





Figures and figure supplements

Extreme suction attachment performance from specialised insects living in mountain streams (Diptera: Blephariceridae)

Victor Kang et al



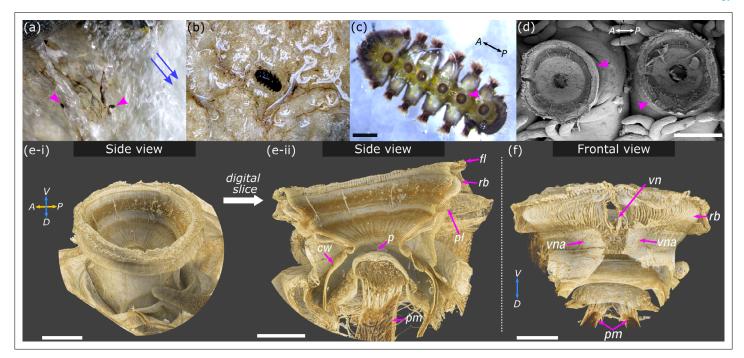


Figure 1. Overview of Hapalothrix lugubris and their suction attachment organs. (a) Hapalothrix lugubris larvae live attached to rocks in torrential alpine waterways. Blue arrows indicate stream flow direction. Arrowheads highlight two larvae revealed from a brief obstruction of the waterflow. (b) H. lugubris larva (dorsal view) on natural substrate. (c) Ventral view of a larva showing its six suction organs (one organ marked by arrowhead). (d) Scanning electron micrograph showing two suction organs (arrowheads). (e-i) Computed microtomography rendering of one whole organ. A: anterior, P: posterior, D: dorsal, V: ventral. (e-ii) Side view after digital dissection showing the following structures: outer radial beams (rb), palisade layer (pl), piston cone (p), and piston muscles (pm). The cuff wall (cw) encircles the suction cavity, and the outer fringe layer (fl) encircles the disc. (f) Frontal view showing the V-notch (vn) and its pair of apodemes (vna) extending dorsally into the body. Outer cuticle has been digitally dissected to reveal the radial beams. Note the pair of piston muscles extending dorsally. V: ventral, D: dorsal. Scale bars: (c) and (d) 500 µm; (e-ii), (e-ii), and (f) 100 µm.

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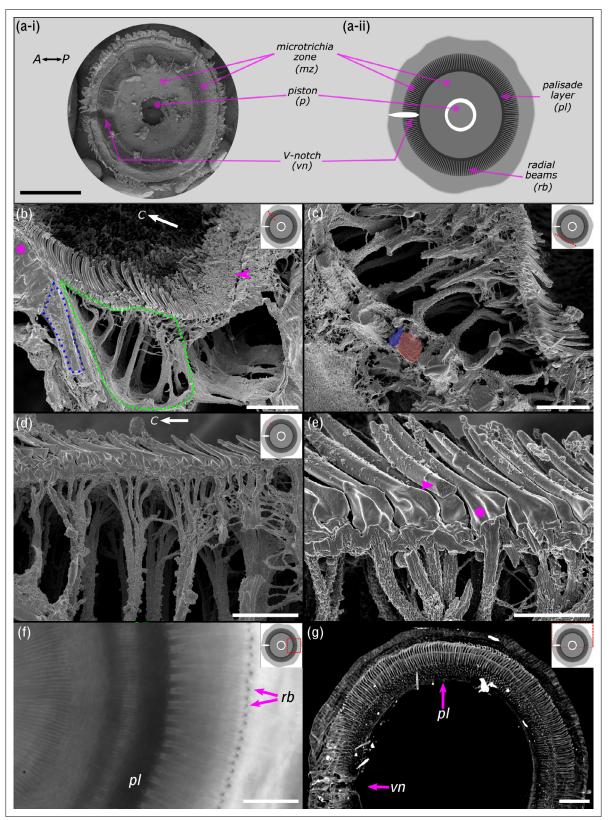


Figure 2. Ultrastructure of the suction disc. (a-i) Scanning electron micrograph showing ventral view of the suction disc. The piston is withdrawn into the suction chamber (see *Figure 1d*). (a-ii) Schematic of the suction disc used for subsequent panels. Note the radial beams (rb) are beneath the outer cuticle layer and not visible in (a-i) but shown in (b) and (c). (b) Freeze-fractured suction disc (radial fracture plane; see dotted red line on suction disc schematic). The sealing rim and its short rim microtrichia are marked by an arrowhead. Internal radial beams (encircled in blue) originate *Figure 2 continued on next page*



Figure 2 continued

from the palisade layer (magenta*). The fan-fibre space is encircled in green. C: disc centre. (c) Fan-fibres extend to the radial beams, which alternate between thin (blue) and wide beams (red). (d) Each microtrichium connects to an internal fibre; these fibres represent the ends of thicker branched fibres originating from the radial beams. Note: spine-like microtrichia point towards the disc centre (C). (e) Microtrichia are largely solid cuticular structures (arrowhead), each connected to a fan-fibre (*). (f) In vivo light microscopy shows the radial beams and the palisade layer (p). (g) Computed microtomography (micro-CT) also shows that radial beams originate from the dorsoventral palisade layer. Centre-to-centre spacing of the beams is around 4 μ m or 1.3°. vn: V-notch. Scale bars: (a) 200 μ m; (b) 10 μ m; (c) 6 μ m; (d) 5 μ m; (e) 2 μ m; (f) 20 μ m; (g) 40 μ m.

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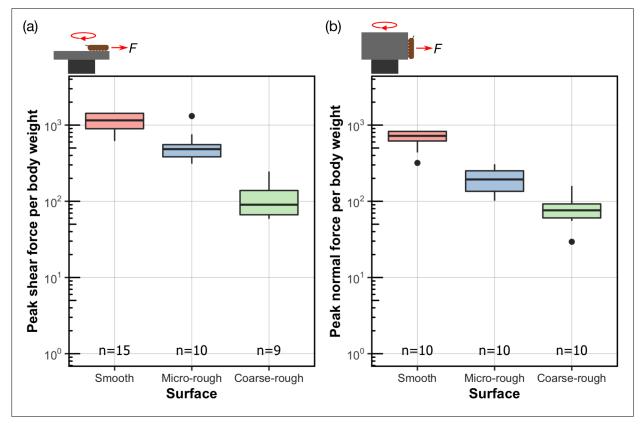


Figure 3. Attachment performance of *Hapalothrix lugubris* larvae on surfaces of varying roughness. *Hapalothrix lugubris* larvae performance in (a) peak shear force per body weight and (b) peak normal adhesion force per body weight. The rotation of the centrifuge is indicated by the red circular arrow. Centre lines, boxes, whiskers, and filled dots represent the median, the inter-quartile range (IQR), 1.5 times IQR, and outliers, respectively.

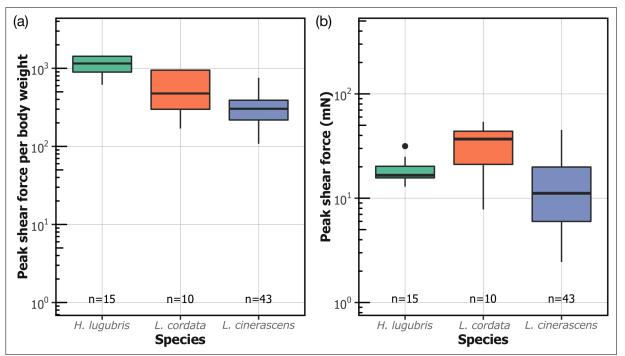


Figure 4. Attachment performance of three species of blepharicerid larvae (*Hapalothrix lugubris, Liponeura cordata, Liponeura cinerascens*) on smooth horizontal surface. (a) Peak shear force per body weight. (b) Peak shear force.

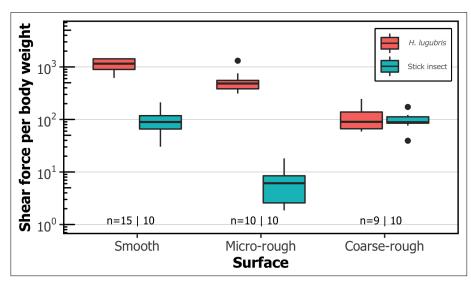


Figure 5. Comparison of shear attachment performance of *Hapalothrix lugubris* larvae versus stick insects (*Carausius morosus*) on smooth and rough surfaces. *Hapalothrix lugubris* larvae attach using suction organs, whereas stick insects rely on smooth adhesive pads and claws. Sample sizes are shown with *H. lugubris* on the left and stick insects on the right.

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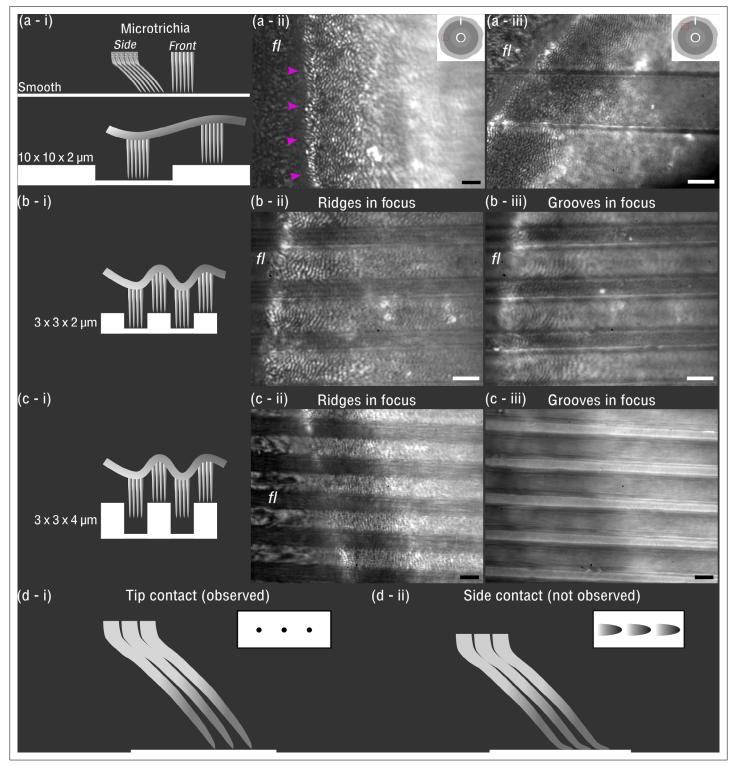


Figure 6. In vivo visualisation of *Hapalothrix lugubris* suction disc contact on different substrates. (**a-i**) Schematic of the microtrichia on smooth and 10 \times 10 \times 2 μ m microstructured surface (ridges and grooves, 10 μ m in width, and grooves, 2 μ m deep) (shown to scale). (**a-ii**) On smooth glass, microtrichia made tip contact (seen as black dots under interference reflection microscopy [IRM]). Outer fringe layer (*fl*) is outside the seal (arrowheads). (**a-iii**) On $10 \times 10 \times 2 \mu$ m substrates, contact from microtrichia and *fl* was similar to the contact on the smooth surface. (**b-i and b-ii**) On $3 \times 3 \times 2 \mu$ m substrates, the microtrichia made tip contact on the ridges, as well as in the grooves, as seen in (**b-iii**). However, fewer microtrichia made contact within the narrow grooves compared to the $10 \times 10 \times 2 \mu$ m surface. Note that (**b-ii**) and (**b-iii**) differ only in the focus height. (**c-i to c-iii**) On $3 \times 3 \times 4 \mu$ m substrates, microtrichia made close contact on the ridges, but inside the deep grooves there was no contact. (**d-i**) Schematic of microtrichia coming into tip contact *Figure 6 continued on next page*



Figure 6 continued

on smooth glass (inset: contact area observed under IRM). (**d-ii**) Schematic representing a hypothetical scenario that was not observed where the microtrichia tips bend and make side contacts. Scale bars: 3 µm for all microscopy images.

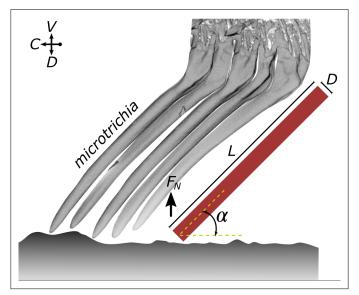


Figure 7. Estimate of the elastic modulus of the microtrichia cuticle needed to maintain tip contact during attachment. A microtrichium is modelled as a cylinder (length L and diameter D: 6.7 μ m and 0.56 μ m, respectively) that is loaded with a peak normal force (F_N) and that makes tip contact at an angle (40° to 50°). See text for further details on the assumptions and the model.

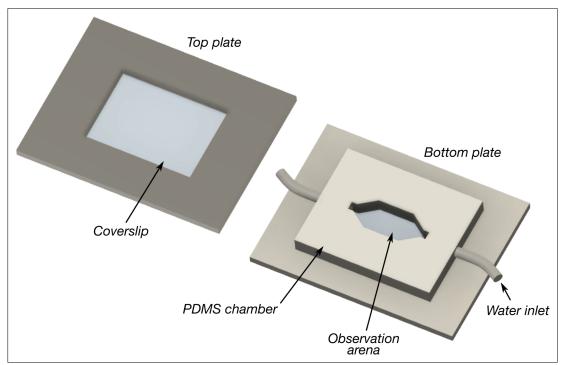


Figure 8. Schematic of the flow chamber used to observe blepharicerid larvae locomoting in fast-flow conditions. Two to five larvae at a time were added to the observation arena, covered with the top and bottom coverslips and plates, and imaged using interference reflection microscopy. A water pump continuously circulated cooled water at flow rates ranging between approximately 6 and 15 ml/s. Coverslip thickness: 0.16-0.19 mm. Plate dimensions: 100×60 mm in length \times width. Observation arena dimensions: approximately 16×8 mm in width \times height. PDMS: polydimethylsiloxane.