

34 integrins and Rab11 endosomes in the distal axon, whilst removing Protrudin's endoplasmic
35 reticulum localization, kinesin-binding or phosphoinositide-binding properties abrogated the
36 regenerative effects. These results demonstrate that Protrudin promotes regeneration by
37 functioning as a scaffold to link axonal organelles, motors and membranes, establishing
38 important roles for these cellular components in mediating regeneration in the adult central
39 nervous system.

40 Introduction

41

42 Axons of immature central nervous system (CNS) and adult peripheral nervous system
43 (PNS) neurons readily regenerate after injury ^{1,2}. In contrast, adult CNS neurons lose their
44 regenerative ability with maturation ³, meaning that axonal injury or disease has life-altering
45 consequences and that there is little chance of recovery. In addition to the non-permissive
46 extracellular environment after injury, intrinsic neuronal factors also play an important role in
47 the regenerative failure observed in mature CNS neurons ^{4,5}. Studies aimed at enhancing CNS
48 regeneration have identified transcriptional and epigenetic programs ^{6,7}, signaling pathways ⁸⁻
49 ¹⁰, the cytoskeleton ¹¹⁻¹⁴ and axon transport ¹⁵⁻¹⁹ as important factors governing regenerative
50 ability. However, the precise machinery required to reconstitute and extend an injured axon is
51 not completely understood, and repairing the injured CNS remains a challenging objective ²⁰.

52 This study focuses on the adaptor molecule Protrudin as a tool for investigating and
53 enhancing axon growth and regeneration in the adult CNS. Protrudin is an integral endoplasmic
54 reticulum (ER) membrane protein that has two properties which make it a candidate for
55 enabling axon regeneration. First, overexpression of Protrudin causes protrusion formation in
56 non-neuronal cell lines, and promotes neurite outgrowth in neuronal cells ²¹; second, Protrudin
57 is a scaffolding molecule which possesses interaction sites for key axon growth-related
58 molecules and structures ²¹. Through its Rab11 and kinesin-1 (KIF5) binding sites, Protrudin

59 can enable the anterograde transport of Rab11-positive recycling endosomes, leading to their
60 and their cargo's accumulation at protrusion tips^{21,22}. This is relevant to CNS axon repair
61 because increased Rab11 transport into CNS axons *in vitro* increases their regenerative ability
62¹⁹.

63 Protrudin localizes to the ER through two transmembrane domains and a hairpin loop
64 and interacts with VAP proteins at ER-membrane contact sites through an FFAT domain. This
65 interaction is involved in its effects on protrusion outgrowth²³⁻²⁵. In addition to its localization
66 at ER tubules, Protrudin also regulates ER distribution and network formation²³. Protrudin also
67 has a FYVE domain that binds to phosphoinositides enabling interaction with endosomes and
68 the surface membrane²⁵. Specific phosphoinositides are required at the growth cone during
69 rapid axon growth and for axon regeneration²⁶. Protrudin therefore links a number of cellular
70 components associated with axonal growth. Our hypothesis was that expression of an active
71 form of Protrudin would enable regeneration of CNS axons via a combination of these
72 interactions and would be a powerful tool for understanding the mechanisms of axon
73 regeneration.

74 Our initial studies found that Protrudin mRNA is expressed at low levels in CNS
75 neurons, but at higher levels in regenerating PNS neurons, and the protein is present in
76 immature regenerative CNS axons but is depleted from axons with maturity as regeneration is
77 lost. We reasoned that overexpression might allow for increased availability of regenerative
78 machinery within the axon, leading to better regeneration after injury. Because stimulation of
79 protrusions through the interaction of Protrudin and Rab11 is increased by growth factor
80 receptor phosphorylation, and its protrusive effects are prevented by dominant negative
81 mutations of the ERK phosphorylation sites, we created a phosphomimetic, active form of
82 Protrudin, mutating these previously identified phosphorylation sites²¹.

83 Here, we report that Protrudin promotes axon regeneration through the mobilization of
84 endosomes and ER into the distal part of injured axons, whilst having striking effects on
85 neuronal survival after axotomy. Importantly, Protrudin expression only has moderate effects
86 on developmental axon growth but has strong effects on regeneration. Overexpression of
87 Protrudin, particularly in its phosphomimetic form, led to robust regeneration and
88 neuroprotection of mature cortical axons *in vitro* and of retinal ganglion cell (RGC) axons in
89 the injured optic nerve. Protrudin expression caused increased transport of Rab11 endosomes,
90 integrins, and an accumulation of ER in the axon tip, with phosphomimetic Protrudin
91 increasing this effect. Deleting either the ER transmembrane domains or VAP-binding FFAT
92 domain prevented the accumulation of the ER whilst also abrogating the effects on
93 regeneration. Interfering with other key domains of Protrudin also eliminated the regenerative
94 effects, indicating that Protrudin promotes regeneration by acting as a scaffold in the axonal
95 ER, bringing together growth components, organelles and membranes to enable CNS axon
96 regeneration.

97 Results

98
99 Protrudin has several key domains, including a Rab11-binding domain (RBD), three
100 hydrophobic membrane-association domains (TM 1-3), an FFAT motif for binding to VAP
101 proteins at ER contact sites, a coiled-coiled (CC) domain (which interacts with kinesin 1) and
102 a phosphoinositide-binding FYVE domain which enables interaction with endosomes and the
103 plasma membrane^{21,23–25,27}. The map of these domains is shown in Fig. **1a**. Fig. **1b** shows the
104 phosphorylation sites that were mutated to produce phosphomimetic Protrudin in accordance
105 with previous literature²¹. We tested the ability of wild-type and phosphomimetic Protrudin to
106 induce protrusion formation in HeLa cells as previously described as a distinctive feature of
107 Protrudin²¹. We found that both wild-type and phosphomimetic Protrudin stimulate protrusion
108 formation compared to cells expressing a control construct (Fig. **S1a-b**). Cells overexpressing

109 phosphomimetic Protrudin showed higher percentage of protrusion formation as well as longer
110 protrusions compared to wild-type Protrudin confirming the active phenotype of our
111 phosphomimetic form of the protein (Fig. **S1a-c**).

112 Protrudin is expressed at low levels in mature, non-regenerative CNS neurons

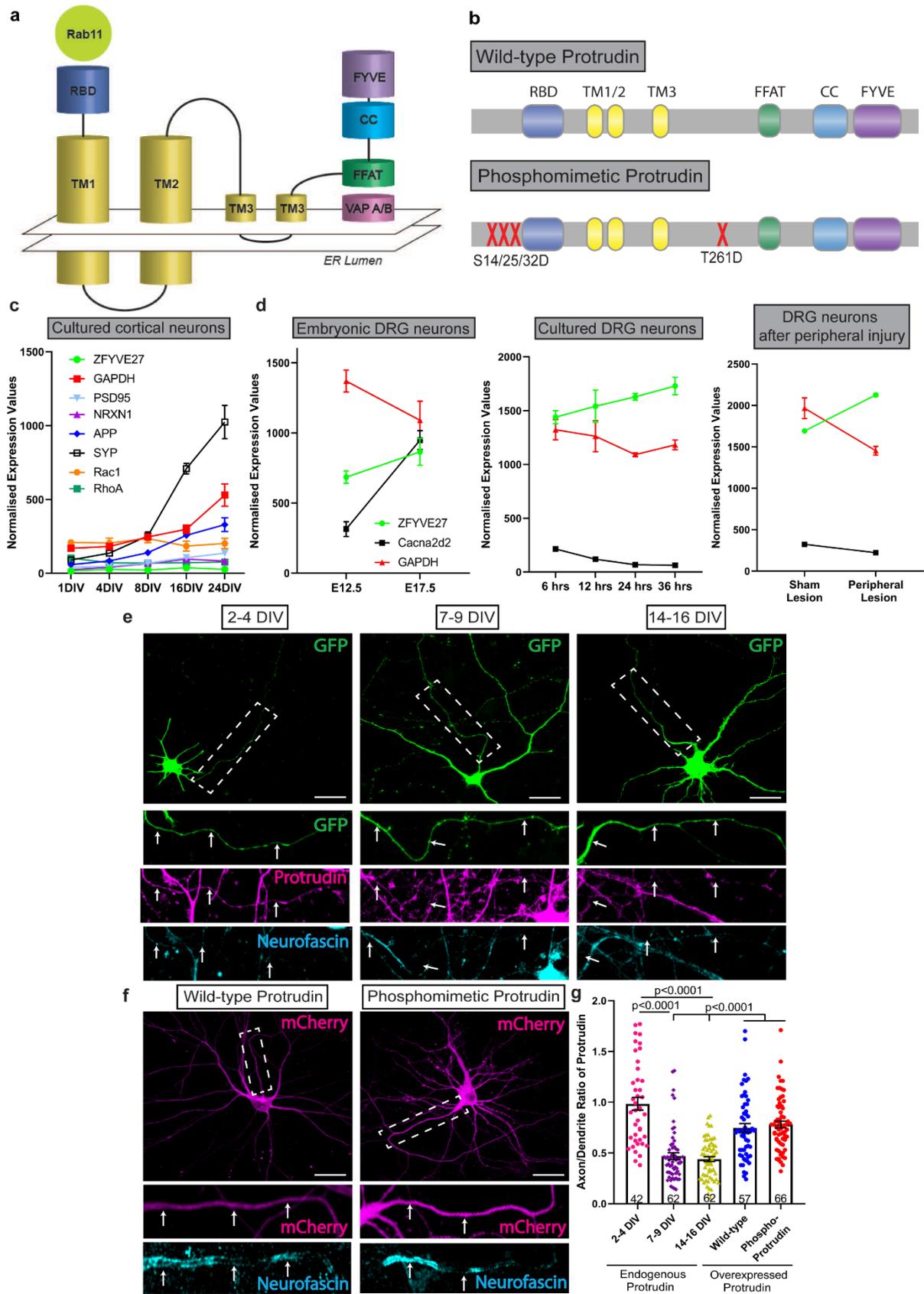
113 In order to affect growth and regeneration, we reasoned that Protrudin would need to
114 be present in axons in a significant quantity and be optimally functional. We first examined the
115 mRNA expression of Protrudin in developing CNS and PNS neurons, as well in PNS neurons
116 after injury, using previously published RNA sequencing datasets. We found that Protrudin
117 mRNA (*Zfyve27*) is expressed at low levels in CNS neurons, and its expression is not
118 developmentally regulated (Fig. **1c**)¹⁹. In contrast, in sensory, regeneration-capable neurons,
119 the Protrudin transcript increases with development, during axon growth *in vitro*, and in
120 response to peripheral nerve injury (Fig. **1d**)²⁸.

121 To assess the level and distribution of Protrudin protein in CNS axons, we examined its
122 endogenous localization in rat primary cortical neurons by immunocytochemistry. We
123 compared developing neurons (2-4 days after plating at E18), with mature neurons that have
124 lost the ability to regenerate their axons (matured *in vitro* for 14+ days). We found that
125 Protrudin localized to both axons and dendrites of developing cortical neurons but was enriched
126 in dendrites and restricted from axons at later stages, coinciding with the time when cortical
127 neurons mature and lose their regenerative ability (Fig. **1e-f**)¹⁹. By measuring the axon and
128 dendrite fluorescence intensity of Protrudin immunolabelling we found that younger neurons
129 (2-4 days *in vitro*, DIV) had a higher axon-to-dendrite ratio (ratio=1) compared with later stages
130 of development (7-9 DIV, ratio=0.47 and 14-16 DIV, ratio=0.44) (Fig. **1g**). These observations
131 suggest that endogenous Protrudin may not be present in sufficient quantity in mature CNS
132 axons to influence regeneration. Overexpression of either wild-type or phosphomimetic

133 Protrudin resulted in a substantial increase in the protein level in rat primary cortical neurons
134 (Fig. S2). This resulted in an increased axon-to dendrite ratio in neurons overexpressing wild-
135 type (ratio=0.77) or phosphomimetic (ratio=0.78) Protrudin at 14-16 DIV indicating an
136 increase in the protein's distribution to axons, with Protrudin easily detectable throughout
137 axons (Fig. **1f-g**). The exclusion of Protrudin from mature axons is therefore not absolute and
138 can be overcome by overexpression. Overexpression of Protrudin had no effect on soma size
139 or spine number and morphology whilst phosphomimetic Protrudin had a modest effect on
140 increasing dendritic tree complexity (Fig. S3).

141

142



144 Fig. 1 Protrudin is expressed at low levels in mature axons and overexpression restores this
145 deficit. **(a)** Schematic diagram of Protrudin's domains and structure. **(b)** Schematic of wild-
146 type and phosphomimetic Protrudin mutagenesis sites. **(c)** mRNA expression levels of six
147 neuronal genes (including *Zfyve27* – the Protrudin gene) from different stages of development
148 in primary rat cortical neurons *in vitro* ($n = 5-6$ samples). **(d)** Normalized expression levels of
149 Protrudin and other related genes during embryonic development in the mouse ($n = 3$ animals
150 for each timepoint), after plating DRG neurons *in vitro* ($n = 3$ animals for each timepoint) or
151 after peripheral nerve injury in DRG cells ($n = 3$ animals for sham and injured samples). **(e)**
152 Immunofluorescent images of Protrudin in the proximal axons (white dotted line box) of
153 neurons at different stages of development in culture. Scale bars are 20 μm . The white arrows
154 follow the course of the proximal axon. **(f)** Immunofluorescent images of overexpressed,
155 mCherry-tagged wild-type or phosphomimetic Protrudin (magenta) and staining for the axon
156 initial segment marker – neurofascin (cyan). Scale bars are 20 μm . **(g)** The axon-to-dendrite
157 ratio of Protrudin at different developmental stages or after overexpression at 14-16 DIV ($n =$
158 4 independent experiments for each condition, n numbers on graph show the number of
159 analysed cells) (*Kruskal-Wallis with Dunn's* multiple comparison test, $p < 0.0001$, *Kruskal-*
160 *Wallis* statistic = 101.6). Error bars represent mean \pm SEM.

161

162 Overexpression of wild-type or phosphomimetic Protrudin enhances axon regeneration *in vitro*

163 Protrudin overexpression has previously been associated with enhanced neurite
164 outgrowth in HeLa and PC12 cells as well as primary hippocampal neurons at early stages of
165 development ²¹. Given that Protrudin is expressed at low levels in CNS neurons, we reasoned
166 that its overexpression might increase axon growth. We transfected wild-type or
167 phosphomimetic Protrudin into immature 2 DIV cortical neurons and measured the growth of
168 axons and dendrites at 4 DIV (Fig. **2a**). Overexpression of phosphomimetic Protrudin had a
169 modest effect on this early phase of axon growth, with neurons overexpressing
170 phosphomimetic Protrudin having increased length of the longest neurite (580 μm) compared
171 to control-transfected neurons (470 μm) (Fig. **2b**). Overexpression of wild-type Protrudin had
172 no effect. These results show that high levels of phosphomimetic Protrudin have a small effect
173 on the initial outgrowth phase of neurons in culture. At this time axon growth is already rapid
174 (i.e. axons usually regenerate when cut), and the maturation-related compartmentalization of
175 the neurons to exclude growth-related molecules from axons has not yet occurred ¹⁹.

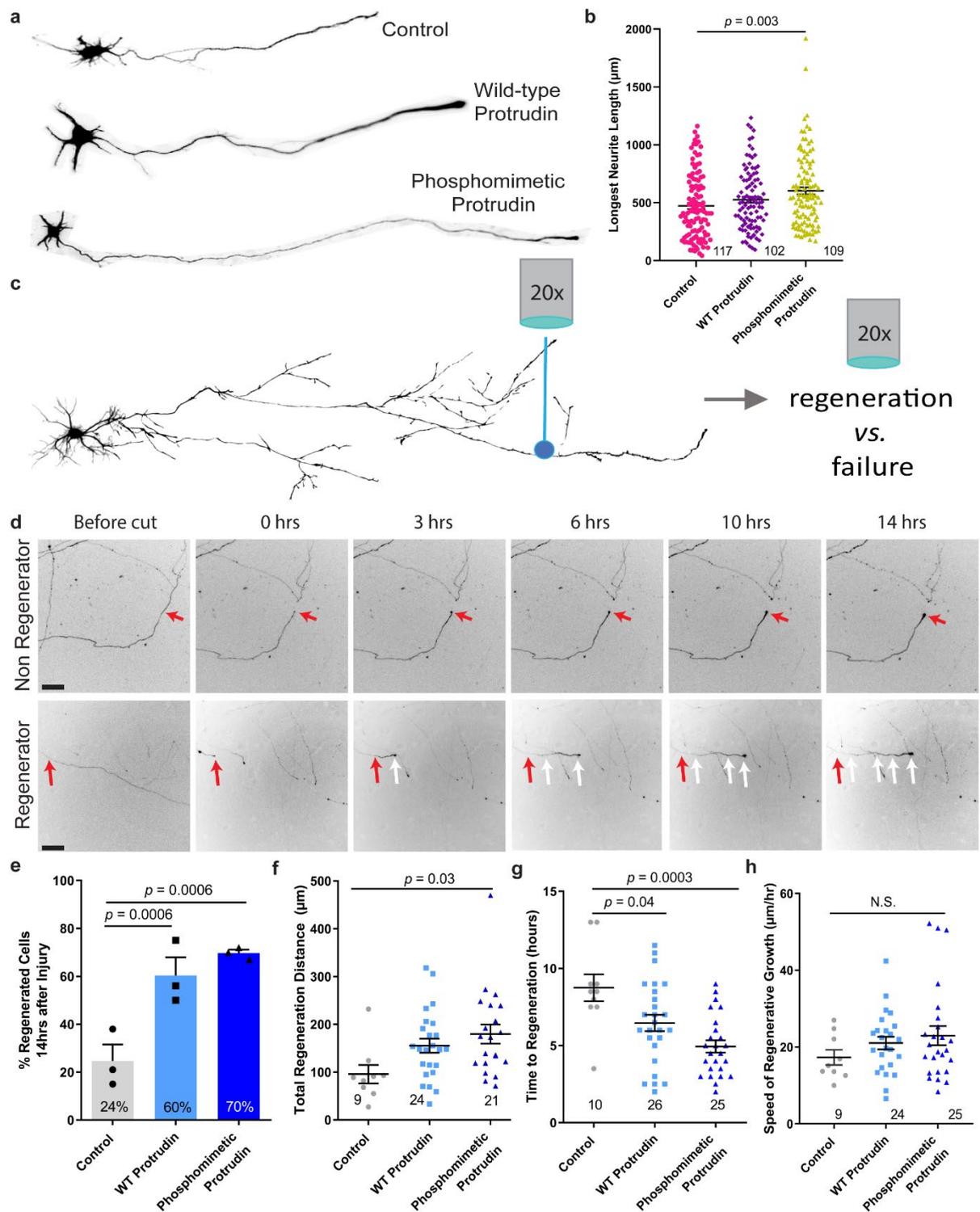
176 We next examined the effect of Protrudin overexpression on axon regeneration in
177 mature axons. We used the laser axotomy model of regenerative decline, where axons
178 progressively lose their regenerative ability as they mature and become electrically active (Fig.
179 **2c**) ^{18,19}. Cortical neurons were again transfected with either control, wild-type or
180 phosphomimetic Protrudin, this time at 10 DIV. We examined axon regeneration after laser
181 injury at 13-17 DIV, when regenerative capacity has declined ¹⁹. In this model, axons typically
182 show two responses to injury, either the formation of a retraction bulb and no regeneration, or
183 retraction and bulb formation followed by growth cone development and axon extension (Fig.
184 **2d**). Expression of either wild-type or phosphomimetic Protrudin led to a dramatic increase in
185 the percentage of axons regenerating after laser axotomy (Fig. **2e**, Video S1) with axons

186 regenerating longer distances (Fig. 2f) and initiating regeneration in a shorter time (Fig. 2g).
187 The speed of axon extension after growth cone initiation did not differ between the three
188 conditions (Fig. 2h). This indicates that Protrudin has its most pronounced effect on initial
189 growth cone formation, rather than on the axon elongation phase of regeneration. These
190 regenerative events were most pronounced in neurons transfected with phosphomimetic
191 Protrudin. Importantly, overexpressed wild-type and phosphomimetic Protrudin was found to
192 localize throughout axons, accumulating at the growth cones of uninjured axons, at
193 regenerating growth cones, and at the retraction bulbs of non-regenerating injured axons. At
194 the growth cone, Protrudin localized principally to the central domain (Fig. S4d-f).

195 Protrudin's effect on axon regeneration was dose dependent; co-transfection with a
196 construct encoding GFP resulted in lower Protrudin expression and a reduced effect on
197 regeneration (Fig. S4a-c). These results show that Protrudin, particularly in its constitutively
198 active phosphomimetic form, has a very strong effect on the rescue of axon regeneration in
199 mature neurons. There is therefore a contrast between Protrudin's minor enhancement of the
200 outgrowth of immature axons that are already growing rapidly, and the rescue of regeneration
201 in mature neurons whose axons seldom regenerate.

202

203



204 Fig. 2 Protrudin overexpression has a modest effect on initial neurite outgrowth but is a strong
 205 promoter of axon regeneration after laser axotomy. (a) Example neurons at 4 DIV
 206 overexpressing control construct, wild-type or phosphomimetic Protrudin. (b) The average
 207 length of the longest neurite in each condition ($n = 3$ independent experiments; 117 control,

208 102 WT and 109 phosphomimetic Protrudin cells were analysed, $p = 0.006$, *Kruskal-Wallis*
209 *with Dunn's* multiple comparison test, *Kruskal-Wallis* statistic = 10.34). Error bars represent
210 mean \pm SEM. (c) Diagram of the laser axotomy method. (d) Representative images show a
211 regenerating and a non-regenerating axon over 14 h post laser axotomy. The red arrows at 0 h
212 post injury shows the point of injury. The white arrows trace the path of a regenerating axon.
213 Scale bars are 50 μ m. (e) Percentage of regenerating axons overexpressing either mCherry
214 control ($n = 3$ independent experiments, 45 neurons), mCherry wild-type Protrudin ($n = 3$
215 independent experiments, 45 neurons) or mCherry phosphomimetic Protrudin ($n = 3$
216 independent experiments, 39 neurons) (*Fisher's exact* test with analysis of stack of p values
217 and Bonferroni-Dunn multiple comparison test). Error bars represent mean \pm SEM. (f)
218 Quantification of regeneration distance 14 h after injury of control ($n = 9$ cells), WT ($n = 24$
219 cells) and phosphomimetic Protrudin ($n = 21$ cells) axons ($n = 3$ independent experiments, *One-*
220 *way ANOVA*, $p = 0.04$, F statistic = 3.618). Error bars represent mean \pm SEM. (g) Quantification
221 of regeneration initiation time of control ($n = 10$ cells), WT ($n = 26$ cells) and phosphomimetic
222 Protrudin ($n = 25$ cells) axons ($n = 3$ independent experiments, *One-way ANOVA*, $p = 0.0004$,
223 F statistic = 9.076). Error bars represent mean \pm SEM. (h) Quantification of the speed of
224 regeneration of control ($n = 9$ cells), WT ($n = 24$ cells) and phosphomimetic Protrudin ($n = 25$
225 cells) axons ($n = 3$ independent experiments *One-way ANOVA*, $p = 0.348$, F statistic = 1.078).
226 Error bars represent mean \pm SEM.
227

228 Protrudin promotes regeneration through increased endosomal transport

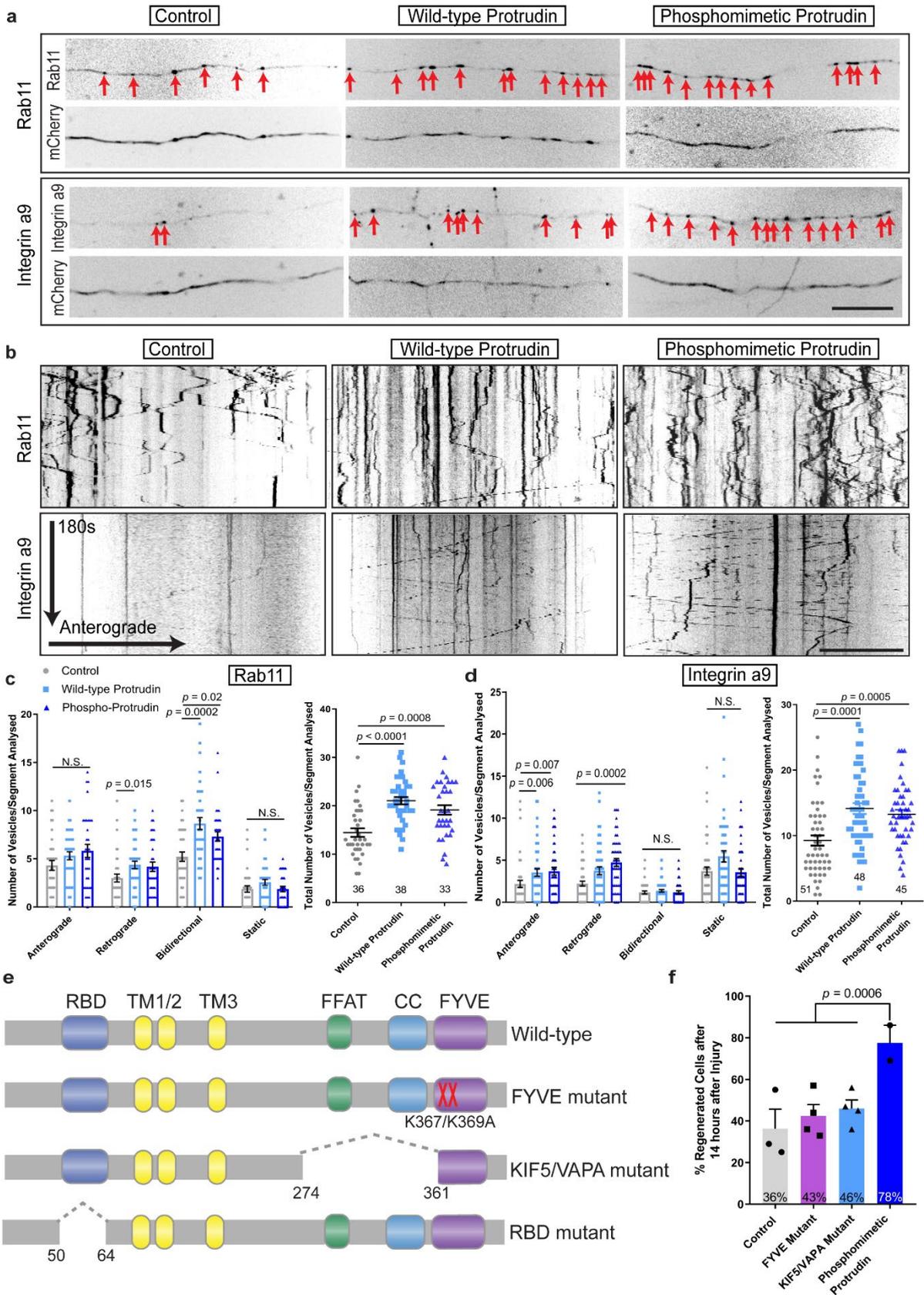
229 Protrudin has several interaction sites that have the potential to link endosomes, ER,
230 membrane and kinesin. Our hypothesis, based on studies of how Protrudin causes neurite
231 growth in HeLa and PC12 cells ²¹ and our studies of Rab11 vesicles and their cargo in
232 regeneration ¹⁹, was that the main effect of Protrudin would be to enable transport of Rab11
233 vesicles and their contents into mature axons through linkage to KIF5, so increasing
234 regenerative capacity. In order to determine if Protrudin's regenerative effects were mediated
235 through enhanced axonal transport, we examined the transport of Rab11 in the presence of
236 wild-type or phosphomimetic Protrudin, and also studied the transport of a known Rab11 cargo,
237 integrin alpha 9 ²⁹. This integrin can mediate long range sensory regeneration in the spinal cord
238 ¹⁵. In addition, we overexpressed three mutated Protrudin constructs targeting domains
239 associated with endosomal transport (Rab-binding domain, KIF5-interaction domain, and
240 FYVE domain), and examined axon regeneration after laser axotomy.

241 To determine whether Protrudin's regenerative effects were also accompanied by an
242 increase in axonal transport, we used spinning-disc live-cell microscopy to observe the
243 movement of Rab11-GFP or integrin α 9-GFP in the distal part of mature, 13-17 DIV axons in
244 the presence of overexpressed wild-type or phosphomimetic Protrudin (Fig. **3a**). Vesicle
245 transport was scored as anterograde, retrograde, bidirectional or static and the total number of
246 Rab11 or integrin α 9-positive endosomes per section of axon was measured. The majority of
247 Rab11-positive vesicles trafficked bidirectionally whereas the bulk of integrin-containing
248 endosomes moved retrogradely confirming previous studies ^{18,29}. Overexpression of either
249 wild-type or phosphomimetic Protrudin resulted in increased retrograde and bidirectional
250 transport of Rab11-GFP and enhanced anterograde and retrograde transport of integrin α 9-GFP
251 (Fig. **3b-d**), leading to more total Rab11 and integrin-positive vesicles in the distal axon (Fig.
252 **3b-d**). The finding that phosphomimetic Protrudin has no additional effect on axonal transport

253 compared with wild-type Protrudin suggests that phospho-mimetic Protrudin does not function
254 to further stimulate Rab11 transport. Approximately 20% of $\alpha 9$ - transporting vesicles were
255 positive for Protrudin (Fig. **S5a-b**) and 29% of Protrudin-positive endosomes (wild-type or
256 phosphomimetic) were also Rab11-positive (Fig. **S5a-b**), and kymograph analysis
257 demonstrated dynamic co-localization of both Rab11 and $\alpha 9$ -integrin with Protrudin.

258 To test the contribution of Protrudin's transport-associated domains towards its
259 regenerative effects, we assembled a cohort of mutants in accordance with previous literature
260 ^{21,25,27}. We deleted the Rab-binding domain (RBD) which is required for Rab11 anterograde
261 transport ²¹. We also created a mutant which lacked the FFAT (important for VAPA binding at
262 ER contact sites) and the coiled-coil domain which has previously been shown to disrupt the
263 interaction of Protrudin with the anterograde axonal motor KIF5 ²⁷. We termed this mutant
264 KIF5/VAPA mutant. Additionally, we made a dominant negative FYVE domain mutant which
265 prevents the interaction of Protrudin with phosphoinositides on endosomal membranes ²⁵ (Fig.
266 **3e**). Each of these mutants was separately expressed in cortical neurons at 10 DIV and their
267 effects on the regeneration of mature axons were quantified at 13-17 DIV using laser axotomy.
268 Unexpectedly, overexpression of the RBD mutant caused extensive neuronal cell death (Fig.
269 **S5c-d**), indicating an essential role for the Protrudin-Rab11 interaction in neuronal viability
270 but precluding examination of its effect on axon regeneration. Mutations of the KIF5/VAPA
271 or the FYVE domains sharply diminished the effects of Protrudin overexpression on axon
272 regeneration, whilst phosphomimetic Protrudin again stimulated robust regeneration (Fig. **3f**).
273 These data demonstrate that the interactions between Protrudin, endosomes and KIF5 are
274 required for the axon regeneration-promoting effects of Protrudin, and that Protrudin-driven
275 regeneration is accompanied by an increase in the anterograde transport of integrins and Rab11
276 endosomes.

277



279 Fig. 3 Protrudin enhances the transport of growth machinery and receptors in the distal axon,
280 and its involvement in axon transport is required for axon regeneration. **(a)** Representative
281 distal axon sections of neurons expressing integrin $\alpha 9$ -GFP or Rab11-GFP, together with either
282 mCherry (control), mCherry-wild-type Protrudin or mCherry-phosphomimetic Protrudin.
283 Scale bar is 20 μm . **(b)** Kymographs showing the dynamics of integrin $\alpha 9$ -GFP and Rab11-
284 GFP in distal axons of co-transfected neurons. Scale bar is 10 μm . **(c)** Quantification of Rab11-
285 GFP axon vesicle dynamics and total number of Rab11 GFP vesicles in distal axon sections (n
286 = 3 independent experiments) (for transport, *Kruskal-Wallis with Dunn's* multiple comparison
287 test was used; anterograde - $p = 0.175$, *Kruskal-Wallis* statistic = 3.489; retrograde - $p = 0.02$,
288 *Kruskal-Wallis* statistic = 8.197, bidirectional - $p = 0.0002$, *Kruskal-Wallis* statistic = 16.60,
289 static - $p = 0.105$, *Kruskal-Wallis* statistic = 4.499; for total number of vesicles, *one-way*
290 *ANOVA* was used - $p < 0.0001$, F statistic = 15.68). Error bars represent mean \pm SEM. **(d)**
291 Quantification of integrin $\alpha 9$ -GFP axon vesicle dynamics and total number of integrin $\alpha 9$ -GFP
292 vesicles in distal axon sections ($n = 3$ independent experiments) (for transport, *Kruskal-Wallis*
293 *with Dunn's* multiple comparison test was used; anterograde - $p = 0.002$, *Kruskal-Wallis*
294 statistic = 12.57; retrograde - $p = 0.0003$, *Kruskal-Wallis* statistic = 16.64, bidirectional - $p =$
295 0.271, *Kruskal-Wallis* statistic = 2.610, static - $p = 0.051$, *Kruskal-Wallis* statistic = 5.951; for
296 total number of vesicles - $p < 0.0001$, *Kruskal-Wallis* statistic = 21.81). Error bars represent
297 mean \pm SEM. **(e)** Schematic representation of Protrudin transport domain mutants. **(f)**
298 Percentage of regenerating axons in neurons expressing mCherry-Protrudin domain mutants -
299 FYVE ($n = 4$ independent experiments, 56 neurons) and KIF5/VAPA ($n = 4$ independent
300 experiments, 56 neurons) compared to phospho-Protrudin as a positive control ($n = 2$
301 independent experiments, 24 neurons), and mCherry as a negative control ($n = 3$ independent
302 experiments, 42 neurons) (*Fisher's exact* test with analysis of stack of p values and Bonferroni-
303 Dunn multiple comparison test). Error bars represent mean \pm SEM.

304 Protrudin promotes regeneration through interaction with the endoplasmic reticulum

305 There is increasing evidence that endosomal transport is heavily influenced by ER-
306 endosome contact sites, and that the distribution and morphology of ER tubules is controlled
307 by kinesin-dependent endosomal transport ^{22,30}. Additionally, ER-endosome and ER-plasma
308 membrane contact sites have been observed in both axons and dendrites ³¹. We reasoned that
309 the localization of Protrudin to the ER, and its interaction with contact site proteins might
310 contribute to its regenerative effects. In order to study this, we mutated the FFAT domain which
311 is important for Protrudin's interaction with VAP proteins at ER contact sites ²³, and we created
312 a mutant lacking all three transmembrane (TM1-3) domains which confer its membrane
313 localization within the ER (Fig. **4a**). Deletion of these hydrophobic regions releases Protrudin
314 from the ER, rendering it cytosolic ²³.

315 The ER exists as a continuous tubular organelle through axons (similar to an axon within the
316 axon), and its genetic disruption causes axonal degeneration ³². Re-establishment of the axonal
317 ER may be equally as important as the re-establishment of the axon membrane for successful
318 regeneration. Because ER tubules undergo highly dynamic movements, partly by hitchhiking
319 on motile endosomes ³³, we hypothesized that linkage of overexpressed Protrudin to kinesin
320 might lead to an increase in tubular ER in the axon. To examine the effects of Protrudin
321 overexpression on axonal ER we analyzed the distribution of endogenous reticulon 4 (RTN4)
322 by immunofluorescence, which reports on ER abundance in axons ³⁴ (Fig. **4b**). Overexpression
323 of wild-type and phosphomimetic Protrudin resulted in increased RTN4 in the growth cone
324 shaft and at the axon tip of uninjured axons with a trend of having more ER in neurons
325 expressing phosphomimetic Protrudin compared to those with wild-type Protrudin. Neurons
326 expressing either the FFAT deletion mutant or the ER membrane deletion mutant of Protrudin
327 (lacking TM1-3 domains) did not exhibit an accumulation of RTN4 in the distal axon (Fig. **4b-**
328 **d**). We observed a similar accumulation of ER at the tip of protrusions in HeLa cells expressing

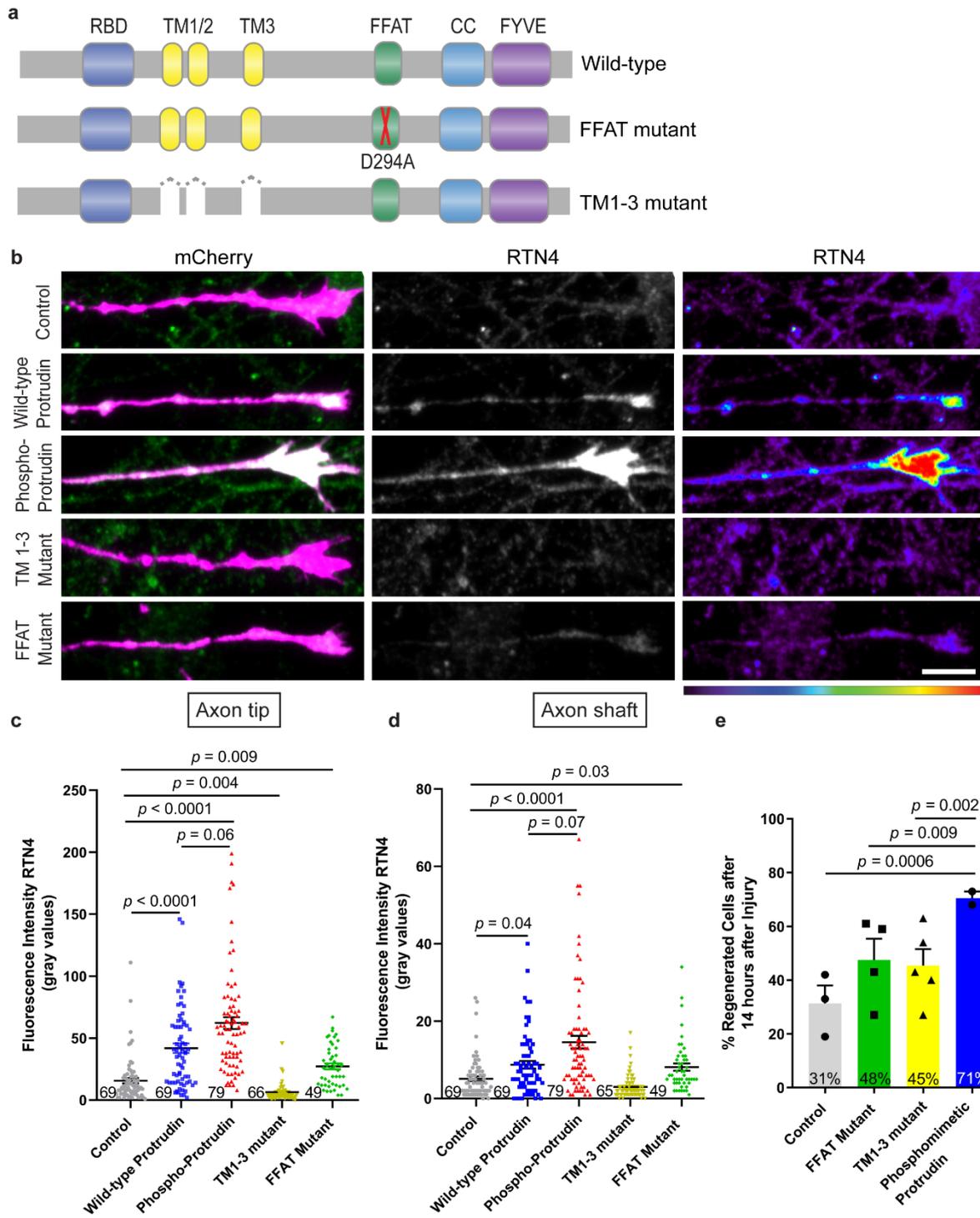
329 phosphomimetic but not wild-type Protrudin (Fig. **S1d**). To confirm our neuronal findings, we
330 studied the distribution of an additional smooth ER marker – REEP5 (Fig. S6). We found an
331 accumulation of overexpressed REEP5 at the growth cone in neurons expressing wild-type and
332 phosphomimetic Protrudin with phosphomimetic Protrudin having the most robust effects (Fig.
333 S6). These findings indicate that phosphomimetic, active Protrudin has stronger effects on ER
334 mobilization compared with wild-type Protrudin, in contrast to its effects on Rab11 transport
335 (Fig. 3).

336 In order to study the importance of the Protrudin-ER interaction for Protrudin-mediated
337 axon regeneration, each of the mutants described above was separately expressed in primary
338 rat cortical neurons at 10 DIV and their effects on axon regeneration were studied at 13-17 DIV
339 using laser axotomy. Both mutants sharply diminished the effects of Protrudin overexpression
340 on axon regeneration compared to phosphomimetic Protrudin which stimulated robust
341 regeneration (Fig. **4e**). However, both deletion mutants had moderate regenerative effects
342 compared to control neurons. Whilst these were not statistically significant, they indicate that
343 Protrudin may exert some effects independently of its localization to ER contact sites.

344 We showed above that a combined KIF5/VAPA mutant which disrupts binding to
345 KIF5 reduced the regenerative effect of phosphomimetic Protrudin (Fig. **3f**). Interestingly,
346 disruption of the FFAT domain alone had a similar effect on suppressing axon regeneration to
347 the combined KIF5/VAPA deletion mutant, underlying the importance of Protrudin's
348 interaction with ER contact site protein VAPA to mediate axon regeneration. These data
349 demonstrate that Protrudin enables the enrichment of ER in axon growth cones, and that this
350 supports Protrudin's regenerative effects. This indicates an important role for the ER in
351 mediating CNS axon regeneration.

352 Collectively, the results so far demonstrate that Protrudin enables axon regeneration by
353 acting as a scaffold that links key players that participate in regeneration. Axonal ER, recycling
354 endosomes, kinesin 1, and phosphoinositides, are all brought together in distal axons and
355 regenerating growth cones. The finding that mutation of any of the binding domains in
356 Protrudin abrogates its effect on regeneration suggests that the co-location of all these
357 components is necessary for efficient axon regeneration.

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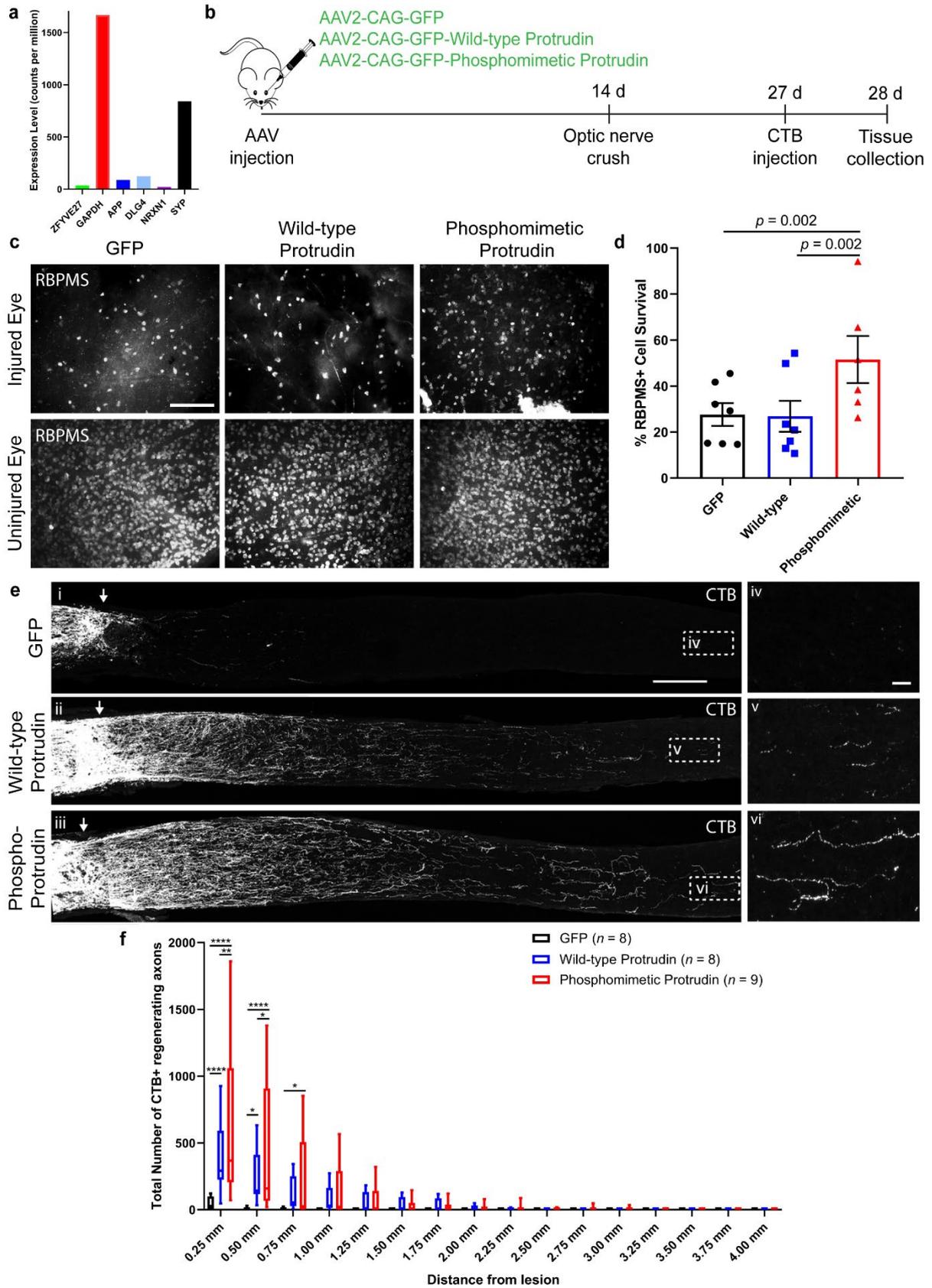


360 Fig. 4 Protrudin overexpression enhances ER presence at growth cones and this interaction is
361 required for successful axon regeneration. (a) Schematic representation of Protrudin
362 endoplasmic reticulum domain mutants. (b) Representative images of RTN4
363 immunofluorescence (green) in the distal axon of neurons expressing the indicated m-Cherry
364 Protrudin constructs (magenta). Scale bar is 10 μ m. (c-d) Quantification of RTN4 fluorescence
365 intensity at the axon tip and shaft ($p < 0.0001$, *Kruskal-Wallis with Dunn's* multiple
366 comparisons test). Error bars represent mean \pm SEM. (e) Percentage of regenerating axons in
367 neurons expressing mCherry-Protrudin domain mutants – FFAT ($n = 4$ independent
368 experiments, 60 neurons) and TM1-3 ($n = 5$ independent experiments, 45 neurons) compared
369 to phosphomimetic Protrudin as a positive control ($n = 2$ independent experiments, 21 neurons),
370 and mCherry as a negative control ($n = 3$ independent experiments, 41 neurons). Error bars
371 represent mean \pm SEM.

372 Overexpression of Protrudin promotes neuronal survival in the retina and axon regeneration in
373 the injured optic nerve

374 Protrudin's robust effect on CNS axon regeneration *in vitro* prompted us to investigate
375 its effectiveness on optic nerve regeneration. We first examined Protrudin mRNA levels in
376 retinal ganglion cells (RGCs) in published RNA sequencing datasets³⁵ and found that Protrudin
377 mRNA is present at low levels in mature, adult RGCs (Fig. **5a**). This corresponded with our
378 findings in cortical neurons but not in regenerative PNS neurons where Protrudin levels are
379 much higher (Fig. **1c-d**). We generated three constructs for AAV delivery to the retina by
380 intravitreal injection: AAV2-GFP, AAV2-ProtrudinGFP, and AAV2-phosphomimetic-
381 Protrudin-GFP. The viruses transduced 40-45% of RGCs throughout the retina and the protein
382 was observed throughout uninjured axons (Fig. **S7a-b**). Higher Protrudin levels were detected
383 by immunohistochemistry of wholemount retinas in eyes following overexpression of wild-
384 type or phosphomimetic Protrudin compared to the control virus (Fig. **S7c**). Viruses were
385 injected 2 weeks before optic nerve crush, and 2 weeks after injury the anterograde axon tracer
386 – cholera toxin subunit- β (CTB) was administered (Fig. **5b**). We measured RGC survival in
387 the retina and axon regeneration in the optic nerve. At 2 weeks after the injury we quantified
388 RGC survival by counting the number of RBPMS-positive RGCs in wholemount retinas. We
389 found that retinas expressing phosphomimetic Protrudin had a significantly higher percentage
390 of surviving RGCs (52%) compared to those injected with GFP control (28%) whilst
391 transduction with wild-type Protrudin (27%) had no effect (Fig. **5c-d**). In contrast, both wild-
392 type and phosphomimetic Protrudin had robust effects on axon regeneration. Optic nerves of
393 mice expressing GFP exhibited limited regeneration (0% >0.5 mm from the crush site), while
394 regenerating axons extended up to 2.75 mm in wild-type Protrudin-transduced animals, and as
395 far as 3.5 mm in phosphomimetic Protrudin-transduced animals. The numbers of regenerating
396 axons were high, particularly for phosphomimetic Protrudin, in which over 630 axons were

397 seen proximally, significantly more than in control (44 axons) or in wild-type Protrudin (380
398 axons) (Fig. **5e-f**). Co-localization between CTB and GAP43 was found throughout the nerve
399 in all conditions suggesting that the majority of CTB-positive axons observed in the nerve past
400 the injury site are regenerating axons (Fig. **S7d**). These findings confirm that phosphomimetic
401 Protrudin expression leads to a substantial increase in neuronal survival and axon regeneration
402 in the injured CNS, whilst wild-type Protrudin overexpression does not protect RGCs from
403 death, but has robust effects on the regeneration of surviving neurons.
404



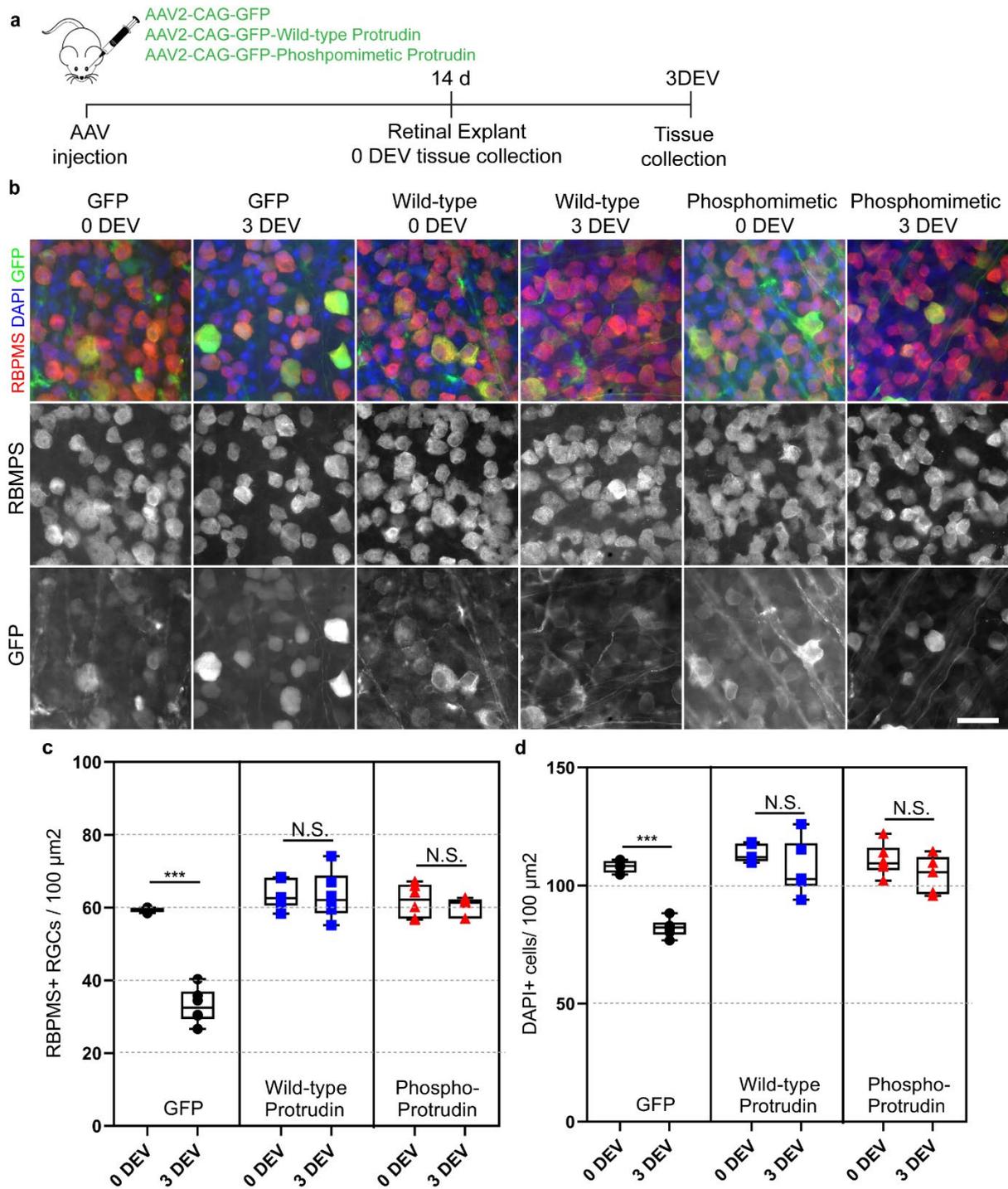
406 Fig. 5 Protrudin enhances regeneration of RGC axons following optic nerve crush. (a)
407 Protrudin mRNA levels during the progression of glaucoma in comparison to other neuronal
408 markers. (b) Experimental timeline for optic nerve crush. (c) Representative images of retinal
409 wholemounts stained for RBPMS (white) to label retinal ganglion cells in the uninjured and
410 injured for each condition 2 weeks after optic nerve crush. Scale bars are 100 μm . (d)
411 Quantification of RGC survival 2 weeks post crush. Eyes injected with phosphomimetic
412 Protrudin have a higher percentage of RGC survival ($n = 5$ animals) compared to control ($n =$
413 7 animals, $p = 0.007$) or wild-type Protrudin ($n = 7$ animals, $p = 0.002$) (*Fisher's exact test*
414 with analysis of stack of p values and Bonferroni-Dunn multiple comparison test). Error bars
415 represent mean \pm SEM. (e) CTB-labelled axons in the optic nerves of mice transduced with
416 viruses for wild-type Protrudin, phosphomimetic Protrudin and GFP control. Arrows indicate
417 lesion site. Insets (iv-vi) show regenerating axons in the distal optic nerve. Scale bar is 200 μm
418 and on inset is 20 μm ($n = 8-9$ animals/group). (f) Quantification of regenerating axons at
419 increasing distances distal to the lesion site, displayed as mean \pm SEM. Statistical significance
420 was determined by *two-way ANOVA with Bonferroni post-hoc test* for multiple comparisons.
421 ****** $p < 0.005$, ******* $p < 0.001$, ******** $p < 0.0001$. Individual p values are as follows: $p < 0.0001$
422 for GFP vs. WT and GFP vs. phosphomimetic Protrudin at 0.25 mm, $p = 0.003$ for WT vs.
423 phosphomimetic Protrudin at 0.25 mm, $p = 0.01$ for GFP vs. WT at 0.5 mm, $p < 0.001$ for
424 GFP vs. phosphomimetic Protrudin at 0.5 mm, $p = 0.02$ for WT vs. phosphomimetic Protrudin
425 at 0.5 mm and $p = 0.01$ for GFP vs. phosphomimetic Protrudin at 0.75 mm. The box plots show
426 the first and third quartiles (the box limits), the median (horizontal line), and the minimum and
427 maximum values (whiskers).

428

429 Overexpression of wild-type or phosphomimetic Protrudin is neuroprotective *in vivo*

430 We next examined the effects of Protrudin expression using an additional RGC
431 neuroprotection model. Because optic nerve injury leads to severe neuronal loss two weeks
432 after injury (typically 80-90%) we used an acute retinal explant model which is often used to
433 detect potential neuroprotective treatments for glaucoma^{36,37}. Viruses were injected
434 intravitreally, and retinas were removed two weeks later and cultured as explants for three days
435 (Fig. **6a**). Both wild-type and phosphomimetic Protrudin were entirely neuroprotective, with
436 these retinas exhibiting no loss of RGC neurons, whilst GFP-only controls lost 55% of their
437 RGCs (Fig. **6b-c**). Additionally, both Protrudin constructs showed widespread general
438 neuroprotection as there was no reduction in the DAPI-positive cells after injury (Fig. **6d**).

439



440 Fig. 6 Protrudin is neuroprotective to RGCs and other cell types in the retina after a retinal
 441 explant. (a) Experimental timeline for retinal explant experiment. (b) Representative images
 442 of RGCs (red for RBPMS) 0 and 3 days *ex vivo* (DEV) in eyes injected with control virus,
 443 wild-type Protrudin or phosphomimetic Protrudin (green for GFP) and stained for DAPI (blue).
 444 Scale bar is 20 μm. (c) Quantification of RGC survival in retinal explant ($n = 4-6$ animals for

445 each condition) (Two-tailed *Student's* t-test). ** $p < 0.005$, *** $p < 0.001$, **** $p < 0.0001$.
446 Individual p values are as follows: $p < 0.0001$ for GFP, $p = 0.945$ for WT and $p = 0.439$ for
447 phosphomimetic Protrudin when compared at 0 DEV to 3 DEV. The box plots show the first
448 and third quartiles (the box limits), the median (horizontal line), and the minimum and
449 maximum values (whiskers). The circles, squares and rectangles represent individual data
450 points. **(d)** Quantification of DAPI-positive cell survival in retinal explant ($n = 4-6$ animals for
451 each condition) (Two-tailed *Student's* t-test). ** $p < 0.005$, *** $p < 0.001$, **** $p < 0.0001$.
452 Individual p values are as follows: $p < 0.0001$ for GFP, $p = 0.234$ for WT and $p = 0.189$ for
453 phosphomimetic Protrudin when compared at 0 DEV to 3 DEV. The box plots show the first
454 and third quartiles (the box limits), the median (horizontal line), and the minimum and
455 maximum values (whiskers). The circles, squares and rectangles represent individual data
456 points.
457

458 Discussion

459 Our study demonstrates axon regeneration in the CNS driven by overexpression of the
460 scaffold molecule, Protrudin. Protrudin enables robust axon regeneration and neuroprotection
461 in the retina and optic nerve and promotes regeneration after axotomy of cortical neurons *in*
462 *vitro*. The action of Protrudin is to bind recycling endosomes, endoplasmic reticulum and
463 kinesin and carry them and their contents to the tip of axons and growth cones.

464 Protrudin mRNA is expressed at low levels in cultured CNS cortical neurons compared
465 to other abundantly expressed proteins (Fig. 1c). In previous reports, Protrudin has been
466 detected in mouse primary hippocampal neurons at 1 DIV predominantly localized to the
467 pericentrosomal compartment and to growing neurites, and present in dendrites and at the
468 growth cone²¹. Here, we examined the distribution of the endogenous protrudin protein in rat
469 primary cortical cultures throughout development¹⁹. We found that Protrudin's distribution
470 changes with neuronal maturity. Protrudin is present in the newly extending axons but as
471 neurons mature and polarize, the Protrudin protein is redistributed towards the cell body and
472 dendrites, suggesting that the protein is not available to participate in regeneration (Fig. 1e-g).
473 Many molecules become selectively excluded from axons and directed to dendrites as neurons
474 mature and compartmentalize. Previously we have studied the selective distribution of Rab11
475 and integrins which are essential for neurite outgrowth and axon transport^{17,19}. For these
476 molecules the exclusion from axons is more complete than for Protrudin which is driven in
477 axons when the levels in the cell body are raised by overexpression. The exclusion of growth-
478 related molecules from mature axons is one of the reasons for their failure to regenerate, and
479 restoration of Rab11 vesicles and integrins to mature axons can restore regeneration^{17,19,38}.

480 The main aims of this study were to determine whether Protrudin can enable axon
481 growth and regeneration and investigate its mechanism of action. Previously, the ability of

482 Protrudin to stimulate process outgrowth was shown to be dependent on its phosphorylation.
483 Because receptors able to activate proteins by phosphorylation may be sparse in mature CNS
484 axons ³⁹, a construct for phosphomimetic, constitutively active Protrudin was made, based on
485 the previously identified phosphorylation sites ²¹.

486 Previous reports have shown that overexpression of Protrudin can enhance neurite
487 outgrowth in PC12 cells and in hippocampal neurons at early stages of development ²¹.
488 Overexpression of Protrudin during early neurite extension upon dissociation led to a modest
489 increase in axon length when phosphomimetic Protrudin was overexpressed in rat cortical
490 neurons (Fig. **2a-b**). However, we did not observe any differences when wild-type Protrudin
491 was overexpressed, as predicted by previous studies in hippocampal neurons ²¹.

492 To measure the effects of Protrudin on axon regeneration we used a culture model in
493 which neurons mature over time, and the probability of axons regenerating declines from
494 around 70% to 5% by 20 DIV ¹⁹. These *in vitro* regeneration experiments demonstrate that
495 wild-type and phosphomimetic Protrudin greatly enhance axon regeneration after laser injury
496 (Fig. **2c-h**). The percentage of regenerating axons especially in the phosphomimetic Protrudin
497 condition (70%) was found to be higher than some of the best treatments utilised previously in
498 this model system such as depletion of EFA6 – an ARF6 activator in the axon (59%) ¹⁸ and
499 overexpression of dominant negative Rab11 (38%) ¹⁹. 70% appears to be the ceiling value for
500 regeneration in this assay. Overexpression of wild-type Protrudin was also capable of
501 enhancing axon regeneration but to a lesser extent than phosphomimetic Protrudin.

502 Once Protrudin's regenerative ability was confirmed, we studied potential mechanisms,
503 based on Protrudin's many interaction domains. Protrudin's actions affected transport as
504 predicted, because overexpression of wild-type and phosphorylated Protrudin resulted in
505 increased transport of Rab11 endosomes and in enhanced anterograde and retrograde transport
506 of integrins in the distal axon (Fig. **3a-d**). This study focused on integrin $\alpha 9$ because of its

507 ability to promote long-range axon regeneration in the spinal cord and on Rab11 because these
508 endosomes transport integrins^{15,17}; however, the effects of Protrudin on axon growth are most
509 likely both integrin dependent and independent²⁹. In addition to integrins, Rab11 endosomes
510 transport many growth-promoting molecules that could influence regeneration including the
511 IGF-1 and TrkB receptors⁴⁰⁻⁴². Rab11 may also promote regeneration through regulation of
512 membrane trafficking events⁴³. In addition, based on the original hypothesis, the domain's
513 linking axonal transport to membrane and endosomal trafficking (FYVE domain, KIF5/VAPA
514 domain and Rab11-binding domain) were mutated, and each of these changes suppressed the
515 axon regeneration-promoting effect of Protrudin (Fig.3e-f).

516 The involvement of the ER in axon regeneration has not been extensively studied in
517 mammalian CNS neurons before. One previous study has presented correlative evidence
518 implicating not only the ER but also the protrudin-binding protein - spastin in axon but not
519 dendrite regeneration due to their accumulation at the tips of regenerating axons after axonal
520 injury in *Drosophila*⁴⁴ and ER-microtubule interaction is involved in the establishment of
521 neuronal polarity³⁴. Here, we found that phosphomimetic Protrudin overexpression increased
522 ER (shown by reticulon 4 and REEP5, markers of smooth ER)³⁴ in axonal growth-cones (Fig.
523 **4b-d**). In addition, TM1-3 deletion mutant and FFAT deletion mutant Protrudin, both important
524 for ER localization, each eliminated its ability to enrich ER at growth cones to the same extent
525 as wild-type or phosphomimetic Protrudin and to promote axon regeneration after laser
526 axotomy (Fig. 4). There are several mechanisms by which enrichment of the ER could facilitate
527 axon regeneration, including bulk transfer of lipids from the ER to the plasma membrane,
528 synthesis and transfer of signaling lipids, calcium signaling and involvement in organelle
529 trafficking. ER-plasma membrane interaction sites are a potential site for some of these
530 interactions^{22,45}. Protrudin-mediated enrichment of ER into the tip of growing processes could
531 function to enable the transfer of lipids, with the FYVE domain promoting interaction with the

532 surface membrane ²⁵, allowing for rapid expansion of the growth cone plasma membrane - a
533 requirement for successful axon regeneration ⁴⁶.

534 The overall result of these studies into the interaction domains of Protrudin is that all
535 of them are involved in axon regeneration, and that inactivation of any of them removes most
536 of the ability of Protrudin to promote regeneration. The conclusion is that Protrudin works by
537 bringing all of its binding partners together in such a way that they can collaborate in enabling
538 axon regeneration. An outstanding issue is the relative contribution of the ER and Rab11 to the
539 regenerative effects of Protrudin and phosphomimetic Protrudin, especially because the ER is
540 closely linked to numerous types of endosomes through interactions at contact sites. Further
541 work is needed to determine if additional interventions which increase axonal ER also lead to
542 enhanced regeneration, independently of a direct interaction with Rab11.

543 The next step was to examine Protrudin's effects *in vivo*. The optic nerve crush model
544 has proven an excellent screen for regeneration treatments. Promoting retinal ganglion cell
545 regeneration has the potential to restore vision loss associated with optic neuropathies such as
546 glaucoma, and virally delivered gene therapy for eye disease is already in clinical practice ⁴⁷.
547 In the current study, adult mice were treated by delivering an AAV vector into the vitreous 2
548 weeks before an optic nerve crush. Both phosphomimetic and wild-type Protrudin led to a large
549 number of axons regenerating for a long distance only 2 weeks after optic nerve crush with
550 only phosphomimetic Protrudin having a pronounced effect on neuronal survival 2 weeks post
551 crush (Fig. 5). Expression of phosphomimetic Protrudin allowed for 400-500 neuronal fibers
552 to reach the 0.5 mm mark by 2 weeks after injury suggesting that this intervention is
553 comparable to the most potent interventions reported to date.

554 In addition, Protrudin's overexpression (both wild-type and phosphomimetic forms)
555 was completely neuroprotective in a retinal explant model of RGC injury and 2 weeks post
556 optic nerve crush (Fig. 5 and Fig. 6). This effect could be due to increased signaling as a result

557 of improved axonal transport which in turn activates retrograde survival signals. Further studies
558 are needed in order to pinpoint the exact mechanism of Protrudin-driven neuroprotection in the
559 eye.

560 Our study demonstrates robust axon regeneration in the adult CNS driven by
561 overexpression of the adapter protein Protrudin. Overexpression of Protrudin, particularly in
562 its phosphomimetic, active form greatly enhanced regeneration in cortical neurons *in vitro* and
563 in the injured adult optic nerve. Importantly, both wild-type Protrudin and phosphomimetic
564 Protrudin expression lead to an accumulation of ER and enhanced axonal transport in the distal
565 axon and interfering with Protrudin's ER localization or transport domains abrogates its
566 regenerative effects, indicating a central role for these processes in mediating Protrudin-driven
567 regeneration. We propose that Protrudin enables regeneration by acting as a scaffold to link the
568 ER, recycling endosomes, kinesin-based transport and membrane phospholipids. Our findings
569 establish the importance of these components in facilitating CNS axon regeneration, whilst
570 suggesting Protrudin gene-therapy as a potential approach for repairing CNS axon damage.

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582

583 **Acknowledgements**

584

585 We would like to thank Prof. Joost Verhaagen for providing the viral constructs in which
586 Protrudin was cloned, Mr Tolga Sadku for creating the Protrudin schematic diagram, the Light
587 Microscopy Core of the NHLBI/NIH, and Mr. Raymond Fields at the National Institute of
588 Neurological Diseases and Stroke Viral Core Facility for making the Protrudin viruses.

589 Author contributions

590

591 V.P., C.S.P., R.E., E.R. and J.W.F. came up with the concept of the paper and designed all
592 initial experimental procedures. V.P. performed and quantified all *in vitro* regeneration and
593 validation experiments and assisted with the design and curation of *in vivo* data. C.S.P. and
594 J.C. designed and performed optic nerve crush experiments. C.S.P., J.C., A.S., Y.Y., A.O.,
595 F.M.L., R.J.W. performed the validation, execution, quantification and curation of optic nerve
596 crush regeneration and survival data. J.R.T. and P.A.W. performed, quantified and curated all
597 data related to the retinal explant neuroprotection experiments. K.R.M., E.R., P.A.W., H.M.G.,
598 R.E., J.W.F. supervised the project throughout and obtained funding. V.P., R.E., J.W.F wrote
599 the original draft of the paper. All authors gave comments on the manuscript and approved the
600 final version of the paper.

601 Funding

602

603 Funding was from the UK Medical Research Council (MR/R004544/1, MR/R004463/1);
604 Christopher and Dana Reeve Foundation; EU ERA-NET NEURON – grant AxonRepair; Bill
605 and Melinda Gates Foundation; International Foundation for Research in Paraplegia (IRP);
606 Fight for Sight (5119/5120, and 5065-5066); Cambridge Eye Trust, and National Eye Research
607 Council; the Operational Programme Research, Development and Education in the framework
608 of the project "Centre of Reconstructive Neuroscience", Czech Ministry of Education,
609 CZ.02.1.01/0.0./0.0/15_003/0000419; Vetenskapsrådet 2018-02124 (P.A.W); Pete Williams is
610 supported by the Karolinska Institutet in the form of a Board of Research Faculty Funded

611 Career Position and by St. Erik Eye Hospital philanthropic donations. Initial Protrudin
612 constructs were made in Dr E. Reid's laboratory under the Wellcome Trust Senior Research
613 Fellowship grant (082381); Division of Intramural Research, National Heart, Lung, and Blood
614 Institute, NIH.

615

616 Competing interests

617 Authors declared no competing interests.

618

619 Data Availability

620 The RNA-sequencing datasets from peripheral DRG neurons in development and after injury²⁸,
621 from retinal ganglion cells during development³⁵ or from cultured rat primary cortical
622 neurons¹⁹ used for analysis in this study (Fig. **1c** and **1d**) have previously been published and
623 deposited in NCBI Gene Expression Omnibus (accession numbers: GSE66128
624 [<https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE66128>], GSE90654
625 [<https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE90654>] and GSE92856
626 [<https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE92856>], respectively). The rest of
627 the data generated to support the findings of this study are available from the corresponding
628 author upon reasonable request. Source data are provided with this paper.

629

630 Methods

631

632 DNA constructs

633 Human Protrudin constructs (in pmCherry-C1 and pEGFP-C1)⁴⁸, CMV-integrin-alpha9-GFP²⁹
634 and CMV-Rab11 -GFP^{19,29} were used. The CMV promoter in all constructs was replaced by a
635 human synapsin (Syn) promoter by Gibson assembly cloning. The viral vector plasmid
636 backbones (AAV2-sCAG-GFP) were a kind donation by Prof. Joost Verhaagen, The
637 Netherlands Institute for Neuroscience. Protrudin-GFP was cloned from pEGFP-C1 plasmid
638 into viral vector plasmids using Gibson cloning. Site-direct mutagenesis was performed in
639 order to create the Protrudin active phosphomimetic form (QuikChange II Site-Directed
640 Mutagenesis Kit, Agilent Technologies). All primers used for Protrudin cloning are described
641 in Table S1. All constructs were verified by DNA sequencing.

642

643 Cell culture and transfections

644 Rat cortical neurons were dissected from E18 embryos from Sprague Dawley rats and plated
645 on imaging dishes or on acid-washed glass coverslips at the following densities:
646 1×10^5 cells/dish for immunocytochemistry, 2×10^5 for axotomy or live-cell imaging and 8×10^4
647 cells/coverslip. All surfaces were coated with poly-D-lysine (Sigma, D1149-100MG), diluted
648 in borate buffer to a final concentration 50 $\mu\text{g}/\text{mL}$. The cells were grown in serum-free MACS
649 Neurobasal Media supplemented with 2% NeuroBrew21 and 1% GlutaMAX supplements at
650 37°C in 7% CO₂ incubator. Cortical neurons were transfected using NeuroMag magnetofection
651 (Oz Biosciences, NM50200) system where 7 μg of DNA plasmid is mixed with 100 μL NB
652 media and 8 μL of magnetic beads. The reaction was kept for 30 minutes at 37°C before adding
653 900 μL of pre-warmed NB media to a final volume of 1 mL. The original neuronal media was
654 removed, and 1 mL of transfection mixture was added. Dishes were then incubated at 37°C for

655 30 minutes on a magnetic plate before the original media was returned on the plates. Plasmid
656 reporter gene expression was observed 48 hours post-transfection.

657

658 Antibodies

659 Rabbit anti-Zfyve27 (Proteintech, 12680-1-AP, 1:500), Mouse Pan-Neurofascin (extracellular)
660 (NeuroMab, 75-172, 1:50), Rabbit anti-Reticulon 4 (Novus Biologicals, NB100-56681, 1:250),
661 Rabbit anti-RBPMS (Phosphosolutions, 1830-RBPMS, 1:500), Mouse anti-mCherry
662 (ClonTech, 632543, 1:500), DAPI (ThermoFisher Scientific, D3751, 1:10000), Sheep anti-
663 GAP43 (kind donation from the Benowitz lab, 1:5000), mouse monoclonal anti-beta actin (C4)
664 HRP conjugated (Santa Cruz, sc-47778, 1:5000), goat anti-rabbit IgG HRP conjugated (Sigma,
665 A4914, 1:80000), Goat anti-rabbit 488 (ThermoFisher Scientific, A27034, 1:500), Goat anti-
666 rabbit 568 (ThermoFisher Scientific, A-11011, 1:500), Goat anti-rabbit 647 (ThermoFisher
667 Scientific, A27040, 1:500), Goat anti-mouse 647 (ThermoFisher Scientific, A-21235, 1:500),
668 Goat anti-mouse 568 (ThermoFisher Scientific, A-11031, 1:500).

669

670 Immunostaining

671 Cortical neurons were fixed in 3% PFA for 15 minutes and then thoroughly washed and kept
672 in PBS at 4°C. Cells were permeabilized in 3% BSA in PBS and 0.1% Triton for 5 minutes and
673 then blocking solution was added (3% BSA in PBS) for 1 hour at room temperature. Primary
674 antibodies were added at the correct concentration and kept for 1.5 hours at room temperature.
675 Antibodies were then washed 3 times in PBS for 5 minutes. Secondary antibodies were applied
676 at the correct concentration for 1 hour at room temperature in a dark chamber. The cells were
677 then washed three times in 1xPBS and mounted using coverslips and Diamond anti-fade
678 mounting agent with DAPI (Molecular Probes) or FluorSave mounting reagent (Calbiochem).

679 Mice were anesthetized using 1-2% isoflurane and transcardially perfused with PBS followed
680 by 4% paraformaldehyde (PFA). Optic nerves were dissected and immersed in 4% PFA. The
681 tissue was post-fixed overnight, then immersed in 30% sucrose for 24 h for cryoprotection.
682 Tissue was embedded in Tissue-Tek OCT and snap-frozen for cryosectioning. 14 μm -thick
683 longitudinal sections of the optic nerve were obtained on charged Superfrost microscope slides
684 using a Leica CM3050 cryostat. Slides were dried and stored at -20°C .

685

686 Confocal Microscopy

687 Images of immunostained cells were taken with a confocal microscope (Leica DMI 4000 B)
688 using LAS-AF software (Leica, Version 2.7.3.9723). For Protrudin localisation, a z-stack of
689 images was obtained through each cell by taking an image at every 0.5 μm thickness and an
690 average intensity z-projection was created in Fiji software ⁴⁹. All images in an experiment were
691 taken using the same microscope settings. The intensity of processes was measured by placing
692 a line shape (usually about 50 μm) on processes and taking a background intensity of the same
693 shape immediately next to each process. The background was then subtracted from the intensity
694 at each process. For Protrudin intensity measurements in GFP-transfected neurons, regions of
695 interest were selected in the 488 channel and a line was placed on each process and immediately
696 next to it to measure background. This strategy immediately excludes any biases on selecting
697 processes with higher intensity of protrudin staining. For all experiments measuring axon-to-
698 dendrite ratio, the intensity in dendrites was an average from measurements in at least 3
699 dendrites per cell where possible.

700

701 Live-cell imaging

702 Live-cell imaging was performed using spinning disk confocal microscopy, using an Olympus
703 IX70 microscope with a Hamamatsu EM-CCD Image-EM camera and a PerkinElmer Ultra-
704 VIEW scanner. Videos were taken using Meta-Morph software (Version 7.6.1.0). Rab11 and
705 integrin vesicle trafficking along the axon was imaged at the proximal (up to 100 μ m) and distal
706 part (beyond 600 μ m) of axons of neurons transfected with Protrudin (as described before in
707 ^{18,29}). In short, one image per second was obtained for 3 minutes. Kymographs were obtained
708 by measuring an individual axon segment. Anterograde, retrograde, bidirectional and static
709 modes of transport were measured. The percentage of co-localization between integrin or rab11
710 and Protrudin was calculated as the number of vesicles containing either was divided by the
711 total number of vesicles. All analysis was performed using Meta-Morph software (Version
712 7.6.1.0).

713

714 Western Blotting

715 PC12 cells were transfected using lipofectamine. 48 hours later cells were lysed using the
716 cOmplete Lysis Kit (Roche). Cells were washed with ice-cold PBS. 500 μ L of pre-cooled lysis
717 buffer was added to each well of a 6-well plate and the lysate was scraped using a cell scraper
718 and transferred to a sterile 1.5 mL Eppendorf. The lysate was incubated on ice for 30 minutes
719 with occasional mixing. The samples were then centrifuged at 10 000 g at 4°C for 10 minutes.
720 The supernatant was transferred to 1.5 mL Eppendorf and the pellet was discarded. The total
721 protein concentration was measure by BCA assay using Pierce BCA Assay Kit Protocol
722 (ThermoFischer Scientific). The 96-well plate containing the sample lysates and BCA reagents
723 was analyzed using Gen5.1 software and concentrations were derived from a standard curve
724 for albumin control. 15 μ g of PC12 cell lysate was then treated with LDS Sample Buffer
725 NuPAGE 4x (1:4, ThermoFisher Scientific) and Sample Reducing Agent (1:10, ThermoFisher
726 Scientific) and were analyzed by Western blot. Samples were run on a 4-12% gel at 120 V at

727 room temperature in 40 mL Running Buffer NuPAGE (ThermoFisher Scientific) diluted in
728 H₂O to 800 mL. The gel was then transferred onto a nitrocellulose membrane (Invitrolon
729 PDVF/Filter Paper Sandwich, ThermoFischer Scientific) for 1.5 hours at 40V at 4°C in 50 mL
730 Transfer Buffer NuPAGE (ThermoFisher Scientific) in 100 mL methanol, topped up with
731 ddH₂O to 1 L. The membrane was then blocked either in 5% milk or 3% BSA depending on
732 the antibody for 1 hour and incubated overnight with the primary antibody diluted the blocking
733 solution to the right concentration at 4°C. The membrane was then rinsed three times in Tris-
734 buffered saline with Tween 20 (TBST buffer) for 10 minutes each. The TBST buffer was
735 removed. Secondary peroxidase-conjugated antibodies were diluted to the right concentration
736 in blocking solution and were then added for 1 hour at room temperature. SuperSignal West
737 Dura Extended Duration Substrate kit (ThermoFischer Scientific) and Alliance software
738 (Version 16.05) were then used for detection.

739

740 Axotomy

741 10DIV neurons were transfected with various constructs using magnetofection as described
742 above. Between 13-17 DIV, their regeneration ability was examined using the laser axotomy
743 model described in detail in ¹⁹. In short, axotomy was performed by an UV Laser (355 nm,
744 DPSL-355/14, Rapp OptoElectronic, Germany) connected to a Leica DMI6000B (Leica
745 Systems, Germany), and all images were taken with an EMCCD camera (C9100-02,
746 Hamamatsu). Axons were cut at least 600 µm away from the cell body and regeneration was
747 observed for 14 hours post injury at 30-minute intervals. If more than 50% neuronal cell death
748 occurred in the axotomised cells, the experiment was excluded from the final analysis.

749

750 Animal Studies

751 All procedures were performed in accordance with protocols approved by the Institutional
752 Animal Care and Use Committee (IACUC) at the National Institutes of Health, by the UK
753 Home Office regulations for the care and use of laboratory animals under the UK Animals
754 (Scientific Procedures) Act (1986) and in accordance with the Swedish Board of Agriculture
755 guidelines and were approved by the Karolinska Institutet Animal Care Committee. Pregnant
756 female Sprague Dawley rats (Charles River, 8-12 weeks old) were housed in pathogen-free
757 facility with free access to food and a standard 12 h light/dark cycle and embryos of both sexes
758 were dissected at E18 for cortical cultures. Female C57Bl/6 mice aged 6-8 weeks (Charles
759 River) were housed in a pathogen-free facility with free access to food and a standard 12 h
760 light/dark cycle. All animals were housed at 18-23 °C and in 40-60% humidity. Intravitreal
761 injections of viruses were administered 14 days prior to optic nerve crush or whole retinal
762 explant. 2 µL of the injecting solution for mice was drawn into a sterile 5 µL Hamilton syringe
763 (#65RN; Needle: ga33, 8 mm, pst2, Hamilton Co.). Attention was paid to avoid lens
764 penetration, extraocular muscles and vortex vein impingement. The Hamilton syringe was then
765 held in situ for 30 seconds before a sterile 30-gauge needle (B. Braun Medical Ltd.) was used
766 to puncture the central cornea, reducing intraocular pressure and injection solution reflux, at
767 which point the Hamilton syringe was carefully withdrawn. Separate needles were allocated to
768 each virus to prevent contamination, and syringes were rinsed between injections with ethanol
769 followed by sterile PBS.

770

771 Optic Nerve Crush

772 Optic nerve crush was performed as described previously⁵⁰ and as follows: Micro-scissors
773 were used to make an incision in the conjunctiva and expose the optic nerve. Curved forceps
774 were then inserted below the external ocular muscle, avoiding the ophthalmic artery and
775 retrobulbar sinus, and positioned around the exposed nerve. The nerve was crushed for 10 s

776 approximately 1 mm posterior to the eye. Eyes were then observed fundoscopically for signs
777 of ischemia, and mice were monitored for signs of intraorbital bleeding. Mice were given a
778 subcutaneous injection of 1 mg/kg buprenorphine as an analgesic and topical application of
779 ophthalmic ointment to prevent corneal drying. Intravitreal injections of CTB (1.0 µg/µL,
780 Sigma) were administered 2 days prior to perfusion. 2 µL of the solution injected as described
781 above. Images of optic nerves and retinas were obtained using the ZEN Digital Imaging Suite.

782 Retinal Wholemounds Preparations

783 Eyes were sharp dissected out of the orbit with Vanna scissors and immediately immersed in
784 4% PFA for 2 hours before transfer to PBS. Retinal wholemounts were then prepared under a
785 dissection microscope, flat mounted onto Milipore filter paper in 24 well plates and stored at
786 4°C. Following three 10-minute washes with PBS, TBST blocking buffer (3% goat serum, 1%
787 BSA, 0.3% TritonX-100) was applied for 1 hour at room temperature with gentle rotation. This
788 was replaced with RBPMS primary antibody (Phosphosolutions, Aurora, USA; 1:500) in
789 TBST blocking buffer at 4°C overnight with gentle rotation. Following 3 further 10-minute
790 washes with PBS, Alexa Fluor 647 secondary antibody 1:500 in TBST blocking buffer at 4°C
791 overnight with gentle rotation. After 3 further washes with PBS, mounted onto charged
792 Superfrost microslides using Fluorsave mounting reagent (Calbiochem) and allowed to dry for
793 4 hours before imaging. Blinded manual counting of all images was undertaken (8
794 images/wholemount, 2 images/quadrant). Uninjured right eyes were counted ($n = 3-4$ per
795 group) and the averaged used to normalize percentage RGC survival.

796

797 Whole retina explant culture

798 Mice were euthanized by cervical dislocation, eyes enucleated, and placed immediately into
799 ice-cold HBSS. Retinas were dissected from the eyes in HBSS on ice, flat-mounted with the

800 ganglion cell layer up on a cell culture insert (Millipore), and submerged in tissue culture media
801 containing Neurobasal –A, 1% penicillin-streptomycin (10000 U/ml), 1% glutamine (100X),
802 1% N-2 (100X) and 1% B-27 (50X) (all ThermoFisher Scientific). Retinas were incubated in
803 6-well plates at 37 °C and 4% CO₂ for 3 days and were fed by replacing 50% of the media on
804 day 2. Retina were fixed in 3.7% PFA and stained with antibodies against RBMPS and GFP
805 followed by counterstaining with DAPI. For untreated “DEV 0” controls, retinas were
806 dissected and placed straight into 3.7% PFA.

807

808 Statistics and Reproducibility

809 Statistical analysis was performed using GraphPad Prism 8.0 (GraphPad Software, La Jolla,
810 CA). Each data set was individually tested for normal distribution using the D'Agostino-
811 Pearson normality test. When data was normally distributed one-way ANOVA with multiple
812 comparisons was used to test statistical significance between the experimental groups with
813 Tukey's post hoc test. Several data sets were shown to be non-normally distributed. Therefore,
814 a non-parametric Kruskal-Wallis test with multiple comparisons was used to test for significant
815 differences across experimental groups. Dunn's multiple comparison post-hoc test was also
816 performed. All statistics were carried out at 95% confidence intervals, therefore a significant
817 threshold of $p < 0.05$ was used in all analyses. For Sholl analysis, repeated measures two-way
818 ANOVA was performed using SPSS (Version 26, IBM Statistics). When comparing
819 percentages (e.g. of regenerating cells or RGC survival after optic nerve crush), Fisher's exact
820 test was performed between each two groups compared. p-values were then analyzed with the
821 “Analyze a stack of p values” function in GraphPad Prism with a Bonferroni-Dunn pairwise
822 comparison to test for statistical significance between groups. All representative images,
823 kymographs or micrographs were obtained from experiments which were repeated at least 3
824 times.

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