

1 **Unraveling the Mechanics of a Repeat-Protein Nanospring — From Folding of**  
2 **Individual Repeats to Fluctuations of the Superhelix**

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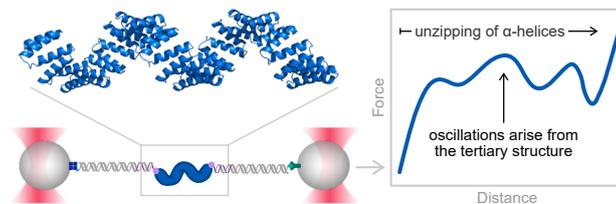
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**Abstract.** Tandem-repeat proteins comprise small secondary structure motifs that stack to form one-dimensional arrays with distinctive mechanical properties that are proposed to direct their cellular functions. Here, we use single-molecule optical tweezers to study the folding of consensus-designed tetratricopeptide repeats (CTPRs) — superhelical arrays of short helix-turn-helix motifs. We find that CTPRs display a spring-like mechanical response in which individual repeats undergo rapid equilibrium fluctuations between partially folded and unfolded conformations. We rationalise the force response using Ising models and dissect the folding pathway of CTPRs under mechanical load, revealing how the repeat arrays form from the centre towards both termini simultaneously. Most strikingly, we also directly observe the protein’s superhelical tertiary structure in the force signal. Using protein engineering, crystallography and single-molecule experiments, we show that the superhelical geometry can be altered by carefully placed amino-acid substitutions and we examine how these sequence changes affect intrinsic repeat stability and inter-repeat coupling. Our findings provide the means to dissect and modulate repeat-protein stability and dynamics, which will be essential for researchers to understand the function of natural repeat proteins and to exploit artificial repeats proteins in nanotechnology and biomedical applications.



**Keywords.** Repeat proteins | Protein folding | Ising models | Protein mechanics | Optical tweezers

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15 Approximately one third of proteins in the human proteome contain repetitive motifs of vary-  
16 ing size and structural composition.<sup>1,2</sup> Within this group, members of the tandem-repeat protein  
17 class stand out due to their striking three-dimensional shapes that arise from the stacking of  
18 small secondary structure motifs of 20 to 40 amino acids into either quasi-one-dimensional arrays  
19 (solenoids) or doughnut-like shapes (toroids). Examples include tetratricopeptide, ankyrin, HEAT  
20 and armadillo repeats. Due to their structural simplicity, repeat proteins have been recognised  
21 very early to have tremendous potential for applications in nanotechnology, *e.g.* as synthetic bio-  
22 materials, and in biomedicine as antibody alternatives.<sup>3,4</sup> Previous experiments employed ensemble  
23 biochemical techniques to study the folding of repeat proteins and to address the question how  
24 alterations in protein sequence translate to changes in protein stability, dynamics and structure.<sup>5-7</sup>  
25 However, despite two decades of research, we still do not know how the sequence, shape, stability  
26 and dynamics of individual repeats translates to the thermodynamic and mechanical properties of  
27 the whole array.

28 Many all-helical repeat proteins resemble springs and have indeed been shown to be flexible  
29 molecules with spring-like properties, both of which are thought to be crucial to their biological  
30 functions.<sup>8-18</sup> Despite this defining feature, we currently have a very limited understanding of the  
31 mechanics because the only methodology used to date — atomic force microscopy (AFM) — lacks  
32 sensitivity in the low-pN regime relevant for these  $\alpha$ -helical proteins. Here, we are for the first time  
33 able to interrogate repeat-protein mechanics by using optical tweezers,<sup>19</sup> which allow us to directly  
34 observe conformational transitions close to equilibrium in the low-pN range. Long-term stability  
35 and high time-resolution of the instrument enable us to simultaneously manipulate single repeat  
36 proteins, study their spring-like mechanics, and obtain detailed information on their dynamics and  
37 equilibrium energetics.

38 Our research focuses on the tetratricopeptide repeat (TPR), which comprises a helix-turn-helix  
39 motif and is found in arrays of 3 to 16 repeats in nature<sup>20,21</sup> (Fig. 1A). The packing of the TPR  
40 motif results in superhelical structures<sup>22</sup> (Fig. 1B), which means that, of all the different repeat-  
41 protein types, TPR arrays most closely resemble a physical spring. The functions of TPR proteins  
42 are diverse, ranging from scaffolds of multi-protein assemblies regulating cell division to molecular  
43 chaperones and mediators of bacterial quorum sensing.<sup>21,23-25</sup> Consensus-designed TPRs (CTPRs)  
44 are good candidates for building ‘made to measure’ proteins, because they form stable arrays  
45 and are very amenable to manipulation including loop insertions.<sup>26-28</sup> Their chemical stability  
46 has been characterised previously,<sup>22,27,29-36</sup> whereas, in contrast to other repeat proteins,<sup>12,14,37-41</sup>  
47 their mechanical properties remain unexplored. For the above reasons, we chose CTPRs as a model  
48 system with which to determine how repeat energetics are connected to both the shape and the  
49 mechanics of the superhelix. To achieve this goal, we rationally re-design the geometry of the TPR  
50 superhelix by substituting residues at the repeat interface and then examine the energetic and  
51 mechanical response of these changes using Ising models and single-molecule force spectroscopy.  
52 Intriguingly, we find that the force response of CTPRs is very different from that of any other  
53 protein reported to date. In particular, their rapid dynamics allow them to unfold and refold at  
54 equilibrium over a large range of loading rates. We show that by using force we can access the  
55 full energy landscape of the CTPR array, which was previously impossible and which allows us to  
56 now accurately determine the effect of the chosen mutations. Collectively, our methodology and  
57 findings on CTPRs represent an important step in guiding future research directions to link repeat  
58 protein structure to function in nature.

59 **RESULTS AND DISCUSSION**

60 **Design and structure determination of a TPR array with altered superhelical geometry**

61 The starting point for this study was a consensus-designed TPR protein (referred to as CTPRa)  
 62 that adopts a superhelical structure within the crystal lattice.<sup>22</sup> This superhelical geometry of TPRs  
 63 is established through stacking of the A-helix ( $A_{i+1}$  in Fig. 1A) of a given repeat against both A  
 64 and B helices of the preceding repeat ( $A_i$  and  $B_i$  in Fig. 1A).<sup>26</sup> The resulting angles between repeat  
 65 planes then give rise to the pitch and diameter of the superhelix (Fig. 1B).<sup>13</sup> Interfaces between  
 66 repeats are largely formed by bulky hydrophobic residues. Therefore, to create a CTPR variant  
 67 with altered superhelical geometry, we identified four such interface residues based on sequence  
 68 conservation in different TPR families<sup>26,42</sup> and substituted them with polar or aliphatic side chains  
 69 (W4L, Y5N, A10V, Y12R). This repeat variant is subsequently referred to as CTPRrv. Circular  
 70 dichroism spectroscopy of the 5-repeat proteins used in this study shows that the CTPR  $\alpha$ -helicity  
 71 remains intact in the new repeat type (Fig. S1).

72 We used X-ray crystallography to determine the structure of a construct composed of 4 repeats  
 73 of the new variant and a C-terminal solvating helix, CTPRrv4, to 3.0 Å resolution (see Tab. S1 and  
 74 Fig. S2). CTPRrv4 crystallised in the P 3<sub>1</sub> 2 1 space group with two molecules per asymmetric  
 75 unit. As was observed for CTPRa, the C-terminal solvating helix was not resolved due to a higher  
 76 preference for end-to-end stacking between molecules in neighbouring asymmetric units.<sup>22</sup> The  
 77 resolution was sufficient to determine the change in repeat plane angles using the C $\alpha$  coordinates:  
 78 while the twist remained almost unchanged, an increase in curving angle is compensated by a  
 79 similar decrease in the bending angle (Fig. 1A, Tab. S2). Although these changes may at first  
 80 appear insignificant in the context of a 4-repeat array, they translate into clear differences in the  
 81 longer superhelical arrays, leading to a decrease in helix length and increase in helix diameter (Fig.  
 82 1B). Furthermore, when compared to other CTPRs, all of which exhibit backbone RMSDs within  
 83 0.72 Å, the CTPRrv backbone differs by 1.4 Å relative to the CTPRa backbone.

84 **Single-molecule force-distance data indicate equilibrium folding of CTPRs**

85 To examine the mechanical folding and unfolding of the CTPR superhelix, we prepared CTPRrv  
 86 arrays of  $N = 3, 5, 10, 20$  and  $26$  and CTPRa arrays of  $N = 5$  and  $9$  for force spectroscopy  
 87 measurements using optical tweezers (Fig. 2A,<sup>43</sup>). Due to bacterial recombination, it was not  
 88 possible to obtain CTPRa arrays of  $N = 10, 20$  and  $26$  (see Section V A 5 in the Supplementary  
 89 Information). Using the Sfp-enzyme, coenzyme-A modified ssDNA oligos were conjugated to N-

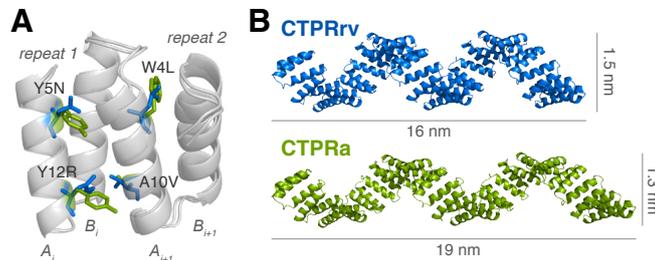


FIG. 1. Design of the CTPRrv variant (blue) based on the original CTPRa (green, PDB accession code: 2hyz<sup>22</sup>). (A) Structural representation of two neighbouring CTPRs highlighting the interfacial mutations introduced in CTPRa to form CTPRrv. (B) The slight alteration in repeat packing leads to changes in the diameter and the length of the superhelix, here shown with an array length of 20 repeats.

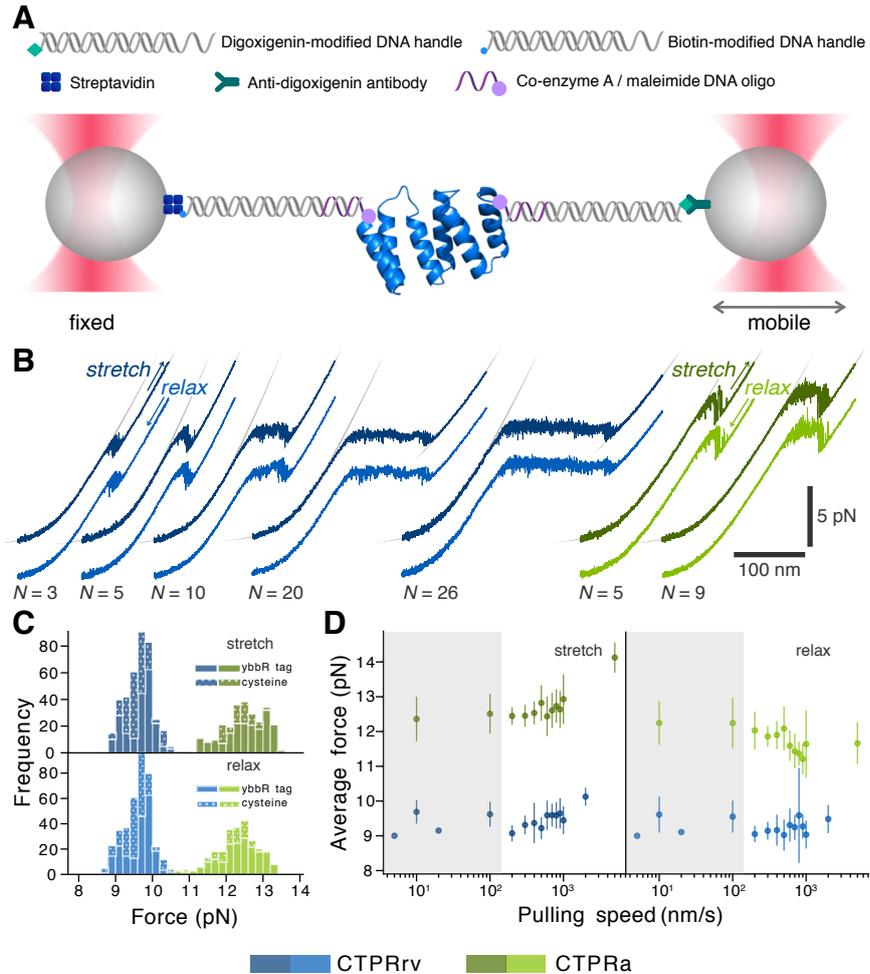


FIG. 2. Probing the mechanics of CTPRs using optical tweezers. (A) A typical dumbbell optical tweezers setup in which the protein of interest is site-specifically tethered to dsDNA handles. A force is applied to the protein by increasing the distance between the traps. (B) Representative force-distance curves (FDCs) for CTPRrv (blue) and CTPRa proteins (green) of different array length pulled at 10 nm/s. The corresponding stretch and relax traces are offset for clarity as they would almost perfectly overlay otherwise. Fits for the DNA eWLC and the polypeptide-DNA construct are shown in grey, and the resulting contour lengths of the unfolded polypeptide are listed in Tab. S5. (C) Histograms of the plateau forces for stretch and relax FDCs of all molecules at 10 nm/s and 100 nm/s indicate that the transition remains unaffected by the attachment method. (D) The average plateau forces from stretch and relax FDCs at different pulling speeds (mean  $\pm$  standard deviation) show only a modest loading rate dependence. For representative FDCs at different pulling speeds see Fig. S4. The grey shaded area highlights the low pulling speeds at which the unfolding and refolding plateau forces of both repeat types are indistinguishable, and hence the regime in which the respective system is at equilibrium.

90 and C-terminal ybbR tags on the protein.<sup>44</sup> These protein-DNA chimeras were then attached to  
 91 micron-sized silica beads using dsDNA handles.

92 For an initial characterization of the CTPR force response, we recorded force-distance curves  
 93 (FDCs) from stretch-relax cycles at a pulling velocity of 10 nm/s and 100 nm/s (Fig. 2B). The FDCs  
 94 of all variants display a characteristic plateau region and a subsequent force dip, flanked by the  
 95 characteristic worm-like-chain (WLC) behaviour of stretching the linker and the linker combined  
 96 with the unfolded polypeptide. The plateau is preceded by a small and gradual transition that  
 97 can no longer be described by a WLC. Since the plateau's length correlates with CTPR array size,

98 we attribute the plateau and dip regions to force-induced unfolding of CTPR repeats. The shape  
99 of the unfolding profile is indicative of sequential unfolding of repeats (plateau) until a minimally  
100 stable unit is reached, which appears to unravel in a more cooperative manner (dip). Furthermore,  
101 we noticed that FDCs from stretch and relax cycles of a single molecule at these loading rates  
102 are almost indistinguishable when superimposed. The increased noise levels of plateau and dip  
103 indicate very fast unfolding and refolding transitions (Fig. 2B), which, together with the absence  
104 of hysteresis, suggests that CTPR unfolding and refolding occurs at equilibrium, *i.e.* the folding  
105 kinetics of the system under investigation are much faster than the pulling speed allowing it to  
106 re-equilibrate instantly.

107 The two CTPR variants exhibit the same unfolding and refolding behaviour, albeit at different  
108 forces. We estimated the plateau force of each FDC by fitting gaussians to histograms of the  
109 respective force data (see SI Methods and Fig. S14). Whereas CTPRa variants unfolded and  
110 refolded at a plateau force of  $\approx 12.5$  pN, the plateau of CRPRrv was significantly lower at  $\approx 9.5$  pN  
111 (Figs. 2B,C), indicating that the introduced mutations have a destabilising effect. Furthermore,  
112 to ensure that the intrinsic  $\alpha$ -helicity of the ybbR-tag<sup>45</sup> did not alter the stability of the repeat  
113 arrays, we compared the mechanical and chemical stability of proteins with ybbR-tags to the more  
114 commonly used cysteine modifications for maleimide-based attachment strategies (Fig. 2C and  
115 Fig. S3). Although a slight stabilisation was observed in chemical denaturation experiments, the  
116 ybbR-tag does not discernibly influence the unfolding or refolding plateau forces, the unfolding and  
117 refolding energies (beyond the contribution of contour length), or the character of the mechanical  
118 response (Fig. 2C).

119 A systematic screen of pulling velocities ranging from 10 nm/s to 5  $\mu$ m/s revealed that for  
120 both CTPRrv and CTPRa, the average folding and unfolding plateau forces are only marginally  
121 affected by the loading rate, leading to a slight increase in hysteresis at pulling speeds of  $>500$  nm/s  
122 (Fig. 2D and Fig. S4). This effect is more pronounced in CTPRa arrays than in CTPRrv arrays.  
123 It is interesting to note that even at higher pulling speeds not all stretch-relax cycles exhibit  
124 hysteresis, leading to a large variation within even a single molecule (*e.g.* see FDCs collected at  
125 1  $\mu$ m/s in Fig. S4). However, most importantly, we found that there was no significant hysteresis  
126 between FDCs from stretch and relax cycles at pulling speeds  $\leq 100$  nm/s in both repeat types. The  
127 absence of a pulling speed-dependent folding/unfolding force is again evidence for rapid equilibrium  
128 fluctuations of CTPR subunits in this loading rate regime.

## 129 **Averaged force-distance data hint at the folding mechanism of the CTPR arrays**

130 To obtain a more detailed picture of the underlying patterns in the equilibrium force response  
131 of CTPRs, we binned FDCs of repeated stretch and relax cycles at pulling speeds  $\leq 100$  nm/s for  
132 each individual molecule to obtain one equilibrium FDC per measured molecule. Figs. 3A,B show  
133 FDCs of three molecules of each repeat type at the chosen array lengths, overlaid and aligned along  
134 force and distance coordinates to avoid the introduction of common instrumental artefacts such  
135 as miscalibration of the trap stiffness or the zero distance point. We found the plateau region was  
136 not uniformly flat after averaging, as would be expected from other related phenomena such as  
137 unconstrained DNA overstretching<sup>46</sup> or the force response of the myosin coiled-coil,<sup>47</sup> but rather  
138 it showed highly reproducible force oscillations. This pattern was the clearest in the longer arrays  
139 of CTPRrv20 and CTPRrv26 which exhibit about 2 and 3 periods, respectively. Therefore, we  
140 reasoned that these oscillations arise directly from the structure of the superhelix. In contrast, the  
141 characteristic force dip at the end of each FDC was present in all arrays, and we hypothesise that  
142 it corresponds to the unfolding of a final stable unit.

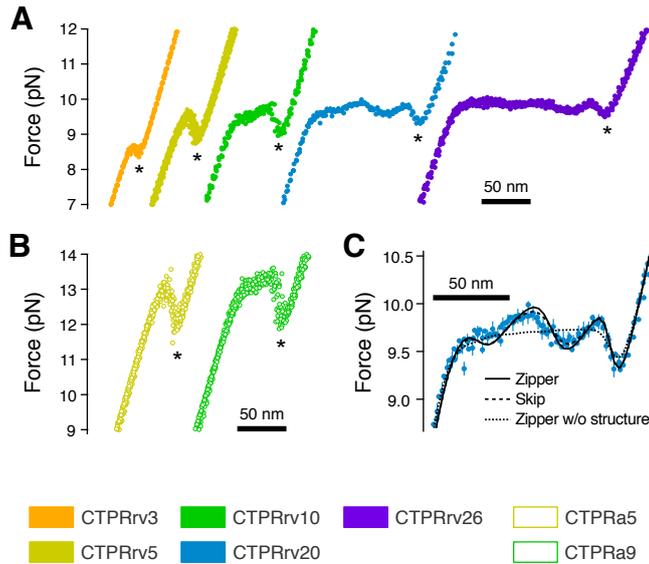


FIG. 3. Describing the average force response of CTPRs using Ising models. (A,B) Overlays of aligned equilibrium force-distance curves (FDCs) of CTPRrv and CTPRa variants in which asterisks mark the characteristic force dip after the plateau. (C) Overlay of CTPRrv20 FDCs (cyan) together with fits to the heteropolymer helix Ising models with zipper approximation (solid line), skip approximation (dashed line) and zipper approximation without taking into account structural parameters of the superhelix. In all overlays, average curves of three representative molecules are shown.

### 143 The force response of CTPRs can be modelled using mechanical Ising analysis

144 We next set out to model the phenomena observed in our data based on thermodynamic first  
 145 principles.<sup>48–52</sup> For a given trap distance, the total free energy stored in the system is the sum of  
 146 the folding free energy of the protein, and the mechanical energy necessary to stretch the polymer  
 147 linker as well as the traps. By using appropriate models for protein, linker and traps, theoretical  
 148 FDCs can be calculated for each CTPR, which can then be used for fitting experimental data. For a  
 149 detailed description of model development we refer the reader to Section VII in the Supplementary  
 150 Information.

151 The linear stacking of repetitive motifs has led our group and others to use Ising models to  
 152 describe the folding energy of repeat proteins.<sup>22,29,32–36,53–60</sup> In general, the total energy of an  
 153 Ising-like system is described by a linear addition of the energies of the individual units and the  
 154 interaction energies between nearest neighbours.<sup>61,62</sup> In repeat proteins, the intrinsic energy of the  
 155 repeating motif ( $\Delta G_{\text{unit}}$ ), which can be a single helix or a whole repeat, is considered to be zero  
 156 when it is unfolded and non-zero when it is folded. The interaction between two neighbouring  
 157 units (coupling or interfacial stability,  $\Delta G_{\text{nn}}$ ) then depends on the states they are in: it is only  
 158 non-zero when two neighbouring repeats are folded but zero when at least one of the neighbours  
 159 is unfolded.

160 We tested several models that differed in (i) how the smallest independent unit was defined  
 161 (*repeat vs. helix*), (ii) whether neighbouring units were described using the same intrinsic energies  
 162 (*homopolymer vs. heteropolymer*), and (iii) whether or not both nearest neighbour and next-nearest  
 163 neighbour interactions were taken into account, (see Section VII and Fig. S16 within). The ho-  
 164 mopolymer repeat and the homopolymer helix models had to be rejected as they did not fully  
 165 reproduce all features observed in the experimental FDCs (Fig. S6A). However, the heteropoly-  
 166 mer helix model was able to describe all data, and energies obtained were independent of whether

167 A- and B-helices could only interact with their nearest neighbour or could also form additional,  
 168 next-nearest neighbour interactions to A- and B-helices in adjacent repeats (Figs. 1A, S16D, and  
 169 Tab. S3). Based on the Akaike information criterion (Fig. S6C) we proceeded with the heteropoly-  
 170 mer helix model without next-nearest neighbour interaction to avoid over-parametrization.

171 All of the above models are computationally too expensive to be applied to CTPRrv20 and  
 172 CTPRrv26 data, and hence we considered two simplifications to reduce the conformational space.  
 173 In the “skip” approximation, all configurations in which one or two folded helices are neighbored  
 174 by unfolded helices on either side are eliminated. This allowed us to fit CTPRrv20 data but was still  
 175 computationally too expensive to fit CTPRrv26 data. However, in the “zipper” approximation, in  
 176 which unfolding occurs from the end(s), the conformational ensemble is reduced sufficiently enough  
 177 to fit data of CTPRrv26 arrays. Notably, the modelled FDCs based on these approximation differed  
 178 only marginally from the data to which both approximations could be fitted (*e.g.* see dashed and  
 179 continuous lines in Figs. 3C, S7). Furthermore, the resulting energies of the “skip” and “zipper”  
 180 approximations agreed within error (Tab. 1), and therefore, unless stated otherwise, we used the  
 181 zipper approximation for all reported values.

## 182 Force oscillations are a consequence of the superhelical structure

183 During the initial rounds of model development we observed that none of our Ising models alone  
 184 could account for the observed force oscillations in the plateau. At first, the molecular extension  
 185 of the folded portion was approximated by  $\xi_{\text{folded}}(c) \approx n(c)/N \cdot \xi_{\text{max}}$ , where  $n(c)$  is the number of  
 186 folded subunits in conformation  $c$  and  $\xi_{\text{max}}$  is the end-to-end distance of the fully folded protein.  
 187 However, this assumes an arrangement of subunits in the repeat array akin to beads-on-a-string.  
 188 Although all models based on this assumption for the molecular extension correctly predicted  
 189 the final dip, they falsely produced a flat plateau (dotted line in Fig. 3C). Only when structural  
 190 parameters of the superhelix were included to account for the changes in the force vector across  
 191 the folded remainder of the molecule as it unfolds, was it possible to reproduce these features.

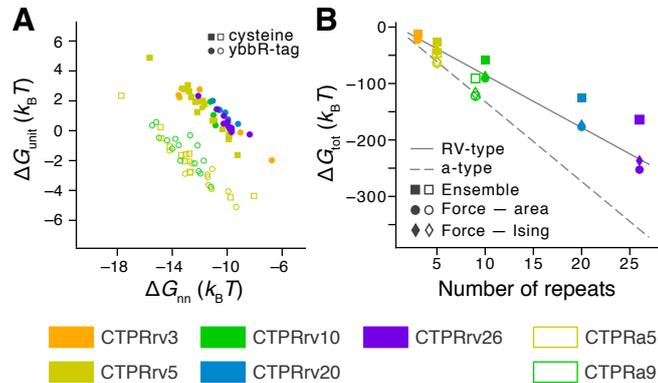


FIG. 4. Energetic contributions to the folding free energy derived from single-molecule and ensemble measurements. (A) Intrinsic repeat energy  $\Delta G_{\text{unit}}$  and repeat next-neighbour energy  $\Delta G_{\text{nn}}$  for individual CTPRrv (filled symbols) and CTPRa molecules (empty symbols) based on the zipper model. For a direct comparison between results derived from skip and zipper approximations see Fig. S5 in the SI. (B) Comparison of total free energies between single-molecule and ensemble measurements calculated using Eq. 2. The solid and dashed lines indicate a simple linear regression fits to CTPRrv and CTPRa data, respectively, to guide the eye.

TABLE 1. Quantitative energetic description of CTPRs. All energies are reported in units of  $k_B T$  and  $N$  refers to the number of repeats. For parameters derived from Ising models,  $\Delta G_{\text{unit}}$  is the intrinsic repeat energy,  $\Delta G_{\text{nn}}$  the next-neighbour interaction energy, and  $\Delta G_{\text{tot}}$  the total energy for an  $N$ -mer (see Eqs. (1) and (2)). Alternatively, the folding energy can be approximated as the work done by the protein,  $W_F$ , from the area under the curve.

Type	$N$	Equilibrium denaturation <sup>a</sup>			Area $W_F$ <sup>b</sup>	Heteropolymer Ising model (Zipper approximation)			Heteropolymer Ising model (Skip approximation)		
		$\Delta G_{\text{tot}}$	$\Delta G_{\text{unit}}$	$\Delta G_{\text{nn}}$		$\Delta G_{\text{tot}}$	$\Delta G_{\text{unit}}$	$\Delta G_{\text{nn}}$	$\Delta G_{\text{tot}}$	$\Delta G_{\text{unit}}$	$\Delta G_{\text{nn}}$
rv	3	$-13.0 \pm 0.3$			$-22.7 \pm 0.3$	$-18.4 \pm 0.9$	$1 \pm 1$	$-10 \pm 2$	$-18 \pm 1$	$1.1 \pm 1.1$	$-11 \pm 2$
	5	$-26.1 \pm 0.5$			$-43.4 \pm 0.2$	$-39.7 \pm 0.4$	$1.5 \pm 0.3$	$-11.8 \pm 0.3$	$-39.7 \pm 0.4$	$1.5 \pm 0.3$	$-11.8 \pm 0.3$
	10	$-59 \pm 1$			$-91 \pm 1$	$-87 \pm 3$	$1.2 \pm 0.3$	$-11.0 \pm 0.1$	$-87 \pm 3$	$1.2 \pm 0.3$	$-11.0 \pm 0.1$
	20	$-125 \pm 2$			$-177 \pm 4$	$-173 \pm 2$	$1.0 \pm 0.3$	$-10.2 \pm 0.2$	$-173 \pm 2$	$1.1 \pm 0.2$	$-10.3 \pm 0.2$
	26	$-164 \pm 3$			$-252.7 \pm 0.6$	$-237 \pm 2$	$0.5 \pm 0.2$	$-10.0 \pm 0.3$	N/A <sup>c</sup>	N/A <sup>c</sup>	N/A <sup>c</sup>
	all <sup>d</sup>		$0.20 \pm 0.05$	$-6.8 \pm 0.1$			$1.1 \pm 0.2$	$-11.0 \pm 0.2$		$1.3 \pm 0.2$	$-11.3 \pm 0.3$
a	5	$-46 \pm 1$			$-63.7 \pm 0.4$	$-61.3 \pm 0.6$	$-2.4 \pm 0.4$	$-12.4 \pm 0.4$	$-61.4 \pm 0.6$	$-2.4 \pm 0.4$	$-12.4 \pm 0.4$
	9	$-91 \pm 2$			$-122.2 \pm 0.9$	$-118 \pm 2$	$-1.3 \pm 0.3$	$-13.3 \pm 0.4$	$-117 \pm 2$	$-1.3 \pm 0.3$	$-13.2 \pm 0.4$
	all <sup>d</sup>		$-1.0 \pm 0.2$	$-10.3 \pm 0.1$			$-1.9 \pm 0.3$	$-12.7 \pm 0.3$		$-1.9 \pm 0.3$	$-12.7 \pm 0.3$

<sup>a</sup> Results of the rv-type are based on a global fit to data of arrays with  $N = 2, 4, 5, 8$  and  $10$  repeats,<sup>63</sup> see Fig. S3. Values of the a-type are as reported previously.<sup>33</sup> The errors shown here were propagated from the global fit.

<sup>b</sup> See Eq. (S7) in the SI. Values are reported as mean $\pm$ s.e.m. for each repeat length.

<sup>c</sup> Values for the heteropolymer model in the skip approximation could not be computed because of limited computational capacity.

<sup>d</sup> Combined value for all repeat lengths.

## 192 The intrinsic and interfacial stabilities are both modulated by mutation

193 Using our models, we could now determine the intrinsic ( $\Delta G_A, \Delta G_B, \Delta G_{AB}$ ) and interfacial  
194 contributions ( $\Delta G_{BA}, \Delta G_{AA}, \Delta G_{BB}$ ) of the A- and B-helices to the free energy, and from them  
195 extrapolated the repeat stability and nearest-neighbour coupling with

$$\Delta G_{\text{unit}} = \Delta G_A + \Delta G_B + \Delta G_{AB} \quad \text{and} \quad \Delta G_{\text{nn}} = \Delta G_{BA} + \Delta G_{AA} + \Delta G_{BB}, \quad (1)$$

196 as shown in Fig. 4A and listed in Tab. 1. Due to the interdependence of the model parame-  
197 ters the data cluster diagonally, *i.e.* destabilisation of one energetic term is compensated with  
198 stabilisation of the other. However, the data of the two variants (filled *vs.* empty symbols)  
199 clearly separate and are independent of attachment method (squares *vs.* circles). When averag-  
200 ing over the whole data set we found that the interfacial energy ( $\Delta G_{\text{nn}}^{\text{CTPRrv}} = -11.0 \pm 0.2 k_B T$ ,  
201  $\Delta G_{\text{nn}}^{\text{CTPRa}} = -12.7 \pm 0.3 k_B T$ ) vastly outweighs the intrinsic energy ( $\Delta G_{\text{unit}}^{\text{CTPRrv}} = 1.1 \pm 0.2 k_B T$ ,  
202  $\Delta G_{\text{unit}}^{\text{CTPRa}} = -1.9 \pm 0.3 k_B T$ ) for both repeat types. Importantly, the overall lower stability of the  
203 rv-type arrays relative to CTPRa arrays is due to a larger destabilisation of the intrinsic energy  
204 than destabilisation of the interfacial energy ( $\Delta \Delta G_{\text{unit}} \approx 3 k_B T$  and  $\Delta \Delta G_{\text{nn}} \approx 1.7 k_B T$ , respec-  
205 tively). That is, although the chosen design did alter the helix packing between repeats more  
206 significantly than that within a repeat, the mutations affected not only both energetic parameters  
207 but also caused a rearrangement in the packing geometry that minimised destabilisation of the  
208 coupling between repeats.

## 209 The fully unfolded state cannot be accessed in ensemble denaturation experiments

210 Next, we determined the total free energy derived from our Ising models using

$$\Delta G_{\text{tot}} = N \Delta G_{\text{unit}} + (N - 1) \Delta G_{\text{nn}} \quad (2)$$

211 for each variant and array length (Fig. 4B, Tab. 1). While these values agree well with energies  
 212 derived from the area under the curve of FDCs, our results show that ensemble chemical denatu-  
 213 ration measurements substantially underestimate the total free energy of unfolding (Fig. 4B, Fig.  
 214 S3, Tab. 1). The differences between energies derived from ensemble and single-molecule force data  
 215 are much larger than expected when compared to other studies in which no such discrepancy was  
 216 found.<sup>50,51,64</sup> A possible reason for this mismatch could arise from the formation of substantial non-  
 217 native contacts in the chemically denatured ensemble. For example, Cortajarena and co-workers  
 218 have shown that CTPRs can form polyproline-II (PPII) helices at high GdnHCl concentration  
 219 which are they are likely to interact with each other.<sup>65</sup> In single-molecule force experiments, the  
 220 formation of PPII helices is prevented and hence the completely unfolded state can be accessed (as  
 221 judged by the contour length, Tab. S5).

## 222 CTPR solenoids unzip from both ends under force

223 Based on our Ising analyses, we were able to develop a model of the likeliest unfolding (and  
 224 folding) pathway for CTPR proteins under mechanical load. To this end, we chose to examine  
 225 results of the skip approximation in more detail to avoid possible bias introduced by the assumption  
 226 that arrays unfold from the end as it is done in the zipper approximation. For each trap distance we

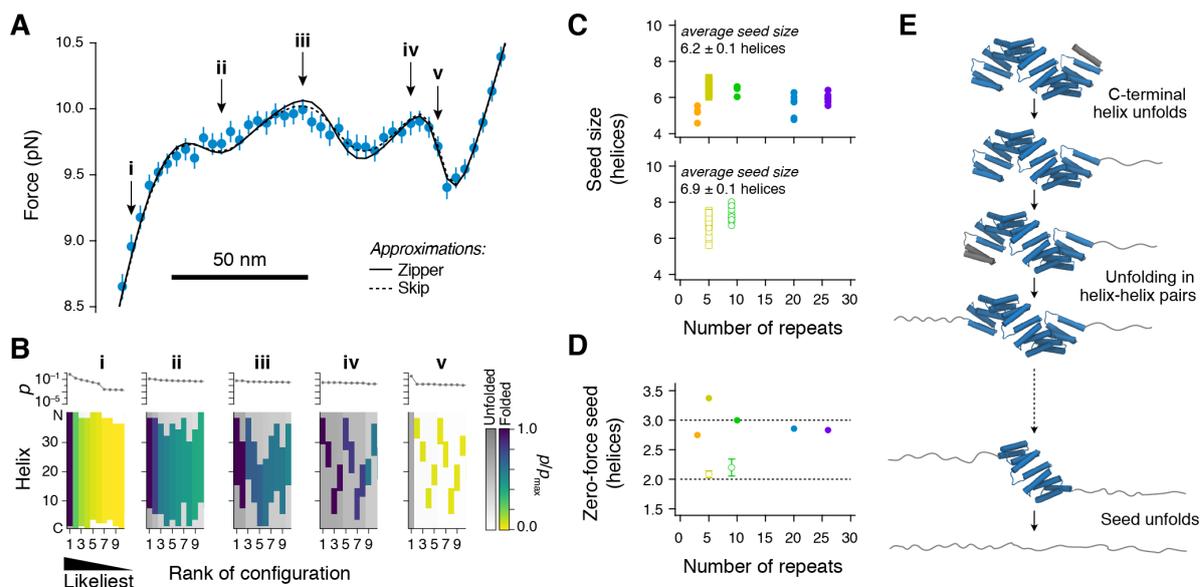


FIG. 5. Gaining insights into the folding pathway of CTPR proteins. (A) Average force-distance data for CTPRrv20 fitted to both zipper and skip approximations of the heteropolymer helix model. Roman numerals point to distances for which snapshots of the conformational ensemble are shown in B. (B) From the Ising model, we extract the ten likeliest configurations at each of the indicated distances in A, ranked according to their population. Shown are the results for the skip approximation, which does *not* explicitly enforce unfolding from the ends. Coloured regions in the map refer to segments of helices that are folded in a given configuration, with the exact shade giving the relative probability of being folded. Grey-scale regions represent helices that are unfolded. Please note that the N-C-terminal direction is numerically reversed, the C-terminal helix having the index 0 on the y-axis. (C) Average size of the minimally stable folding unit in force experiments for rv- (top) and a-type repeats (bottom). Symbols and colours are the same as those in Fig. 4A. (D) Inferred average minimal stable folding unit in the absence of force for rv-type (filled circles) and a-type variants (empty circles). Error bars show the standard error of the mean. (E) A model for the force-induced unfolding of CTPRs.

227 recorded the likeliest conformations ranked by their population. Examples at six different distances  
228 along the average unfolding profile of CTPRrv20 are shown in Fig. 5 (and Fig. S7 for CTPRrv26),  
229 along with the probabilities of a given configuration and the relative probabilities of individual  
230 helices being folded or unfolded. Our data show that unfolding preferentially occurs from the  
231 ends in a zipper-like fashion. However, at increasing distances, there are several, almost equally  
232 likely conformations that have different segments of folded and unfolded helices. When plotting  
233 the probability of being folded for all helices as a function of distance (Fig. S8), we further noticed  
234 that unfolding starts with the most C-terminal helix, and then propagates one or two helices at a  
235 time from the C-terminus (*i.e.* A and B helices alternating, or almost in pairs of  $B_{i-1}A_i$ ) and one  
236 repeat at a time from the N-terminus (*i.e.* in pairs of  $A_iB_i$ ).

237 The very fast equilibrium fluctuations of the C-terminal helix, and possibly also the N-terminal  
238 repeat, are beyond the time resolution of our instrument and hence the transition from DNA  
239 stretching into the plateau is rather smooth (*i.e.* “averaged”), particularly in FDCs of the rv-type  
240 arrays. The asymmetry of the unfolding pathway arises directly from the structure: (i) the C-  
241 terminal B-helix is exposed without any interactions beyond those with the corresponding A-helix  
242 of the last repeat of the folded protein/remainder; (ii) the force vector aligns the molecule such  
243 that the C-terminal helix can get “un-zipped” while at the N-terminus a whole repeat experiences  
244 shear forces; (iii) a  $B_{i-1}A_i$  repeat is structurally different from an  $A_iB_i$  repeat, leading to different  
245 unfolding patterns from either end as the protein is unzipped by force (Fig. S8). This directionality  
246 is a natural consequence of the array geometry itself, since repeats at the centre of the array are  
247 less likely to unfold than those at the termini, but it is also consistent with hydrogen-deuterium  
248 exchange experiments of CTPRs<sup>27,66</sup> and further studies of other designed and natural repeat  
249 proteins. For example, consensus ankyrin repeats were shown to unfold from both ends using  
250 chemical denaturation<sup>58</sup> and from one end to the other under force.<sup>39</sup> In contrast, some natural  
251 repeat proteins evolved to have repeats (or repeat domains) of significantly different stability, the  
252 weakest of which unfold first even if they are located at the centre of the array.<sup>67-69</sup>

### 253 To seed or not to seed?

254 Many globular and natural repeat proteins first form a folding nucleus which then “seeds” the  
255 folding of the rest of the structure. In consensus repeat proteins, such a seed could potentially  
256 form anywhere along the unfolded polypeptide chain, and multiple seeds could potentially form at  
257 the same time if the polypeptide was long enough.<sup>7</sup> We hypothesised that the characteristic “dip”  
258 feature at the end of the plateau region contains such a seed, and expected that it is caused by  
259 the cooperative folding/unfolding of a well-defined minimally stable unit of a certain length that  
260 exchanges in a two-state manner with the unfolded state. However, our model indicates that the dip  
261 ((iv)–(v) in Fig. 5A,B) represents inter-conversions between a large ensemble of marginally stable  
262 conformations of varying size between one another and the unfolded conformation. For example,  
263 at position (v) in Fig. 5A, the likeliest conformation is the unfolded state. However, this state  
264 exchanges rapidly with an ensemble of conformations with  $\approx 6$  to 7 consecutively folded helices  
265 that individually are less populated than the unfolded state, but together amount to about 50 %  
266 of the conformational space (Fig. 5B(v)). Consequently, although it is very unlikely that multiple  
267 seeds can fold under force, the definition of a seed becomes blurred in the context of CTPRs.

268 We then calculated the average number of folded helices once the fully unfolded conformation  
269 reaches a likelihood of 50 %. As expected, the size of this seed was independent of array length, and  
270 comprised approximately  $6.2 \pm 0.1$  and  $6.9 \pm 0.1$  helices for the rv- and a-type arrays, respectively  
271 (Fig. 5C), which agrees with estimates of the contour length increase extracted from the raw data  
272 (Fig. S9). However, it is important to stress that these seeds do not cooperatively exchange with

273 the unfolded conformation in a two-state manner, nor should they be mistaken for the minimal  
274 folded unit under zero-force such as one would obtain in ensemble measurements. To obtain an  
275 estimate of the minimal folding unit at zero force, we instead calculated the minimal number of  
276 consecutive folded helices needed in order to achieve a negative  $\Delta G_{\text{tot}}$  using Eq. (2), which were  
277 independent of variant length and were close to 3 helices for CTPRrv and 2 helices for CTPRa  
278 (Fig. 5D). Hence, a single CTPRa repeat is weakly stable ( $-1.9 \pm 0.3 k_B T$ ) and may fold transiently  
279 on its own. On the contrary, a single CTPRrv repeat is unstable ( $1.1 \pm 0.2 k_B T$ ) and requires the  
280 energy from the interface with at least one more helix to fold.

281 The average “seed” size of 6 to 7 helices is, intriguingly, consistent with both a folding correlation  
282 length of roughly 3 repeats proposed by coarse-grained simulations<sup>7</sup> as well as a folding “nucleus”  
283 of 2.5 repeats as concluded from ensemble folding studies of a set of CTPR proteins.<sup>32</sup> In contrast,  
284 our estimate of the zero-force seed is much smaller as it only refers to the number of repeating  
285 units required for  $\Delta G < 0$ , which, we would like to point out, does not mean that such a structure  
286 is fully folded at all times (*e.g.* a single CTPRa repeat is still 13% unfolded).

### 287 **The absence of saw-tooth-like unfolding is a consequence of tether elasticity**

288 To our initial surprise, we did not observe the repeat-by-repeat, saw-tooth unfolding patterns  
289 observed for other solenoid repeat proteins, particularly ankyrins.<sup>12,14,37–40</sup> However, using our  
290 mechanical Ising model, we increased the effective spring constant of the system connected to the  
291 protein (optical trap and linker molecules) to simulate the much stiffer compliance of surface and  
292 cantilever in AFM experiments. This modification allowed us to reproduce the characteristic saw-  
293 tooth pattern of repeats unfolding one at a time for a consensus ankyrin-repeat protein with five  
294 repeats (Fig. S10), highlighting that this behaviour is, at least in part, related to the stiffness of  
295 the experimental apparatus rather than an intrinsic characteristic of the protein. These findings  
296 raise important questions for future research of repeat proteins under load both *in vitro* and *in*  
297 *vivo* as the context of the set-up or the cellular environment may change how we perceive the force  
298 response of the protein of interest.

### 299 **Force response of the superhelical tertiary structure**

300 Previously, several groups used steered MD simulations of natural repeat proteins to show  
301 that structural rearrangements at interfaces between repeats allowed the array to stretch as a  
302 whole before breaking of the array and unfolding of smaller structural elements occurred at higher  
303 forces.<sup>10,11,16</sup> However, at this time, we do not have evidence that the CTPR superhelix stretches  
304 before unfolding starts at the ends or that such a response is of similar compliance to DNA and  
305 could therefore be hidden in the linker response. Instead, we found that the DNA parameters  
306 compensate for the dimension of the folded construct, and can estimate the end-to-end distances  
307 prior to unfolding using a linear regression to obtain values that agree well with our structural data  
308 (Fig. S11). Given that we can clearly “see” the superhelix in the force plateau, we surmise that the  
309 interfaces in CTPR arrays are coupled too strongly to rearrange before unzipping of the terminal  
310 helices occurs. This conclusion is supported by previous findings that describe packing between  
311 CTPRs as rather rigid<sup>70</sup> and that show CTPR arrays to have a spring constant much larger than  
312 that of our instrument.<sup>8</sup> It remains to be seen how the balance of the intrinsic repeat stability  
313 and interfacial coupling translates into the overall stiffness of the tertiary structure to explain the  
314 flexibility of several natural repeat proteins observed in both simulations and experiments.

315 **CONCLUSION**

316 In summary, we have resolved a truly unique force response of a solenoid repeat protein and with  
317 a sensitivity that is high enough to resolve its tertiary structure. Furthermore, using Ising models  
318 we have shown how two geometrically distinct CTPRs can differ in their thermodynamic and  
319 mechanical properties but still retain the same overall folding profile. Our approach circumvents  
320 current drawbacks of ensemble studies, as it only requires data of a single array length and has  
321 a clearly defined unfolded state. Since repetition of small building blocks is employed across all  
322 organisms to modulate and diversify structure and function, the insights presented here give us and  
323 others a methodological basis from which to understand the biological functions of repeat proteins  
324 and to exploit them in nanotechnology and biomedicine.

325 **MATERIALS AND METHODS**

326 For a detailed description see the supplementary materials and methods section. In brief,  
327 repeat arrays were constructed in the background of a pRSET vector and expressed in *E. coli*.  
328 Equilibrium denaturation experiments were performed using guanidine hydrochloride in sodium  
329 phosphate buffer pH 6.8, 150 mM NaCl in a 96-well plate format.<sup>71</sup> CTPRrv4 with a C-terminal  
330 solvating helix was crystallized in a solution containing 0.2 M MgCl<sub>2</sub>, 0.1 M sodium cacodylate  
331 pH 6.5 and 50 % v/v PEG200. Further details on data collection and processing can be found in  
332 the supplementary materials and methods section. Angles between repeat planes were calculated  
333 essentially as published previously.<sup>13</sup> Constructs were prepared for force spectroscopy using site-  
334 specific modification of either terminal ybbR-tags or cysteine residues.<sup>72,73</sup> All single-molecule  
335 force spectroscopy data was collected on a custom-built instrument,<sup>74</sup> processed using custom  
336 scripts developed in Igor Pro (WaveMetrics) and further analysed using Igor Pro or Python.<sup>75-81</sup>  
337 Theoretical FDCs were calculated using custom C++/CUDA software. Structural representations  
338 were generated using PyMol<sup>82</sup> or VMD.<sup>83</sup>

339 **Data availability**

340 Force data is available on <https://github.com/StiglerLab/CTPR>. The structure of CTPRrv4  
341 has been deposited in the RCSB PDB with the accession code 7obi.

342 **Declaration of conflict of interest**

343 The authors declare no conflicting interests.

344 **Author contributions**

345 A.P.-R. designed the protein variant. A.P.-R., G.F and R.S.E. performed the crystallography  
346 and structural refinement. P.J.E.R performed the circular dichroism spectroscopy. M.S. conducted  
347 all other experiments, and M.S. and J.S. analysed the data. D.B. and A.W. provided experi-  
348 mental guidance and maintained the single-molecule equipment. M.S., L.S.I. and J.S. wrote the  
349 manuscript. All authors reviewed the manuscript.

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360 **A. Supporting Information**

361 The Supporting Information is available online, containing the following:

- 362 • Detailed description of the experimental procedures
- 363 • Supplementary Figures S1-S11
- 364 • Supplementary Tables S1-S3

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