Supplementary Information

2	In Situ NMR Metrology Reveals Reaction Mechanisms in Flow Batteries
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16 **Calculations**

17 (i) Electron spin density distribution

18 DFT calculations of singly occupied molecular orbitals were performed using the Gaussian16

19 code⁵⁴. The spin-polarized B3LYP functional was used in combination with the 6-31G(d) basis set

for structural relaxation and a more extensive EPR-III basis set⁵⁵. Designed for EPR parameter

21 computations, this enabled hyperfine coupling constants to be calculated.

- (ii) NMR chemical shifts calculations of the decomposition products dihydroxyanthrone
 (DHA) and dihydroxyanthrol (DHAL)
- 24 Tetramethylsilane (TMS) and DHA, both the keto and enol form (i.e. DHA and DHAL, inlay in 25 Extended Data Fig. 8d), were geometry optimised with DFT calculations. The final structures were verified to be minima by inspecting their vibrational frequencies. In each case, NMR chemical 26 27 shift calculations were performed. The ORCA program package was used⁵⁶. The calculations used 28 the B3LYP DFT functional with the D3 dispersion correction along with the def2-TZVPP basis 29 set⁵⁷⁻⁵⁹. The RIJCOSX approximation was used with the appropriate auxiliary basis sets, def2/J and also additionally the AutoAux option for the NMR step⁶⁰. In each case, tight SCF and 30 31 optimisation criteria were used along with the following grid settings: Grid5, FinalGrid6 and 32 GridX4.
- (iii) Calculations of equilibrium concentrations and the comproportionation equilibrium
 constant
- 35 Starting from the equilibrium reactions¹³,

36
$$AQ^{2-} + e^{-} \rightleftharpoons AQ^{3-}, K_{I} = \frac{[AQ^{3-}]}{[AQ^{2-}]}$$
 (S1)

37
$$AQ^{3-\bullet} + e^{-} \rightleftharpoons AQ^{4-}, K_2 = \frac{[AQ^{4-}]}{[AQ^{3-}]}$$
 (S2)

38
$$AQ^{2-} + AQ^{4-} \rightleftharpoons AQ^{3-}, K_c = \frac{[AQ^{3-}]^2}{[AQ^{2-}][AQ^{4-}]}$$
(S3)

- 39 Using $K_n = \exp(\frac{ZF}{RT}E_n)$ where Z is the number of electrons (here Z = 1), E_n is the redox potential 40 of the n^{th} redox reaction, we note that
- 41 $K_{c} = \frac{K_{1}}{K_{2}} = \exp[\frac{ZF}{RT}(E_{1} E_{2})]$ (S4)

42 Under the assumption that the system is in a state of equilibrium, we can obtain estimates of the 43 relative populations of AQ²⁻, AQ^{3-•} and AQ⁴⁻. Starting from 100% SOC, removing *n* electrons 44 results in the formation of *x* AQ^{3-•} and *y* AQ²⁻. Therefore, n = x + 2y. The SOC can be expressed 45 as $SOC = 1 - \frac{n}{2} = 1 - \frac{x}{2} - y$. The relative concentrations are then $[AQ^{2-}] = y$, $[AQ^{3-•}] = x$, and $[AQ^{4-}]$ 46 = 1 - x - y.

Following on and working from the comproportionation equilibrium constant, $K_c = \frac{x^2}{y(1-x-y)}$, rearranging the equation gives:

49
$$\left(\frac{K_c}{2} - 2\right)x^2 - K_c x + K_c \left(n - \frac{1}{2}n^2\right) = 0$$
 (S5)

50 Solving for *x* gives two solutions:

51 If
$$K_c \neq 4$$
,

52
$$x = \frac{K_c \pm \sqrt{K_c^2 - (K_c - 4)(2n - n^2)K_c}}{K_c - 4}$$
(S6)

53 If $K_c = 4$,

54

$$x = n - \frac{1}{2}n^2 \tag{S7}$$

55 Thus, for a given number of electrons, n, and a comproportionation equilibrium constant, K_c , the

fraction of AQ^{3-•}, the fraction of AQ²⁻, and the fraction of AQ⁴⁻, can be derived to be x, y and 1 - x - y respectively.

58 After recasting this in terms of SOC, these values can be evaluated for DHAQ, where E_1 - E_2 is

reported to be 60 mV and thus $K_c = 10.35$ based on modelling of the CV data¹³. This is shown in

60 Extended Data Fig. 4e, along with other K_c values for illustrative purposes. Another way to look

at the data is to consider the relative concentrations at 50% SOC as a function of K_c (Extended Data Fig. 4f).

63 Equations S6 and S7 were also used to fit experimental data (Fig. 2c of main text). A SOC lag

64 parameter was also used as an offset to aid in the fitting, to compensate for the experimental data

points above 100% SOC. Likely causes of this skew include the re-oxidation or degradation of DHAQ⁴⁻. The concentration of AQ^{3-•} along with the skewed SOC is then used to derive K_c . A lag

67 of 8-12% is displayed, along with the fits in Extended Data Fig. 4g. The fitted K_c values are as

follows: 3.72, 3.72, 3.71, 3.68 and 3.64. Thus the fitted voltage differences according to Eq. S4

69 are between 32.6 mV and 33.2 mV, *i.e.*, 33 mV.

70 To obtain an error estimate for the E_1 - E_2 value determined with this method, the radical fraction

71 was also derived using $\pm \frac{1}{2}$ the FWHM of the peak. This gave a lower bound of 22 mV and upper

bound of 44 mV for E_1 - E_2 . Table S1 gives the full list of values. This analysis was performed so

as to compare the accuracy of this approach with the values for E_1 - E_2 determined by analysis of

74 the CV measurements.

Supplementary Table 1. The fitted equilibrium constant, K_c , from the experimentally derived radical fractions, Exp. while +¹/₂ FWHM and -¹/₂ FWHM are radical fractions derived taking \pm FWHM of the peak as the experimental value. The lag parameter is an offset in the SOC of the system. The voltage differences, E_1 - E_2 , are calculated with equation S4.

Kc			E_1 - E_2			
Lag parameter	Exp.	+½ FWHM	-½ FWHM	Exp.	+½ FWHM	-½ FWHM
8%	3.71	5.58	2.47	33.1	43.4	22.8
9%	3.72	5.60	2.46	33.2	43.5	22.7
10%	3.71	5.59	2.45	33.1	43.5	22.6
11%	3.68	5.56	2.43	32.9	43.3	22.4
12%	3.64	5.51	2.39	32.6	43.1	22.0

80

81 *(iv)* Bulk magnetic susceptibility and radical concentrations

For a cylindrical sample tube, the solvent chemical shift is related to the paramagneticsusceptibility by

 $\Delta \delta = \frac{4}{\pi} \pi \Delta \gamma$

84

89

(S8)

85 where $\Delta \delta_s$ is the chemical shift in parts per million and $\Delta \chi$ is the magnetic susceptibility.

86 The molar paramagnetic susceptibility χ_M is defined as

87 $\chi_M = \chi V_M \tag{S9}$

88 where V_M is the molar volume of the radicals in m³/mol. Combining Eq. S8 and S9 gives

$$\Delta \delta_s = \frac{4}{3} \pi \frac{\Delta \chi_M}{V_M} \tag{S10}$$

90 The molar volume V_M is related to the concentration of radicals C_{rad} by

91 $V_M = \frac{1}{C_{rad}}$ (S11)

92 χ_M can be calculated by

$$\chi_M = \frac{N_A \mu^2}{3k_B T}$$
(S12)

94 where N_A is Avogadro's number, k_B is the Boltzmann constant in CGS units, *T* is the temperature 95 in Kelvin and μ is the magnetic moment of the unpaired electron in CGS units, given by

96
$$\mu = 2\beta \sqrt{S(S+1)} \tag{S13}$$

97 where β is the Bohr magneton, *S* is the total spin quantum number of electron (*S* = $\frac{1}{2}$ when there 98 is one unpaired electron).

99

101

100 By substituting μ , Eq. S12 becomes

$$\chi_{M} = \frac{N_{A}(2\beta)^{2}S(S+1)}{3k_{B}T}$$
(S14)

102 Combining Eq. S10, S11 and S14, then rearranging the equation:

103
$$C_{rad} = \frac{9k_BT}{16\pi N_A \beta^2 S(S+1)} \Delta \delta_s$$
(S15)

104 Finally, by plugging in the values of the constants,

 $C_{rad} = 183.33 \Delta \delta_s \tag{S16}$

the radical concentration is proportional to the chemical shift change by a factor of 183.33 mol/m³.

108 (v) Cyclic voltammetry fitting

109 Following the logic and equations from Oldham and Myland⁶¹, we have made modifications to

- 110 reflect the two-electron process. Here, we have written the modified equations for z-electrons.
- 111 Numbers in parenthesis refer to the equation numbering scheme of the Oldham and Myland paper:

112
$$(2:4) \ \frac{\pm I(t)}{zFAk^{o'}} = C_R^s(t) \exp\left\{\frac{\pm z\alpha F}{RT} \left[E(t) - E^{o'}\right]\right\} - C_P^s(t) \exp\left\{\frac{(1-\alpha)zF}{RT} \left[E(t) - E^{o'}\right]\right\}$$

113
$$(4:1) \ j_R^s(t) = \frac{I(t)}{zFA} \text{ and } (4:2) \ j_P^s(t) = \frac{I(t)}{zFA}$$

114
$$(4:4) \quad \xi(t) = \exp\left\{\frac{\pm zF}{RT} \left[E(t) - E^{o'}\right]\right\}$$

115
$$(7:7) I(t) = \frac{\pm zFAC_R^b \sqrt{D_R}}{1 + \frac{\sqrt{D_R}}{\xi(t)\sqrt{D_P}}} - \sum_{n=1}^{N-1} w_n I\left(\frac{N-n}{N}\right) t$$

116
$$(8:3) I(t) = \frac{\pm zFAC_{R}^{b} \frac{\sqrt{D_{R}}}{\sqrt{\delta}} - \left(1 + \frac{\sqrt{D_{R}}}{\xi(t)\sqrt{D_{P}}}\right) \sum_{n=1}^{N-1} w_{n}I\left(\frac{N-n}{N}\right)t}{1 + \frac{\sqrt{D_{R}}}{\xi(t)\sqrt{D_{P}}} + \frac{\sqrt{D_{R}}}{k^{o'}[\xi(t)]^{\alpha}\sqrt{\delta}}}$$

117 (vi) Nuclear transverse relaxation in electron-transfer reactions

118 The system can be treated as a diamagnetic species (anion) in exchange with a radical anion, with

119 concentrations of the diamagnetic and paramagnetic species, [D] and [P], respectively. For a

- 120 system in equilibrium, [D] and [P] are related to the relative lifetimes of the different species. The
- 121 fractions of paramagnetic and diamagnetic species (f_P and f_D , respectively) are given by,

122
$$f_{P} = \frac{[P]}{[P] + [D]} = \frac{\tau_{P}}{\tau_{P} + \tau_{D}}$$
(S17)

123
$$f_D = \frac{[D]}{[P] + [D]} = \frac{\tau_D}{\tau_P + \tau_D}$$
(S18)

124 where τ_p and τ_D are the lifetimes of the paramagnetic and diamagnetic species. The inverse of 125 the lifetimes τ_p^{-1} and τ_D^{-1} are the transition probabilities (or frequencies) for conversion from the 126 paramagnetic to the diamagnetic species and vice versa, respectively.

- 127 The bimolecular rate constant k_{ex} for the exchange reaction (shown in Fig. 3a of the main text) is 128 defined as,
- 129 $[N] = k_{ex}[P][D]$ (S19)

130 Where [N] is the number of moles of electrons transferred per litre, per unit time. The transition 131 probabilities (τ_D^{-1} and τ_P^{-1}) are then related to the rate constant via:

132
$$\tau_D^{-1} = \frac{[N]}{[D]} = k_{ex}[P]$$
(S20)

133
$$\tau_{P}^{-1} = \frac{[N]}{[P]} = k_{ex}[D]$$
(S21)

For example, if k_{ex} is 10^5 (M.s)⁻¹, [P] is 0.001 M and [D] is 0.1 M, the number of electrons transferred per second will be 10 M.s⁻¹. At equilibrium, the transition probability from the paramagnetic to the diamagnetic molecule is 10^4 s⁻¹ (or Hz), from the diamagnetic to the paramagnetic molecule is 10^2 s⁻¹ (or Hz).

139 This situation is analogous to a two-site chemical exchange process between a paramagnetic and 140 diamagnetic species, which has been treated in detail in Chapter 6 of reference 19, by Bertini *et al.* 141 The observables in the NMR experiments are the proton signals of the two species. At the onset

142 of charge, the diamagnetic species is in a large excess compared to the paramagnetic species, thus

simplified expressions can be derived and are given in S22 and S23 (Eqns. 6.17 and 6.18 in

reference 19).

In the slow exchange regime, when the transverse relaxation rate of the paramagnetic species, R_{2P} , is much faster than the exchange rate (strictly, the transition probability of the paramagnetic species, τ_{P} - 1), *i.e.*, $R_{2P} \gg \tau_{P}$ - 1 , the transverse relaxation rate of the diamagnetic species, R_{2ex} , arising from the chemical exchange with the paramagnetic species, is given by¹⁹:

149
$$R_{2ex} = f_P \tau_P^{-1}$$
 (S22)

150 and is independent of R_{2P} . In the fast exchange regime where $\tau_P^{-1} \gg (\Delta \omega)^2 \tau_P \gg R_{2P}$ (with $\Delta \omega$

being the frequency difference between the paramagnetic and diamagnetic proton NMR signals), R_{2ex} is given by,

$$R_{2ex} = f_P (\Delta \omega)^2 \tau_P \tag{S23}$$

154 Replacing f_P by $\frac{[P]}{[P]+[D]}$ and τ_P^{-1} by $k_{ex}[D]$ in Eqns. S22 and S23, and when $[D] \gg [P]$, R_{2ex}

155 becomes:

156

157
$$R_{2ex} = [P]k_{ex} \text{ (slow exchange)}$$
(S24)

158
$$R_{2ex} = (\Delta \omega)^2 \cdot \frac{[P]}{([D] + [P]) \cdot [D]} \cdot \frac{1}{k_{ex}} \text{ (fast exchange)}$$
(S25)

160 Supplementary Figures

161



162

Supplementary Figure 1 | Concentration of ferricyanide (Fe³⁺) calculated based on the 163 Evans' method as a function of SOC assuming the spin-only value for Fe³⁺. As charging 164 progresses, ferrocyanide (diamagnetic) is oxidised to ferricyanide (paramagnetic, low spin, $S = \frac{1}{2}$). 165 Via the Evans' method, the concentration of ferricyanide can be estimated from the shift of the 166 water resonance from the operando NMR spectra (Extended Data Figure 2a). The concentration 167 of ferricyanide increases linearly as a function of SOC, in agreement with the continuous oxidation 168 169 of Fe²⁺ to Fe³⁺. The calculated susceptibility is 1.5 times higher than predicted based on the spinonly value for a $S = \frac{1}{2}$ ion. CN⁻ and OH⁻ exchange, which has been reported in literature, may 170 account for the difference since $Fe(H_2O)_6^{3+}$ is high spin⁶². Deviations from the spin-only value are 171 likely due to incomplete quenching of the orbital angular momentum contribution for this t_{2g}^{5} ion⁶³. 172 Further investigations are in progress to investigate the magnetism in this system. 173 174



Supplementary Figure 2 | **NMR evidence of H-D exchange. a**, i) Resonance structures of 2,6-DHAQ⁴⁻. The resonance structure shown in the middle retains aromaticity and is therefore preferred to the structure on the right where the aromaticity is lost. ii) Mechanism of the H-D exchange reaction. b, *Ex situ* one-pulse ¹³C and c, DEPT ¹³C NMR spectra (c) of 2,6-DHAQ²⁻ acquired before and after first reduction cycle. C-D triplet coupling pattern in ¹³C NMR spectrum suggests that an H-D exchange reaction with the solvent D₂O for reduced DHAQ at site *c*" took place. d, *Ex situ* ¹H NMR spectra of 2,6-DHAQ²⁻ acquired before and after ten galvanostatic cycles. The intensity decrease of signal *c*" suggests that the H-D exchange reaction took place. The shift of the peaks could be caused by the slight pH change or a DHAQ concentration change as water crosses over the membrane.



Supplementary Figure 3 | IR, NMR and MS analysis during the H-cell experiment. a, Picture of the ex situ H-cell in an Ar glovebox. b, H-cell voltage profile and IR spectra acquired at different states of charge in a charge-rest experiment inside the Ar glovebox. The yellow bars highlight the vibrational modes of the -C=O groups; the grey bars highlight the vibrational modes of -C-O⁻ group. The spectrum of the aliquot taken from the H-cell after charging and stored in an opaque ampoule for 470 hours is labelled "Ampoule" in the figure. The "Oxidised" spectrum refers to a 0.2 cm³ aliquot taken at 470 hrs which was subsequently oxidised by bubbling 15 cm³ of air through it using a syringe. The intensity of C=O vibrational modes at 1350 cm⁻¹ and 1550 cm⁻¹ decrease while the intensity of -C-O⁻ vibrational modes at 1400 cm⁻¹ and 1450 cm⁻¹ increase during charging. During cell resting, this trend reverses. This indicates the re-oxidation of DHAQ⁴⁻ and DHAQ^{3-•}. At 470 hr, the relative intensities of the -C-O⁻ and C=O vibrational modes resemble those at approximately 50% SOC, suggesting that about half of the DHAQ⁴⁻ was re-oxidised. \mathbf{c} , Ex situ ¹H NMR spectrum of the oxidised sample sealed in a gas-tight tube. The inset shows the change of the chemical shift separation between b and HOD as a function of SOC, as measured by *in situ* NMR. The chemical shift separation between **b** and HOD of the H-cell sample was measured to be 2.25 ppm, corresponding to either 40-50% SOC (as highlighted by the purple dot) or 50-60% SOC, depending on the side of the parabolic curve that is used. **d**, *Ex situ* mass spectrometry signals of D_2 (m/z = 4) of 2 cm³ gas extracted from the headspace of the catholyte and anolyte compartment of the H-cell and from the Ar glovebox. A signal corresponding to D₂ was detected from the DHAQ electrolyte compartment while a much weaker signal was detected from the K₄Fe(CN)₆ side. e, ¹³C NMR spectra of ferrocyanide and the DHAO aliquot ("Oxidised") from the H-cell after the charge-rest experiment.



Supplementary Figure 4 | *In situ* MS: detection of D₂ and O₂ signals. a, Schematic and b, picture of the H-cell for *in situ* mass spectrometry. c, Mass spectrometry signals of D₂ (m/z = 4) during a charge-rest experiment. DHAQ (8.3 cm³, 60 mM) and K₄Fe(CN)₆ (8.3 cm³, 180 mM) were loaded into the respective separate electrolyte compartments of the H-cell and separated by a Nafion membrane. It shows that D₂ gas evolves as soon as the charge commences (2.5 mA to a cut-off voltage of 1.9 V). Furthermore, gas evolution continues during battery rest, *i.e.* the D₂ generation is a chemical reaction. The D₂ signal slowly decreases as DHAQ⁴⁻ is re-oxidised over the course of 120 hours. d, *In situ* mass spectrometry signals of O₂ (m/z = 32) during a stepwise potential hold-rest experiment. DHAQ (8 cm³, 100 mM) and K₄Fe(CN)₆ (8 cm³, 300 mM) were loaded into the relevant electrolyte compartment. The drop in O₂ signal intensity upon applying the reductive potential is due to the consumption of the impurity, oxygen, by the reduced DHAQ^{3-•} and DHAQ⁴⁻, in the gas line of the MS. This follows the anthraquinone process, *i.e.* DHAQ⁴⁻ + D₂O + $\frac{1}{2}O_2 \rightarrow$ DHAQ²⁻ + D₂O₂.

176	Supplementary Table 2. The charge and SOC for each potential-hold step. The total SOC
177	amounts to 26.68% after all the steps.

Potential (V)	Charge (mAh)	SOC (%)
1.2	0.80	0.83
1.3	1.06	1.10
1.4	1.50	1.56
1.5	2.01	2.09
1.6	2.55	2.65
1.7	3.04	3.16
1.8	3.40	3.53
1.9	3.35	3.48
2.0	3.73	3.87
2.1	4.25	4.41
Total	25.69	26.68

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181 **References**

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