

The cerebrospinal fluid profile of cholesterol metabolites in Parkinson's disease and their association with disease state and clinical features

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19 *7 α , (25R)26-dihydroxycholesterol*⁵

20 Abstract

21 Disordered cholesterol metabolism is linked to neurodegeneration. In this study we investigated the
22 profile of cholesterol metabolites found in cerebrospinal fluid (CSF) of Parkinson's disease (PD)
23 patients. When adjustments were made for confounding variables of age and sex, *7 α , (25R)26-*
24 *dihydroxycholesterol* and a second oxysterol *7 α , x, y-trihydroxycholest-4-en-3-one (7 α , x, y-triHCO)*,
25 whose exact structure is unknown, were found to be significantly elevated in PD CSF. The likely
26 location of the additional hydroxy groups on the second oxysterol are on the sterol side-chain. We
27 found that CSF *7 α -hydroxycholesterol* levels correlated positively with depression in PD patients,
28 while two presumptively identified cholestenic acids correlated negatively with depression.

29 1 Introduction

30 Parkinson's disease (PD) is a chronic neurodegenerative disorder of the central nervous system
31 (CNS) that presents with motor deficits, but which also has many non-motor features, including
32 cognitive and neuropsychiatric problems. In PD, the core motor features result mainly from a loss of
33 dopaminergic neurons in the substantia nigra of the midbrain and their projection to the striatum, but

34 more widespread pathology in subcortical and cortical regions, and even outside the CNS, underlies
35 many of the non-motor features.

36 About 25% of total body cholesterol is found in the brain [1], and dysregulated cholesterol
37 metabolism is linked to PD as it is to a number of other neurodegenerative conditions [2-5].
38 Cholesterol will not pass the blood brain barrier (BBB), and cannot be imported from the circulation,
39 so essentially all brain cholesterol is synthesized *in situ*. Excess cholesterol is removed from the brain
40 by the neuron-specific cytochrome P450 (CYP) 46A1- catalyzed metabolism to 24S-
41 hydroxycholesterol (24S-HC, see Figure 1 for structure), which by virtue of its side-chain hydroxy
42 group can cross the BBB and enter the circulation [6]. While 24S-HC exits the brain, (25R)26-
43 hydroxycholesterol (26-HC), also known by the non-systematic name 27-hydroxycholesterol [7],
44 enters the brain from the circulation [8], and is metabolized by CYP7B1, CYP27A1 and
45 hydroxysteroid dehydrogenase (HSD) 3B7 to 7 α -hydroxy-3-oxocholest-4-en-(25R)26-oic acid
46 (7 α H,3O-CA(25R), Figure 1) which is exported from the brain to the circulation and is also found in
47 cerebrospinal fluid (CSF) [9, 10]. Plasma and CSF levels of 24S-HC have been suggested as
48 biomarkers for neurodegenerative disorders [2], and while the prevailing evidence suggests that 24S-
49 HC in plasma does not provide a diagnostic marker for PD [4, 5], some data suggests that there may
50 be a statistically significant elevation of 24S-HC in the CSF of PD patients [5].

51 Currently, oxysterols in the circulation and in CSF are almost exclusively analyzed by mass
52 spectrometry (MS) either in combination with gas chromatography (GC) (i.e. GC-MS) or with liquid
53 chromatography (LC) (i.e. LC-MS) [2, 11]. Most studies of oxysterols in CSF are not performed on
54 the “free” non-esterified molecules which are exported from brain but on a combination of esterified
55 and non-esterified molecules [2, 5]. This is for practical reasons as the non-esterified molecules make
56 up only a small proportion of the total as they become esterified by lecithin-cholesterol
57 acyltransferase (LCAT) in lipoprotein particles within the CSF. However, there is value in analyzing
58 the non-esterified molecules alone as these are the precise forms exported from brain.

59 In the current study, we analysed “free” non-esterified oxysterols (including cholestenic acids) in
60 the CSF of PD patients and healthy controls with an aim of identifying metabolites or pathways
61 linked to PD. To achieve the necessary sensitivity, we adopted a two-step derivatization approach
62 named “enzyme-assisted derivatization for sterol analysis” (EADSA) in combination with LC-MS
63 (Figure 2) [12, 13]. Although we did not find a statistical increase in 24S-HC in CSF from PD
64 patients compared to controls, we did find an increase in 7 α ,(25R)26-dihydroxycholesterol (7 α ,26-
65 diHC), an intermediate in the pathway from 26-HC to 7 α H,3O-CA(25R) (Figure 1). In addition, we
66 found a positive correlation between the CSF concentration of 7 α -hydroxycholesterol (7 α -HC)) and
67 scores on the Beck Depression Inventory (BDI), which is a rating scale commonly used to assess
68 depression in PD. Interestingly there were negative correlations between the presumptively identified
69 cholestenic acids, 7 α -hydroxy-3,24-bisoxocholest-4-en-26-oic acid (7 α H-3,24-diO-CA) and 7 α ,12 α -
70 dihydroxy-3-oxocholeste-4-en-26-oic acid (7 α ,12 α -diH,3O-CA), and scores on the BDI but not other
71 clinical measures. This work highlights the potential clinical significance of the bile acid biosynthesis
72 pathway in PD and defines a methodology that can be used to measure the pathway intermediates
73 within a clinical laboratory setting.

74 2 Materials and Methods

75 2.1 Subjects and sample collection

76 This work was designed in two studies: Study 1 primarily focused on oxysterol and cholestenic acid
77 identification while Study 2 focused on their quantitation and relationship with a range of PD

78 relevant clinical measures. All patients were recruited from the Parkinson's Disease Research Clinic
79 at the John van Geest Centre for Brain Repair in Cambridge. The study was approved by the
80 Cambridgeshire 2 Research Ethics Committee (Ref. 08/H0308/331) and written informed consent
81 was obtained from all participants. Controls for Study 2 were carers of patients with PD with no
82 known neurological disease, or patients attending Addenbrooke's Hospital NHS Neurology clinics
83 for a lumbar puncture to investigate other symptoms (such as headache), but with no known
84 neurodegenerative disease.

85 Lumbar punctures were performed using an aseptic technique as per standard clinical guidelines. 2 -
86 5 mL of CSF was collected. The CSF was centrifuged at 2000-3000 g for 15 min and the supernatant
87 was stored at -80°C prior to analysis.

88 Standard demographic data was collected along with assessments of disease severity including the
89 Movement Disorder Society - Unified Parkinson's Disease Rating Scale (MDS-UPDRS);
90 neuropsychological assessments including the Addenbrooke's Cognitive Examination Revised (ACE-
91 R) and semantic fluency and assessment of depression using the BDI.

92 **2.2 LC-MS**

93 The LC-MS method is described in [12, 13]; it incorporated EADSA (Figure 2) to enhance sensitivity
94 and specificity, reversed-phase chromatography to separate diastereoisomers, accurate mass
95 measurement (<5 ppm) at high-resolution (30,000 in Study 1, 120,000 in Study 2, both at m/z 400)
96 and multistage fragmentation (MS^n) for structure determination. Quantification was performed
97 against added isotope-labelled standards. In Study 1 quantification was against
98 [25,26,26,26,27,27,27- 2H_7]24R/S-hydroxycholesterol ($[^2H_7]$ 24R/S-HC) which has been shown to be
99 an adequate surrogate for side-chain oxysterols and cholestenic acids [12]. For Study 2, the
100 additional standard [26,26,26,27,27,27- 2H_6]7 α ,25-dihydroxycholesterol ($[^2H_6]$ 7 α ,25-diHC) was
101 included to allow quantification of 7 α ,25-dihydroxycholesterol (7 α ,25-diHC) and 7 α ,26-diHC and
102 their 3-oxo analogues [13].

103 **2.3 Patient data and statistical analysis**

104 **2.3.1 Study 1**

105 This study was designed to allow for the identification of oxysterols including cholestenic acids in
106 CSF from PD patients. CSF from 18 PD patients was analysed and compared to a historical data set
107 [13] of 18 control CSF samples from people without neurodegenerative conditions. Statistical
108 significance was determined by the Mann-Whitney Test and confounding variables of sex and age
109 were not considered.

110 **2.3.2 Study 2**

111 CSF samples from a separate cohort of PD patients and controls were analyzed for oxysterols,
112 including cholestenic acids, and their relationship with a range of standard clinical measures was
113 investigated (Table 1) in a cross-sectional study. Statistical analysis was performed using Stata
114 software (Stata Statistical Software: Release 14. StataCorp LP, College Station, TX). Pairwise
115 correlations with oxysterol data were performed for continuous demographic and clinical variables.
116 Those correlations with $P < 0.05$ were entered into multiple regression analyses with the oxysterol as
117 the dependent variable and inclusion of relevant confounding variables. For motor scores and BDI,
118 these confounding variables were age, gender and years from onset of disease. For cognitive
119 variables BDI score was also included as a potential confounder. For categorical variables ANOVA

120 was performed, again adjusting for potential confounding variables as above. For clinical scores, data
121 was only used if it had been generated within 1 year of the lumbar puncture.

122 3 Results

123 3.1 Study 1 - Identification of oxysterol and cholestenic acids in CSF

124 Initial studies were performed on 18 CSF samples from early-mid stage PD patients (72% male,
125 mean (standard deviation, SD) age = 69 (7) years, disease duration = 4 (4) years, MDS-UPDRS
126 motor score on treatment = 31(12), ACE-R = 89 (8), BDI = 6 (6)) with the aim of identifying non-
127 esterified oxysterols present in the CSF. The oxysterols identified in this first study are listed in Table
128 2. In addition to the expected monohydroxycholesterols, 24S-HC, 25-hydroxycholesterol (25-HC)
129 and 26-HC, we identified (but did not quantify) the dihydroxycholesterols 7 α ,25-diHC and 7 α ,26-
130 diHC and their dihydroxycholest-4-en-3-ones, i.e. 7 α ,25-dihydroxycholest-4-en-3-one (7 α ,25-
131 diHCO) and 7 α ,26-dihydroxycholest-4-en-3-one (7 α ,26-diHCO, Figures 1 & 3). In addition, we
132 identified and approximately quantified the cholestenic acids, 3 β -hydroxycholest-5-en-(25R)26-oic
133 acid (3 β -HCA), and the 25R- and 25S-diastereoisomers of 3 β ,7 β -dihydroxycholest-5-en-26-oic
134 (3 β ,7 β -diHCA), of 3 β ,7 α -dihydroxycholest-5-en-26-oic (3 β ,7 α -diHCA) and of 7 α H,3O-CA (Figure
135 1, 3, 4A & B), as well as uncovering a series of dihydroxy-3-oxocholest-4-enoic acids (diH,3O-CA,
136 Figure 4C - H). For this initial study, we did not have access to CSF samples from controls but
137 compared the data from our PD patients to control data generated in a prior study [13].

138 We have previously shown that the acidic pathway of bile acid biosynthesis is at least partially active
139 in the brain [10]. This pathway has two branches which start with (25R)26-hydroxylation and
140 (25R)26-carboxylation of cholesterol by CYP27A1 to give 26-HC and 3 β -HCA, respectively (Figure
141 1). 26-HC may be derived from cholesterol in the brain or imported from the circulation [8]. These
142 two metabolites are 7 α -hydroxylated by CYP7B1 to give 7 α ,26-diHC and 3 β ,7 α -diHCA(25R),
143 respectively (Figure 1) and after oxidation at C-3 and Δ^5 to Δ^4 isomerization the branches converge at
144 7 α H,3O-CA(25R). We observed each of these metabolites in the CSF and notably the concentration
145 of 7 α H,3O-CA was specifically elevated in PD CSF (P<0.05, Table 2). It should be noted that both
146 25R- and 25S-diastereoisomers of 3 β ,7 α -diHCA and 7 α H,3O-CA are present in CSF, where the 25R-
147 epimer dominates, however, as the epimers are not fully resolved chromatographically we have
148 measured the two in combination (Figure 4A). In the next steps of the acidic pathway 7 α H,3O-
149 CA(25R) becomes converted to the CoA thioester and through multiple steps to 7 α ,24R-dihydroxy-3-
150 oxocholest-4-en-(25R)26-oyl-CoA (7 α ,24R-diH,3O-CA(25R)-CoA, Figure 1) [14-16], and by
151 generating the appropriate reconstructed ion chromatogram (RIC), we were able to identify a number
152 of chromatographic peaks potentially corresponding to the acid form of this structure (Figure 4C).
153 Notably, in CSF and plasma we do not find CoA thioesters but rather the free acids. The CoA
154 thioester of 7 α ,24R-diH,3O-CA(25R) is a key intermediate in side-chain shortening of C₂₇ to C₂₄ bile
155 acids, becoming oxidized to 7 α -hydroxy-3,24-bisoxocholest-4-en-(25R)26-oyl-CoA (7 α H,3,24-diO-
156 CA(25R)-CoA, Figure 5F). This metabolite is not fully stable in our methodology partially
157 eliminating the C-26 group to give 7 α -hydroxy-27-norcholest-4-ene-3,24-dione (7 α H-27-nor-C-3,24-
158 diO, see Supplemental Figure S1) [10]. We found 7 α H-27-nor-C-3,24-diO to be elevated
159 significantly in the CSF from PD patients (P<0.01). In combination, this initial study suggests the
160 acidic pathway is upregulated in the CNS of PD patients.

161 We were also able to partially identify a number of other oxysterols in the CSF based on retention
162 time, accurate mass and MS³ spectra, but in the absence of authentic standards, definitive
163 identifications were not made. These partial identifications include 3 β ,x-dihydroxycholest-5-en-y-one

164 ($3\beta,x$ -diHC- y O) where x and y may be 22 and 24, or 20 and 22, and $7\alpha,x,y$ -trihydroxycholest-4-en-3-
165 one ($7\alpha,x,y$ -triHCO, Figure 5D) where x and y may be 24, 25 or 26 (*italic* compound names in
166 Figure 1 & 3).

167 We next performed multivariate analysis on the data from Study 1 using SIMCA software and an
168 orthogonal projection to latent structures discriminant analysis (OPLS-DA) and this yielded a robust
169 model separating PD from controls (Supplemental Figure S2, $Q^2=0.68$, $ANOVA=3.2e-7$ for cross-
170 validated model), suggesting a cluster of cholesterol metabolites as candidate biomarkers for PD.
171 This data should be treated with caution as the patient and control data were reordered at different
172 times and for samples collected from different hospitals in different countries. Nevertheless,
173 metabolites significant in the univariate analysis (Table 2) were important in driving the separation in
174 the multivariate model.

175 **3.2 Study 2 – CSF oxysterols, disease status and clinical measures of disease**

176 In this second study, data from 37 PD cases was compared to 5 age-matched controls. Relevant
177 demographic and clinical variables are shown in Table 1. Internal standards were also included
178 allowing for the quantification of $7\alpha,26$ -diHC and $7\alpha,26$ -diHCO (Figure 5) of the acidic pathway and
179 also $7\alpha,25$ -diHC and $7\alpha,25$ -diHCO. The availability of samples from matched controls collected
180 from the same geographical area (albeit in lower numbers than the patients) and the recording of LC-
181 MS data in a single study allowed us to perform a deeper interrogation of the data than in Study 1.
182 However, the number of control samples was limited and therefore PD versus control comparisons
183 need to be interpreted with caution.

184 **3.2.1 $7\alpha,26$ -diHC is elevated in PD CSF**

185 Following adjustment for the confounding variables of age and sex, $7\alpha,26$ -diHC and a second
186 oxysterol $7\alpha,x,y$ -triHCO whose exact structure is unknown were found to be significantly elevated in
187 PD CSF (Figure 6A & 6B). Based on accurate mass measurement, MS^3 fragmentation and retention
188 time $7\alpha,x,y$ -triHCO is likely to be $7\alpha,24,25$ -triHCO, $7\alpha,24,26$ -triHCO or $7\alpha,25,26$ -triHCO (the
189 uncertainty of structure is indicated by italicised nomenclature in Figure 1 & 3). Notably, $7\alpha,26$ -diHC
190 is an intermediate of the acidic pathway of bile acid biosynthesis (Figure 1). It was identified in
191 Study 1 but not quantified due to an absence of an appropriate internal standard. Numerically, as in
192 Study 1, $7\alpha H,3O$ -CA (Figure 6C), $7\alpha H$ -27-nor-C-3,24-diO (and its chemically unstable precursor
193 $7\alpha H,3,24$ -diO-CA) were elevated in PD CSF in Study 2, but not to a level of statistical significance
194 (Table 2).

195 During the intervening period between conducting Study 1 and 2, we were able to purchase the
196 trihydroxycholestenoic acids $3\beta,7\alpha,24S$ -trihydroxycholest-5-en-(25R)26-oic ($3\beta,7\alpha,24S$ -
197 triHCA(25R)) and $3\beta,7\alpha,25$ -trihydroxycholest-5-en-26-oic ($3\beta,7\alpha,25$ -triHCA) acids from Avanti
198 Polar Lipids Inc, which are easily converted in the laboratory to $7\alpha,24S$ -dihydroxy-3-oxocholest-4-
199 en-(25R)26-oic ($7\alpha,24S$ -diH,3O-CA(25R)) and $7\alpha,25$ -dihydroxy-3-oxocholest-4-en-26-oic ($7\alpha,25$ -
200 diH,3O-CA) acids, respectively, by treatment with cholesterol oxidase enzyme [17]. This allowed us
201 to identify and approximately quantify both acids in the CSF from PD patients and controls (Figure
202 4C - 4F). In the absence of 24S,25S, 24R,25R and 24R,25S diastereoisomers, it was not possible to
203 define the exact stereochemistry for $7\alpha,24$ -diH,3O-CA, and it may be 24S,25R, 24R,25R, 24S,25S or
204 a mixture of all depending on the pathway(s) of biosynthesis (Figure 1) [15]. We were able to
205 presumptively identify two other acids, as $7\alpha,12\alpha$ -dihydroxy-3-oxocholest-4-en-(25R)26-oic acid
206 ($7\alpha,12\alpha$ -diH,3O-CA) and $7\alpha,x$ -dihydroxy-3-oxocholest-4-en-26-oic acid ($7\alpha,x$ -diH,3O-CA) based on

207 retention time, accurate mass and MS³ spectra (Figure 4G & H). The location of the second hydroxy
208 group in 7 α ,x-diH,3O-CA is probably on the side-chain.

209 Combining data from Study 1 and Study 2, we have found that the acidic pathway of bile acid
210 biosynthesis is upregulated in the CNS of PD patients (Figure 1).

211 3.2.2 Correlations with clinical data

212 Bivariate correlation analyses between each PD CSF oxysterol profile and relevant demographic and
213 clinical variables (age, gender, disease duration, MDS-UPDRS motor score, ACE-R score, BDI
214 score) were performed. Correlations of significance (at a level of P<0.05) were found between PD
215 CSF 24S-HC and disease duration (r=0.354, P=0.032), 7 α -HC and BDI (r=0.436, P=0.023), 7 α H-
216 3,24-diO-CA and BDI (r= -0.527, P=0.005) and 7 α ,12 α -diH,3O-CA and BDI (r= -0.418, P=0.030).
217 Multivariate regression analysis with 24S-HC as the dependent variable and age and gender as
218 relevant covariates did not confirm the relationship between 24S-HC and disease duration (Beta
219 coefficient 0.313, P=0.060). However, multivariate analyses did confirm the relationships between
220 7 α -HC, 7 α H-3,24-diO-CA, 7 α ,12 α -diH,3O-CA, and BDI, with age, gender and disease duration as
221 relevant confounding covariates (7 α -HC: Beta coefficient 0.449, P=0.031; 7 α H-3,24-diO-CA: Beta
222 coefficient -0.510, P=0.010; 7 α ,12 α -diH,3O-CA: Beta coefficient -0.414, p=0.042, see Figure 7).
223 There were no statistically significant associations between any of the CSF oxysterols and motor
224 measures (MDS-UPDRS motor score, motor phenotype (tremor dominant versus postural instability
225 subtype)) or cognitive measures (ACE-R, semantic fluency). However, 25-hydroxyvitamin D₃, the
226 precursor of bioactive 1 α ,25-dihydroxyvitamin D₃, is elevated in CSF of patients with postural
227 instability and gait disturbance (PIGD) compared to tremor dominant patients (TD, P=0.04).
228 Although the reason for this is not known, it may be the case that PIGD patients are more likely to be
229 given calcium/vitamin D supplements because they are at risk of falls. Vitamin D₃ is converted to 25-
230 hydroxyvitamin D₃ in the liver and is transported in the blood stream to the kidney where 1 α ,25-
231 dihydroxyvitamin D₃ is formed.

232 4 Discussion

233 In an early study looking at total oxysterols (where esterified and non-esterified molecules were
234 measured in combination) in the CSF of PD patients and controls, concentrations of 24S-HC and 26-
235 HC were found to be elevated in about 10% of PD samples above a cut off defined as the control
236 mean + 3 standard deviations (SD) [4]. However, when considering all samples, statistically
237 significant differences were lost. In a follow-on study, Björkhem et al found a small (about 1.75
238 ng/mL cf. 1.4 ng/mL) but statistically significant (p < 0.05) increase in 24S-HC in PD CSF [5]. In
239 this second study the CSF concentration of 24S-HC was found to correlate with disease progression.
240 These results were suggested to relate to the release of 24S-HC from a subtype of dying neurons in
241 PD, leading to an increase in 24S-HC concentration in the CSF during disease progression [4, 5]. The
242 explanation for the increase in the CSF content of 26-HC in a sub-set of PD patients was suggested to
243 be a consequence of a defective BBB and excessive import of 26-HC from the circulation [4, 5].

244 In our current studies, we have measured the biologically more relevant non-esterified molecules. We
245 did not find a statistically significant increase in 24S-HC in CSF from PD patients in either study.
246 7 α ,26-diHC, one of the immediate down-stream metabolites of 26-HC (Figure 1), was increased in
247 PD CSF following correction for age and sex (Figure 6A). Closer evaluation of the data sets in both
248 Study 1 and Study 2 show that although not statistically significant when confounding variables are
249 adjusted for, early metabolites in the acidic pathway of bile acid biosynthesis are elevated in the CSF
250 from PD patients (Figure 1). This supports the suggestion of Björkhem et al that a defective BBB

251 may be responsible for distorting the oxysterol pattern in CSF of PD patients [4, 5]. An alternative
252 explanation is that cholesterol released by dying cells in PD brain is metabolised by CYP27A1,
253 CYP7B1 and HSD3B7 and shunted into the bile acid biosynthesis pathway (Figure 1). Interestingly,
254 a recent study has found an upregulation of bacteria responsible for secondary bile acid synthesis in
255 the gastrointestinal tract of PD patients [18], although how this may relate to CSF changes is not
256 clear.

257 In brain, the origin of 26-HC may be cerebral or via import across the BBB [8], however, there is
258 strong evidence for its conversion to 7 α H,3O-CA(25R) in the brain itself [9, 10]. Importantly, the
259 necessary enzymes, or their transcripts, for the conversion of 7 α H,3O-CA(25R) to the C₂₄ bile acid
260 7 α -hydroxy-3-oxochole-4-en-24-oic acid (7 α H,3O- Δ^4 -BA) are all expressed in human brain (see
261 Figure 1) [19, 20].

262 A major route for 24S-HC metabolism is by CYP39A1 catalysed 7 α -hydroxylation to 7 α ,24S-
263 dihydroxycholesterol (7 α ,24S-diHC, Figure 1) in the liver and onwards to bile acids [14, 21].
264 CYP39A1 is, however, also expressed in the cerebellum and at low levels in the midbrain [20],
265 providing a potential route to bile acid biosynthesis from 24S-HC in the brain. Although we did not
266 identify 7 α ,24S-diHC in human CSF we did find the down-stream metabolic product 7 α H,3,24-diO-
267 CA, and its decarboxylation product 7 α H-27-nor-C-3,24-diO. It should, however, be noted that
268 7 α H,3,24-diO-CA is also a member of the acidic pathway (Figure 1). Interestingly, 7 α ,x,y-triHCO, is
269 elevated in the CSF of PD patients (Figure 6B), and if x and y are 24S- and 26-hydroxy groups
270 respectively, then this metabolite falls into the metabolic pathway originating from 24S-HC.

271 Cholesterol 7 α -hydroxylase (CYP7A1) is not expressed in brain [19, 20], hence the presence of 7 α -
272 HC in CSF must be via the circulation or via non-enzymatic oxidation of cholesterol. 7 α -HC
273 represents the first member of the neutral pathway of bile acid biosynthesis [21], one of the branches
274 of this pathway proceeds through 7 α ,12 α -diH,3O-CA which is one of the acids we presumptively
275 identify in CSF. CYP8B1 is the necessary sterol 12 α -hydroxylase but has not been found in human
276 brain [19, 20], suggesting that the origin of 7 α ,12 α -diH,3O-CA is from the circulation. While the
277 7 α ,24- and 7 α ,25-dihydroxy acids found in CSF are barely detected in plasma, 7 α ,12 α -diH,3O-CA is
278 present at the ng/mL level [22]. In combination this data argues for an extracerebral origin for
279 7 α ,12 α -diH,3O-CA and its import into CSF from the circulation. In future studies we recommend
280 that wherever possible plasma and CSF from the same PD patient should be analysed in parallel. This
281 will support or refute the hypothesis that the origin of some oxysterols and cholestenoic acids found
282 in CSF is from the circulation. Assessing the correlations for each analyte between the two media
283 should give a good indication if the origin of the metabolite is extra- or intra-cerebral. To investigate
284 the possibility of blood contamination confounding the CSF data, a simple extension to the
285 experimental protocol would be to record a direct infusion mass spectrum from a few μ L of CSF to
286 identify the presence or absence of haemoglobin. In the present study we did not perform such an
287 analysis, but any contamination by blood can only be minimal as in all CSF samples 3 β -HCA was
288 only a minor oxysterol while it is the most abundant free oxysterol in plasma [22].

289 The levels of the oxysterols 7 α -HC, 7 α H-3,24-diO-CA, 7 α ,12 α -diH,3O-CA were found to correlate
290 with BDI score (Figure 7) in PD cases but not with other clinical measures. No previous studies have
291 identified associations between oxysterols and depression in general. As these oxysterols are
292 predominantly considered to originate from the circulation, this may suggest the involvement of
293 biological processes of systemic origin in PD depression. Depression is known to be associated with
294 markers of systemic inflammation [23], including in PD [24], while oxysterols are known to
295 contribute to inflammatory processes [25]. Thus, systemic immune modulatory processes may be a

296 potential linking factor mediating the observed relationship between oxysterol levels and depression.
297 However, further studies in larger PD and matched control cohorts will be required to confirm and
298 extend this association and its biological basis, as will measurement of these metabolites in PD
299 plasma. A caveat to the link between oxysterols, inflammation and depression, is the lack of
300 correlation between the major immunoregulatory oxysterols 25-HC and 7 α ,25-diHC with BDI score.

301 Interestingly, intermediates in the acidic pathway of bile acid biosynthesis have also been found to be
302 elevated in people suffering from multiple sclerosis but not in those suffering from amyotrophic
303 lateral sclerosis or Alzheimer's disease [13, 22, 26], arguing against a link between a general
304 mechanism for neurodegeneration and cerebral bile acid biosynthesis. Never-the-less, this work
305 points to the potential value of measuring bile acid precursors in CSF in the clinical chemistry
306 laboratory. Further studies with much greater numbers are required to assess the potential of CSF bile
307 acid precursors as prognostic biomarkers or as lead compounds towards a PD therapeutic.

308 In conclusion, despite the limitations mentioned around our control CSF sample collection, a number
309 of interesting and novel observations have been made in our study. Our data suggests a cerebral
310 upregulation of the acidic pathway of bile acid biosynthesis in PD. We have also identified a number
311 of cholesterol metabolites whose CSF levels correlate with depression in PD. Further studies are
312 planned utilising greater sample numbers to confirm or refute the current findings.

313 **5 Conflict of Interest**

314 WJG, PJC and YW are listed as inventors on the Swansea University patent "Kit and method for
315 quantitative detection of steroids", US9851368B2, licensed to Avanti Polar Lipids Inc and Cayman
316 Chemical Company by Swansea University. WJG, JAK, PJC, EY, ST, EA and YW are shareholders
317 in CholesteniX Ltd.

318 **6 Author Contributions**

319 WJG, ST, EA, RAB and YW designed the study. JAK, PJC, EY, SFM, RSW, DPB and KF
320 performed the study. CW-G, SFM and MT supervised/performed statistical analysis. All authors
321 contributed to writing of the manuscript.

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338 **9 Data Availability Statement**

339 The datasets for this study can be found in the [Centre for Open science] [LINK].

340 **10 Figure Captions**

341 Figure 1. Abbreviated versions of the cerebral 24-hydroxylase (left) and acidic (right) pathways of
342 bile acid biosynthesis. Enzymes, metabolites and reactions of the 24-hydroxylase pathway are
343 indicated in blue, those of the acidic pathway are in green. Enzymes/genes expressed in brain, and
344 metabolites observed, in CSF are in bold. CoA intermediates are observed as the unconjugated acids
345 in CSF. *Italics* indicate that the named structure is one of a number of possibilities. The broken
346 arrows indicate a reaction leading to elimination of C-27. Thick coloured arrows pointing upwards or
347 downwards indicate significant positive or negative correlations even when the confounding
348 variables are considered. Red triangles indicate significance ignoring confounding variables, in at
349 least one of the two studies. The full stereochemistry and numbering system for cholesterol is
350 indicated. Abbreviated structures are shown for other sterols ignoring ring-stereochemistry.

351 Figure 2. The EADSA derivatisation method. Samples are split into two equal fractions A and B. A-
352 fractions are treated with cholesterol oxidase enzyme and [²H₅]GP, B-fractions are treated with
353 [²H₀]GP in the absence of cholesterol oxidase. LC-MS(MS³) analysis of fraction-A reveals
354 compounds with a 3β-hydroxy-5-ene structure plus those with a native 3-oxo-4-ene structure, while
355 analysis of fraction-B reveals native 3-oxo-4-ene compounds only. Deconvolution of data from A
356 and B allows quantification of 3β-hydroxy-5-ene compounds while data in B allows quantification of
357 native 3-oxo-4-ene compounds (and 7-oxo-5-ene).

358 Figure 3. Abbreviated versions of the early steps in the neutral (left, in purple) and the cerebral 25-
359 hydroxylase (right, in brown) pathways of bile acid biosynthesis. Pathway from 7-dehydrocholesterol
360 and cholesterol to 3β,7β-diHCA(25R) are also shown as is the path to 25-hydroxyvitamin D₃.
361 Enzymes, metabolites and reactions of the neutral pathway are in purple, those of the 25-hydroxylase
362 pathway are in brown, while those generating 3β,7β-diHCA(25R) are in red. Enzymes/genes
363 expressed in brain, and metabolites observed in CSF are in bold. *Italics* indicate that the named
364 structure is one of a number of possibilities. Enzymes in *italics* are postulated catalysts. [O] indicates
365 oxidation via non-enzymatic mechanism. Thick coloured arrows pointing upwards or downwards
366 indicate significant positive or negative correlations even when the confounding variables are
367 considered. Red triangles indicate significance ignoring confounding variables, in at least one of the
368 two studies. The full stereochemistry and numbering system for cholesterol and 7-DHC is indicated.
369 Abbreviated structures are shown for other sterols ignoring ring-stereochemistry.

370 Figure 4. LC-MS(MSⁿ) analysis of cholestenic acids found in CSF. (A) RIC of m/z 569.4110 ± 5
371 ppm revealing 3β,7β-diHCA and 3β,7α-diHCA (upper panel) and of 564.3796 ± 5 ppm revealing
372 7αH,3O-CA (lower panel). Note, each acid is present as two epimers, and each epimer gives *syn* and
373 *anti* conformers of the GP-derivative. (B) MS³ (M⁺→M⁺-Py→) spectrum of 3β,7α-diHCA(25R). (C,
374 E, G) RIC of m/z 585.4059 ± 5 ppm revealing dihydroxy-3-oxocholestenic acids (upper panels) and
375 MRM-like chromatogram 585.4→501.3→427 highlighting 7α,24-diH,3O-CA (lower panel C),
376 585.4→501.3→455 highlighting 7α,25-diH,3O-CA (lower panel E) and 585.4→501.3→422
377 highlighting 7α,12α-diH,3O-CA (lower panel G). MS³ (M⁺→M⁺-Py→) spectra of (D) 7α,24-diH,3O-
378 CA in CSF (upper panel) and 7α,24S-diH,3O-CA(25R) authentic standard (lower panel), (F) 7α,25-

379 diH,3O-CA in CSF (upper panel) and 7 α ,25-diH,3O-CA authentic standard (lower panel), and (H)
380 7 α ,x-diH,3O-CA (upper panel) and 7 α ,12 α -diH,3O-CA (lower panel) in CSF.

381 Figure 5. LC-MS(MSⁿ) analysis of dihydroxycholesterols, dihydroxycholestenones,
382 trihydroxycholestenones and hydroxybisoxocholestenic acid in CSF. (A) RIC of 555.4317 \pm 5 ppm
383 (upper panel) and 550.4003 \pm 5 ppm (lower panel) revealing 7 α ,25-diHC, 7 α ,26-diHC, 7 α ,25-diHCO
384 and 7 α ,26-diHCO. MS³ (M⁺ \rightarrow M⁺-Py \rightarrow) spectra revealing (B) 7 α ,25-diHC and (C) 7 α ,26-diHC. (D)
385 RIC of 566.3952 \pm 3 ppm corresponding to 7 α ,x,y-triHCO. (E) High resolution (100,000) mass
386 spectrum (upper panel) and theoretical mass spectrum (lower panel) of 7 α ,x,y-triHCO. (F) RIC of
387 578.3588 \pm 3 ppm corresponding to 7 α H-3,24-diO-CA. (G) High resolution (100,000) mass spectrum
388 (upper panel) and theoretical mass spectrum (lower panel) of 7 α H,3,24-diO-CA.

389 Figure 6. 7 α ,26-diHC and 7 α ,x,y-triHCO are elevated in CSF from PD patients. (A) 7 α ,26-diHC. (B)
390 7 α ,x,y-triHCO. (C) 7 α H,3O-CA is also elevated numerically but the significance is lost when
391 confounding variables of age and sex are considered. Data from Study 2.

392 Figure 7. (A) 7 α -Hydroxycholesterol correlates positively with Beck Depression Inventory (BDI)
393 scores while presumptively identified acids, (B) 7 α ,12 α -dihydroxy-3-oxocholest-4-en-26-oic and (C)
394 7 α -hydroxy-3,24-bisoxocholest-4-en-26-oic acids show negative correlations with the BDI score.

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474

475

476 **Table 1**

Factor (Mean ± SD)	Patients (n=37)	Controls (n=5)
Age (y)	65.10 ± 8.24	63.60 ± 8.08
Gender (% Male)	45.94	40.00
Years from disease onset	3.98 ± 5.67	
MDS-UPDRS motor score (in the “ON” state)	32.82 ± 11.78	
ACE-R	90.70 ± 9.46	
Semantic Fluency	24.8 ± 7.40	
BDI	9.62 ± 7.02	

477

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Table 2. Oxysterols in CSF of PD patients and controls

Fractron A	Fractron B	Sterol Systematic Name (Common name)	Abbreviation	Study 1					Study 2					Note
				ng/mL					ng/mL					
				PD		Control		Significance	PD		Control		Significance	
Mean	SD	Mean	SD	PD v Contol	Mean	SD	Mean	SD	PD v Control					
527.3640	522.3326	7 α -Hydroxy-3-oxochol-4-en-24-oic acid	7 α H,3O- Δ^4 -BA	0.672	0.246	0.708	0.237	NS	0.675	0.167	0.551	0.081	NS	
539.4004	534.369	7 α -Hydroxy-27-nor-cholest-4-ene-3,24-dione	7 α H-27-nor-C-3,24-diO	0.387	0.162	0.245	0.143	**	0.698	0.194	0.638	0.025	NS	1
539.4368	534.4054	Cholest-5-ene-3 β ,24S-diol (24S-hydroxycholesterol)	24S-HC	0.050	0.022	0.045	0.019	NS	0.015	0.009	0.008	0.004	NS	
539.4368	534.4054	Cholest-5-ene-3 β ,25-diol (25-hydroxycholesterol)	25-HC	0.028	0.028	0.030	0.019	NS	0.016	0.015	0.012	0.005	NS	
539.4368	534.4054	Cholest-5-ene-3 β ,26-diol ((25R),26-Hydroxycholesterol)	26-HC	0.113	0.064	0.100	0.028	NS	0.093	0.053	0.064	0.017	NS	
539.4368	534.4054	Cholest-5-ene-3 β ,7 β -diol (7 β -Hydroxycholesterol)	7 β -HC	0.056	0.066	0.036	0.027	NS	0.181	0.474	0.082	0.034	NS	2
539.4368	534.4054	3 β -Hydroxycholest-5-en-7-one (7-Oxcholesterol)	7-OC	0.601	0.513	0.378	0.225	NS	0.671	0.671	0.731	0.540	NS	2
539.4368	534.4054	Cholest-5-ene-3 β ,7 α -diol (7 α -Hydroxycholesterol)	7 α -HC	0.063	0.067	0.039	0.032	NS	0.091	0.118	0.056	0.027	NS	2
539.4368	534.4054	Cholest-5-ene-3 β ,6 β -diol (6 β -Hydroxycholesterol)	6 β -HC	0.345	0.234	0.280	0.312	NS	0.918	1.289	0.593	0.141	NS	3
542.4520	537.42062	9,10-Secocholesta-5,7,10-trien-3 β ,25-diol (25-hydroxyvitamin D ₃)	25-D ₃	NM	NM	NM	NM	NA	0.171	0.095	0.140	0.057	NS	
551.4004	546.369	3-Oxcholesta-4,6-dien-26-oic acid		2.654	2.426	1.546	0.468	NS	1.461	0.496	1.154	0.335	NS	4
551.4004	546.369	3 β -Hydroxycholesta-5,7-dien-26-oic acid		0.318	0.334	0.079	0.099	**	0.142	0.143	0.043	0.038	NS	5
553.4161	548.3847	3 β ,x-Dihydroxycholest-5-en-y-one	3 β ,x-diH-yO	NM	NM	NM	NM	NA	0.050	0.036	0.066	0.028	NS	6
553.4161	548.3847	3 β -Hydroxycholest-5-en-(25R)26-oic acid	3 β -HCA	1.073	0.793	0.959	0.416	NS	1.210	0.557	0.899	0.287	NS	
555.4317	550.4003	7 α ,25-Dihydroxycholest-4-en-3-one	7 α ,25-diHCO	NM	NM	NM	NM	NA	0.009	0.005	0.006	0.001	*	
555.4317	550.4003	Cholest-5-ene-3 β ,7 α ,25-triol (7 α ,25-Dihydroxycholesterol)	7 α ,25-diHC	NM	NM	NM	NM	NA	0.006	0.005	0.006	0.004	NS	
555.4317	550.4003	7 α , (25R)26-Dihydroxycholest-4-en-3-one	7 α ,26-diHCO	NM	NM	NM	NM	NA	0.009	0.004	0.005	0.001	**	
555.4317	550.4003	Cholest-5-ene-3 β ,7 α , (25R)26-triol (7 α , (25R)26-Dihydroxycholesterol)	7 α ,26-diHC	NM	NM	NM	NM	NA	0.005	0.002	0.002	0.002	*	
567.3953	562.3639	x-Hydroxy-3-oxcholesta-4,6-dien-26-oic acid		0.190	0.169	0.112	0.041	NS	0.453	0.143	0.361	0.119	NS	
567.3953	562.3639	x-Hydroxy-3-oxcholesta-4,6-dien-26-oic acid		0.100	0.090	0.069	0.036	NS	NM	NM	NM	NM	NA	
569.4110	564.3796	3 β ,7 β -Dihydroxycholest-5-en-26-oic acid	3 β ,7 β -diHCA	0.455	0.212	0.403	0.190	NS	0.506	0.169	0.406	0.104	NS	7
569.4110	564.3796	3 β ,x,y-Trihydroxycholest-5-en-z-one	3 β ,x,y-triHC-zO	0.228	0.122	0.147	0.067	*	0.172	0.061	0.127	0.036	NS	8
569.4110	564.3796	7 α -Hydroxy-3-oxcholest-4-en-26-oic acid	7 α H,3O-CA	22.728	11.445	15.851	4.305	*	21.198	6.292	17.731	3.983	NS	7,9
569.4110	564.3796	3 β ,7 α -Dihydroxycholest-5-en-26-oic acid	3 β ,7 α -diHCA	3.235	3.308	2.042	1.577	NS	3.808	2.258	1.785	1.575	NS	7,10
571.4266	566.3952	7 α ,x,y-Trihydroxycholest-4-en-3-one	7 α ,x,y-triHCO	0.198	0.258	0.286	0.116	NS	0.116	0.062	0.068	0.013	*	11
583.3903	578.3589	7 α -Hydroxy-3,24-bisoxcholest-4-en-26-oic acid	7 α H,3,24-diO-CA	0.236	0.082	0.208	0.057	NS	0.285	0.094	0.227	0.065	NS	12
585.4059	580.3745	7 α ,24-Dihydroxy-3-oxcholest-4-en-26-oic acid	7 α ,24-diH,3O-CA	NM	NM	NM	NM	NA	0.312	0.080	0.251	0.021	NS	
585.4059	580.3745	7 α ,x-Dihydroxy-3-oxcholest-4-en-26-oic acid	7 α ,x-diH,3O-CA	5.212	1.737	2.938	0.887	***	5.938	1.522	5.038	1.314	NS	13
585.4059	580.3745	7 α ,25-Dihydroxy-3-oxcholest-4-en-26-oic acid	7 α ,25-diH,3O-CA	1.306	0.472	0.715	0.224	***	1.634	0.458	1.353	0.213	NS	
585.4059	580.3745	7 α ,12 α -Dihydroxy-3-oxcholest-4-en-26-oic acid	7 α ,12 α -diH,3O-CA	NM	NM	NM	NM	NA	1.100	1.176	1.157	0.600	NS	
601.4008	596.3694	Trihydroxy-3-oxcholest-4-en-26-oic acid	triH,3O-CA	0.021	0.063	0.077	0.041	*	NM	NM	NM	NM	NA	
		TOTAL 7 α -Hydroxy-3-oxcholest-4-en-26-oic acid	7 α H,3O-CA	25.383	13.206	17.396	4.628	*	22.659	6.745	18.886	4.312	NS	14
		TOTAL 3 β ,7 α -Dihydroxycholest-5-en-26-oic acid	3 β ,7 α -diHCA	3.553	3.477	2.121	1.648	NS	3.950	2.384	1.828	1.606	NS	15

* P<0.05, ** P<0.01, ***P<0.001 determined using Mann-Whitney Test

- Decarboxylation product of 7 α -Hydroxy-3,24-bisoxcholest-4-en-26-oic acid.
- May be formed enzymatically or by in vivo or ex vivo autoxidation
- 6 β -HC is the dehydration product of cholestane-3 β ,5 α ,6 β -triol, formed from 5,6-epoxycholesterol.
- Dehydration product of 7 α H,3O-CA.
- Dehydration product of 3 β ,7-diHCA.
- x and y probably correspond to 22 and 24 or 20 and 22, based on MS³ spectra.
- 25R and 25S epimers measured in combination.
- x, y and z probably 22, 25 and 24.
- Some dehydration to 7 α H,3O-CA (see 4).
- Some dehydration product of 3 β ,7-diHCA (see 5).
- x any y probably 24,25, 24,26 or 25,26.
- Undergoes decarboxylation to 7 α -Hydroxy-27-nor-cholest-4-ene-3,24-dione (see 1)
- x is probably on the side-chain.
- Total 7 α -Hydroxy-3-oxcholest-4-en-26-oic acid is a combination of molecule and its dehydrated analogue.
- Total 3 β ,7 α -Dihydroxycholest-5-en-26-oic acid is a combination of molecule and its dehydrated analogue.