follows that if n is large enough, then on E_k

$$\mathbb{P}(T_1 \wedge n < T_2 \mid \mathcal{F}_{\sigma_k}) \gtrsim \frac{1}{(\log n)^a}.$$

Similarly we get the same inequality with the event $\{M_{\sigma_k} \geq h_k\}$ replaced by $\{M_{\sigma_k} \leq -h_k\}$, and hence we get that almost surely

$$\mathbb{P}(T_1 \wedge n < T_2 \mid \mathcal{F}_{\sigma_k}) \mathbf{1}(\sigma_k \leq n) \gtrsim \frac{1}{(\log n)^a} \mathbf{1}(\sigma_k \leq n), \quad (2.8)$$

which proves our claim. We now notice that on the event $\{t_k \leq T_1 \leq n\}$ we have by Doob's maximal inequality

$$\mathbb{P}\left(\sup_{i \leq n-t_k} |M_{i+T_1} - M_{T_1}| \geq h_k(\log n)^a / (2\rho^2) \mid \mathcal{F}_{T_1}\right) \lesssim \frac{n-t_k}{(h_k(\log n)^a / \rho^2)^2} < c_1, \quad (2.9)$$

where c_1 is a constant that we can take smaller than 1 by choosing ρ small enough. Note that we used again (2.1) in order to bound the \mathcal{L}^2 norm of the increments of the martingale M .

Next we define a sequence of stopping times, which are the hitting times of the space-time rectangles (H_k) defined in (2.5). More precisely, we let $s_0 = 0$ and for $i \geq 1$ we let

$$s_i = \min\{t > s_{i-1} : (t, M_t) \in H_i\}.$$

Thus for each $k \leq \log_2(n)/2$ such that $\mathbb{P}(A_k) = 1$ by using (2.6), (2.8) and (2.9), we get that on the event $\{s_{k-1} \leq n\}$

$$\mathbb{P}(s_k > n \mid \mathcal{F}_{s_{k-1}}) \gtrsim \frac{1}{(\log n)^a}.$$

Using the assumption that the event $\cap_{i=1}^N A_{k_i}$ happens almost surely we obtain

$$\mathbb{P}(M_n = 0) \leq \mathbb{P}(s_{k_1}, \dots, s_{k_N} \leq n) \leq \left(1 - \frac{c}{(\log n)^a}\right)^N \leq \exp(-cN/(\log n)^a),$$

for a positive constant c , and this concludes the proof. \square

3 Proof of transience

In this section we prove Theorem 1.1. We first give an equivalent way of viewing the random walk W . Let ξ_1, ξ_2, \dots be i.i.d. random variables taking values $(0, 0, \pm 1)$ equally likely. Let ζ_1, ζ_2, \dots be i.i.d. random variables taking values $(\pm 1, 0, 0), (0, \pm 1, 0)$ all with equal probability, and independent of the $(\xi_i)_i$. Assume that (W_0, \dots, W_t) have been defined, and set

$$r_W(t) = \#\{W_0, \dots, W_t\}.$$

Then

$$W_{t+1} = \begin{cases} W_t + \xi_{r_W(t)} & \text{if } r_W(t) = r_W(t-1) + 1 \\ W_t + \zeta_{t-r_W(t)} & \text{otherwise} \end{cases}.$$

To prove Theorem 1.1 it will be easier to look at the process at the times when the two dimensional process moves. So we define a clock process $(\tau_k)_{k \geq 0}$ by $\tau_0 = 0$ and for $k \geq 0$,

$$\tau_{k+1} = \inf\{t > \tau_k : (X_{t+1}, Y_{t+1}) \neq (X_t, Y_t)\} = \inf\{t > \tau_k : t - r_W(t) = k\}.$$

Note that $r_W(0) = 1$ and $\tau_k < \infty$ a.s. for all k . Observe that by definition the process $U_t := (X_{\tau_t+1}, Y_{\tau_t+1})$ is a $2d$ -simple random walk, and that $r_W(\tau_t) = \tau_t - t + 1$. Note that

$$Z_t = \sum_{i=1}^{r_W(t)-1} \langle \xi_i, (0, 0, 1) \rangle.$$

We set $\mathcal{F}_t = \sigma(\xi_1, \dots, \xi_{\tau_t-t})$, so that Z_{τ_t} is \mathcal{F}_t -measurable for all t .

We call \mathbb{Q} the law of the process U . We denote by $\mathbb{P}_U()$ the law of the process W conditionally on the whole process U , or in other words on the whole sequence $(\zeta_i)_{i \geq 1}$. Note that this defines a regular conditional probability, since the process W is measurable with respect to a countably generated σ -algebra. For more on regular conditional probabilities see for instance [9, Section 5.1.3]. We write $\mathbb{P} = \mathbb{Q} \times \mathbb{P}_U$ for the law of the overall process W .

We now let

$$M_t = Z_{\tau_t}, \quad \forall t,$$

i.e. we observe the process Z only at the times when the two-dimensional process moves. In the following claim we show that it is a martingale.

Claim 3.1. *Let $M_t = Z_{\tau_t}$. Then \mathbb{Q} -a.s. we have that (M_t) is an (\mathcal{F}_t) -martingale under \mathbb{P}_U .*

Proof. We already noticed that M_t is adapted to \mathcal{F}_t for all t . Now since the ξ_i 's are i.i.d. and have mean 0 it follows from Wald's identity that

$$\mathbb{E}_U[Z_{\tau_{t+1}} \mid \mathcal{F}_t] = \mathbb{E}_U \left[Z_{\tau_t} + \sum_{i=\tau_t-t+1}^{\tau_{t+1}-t-1} \langle \xi_i, (0, 0, 1) \rangle \mid \mathcal{F}_t \right] = Z_{\tau_t}$$

and this finishes the proof. \square

Remark 3.2. We note that the jumps of the martingale are stochastically dominated by geometric random variables. More precisely, we can couple the process M (or W) with a sequence $(G_t)_{t \geq 0}$ of i.i.d. geometric random variables with parameter $1/2$, such that

$$|M_{t+1} - M_t| \leq G_t \quad \text{for all } t \geq 0. \quad (3.1)$$

Before proceeding, we give some more definitions. For $t \geq 0$, set

$$r_U(t) = \#\{U_0, \dots, U_t\},$$

i.e. $r_U(t)$ is the cardinality of the range of the two-dimensional process up to time t . We also set for $t \geq 0$

$$V_t := \sum_{\ell=1}^t \mathbb{E}_U[(M_\ell - M_{\ell-1})^2 \mid \mathcal{F}_{\ell-1}].$$

Claim 3.3. *Suppose that U_ℓ is a fresh site, i.e. $U_\ell \notin \{U_0, U_1, \dots, U_{\ell-1}\}$. Then*

$$\mathbb{E}_U[(M_{\ell+1} - M_\ell)^2 \mid \mathcal{F}_\ell] \geq 2.$$

Proof. For all ℓ we can write

$$M_{\ell+1} - M_\ell = \sum_{i=\tau_\ell-\ell+1}^{\tau_{\ell+1}-\ell-1} \langle \xi_i, (0, 0, 1) \rangle.$$

When U_ℓ is a fresh site, then it follows that $\tau_{\ell+1} - \tau_\ell \geq 2$, and hence by the optional stopping theorem we deduce

$$\mathbb{E}_U[(M_{\ell+1} - M_\ell)^2 \mid \mathcal{F}_\ell] \geq 1$$

and this finishes the proof. \square

Before proving Theorem 1.1 we state a proposition that we prove later, which combined with the above claim guarantees that the quadratic variation V of the martingale M satisfies assumption (2.2) of Proposition 2.1. The following proposition only concerns the 2d-simple random walk.

Proposition 3.4. *For $k \geq 1$ we let $t_k = n - n/2^k$ and for $\rho > 0$ define*

$$\mathcal{K} = \left\{ 1 \leq k \leq (\log n)^{3/4} : r_U(t_{k+1}) - r_U(t_k) \geq \rho(t_{k+1} - t_k)/\log n \right\}.$$

Then there exist positive constants α , c and ρ_ such that for all $\rho < \rho_*$*

$$\mathbb{P} \left(\#\mathcal{K} \leq \rho(\log n)^{3/4} \mid U_n = 0 \right) \lesssim \exp(-c(\log n)^\alpha).$$

Proof of Theorem 1.1. Let \mathcal{K} and ρ be as in Proposition 3.4. Note that \mathcal{K} is completely determined by the 2d-walk. Setting $A = \{\#\mathcal{K} \geq \rho(\log n)^{3/4}\}$ we then have

$$\mathbb{P}(U_n = M_n = 0) = \mathbb{E}[\mathbf{1}(U_n = 0)\mathbb{P}_U(M_n = 0) \mathbf{1}(A)] + \mathbb{E}[\mathbf{1}(U_n = 0)\mathbb{P}_U(M_n = 0) \mathbf{1}(A^c)]. \quad (3.2)$$

On the event A , using Claim 3.3 we get that there exist $k_1, \dots, k_{\rho(\log n)^{3/4}} \in \mathcal{K}$ such that

$$\mathbb{P}_U \left(\bigcap_{i=1}^{\rho(\log n)^{3/4}} A_{k_i} \right) = 1,$$

where the events (A_i) are as defined in Proposition 2.1. We can now apply this proposition (with $a = 1/2$) to obtain

$$\mathbb{P}_U(M_n = 0) \mathbf{1}(\#\mathcal{K} \geq \rho(\log n)^{3/4}) \lesssim \exp(-c(\log n)^{1/4}).$$

Therefore from (3.2) we deduce

$$\mathbb{P}(U_n = M_n = 0) \lesssim \frac{1}{n} \exp(-c(\log n)^{1/4}) + \frac{1}{n} \exp(-c(\log n)^\alpha),$$

where α is as in Proposition 3.4. Since this last upper bound is summable in n , this proves that 0 is visited only finitely many times almost surely. Exactly the same argument would work for any other point of \mathbb{Z}^3 , proving that W is transient. \square

Before proving Proposition 3.4 we state and prove a standard preliminary lemma and a corollary that will be used in the proof.

Lemma 3.5. *Let U be a simple random walk in \mathbb{Z}^2 starting from 0 and c a positive constant. Then there exists $c' > 0$ such that for all t satisfying $\log(n/t) \leq c(\log n)^{3/4}$ we have*

$$\mathbb{P} \left(\#\{U_0, \dots, U_n\} \cap \mathcal{B}(0, \sqrt{t}) \geq \frac{2ct}{(\log n)^{1/16}} \right) \lesssim \exp(-c'(\log n)^{1/16}).$$

Proof. We start by noting that if $t > n \log n$, then the probability in question is 0. So we can assume that $t \leq n \log n$.

To prove the statement we first decompose the path into excursions that the random walk makes across $\mathcal{B}(0, 2\sqrt{t}) \setminus \mathcal{B}(0, \sqrt{t})$ before time n . More precisely define $\sigma_0 = 0$, and for $i \geq 0$,

$$\sigma'_i = \inf\{k \geq \sigma_i : U_k \notin \mathcal{B}(0, 2\sqrt{t})\},$$

$$\sigma_{i+1} = \inf\{k \geq \sigma'_i : U_k \in \mathcal{B}(0, \sqrt{t})\}.$$

Let

$$N := \max\{i : \sigma_i \leq n\},$$

be the total number of excursions before time n , and for each $i \leq N$, let

$$R_i := \#\{U_{\sigma_i}, \dots, U_{\sigma'_i}\},$$

be the number of points visited during the i -th excursion. Of course we have

$$\#\{U_0, \dots, U_n\} \cap \mathcal{B}(0, \sqrt{t}) \leq \sum_{i=1}^N R_i. \quad (3.3)$$

Note that every time the random walk is on the boundary of the ball $\mathcal{B}(0, 2\sqrt{t})$, it has probability of order $1/(\log(n/t) + \log \log n)$ to hit the boundary of the ball $\mathcal{B}(0, \sqrt{n}(\log n)^2)$ before hitting $\mathcal{B}(0, \sqrt{t})$ (see for instance [13, Proposition 4.4.2 and Theorem 4.4.4]). If T is the first exit time from $\mathcal{B}(0, \sqrt{n}(\log n)^2)$, then

$$\mathbb{P}(T \leq n) \lesssim e^{-c(\log n)^4}, \quad (3.4)$$

where c is a positive constant. On the event $\{T \geq n\}$, it is easy to see that N is dominated by a geometric random variable with mean of order $\log(n/t) + \log \log n$. We thus get

$$\begin{aligned} & \mathbb{P}\left(N \geq (\log(n/t) + \log \log n)(\log n)^{1/16}\right) \\ & \leq \mathbb{P}(T \leq n) + \mathbb{P}\left(N \geq (\log(n/t) + \log \log n)(\log n)^{1/16}, T \geq n\right) \\ & \lesssim \exp(-c(\log n)^4) + \exp(-c(\log n)^{1/16}) \lesssim \exp(-c(\log n)^{1/16}). \end{aligned} \quad (3.5)$$

Since we have $\mathbb{E}[\sigma'_i - \sigma_i \mid X_{\sigma_i}] \lesssim t$ almost surely, by using the Markov property we can deduce

$$\mathbb{P}\left(\sigma'_i - \sigma_i \geq t(\log n)^{1/16}\right) \leq \exp(-c(\log n)^{1/16}).$$

Moreover, it follows from [6, Lemma 4.3] and the fact that $\log n \asymp \log t$ that

$$\mathbb{P}\left(\#\{U_{\sigma_i}, \dots, U_{\sigma_i+t(\log n)^{1/16}}\} \geq \frac{t}{(\log n)^{7/8}}\right) \leq \exp(-c(\log n)^{1/16}).$$

Combining the last two inequalities, we get that for any i ,

$$\mathbb{P}\left(R_i \geq \frac{t}{(\log n)^{7/8}}\right) \leq 2 \exp(-c(\log n)^{1/16}),$$

where c is a positive constant. Using the assumption that $\log(n/t) \leq c(\log n)^{3/4}$ together with (3.3) and (3.5) concludes the proof of the lemma. \square

Corollary 3.6. *Let U be a simple random walk in \mathbb{Z}^2 started from 0 and c a positive constant. Let $t \leq n$ satisfying $\log(n/(n-t)) \leq c(\log n)^{3/4}$ and $\varepsilon < 1/32$. Then there exists a positive constant c' such that*

$$\mathbb{P}\left(\#\{U_0, \dots, U_n\} \cap \mathcal{B}(0, (\log n)^\varepsilon \sqrt{n-t}) \geq \frac{4c(n-t)}{(\log n)^{\frac{1}{16}-2\varepsilon}} \mid U_n = 0\right) \lesssim \exp(-c'(\log n)^{1/16}).$$

Proof. First we use the rough bound:

$$\begin{aligned} \#\{U_0, \dots, U_n\} \cap \mathcal{B}(0, (\log n)^\varepsilon \sqrt{n-t}) &\leq \#\{U_0, \dots, U_{n/2}\} \cap \mathcal{B}(0, (\log n)^\varepsilon \sqrt{n-t}) \\ &\quad + \#\{U_{n/2}, \dots, U_n\} \cap \mathcal{B}(0, (\log n)^\varepsilon \sqrt{n-t}). \end{aligned}$$

We now note that if A is an event only depending on the first $n/2$ steps of the random walk, then we have

$$\mathbb{P}(A \mid U_n = 0) = \frac{\mathbb{P}(U_n = 0 \mid A) \mathbb{P}(A)}{\mathbb{P}(U_n = 0)} \lesssim \mathbb{P}(A), \quad (3.6)$$

where the last inequality follows from the local central limit theorem [13, Theorem 2.1.1]. By reversibility we obtain

$$\begin{aligned} &\mathbb{P}\left(\#\{U_{n/2}, \dots, U_n\} \cap \mathcal{B}(0, (\log n)^\varepsilon \sqrt{n-t}) \geq \frac{2c(n-t)}{(\log n)^{\frac{1}{16}-2\varepsilon}} \mid U_n = 0\right) \\ &= \mathbb{P}\left(\#\{U_0, \dots, U_{n/2}\} \cap \mathcal{B}(0, (\log n)^\varepsilon \sqrt{n-t}) \geq \frac{2c(n-t)}{(\log n)^{\frac{1}{16}-2\varepsilon}} \mid U_n = 0\right). \end{aligned} \quad (3.7)$$

The statement now readily follows by combining Lemma 3.5 with (3.6) and (3.7). \square

Proof of Proposition 3.4. Let us consider the events

$$A_k := \left\{ r_U(t_{k+1}) - r_U(t_k) \geq \rho \frac{t_{k+1} - t_k}{\log n} \right\},$$

with $\rho > 0$ some constant to be fixed later. Let also $\varepsilon < 1/48$. For all $k = 1, \dots, (\log n)^{3/4}$ we define

$$B_k = \left\{ \#\{U_0, \dots, U_{t_k}\} \cap \mathcal{B}(0, (\log n)^\varepsilon \sqrt{n-t_k}) \leq \frac{8(t_{k+1} - t_k)}{(\log n)^{\frac{1}{16}-2\varepsilon}} \right\},$$

and

$$\tilde{B}_k := B_k \cap \{U_{t_k} \in \mathcal{B}(0, \sqrt{n-t_k})\}.$$

We also set

$$\mathcal{G}_k = \sigma(U_0, \dots, U_{t_k}),$$

and note that $\tilde{B}_k \in \mathcal{G}_k$.

Claim 3.7. *For all ρ sufficiently small and any $k \leq (\log n)^{3/4}$ we have almost surely*

$$\mathbb{P}(A_k^c \mid \mathcal{G}_k) \mathbf{1}(\tilde{B}_k) \lesssim \frac{1}{(\log n)^\varepsilon} \mathbf{1}(\tilde{B}_k).$$

Proof. To prove the claim we use two facts. On the one hand it follows from [5, Theorem 1.5] that if ρ is small enough, then a.s.

$$\mathbb{P}\left(\#\{U_{t_k+1}, \dots, U_{t_{k+1}}\} \leq 2\rho \frac{t_{k+1} - t_k}{\log n} \mid \mathcal{G}_k\right) \leq \exp\left(-c(\log n)^{1/6}\right).$$

Moreover, on the event $\{U_{t_k} \in \mathcal{B}(0, \sqrt{n-t_k})\}$, with probability at most $\exp(-c(\log n)^{2\varepsilon})$ the random walk exits the ball $\mathcal{B}(0, (\log n)^\varepsilon \sqrt{n-t_k})$ before time t_{k+1} . Therefore we obtain on the event $\{U_{t_k} \in \mathcal{B}(0, \sqrt{n-t_k})\}$ that

$$\mathbb{P}\left(\#\{U_{t_k+1}, \dots, U_{t_{k+1}}\} \cap \mathcal{B}(0, (\log n)^\varepsilon \sqrt{n-t_k}) \leq 2\rho \frac{t_{k+1} - t_k}{\log n} \mid \mathcal{G}_k\right) \lesssim \exp(-c(\log n)^{2\varepsilon}). \quad (3.8)$$

Suppose now on the other hand that a point is at distance at least $r = O(\sqrt{t})$ from U_{t_k} . Then it is well known (see for instance [13, Proposition 4.4.2 and Theorem 4.4.4]) that the probability that the walk hits it during the time interval $[t_k, t_k + t]$ is $O(\log(\sqrt{t}/r)/\log \sqrt{t})$. If we apply this with $t = t_{k+1} - t_k$, $r = \sqrt{n - t_k}/\log n$, and use that $\#\mathcal{B}(0, r) \asymp r^2$, then by counting the points that are at distance r and use the assumption that $k \leq (\log n)^{3/4}$ we deduce that

$$\begin{aligned} & \mathbb{E}[\#\{U_0, \dots, U_{t_k}\} \cap \{U_{t_{k+1}}, \dots, U_{t_{k+1}}\} \cap \mathcal{B}(0, (\log n)^\varepsilon \sqrt{n - t_k}) \mid \mathcal{G}_k] \mathbf{1}(\tilde{B}_k) \\ & \lesssim \left(\frac{t_{k+1} - t_k}{(\log n)^2} + \frac{(t_{k+1} - t_k) \log \log n}{(\log n)^{17/16 - 2\varepsilon}} \right) \mathbf{1}(\tilde{B}_k) \\ & \lesssim \frac{t_{k+1} - t_k}{(\log n)^{1+\varepsilon}} \mathbf{1}(\tilde{B}_k). \end{aligned} \quad (3.9)$$

We now have almost surely

$$\begin{aligned} \mathbb{P}(A_k \mid \mathcal{G}_k) \mathbf{1}(\tilde{B}_k) & \geq \mathbb{P}\left(\#\{U_{t_{k+1}}, \dots, U_{t_{k+1}}\} \cap \mathcal{B}(0, (\log n)^\varepsilon \sqrt{n - t_k}) > 2\rho \frac{t_{k+1} - t_k}{\log n} \mid \mathcal{G}_k\right) \mathbf{1}(\tilde{B}_k) \\ & - \mathbb{P}\left(\#\{U_0, \dots, U_{t_k}\} \cap \{U_{t_{k+1}}, \dots, U_{t_{k+1}}\} \cap \mathcal{B}(0, (\log n)^\varepsilon \sqrt{n - t_k}) \geq \rho \frac{t_{k+1} - t_k}{\log n} \mid \mathcal{G}_k\right) \mathbf{1}(\tilde{B}_k) \\ & \geq \left(1 - \exp(-c(\log n)^{1/6}) - \frac{c_1}{(\log n)^\varepsilon}\right) \mathbf{1}(\tilde{B}_k), \end{aligned}$$

where the last inequality follows from (3.8), (3.9) and Markov's inequality. \square

Next, let us write $Q(\cdot) = \mathbb{P}(\cdot \mid U_n = 0)$ and $\tilde{A}_k = A_k \cap \{U_{t_{k+1}} \in \mathcal{B}(0, 2\sqrt{n - t_k})\}$. Then we have almost surely

$$Q(A_k \mid \mathcal{G}_k) \mathbf{1}(\tilde{B}_k) \geq Q(\tilde{A}_k \mid \mathcal{G}_k) \mathbf{1}(\tilde{B}_k) \gtrsim \mathbb{P}(\tilde{A}_k \mid \mathcal{G}_k) \mathbf{1}(\tilde{B}_k) \geq p \mathbf{1}(\tilde{B}_k), \quad (3.10)$$

where the penultimate inequality follows by the local central limit theorem [13, Theorem 2.1.] as in (3.6) and the last inequality from Claim 3.7 and the fact that

$$\mathbb{P}(U_{t_{k+1}} \in \mathcal{B}(0, 2\sqrt{n - t_k}) \mid U_{t_k} \in \mathcal{B}(0, \sqrt{n - t_k})) \geq 2p > 0.$$

Then we introduce the process $(M_k)_{k \leq (\log n)^{3/4}}$, defined by $M_1 = 0$ and for $k \geq 2$,

$$M_k := \sum_{\ell=1}^{k-1} \left\{ \mathbf{1}(A_\ell \cap \tilde{B}_\ell) - Q(A_\ell \mid \mathcal{G}_\ell) \mathbf{1}(\tilde{B}_\ell) \right\}.$$

Note that by construction it is a (\mathcal{G}_k) -martingale, under the measure Q . Since the increments of this martingale are bounded, it follows from Azuma-Hoeffding's inequality that for any $\kappa > 0$, there exists a positive constant c such that

$$\mathbb{P}\left(|M_{(\log n)^{3/4}}| \geq \kappa (\log n)^{3/4} \mid U_n = 0\right) \lesssim \exp(-c(\log n)^{3/4}). \quad (3.11)$$

As a consequence of Corollary 3.6 we get that

$$1 - \mathbb{P}\left(\bigcap_{k \leq (\log n)^{3/4}} B_k \mid U_n = 0\right) \lesssim \exp(-c(\log n)^{1/16}). \quad (3.12)$$

Claim 3.8. *There exists a positive constant c such that*

$$\mathbb{P}\left(\sum_{k=1}^{(\log n)^{3/4}} \mathbf{1}(U_{t_k} \in \mathcal{B}(0, \sqrt{n - t_k})) \leq c(\log n)^{3/4} \mid U_n = 0\right) \leq \exp(-c(\log n)^{3/4}).$$

Proof. By using reversibility and the local central limit theorem again, it suffices in fact to show the result without conditioning on $U_n = 0$, and replacing the times t_k by $n - t_k$. In other words, it suffices to prove that

$$\mathbb{P} \left(\sum_{k=1}^{(\log n)^{3/4}} \mathbf{1}(U_{2^k} \in \mathcal{B}(0, 2^{k/2})) \leq c(\log n)^{3/4} \right) \leq \exp(-c(\log n)^{3/4}), \quad (3.13)$$

for some $c > 0$. This is standard, but for the sake of completeness we give a short proof now. We will prove in fact a stronger statement. Call

$$v_k := \inf\{t \geq 0 : U_t \notin \mathcal{B}(0, 2^{k/2})\}.$$

Obviously it is sufficient to prove (3.13) with the events $\{v_k > 2^k\}$ in place of $\{U_{2^k} \in \mathcal{B}(0, 2^{k/2})\}$. Set $\mathcal{H}_k = \sigma(U_0, \dots, U_{v_k})$. Then it is well known that we can find a constant $\alpha > 0$, such that a.s. for any k ,

$$\mathbb{P}(v_{k+1} > 2^{k+1} \mid \mathcal{H}_k) \geq \alpha.$$

Then by considering the martingale

$$M'_k := \sum_{\ell=1}^k \left(\mathbf{1}(v_\ell > 2^\ell) - \mathbb{P}(v_\ell > 2^\ell \mid \mathcal{H}_{\ell-1}) \right),$$

and using the Azuma-Hoeffding inequality the desired estimate follows. So the proof of the claim is complete. \square

By taking ρ and κ sufficiently small and using (3.10), (3.11), (3.12) and Claim 3.8 finishes the proof of the proposition. \square

4 Example

In this section we construct the martingale of Lemma 1.3. Before doing so, we recall a self-interacting random walk (X, Y, Z) in \mathbb{Z}^3 which was mentioned in [7] and is closely related to the random walk of Theorem 1.1; on the first visit to a vertex only (X, Y) performs a two-dimensional step, while on later visits to the same vertex only Z changes by ± 1 equally likely. Our proof in this case does not apply, or at least another argument is required. Indeed, by looking again at the process Z at the times when (X, Y) moves, we still obtain a martingale, but we do not have a good control on the jumps of this martingale. In particular, up to time n , they could be of size of order $\log n$, which might be a problem as Lemma 1.3 shows.

Proof of Lemma 1.3. Define $M_0 = 0$. Let $(S_k^i)_{k,i}$ be independent (over i) simple random walks on \mathbb{Z} and let $(\tilde{S}_k^i)_{k,i}$ be independent (over i) random walks with jumps that take values $\pm \lfloor \log n \rfloor$ equally likely and start from 0. Let k_* be the first integer such that $n/2^{k_*} \leq (\log n)^2$. We now let

$$M_k = S_k^1 \quad \text{for } k \leq n/2.$$

We define t_1 by

$$n - t_1 = \frac{n}{2} + \inf \left\{ t \geq 0 : \left| M_{n/2} + \tilde{S}_t^1 \right| \leq \log n \right\}.$$

If $t_1 \geq 0$, then we let

$$M_{k+n/2} = M_{n/2} + \tilde{S}_k^1 \quad \text{for } 0 \leq k \leq \frac{n}{2} - t_1.$$

If $t_1 < 0$, then we let

$$M_{k+n/2} = M_{n/2} + \tilde{S}_k^1 \quad \text{for } 0 \leq k \leq \frac{n}{2}.$$

Suppose that we have defined $t_\ell > 0$, we now define $t_{\ell+1}$ inductively. We let

$$M_{k+n-t_\ell} = M_{n-t_\ell} + S_k^{\ell+1} \quad \text{for } 0 \leq k \leq \frac{t_\ell}{2}$$

and we also define $t_{\ell+1}$ by

$$n - t_{\ell+1} = n - \frac{t_\ell}{2} + \inf \left\{ t \geq 0 : \left| M_{n-t_\ell/2} + \tilde{S}_t^{\ell+1} \right| \leq \log n \right\}.$$

If $t_{\ell+1} \geq 0$, then we let

$$M_{k+n-t_\ell/2} = M_{n-t_\ell/2} + \tilde{S}_k^{\ell+1} \quad \text{for } 0 \leq k \leq \frac{t_\ell}{2} - t_{\ell+1}.$$

If $t_{\ell+1} < 0$, then we let

$$M_{k+n-t_\ell/2} = M_{n-t_\ell/2} + \tilde{S}_k^{\ell+1} \quad \text{for } 0 \leq k \leq \frac{t_\ell}{2}.$$

In this way we define the times t_ℓ for all $\ell \leq k_*$, unless there exists ℓ such that $t_\ell < 0$, in which case we set $t_m = 0$ for all $\ell + 1 \leq m \leq k_*$. If $t_{k_*} > 1$ and $|M_{n-t_{k_*}}| \neq 0$, then at time $n - t_{k_*} + 1$ the martingale makes a jump of size $\pm |M_{n-t_{k_*}}|$ equally likely. If $|M_{n-t_{k_*}}| = 0$, then with probability $1/(\log n)^2$ it jumps to $\pm[\log n]$, while with probability $1 - 1/(\log n)^2$ it stays at 0. From time $n - t_{k_*} + 2$ until time n at every step with probability $1/(\log n)^2$ it jumps to $\pm[\log n]$, while with probability $1 - 1/(\log n)^2$ it stays at its current location.

By the definition of the martingale it follows that it satisfies the assumptions of the lemma. It only remains to check that there exists a positive constant c such that $\mathbb{P}(M_n = 0) > c$. We define the event

$$E = \{M_\ell = 0, \text{ for all } \ell \in \{(n - t_{k_*} + 1) \wedge n, \dots, n\}\}$$

We now have

$$\begin{aligned} \mathbb{P}(M_n = 0) &\geq \mathbb{P}(t_1 > 0, \dots, t_{k_*} > 0, M_{n-t_{k_*}} = 0, E) \\ &\quad + \mathbb{P}(t_1 > 0, \dots, t_{k_*} > 0, M_{n-t_{k_*}} \neq 0, E). \end{aligned} \tag{4.1}$$

By the definition of the times t_i , it follows that $t_{i+1} \leq t_i/2$, and hence we deduce that $t_i \leq n/2^i$, which implies that $t_{k_*} \leq n/2^{k_*} \leq (\log n)^2$. We now obtain

$$\begin{aligned} \mathbb{P}(E \mid t_1 > 0, \dots, t_{k_*} > 0, M_{n-t_{k_*}} \neq 0) &\gtrsim \left(1 - \frac{1}{(\log n)^2}\right)^{(\log n)^2} \\ \mathbb{P}(E \mid t_1 > 0, \dots, t_{k_*} > 0, M_{n-t_{k_*}} = 0) &\geq \left(1 - \frac{1}{(\log n)^2}\right)^{(\log n)^2}. \end{aligned} \tag{4.2}$$

Using the estimate for a simple random walk (see for instance [14, Theorem 2.17]) that if $h > 0$, then

$$\mathbb{P}_h(S_k > 0, \forall k \leq n) \lesssim \frac{h}{\sqrt{n}},$$

we get for a positive constant c_1 that

$$\begin{aligned} \mathbb{P}(t_{\ell+1} > 0 \mid t_\ell > 0) &= 1 - \mathbb{P}\left(\inf\{t \geq 0 : |M_{n-t_\ell/2} + \widetilde{S}_t^{\ell+1}| \leq \log n\} \leq \frac{t_\ell}{2} \mid t_\ell > 0\right) \\ &\geq 1 - \frac{c_1}{\log n}. \end{aligned}$$

Hence from (4.1) and (4.2) together with the above estimate and the fact that $k_* \asymp \log n$, we finally conclude

$$\mathbb{P}(M_n = 0) \gtrsim \left(1 - \frac{c_1}{\log n}\right)^{c_2 \log n} \cdot \left(1 - \frac{1}{(\log n)^2}\right)^{(\log n)^2} \geq c_3 > 0$$

and this finishes the proof of the lemma. \square

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