

1 **Antarctic ice-shelf advance driven by anomalous atmospheric and sea-ice circulation**

2 Frazer D.W. Christie<sup>1\*</sup>, Toby J. Benham<sup>1</sup>, Christine L. Batchelor<sup>1,2</sup>, Wolfgang Rack<sup>3</sup>, Aleksandr  
3 Montelli<sup>1</sup> and Julian A. Dowdeswell<sup>1</sup>

4 <sup>1</sup>Scott Polar Research Institute, University of Cambridge, Cambridge, CB2 1ER, UK

5 <sup>2</sup>Now at: School of Geography, Politics and Sociology, University of Newcastle, Newcastle, NE1 7RU, UK

6 <sup>3</sup>Gateway Antarctica, University of Canterbury, Private Bag 4800, Christchurch 8140, New Zealand

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8 \*Corresponding author: Frazer D. W. Christie, [fc475@cam.ac.uk](mailto:fc475@cam.ac.uk)

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10 *This version of the article has been accepted for publication, after peer review but is not the Version of*  
11 *Record and does not reflect post-acceptance improvements, or any corrections. The Version of Record*  
12 *is available online at: <https://doi.org/10.1038/s41561-022-00938-x>. Use of this Accepted Version is*  
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45

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48 **Abstract:**

49 **The disintegration of the eastern Antarctic Peninsula's Larsen A and B ice shelves has**  
50 **been attributed to atmosphere and ocean warming, and increased mass-losses from the**  
51 **glaciers once restrained by these ice shelves have increased Antarctica's total**  
52 **contribution to sea-level rise. Abrupt recessions in ice-shelf frontal position presaged the**  
53 **break-up of Larsen A and B, yet, in the ~20 years since these events, documented**  
54 **knowledge of frontal change along the entire ~1,400 km-long eastern Antarctic Peninsula**  
55 **is limited. Here, we show that 85% of the seaward ice-shelf perimeter fringing this**  
56 **coastline underwent uninterrupted advance between the early 2000s and 2019, in contrast**  
57 **to the two previous decades. We attribute this advance to enhanced ocean-wave**  
58 **dampening, ice-shelf buttressing and the absence of sea-surface slope-induced**  
59 **gravitational ice-shelf flow. These phenomena were, in turn, enabled by increased near-**  
60 **shore sea ice driven by a Weddell Sea-wide intensification of cyclonic surface winds**  
61 **around 2002. Collectively, our observations demonstrate that sea-ice change can either**  
62 **safeguard from, or set in motion, the final rifting and calving of even large Antarctic ice**  
63 **shelves.**

64

65 **Main Text:**

66 Ice shelves fringe ~75% of the Antarctic Ice Sheet and inhibit unrestrained discharge of  
67 grounded ice to the ocean<sup>1</sup>. When in a state of mass equilibrium, these ice shelves flow towards  
68 the ocean from the ‘grounding line’ – the location where grounded ice first begins to float – at  
69 a rate proportional to inland ice-sheet accumulation, and spread, thin and fracture towards their  
70 seaward limits before calving. However, satellite observations<sup>2-9</sup> have revealed the climate  
71 change-related mass imbalance of many of Antarctica’s coastal regions, which, in the Antarctic  
72 Peninsula, has culminated in the accelerated disintegration of several ice shelves<sup>2-5,9</sup> (Figure  
73 1). Whereas the precise mechanisms driving ice-shelf disintegration and their links to long-  
74 term climate change remain elusive, the demise of the Larsen A (1995) and B (2002) ice shelves  
75 of the eastern Antarctic Peninsula (EAP) has been attributed largely to regional atmospheric  
76 warming instigating surface melt-induced hydrofracturing of the shelf ice<sup>2-5,9-11</sup>. Other ice-shelf  
77 weakening processes, including ocean-driven basal melting<sup>12-13</sup> and ice-flow acceleration<sup>14</sup>, are  
78 also suggested to have augmented Larsen A and B’s propensity for decay. Together, these  
79 phenomena led to the abrupt calving-induced recession of Larsen A and B’s frontal positions  
80 prior to and during their disintegration<sup>2-5,9</sup> (Figure 1).

81 Having become an exemplar for the fate of the Antarctic Ice Sheet under a warming climate,  
82 frontal recession like that observed at Larsen A and B is considered to be a useful diagnostic  
83 for ice-sheet-shelf instability<sup>5,15-16</sup>. Since the early 2000s, however, few high-resolution  
84 measurements of frontal position exist along the ~1,400 km of shelf ice fringing the EAP<sup>5,17</sup>,  
85 despite evidence of surface melting historically encroaching upon many of the ice shelves  
86 there<sup>18</sup>. Here, we use high-resolution satellite observations to show that most shelf ice fringing  
87 the EAP underwent sustained advance over the approximately two-decade period following  
88 Larsen B’s collapse (*c.* 2003-2019), contrary to earlier episodes of marked frontal retreat  
89 between *c.* 1982 and 2002. We couple our observations with atmosphere and ocean reanalyses

90 and long-term satellite records to link this advance to a regional, wind-driven stabilizing effect  
91 imparted on the ice shelves by increased concentrations of near-shore sea ice.

## 92 **Ice-shelf and glacier change**

93 Between one of the last complete surveys of the coastline in 2003/4<sup>17</sup> and 2019, our satellite-  
94 derived frontal observations (Methods; Supplementary Data 1) show that 85% of the EAP's  
95 seaward ice-shelf perimeter underwent uninterrupted advance (Figures 1 and 2; Supplementary  
96 Data 2). This includes the progressive, seaward expansion of Ronne Ice Shelf, whose margin  
97 is partially nourished by the EAP's southernmost glaciers. The only exceptions to this advance  
98 were at SCAR Inlet Ice Shelf, which until 2009 continued to retreat following the 2002  
99 disintegration of Larsen B, and Larsen C Ice Shelf, which underwent a relatively small (1,300  
100 km<sup>2</sup>) calving in 2004 and then later calved the colossal (6,000 km<sup>2</sup>) iceberg A-68 from its  
101 southern margin in 2017<sup>19</sup> (Figures 1 and 2; Supplementary Discussion 1; Supplementary  
102 Video 1). No other significant calving events occurred along the EAP between these times,  
103 although, since 2019, supplementary observations reveal the later calving of icebergs from the  
104 Larsen D (A-69, A-70 and A-71 in 2020) and Ronne (A-76 in 2021) ice shelves (Figure 1;  
105 Supplementary Discussions 1 and 2; Supplementary Videos 2-4). Collectively, our  
106 observations of uninterrupted advance along most of the EAP between 2003/4 and 2019  
107 contrast with the period *c.* 1982-2002, when more frequent ice-shelf calving events occurred  
108 intermittently along the coastline<sup>2-5,9</sup> (Figures 1 and 2).

109 Ice-shelf advance may occur in response to dynamically unstable changes near the grounding  
110 line; such changes governed the ice-flow acceleration of SCAR Inlet Ice Shelf following the  
111 2002 demise of Larsen B<sup>20</sup> and, since 2009, explain our observations of ice-shelf advance there  
112 (Figures 1 and 2). To assess the role ice dynamics may have played in the advance of the ice  
113 shelves south of SCAR Inlet since 2002, we examined changes in the location of the EAP's  
114 grounding line – a sensitive indicator for ice-dynamic imbalance<sup>21</sup> – between the mid-1990s

115 and present using satellite radar-based observations (Methods). Between the mid-1990s and  
116 2016/17, we do not detect any significant change in grounding line location (GLL), with  
117 negligible migration observed along most of the EAP coastline (Extended Data Figures 1 and  
118 2). Extending these records to 2019 at Larsen C Ice Shelf (Methods; Extended Data Figure 1),  
119 we also find no evidence for any recent GLL retreat, despite the calving of iceberg A-68 in  
120 2017 (Figure 1). Alongside observations of negligible post-calving acceleration in grounded  
121 ice flow as constrained from recent satellite-derived ice velocity products (Methods; Extended  
122 Data Figure 3), these findings suggest that A-68's calving did not induce an ice-dynamic  
123 response landward of Larsen C between 2017 and 2019. Such behaviour is consistent with  
124 earlier modelling efforts predicting the glaciological implications of A68's calving<sup>1</sup>, and with  
125 trends of constant or slightly decreased ice mass losses along most of the EAP throughout the  
126 satellite era<sup>21,22</sup> (Extended Data Figure 3). Overall, our observations demonstrate a dearth of  
127 dynamic-induced change near the EAP's grounding line south of SCAR Inlet since at least the  
128 mid-1990s. Low rates of ice-shelf basal melting since 1992<sup>13,23</sup> support this finding, and further  
129 imply that the observed, ~20-year advance of the EAP's ice shelves south of SCAR Inlet is not  
130 related to variable ocean forcing.

### 131 **Atmospheric processes and sea-ice circulation**

132 In the absence of ice-dynamical change at the grounding line, the advance of the EAP coastline  
133 between 2003/4 and 2019 may have been related to a change towards more positive surface  
134 mass-balance conditions over the ice shelves themselves. To test for this, we examined the  
135 historical climatology of the region using ECMWF ERA5 global atmospheric reanalysis  
136 outputs (Methods). Consistent with earlier research<sup>23-24</sup>, we detect an anomalous, Antarctic  
137 Peninsula-wide reduction in mean austral summertime near-surface temperature between 2003  
138 and 2019 (Supplementary Figure 1). This implies that the amount of surface melting on these  
139 ice shelves decreased and did not propagate south during this timeframe relative to all earlier

140 summers on record (1979-2002), including the period *c.* 1982-2002 when we detect more  
141 frequent iceberg calving events along the EAP coast (Figure 2). By implication, therefore, the  
142 susceptibility for ice-shelf calving related to meltwater-induced thinning, weakening and  
143 hydrofracture will have lessened. This interpretation is supported by long-term satellite  
144 observations at Larsen C<sup>25</sup> and, alongside an observed thickening of this ice shelf in recent  
145 years<sup>23,26</sup>, may have contributed to its advance before and after the calving of iceberg A-68 in  
146 2017 (Figures 1 and 2). Poleward of Larsen C, however, we expect that this phenomenon  
147 played a negligible role in the stability of the EAP's ice shelves, given the much colder  
148 summertime surface temperatures (and hence reduced volumes of surface melt) found towards  
149 the interior of the continent. Beyond surface melting, minimal change in annual-averaged  
150 precipitation rates south of SCAR Inlet (Supplementary Figure 1) are also unlikely to have  
151 reinforced the ice shelves significantly, and so cannot explain their ~20-year advance.

152 Offshore from the EAP, however, we detect a contemporaneous reduction in summertime  
153 temperature which enveloped the entire Weddell Sea between 2003 and 2019 (Supplementary  
154 Figure 1). This reduction, linked to an array of climatic forcing mechanisms (Supplementary  
155 Discussion 3; Extended Data Figure 4), coincided with a pronounced intensification of cyclonic  
156 near-surface winds relative to all earlier times on record (Figure 3) and a related, pervasive  
157 increase in both summertime and annual-averaged sea-ice cover (Figure 3; Extended Data  
158 Figure 5). Alongside a year-round suppression of seaward-blowing winds over the ice sheet  
159 (Extended Data Figure 4), this intensified cyclonic circulation enhanced both the delivery of  
160 pack ice towards the EAP (Figure 3) and the consolidation of landfast sea ice immediately  
161 offshore of most ice shelves (Extended Data Figure 6; Supplementary Discussions 1 and 3).  
162 Compared with the period *c.* 1982-2002 in particular, these observations are confirmed by clear  
163 increases in summertime- (Figure 2) and annual-averaged (not shown) sea-ice concentration  
164 (SIC) anomalies offshore of each ice shelf. Indeed, between 2003 and 2019, EAP mean

165 summertime SIC anomalies were 5% higher on average relative to *c.* 1982-2002 (Figure 2;  
166 Extended Data Figure 5), and no values fell below the extreme ( $2-3\sigma$ ) sea-ice minimum  
167 anomalies observed during this earlier period.

### 168 **Sea ice-enabled fortification of ice shelves**

169 Given the lack of ice-dynamic and surface mass-balance change south of SCAR Inlet since *c.*  
170 2000 (Figure 3; Extended Data Figures 1-3; Supplementary Figure 1), our observations imply  
171 that an alternative forcing mechanism facilitated the  $\sim 20$ -year advance of the ice shelves  
172 located there. The variable geometries yet generally synchronous historical behaviour (*c.* 1982-  
173 2002) of these ice shelves further implicates the role of such forcing, because ice shelves of  
174 different sizes, thicknesses and ice-flow velocities would otherwise be expected to exhibit  
175 disparate calving periodicities if internal glaciological stresses governed the final rifting and  
176 calving of icebergs alone. We therefore suggest that the two-decade advance of the EAP can  
177 be explained by the anomalous Weddell Sea-wide increase in SIC we observe since 2002. The  
178 sea-ice-related processes contributing to this advance are summarised in Figure 4, and are  
179 discussed further below.

180 Recent work has correlated the timing of the Larsen A and B ice shelves' disintegration to  
181 heightened ice-shelf flexure and fatigue brought about by the effects of damaging ocean  
182 waves<sup>27</sup>. At these locations, waves were of sufficient (10-20 s period) energy to trigger strain-  
183 induced rifting and calving of the ice front, which in turn initiated catastrophic ice-shelf  
184 collapse. The transmission of such waves to the front of both ice shelves was enabled by  
185 significant sea-ice free ocean conditions in the summertime months preceding collapse, which  
186 permitted the direct migration of far-sourced swell waves across the typically sea-ice covered  
187 Weddell Sea<sup>27</sup>. Under 'normal' sea-ice conditions, which in the western Weddell Sea represent  
188  $\sim 80$ -100% year-round pack ice cover  $\geq 2$  m thick<sup>28-29</sup>, modelling experiments<sup>27</sup> suggest that this  
189 damaging wave energy would have instead been dissipated by  $\sim 65\%$  only 0.1-20 km into pack

190 ice. These findings alone therefore imply that the anomalous post-2002 increase in Weddell  
191 Sea-wide SIC we observe (Figure 3; Extended Data Figures 5 and 6) functioned to bolster the  
192 defence of the EAP from the ocean, thereby minimising the potential for wave-induced ice-  
193 shelf damage.

194 Prior to 2003, analyses of the SIC record in conjunction with ERA5 ocean wave reanalysis data  
195 (Methods) further demonstrate the importance of sea ice in governing the stability of the EAP's  
196 ice shelves. That is, analogous to the ocean conditions preceding the demise of Larsen A and  
197 B<sup>27</sup>, we identify four 'open ocean years' in which exceptional summertime sea-ice losses were  
198 of sufficient magnitude and extent to enable wave-based damage of two or more ice shelves  
199 along the coast (Extended Data Figure 7). These years are indicated in Figure 2 and, with  
200 reference to recent modelling experiments investigating the influence of ocean waves on ice-  
201 shelf integrity<sup>27,30</sup>, represent times when incoming waves would have been of significant height  
202 and period to increase ice-frontal strain by up to five-to-seven orders of magnitude ( $\epsilon = \sim 10^{-12}$   
203 to  $10^{-7}$ - $10^{-5}$ ) depending on ice-shelf thickness (Supplementary Discussion 4). Alongside  
204 background rift propagation by internal glaciological stresses, we expect that these events were  
205 of sufficient force to augment the weakening of all but one of the EAP's exposed ice shelves  
206 between *c.* 1982 and 2002, in contrast to the dampened, increasingly sea-ice covered conditions  
207 after this time (Figures 2 and 3; Extended Data Figure 5). The exception to this phenomenon  
208 is Ronne Ice Shelf, whose thickness (>250 m) renders its front immune to wave-based damage  
209 (Supplementary Discussion 4). Notwithstanding Ronne Ice Shelf, of the 'open ocean years' we  
210 observe offshore of all other ice shelves (Figure 2), 80% were followed by large-scale calving  
211 events within two years. These near-concurrent events constitute half of all EAP calving events  
212 on record.

213 It is important to note, however, that the modelling experiments discussed above predict the  
214 zone of maximum wave-induced strain on an ice shelf to reside only several kilometres from

215 the ice front<sup>27</sup>. Although such strain may have weakened the seaward extremities of these ice  
216 shelves and can explain, for example, the small ‘sliver-type’ calving of the Larsen A and B ice  
217 shelves prior to their collapse<sup>3,9,27</sup>, swell waves could not therefore have triggered the larger  
218 calving events observed along the EAP coastline alone (Figure 2). Apart from a one-off, high-  
219 energy tsunami wave (>20 s period) which instigated the 2004 calving of Larsen C Ice Shelf<sup>31</sup>  
220 (Figure 2; Supplementary Discussion 4), we identify two interrelated processes that governed  
221 these events.

222 First, we suggest that (near-)contemporaneous ice-shelf debuttressing played a key role in  
223 inducing the final rifting and calving of most of the EAP’s exposed ice shelves (cf.  
224 Supplementary Discussion 2). Recent observations of Larsen D Ice Shelf’s 2020 ice-frontal  
225 behaviour offer compelling evidence for the effects of such debuttressing, when strong offshore  
226 winds of comparable magnitude and direction to those observed across the EAP *c.* 1980-2002  
227 (Extended Data Figure 4, Supplementary Discussion 3) drove the rapid evacuation of dense,  
228 highly pressurised pack ice from the coast immediately prior to the calving of icebergs A-69,  
229 A-70 and A-71 (Figure 1; Supplementary Videos 2 and 3). In a region normally covered by  
230 year-round, 100% sea-ice cover<sup>29</sup>, this phenomenon instigated near-instantaneous increases in  
231 extensional strain upstream of Larsen D’s ice front, triggering the breakaway of all three  
232 icebergs. In addition to the effects of rapid pack-ice evacuation, over longer (seasonal-to-  
233 decadal) timescales, satellite observations show that localised reductions in landfast sea ice  
234 fringing the coast will have played a further role in debuttressing the EAP, including at the  
235 Larsen C and D ice shelves (Extended Data Figure 6; Supplementary Discussion 1). At Larsen  
236 C in particular, we suggest that such reductions near its heavily crevassed southernmost front  
237 had especial importance for the calving of iceberg A-68 in 2017 (Figure 1; Supplementary  
238 Video 1).

239 Secondly, and in unison with the effects of sea-ice debutting, concurrent HYCOM-derived  
240 sea-surface height records (Methods) reveal the presence of anomalously steep, oceanward  
241 slopes in the formerly sea-ice sheltered waters bordering Larsen D prior to its 2020 calving  
242 events (Extended Data Figure 8). Driven by the same offshore winds controlling the rapid  
243 evacuation of sea-ice discussed above, this phenomenon acted to maximise ice-shelf frontal  
244 strain (and hence rifting) by means of enhanced gravitational flow towards the ocean. Similar  
245 wind- and sea-ice loss-enabled ocean sloping has recently been implicated as the trigger  
246 mechanism behind the calving of iceberg D-28 from Amery Ice Shelf in 2019<sup>32</sup>, suggesting  
247 that pronounced sea-surface slopes can instigate the final weakening and breakaway of large  
248 icebergs from even very thick (and swell-wave immune) ice shelves. Notably, we show that  
249 similar phenomena heralded the 2002 collapse of Larsen B Ice Shelf, presaged the breakaway  
250 of giant iceberg A-76 from Ronne Ice Shelf in 2021 (Supplementary Discussion 2;  
251 Supplementary Video 4); and therefore likely contributed to the calving of, for example,  
252 colossal icebergs A-20 and A-38 from the Larsen C and Ronne ice shelves in 1986 and 1998,  
253 respectively (Figures 1 and 2; Extended Data Figure 8; Supplementary Discussion 2). A dearth  
254 of long-term, high-repeat-pass satellite and sea-surface height records prior to 2000, however,  
255 precludes any further detailed insight into historical sea ice, ocean, and ice-shelf change.

256 In contrast to the ‘open ocean years’ described above, we note that the recent calving events at  
257 Larsen D (A-69, A-70, A-71) and Ronne (A-76) were, however, not preconditioned by region-  
258 wide sea-ice loss and potentially damaging ocean waves, revealing that rapid, coastal-only sea-  
259 ice evacuation and associated (and generally shallower and less energetic; compare Extended  
260 Data Figure 8b with 8d, 8f and 8h) sea-surface slope changes can be sufficient to trigger  
261 calving. We detect three earlier times in which analogous, pervasive offshore wind-driven sea-  
262 ice evacuation ( $>2\sigma$  SIC loss) occurred within a temporal window associated with a ‘non-open  
263 ocean year’ EAP calving event (Figure 2; Extended Data Figures 9 and 10). As for Larsen D

264 Ice Shelf in 2020, these concurrent sea-ice evacuation and calving events only occurred when  
265 the ice shelves were at or near their most seaward positions since records began (Figures 1 and  
266 2), when their fronts would have been thinnest and most susceptible to breakoff due to  
267 accumulated internal strain. Given that other periods of wind-driven sea-ice evacuation have  
268 occurred intermittently throughout the climatological record (not shown), these findings  
269 suggest that, when acting alone, coastal sea-ice evacuation only serves as a calving trigger for  
270 the most structurally vulnerable ice shelves.

### 271 **Future sea ice—ice shelf interactions**

272 Our observations present strong evidence for the importance of sea ice in modulating the  
273 stability of Antarctica's coastal margin. Specifically, we show that the ~20-year advance of the  
274 EAP's ice shelves can be linked to heightened fortification against potentially damaging ocean  
275 waves, increased ice-shelf buttressing and/or the related absence of sea-surface slope-induced  
276 gravitational flow, all of which were afforded by regional-scale sea-ice increases since *c.* 2002.  
277 Indeed, in almost all (94%) cases throughout the satellite era, EAP calving only occurred during  
278 or shortly after the removal of sea ice in some form, demonstrating that abrupt changes in sea-  
279 ice cover can safeguard from, or set in motion, the final weakening and calving of even large  
280 ice shelves.

281 Whereas significant reductions in Weddell Sea sea-ice cover are not expected imminently<sup>33</sup>,  
282 current climate model simulations predict wholesale circum-Antarctic sea-ice losses by 2100  
283 under a range of emissions scenarios<sup>33</sup>. Prevalent across all seasons<sup>33</sup>, these simulations suggest  
284 that any current or near-future stabilising effects associated with increased sea-ice cover may  
285 only be short-lived. Future increases in ocean-driven basal melting of Antarctica's ice  
286 shelves<sup>34-35</sup> may confound these effects by expediting the erosion of shelf ice to the point of  
287 calving. Conversely, other studies have suggested that enhanced basal melting may contribute  
288 to the future, temporary expansion of sea-ice cover around Antarctica, through the

289 accumulation of cold, low-salinity meltwater in the upper layers of the Southern Ocean<sup>36-37</sup>.  
290 Critically, this phenomenon is not accounted for in the climate models detailed above, and  
291 implies that – like the processes that we show are currently at work in the EAP – increased  
292 future sea-ice cover may instead act to temporarily offset net ice-sheet mass losses by impeding  
293 the calving-related deterioration of Antarctica’s ice shelves. Regardless of how circum-  
294 Antarctic sea ice changes in a warming climate, our observations highlight the complexity and  
295 often-overlooked importance of sea-ice variability to the health of the Antarctic Ice Sheet.

296 **Acknowledgments:** We thank A. Cook, T. Haran, J. Ferrigno and J. Wuite for making their  
297 historical ice-shelf frontal positions publicly available, D. Floricioiu for providing access to the  
298 DLR/ESA AIS CCI GLL product and NASA, USGS, ESA, the EU Copernicus programme,  
299 NSIDC, ECWMF, NOAA, G. Marshall and A. Fraser for making all other satellite and climate  
300 data utilised in this study available free of charge. This work was funded by the Flotilla  
301 Foundation and Marine Archaeology Consultants Switzerland (to FDWC, TJB, CLB, AM, and  
302 JAD) and with the financial assistance (to FDWC and JAD) of the Prince Albert II of Monaco  
303 Foundation.

304 **Author Contributions:** FDWC devised the study and carried out all acquisition, processing  
305 and interpretation of the observational and climate reanalysis datasets referred to in the text.  
306 TJB, WR, CLB and AM assisted FDWC with the initial acquisition and processing of the  
307 Sentinel-1A/B data. FDWC wrote the manuscript, and each co-author contributed comments  
308 on the text and figures.

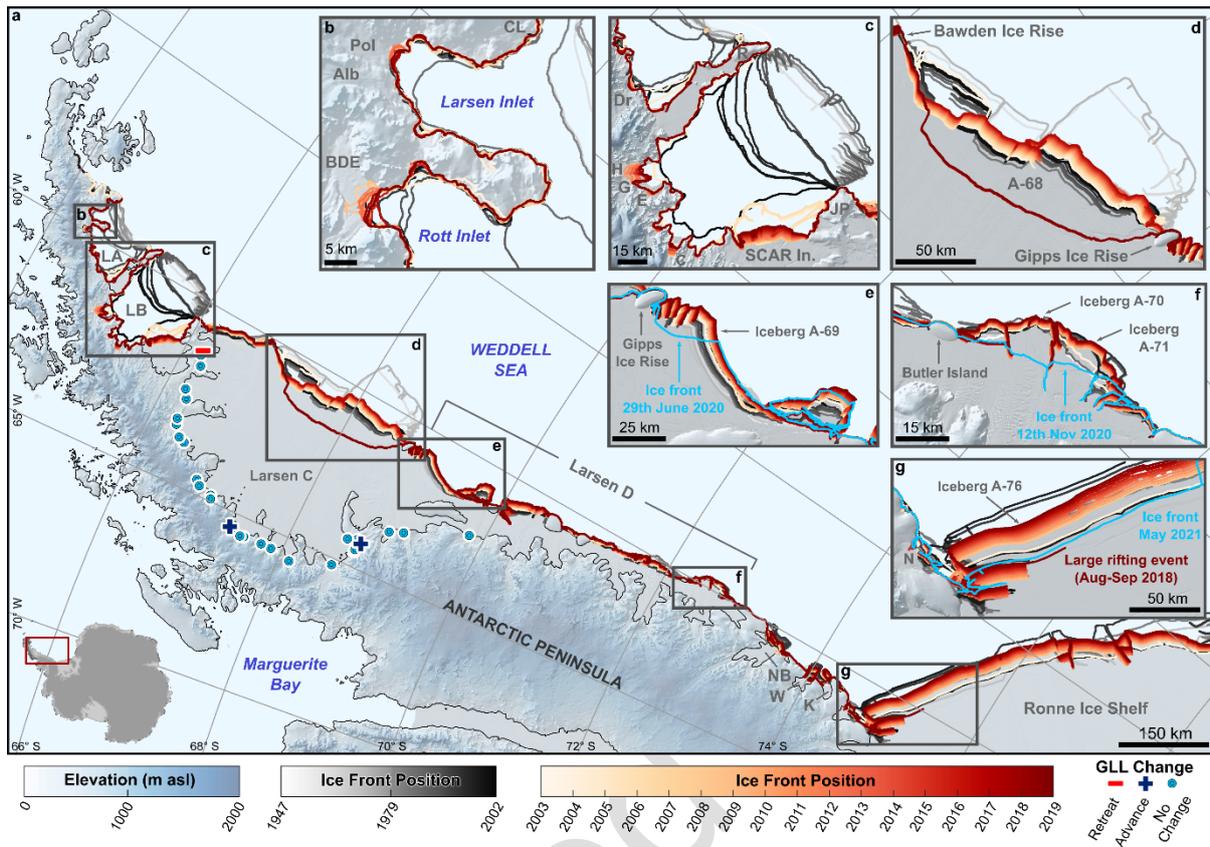
309 **Competing Interests:** The authors declare no competing interests.

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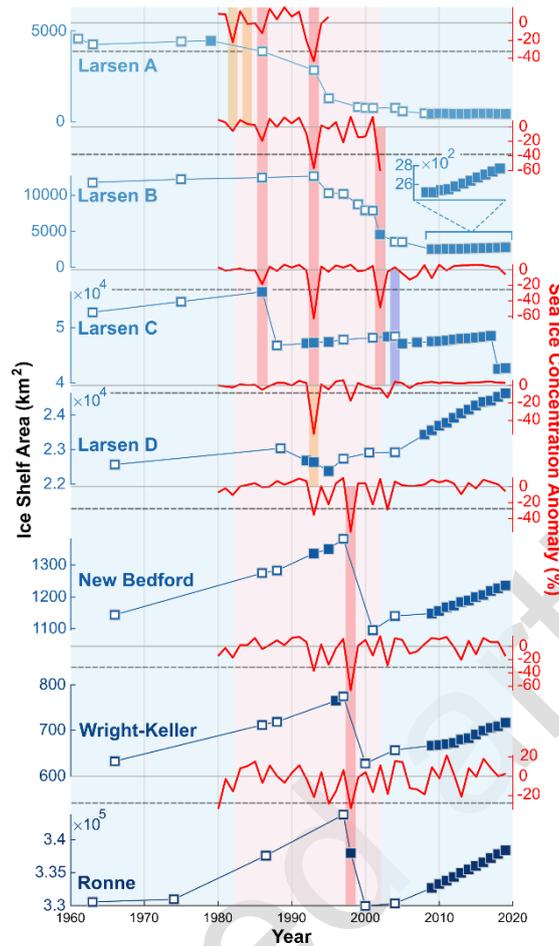
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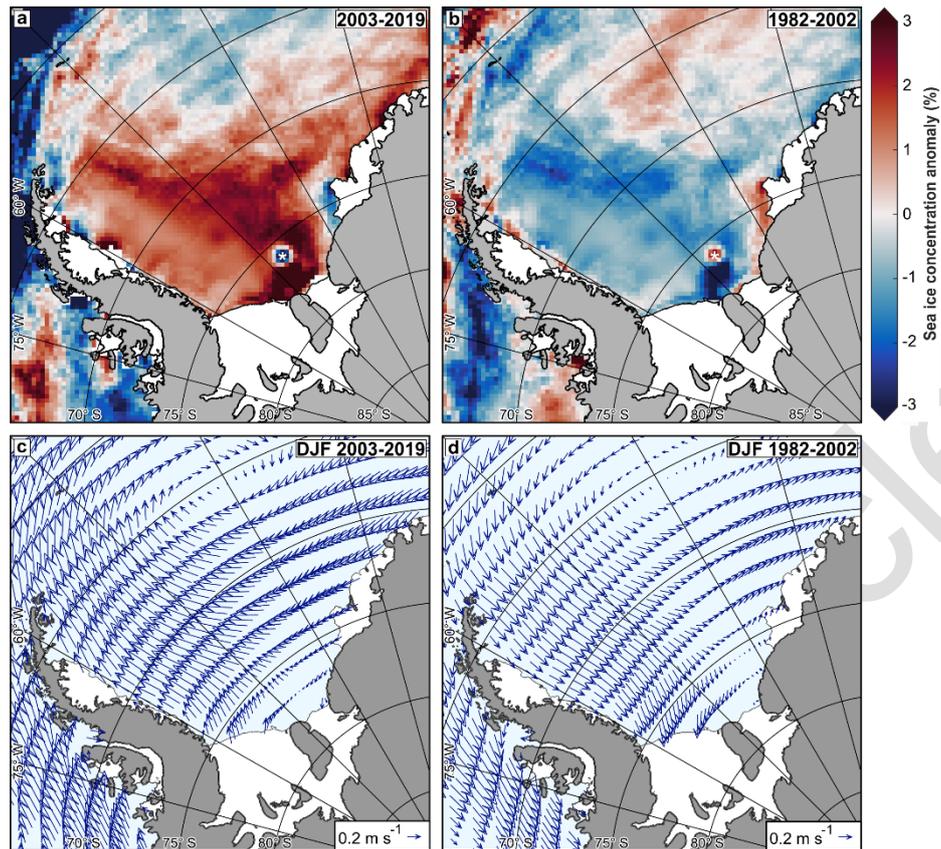


314  
 315 **Figure 1 | Ice-shelf front and grounding-line migration in the eastern Antarctic Peninsula**  
 316 **south of Cape Longing.** *a*, Ice-shelf frontal positions spanning each of the EAP’s major ice  
 317 shelves (SCAR Inlet, Larsen C, Larsen D, New Bedford (NB), Wright (W), Keller (K) and  
 318 Ronne; see Methods for data sources), including the former extent of Larsen A (LA) and B (LB)  
 319 and their modern-day coastlines. Over the grounding zone of Larsen C Ice Shelf, symbols  
 320 indicating recent (2016/7-2019) grounding-line migration are also shown (see main text,  
 321 Methods and Extended Data Figures 1 and 2 for further information). *b-g*, detail. *Pol* denotes  
 322 Polaris; *Alb*, Albone; *BDE*, Bombardier-Dinsmoor-Edgeworth; *Dr*, Drygalski; *H*, Hektor; *G*,  
 323 Green; *E*, Evans and *C*, Crane glaciers; *CL*, Cape Longing; *R*, Robertson Island; *JP*, Jason  
 324 Peninsula, *A-68*, iceberg A-68 and *N*, Nantucket Inlet.



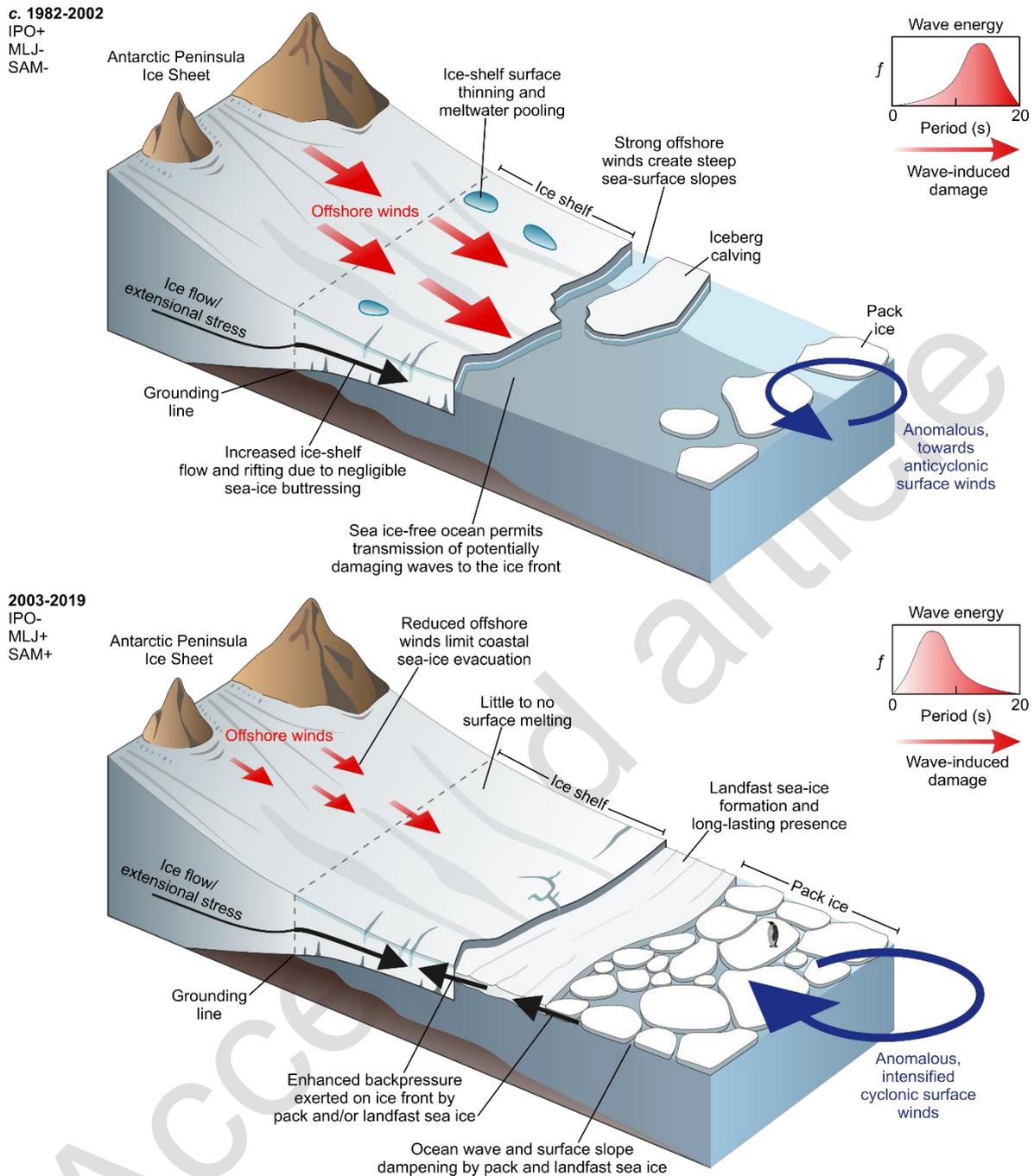
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326 **Figure 2 | Areal evolution of the EAP's ice shelves, 1961-2019.** Blue lines denote linear trend  
 327 between successive observations (squares) to emphasise net change in area between these  
 328 times; solid squares, new observations presented in this study. For simplicity, the confluent  
 329 Wright and Keller ice shelves are presented as a single entity. Also shown are mean  
 330 summertime sea-ice concentration (SIC) anomalies offshore of each ice shelf for the period  
 331 1979-2019 (red; see Extended Figure 5 for averaging regions). Dashed horizontal lines denote  
 332  $2\sigma$  below SIC mean. Blue (pink) shading denotes the timing of relatively cool (warm)  
 333 climatic conditions conducive to pervasive coastal sea-ice increase (decrease) (cf. Supplementary  
 334 Discussion 3). Dark pink shading denotes ice-shelf 'open ocean years'; yellow, coastal-only  
 335 sea-ice evacuation events; dark blue, timing of a tsunami event linked to the 2004 calving of  
 336 Larsen C Ice Shelf (cf. main text, Supplementary Discussion 4 and Extended Data Figures 7-  
 337 10).



338

339 **Figure 3 | Sea-ice concentration and surface-wind conditions over the Weddell Sea Sector.**  
 340 **a**, Mean passive microwave-derived sea-ice concentration anomalies for all months between  
 341 January 2003 and December 2019 (inclusive), relative to all months on record (1979-2019).  
 342 White asterisk denotes the approximate location of iceberg A-23a (lightly grounded at this  
 343 location since 2000); light grey shading, no data. **b**, Same as **a**, but for all months between  
 344 January 1982 and December 2002 (following Figure 2 and Extended Data Figure 4). **c** and **d**,  
 345 Mean ERA5-derived 10 m wind direction and magnitude anomalies (vectors) for all complete  
 346 austral summertime (DJF) cycles between 2003 and 2019 and 1982 and 2002, respectively,  
 347 relative to all complete summertime cycles on record (1980-2019). Relative to the cyclonic  
 348 (clockwise) flow of the Weddell Gyre, the reversal in anomalous wind direction observed in **d**  
 349 denotes diminished cyclonic flow (i.e. towards more anti-cyclonic conditions).



350

351 **Figure 4 | Schematic diagrams showing the key atmospheric and sea ice processes**  
 352 **controlling the (in)stability of the EAP's ice shelves through time.** The signs following IPO,  
 353 MJL and SAM refer to the state of the Interdecadal Pacific Oscillation, Mid-Latitude Jet and  
 354 Southern Annular Mode relative to each epoch, respectively (Supplementary Discussion 3).  
 355 Histograms indicate probability of ocean wave-induced ice-shelf frontal damage. Note that,  
 356 unlike the EAP's other ice shelves, Ronne Ice Shelf is immune to the influence of damaging  
 357 ocean waves given its thickness (Supplementary Discussion 4).

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**Methods****482 Ice-shelf frontal positions**

483 Historical ice-shelf frontal positions (1947-2008; Figure 1) were obtained from several  
484 previously published data sources, and include fronts derived from a range of aerial and  
485 spaceborne optical and synthetic aperture radar (SAR) imagery<sup>5,20,38-39</sup>. To augment these  
486 historical records, we derived annual ice-shelf frontal positions over the period 2009-2019  
487 using NASA/USGS Landsat 7 (2009-2013), Landsat 8 (2013-2014) and Copernicus/European  
488 Space Agency (ESA) Sentinel-1A/B (2015-2019) imagery (Supplementary Data 1) acquired  
489 during austral summertime of each year (December, January, February). Austral summertime  
490 images were chosen to ensure adequate solar illumination of the Antarctic Peninsula by Landsat  
491 7 and 8, and for temporal consistency with the historical surveys detailed above. Select non-  
492 summertime Sentinel-1A/B images (Supplementary Data 1) were also utilised to survey the  
493 recent the calving of icebergs A-69, A-70 and A-71 from Larsen D Ice Shelf in 2020 (Figure  
494 1; Supplementary Discussion 1; Supplementary Videos 2 and 3) and A-76 from Ronne Ice  
495 Shelf in 2021 (Figure 1; Supplementary Discussion 2; Supplementary Video 4).

496 Landsat 7 and 8 imagery containing <20% cloud cover were acquired from the United States  
497 Geological Survey's 'Earth Explorer' data repository (<https://earthexplorer.usgs.gov/>) as  
498 Collection 1 Level-1GT (Systematic Terrain Correction) products, and we used the 15 m  
499 resolution panchromatic band (B08) in our analyses. Sentinel-1A/B imagery was acquired from  
500 ESA via the Alaskan Satellite Facility (ASF; <https://search.asf.alaska.edu/#/>) in Level-1  
501 Ground Range Detected (GRD) Interferometric Wide (IW) Swath format (10 m spatial  
502 resolution; Supplementary Data 1). Prior to analysis, we removed additive thermal noise  
503 contaminating each GRD-IW image, and radiometrically calibrated each scene. All images  
504 were subsequently terrain corrected and orthorectified using the Reference Elevation Model of  
505 Antarctica (REMA)<sup>40</sup>. Prior to Sentinel-1A IW acquisition over the Antarctic Peninsula

506 (<2016), or where no routine Sentinel-1A/B GRD-IW coverage exists (e.g. over the southern  
507 limits of Ronne Ice Shelf), Sentinel-1A/B Extra Wide Swath (EW) GRD imagery was utilised.  
508 GRD-EW scenes were acquired and processed in the same way as for GRD-IW imagery, and  
509 have a spatial resolution of 40 m. Cloud-free, multispectral Sentinel-2A/B imagery was also  
510 used to supplement our Sentinel-1A/B-based analyses across regions of complex fast-flowing  
511 ice or mountainous terrain, where the side-looking imaging capabilities of Sentinel-1A/B made  
512 ice-frontal positions difficult to identify. Level-1C Top-of-Atmosphere reflectance Sentinel-  
513 2A/B images (Supplementary Data 1) were acquired free of charge from the Copernicus Open  
514 Access Sentinel Hub (<https://scihub.copernicus.eu/dhus/#/home>), and have a spatial resolution  
515 of 10 m.

516 Prior to 2009-2019, we also derived select ice frontal positions during the early-to-mid 1990s  
517 south of Larsen B Ice Shelf using ERS-1/2 SAR observations. These observations were not  
518 included in the generation of the historical timeseries datasets outlined above<sup>5,20,38-39</sup>, and  
519 provide important additional insight into ice-shelf frontal behaviour during the otherwise  
520 relatively data sparse 1990s (Figure 2). Similar to our Sentinel-1 observations, we used ERS-  
521 1/2 Level-1 SAR Precision (12.5 m resolution) and Medium Resolution (75 m resolution)  
522 Image Products (L1 SAR IMP and SAR IMM) in our analyses (Supplementary Data 1), and  
523 derived ice frontal positions for the years 1992 (Larsen C, Larsen D), 1993 (Larsen C, Larsen  
524 D, New Bedford), 1995 (Larsen C, Larsen D, New Bedford) and 1996 (Wright and Keller).  
525 These data were acquired from the ESA Earth Observation Catalogue  
526 (<https://eocat.esa.int/sec/#data-services-area>). To shed light on the precise timing of Larsen C's  
527 small (1300 km<sup>2</sup>) calving event *c.* 2004 (Figure 2), additional Landsat 7 imagery was also used  
528 to determine this ice shelf's frontal position over the period 2000-2008 (Supplementary Data  
529 1).

530 All ice-frontal positions mapped in this study were delineated manually using standard GIS  
531 software. To calculate temporal change in ice-shelf areal extent (Figure 2; Supplementary Data  
532 2), all ice-shelf frontal positions were bounded to the position of the grounding line compiled  
533 by Depoorter et al. (ref. 41). The lateral limits of Larsen A-D match those defined by Cook et  
534 al. (ref. 5). Historical ice-shelf areal extent was only calculated for years with complete ice-  
535 shelf frontal coverage, rather than interpolating data gaps for years with incomplete coverage.  
536 To further supplement our ice-shelf areal change analyses at Larsen C Ice Shelf, where no high-  
537 resolution observations exist documenting the precise timing of the large calving event(s)  
538 between 1975 and 1988 (Figures 1 and 2), we also examined historical iceberg-tracking records  
539 covering the Weddell Sea region<sup>42</sup>. These records were obtained from the NASA Scatterometer  
540 Climate Record Pathfinder data archive (<https://www.scp.byu.edu/data/iceberg/>), and consist  
541 of satellite-derived iceberg positions from 1978 to present as observed by Brigham Young  
542 University (BYU) and the U.S. National Ice Center (USNIC). Analyses of these records  
543 revealed the precise timing of Larsen C Ice Shelf's calving event to be 1986, when icebergs A-  
544 20 (7,285 km<sup>2</sup>) and A-21 (~ 2,400 km<sup>2</sup>) detached from the coastline in close succession. Using  
545 this information, Larsen C's 1986 areal extent (Figure 2) was ascertained from the linear fit of  
546 all earlier, higher resolution measurements.

547 Similar to the iceberg-tracking records detailed above, we also deduced Ronne Ice Shelf's 1998  
548 areal extent (Figure 2; Supplementary Data 2) using previously published information<sup>39</sup>  
549 pertaining to the calving of iceberg A-38 that year. The calving of this iceberg was first  
550 observed by the US Defence Meteorological Satellite Programme's Operational Linescan  
551 System, and the iceberg had an areal extent upon calving of ~5600 km<sup>2</sup> (see also Supplementary  
552 Discussion 2).

### 553 **Grounding-line location (GLL)**

554 The location of the grounding line, where terrestrial ice detaches from its bed and begins to  
555 float, can be determined with high spatial precision using double-difference interferometric  
556 synthetic aperture radar techniques (DInSAR)<sup>43</sup>. In lieu of any InSAR observations acquired  
557 around 2000, the 1994, 1995 and 1996 GLLs used in this study (Figure 1; Extended Data  
558 Figures 1 and 2) are from previously published research applying DInSAR to ERS-1/2 Single-  
559 Look Complex (SLC) images with temporal baselines of either 1 day (1995, 1996) or 3 days  
560 (1994)<sup>44</sup>. These GLLs were acquired from <https://nsidc.org/data/nsidc-0498>.

561 The 2016/2017 GLLs, which over Larsen C Ice Shelf were acquired prior to the calving of  
562 iceberg A-68, were derived using similar techniques applied to Sentinel-1A/B Level-1 IW SLC  
563 images acquired in Terrain Observation by Progressive Scans (TOPS) mode and with a  
564 temporal baseline of 6-days. These GLLs were processed by the German Aerospace Center  
565 (Deutsches Zentrum für Luft- und Raumfahrt; DLR) as part of the ESA Antarctic Ice Sheet  
566 Climate Change Initiative (AIS CCI; <http://esa-icesheets-antarctica-cci.org/>).

567 The 2019 GLLs over Larsen C Ice Shelf and its surrounds were derived in this study from the  
568 same technique applied to Sentinel-1A/B SLC TOPS imagery acquired in 2019  
569 (Supplementary Data 1). Data were obtained from the ASF as per our GRD imagery. We  
570 generated interferograms from all consecutive 6-day repeat-pass images acquired during  
571 austral winter and early springtime (June, July, August, and September) only, in order to  
572 minimise the potential for phase decorrelation associated with summertime surface warming  
573 and/or meltwater presence<sup>25,45</sup>. To maximize image co-registration accuracy (and, ultimately,  
574 phase coherence) in areas of sub-swath azimuthal overlap associated with the TOPS imaging  
575 mode, we applied an enhanced spectral diversity algorithm<sup>46</sup> to each interferometric image pair.  
576 Assuming the horizontal flow of ice to be common between each 6-day SAR image acquisition,  
577 we then removed phase effects due to surface topography in our interferograms using the  
578 REMA digital elevation model<sup>40</sup>, and differenced all possible combinations of interferograms

579 to reveal the grounding line. We identify the grounding line as the landward limit of closely  
580 spaced interferometric fringes present on double-difference interferograms, which represents  
581 the limit of tidally induced vertical flexure across the ice-sheet-shelf grounding zone<sup>43,47</sup>. Along  
582 with other remotely sensed components of the grounding zone<sup>47-49</sup>, this location acts as a  
583 reliable proxy for the true grounding line, which cannot be imaged directly from satellite  
584 observations. Following ref. 50, we consider the positional uncertainty of all InSAR-derived  
585 GLLs examined in this study to be equivalent to one ice thickness or better, as constrained by  
586 a recent continent-wide ice thickness compilation<sup>51</sup>.

### 587 **Grounding-line location change**

588 We mapped the GLL over Larsen C Ice Shelf from all austral winter and early springtime 2019  
589 double-difference interferograms in order to: a) map the grounding line under a range of tidal  
590 amplitudes, and b) identify the absolute (high-tide) limit of tidal flexure, which can be used to  
591 deduce grounding-line migration more accurately over longer timescales<sup>52</sup>. Contrary to our  
592 2019 mappings, the DLR AIS CCI 2016/2017 GLL product comprises only a single grounding  
593 line along the majority of Larsen C, which we assume represents a location on or close to the  
594 2016/2017 high-tide limit of flexure. This is confirmed by an analysis of CATS2008a tide  
595 model output<sup>53</sup> proximal to the grounding zone (not shown) for the 2016/2017 imaging periods  
596 used to generate the AIS CCI interferograms.

597 Using this information, the relative change in GLL between 2017/2016 and 2019 along Larsen  
598 C's fastest-flowing tributary glaciers (Extended Data Figures 1 and 2) were approximated as  
599 follows. The grounding line of each glacier was assumed to have retreated if: a) the most  
600 landward 2019 GLL position resided greater than one centreline ice thickness at the grounding  
601 zone<sup>51</sup> away from the 2016/2017 position, and b) all 2019 GLLs along its centreline were  
602 situated landward of the 2016/2017 GLL. Glaciers were similarly assumed to have advanced  
603 if the opposite criteria were met. If mapped 2019 GLLs were observed both seaward and

604 landward or within one centreline ice thickness of the 2016/2017 location, the glacier was  
605 assumed to have undergone negligible longer-term (i.e., non-tidal-state-induced) change. The  
606 same criteria were applied in our analysis of GLL change between the mid-1990s and 2016/7  
607 (Extended Data Figures 1 and 2; no significant change detected) and we note that, due to a lack  
608 of Sentinel-1A/B image acquisitions poleward of  $\sim 78^{\circ}\text{S}$ , no recent GLL observations or change  
609 analyses were performed over Ronne Ice Shelf. Given the colossal size of this ice shelf and its  
610 many pinning points, however, we do not expect this ice shelf to have undergone significant  
611 GLL change over the observational record.

### 612 **Ice surface velocity change**

613 To supplement our GLL analyses, we investigated recent changes in ice flow over the EAP  
614 using two newly available Antarctic annual ice velocity mosaics (Extended Data Figure 3).  
615 Spanning 2016 and 2018<sup>54</sup>, these mosaics were generated from the error-weighted average of  
616 all image-pair velocity fields that have a centre date that fell within each year<sup>54-55</sup>, and were  
617 acquired free of charge from the NASA ITS\_LIVE data repository ([https://its-  
618 live.jpl.nasa.gov/](https://its-live.jpl.nasa.gov/)). Both mosaics are gridded at 240 m, and provide a critical update to the  
619 earlier velocity measurements documented in ref. 21. That is, the period 2016-2018 spans the  
620 calving of giant iceberg A-68 from Larsen C Ice Shelf (July 2017; Figure 1), and so allows for  
621 an analysis of post-breakaway upstream ice dynamical response. At time of writing, no publicly  
622 available annual mosaic exists for 2019.

### 623 **Sea-ice concentration**

624 The sea-ice concentration (SIC) records presented in Figures 2 and 3 and Extended Data  
625 Figures 5, 7, 9 and 10 are derived from monthly-mean-of-daily-mean Nimbus-7 SMMR and  
626 DMSP SSM/I-SSMIS satellite passive microwave observations<sup>56</sup> spanning January 1979 to  
627 December 2019. These data were acquired from the U.S. National Snow and Ice Data Center  
628 (NSIDC; <https://nsidc.org/data/nsidc-0051>) and are provided on a 25x25 km grid. Prior to

629 analysis, we linearly interpolated data gaps in the observational record (December 1987 and  
630 January 1988), and excised all SIC records falling below 15% in line with NSIDC  
631 recommendations<sup>57</sup>. In Figure 3 and Extended Data Figure 5, the year 2003 was chosen as the  
632 start point of our anomaly calculations since it reflects: a) the first full year post-collapse of  
633 Larsen B Ice Shelf in 2002 and, b) the transition to persistently cool (negative IPO) conditions  
634 following the relatively warm (positive IPO) climatic conditions dominating the EAP between  
635 c. 1982-2002 (see Extended Data Figure 4, Supplementary Discussion 3 and the following  
636 section for further information).

637 To supplement our regional sea-ice observations, we also investigated changes in landfast sea  
638 ice fringing the EAP coastline, which may be poorly sampled by the coarse resolution of the  
639 passive microwave observations detailed above. This examination is warranted given the  
640 important role that landfast sea ice has played in the stability (or otherwise) of glacial ice  
641 (including ice shelves) in both Antarctica and the Arctic<sup>27,58-64</sup>. To do this, we used a new,  
642 comprehensive database of satellite-derived circum-Antarctic landfast sea-ice presence  
643 spanning 2000 to 2018<sup>65</sup>. Records contained in this database are corrected for the effects of  
644 migrating ice-shelf fronts to avoid the inadvertent misattribution of advanced shelf ice as  
645 landfast sea ice<sup>65</sup>. Similar to ref. 66, we generated grids of mean landfast sea-occurrence and  
646 its linear trend over all complete extended wintertime cycles (April-October) between 2002  
647 and 2017, inclusive (Extended Data Figure 6). Extended wintertime months were analysed to  
648 obtain an impression of maximum landfast sea-ice presence over the majority of each year,  
649 which, by implication, represents a proxy for maximum ice-shelf buttressing afforded by  
650 landfast sea ice. No routine, high resolution records of landfast sea ice presence exist prior to  
651 2000.

## 652 **EAP Climatology**

653 Our total precipitation, 2 m temperature and 10 m wind datasets (Figure 3; Extended Data  
654 Figures 4, 9 and 10; Supplementary Figure 1) were derived from the European Center for  
655 Medium-range Weather Forecast's (ECWMF) ERA5 global climate reanalysis<sup>67</sup>, which, as a  
656 successor to ERA-Interim<sup>68</sup>, is considered to provide the most accurate depiction of recent  
657 climatic conditions over coastal Antarctica<sup>24,69</sup>. We used finalized monthly-mean-of-daily-  
658 mean ERA5 data on single levels from January 1979 to December 2019, which are available  
659 from the Copernicus Climate Change Service Datastore  
660 (<https://cds.climate.copernicus.eu/cdsapp#!/home>) and have a horizontal resolution of 31x31  
661 km (~0.28°x0.28°). At time of writing, no finalized ERA5 data exist prior to 1979. The  
662 anomaly maps presented in Figure 3, Extended Data Figure 4 and Supplementary Figure 1 were  
663 calculated in the same way as for sea ice concentration analyses.

#### 664 **Ocean wave data**

665 To investigate historical ocean wave conditions along the EAP coastline, we examined ERA5  
666 3-hourly records of peak wave period and significant wave height of combined wind waves  
667 and swell for all months in which the satellite passive microwave record revealed extensive  
668 open-water conditions seaward of the EAP's ice shelves (Extended Data Figure 7). These  
669 records, gridded at 0.5°x0.5° resolution, are derived from the global ocean wave model used in  
670 the ECMWF's Integrated Forecasting System (IFS) which: a) is parameterised to account for  
671 the influence of sea ice (all wave model cells where SIC>30% are set to 'no data') and, b) has  
672 recently been updated to improve the global accuracy of the most common ocean variables,  
673 including significant wave height<sup>70</sup>. Since 1991, routine wave height observations from satellite  
674 radar altimeters have also been assimilated into the model<sup>67</sup>, offering additional constraints on  
675 wave geometry in the polar oceans where in-situ wind observations are limited. Refs. 67 and  
676 71 provide further information on the ocean wave model and its data assimilation strategies.

677 To examine the impact of ocean waves on ice-shelf flexure during each ‘open ocean year’, we  
678 generated timeseries of peak wave period and significant wave height for all waves travelling  
679 towards the Larsen A, B and C ice shelves with an incidence angle of between 30° E and 90°  
680 E off the coast (Extended Data Figure 7). For the area encompassing the New Bedford, Wright-  
681 Keller and Ronne ice shelves, an incidence range of 30-155° E was used. Following ref. 27,  
682 these limits represent the conservative direction of open-ocean ‘pathways’ identifiable in the  
683 passive microwave sea ice record (Extended Data Figure 7), from which ocean waves will have  
684 reached the ice front. These timeseries were then compared with the idealised model results of  
685 ref. 27 to deduce the influence of observed wave height and period on ice-shelf frontal strain.

#### 686 **Sea-surface slope data**

687 The sea-surface slope information presented in Extended Data Figure 8 was derived from 3-  
688 hourly Hybrid Coordinate Ocean Model (HYCOM<sup>72-73</sup>) reanalysis outputs of anomalous sea-  
689 surface height. We used GOFS 3.0 and 3.1 outputs from experiments GLBu0.08/expt\_19.1,  
690 and GLBy0.08\_expt\_93.0 in our analyses, respectively, which provide sea-surface height  
691 anomaly estimates at a resolution of 0.04°x0.08° over the Southern Ocean. Given the sparse  
692 coverage of in-situ sea-surface records in the Weddell Sea, we only use outputs since  
693 November 2000, from which time operational satellite radar altimeter-derived observations of  
694 sea-surface height are assimilated into the model<sup>73-75</sup>. Sea-surface height outputs are freely  
695 available at: <https://www.hycom.org/hycom>, and sea-surface slopes were ascertained on a  
696 pixel-wise basis from all neighbouring pixels using conventional techniques<sup>76</sup>. In Extended  
697 Data Figure 8, the high frequency, low amplitude variability superimposed upon the timeseries  
698 corresponds primarily to a convolution of changes in ocean tidal height, atmospheric pressure  
699 (inverse barometer effect) and, presumably, pack ice freeboard as detected by satellite radar  
700 altimetry.

#### 701 **Interdecadal Pacific Oscillation and Southern Annular Mode**

702 The Interdecadal Pacific Oscillation (IPO) timeseries shown in Extended Data Figure 4 was  
703 acquired from the National Oceanic and Atmospheric Administration's Physical Sciences  
704 Laboratory (<https://psl.noaa.gov/data/timeseries/IPOTPI/>), and represents Tripole Index for the  
705 Interdecadal Pacific Oscillation (TPI (IPO)) values derived from the UK Met Office Hadley  
706 Centre's Sea Ice and Sea Surface Temperature (SST) dataset 1.1. (HADISST1.1). This dataset  
707 contains global monthly SST and SIC fields on a  $1^{\circ}\times 1^{\circ}$  grid from 1870 to present, from which  
708 monthly TPI (IPO) values were calculated based on the difference between SST anomalies  
709 averaged over the central equatorial Pacific and in the Northwest and Southwest Pacific (after  
710 ref. 77).

711 The Southern Annular Mode (SAM) timeseries presented in Extended Data Figure 4 was  
712 calculated by G. Marshall at the British Antarctic Survey and is freely available at:  
713 <https://legacy.bas.ac.uk/met/gjma/sam.html>. This dataset is derived from the station-based  
714 observations detailed in ref. 78 and is based on the zonal pressure difference between  $40^{\circ}\text{S}$  and  
715  $65^{\circ}\text{S}$ .

### 716 **Figure Generation**

717 Figure 3, Extended Data Figures 4-10 and Supplementary Figure 1 were generated partly using  
718 the data analysis and visualization functions detailed in refs. 79-80.

719 **Data Availability:** All satellite and climate reanalysis datasets utilized in this study are  
720 publicly available and can be obtained from the data repositories detailed in the Methods  
721 section. The CATS2008a tidal model is available at: [https://www.usap-](https://www.usap-dc.org/view/dataset/601235)  
722 [dc.org/view/dataset/601235](https://www.usap-dc.org/view/dataset/601235), and the ice front and 2019 grounding line location files generated  
723 in this study are available at <https://doi.org/10.17863/CAM.54490> (ref. 81) and  
724 <https://doi.org/10.17863/CAM.54489> (ref. 82), respectively. Supplementary Data 1 contains a  
725 list of all satellite images used in the production of the of our ice front and grounding line

726 datasets, and Supplementary Data 2 contains the ice-shelf areal extent values used in the  
727 production of Figure 2.

728 **Code Availability**

729 The MATLAB codes developed for this study are available upon request to the corresponding  
730 author.

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746 **Methods References**

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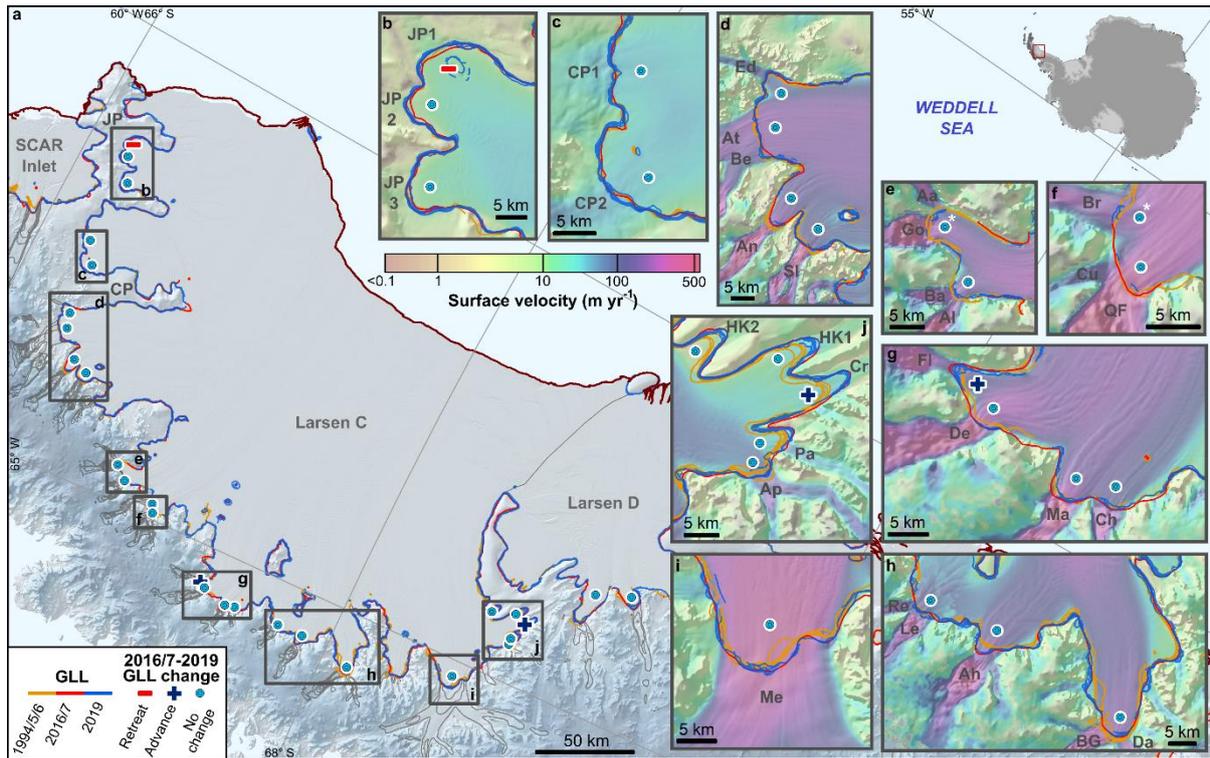
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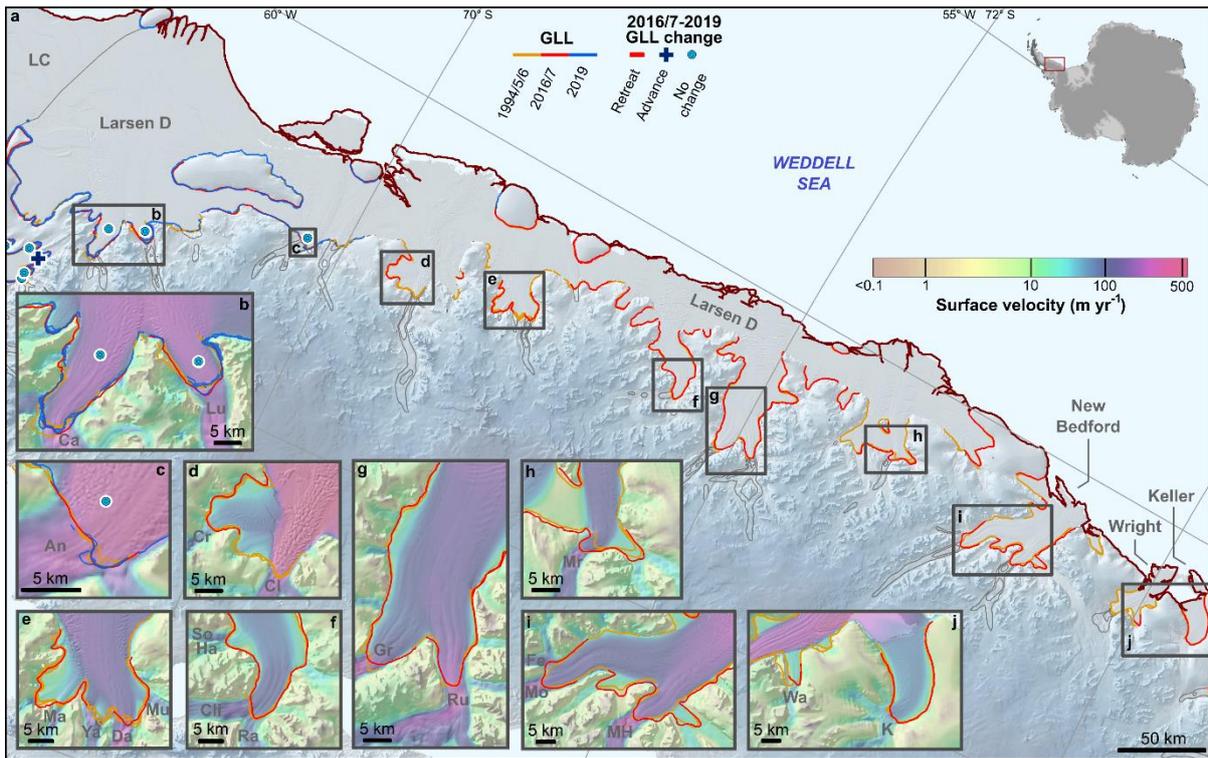
897 **Extended Data**



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899 **Extended Data Figure 1 | Grounding-line migration along Larsen C Ice Shelf.** *a*, Change  
 900 in grounding line location (GLL) between 1994-6, 2016-7 and 2019 as determined from  
 901 satellite radar-based techniques (Methods). Following Figure 1, symbols denoting recent  
 902 (2016/7-2019) GLL change are also shown, as well as the position of the 2019 ice front  
 903 (maroon) and ice surface velocity contours<sup>83</sup> (100 m yr<sup>-1</sup> increments) over grounded ice. *b-j*,  
 904 spatial extent of GLL change across the regions labelled in *a*, superimposed over recent ice  
 905 surface velocity magnitudes<sup>83</sup>. *JP1-3* denote unnamed glaciers 1-3 draining from Jason  
 906 Peninsula; *CPI-2*, unnamed glaciers 1-2 draining from Churchill Peninsula; *At*, Atlee; *Be*,  
 907 Bevin; *An*, Anderson; *Sl*, Sleipnir; *Aa*, Aagaard; *Go*, Gould; *Ba*, Balch; *Al*, Alberts; *Br*,  
 908 Breitfus; *Cu*, Cumpston; *QF*, Quartermain-Fricker; *Fl*, Flint; *De*, Demorest; *Ma*, Matthes; *Ch*,  
 909 Chamberlain; *Re*, Renaud; *Le*, Lewis; *Ah*, Ahlmann; *BG*, Bill's Gulch; *Da*, Daspit; *Me*,  
 910 Mercator; *Ap*, Aphrodite; *Pa*, Pan and *Cr*, Cronus glaciers. *HK1-2* denotes the unnamed  
 911 glaciers flowing from Hollick-Kenyon Peninsula. In *e* and *f*, white asterisks denote no change  
 912 since the mid-1990s in lieu of 2016/7 GLL coverage.

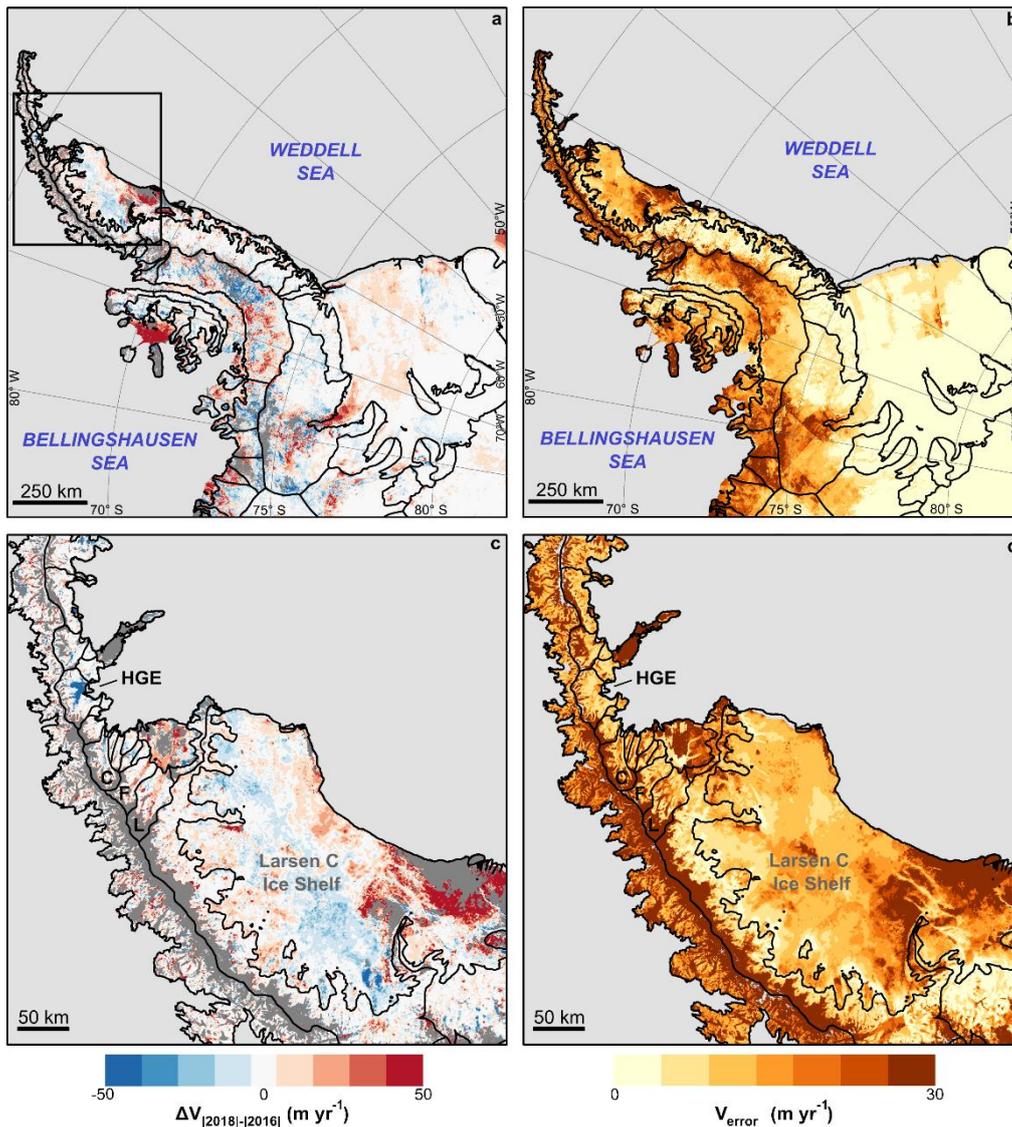
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915 **Extended Data Figure 2 | Grounding-line migration along Larsen D, New Bedford,**  
 916 **Wright and Keller ice shelves' fastest-flowing glaciers. *a***, Change in grounding line location  
 917 (GLL) between 1994-6, 2016-7 and 2019 as determined from satellite radar-based techniques  
 918 (Methods). Following Figure 1, symbols denoting recent (2016/7-2019) GLL change proximal  
 919 to Larsen C Ice Shelf (LC) are also shown, as well as the position of the 2019 ice front (maroon)  
 920 and ice surface velocity contours<sup>83</sup> (100 m yr<sup>-1</sup> increments) over grounded ice. ***b-j***, spatial extent  
 921 of GLL change across the regions labelled in ***a***, superimposed over recent ice surface velocity  
 922 magnitudes<sup>83</sup>. ***Ca*** denotes Casey Glacier; ***Lu***, Lurabee; ***An***, Anthony; ***Cr***, Croom; ***Cl***, Clifford;  
 923 ***Ma***, Matheson; ***Ya***, Yates; ***Da***, Dana; ***Mu***, Murrish; ***So***, Soto; ***Ha***, Haley; ***Cli***, Cline; ***Ra***, Rankin;  
 924 ***Gr***, Gruening; ***Ru***, Runcorn; ***Mr***, Maury; ***Fe***, Fenton; ***Mo***, Mosby; ***MH***, Meinardus-Haines and  
 925 ***Wa***, Waverly glaciers. ***K*** denotes the unnamed glacier draining to Keller Inlet. All other  
 926 abbreviations are the same as in Figure 1.

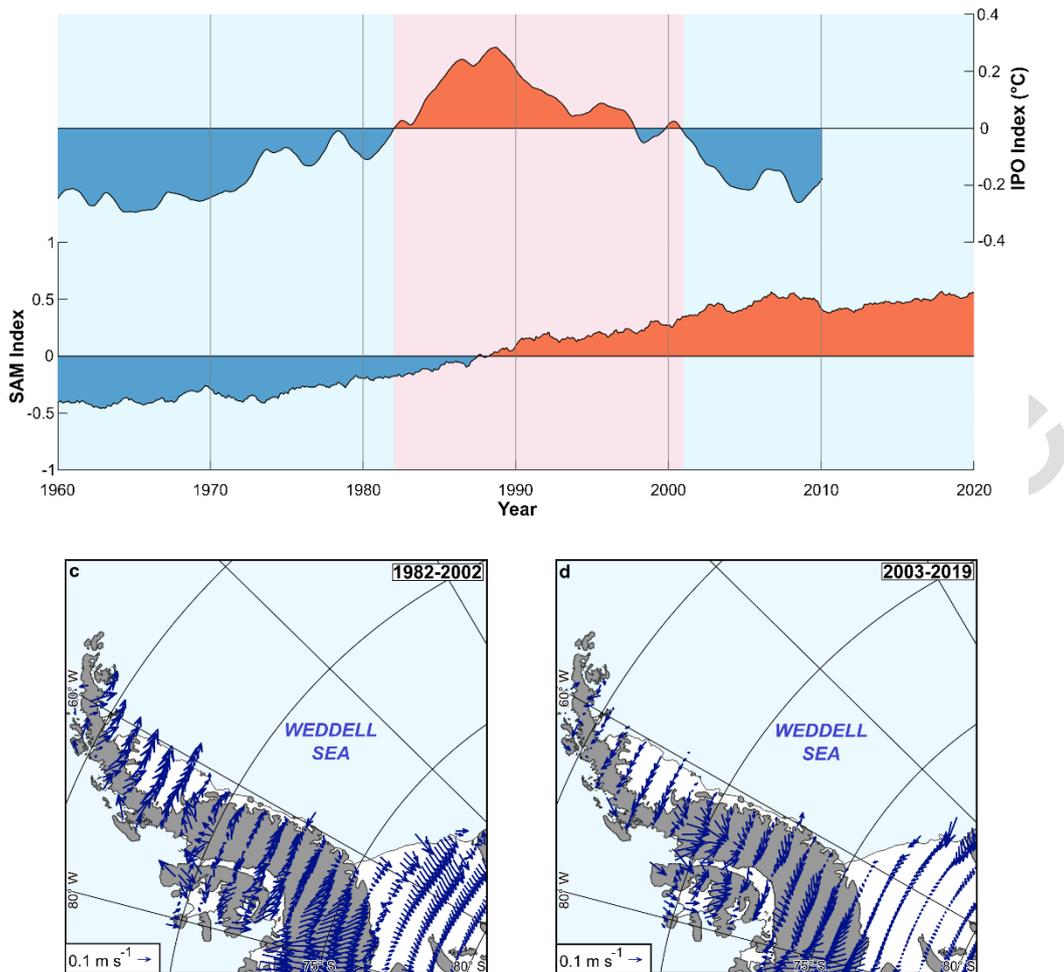
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929 **Extended Data Figure 3 | Recent changes in EAP ice-surface flow.** *a*, Landsat 8-derived  
 930 velocity change between 2016 and 2018 over the Antarctic Peninsula region. Black lines  
 931 delineate the ice drainage basins detailed in a recent study<sup>84</sup>. The 2018 ice front position is also  
 932 shown. To minimise erroneous data coverage over ice divides and other regions of complex  
 933 topography, data are masked (dark grey) where  $V_{error}$  exceeded 30  $m\ yr^{-1}$  in either 2016 or 2018  
 934 (or both). Black box indicates the detail shown in *c* and *d*. *b*, Landsat 8-derived  $V_{error}$ . In *c* and  
 935 *d*, *HGE* denotes Hektor, Green and Evans; *C*, Crane; *F*, Flask and *L*, Leppard glaciers. Note  
 936 the continued dynamic acceleration of Flask and Leppard glaciers following the disintegration  
 937 of Larsen B Ice Shelf in 2002, and the lack of any similar grounded ice-flow acceleration  
 938 upstream of Larsen C Ice Shelf following the calving of iceberg A-68 (Figure 1).

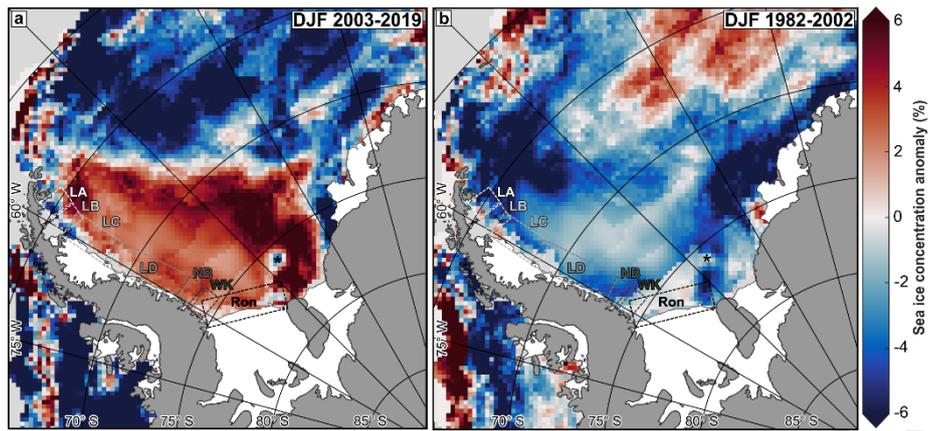
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941 **Extended Data Figure 4 | Wider climatic conditions over the Weddell Sea Sector.** *a* and *b*,  
 942 Monthly changes in the Interdecadal Pacific Oscillation (IPO) and Southern Annular Mode  
 943 (SAM), respectively (Methods). Data have been smoothed using a 20-year running mean to  
 944 emphasise multi-decadal variability. Following Figure 2, blue (pink) shading denotes the  
 945 approximate timing of relatively cool (warm) climatic conditions over the Antarctic Peninsula  
 946 as deduced from (*a*). *c* and *d*, annual-averaged 10 m wind anomalies over the Antarctic  
 947 Peninsula Ice Sheet for the periods (*c*) January 1982 to December 2002 and (*d*) January 2003  
 948 to December 2019, respectively, relative to all months on record (1979-2019). Note the abrupt  
 949 reversal in wind direction over most EAP ice shelves (except Ronne) between the two periods,  
 950 indicative of reduced foehn wind-driven ice-shelf surface melting, calving and coastal sea-ice  
 951 evacuation through time (see main text and Supplementary Discussion 3 for further  
 952 information).

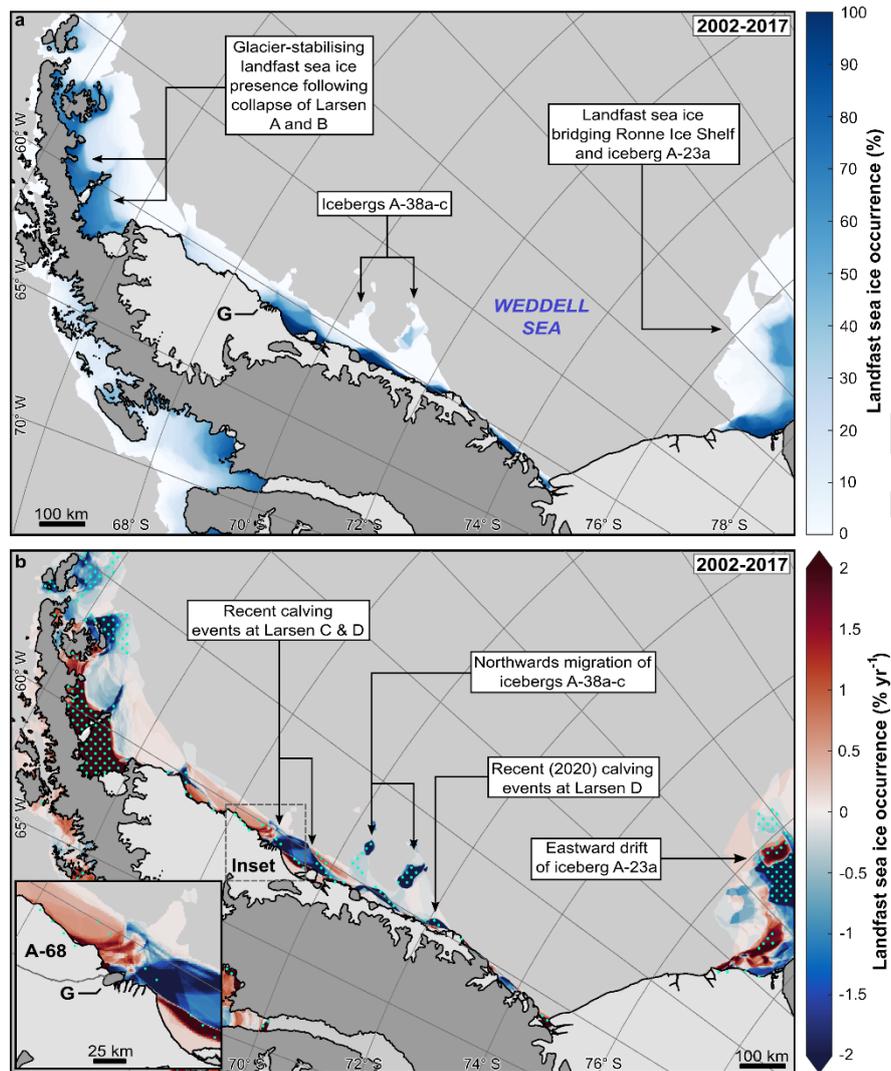
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955 **Extended Data Figure 5 | Austral summertime sea-ice conditions over the Weddell Sea**  
 956 **Sector.** *a* and *b*, Mean passive microwave-derived sea-ice concentration anomalies for all  
 957 complete austral summertime (DJF) cycles between 2003 and 2019 and 1982 and 2002,  
 958 respectively, relative to all earlier, complete summertime cycles on record (1980-2019). Black  
 959 asterisk denotes the approximate location of iceberg A-23a (lightly grounded at this location  
 960 since 2000); light grey shading, no data. In both panels, dashed boxes indicate sea-ice averaging  
 961 regions used in the production of Figure 2 and Extended Data Figures 9 and 10. Figure  
 962 highlights the importance of summer sea ice variability in dominating the annual-averaged  
 963 observations presented in Figure 3.

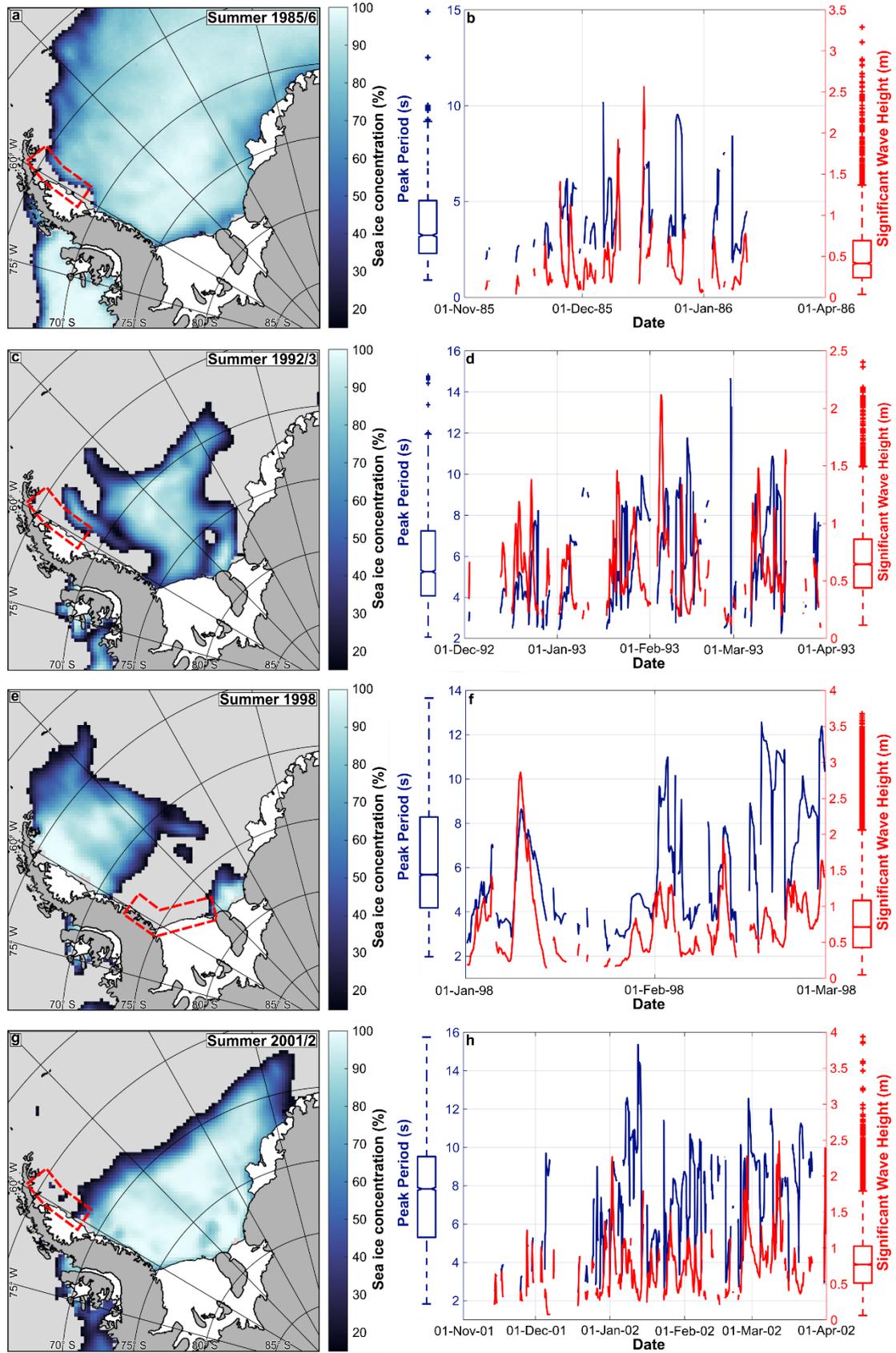
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966 **Extended Data Figure 6 | Landfast sea ice conditions in the eastern Antarctic Peninsula.**  
 967 **a**, Mean extended wintertime (April to October) landfast sea ice occurrence offshore of the  
 968 EAP, 2002-2017. 100% occurrence denotes permanent landfast sea-ice presence over the  
 969 observational record during these months. *G* denotes Gipps Ice Rise. **b**, Linear trend in  
 970 extended wintertime landfast sea ice occurrence. Red denotes increased sea ice occurrence  
 971 through time. Cyan stippling indicates statistically significant trends ( $p < .1$ ) over the 18-year  
 972 observational window, as determined from a two-tailed Pearson's Linear Correlation  
 973 Coefficient test. Inset shows detail around Gipps Ice Rise, including near the rift that formed  
 974 iceberg A-68 (dark grey line; see main text and Supplementary Discussion for further  
 975 information).

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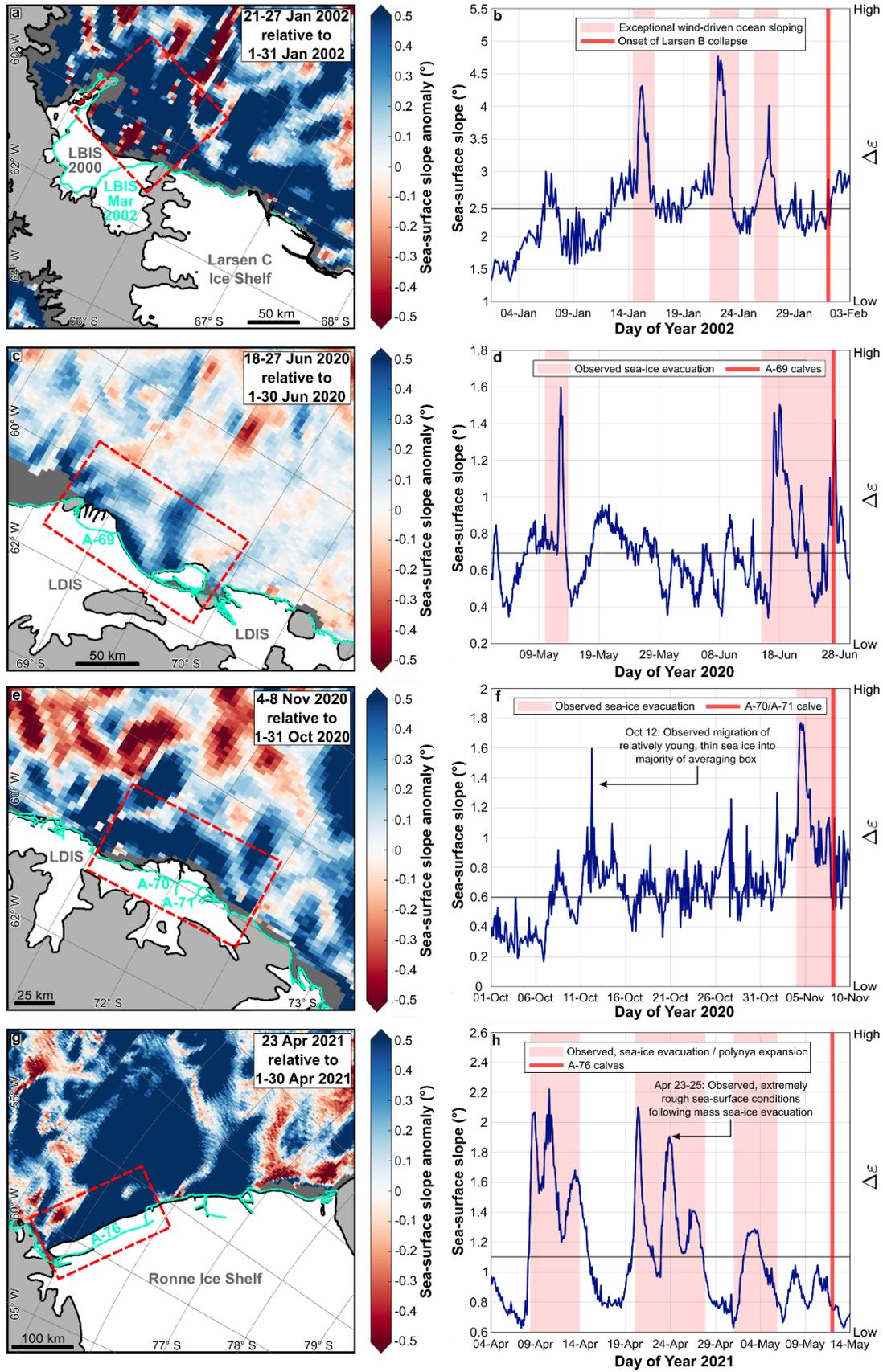
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978 Extended Data Figure 7 | Caption overleaf.

979 **Extended Data Figure 7 | EAP ‘open ocean years’, 1979-2019.** *a,c,e,g*, Monthly mean sea-  
980 ice minima observed during the ‘open ocean years’ indicated in Figure 2. Grey shading denotes  
981 <15% sea-ice concentration. Note that means overestimate sub-monthly sea ice extent and  
982 concentration, especially near the ice edge. *b,d,f,h*, ERA5-derived timeseries showing  
983 corresponding ocean wave conditions (median peak period and significant height of combined  
984 wind waves and swell; see Methods) offshore of the Larsen A, B, C (panels *b,d,h*) and New  
985 Bedford, Wright, Keller and Ronne ice shelves (panel *f*). Median values were calculated from  
986 all cells in the red boxes shown in panels *a,c,e,g*, when ocean waves were incident upon the ice  
987 shelves. Times when waves were not incident are masked. Boxplots show the statistical  
988 distribution of observed wave conditions, with outliers (>1.5 times the interquartile range)  
989 marked as crosses.

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992 Extended Data Figure 8 | Caption overleaf.

993 **Extended Data Figure 8 | Sea-surface slope conditions prior to ice-shelf frontal recession.**  
994 ***a,c,e,g***, Mean HYCOM-derived sea-surface slope anomalies offshore of the Larsen B (LBIS),  
995 Larsen D (LDIS) and Ronne ice shelves prior to the collapse of Larsen B (*a*) and the calving  
996 of icebergs A-69 (*c*), A-70/71 (*e*), and A-76 (*g*). Temporal averaging window and baseline  
997 periods are indicated top right, the latter of which corresponds to mean sea-surface slope during  
998 the month of calving (October 2020 for *e* given the calving of A-70/71 in early November  
999 2020). Black and cyan lines indicate pre- and post-recession location of the ice shelves,  
1000 respectively. Dark grey denotes no data. ***b,d,f,h***, timeseries showing mean sea-surface slopes  
1001 in the days and weeks prior to collapse (*b*) or calving (*d,f,h*), as averaged over the red dashed  
1002 boxes shown in *a,c,e,g*. Vertical red lines denote the onset of collapse/calving; pink shading,  
1003 periods of intense slopes following either exceptionally strong winds on the already open ocean  
1004 (*b*) or observed, pronounced coastal sea-ice evacuation (*d,f,h*; cf. Supplementary Videos  
1005 2-4). Horizontal grey lines indicate mean slope over the baseline periods shown in *a,c,e,g*.  
1006 Relative change in ice-shelf frontal strain,  $\epsilon$ , corresponding to variations in slope are also  
1007 shown (right-hand axes).

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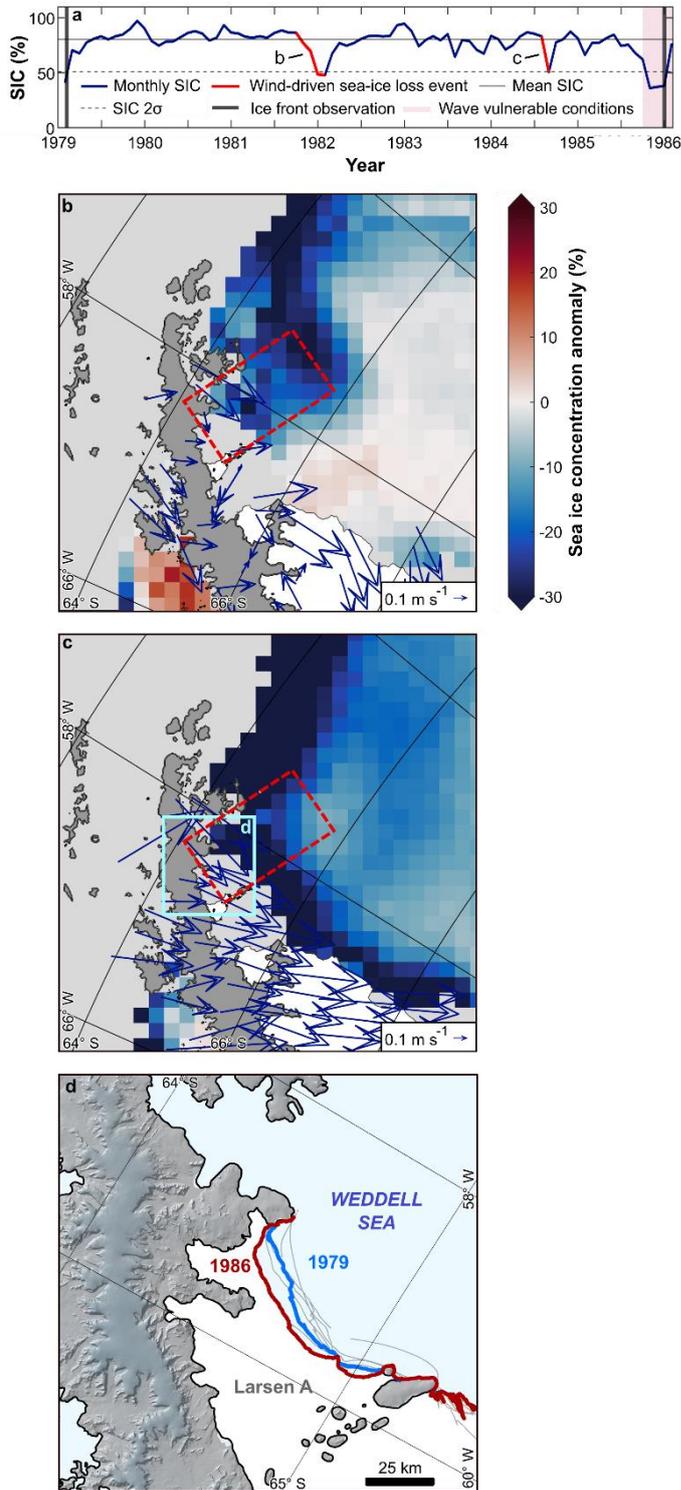
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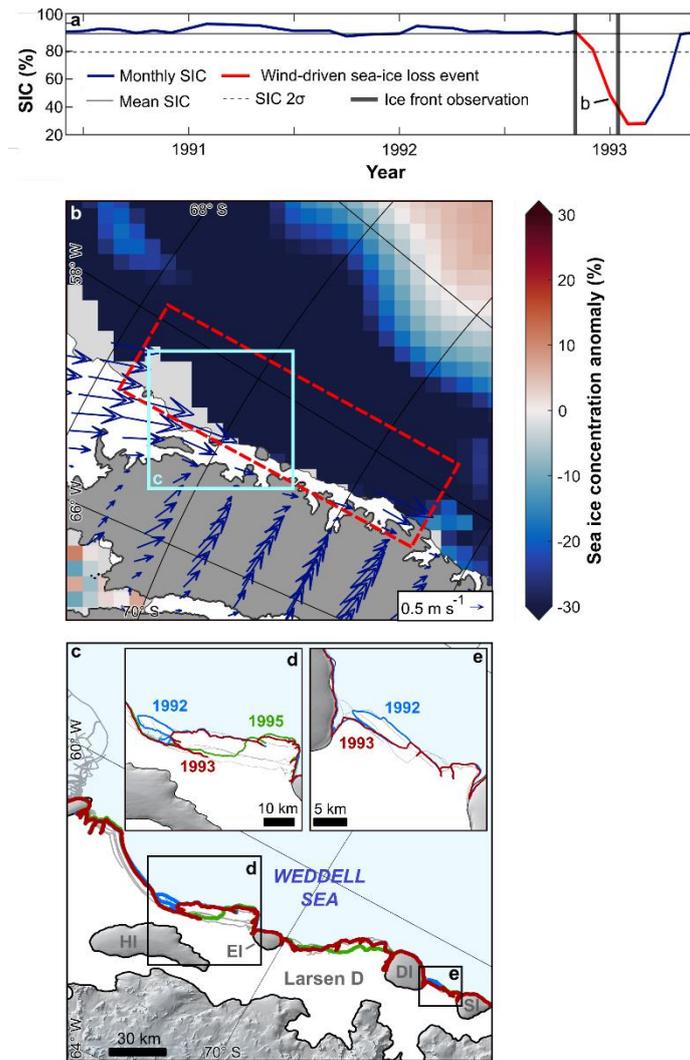
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**Extended Data Figure 9 | Larsen A coastal sea-ice variability.** *a*, Timeseries showing monthly SIC between 1979 and 1986 when a calving event of uncertain timing occurred (cf. Figure 2). Values represent the average of all cells contained in the red dashed box shown in *b*. Red lines denote times in which highly anomalous ( $>2\sigma$ ), wind-driven coastal sea-ice losses would have rapidly de-buttressed Larsen A's ice front, prompted enhanced gravitational ice-shelf flow due to increased (oceanward-down) sea-surface slopes and likely initiated calving. Pink shading shows 'open ocean conditions' as in Figure 2. *b* and *c*, mean wind (vector) and SIC (raster) anomalies during the times indicated by the red lines in *a* (1981/2 and 1984, respectively). Note the anomalous offshore direction of winds over Larsen A in both panels. *d*, map showing the extent of the calving event between 1979 and 1986. Grey lines denote all earlier (1947-1978) observed ice frontal positions<sup>5</sup>.



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1057 **Extended Data Figure 10 | Larsen D coastal sea-ice variability.** *a*, Timeseries showing  
 1058 monthly SIC between 1990 and 1993 when a calving event of uncertain timing occurred (cf.  
 1059 Figure 2). Values represent the average of all cells contained in the red dashed box shown in  
 1060 *b*. Red lines denote times in which highly anomalous ( $>2\sigma$ ), wind-driven coastal sea-ice losses  
 1061 would have rapidly de-buttressed Larsen D's ice front, prompted enhanced gravitational ice-  
 1062 shelf flow due to increased (oceanward-down) sea-surface slopes and likely initiated calving.  
 1063 In *c* and *d*, the position of the ice front as observed on 24<sup>th</sup> January 1995 is also shown, revealing  
 1064 further retreat of the coastline after January 1993 in response to the observed coastal sea-ice  
 1065 loss shown in *a* and *b* and/or the related calving event between December 1992 and January  
 1066 1993 (*d*). No other satellite imagery exists between these times. *HI* denotes Hearst Island; *EI*,  
 1067 Ewing Island; *DI*, Dolleman Island; *SI*, Steele Island.