# 1 Suppressing star formation in quiescent galaxies with supermassive black hole winds

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Quiescent galaxies with little or no ongoing star formation dominate the galaxy population 50 above  $M_* \sim 2 \times 10^{10} M_{\odot}$ , where their numbers have increased by a factor of  $\sim 25$  since  $z \sim 2^{1-4}$ . 51 Once star formation is initially shut down, perhaps during the quasar phase of rapid accre-52 tion onto a supermassive black hole<sup>5-7</sup>, an unknown mechanism must remove or heat sub-53 sequently accreted gas from stellar mass loss<sup>8</sup> or mergers that would otherwise cool to form 54 stars<sup>9,10</sup>. Energy output from a black hole accreting at a low rate has been proposed<sup>11–13</sup>, but 55 observational evidence for this in the form of expanding hot gas shells is indirect and limited 56 to radio galaxies at the centers of clusters<sup>14,15</sup>, which are too rare to explain the vast majority 57 of the quiescent population<sup>16</sup>. Here we report bisymmetric emission features co-aligned with 58 strong ionized gas velocity gradients from which we infer the presence of centrally-driven 59 winds in typical quiescent galaxies that host low-luminosity active nuclei. These galaxies are 60 surprisingly common, accounting for as much as 10% of the population at  $M_* \sim 2 \times 10^{10} M_{\odot}$ . 61 In a prototypical example, we calculate that the energy input from the galaxy's low-level ac-62

tive nucleus is capable of driving the observed wind, which contains sufficient mechanical
 energy to heat ambient, cooler gas (also detected) and thereby suppress star formation.

Using optical imaging spectroscopy from the Sloan Digital Sky Survey-IV Mapping Nearby Galax-65 ies at Apache Point Observatory<sup>17</sup> (SDSS-IV MaNGA) program, we define a new class of quies-66 cent galaxies (required to have red rest-frame colors, NUV - r > 5) that is characterized by the 67 presence of narrow bisymmetric patterns in equivalent width (EW) maps of strong emission lines, 68 such as H $\alpha$  and [OIII]. Our selection employs multiband imaging to exclude galaxies with dust 69 lanes and other disk signatures. The observed enhanced emission features are oriented randomly 70 with respect to the optical surface brightness morphology, but roughly align with strong, system-71 atic velocity gradients as traced by the ionized gas emission lines. The gas velocity fields in these 72 galaxies are decoupled from their stellar motions. These galaxies are surprisingly common among 73 the quiescent population, accounting for ~10% of quiescent galaxies with log  $M_*/M_{\odot}$  ~ 10.3. 74

To illuminate the salient features of this class, we focus on a prototypical example, nicknamed 75 "Akira" (Fig. 1). The SDSS imaging shows Akira to be an unremarkable spheroidal galaxy of 76 moderate stellar mass (log  $M_*/M_{\odot}$  = 10.78) that is interacting with a low-mass companion (nick-77 named "Tetsuo") at a projected separation of  $\approx 32$  kpc (67"); they are not classified as members 78 of a larger galaxy group<sup>18</sup> and the properties of both galaxies are listed in Table 1. Spectral en-79 ergy distribution (SED) fitting indicates that Akira is nearly dormant, with almost no detection of 80 ongoing star formation<sup>19</sup>. Resolved spectroscopy, however, reveals intriguing and complex pat-81 terns among spectral tracers of gas in Akira that point to a much more active internal state. With 82

ionized gas emission detected across the entire galaxy, the map of H $\alpha$  EW (which measures the 83 line flux relative to the stellar continuum; Fig. 1c) reveals a prominent and somewhat twisted 84 bisymmetric pattern with a position angle (PA) of  $\sim 46^{\circ}$ . The projected velocity shear ranges from 85  $v_{\text{ionized gas}} = -225 \text{ km s}^{-1}$  to  $v_{\text{ionized gas}} = 200 \text{ km s}^{-1}$  along the kinematic major axis, which is at a PA 86 of  $\sim 26^{\circ}$  (Fig. 1h). We observe high ionized gas velocity dispersions across the galaxy with inter-87 esting internal structure and maxima that reach  $\sigma_{\text{ionized gas}} \sim 200 \text{ km s}^{-1}$  (Fig. 1i) and  $W_{80} \sim 500 \text{ km}$ 88  $s^{-1}$  (see Methods) perpendicular to the major kinematic axis. Meanwhile, stellar motions reveal a 89 minimal shear ( $\pm 30$  km s<sup>-1</sup>; Fig. 1f) that follows the PA of the galaxy's elliptical isophotes of  $\sim 53^{\circ}$ 90 (contours in Fig. 1c). We also detect a spatially offset enhancement in Na D absorption (Fig. 1d) 91 that is coincident with excess dust in our derived extinction map (see Methods). Measurements of 92 the Na D line center trace a separate and distinct velocity shear field across the offset absorption 93 (Fig. 1e) that ranges from approximately  $v_{\text{Na D}} = -80 \text{ km s}^{-1}$  to  $v_{\text{Na D}} = 60 \text{ km s}^{-1}$ . 94

These observations indicate the presence of multiple gas components with different temperatures 95 and velocity structures. We interpret the ionized gas velocity field as resulting from a centrally 96 driven (volume-filling) wind with a wide opening angle. The projected flux distribution of this 97 ionized component largely follows the stellar surface brightness, suggesting that its primary ion-98 ization source is the local radiation field from evolved stars<sup>20–22</sup>. The bisymmetric EW features 99 represent enhanced emission due to shocks or over-densities along the wind's central axis. A 100 distinct and cooler gas component is indicated by the Na D absorption. Because it is spatially 101 confined with its own velocity structure, this cooler foreground material is likely to be within 1-2102  $R_e$  of Akira. Simulations of galaxy mergers constrained by the data (see Methods) indicate that 103

the cool component is part of a tidal stream and is arcing towards the observer from the far West
(blueshifted; Fig. 1e) before plunging back towards Akira's center (redshifted; Fig. 1e).

Previous work has noted similar objects<sup>20, 23–25</sup> but has typically attributed their gaseous dynamics 106 and unusual emission line features to accreted, rotating disks<sup>26</sup>. However, using a tight constraint 107 on the total gravitational potential derived from the stellar kinematics, we find that the observed 108 second velocity moments ( $V_{\rm rms} \equiv \sqrt{V^2 + \sigma^2}$ ) of the ionized gas in Akira are far too high to be consis-109 tent with disk-like motions under the influence of gravity alone (Fig. 1); see Methods). Regardless 110 of gas inclination or the degree of pressure support, we can rule out any kind of axisymmetric 111 orbital distribution. Perturbations or torques from disk "settling" are also very unlikely to drive 112 discrepancies that reach as high as  $\sim 100$  km s<sup>-1</sup>. We can express the dynamical inconsistency of 113 the disk hypothesis another way. If we assume such a disk were inclined at  $i = 50^{\circ}$  (see Methods), 114 we estimate that 15-20% of the disk would be moving at velocities sufficient to escape the galaxy. 115 With similar velocity properties observed for the rest of theses galaxies, the disk interpretation 116 also fails to explain why the bisymmetric H $\alpha$  features are always in rough alignment with the ma-117 jor kinematic axis. If arising from internal structure in a moderately face-on disk, this structure 118 should be randomly oriented compared to the kinematic axis, which is instead determined by the 119 observer's viewing angle. 120

A relatively simple wind model with a constant radially-outward velocity of 310 km s<sup>-1</sup> confined to a wide-angle cone ( $2\theta = 80^\circ$ ) reproduces several qualitative features in the data (Fig. 2; see Methods). The model captures the overall shape of the ionized gas velocity field and associates

the extended (horizontal) zones of high ionized gas velocity dispersion along the kinematic minor 124 axis with the overlapping projection of approaching and receding surfaces of the inclined wind 125 cone. By assigning somewhat greater wind densities to the cone center, we can explain the offsets 126 between the projected kinematic major axis of the ionized gas and both the stellar position angle 127 and the H $\alpha$  flux orientation. Furthermore, the bisymmetric H $\alpha$  EW features can be explained by 128 enhanced gas over-densities or shock ionization along the central wind axis. Indeed, Fig. 3d-e 129 demonstrates that line ratios in the H $\alpha$  EW feature (black points and boxes throughout Fig. 3) 130 tend to cluster and are consistent with those predicted by "fast" shock models<sup>27</sup> with velocities of 131 200-400 km s<sup>-1</sup>. 132

The wind's driving mechanism likely originates in Akira's radio active galactic nucleus (AGN), 133 which is detected in FIRST (Faint Images of the Radio Sky at Twenty-Centimeters) data with 134 a luminosity density of  $L_{1.4 \text{ GHz}} = 1.6 \times 10^{21} \text{ W Hz}^{-1}$ , and is most consistent with being a point 135 source according to higher-resolution (1.5") follow-up Jansky VLA radio observations (W.R., in 136 prep). Since this AGN lacks obvious extended radio jets, its feedback is most likely manifest in 137 small-scale jets (< 1 kpc) or uncollimated winds<sup>28,29</sup>. Despite an Eddington ratio of  $\lambda = 3.9 \times$ 138 10<sup>-4</sup>, energetics arguments show that the AGN's mechanical output ( $P_{\text{mech}} = 8.1 \times 10^{41} \text{ erg s}^{-1}$ ) 139 is sufficient to supply the wind's kinetic power ( $\dot{E}_{wind} \sim 10^{39}$  erg s<sup>-1</sup>; see Methods). Moreover, 140 the wind can inject sufficient energy, coupled to the ambient gas through the turbulent dynamics 141 observed (Fig. 1i and Fig. 3a-c), to balance cooling in both the ionized and cool gas ( $\dot{E}_{gas} \sim 10^{39}$ 142 erg s<sup>-1</sup>). Indeed, the amount of cool Na D gas ( $M_{\rm cool gas} \sim 10^8 M_{\odot}$ ) implies a star formation rate of 143  $SFR \sim 1 \times 10^{-2} M_{\odot} \text{ yr}^{-1}$ , which is much higher than the estimated<sup>19</sup>  $SFR_{Akira} = 7 \times 10^{-5} M_{\odot} \text{ yr}^{-1}$ 144

that leverages well-detected WISE photometry. The picture that emerges is one in which cool gas
inflow in Akira, triggered by the minor merger, has initiated a relatively low-power AGN-driven
wind that is nonetheless able to heat the surrounding gas through turbulence and shocks and thereby
prevent any substantial star formation.

As with Akira, the other galaxies in this class show little or no ongoing star formation, and the 149 majority harbor similarly weak radio point sources (according to followup JVLA observations) 150 that would be classified as "jet mode," "kinetic mode," or "radio mode" AGN<sup>7,15</sup>. With similar 151 levels of fast-moving ionized gas oriented along enhanced ionized emission, we conclude that 152 AGN-driven winds are present in these systems as well and represent an important heating source. 153 Because the full spatial extent of these winds may exceed the field-of-view of our observations, a 154 lower limit of  $\sim 10^7$  yr for the timescale of this phenomenon is given by the radial extent divided by 155 the typical wind velocity. Assuming all quiescent galaxies experience these AGN-driven winds, the 156  $\sim$ 5% occurrence rate (averaged over the full mass range) implies an episodic behavior that leads us 157 to name these objects "red geysers." Present primarily below  $M_* \lesssim 10^{11} M_{\odot}$ , these galaxies lie in 158 isolated halos with moderate masses<sup>18</sup> ( $M_{halo} \sim 10^{12} M_{\odot}$ ) and exhibit no signs of major interactions. 159 Their implied trigger rate (at most, a few episodes per Gyr) may be related to minor mergers 160 (approximately one per Gyr<sup>30</sup>) as well as central accretion of ambient hot gas from stellar mass 161 loss<sup>8</sup>. These red geysers may represent how typical quiescent galaxies maintain their quiescence. 162

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## **Author Contributions**

E.C. and K.B. discovered the described sources, interpreted the observations, built the wind model,
and wrote the manuscript. M.C. fit JAM models. S.P. carried out numerical merger simulations
to model the data. W.R. obtained and reduced the JVLA data. K.W. fit disk models. K.B., R.Y.,
M.B., N.D., D. R. L., D. A. W., K.Z., A.W., K.L.M., and D.T. contributed to the design and execution of the survey. F.B. provided initial velocity and line-ratio maps. B.V. provided the modeled

extinction map. Y.C. and K.R. contributed to the Na D interpretation. All authors contributed to
the interpretation of the observations and the writing of the paper.

# **260** Author Information

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no competing financial interests. Correspondence and requests for materials should be addressed
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MaNGA Name	MaNGA-ID	RA	DEC	z <sup>a</sup>	$\log M_*^{\rm b}$	NUV – r <sup>c</sup>	log SFR <sup>d</sup>	$R_{\rm e}^{\rm e}$	$\log M_{\rm h}^{\rm f}$
		(J2000.0 deg)	(J2000.0 deg)		$(M_\odot)$		$(M_{\odot} \mathrm{yr}^{-1})$	(kpc)	$(M_{\odot})$
Akira (host)	1-217022	136.08961	41.48174	0.0244671	10.78	6.1	-4.17	3.88	12.0
Tetsuo (companion)	1-217015	136.11416	41.48621	0.0244647	9.18	3.0	-0.94	1.73	12.0

# Table 1: Galaxy properties

<sup>a</sup> Spectroscopic redshift from NSA catalog.

<sup>b</sup> Stellar mass from MPA-JHU DR7 data release.

<sup>c</sup> Rest-frame NUV - r color from NSA catalog.

<sup>d</sup> Star formation rate from SED fitting of SDSS optical and WISE infrared photometry<sup>19</sup>; the AGN contribution to the SED is negligible.

<sup>e</sup> Effective radius from NSA catalog.

<sup>f</sup> Halo mass from a public group catalog<sup>18</sup>.

Figure 1: Akira: the prototypical red geyser. a, The SDSS *gri* color images of the quiescent galaxy (West; "Akira") and the star-forming galaxy (East; "Tetsuo") embedded in a larger SDSS *r* image, with the MaNGA footprint in pink. b, The rest-frame NUV - r vs. log  $M_*$  diagram of the adopted MaNGA sample, with Akira and Tetsuo highlighted. c, The H $\alpha$  EW, with contours tracing the stellar continuum. d, The Na D EW. e, The Na D velocity. f, The stellar velocity. g, The stellar velocity dispersion. h, The ionized gas velocity. i, The ionized gas velocity dispersion. The H $\alpha$  EW contours are overplotted on panels d-i. j, The observed  $V_{\rm rms}$  from the highlighted spaxels far exceeds the  $V_{\rm rms}$  predicted from the gravitational potential, ruling out disk-like rotation. The error bars on the observed  $V_{\rm rms}$  represent the  $1\sigma$  measurement errors while the shaded regions around the predicted  $V_{\rm rms}$  represent a conservative estimate of the systematic uncertainties.

Figure 2: Wind model. **a**, A schematic diagram of the galaxy (gold) and the wind bicone (purple;  $2\theta = 80^{\circ}$ ) with the central  $\pm 10^{\circ}$  of the bicone highlighted in green. **b**, Akira's  $v_{\text{ionized gas}}$  map, overplotted with its H $\alpha$  EW contours. **c**, The projected velocity field derived from the wind model, with the white contours outlining the central axis of the wind.

Figure 3: Diagnostic line ratio maps of Akira. a-c, The log [NII] 6583/H $\alpha$ , log [OIII] 5007/H $\beta$ , and log [SII] 6717,6731/H $\alpha$  line ratio maps, with contours tracing the H $\alpha$  EW pattern. d-e, The [NII] 6583 and [SII] 6717,6731 BPT diagrams; the error bars represent the 1 $\sigma$  measurement errors propagated to the log line ratios. Overplotted are shock models<sup>27</sup>, and the black points correspond to the spaxels highlighted by black boxes in the other panels. f-g, The resolved [NII] 6583 and [SII] 6717,6731 BPT maps, i.e., each spaxel is colored by its location on their respective BPT diagram.

## 264 Methods

**Observations.** The data used in this work comes from the ongoing MaNGA survey<sup>17,31,32</sup> using 265 the SDSS 2.5-in telescope<sup>33</sup>. One of three programs comprising the Sloan Digital Sky Survey-IV, 266 MaNGA is obtaining spatially resolved spectroscopy for 10,000 nearby galaxies with log  $M_*/M_{\odot} \gtrsim$ 267 9 and a median redshift of  $z \approx 0.04$ . The *r*-band signal-to-noise ratio (S/N) in the outskirts of 268 MaNGA galaxies is 4-8 Å<sup>-1</sup>, and the wavelength coverage is 3600-10,300 Å. MaNGA's effec-269 tive spatial resolution is 2.4" (FWHM) with an instrumental spectral resolution of  $\sigma \sim 60$  km s<sup>-1</sup>. 270 The MaNGA sample and data products used here were drawn from the internal MaNGA Product 27 Launch-3 (MPL-3), which includes  $\approx$  700 galaxies observed before April 2015. 272

Ancillary data are from the NASA-Sloan Atlas (NSA<sup>34</sup>), MPA-JHU DR7 data release<sup>35</sup>, and other recent works<sup>18,19</sup>. We assume a flat cosmological model with  $H_0 = 70$  km s<sup>-1</sup> Mpc<sup>-1</sup>,  $\Omega_m = 0.30$ , and  $\Omega_{\Lambda} = 0.70$ , and all magnitudes are given in the AB magnitude system<sup>36</sup>.

<sup>276</sup> The MaNGA Data Analysis Pipeline (DAP), which uses  $pPXF^{37}$  and the MIUSCAT stellar library<sup>38</sup>, <sup>277</sup> fits the stellar continuum in each spaxel and produces estimates of the stellar kinematics. Flux and <sup>278</sup> EW measurements were measured through simple flux-summing<sup>39</sup> after we subtract the stellar <sup>279</sup> continuum. We only show flux and EW measurements with S/N> 3 Å<sup>-1</sup> in the wavelength range <sup>280</sup> around a given line. Ionized gas kinematics, i.e.,  $v_{\text{ionized gas}}$  and  $\sigma_{\text{ionized gas}}$ , were estimated by fitting <sup>281</sup> a single Gaussian to the H $\alpha$  emission line.

 $W_{80}$ .  $W_{80}$  is a non-parametric measure of line widths; it is defined to contain 80% of the emission-

line flux<sup>40</sup>.

Na D measurements. The association of the offset Na D absorption (Fig. 1d) with cool foreground material is further supported by the dust extinction map presented in Extended Data Figure 1, which is derived using a recent spectral fitting code<sup>41,42</sup>: a region of enhanced extinction (darker spaxels) overlaps with the strong Na D absorption (white contours) on the right side of Akira.

To measure the line-of-sight (LOS) velocity of this Na D-absorbing material, which we defined as 288 spaxels with Na D EW > 3.5 Å, we would ideally model the Na D line profile after subtracting 289 the stellar contribution. Indeed, Extended Data Figure 2a-c demonstrates the significant stellar 290 contribution (red) to the Na D doublet (the two black vertical lines mark the expected locations 291 of the Na D doublet). Extended Data Figure 2a shows data from a recent work<sup>43</sup>, Extended Data 292 Figure 2b shows the central spaxel of Akira, marked by the "x" in the Fig. 1d-e and Extended Data 293 Figure 1, and Extended Data Figure 2c shows a spaxel to the Northwest of Akira, marked by the 294 single box in the upper right of Fig. 1d-e and Extended Data Figure 1. Unfortunately, template 295 models of the stellar Na D component remain uncertain<sup>43</sup>. We proceed by first subtracting the 296 stellar continuum fit determined for Akira by the DAP. We then examine the residual absorption 297 as a function of wavelength, as shown in Extended Data Figure 2d-f. While the detailed shape 298 and depth of the residual absorption profile may still contain an uncertain degree of (broad) stellar 299 contamination, its line centroid should provide a good approximation of the typical velocity of the 300 Na D-absorbing material. 301

Focusing on Extended Data Figure 2d-f, we determine the line centroids in Akira by first defining 302 a reference Na D profile for typical, cold interstellar medium gas at rest. We use the stacked, 303 continuum-subtracted spectrum of Na D from a large set of highly inclined disk galaxies for this 304 reference<sup>43</sup>, which is shown in the left panel. We define an at-rest line centroid for cool Na D 305 gas by averaging the wavelengths in this profile, each weighted by the amplitude of the residual 306 absorption at that wavelength (weighting is performed within the green region). The resulting 307 centroid is marked by the dotted grey vertical line, which is repeated in the two right panels for 308 reference. In the same way, we determine line centroids for the observed residual profiles across 309 the Na D-absorbing material in Akira, which is marked by the blue vertical lines in the two right 310 panels. We then calculate the velocity difference between the reference Na D centroid and the 311 observed Na D centroid in these spaxels of Akira; this velocity difference is shown in the upper 312 left in Extended Data Figure 2e-f. 313

Note that the stellar continuum of the recent work<sup>43</sup> exhibits a doublet absorption profile, while our's do not (red in Extended Data Figure 2a-c). This is because the higher stellar velocity dispersion of Akira (compared to the average galaxies studied by the recent work<sup>43</sup>) smears our the stellar Na D doublet.

Merger simulations. We modeled the interaction between Akira and Tetsuo using the GADGET-2<sup>44</sup> code and the methodology described in a recent work<sup>45</sup>. These simulations are constrained by the available data and contain more than 4 million particles that account for stars, dark matter, and gas (we only consider gas in Tetsuo). These simulations also include cooling, star formation, and

supernova feedback, but not AGN feedback or the proposed wind. The initial total mass merger 322 ratio is  $\sim$ 1:10, but because Tetsuo loses mass during the interaction, this ratio falls to  $\sim$ 1:20 at 323 the time most closely matching the observations (the observed stellar mass merger ratio is 1:40). 324 According to the best-matching viewing angle for this prograde encounter, Tetsuo starts in the 325 foreground to the lower-right of Akira and begins arcing over the top and away from the observer 326 (see Extended Data Figure 3a-d). After a glancing blow with Akira, a tidal bridge is generated 327 that loops back and passes through the more massive galaxy to form the shell structure seen to 328 the lower-right (Extended Data Figure 3d). This snapshot at t=0.56 Gyr best matches the SDSS 329 r image (Extended Data Figure 3f), and it indicates that Tetsuo is behind Akira. Extended Data 330 Figure 3e shows a composite stars+gas representation at this snapshot; it indicates that a stream of 331 cool gas from Tetsuo has followed the stellar bridge that is behind Akira back towards the observer, 332 penetrated close to Akira's center, and emerged in front of Akira on its lower-right side. 333

The shape of the tidal bridge and shell to the south-west in the SDSS image (Extended Data Figure 334 3f) provides the most significant constraints on the simulation and its viewing angle. An important 335 cross-check is that the orientation of Tetsuo's stellar and ionized gas velocity fields (also observed 336 by MaNGA) are reproduced as well. The geometry and velocity scale of the cool gas is similar 337 to the observed Na D component (Fig. 1d-e), but there are differences with the observations. 338 Portions of the observed Na D gas appear to be falling back into Akira (redshift; Fig. 1e), but these 339 are not seen in the simulation until a later time step. The observed cool gas orientation is also more 340 horizontal while the simulation predicts the gas stream stretches further (Extended Data Figure 3e). 341 But we emphasize that we only detect cool gas in absorption where there are background stars from 342

host galaxy, whereas the simulation allows us to see the full extent of the cool gas. Differences
between the simulations and observations may also arise from inaccuracies in the initialization
of the merger simulation (mass ratios, gas mass fractions, angular momentum alignment, etc.),
limitations in the hydrodynamic gas treatment, or missing components in the simulation such as
Akira's gas supply and the proposed AGN-driven wind.

Dynamical modeling evidence against the presence of disks. Jeans Anisotropic MGE (JAM<sup>46</sup>), 348 where MGE stands for Multi-Gaussian Expansion<sup>47,48</sup>, was performed on Akira and other red gey-349 sers to model their stellar kinematics and gravitational potential. The JAM model derives a 3D 350 stellar density by de-projecting the observed SDSS r-band photometry using an MGE fit. The 351 modeled potential includes an NFW<sup>49</sup> dark matter halo. The JAM model has four free parameters: 352 the inclination *i*, anisotropy  $\beta_z$ , stellar M/L, and halo mass. These are optimized by fitting the 353 model prediction for the second velocity moments,  $V_{\rm rms} \equiv \sqrt{V^2 + \sigma^2}$ , to the observed MaNGA stel-354 lar kinematics. Through a number of systematics tests, we find that the best-fit stellar inclination 355 is  $i = 41^{\circ}$ , with an upper limit of  $i = 50^{\circ}$ . Although there is some covariance between the model 356 parameters, the resulting total mass profile, is extremely robust. 357

With the total gravitational potential defined from the JAM modeling above, we can predict projected second velocity moment ( $V_{\rm rms}$ ) maps of gas under the assumption of axisymmetric orbital distributions. We treat the H $\alpha$  flux as a "tracer" population of the underlying potential. Its flux distribution is modeled by a separate MGE (distinct from the stellar component) enabling deprojection of the observed H $\alpha$  surface brightness. The Jeans equations are then integrated along the line of sight, weighted by the tracer population, to produce maps of  $V_{\rm rms}$  allowed by the potential. We emphasize that the second moments are independent of the degree of circular motion versus "pressure" support in the hypothesized disk. In Extended Data Figure 4 (see also Fig. 1j) we show results for gaseous inclinations of  $i = 46^{\circ}$  (based on the b/a = 0.7 from GALFIT fits of the H $\alpha$  flux, assuming an intrinsic axis ratio q = 0.1; see below) and the most extreme case of  $i = 90^{\circ}$ (an edge-on disk). In either case, the allowed  $V_{\rm rms}$  is far below the observed  $V_{\rm rms}$ .

With discrepancies as high as  $\sim 100$  km s<sup>-1</sup>, torques of the same order as the gravitational potential 369 itself would be required to explain the data, making a "disturbed" disk a highly unlikely explana-370 tion. It is possible to imagine a very chaotic accretion scenario where the JAM assumptions of 371 axisymmetry and stability completely break down, although in this case an ordered velocity shear 372 of the kind observed seems unlikely. Such a scenario would also struggle to explain how the high 373 dispersions are generated and why enhanced H $\alpha$  flux is observed along the gradient in the shear 374 field. Similarly, because line widths of  $W_{80} \sim 500$  km s<sup>-1</sup> could not be sustained by accreting tidal 375 streams or caused by tidal torques, multiple overlapping gas streams would have to conspire to 376 produce the widespread high velocity dispersion observed (Fig. 1i) while maintaining an ordered 377 velocity shear pattern. A similar set of coincidences would be required for each galaxy in the rest 378 of the red geyser sample. 379

Not surprisingly, tilted-disk models<sup>50</sup> that fit the ionized velocity field alone do a poor job for the red geyser sample. Characterizing the goodness-of-fit by an error-weighted average residual, the majority of red geysers exhibit residuals that place them among the worst 5% of fitted MaNGA galaxies with "disk-like" kinematics. Here, disk-like refers to galaxies with reasonable agreement
 between stellar and gaseous systemic velocities, dynamical centers, position angles, and inclina tions.

Finally, we use the dynamically-constrained potential to estimate a local escape velocity and com-386 pare this to the inferred velocity distribution of a putative disk. Several assumptions are required, 387 but the results are informative. We obtain a rough estimate of escape velocity,  $v_{\rm esc} \sim 400 \pm 50$ 388 km s<sup>-1</sup>, by integrating the potential from a projected radius of 7" (3.4 kpc or just under 1  $R_e$ ) to 389  $4 R_{\rm e}$  (16 kpc) and assuming a gentle decline in the circular velocity at large radius. We then use 390 GALFIT<sup>51</sup> to model the observed H $\alpha$  flux surface brightness, finding a consistent projected axis 391 ratio of  $b/a = 0.7 \pm 0.02$ , regardless of the assumed model profile (exponential, de Vaucouleurs', or 392 free Sérsic) and despite significant structure in the residuals (of order  $\sim 10-15\%$ ). Hypothesizing 393 a disk with an intrinsic axis ratio, q = 0.4, roughly twice as "fat" as typical disks<sup>52</sup>, we estimate an 394 inclination of  $i = 50^{\circ}$ . This is also the upper limit of inclinations allowed for the stellar kinematics, 395 and precession should align accreted material with the stellar distribution in roughly a few dynam-396 ical times<sup>53</sup> (unless there is a source of incoming misaligned gas<sup>54</sup>). We de-project the observed 397 mean velocities using this inclination and consider the distribution of velocities about this mean. 398 Roughly 15-20% of the gas, i.e., with velocities greater than  $1\sigma$  from the mean, would exceed the 399 escape velocity under these assumptions. 400

Wind model. We construct a simple wind model that reproduces many qualitative features of the MaNGA observations. In this model, the wind assumes a wide-angle biconical form centered <sup>403</sup> on the galaxy nucleus. Within the bicone, the wind has a constant amplitude, radially-outward <sup>404</sup> velocity<sup>55</sup>. We assume that warm gas clouds entrained by the wind trace this velocity structure and <sup>405</sup> emit flux in strong emission lines primarily in response to the local ionization field supplied by the <sup>406</sup> stars<sup>20–22</sup>. The projected wind velocity field to first order is therefore a convolution of the wind <sup>407</sup> geometry with the galaxy's 3D luminosity profile.

To realize the model, we populate a randomized 3D cartesian grid of points with the galaxy at 408 the center and assign each point a weight equal the value of an axisymmetric Hernquist density 409 profile sampled at that point<sup>56</sup>. This density profile is fixed to reproduce the imaging and JAM 410 constrains on the stellar component, namely an intrinsic (3D) axis ratio of 0.4, an inclination of 411 41°, a projected major-axis effective radius of  $R_e \approx 7''$ , and an on-sky PA of 53°. For a given wind 412 opening angle and inclination, we weight the projected line-of-sight component of the wind veloc-413 ity at each point inside the bicone by its Hernquist profile value. Projected quantities are smoothed 414 to the spatial resolution of the MaNGA data (2.4'', FWHM). To model a potential enhancement of 415 gas densities or shocks along the central axis of the bicone, we implement a second set of weights 416 defined with respect to the bicone that decrease exponentially (with a variable characteristic angle) 417 as a function of the angular distance from the bicone's axis. 418

By experimenting with different choices for the wind's opening angle, inclination, length, intrinsic velocity, (and central weighting, if desired), we explored possible wind model solutions. Most have opening angles of  $2\theta \sim 80^{\circ}$  and steep inclinations ( $\sim 70^{\circ}$ ) toward the line-of-sight. One example is shown in Fig. 2. This wind model has an opening angle of  $2\theta = 80^{\circ}$ , an inclination of 75°, PA  $_{423} = 55^{\circ}$ , and a length of  $2R_e$ . We have assumed a constant radially outward velocity within the wind of  $v_{wind} = 310 \text{ km s}^{-1}$ . We associate the observed, bisymmetric regions of enhanced H $\alpha$  (white contours on the observed velocity field; Fig. 2b) with the wind's central axis. The projection of this  $\pm 10^{\circ}$  region is overplotted with white contours on the modeled velocity field (Fig. 2c). The wind density is assumed to decline as an exponential function of the angular distance with a characteristic angle of  $\alpha = 10^{\circ}$ .

A key success of the wind model is explaining the displacement between the ionized gas major 429 kinematic axis, the orientation angle of the H $\alpha$  flux (which is traced by the H $\alpha$  EW pattern), and the 430 stellar position angle. The kinematic axis arises from the projection of the geometric intersection 431 between the galaxy and the wind cone. The H $\alpha$  flux distribution differs from the stellar surface 432 brightness profile in a manner that is reflected in the EW map. By associating shocks or over-433 densities with the central axis of the bicone, we can explain the location of the H $\alpha$  EW features 434 with respect to the shape of the velocity field as well as the overall H $\alpha$  orientation. This comparison 435 is demonstrated in Fig. 2 by plotting contours describing the central  $2\theta = 20^{\circ}$  of the bicone. In 436 the wind model interpretation, the kinematic field and H $\alpha$  EW are only indirectly related to the 437 galaxy's position angle. Finally, the wind's broad opening angle explains the relatively high gas 438 velocity dispersion across the galaxy. The higher values associated with the horizontal "ridge line" 439 along the minor kinematic axis may owe to regions of projected overlap between approaching and 440 receding bicone surfaces. 441

<sup>442</sup> In future work, we will statistically quantify how well wind models fit the data for Akira and

other red geysers and explore what degeneracies may exist. An interesting question is whether 443 varying the wind velocity with radius enables better fits and constraints on the wind's driving 444 mechanisms<sup>57</sup>. Addressing such issues requires overcoming important limitations in the current 445 model. First, the modeled (weighted) velocity field is only approximately what is observed. The 446 next step is to forward model a 3D datacube containing the line-of-sight velocity distribution at 447 each point and fit this information with the same Gaussian fitting techniques used on the strong 448 emission lines (e.g.,  $H\alpha$ ) in the MaNGA datacube. Secondly, the current model does not account 449 for the sensitivity of the observations. Grid points that are far from the model center should be 450 further down-weighted because they will contribute at very low S/N. This issue can be addressed 451 in the model by adding the effects of noise and covariance in the MaNGA data. 452

**Shock models.** Shock models<sup>27</sup> with twice the solar atomic abundances, shock velocities of 200-454 400 km s<sup>-1</sup>, magnetic fields of 0.5-10  $\mu$ G, and preshock densities of unity, were used in Fig. 3.

Inferring the presence of an AGN in Akira. The presence of a central radio source and the 455 absence of star formation in Akira imply the presence of an AGN. Quantitatively, we can confirm 456 the presence of an AGN by comparing the expected SFR inferred from the radio luminosity of 457 Akira to the estimated SFR from SED fitting of SDSS and WISE photometry<sup>19</sup>. We first calculate 458 the radio luminosity density of Akira using  $L_{1.4 \text{ GHz}} = 4\pi d_{\text{L}}^2 F_{1.4 \text{ GHz}}$ , where  $F_{1.4 \text{ GHz}}$  is the integrated 459 flux density (of 1.2 mJy) from FIRST<sup>58</sup>, and  $d_{\rm L}$  is the luminosity distance. This calculation yields 460  $L_{1.4 \text{ GHz}} = 1.6 \times 10^{21} \text{ W Hz}^{-1}$ . Using the radio star formation rate calibration<sup>59</sup>, we infer SFR = 461  $1 M_{\odot} \text{ yr}^{-1}$ . This level of star formation in Akira is ruled out at more than 97.5% confidence<sup>19</sup> (the 462

catalog only provides *SFR* values up to the 97.5 percentile value of the *SFR* posterior distribution
function), indicating that the most likely source of this radio emission is an AGN.

**Eddington ratio and AGN power.** To calculate the Eddington ratio ( $\lambda$ ) of Akira, we use the 465 Eddington-scaled accretion rate<sup>60</sup>, which is more applicable to radio-detected AGN:  $\lambda = (L_{rad} +$ 466  $L_{\text{mech}})/L_{\text{Edd}}$ , where  $L_{\text{rad}}$  is the bolometric radiative luminosity,  $L_{\text{mech}}$  is the jet mechanical luminos-467 ity, and  $L_{Edd}$  is the Eddington limit. To calculate  $L_{rad}$ , we converted the [OIII] 5007 flux from the 468 central 2" ( $\approx 1$  kpc) radius aperture of Akira,  $F_{\text{[OIII]}}$ , to a luminosity:  $L_{\text{[OIII]}} = 4\pi d_{\text{L}}^2 F_{\text{[OIII]}} =$ 469  $1.7 \times 10^{39}$  erg s<sup>-1</sup>. Even though the central [OIII] 5007 flux is probably not entirely due to 470 AGN photoionization (evolved stars and shocks probably contribute), for this order-of-magnitude 471 calculation we will make the simplifying assumption that it does. Using the relation<sup>61</sup>  $L_{rad}$  = 472  $3500L_{[OIII]}$ , we obtain  $L_{rad} = 5.9 \times 10^{42}$  erg s<sup>-1</sup>. 473

Acknowledging that Akira is in a lower mass and energy output regime than those in which expanding X-ray bubbles have been observed, we nonetheless applied the following relation<sup>62</sup> to calculate the jet mechanical luminosity:  $L_{\rm mech} = 7.3 \times 10^{36} (L_{1.4 \text{ GHz}}/10^{24} \text{ W Hz}^{-1})^{0.70} \text{ W}$ , which results in  $L_{\rm mech} = 8.1 \times 10^{34} W = 8.1 \times 10^{41} \text{ erg s}^{-1}$ .

Finally, to calculate  $L_{\rm Edd}$ , we first estimate the black hole mass,  $M_{\rm BH}$ , using the relation<sup>63</sup> log( $M_{\rm BH}/M_{\odot}$ ) = 8.32 + 5.64 log[ $\sigma_{\rm star}/(200 \text{ km s}^{-1})$ ], with  $\sigma_{\rm star}$  = 185.5 km s<sup>-1</sup> from the central 2" radius aperture, yielding log( $M_{\rm BH}/M_{\odot}$ ) = 8.1. We calculate the classical Eddington limit with  $L_{\rm Edd}$  = 3.3 × 10<sup>4</sup> $M_{\rm BH}$  = 4.5 × 10<sup>12</sup>  $L_{\odot}$  = 1.7 × 10<sup>46</sup> erg s<sup>-1</sup>. Inserting these numbers into  $\lambda = (L_{rad} + L_{mech})/L_{Edd}$  yields  $\lambda = 3.9 \times 10^{-4}$ , suggesting that the accretion onto this black hole is at a low rate and/or radiatively inefficient; these types of AGN have been termed low-energy, kinetic mode, jet mode, or radio mode AGN<sup>7, 15, 60</sup>. We used MaNGA data for this calculation; a similar value is obtained when using the MPA-JHU DR7 value added catalog.

Ionized gas energetics. Assuming warm ionized gas clouds with a temperature of 10<sup>4</sup> K and using the observed [S II] ratio, we estimate<sup>64</sup> an electron density,  $n_e$ , of 100 cm<sup>-3</sup>. With this value of  $n_e$ , we estimate<sup>65</sup> the lower limits on the ionized gas mass from the H $\alpha$  line flux,  $M_{\text{warm}, \text{H}\alpha} \sim 6 \times 10^5$  $M_{\odot}$ . We can derive similar estimates<sup>66</sup> based on the H $\beta$  and [O III] flux, obtaining  $M_{\text{warm}, \text{H}\beta} \sim$  $4 \times 10^5 M_{\odot}$  and  $M_{\text{warm}, [O III]} \sim 2 \times 10^4 M_{\odot}$ . We adopt an approximate  $M_{\text{warm}} \sim 10^5 M_{\odot}$ .

To approximate the energy associated with a wind driving the observed velocities in the ionized gas, we simply adopt the kinetic energy<sup>40</sup>,  $E_{wind} \sim 1/2M_{warm}v_{wind}^2$ , with  $v_{wind} = 300$  km s<sup>-1</sup>. To estimate the wind power, we divide  $E_{wind}$  by the characteristic wind timescale of 10<sup>7</sup> yr, derived by dividing the Akira's optical radius (the observed extent of the wind) by  $v_{wind}$ . We obtain  $\dot{E}_{wind} \sim$  $10^{39}$  erg s<sup>-1</sup>. Because the ionized gas mass is likely a lower limit,  $\dot{E}_{wind}$  is likely an underestimate. The gas cooling rate is estimated using a method from the literature<sup>67</sup>.

Star formation in the Na D cool gas. To estimate the expected star formation rate associated with the cool Na D gas—under the assumption of no external heating mechanisms—we first estimate the total hydrogen column density  $(N_{HI} + 2N_{H_2})$  from the dust extinction presented in Extended

Data Figure 1, following<sup>68</sup>. Integrating over the  $\sim 4 \text{ kpc}^2$  region of enhanced extinction, we find a 50 total gas mass of  $M_{\rm cool} \sim 10^8 M_{\odot}$  or a surface mass density of  $\Sigma_{\rm cool} \sim 3 \times 10^7 M_{\odot} \rm \, kpc^{-2}$ . To apply 502 the Kennicutt relation<sup>69</sup>, we first account for fact that the Na D material is unlikely to be distributed 503 in a thin, face-on disk. Assuming the Kennicut relation holds with respect to volumetric density, 504 we scale  $\Sigma_{\rm cool}$  by the ratio of scale heights between a typical star-forming spiral ( $H_{\rm Kennicut} \sim 0.6$ 505 kpc<sup>70</sup>) and an estimate for the Na D material's scale height,  $H_{\text{NaD}}$ . We set  $H_{\text{NaD}}$  to ~3 kpc, which 506 is approximately the effective radius ( $R_e$ ) of Akira. These assumptions yield  $SFR \sim 10^{-2} M_{\odot}$  yr<sup>-1</sup>, 507 roughly 100 times higher than the estimate for Akira  $(SFR_{Akira} = 7 \times 10^{-5} M_{\odot} \text{ yr}^{-1})^{19}$ . 508

Code availability. The JAM code is available at http://www-astro.physics.ox.ac.uk/
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**Extended Data Figure** 1: A(V) map. The estimated A(V) map, with contours of Na D EW > 3.5 Å from Fig. 1d. The spatial overlap between regions of high extinction and the Na D EW absorption confirms that there is cool material in the foreground of Akira.

Extended Data Figure 2: Na D LOS measurement. a-c, The spectrum around the Na D doublet at  $\lambda = 5890, 5896$  Å and best-fit stellar continuum. The two vertical lines mark the locations of the Na D doublet. d-f, The residual of the spectrum and stellar continuum. Considering only the wavelength range enclosed by the green region, we calculate the residual-weighted central wavelengths of these Na D doublets, which is marked by the vertical lines (the dashed grey vertical represents the reference Na D centroid while the blue vertical lines represent the observed Na D centroid from the two spaxels of Akira).

**Extended Data Figure** 3: **Merger simulation. a-d,** Evolution of the stars from t=0 Gyr to t=0.56 Gyr. e, Composite image of stars and gas at t=0.56. **f,** The SDSS *r* image of Akira and Tetsuo.

**Extended Data Figure** 4:  $V_{\rm rms}$  maps. **a**, Observed  $V_{\rm rms}$  map. **b**, Predicted  $V_{\rm rms}$  map, assuming  $i = 46^{\circ}$ . **c**, Predicted  $V_{\rm rms}$  map, assuming  $i = 90^{\circ}$ .