## Eating breakfast

Never/ rarely
1-2 times/week
3-5 times/week
$>5$ times/week

## Eating home delivery/ takeaway meals

Never/rarely
1-2 times/week
$\geq 3$ times/week

## Eating ready-made meals

Never/rarely
1-2 times/week
$\geq 3$ times/week
Eating home-cooked meals
$\leq 2$ times/week
3-5 times/week
$>5$ times/week

## Eating outside of the home

Less than once/week
Once/week
$\geq 2$ times/week
Eating meals while watching TV
Less than once/week
Once/week
2-4 times/week
$\geq 5$ times/week
Eating snack foods while watching TV
Never/rarely
Occasionally
Usually/always
0.95 (0.70, 1.27)
$0.84(0.63,1.11)$
0.69 ( $0.55,0.88$ )
$P$ trend $<0.001$
1.0
$1.19(1.00,1.41)$
0.98 (0.71, 1.35)
$P$ trend=0.277
1.0
1.16 (0.97, 1.37)
1.19 (0.84, 1.69)

P trend=0.132
1.0
$0.82(0.61,1.10)$
0.73 (0.53, 1.02)
$P$ trend $=0.075$
1.0
1.08 (0.91, 1.29)
1.05 (0.79, 1.40)
$P$ trend $=0.458$
1.0
$0.99(0.77,1.28)$
$1.16(0.95,1.42)$
1.29 (1.06, 1.57)
$P$ trend=0.007
1.0
$1.36(1.12,1.65)$
1.83 (1.43, 2.35)
$P$ trend $<0.001$

Odds Ratio

