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1 H1 FRONT MATTER

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- H2: Title
- Full title: Terrestrial support of lake food webs: synthesis reveals controls over cross-ecosystem resource use
 - Short title: Terrestrial support of lake zooplankton
 - One-sentence summary: Widespread evidence that aquatic consumers use terrestrial resources depending on the features of surrounding catchments.
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- 33

34 H2:Abstract

- 35 Widespread evidence that organic matter exported from terrestrial into aquatic ecosystems supports
- 36 recipient food webs remains controversial. A pressing question is not only whether high terrestrial
- 37 support is possible but what the general conditions are under which it arises. Here we assemble the
- largest dataset to date of the isotopic composition (δ^2 H, δ^{13} C, δ^{15} N) of lake zooplankton and the
- 39 resources at the base of their associated food webs. In total, our dataset spans 559 observations across
- 40 147 lakes from the boreal to subtropics. By predicting terrestrial resource support from within-lake and
- 41 catchment-level characteristics, we found that half of all consumer observations (i.e. median) were
- 42 comprised of at least 42% terrestrial-derived material. Terrestrial support of zooplankton generally was

43 greatest in lakes with large physical and hydrological connections to catchments that were rich in above-44 and below-ground organic matter. However, some consumers responded less strongly to terrestrial 45 resources where within-lake production was elevated. Our study shows that multiple mechanisms drive 46 widespread cross-ecosystem support of aquatic consumers across northern hemisphere lakes and 47 suggests that changes in terrestrial landscapes will influence ecosystem processes well beyond their 48 boundaries.

49

50 H1 MAIN TEXT

51 H2:Introduction

52 Ecosystems are linked across landscapes by the flow of energy and nutrients (1). This has long been 53 evident at the scale of catchments, wherein terrestrial organic matter (t-OM) is collected by hydrological flow and funnelled into receiving waterways at lower elevation. Aquatic organisms are consequently 54 55 able to use material produced outside the boundaries of their habitat – a process known as allochthony – 56 to support their metabolic demands (2). Accumulating evidence now suggests that the use of terrestrial-57 derived resources can be as high as 40 to 94% in some aquatic food webs (3-13). Cross-ecosystem resources therefore play an important role in supporting ecosystem functioning and the delivery of key 58 59 ecosystem services, such as fish production (9, 14). Yet it remains unclear as to how reliance upon these resources will change with continued human degradation or alternatively restoration of the planet's 60 landscapes. 61 62 Generalising how cross-ecosystem resources support lentic consumers in particular has been controversial (6, 15-16). In addition to grazing on phytoplankton and microbial organisms that 63 decompose detritus generated within aquatic ecosystems, zooplankton ingest microbes that metabolize t-64 65 OM and they directly uptake t-OM through feeding (17–19). These t-OM sources can sustain consumer growth and reproduction as long as some high-quality resources, such as green algae, are present (15, 15)66 67 19). However, t-OM is generally a poor quality resource. It lacks essential fatty acids and macronutrients available from algae (15, 20). Rather, t-OM likely supplements existing within-lake 68

- resources as it becomes increasingly available (9) and/or the latter are limited, e.g. seasonally (3, 21),
- round recessarily increasing consumer production (16, 22–24).

Low levels of allochthony (<20%) in some studies of lake food webs have also cast doubt on the 71 72 importance of cross-ecosystem resources in supporting consumer biomass (25-27). This leaves considerable variation to be explained among studies, both within and across geographic regions (8, 21, 3)73 74 28–29). Nonetheless, theory and meta-analyses of consumer abundances can be used to predict that 75 allochthonous resource fluxes will be most utilised when (i) receiving food webs have low productivity or relatively few resources, (ii) the delivery potential of donor habitats is relatively large, and/or (iii) 76 consumers have weak preferences for autochthonous resources (30-32). The relative importance of 77 spatial energy flows will also depend on temporal variation in food web structure, such as arising from 78 seasonal changes in primary production (33). Therefore, previous disagreements over the importance of 79 terrestrial support may have simply arisen because lakes differ in their productivity either spatially 80 and/or temporally, are surrounded by different land uses, and have different zooplankton assemblages. 81 82 Empirically testing these general predictions across diverse habitats can help reconcile contrasting 83 findings.

Finally, controversy has arisen over the methods used to measure allochthony, which are primarily based on stable isotope mixing models (*15*, *34–35*). Rigorous simulation approaches are now needed to understand how mixing models perform under different empirical conditions and identify potential sources of bias, such as in end member determination. Taken with concerns around the nutritional quality of t-OM and large variability in observed allochthony, the general conditions under which terrestrial resources are important to lake food webs remains to be identified. Accordingly, such an analysis can also reveal the conditions wherein the use of autochthonous resources varies.

91 Here we test how within-lake processes and catchment-level characteristics jointly influence the 92 use of terrestrial and within-lake resources in aquatic food webs, thereby explaining the large variation

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116	measurements taken year-round for 559 observations of pelagic consumers across 147 lakes in many of
115	catchment characteristics such as land cover. We collated stable isotope (δ^2 H, δ^{13} C, δ^{15} N)
114	Our analysis is the first large-scale effort explicitly linking resource use by aquatic organisms to
113	production peaks and/or within-lake production is negligible (3, 40–41).
112	Seasonality hypothesis: Allochthony increases outside of the summer growing season when plant litter
111	available (28, 39–40).
110	relatively effective grazers of bacterial decomposers and t-OM as these resources become increasingly
109	Consumer preference hypothesis: Allochthony increases in consumers such as Cladocera that are
108	(38).
107	production becomes limited by shading more than it benefits from the nutrients associated with t-OM
106	Algal subtraction hypothesis: Allochthony increases with the availability of t-OM where algal
105	37).
104	can also increase the geomorphic potential of catchments to deliver t-OM into receiving food webs (14,
103	vegetation and soil carbon in the surrounding catchment increase (9, 36). A larger land-water interface
102	consumption by consumers at the base of aquatic food webs as the coverage and density of labile
101	surrounding catchment. A greater quantity and reactivity of t-OM can be made available for
100	Catchment deposition hypothesis: Allochthony increases as more t-OM is exported from the
99	are produced (5, 21).
98	Favourable resources hypothesis: Allochthony decreases when more high-quality resources, i.e. algae,
97	resources and comparing their relative support:
96	We do so by simultaneously testing five mutually-inclusive hypotheses around cross-ecosystem
95	understanding when, and for which consumers, allochthony was high in our subset of global lake types.
94	terrestrial resources were likely more important, on average, than elsewhere, we focused on
93	in allochthony reported to date. As our study sites were a non-random collection of lakes for which

the planet's freshwater hotspots. Using a uniform approach to delineating study catchments, we also 117 assembled an extensive database on surrounding land use, geomorphology, and water chemistry derived 118 from satellite and field data. We then estimated terrestrial resource use (φ_T) in an isotopic mixing model 119 120 by relating $\varphi_{\rm T}$ to within-lake and catchment characteristics using structural equation modelling (SEM) (supplementary methods S1, S2). SEM allows us to test explicitly the strength and direction of five of 121 the major hypotheses about allochthony. Previously, we have shown that bias in the mixing model 122 approach is minimal (7, 9, 42), and we expand upon these analyses to show that it is relatively 123 insensitive both to the range of isotopic values observed in our dataset and missing data sources. 124

125

126 H2: Results

127 Isotopic mixing model performance

The isotopic mixing model that we developed had sufficient power to test our focal hypotheses because 128 it strongly recovered known values of φ_T and its response to extrinsic factors. We simulated datasets 129 that replicated our empirical observations with known effect sizes and found that posterior distributions 130 131 for the effects of lake- and catchment-level characteristics on φ_T averaged across 100 simulations were tightly centred on their 'true' values (dotted lines vs polygons in figs. 1a,b). φ_T was also recovered with 132 relatively high precision and accuracy (fig. 1c). While there was a tendency to overestimate moderate 133 values of $\varphi_{\rm T}$ (ca. 0.20–0.40) with a relative bias, on average, of up to 18% (absolute deviation in $\varphi_{\rm T}$ of 134 7%), most relative bias was small and ranged between -10 to 10% (fig. 1d). Data for δ^2 H isotopes 135 reduced this bias further (fig. 1d), because it most strongly differentiated between our two basal food 136 sources of terrestrial plants and pelagic phytoplankton (fig. S1). 137

We also considered whether our results could be biased by the different basal food resources and isotopes that we studied. Isotopic signatures of terrestrial resources loaded into food webs, measured from fresh or senesced leaves of the dominant plants or soil OM in surrounding catchments, varied little 141 as compared with within-lake resources (fig. S1). Pelagic phytoplankton, for which isotopic signatures were directly measured for n = 333 consumer observations and estimated in another n = 226 from their 142 photosynthetic δ^2 H discrimination, varied much more in δ^{13} C and δ^{15} N than terrestrial resources, with no 143 clear difference between either the measured or estimated values (fig. S1). Nonetheless, the variation in 144 the observed resources had little influence on our results. We found that bias in both $\varphi_{\rm T}$ and its response 145 to lake- and catchment-level characteristics was unchanged when we increased the uncertainty in the 146 allochthonous and autochthonous resources that were input into the mixing model (light and dark green 147 lines no different from grey box in fig. S2). Additional simulations showed that all focal parameters 148 were relatively insensitive to increased uncertainty in other sources, such as the isotope measurements 149 themselves (fig. S2), biased prior information about consumer physiology (fig. S3), and potentially 150 missing resources that would bias determination of the within-lake resources, such as methane oxidising 151 152 bacteria (fig. S4).

153

154 Mechanisms underlying resource use

Given our validated model, we found that φ_T estimated for aquatic consumers based on empirical $\delta^2 H$. 155 δ^{13} C, and δ^{15} N data varied greatly across gradients of water quality and catchment characteristics (fig. 2; 156 see supplementary data file S1 for site summaries). Mean (95% CI) estimates of consumer biomass 157 derived from terrestrial resources ranged between 11% (3-21%) to 83% (72-92%) across 147 lakes, with 158 a median of 42% (Fig. 2). The model generating these estimates fitted the empirical data very well 159 (Bayesian R² ranging from 0.64-0.99 across observations in the one-, two-, and three-isotope models; 160 fig. S5). As the estimates were sampled using Bayesian inference, we also generated a posterior 161 distribution of ϕ_T for each of our 559 consumer observations. The resulting distributions were always 162 163 peaked with almost all coefficients of variation <0.4 (fig. S6), emphasising low uncertainty in our predictions. 164

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165 For the first time, we could link the large variation in φ_T found in Fig. 2a and across previous studies to explicit mechanisms that predicted when autochthonous versus allochthonous resources would 166 be important. We did so by connecting the distributions of φ_T for each consumer observation to within-167 168 lake and catchment characteristics and estimating whether the associated 95% credible intervals (CIs) excluded zero, shown as green and blue arrows for positive and negative effects, respectively, in Fig. 3. 169 First, we found that support for the catchment deposition hypothesis operated via both particulate 170 organic carbon (POC) exported from woody vegetation, while accounting for variation in terrestrial litter 171 decomposition because of warmer temperatures, and dissolved organic carbon (DOC) contributed by 172 catchments with dense vegetation cover, rich soil carbon pools, and a high degree of soil wetness (green 173 lines for all connections in figs. 3, 4a,b). Greater quantities of t-OM subsequently elevated 174 allochthonous resources (i.e. summed contribution of terrestrial-derived DOC and POC), thereby 175 increasing allochthony (fig. 3). For example, a 30% increase in allochthonous resources over their 176 observed range increased φ_T in summer by a relative mean of 7% across all taxa (95% CI: 1-14%) when 177 other effects were at their mean levels (fig. 4c). We also found that ϕ_T increased as lakes were smaller 178 179 relative to their shoreline, as predicted by the catchment deposition hypothesis (green arrows connecting LP:LA to φ_T in fig. 3). Support for the catchment deposition hypothesis persisted with other indicators 180 of terrestrial influence, especially when we considered lake perimeter in the analyses (supplementary 181 methods S3). Second, we found that the positive response of $\phi_{\rm T}$ to increasing allochthonous resources 182 was reduced by increasing within-lake productivity (i.e. interaction with chlorophyll a) for Daphnia and 183 bulk zooplankton (fig. 5), as predicted by the favourable resources hypothesis (fig. 3), but this was not 184 supported across all taxa. Third, the interactive effect was weakened as more allochthonous resources 185 shaded the water column and reduced algal productivity consistent with the subtraction hypothesis (blue 186 187 line connecting colour to chlorophyll in fig. 3).

188 Finally, there were clear differences across consumers and seasons in the use of allochthonous resources, as predicted by the consumer preference and seasonality hypotheses, respectively. Less-189 selective filter feeders such as *Daphnia*, which also often comprised much of the biomass in the 190 191 Cladocera and bulk zooplankton categories, had greater ϕ_T as allochthonous resources were increasingly available (95% CIs excluding zero, fig. 5a), but less so where chlorophyll a concentrations were high 192 (fig. 5b). ϕ_T in *Chaoborus*, which integrate the signals of multiple previtems, also responded positively 193 to the availability of allochthonous resources (fig. 5a). By contrast, more selective suspension feeders 194 such as the calanoid copepods, including *Eudiaptomus*, did not have a greater φ_{T} as allochthonous 195 resources became more available (95% CIs overlapping zero, figs. 5a,b). There was no difference in φ_T 196 across consumers at the mean water chemistry conditions (fig. 5c). We also found that mean levels of 197 allochthony were greatest during autumn, when plant litter production peaks, and winter, when within-198 lake production is minimised (95% CI for difference from summer: 0.36-0.77 and 0.20-3.1, respectively; 199 fig. 3). All other parameter estimates are reported in table S1. 200

An important benefit of our modelling approach is that it allowed us to compare relative support for different hypotheses. For each hypothesis except that of consumer preference, we calculated the change in φ_T with an increase in a focal variable from one SD beneath to one SD above its mean, whilst all other variables were fixed at mean levels. This revealed that DOC and the ratio of lake perimeter to lake area (an indicator of t-OM delivery potential) had the strongest cumulative effects in our network of interacting mechanisms (fig. 3), increasing φ_T by between 1 to 13% through their effects on the availability of allochthonous resources.

208

209 H2: Discussion

210 Our analysis across lakes from the boreal to subtropics shows that terrestrial resource use is

211 unequivocally important, accounting for at least 42% of consumer biomass in half of all observations,

212 though high levels of allochthony (e.g. >60%) are not a general pattern. Concurrently, we have discovered the conditions that make high allochthony possible, helping to explain the tremendous 213 discrepancy observed across stable isotope studies of lake food webs over the last two decades (6-8, 16, 214 21, 23, 25–26, 28). While the lowest mean estimate of allochthony reported here of 11% exceeds that 215 observed by others, this may be because our non-random sample of study sites largely lacked clear deep-216 water and eutrophic lakes where primary production is relatively high (5, 25). Our results also offer 217 general insights for understanding the fate of spatial resource fluxes because we have found that 218 allochthonous resources are more utilised, as determined using stable isotope tracers, in ecosystems that 219 are unproductive and/or well connected to donor habitats. Predictable changes in allochthony along 220 continuous gradients, such as in hydrological connectivity and ecosystem productivity, support 221 theoretical predictions for when cross-ecosystem resources will be most utilised (30-32), but have only 222 223 been empirically reported to our knowledge in two much more local studies (9, 14).

224

225 Mechanisms Underlying Allochthony

We found support for the favourable resources and catchment deposition hypotheses. These hypotheses 226 suggest that levels of allochthony in freshwater lakes depend on the quantity of terrestrial organic matter 227 (t-OM) that is delivered into food webs relative to the amount of internal production. It is therefore 228 unsurprising that striking differences in allochthony have previously been reported across lakes that span 229 gradients of trophic state, morphometry, and catchment characteristics (8, 21, 25, 28–29). Relative 230 exposure of lakes to their surrounding shorelines was an especially important characteristic for driving 231 support for the catchment deposition hypothesis and highlighted the importance of nearshore processes 232 for t-OM export (43). Our results also show that allochthony is promoted by dissolved and particulate t-233 234 OM. This finding suggests that direct ingestion of particulate organic matter and its associated biofilms as well as bacterial decomposition are both key for transferring t-OM into aquatic food webs. 235

236 Algal production attenuated the effects of increasing allochthonous resources on terrestrial resource support for some consumers, as expected if it is a higher quality and more preferred resource 237 (15, 20), but this effect was sensitive to shading of the water column (i.e. algal subtraction hypothesis). 238 239 These responses are likely to reflect shifts in the availability of phytoplankton across depth zones as water clarity changes. In deep clear lakes, few of which we studied here, phytoplankton may support the 240 majority of zooplankton biomass (25). As t-OM increases, reduced light penetration and shallower 241 thermoclines will constrain metalimnetic phytoplankton, decreasing its support of zooplankton (44). By 242 contrast, concentrations of DOC comparable to those observed in our dataset suggest that t-OM may be 243 sufficient to promote primary productivity in the epilimnion by contributing limiting nutrients without 244 reducing the average amount of radiation reaching phytoplankton cells (45). The effects of algal 245 production on allochthony will also vary seasonally (3, 40-41), as observed here (i.e. seasonality 246 hypothesis). Allochthony was specifically lower during spring and summer when algal production was 247 maximised than during autumn leaf-fall or winter. 248

Responses to terrestrial and within-lakes resources by the most abundant taxa in our dataset were 249 generally consistent with known feeding strategies. For example, calanoids preferentially consume 250 phytoplankton and thus do not respond strongly to direct increases in terrestrial resources (28, 40), as we 251 found here. Terrestrial resource use may also change little with small increases in within-lake 252 production if it is already minor (<20%) at low phytoplankton biomass. By contrast, *Daphnia* and 253 cyclopoid copepods benefited from more terrestrial resources because they can graze heterotrophic 254 bacteria associated with dissolved t-OM (46–47), even during periods of high primary production (40). 255 However, only *Daphnia* reduced their use of allochthonous resources with increasing chlorophyll *a*. 256 Daphnia are more likely to ingest larger particulate material from leaf fragments or flocculated DOC 257 258 than calanoids (28). As these materials are poorly assimilated during growth (15, 20), they should be less utilised when phytoplankton are available. The lack of an association with chlorophyll a in other 259

taxa may be unsurprising if terrestrial resources only sustain growth when supplemented with algae (15, 260 19). An increasing supply and uptake of algae could thus result in a greater uptake of terrestrial 261 resources without necessarily changing the proportional use of these two resources. Finally, allochthony 262 of the invertebrate predator *Chaoborus* appeared more responsive to terrestrial resources than some of 263 the zooplankton grazers that it prevs upon, e.g. *Bosmina*. This may have arisen because we selected 264 early instars that ingest proportionally more rotifers, which are enriched in allochthonous resources (28), 265 than larger zooplankton, such as *Daphnia* (47). *Chaoborus* can also assimilate fewer grazers and more 266 detritivores where they reside in the hypolimnion, such as in lakes with planktivorous fish (5). More 267 generally, spatial variation in cross-ecosystem resources should lead to different patterns of allochthony 268 between migratory and more stationary consumers (1). 269

While we have found support for general mechanisms underlying allochthony, our study sites 270 only partially captured the range of lake physical and chemical characteristics observed globally and 271 within our focal study regions (e.g. 48–49). Three notable differences emerge from comparisons with 272 global datasets. First, >90% of the world's lakes have been estimated to be $<0.01 \text{ km}^2$ versus 34% in 273 our dataset (50). Most of our lakes were slightly larger with areas between 0.01-1 km² (fig. S7). 274 Second, median DOC concentrations in our dataset were slightly higher than in a compilation of 7,514 275 lakes spanning large biogeographic gradients (51): 6.9 vs 5.7 mg L^{-1} , respectively, suggesting that we 276 may be slightly overestimating the extent of allochthonous inputs and their shading effects (fig. S8). 277 Finally, median chlorophyll a concentrations in our dataset were nearly 40% lower than satellite-derived 278 estimates in 80,012 lakes (52): 4.7 vs 7.5 mg L⁻¹, respectively, over-representing oligotrophic lakes 279 where allochthony might be higher (fig. S9). The strength of support for some of the mechanisms that 280 we detected might therefore vary in lakes with markedly different characteristics though remain 281 282 generalizable in many other cases.

284 Improving Predictions of Cross-Ecosystem Resource Use

We found that estimates of terrestrial resource use were positively biased by an average of up to 18% on 285 a relative basis (ca. 7% on an absolute scale). Extending our analysis across the entire range of potential 286 φ_{T} , rather than only the range observed in the empirical dataset, revealed that this problem was 287 exacerbated as φ_T approached 0 (fig. S10). This was because sampling φ_T from a Beta distribution 288 meant that values could not be <0, thereby limiting negative bias from accruing. Similarly, bias was 289 mostly negative as φ_T approached 1 (fig. S10), again because φ_T could not be >1. Statistical methods for 290 inferring isotopic compositions can do little to account for this given inherent constraints in φ_{T} . Caution 291 is therefore needed when evaluating allochthony at extremely low and high values. Estimating cross-292 ecosystem resource use by enriching distinctions in the isotopic composition of resources (e.g. 4, 53) 293 and measuring additional source-specific biomarkers, such as fatty acids (27), may be particularly 294 helpful in these circumstances by reducing underlying isotopic variation and better constraining models 295 to data. 296

We have also expanded our understanding of the performance and bias of isotopic mixing 297 298 models (7, 9, 42), which have been previously critiqued (15, 34-35), though without rigorous statistical tests. For end members, we found little difference between isotopic signatures of pelagic phytoplankton 299 that were directly measured versus inferred from the known discrimination of producers for ²H relative 300 to ¹H in surrounding water, supporting the use of this approach to assign isotope values (54). We 301 similarly found little variation in terrestrial resources despite sometimes measuring either live, recently 302 senesced, or decomposed leaf material. The δ^2 H, δ^{13} C, and δ^{15} N values of fresh leaves change little as 303 they decay, supporting our grouping of terrestrial material in different states of decomposition (54). 304 Bias in the recovery of model parameters was also relatively insensitive to increased uncertainty in the 305 306 end member isotope values and physiological parameters used to infer dietary water uptake, as well as moderate levels of missing within-lake resources. Our widespread measurement of $\delta^2 H$ for 79% of 307

consumer observations likely helped to reduce bias by clearly differentiating between the isotopic
signature of aquatic and terrestrial primary production (55). Overall, our analyses highlight the
robustness of mixing models and offer opportunities to parameterise them with new types of data, such
as fatty acid profiles (27).

312

313 New Connections in Managing Land And Water Resources

Our findings emphasise that better integration is needed across ecosystems in management. We found 314 that consumers rely heavily on terrestrial resources in lakes that are surrounded by relatively long 315 shorelines with dense vegetation and soil carbon stores. This provides empirical support for the 316 conventional wisdom, largely from riparian systems (56, 57), that even small land cover change along 317 318 lakeshores impacts aquatic food webs. Where consumer production benefits from terrestrial resources, our results suggest that reductions in forest cover and soil carbon can reduce the delivery of important 319 services provided by planktonic communities, such as fish production (9) or control of algal growth 320 (58). Of course, consumers with high terrestrial resource use will not necessarily be more productive. 321 322 This depends on whether t-OM displaces higher quality within-lake resources by shading (16, 22–23, 38) or simply adds more of a suitable food source to the environment (9, 19). 323 More broadly, our work reveals how terrestrial landscapes influence ecosystem functioning well 324 beyond their boundaries. Much of the north temperate land mass, which stores most of the world's 325 freshwater, is changing with shifts in climate, natural disturbances, and human activities (59). For 326 example, increases in historical fire frequency across the boreal is clearing forest twice as quickly as it is 327 being gained (60). Such changes will clearly impact receiving waters. Our analysis therefore 328

strengthens the need for catchment-level approaches to the management of land and water resources in achanging world.

332 H2: Materials and Methods

333 Sample Collection

We sampled 147 lakes on 1 to 5 occasions during at least the summer growing season or autumn, and, 334 where possible, also during winter and spring. Zooplankton were collected either in bulk (i.e. mixed 335 species composition) or at one of 9 taxonomic levels: *Bosmina* spp., Calanoida, *Chaoborus* spp., 336 Cladocera, Copepoda, Cyclopoida, Daphnia spp., Eudiaptomus spp., Holopedium spp. near the deepest 337 point of each lake during the day or night (Chaoborus only) using vertical net tows. We also considered 338 an allochthonous and autochthonous basal resource that was available for consumers in each site. These 339 were leaf litter of the dominant terrestrial plants and pelagic phytoplankton, respectively. In some cases, 340 we sampled soil OM or fresh leaves instead of litterfall. These were suitable alternatives because their 341 isotopic ratios have been shown to be indistinguishable from both litterfall and dissolved OM inflowing 342 into lakes (7, 54). Phytoplankton were collected either by net tows during periods of high biomass (8, 343 11, 21), or isolated from particulate organic matter (POM) by their specific phospholipid fatty acids 344 (28). However, given the difficulty isolating pure phytoplankton using these two approaches, we 345 inferred their isotopic signatures by sampling environmental water either on its own or with POM for 346 40% (n = 226) of the consumer observations. Environmental water was taken from the surface layer (ca. 347 0.5 m depth) and immediately filtered into airtight vials for later measurement of δ^2 H. Subtracting the 348 known discrimination by algae against ²H relative to ¹H [mean \pm SD = -161.8 \pm 23.0% across published 349 studies (28, 61); measured separately in Virginia lakes as (11): $-195.6 \pm 34.6\%$] from measurements of 350 environmental water theoretically yielded δ^2 H in phytoplankton. Where δ^{13} C and δ^{15} N values were 351 desired, we also passed environmental water through cellulose filters with a nominal pore size of 0.8 µm 352 to concentrate POM, which was back-rinsed into vials and dried and ground for isotope analysis. We 353 354 then estimated the proportion of POM derived from terrestrial and pelagic resources with a two end member mixing model. Terrestrial δ^2 H was measured while pelagic δ^2 H was estimated from the known 355

- discrimination of phytoplankton for different isotopes in environmental water given δ^2 H measured in
- 357 water. The proportion of POM derived from each of the two resources and δ^{13} C and δ^{15} N measurements
- in terrestrial resources allowed us to solve a mixing model algebraically for δ^{13} C and δ^{15} N in
- 359 phytoplankton (6, 54). In 9 lakes, epiphytic algae were measured as autochthonous resources because
- 360 they had indistinguishable δ^2 H signatures from phytoplankton (12). All organic samples were dried and
- 361 ground into a homogenous powder for isotopic analysis.
- We also collected epilimnetic water samples across the sampling season at weekly to monthly intervals for 73% (n = 409) of the consumer observations. These were analysed for chlorophyll *a* using fluorometry, water colour (light absorbance at 440 nm) using spectrophotometry, and DOC, total nitrogen (TN), and total phosphorus (TP) using colorimetry. Values were averaged across the sampling period so as to be representative of overall conditions during the period of consumer growth. Full methods are described elsewhere (6–9, 11, 16, 21, 23, 28, 62).
- 368
- 369 Isotope Analysis
- 370 Stable isotope ratios of organic samples were measured on isotope-ratio mass spectrometers. Water 371 samples were analysed for δ^2 H on a cavity-ring-down laser spectrometer (55).
- 372
- 373 Geospatial Analysis

We delineated catchment boundaries for each lake by mapping flow direction and accumulation from digital elevation models. By then processing digital land use and cover datasets and satellite imagery through the total area that drained into a focal lake, we extracted catchment characteristics for each lake in a given sampling year. The characteristics included area of woody vegetation cover, mean vegetation density, mean soil carbon concentration (0-15 cm depth), lake area, lake perimeter, and soil wetness. Generally, catchment delineations and terrain analyses were at a 30 m resolution whereas landscape characterization and soil carbon estimates were at 250 and 1,000 m resolutions, respectively. This uniform approach ensured consistency in both resolution and data sources across lake districts. Our approach also produced very similar results to those derived from higher resolution catchment delineations provided by individual investigators and an alternative delineation that removed land intersecting other lakes upstream in the same catchment (full details in supplementary methods S1).

385

386 Statistical Analysis

Hypothesis Testing with an Isotopic Mixing Model: We tested our five hypotheses by estimating 387 terrestrial resource use (φ_T) within a Bayesian isotopic mixing model as a direct function of lake water 388 chemistry, catchment characteristics, and consumer identity. Either a one- (δ^2 H-only; n = 165), two-389 $(\delta^{13}C - \delta^{15}N; n = 120)$, or three-isotope $(\delta^{13}C - \delta^{15}N - \delta^{2}H; n = 274)$ model was fitted depending on the 390 number of isotopes measured for each consumer observation (total n = 559 separate observations). 391 Briefly, the mixing model estimated the relative proportion of terrestrial and aquatic primary production 392 used by each consumer type from stable isotope data and published physiological parameters that varied 393 394 among consumers. By having only two potential resources, we could fit the exact same model to all observations irrespective of the number of isotopes measured; for a one isotope model only two 395 resources can be modelled because this reduces to only 1 unknown variable. Importantly, the absence of 396 other resources did not bias estimation (supplementary methods S3). Additionally, for each consumer 397 the model estimated a unique trophic position, trophic-level fractionation of N, and contribution of 398 dietary water to δ^2 H ratios from prior information (7, 28, 42; supplementary methods S2). 399 Our mixing model had the added benefit of sampling each estimate of terrestrial resource use 400 from a distribution described by a hypothesised network of causal drivers representing our five focal 401 402 hypotheses. In this network, we predicted allochthony from both the availability of allochthonous and autochthonous resources for the 409 observations with corresponding water chemistry values, allowing 403

404	an increase in one resource to reduce the effect of the other (i.e. an interaction term). The availability of
405	allochthonous resources was equal to the sum of DOC and POC that were terrestrially-derived. We had
406	in-lake measurements of DOC that we multiplied against a model-estimated terrestrial proportion, but
407	lacked such observations for POC. Therefore, we described the total terrestrial-derived POC as an
408	estimated mean value across lakes that varied with observed catchment and within-lake variables. Using
409	additional techniques for modelling latent variables, we further informed estimation of allochthonous
410	resources, and hence terrestrial POC, by setting their values to be proportional to observed lake water
411	colour. Water color was reported as absorbance at 440 nm, which is a strong indicator of terrestrially-
412	derived humic substances (63). For autochthonous resources, their availability was equal to measured
413	chlorophyll a concentrations. For the remaining 150 observations where no water chemistry was
414	measured, we were still able to estimate terrestrial resource support as a function of consumer preference
415	and season (supplementary methods S2). An additional benefit of our mixing model was that we could
416	also incorporate uncertainty in source isotope data and dietary enrichment of $\delta^2 H$ and trophic
417	fractionation of δ^{15} N into estimates of resource use. Full details of the model are given in
418	supplementary methods S2 with reproducible R code in supplementary data file S2. Key abbreviations
419	and symbols are listed in table S2.
420	The model was fitted using Hamiltonian Monte Carlo sampling by calling RStan v2.8 from R
421	v3.2, and we tested for convergence and model misspecification using standard approaches
422	(supplementary methods S2). To infer effects, we calculated posterior means and 95% CIs for each
423	parameter by drawing a subset of 1000 simulations. We did not reject hypotheses if 95% CIs for their
424	associated effects excluded zero. All estimated coefficients were standardised to a common scale with a
425	mean of 0 and SD of 1, so that we could compare the relative importance of different hypotheses.
426	Model Validation: The critical test of our mixing model is not only how well it fits our
427	observations, but whether it can unbiasedly recover known parameters of simulated data, specifically

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428	consumer isotope ratios, φ_T , and the effect of lake and catchment-level characteristics on φ_T . We tested
429	this in different scenarios by randomly sampling $\delta^{13}C$, $\delta^{15}N$, and $\delta^{2}H$ values for all 559 consumer
430	observations in our empirical dataset from means and variances defining our mixing model in
431	supplementary methods S2. First, we tested whether our ability to recover known values when each of
432	seven potential sources of variation in the mixing model separately varied, as well as the prior means of
433	dietary parameters. Second, we tested whether the model was robust to missing end members. Other
434	resources, such as methane oxidising bacteria (MOB), certainly contribute to secondary production (16,
435	26, 28, 62, 64). Therefore, we simulated data with 10, 20, and 40% use of MOB, which had distinct
436	isotopic signatures from terrestrial or pelagic resources (supplementary methods S3). A major strength
437	of our approach was that it preserved structure in our original data, whilst exploring how different
438	sources of variance impacted model performance.
439	
440	H2: Supplementary Materials
441	supplementary methods S1. Additional details for geospatial analyses.
442	supplementary methods S2. Additional details for statistical analysis.
443	supplementary methods S3. Validation and sensitivity of the Bayesian mixing model.
444	fig. S1. End members used in mixing model and corresponding with each of 559 consumer
445	observations.
446	fig. S2. Sensitivity of BMM to changes in 7 SDs.
447	fig. S3. Sensitivity of BMM to misinformed dietary priors.
448	fig. S4. Model recovers known parameters despite not accounting for datasets with consumer
449	use of MOB.

- 451 fig. S6. Prior (light grey curves) and posterior (dark gray curves) of φ_T for each of 559
- 452 observations organised by consumer type.
- 453 fig. S7. Lake area distributions globally (black lines) and within our dataset (blue lines).
- 454 fig. S8. Dissolved organic carbon (DOC) distributions from 7,514 worldwide lakes.
- 455 fig. S9. Chlorophyll *a* distribution from 80,012 worldwide lakes.
- 456 fig. S10. Model recovers known parameters across 100 simulated datasets that span the range of 457 φ_{T} (i.e. 0 – 1).
- 458 fig. S11. Catchment area estimated for 147 lakes in our isotope dataset.
- 459 fig. S12. Proportion of each catchment covered with one of four woody vegetation types.
- 460 fig. S13. Vegetation, geomorphology, and soil characteristics.
- 461 fig. S14. Catchment area for 46 lakes.
- 462 fig. S15. Percent overlap in catchments of each of 46 lakes delineated with three different463 approaches.
- fig. S16. Model recovers known parameters despite random noise around the mean effects of
- 465 covariates predicting the availability of allochthonous resources ξ_{kl} .
- 466 fig. S17. Alternate ways of modelling terrestrial organic matter deposition.
- 467 table S1. Mean and 95% CIs for model parameter estimates associated with eqns S1-S11.
- table S2. Key symbols and abbreviations used in the Main Text and Supplementary Methods.
- 469 table S3. Reclassification of 2005 North America Landcover.
- 470 table S4. Reclassification of 2006 European Land Cover.
- 471 table S5. Consumer specific dietary parameters.
- data file S1. Site-level summary of water quality and catchment characteristics for 147 lakes.
- 473 data file S2. R code for stable isotope mixing model.
- 474

475 H2: References and Notes

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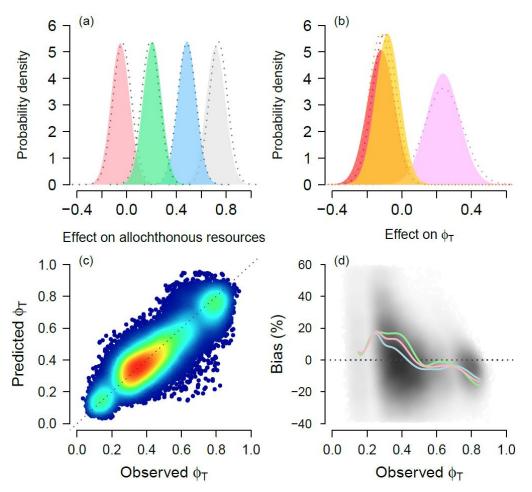
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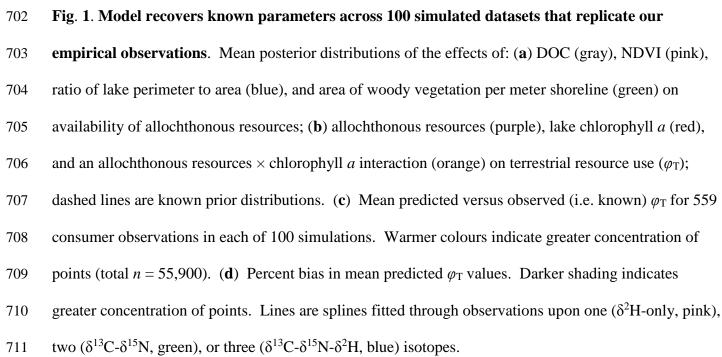
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- 685

686	H2: Acknowledgments
687	H3: General: We are grateful to the many field assistants that have helped collect data
688	throughout the years, and thank Susan Ziegler for contributing data. We also thank Emily
689	Bernhardt and two anonymous reviewers for improving an earlier draft.
690	H3: Funding: Support to organise the working group that produced this manuscript came from a
691	Natural Environment Research Council grant NE/M005968/1. B. W. K. also received travel
692	support from the NSERC CREATE Training Program in Biodiversity Research at the University
693	of British Columbia.
694	H3: Author contributions: The study was conceived by A. J. T. All authors collected the data.
695	A. J. T., B. W. K., and G. M. W. analysed the data with input from all authors. A. J. T. wrote the
696	manuscript with input from all authors
697	H3: Competing interests: The authors declare no competing interests.
698	H3: Data and materials availability: Data are available in Supplementary Materials.
699	



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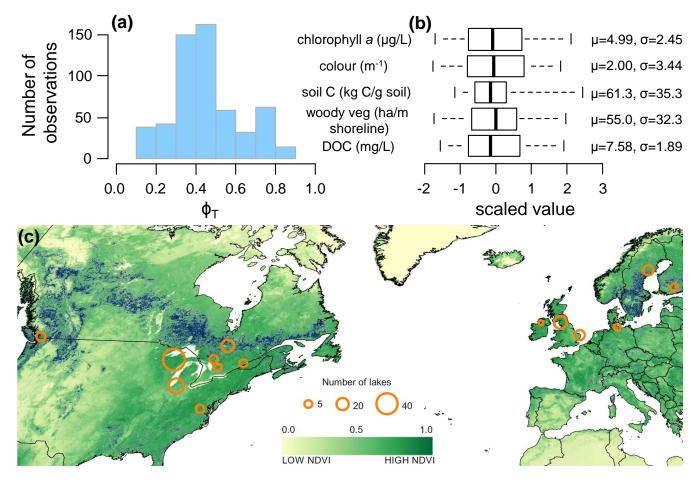


Fig. 2. Terrestrial resource (φ_T) use by lake zooplankton. (a) Mean posterior estimate of φ_T for each of 559 consumer observations. (b) Scaled distributions of key catchment characteristics and unscaled means and SDs. (c) Focal lake regions (n = 14) superimposed on waterbodies at a 1-km resolution and a proxy of vegetation density (NDVI) at a 0.1° resolution in September 2015 (NASA Earth Observations data repository: <u>http://neo.sci.gsfc.nasa.gov/</u>).

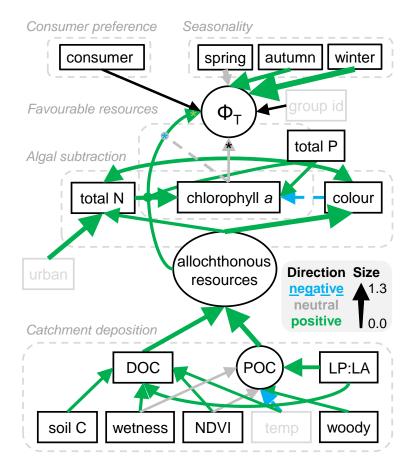


Fig. 3. Modelled network of factors influencing terrestrial resource use (φ_T) by aquatic consumers 719 across 147 lakes. Arrows point at modelled variables, with mean effects of one variable on another 720 proportional to standardised effect size (see legend). Lines ending in circles are interactions, * = random 721 722 variation among consumers with colours showing direction of significant effects, black lines are intercepts with no 'effect direction', ellipses are unobserved (i.e. latent) variables, and grey boxes are 723 covariates included to explain better the connections between modelled variables and predictors of 724 interest. Five mechanisms explaining variation in φ_T are associated with broken boxes. NDVI = 725 726 vegetation density; temp = mean monthly temperature of warmest quarter; woody = area of woody 727 vegetation in catchment per meter shoreline; LP:LA = ratio of lake perimeter to area; group id = research group that collected the data, e.g. accounting for variation in sampling. Bayesian R^2 for 728 consumers with one (δ^2 H-only), two (δ^{13} C- δ^{15} N), or three (δ^{13} C- δ^{15} N- δ^2 H) observed isotopes were = 729 0.64, 0.98, and 0.99, respectively (fig. S5). 730

 $0 \quad 0.64, 0.98, and 0.99, respectively (fi$

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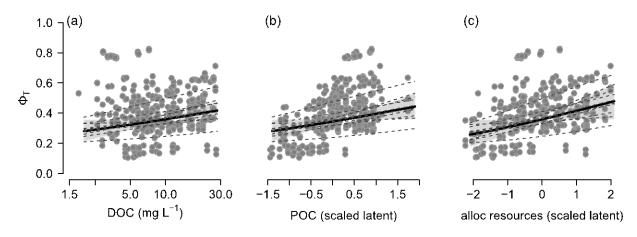
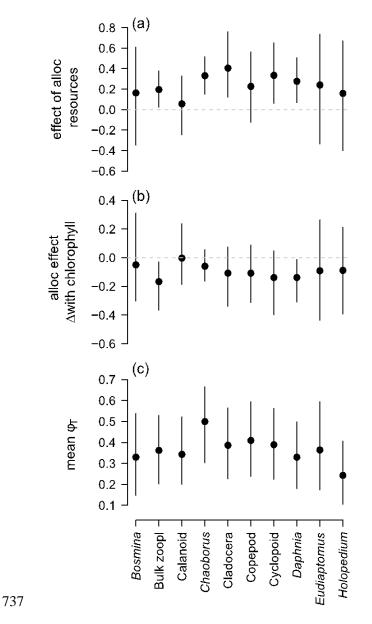


Fig. 4. *φ*_T increases with the estimated availability of (a) DOC, (b) POC, and (c) their summed

733 contribution towards allochthonous (alloc) resources. Points are mean estimated φ_T for each of 409

consumer observations with corresponding water chemistry measurements. Solid line is the mean

- 735 increase across all consumers at mean levels of all other water chemistry variables, with shaded polygon
- denoting 95% CI and dotted lines denoting consumer-specific responses.





(alloc) resources on $\varphi_{\rm T}$; (**b**) change in effect of allochthonous resources on $\varphi_{\rm T}$ with increasing lake water

chlorophyll *a*; and (c) $\varphi_{\rm T}$ at mean water chemistry levels across sites.