

Fetal inheritance of chromosomally integrated HHV-6 predisposes to preeclampsia in the mother

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1 **Abstract**

2 Preeclampsia (typically characterised by new onset hypertension and proteinuria in the second half
3 of pregnancy) represents a major determinant of the global burden of disease^{1,2}. Its pathophysiology
4 involves placental dysfunction, but the mechanism is unclear. Viral infection can cause organ
5 dysfunction but its role in placentally-related disorders of human pregnancy is unknown³. We
6 addressed this using RNA-seq metagenomics⁴⁻⁶ of placental samples from normal and complicated
7 pregnancies. Here we show that human herpes virus 6 (HHV-6, A or B) RNA was detected in 6.1% of
8 cases of preeclampsia and 2.2% of other pregnancies. Fetal genotyping demonstrated that 70% of
9 samples with HHV-6 RNA in the placenta exhibited inherited, chromosomally integrated HHV-6
10 (iciHHV-6). We genotyped 467 preeclampsia cases and 3,854 controls and found an excess of iciHHV-
11 6 in cases (odds ratio (OR) 2.8, 95% CI: 1.4 to 5.6, P=0.008). We validated this finding, comparing
12 iciHHV-6 in a further 740 cases with controls from large-scale population studies (OR=2.5, 95% CI:
13 1.4 to 4.4, P=0.0013). We conclude that iciHHV-6 results in transcription of viral RNA in the human
14 placenta and predisposes to preeclampsia.

15

16 **Main**

17 Preeclampsia and fetal growth restriction (FGR) are major causes of maternal and perinatal
18 morbidity and mortality. We hypothesized that viral infection could be an underlying cause of the
19 placental dysfunction which characterises these pregnancy complications. In order to identify viral
20 sequences from both RNA viruses and actively replicating DNA viruses, we analyzed non-human
21 reads in 279 RNA-seq datasets of placental samples from 99 cases of preeclampsia, 48 cases of FGR
22 and 132 controls (Extended Data Figure 1). Using this discovery-based approach, the only clear viral
23 signal was HHV-6, which was detected in 10 samples (Table 1 and Extended Data Figure 2). Targeted
24 qPCR-based analysis of 12 viruses including HHV-6, confirmed these findings (Supplementary
25 Information). 6.1% (6/99) of the preeclampsia cases and 2.2% (4/180) of the patients without
26 preeclampsia were HHV-6 positive (Table 2).

27 **Table 1. Detection of HHV-6 RNA and/or DNA in infant and parental samples.**

Patient	Status	Placental HHV-6 RNA (RNA-seq)		Placental HHV-6 DNA (qPCR)	Parental HHV-6 DNA (qPCR)	
		Virus	Reads*	Virus	Maternal	Paternal
Infant_1	CON	HHV-6B	331	iciHHV-6B	iciHHV-6B	negative
Infant_2	CON	HHV-6B	259	iciHHV-6B	negative	iciHHV-6B
Infant_3	FGR	HHV-6A	77	iciHHV-6A	iciHHV-6A	negative
Infant_4	CON	HHV-6B	43	iciHHV-6B	negative	iciHHV-6B
Infant_5	PE	HHV-6A	22	negative	negative	negative
Infant_6	PE	HHV-6B	9	iciHHV-6B	negative	iciHHV-6B
Infant_7	PE	HHV-6B	7	iciHHV-6B	iciHHV-6B	negative
Infant_8	PE	HHV-6A	3	iciHHV-6A	negative	iciHHV-6A
Infant_9	PE	HHV-6A	1	negative	negative	negative
Infant_10	PE	HHV-6B	1	negative	negative	negative

28 iciHHV-6 corresponds to a high HHV-6 DNA signal in the sample measured by qPCR, i.e. within 4
 29 cycles of the RNase P signal. Negative indicates viral DNA not detected. Placental HHV-6 denotes
 30 HHV-6 studied in placental samples; parental HHV-6 denotes HHV-6 studied in parental samples;
 31 CON denotes a healthy pregnancy without FGR or preeclampsia (see Methods); FGR denotes fetal
 32 growth restriction; PE denotes a patient with preeclampsia; iciHHV-6 denotes inherited
 33 chromosomally integrated human herpesvirus 6; HHV-6A denotes human herpesvirus 6, variant A;
 34 HHV-6B denotes human herpesvirus 6, variant B. *Reads indicates the number of sequencing reads
 35 identified by the Kraken software as aligning to the HHV-6 genome.

36 Between 0.2% and 1% of humans carry a copy of HHV-6 integrated into the telomeric region of a
 37 chromosome in every cell of their body, including the germ cells. Inherited, chromosomally
 38 integrated HHV-6A and HHV-6B (iciHHV-6A and iciHHV-6B, respectively) can be transmitted from
 39 either the mother or father to the fetus in Mendelian fashion^{7,8}. Hence, we investigated whether
 40 HHV-6 DNA was detected in the placental and parental DNA samples of the 10 HHV-6 positive
 41 patients identified by RNA-seq. Of these 10 placental samples, 7 were strongly positive for HHV-6
 42 DNA, consistent with viral chromosomal integration (Table 1 and Extended Data Figure 3). In all 7

43 cases with a high placental DNA signal, one of the parental DNA samples was also strongly positive
44 for the virus, consistent with inherited chromosomal integration.

45

46 We next performed deep sequencing of the HHV-6B genome in 9 parent and offspring pairs with
47 high levels of HHV-6B DNA (these analyses included some additional HHV-6 positive samples
48 identified by genotyping the entire POP study cohort – see below). We created “barcode” graphics
49 of the viral genome by indicating the presence or absence of 187 informative SNPs as a black or
50 white vertical line, respectively (Figure 1A and Extended Data Figure 4). These analyses
51 demonstrated 100% concordance between the offspring and parent HHV-6B genomes. There were
52 999 informative SNPs in the HHV-6A genome. These SNPs were 100% concordant between 2 parent
53 and offspring pairs with ciHHV-6A (not shown). As a proof of principle of chromosomal integration,
54 we analyzed one parent and offspring pair in detail and identified the ciHHV-6B integration site at
55 the telomeric side of 4p16.3 in both the parental and offspring genomes (Supplementary
56 Information). This integration site has an identical nucleotide sequence to a previously described
57 insertion site for ciHHV-6A⁹. Relative qPCR quantification and sequencing reads spanning the HHV-6
58 genome and the flanking human telomere demonstrated viral chromosomal integration in the
59 placental samples analyzed.

60 We also compared the SNP concordance between the chromosomally integrated DNA in the parent
61 and the RNA detected in the placenta, using a case where there was high RNA-seq coverage of the
62 U100 viral gene (Figure 1B). There was concordance between the SNPs present in the placental RNA
63 and the parent’s DNA, demonstrating that the placental viral RNA was encoded by the inherited viral
64 genome. This concordance could not be explained by maternal contamination as the case in
65 question involved fetal inheritance of ciHHV-6B from the father. There were 16 offspring with
66 iciHHV-6 on the basis of analysis of umbilical cord DNA (described below) and an associated RNA
67 sample, and viral RNA was detected in the placenta of 11 (69%) of these (Extended Data Figure 3).

78 Hence, the RNA-seq and qPCR analyses led us to conclude that HHV-6 was the only clear viral signal
 79 observed in a large number of case and control placentas and that there was no evidence suggesting
 80 an association between preeclampsia or fetal growth restriction and any virus other than HHV-6.
 81 Furthermore, SNP analysis indicated that the viral genomes in the parent and the child were
 82 identical and that the viral RNA expressed in the placenta also contained the same SNPs observed in
 83 the parent. This suggests that, when present, RNA from the virus was usually, but not invariably,
 84 associated with iciHHV-6.

75

76 The initial analysis of cases and controls using RNA-seq suggested an association between HHV-6
 77 RNA positivity in the placenta and preeclampsia, but replication was required to strengthen the
 78 evidence. As we had offspring DNA samples available from 92% of the POP study cohort and from an
 79 external case control study, we then sought to determine the association between fetal inheritance
 80 of ciHHV-6 (which also refers to placental inheritance of the virus as the placental genome comes
 81 from the zygote) and the risk of preeclampsia in a separate study group, which excluded the patients
 82 analyzed by RNA-seq. The two sources included 368 cases of preeclampsia and 3,674 pregnancies
 83 without preeclampsia. The proportions where the umbilical cord DNA was positive for iciHHV-6 were
 84 1.9% (7/368) and 0.7% (26/3,674), respectively (P=0.022) (Table 2). When we analyzed the whole of
 85 the POP study cohort and the external case control study combined, iciHHV-6 positive samples were
 86 2.1% (10/467) and 0.8% (30/3,854) in cases and non-cases, respectively (P=0.008). Among the
 87 women from the POP and the case control studies (n=4,321), we had a 74% power to detect a
 88 difference of 1.36% in the proportions of iciHHV-6 positive samples between cases and controls at
 89 alpha=0.05. Fetal inheritance of ciHHV-6 was associated with a three-fold increased risk of
 90 preeclampsia (odds ratio (OR) 2.8, 95% CI: 1.4 to 5.6, P=0.008, Figure 2A-B).

91 **Table 2. Datasets described in the current work.**

Dataset description	Dataset name	Study	Method	Total	PE status	HHV-6 positive (%)
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RNA-seq	RNA-seq	POP study	Placental RNA-seq	279	Case	99	6	(6.1)
					Non-case	180	4	(2.2)
POP study minus RNA-seq		POP study	Cord DNA qPCR	3,568	Case	150	2	(1.3)
					Non-case	3,418	25	(0.7)
POP study all		POP study	Cord DNA qPCR	3,847	Case	249	5*	(2.0)
					Non-case	3,598	29	(0.8)
Case control		Case control	Cord DNA qPCR	474	Case	218	5	(2.3)
					Non-case	256	1	(0.4)
POP study minus RNA-seq + Case control	Other	POP study + Case control	Cord DNA qPCR	4,042	Case	368	7	(1.9)
					Non-case	3,674	26	(0.7)
POP study + Case control	All	POP study + Case control	Cord DNA qPCR	4,321	Case	467	10	(2.1)
					Non-case	3,854	30	(0.8)
GOPEC	GOPEC	GOPEC	Cord DNA qPCR	740	Case	740	12	(1.6)
					Non-case	n/a		
Healthy/control patients from large population studies	Total	Various**	Various**		Case	n/a		
					Non-case	61,549	403	(0.7)

92 Datasets “POP study minus RNA-seq”, “POP study all” and “Case control” were not analyzed as separate
93 groups. The column “Dataset name” refers to the datasets described in Figure 2. POP study denotes the
94 Pregnancy Outcome Prediction study; GOPEC denotes the Genetics of Preeclampsia Consortium; PE denotes
95 preeclampsia; Case denotes a pregnancy affected by preeclampsia; Non-case denotes a pregnancy without
96 preeclampsia; n/a denotes not applicable. *The sum of the two rows above for cases is 6+2=8 whereas this cell
97 states 5. The difference between 8 and 5 is explained by the 3 cases of preeclampsia where the placenta was
98 positive for HHV-6 by RNA-seq but there was no ciHHV-6. **The studies are listed in the Methods.

99 We performed a further replication of the analysis by genotyping cord DNA samples from 740 cases
100 of preeclampsia recruited by the Genetics of Preeclampsia Consortium (GOPEC)¹⁰. As the GOPEC
101 cohort did not include preeclampsia non-cases, the proportion with iciHHV-6 in this cohort was
102 compared with a meta-analysis of other large-scale, population-based studies of ciHHV-6 in control
103 patients. There was no overlap between the cases or controls used in the prior experiments and the
104 GOPEC cases or the meta-analysis. The proportion of iciHHV-6 positive samples in the GOPEC study
105 was 1.6% (12/740) and the summary proportion of ciHHV-6 derived from the meta-analysis of large-
106 scale population studies was 0.7% (403/61,549) (Table 2 and Figure 2C). This analysis again
107 demonstrated a two to three fold risk of preeclampsia associated with iciHHV-6 (OR=2.5, 95% CI: 1.4
108 to 4.4, P=0.0013). Although the meta-analysis indicated heterogeneity in the background rate of
109 ciHHV-6 between the different studies, the proportion of iciHHV-6 in the GOPEC cohort fell outside

110 the 95% CI of all the individual studies employed. Comparable results were obtained after exclusion
111 of the two Japanese populations (Tanaka-Taya 2014 and Miura 2018; see Supplementary
112 Information). Moreover, the iciHHV-6 positive cases within the GOPEC study were geographically
113 dispersed, i.e. from 5 of the 9 recruitment centres. Collectively, the analysis of the GOPEC study and
114 the meta-analysis of population studies provided strong confirmatory evidence. Further replication
115 studies will require large sample sizes. We estimate that a case control study drawn from a single
116 population would require approximately 1,900 cases and 1,900 controls to identify an OR=2.5 (80%
117 power and alpha=0.05).

118

119 Given the association between iciHHV-6 and the risk of preeclampsia in three groups, the POP study,
120 the Cambridge case control study and the GOPEC study, we believe that the current analysis
121 provides strong evidence for an association between placental HHV-6 and the risk of preeclampsia.
122 Equally importantly, our study did not identify any other viral associations. Hence we conclude that a
123 small proportion of cases of preeclampsia is likely to be due to inherited or de novo HHV-6, however,
124 viral infection of the placenta is not a major determinant of the pathophysiology of the condition.
125 Interestingly, the proportional increase in the risk of preeclampsia associated with iciHHV-6 was
126 similar to the association with angina pectoris reported by a study of almost 20,000 Canadian
127 adults¹¹.

128

129 We have identified a number of areas for further study. The majority of cases of preeclampsia are
130 associated with delivery at term and only a small proportion of pregnancies with preeclampsia result
131 in preterm delivery¹². There is some evidence that the pathophysiology of early onset and late onset
132 disease may differ, hence future studies could address whether the association between preterm
133 preeclampsia and placental HHV-6 may be stronger. However, this would require very large sample
134 sizes to ensure adequate statistical power. Identification of placental HHV-6 RNA by RNA-seq relied
135 on some samples expressing the viral RNA at very low levels (e.g. 3 samples had fewer than 5 reads).

136 Importantly, RNA expression at term might not reflect levels earlier in gestation, which is relevant as
137 a large body of evidence places the onset of the placental dysfunction associated with preeclampsia
138 and FGR early in pregnancy. Moreover, expression levels in a particular area of the placenta, which
139 reflects placental sampling at the time of collection, might not be representative of the whole organ.
140 Therefore, we have viewed the presence of HHV-6 RNA in a binary fashion. The RNA-seq analysis
141 also identified three placentas containing HHV-6 RNA in the absence of chromosomally integrated
142 virus, and this may represent direct de-novo infection of the placenta by the virus, which could be
143 the result of reactivation of HHV-6 in the mother. It was notable that all three were from cases of
144 preeclampsia. However, the numbers were too small to draw reliable conclusions and two out of the
145 three cases had only a single RNA read. Hence further studies are warranted to address the
146 association between preeclampsia and HHV-6 infection of the placenta in the absence of
147 chromosomally inherited virus. Analysis of cord blood IgM against HHV-6 might be a useful way to
148 address this. Further research will also be required to determine the mechanism of association with
149 iciHHV-6. The analysis of angina pectoris patients demonstrated that subjects with ciHHV-6 had
150 shorter telomeres¹¹. Although placental senescence might have a role in the pathophysiology of
151 some pregnancy complications¹³, there is currently no direct evidence of an association¹⁴. Viral
152 infection can lead to a number of derangements of cellular function associated with preeclampsia,
153 such as endoplasmic reticulum stress^{15,16}, and the potential for viral infection to adversely affect
154 placental function has previously been reviewed¹⁷. Further studies may also address the timing of
155 expression of the virus in the placenta and the risk of disease, for example by studying viral nucleic
156 acids in the maternal circulation in cases where iciHHV-6 was inherited from the father. We only
157 studied placental expression of the virus following birth, but the clinical consequences of iciHHV-6
158 may depend on viral replication earlier in pregnancy. Chromosomally integrated HHV-6 appears to
159 be capable of viral reactivation^{18,19} and we also detected multiple viral transcripts in the placentas
160 with HHV-6 (Extended Data Figure 2). The presence of HHV-6 during extravillous trophoblast
161 invasion of the maternal vessels could derange the cross talk between trophoblast and maternal

162 immune cells, leading to abnormal placentation. A recent study has demonstrated a humoral
163 response to the proteins encoded by the genes transcribed by iciHHV-6¹⁹.

164

165 A direct effect of viral integration on the expression of adjacent genes involved in the pathogenesis
166 of preeclampsia is an unlikely explanation for the association as the virus inserts in the telomeres,
167 which lack genes, and the exact site of integration is variable. It is possible there is some
168 perturbation of telomere function and gene repression by heterochromatin, and again this warrants
169 further study. Previous studies have demonstrated an association between HHV-6A in the
170 endometrium in women with primary infertility²⁰. Moreover, infection of endometrial cells by HHV-
171 6A was associated with increased expression of cytokines by uterine natural killer cells²¹. However,
172 analysis of the parental samples from the POP study and GOPEC cohorts demonstrated that the virus
173 was inherited from the mother in 41% of cases with iciHHV-6 and from the father in 47%, hence,
174 there was no relationship between the parent of origin of iciHHV-6 and the risk of preeclampsia. This
175 observation makes it unlikely that the association between fetal inheritance of ciHHV-6 and
176 preeclampsia is mediated by the presence of ciHHV-6 in the mother.

177

178 The present study may help explain, at least in part, some epidemiological characteristics of
179 preeclampsia. Previous studies have indicated the possible existence of the “dangerous father”²², i.e.
180 certain groups of men are more likely to father a pregnancy complicated with preeclampsia. As
181 ciHHV-6 is inherited in a Mendelian pattern, 50% of the offspring of men with ciHHV-6 will inherit
182 ciHHV-6. Given the three-fold risk of preeclampsia with inherited ciHHV-6, it would be predicted that
183 there would be an overall excess of preeclampsia in pregnancies fathered by men who have ciHHV-
184 6. We and others have also previously shown that mothers experiencing preeclampsia have an
185 increased risk of ischemic heart disease in later life^{23,24}. Women with ciHHV-6 would be expected to
186 be at increased risk of preeclampsia based on the present analysis and of angina pectoris based on

187 the Canadian study, hence, common associations with ciHHV-6 could explain some of the increased
188 risk of later heart disease.

189

190 In conclusion, applying placental RNA-seq and metagenomics to cases of placentally-related
191 complications of pregnancy, we identified a single clear viral signal, HHV-6 (A or B). Viral RNA was
192 usually related to fetal inheritance of ciHHV-6 and this was associated with a two to three-fold risk of
193 preeclampsia.

194 **Methods**

195 ***Study design***

196 We employed samples from three studies. The first was the Pregnancy Outcome Prediction (POP)
197 study, a prospective cohort study of unselected nulliparous women with a singleton pregnancy
198 attending the Rosie Hospital (Cambridge, UK) between January 2008 and July 2012, as previously
199 described²⁵⁻²⁷. Briefly, participants had phlebotomy and fetal biometry at 12, 20, 28 and 36 weeks of
200 gestational age (wkGA). At the 20wkGA visit, maternal blood and paternal saliva were obtained for
201 genotyping the parents. At the time of delivery, the placenta was systematically biopsied and a
202 sample of umbilical cord was obtained for genotyping the offspring. Pregnancy and birth outcome
203 data were ascertained by review of each woman's paper case record by research midwives and by
204 record linkage to clinical electronic databases of ultrasonography (Astraia), delivery (Protos),
205 biochemical tests (Meditech) and neonatal intensive care (Badgernet). Preeclampsia was diagnosed
206 and classified based on the objective criteria of the 2013 American College of Obstetricians and
207 Gynecologists guideline, as previously described^{12,28}.

208

209 The second study was a case control study which was also previously described²⁹. In brief, women
210 were recruited from three UK maternity hospitals: St. James University Hospital, Leeds; John
211 Radcliffe Hospital, Oxford; and Rosie Hospital, Cambridge. Preeclampsia was defined as hypertension
212 (>140/90mmHg) and proteinuria (>300mg/24h) presenting for the first time in the second half of
213 pregnancy. There was no overlap in the participants recruited to the two studies and both had
214 ethical approval from the Local Research Ethics Committees and written informed consent was
215 obtained from all participants. Genotyping of the infant was performed using analysis of umbilical
216 cord DNA.

217

218 The Genetics of Preeclampsia Consortium (GOPEC) recruited women affected by preeclampsia and
219 their families from 10 UK recruitment centers in the UK (Birmingham, Cambridge, Glasgow, Leeds,

220 Leicester, London, Newcastle, Nottingham, Oxford, Stoke) between 2000 and 2003¹⁰. Samples from
221 Cambridge (n=98) were excluded from the current analysis to avoid possible overlap with the POP
222 and case control cohorts. Participants gave informed consent for the study, which was approved by
223 the Trent Multicentre Research Ethics Committee. Women were eligible for the study if aged 18 or
224 over, of white Western European ancestry (by grandparental ethnicity), with a singleton pregnancy
225 and new onset hypertension and proteinuria in or after 20th week of pregnancy. Hypertension was
226 defined as systolic blood pressure ≥ 140 mm Hg and diastolic blood pressure ≥ 90 mm Hg measured on
227 two occasions within a 24 hour period. Proteinuria was defined as >500 mg/24 hours or 2+ (1 g/liter)
228 on dipstick testing of urine. Women with hypertension or proteinuria before 20wkGA, with essential
229 hypertension, renal or cardiac disease, or diabetes were excluded. Fetal DNA was isolated from
230 umbilical cord tissue and parental DNA from venous blood. As the GOPEC cohort did not include
231 preeclampsia non-cases, large-scale population studies (n>1,000) of healthy/control patients were
232 used as a comparison group for this cohort. The references for the studies analyzed are the
233 following: Tanaka-Taya 2004³⁰; Pellet 2012³¹; Gravel 2015¹¹; Hill 2017³²; Moustafa 2017³³; Miura
234 2018³⁴; Peddu & Mouammine 2019^{19,35}; heterogeneity test, $I^2=87\%$, $P=5 \times 10^{-08}$ (2-sided). The samples
235 used in the current work are listed in Table 2.

236

237 ***RNA-sequencing (RNA-seq) analysis: POP study***

238 Of the 4,212 women followed from their dating ultrasound scan through to delivery in the POP
239 study, the placenta was obtained from 3,870 (92%) and 1,480 (35%) of these were collected within
240 30 minutes of birth and yielded samples suitable for analysis of RNA. We performed RNA-seq on 279
241 placentas, including 99 preeclampsia cases (8 with a fetal growth restricted [FGR] infant), 48 FGR
242 without preeclampsia, and 132 pregnancies without either condition. FGR was defined as a
243 customized birth weight $<5^{\text{th}}$ percentile³⁶. Healthy controls were defined as pregnancies resulting in
244 a live-born infant with a birth weight in the normal range (20-80th percentile) with no evidence of
245 slowing in fetal growth on prenatal scans, and no evidence of pre-existing or acquired hypertensive

246 disorders, gestational diabetes or diabetes mellitus type I or type II or other obstetric complications.

247 Total placental RNA was isolated from approximately 5mg of tissue stored in RNAlater. After lysis of

248 the tissues in Lysing Matrix D tubes, extraction was performed using the mirVana miRNA Isolation Kit

249 (Ambion) followed by DNase treatment (DNA-free DNA Removal Kit, Ambion). Libraries were

250 prepared from 300-500ng of total placental RNA (RIN values ≥ 7.0) with the TruSeq Stranded Total

251 RNA Library Prep Kit with Ribo-Zero Human/Mouse/Rat (Illumina), a method that did not employ

252 selection of RNAs with a polyadenylated tail. Briefly, the protocol includes ribosomal RNA (rRNA)

253 depletion, cDNA synthesis, adapters ligation to discriminate samples and libraries amplification by

254 PCR. Libraries were then pooled and sequenced (single-end, 125bp) using a Single End V4 cluster kit

255 and Illumina HiSeq2500 and HiSeq4000 instruments. At the end of the sequencing process

256 reads were obtained, which are inferred nucleotide sequences corresponding to all or part of a

257 single RNA transcript. If an RNA is highly expressed there will be more correspondent reads and vice

258 versa. The obtained reads were trimmed (using cutadapt and Trim Galore!) and mapped to the

259 primary chromosomal assemblies of the GRCh38.p3 version of the human reference genome using

260 TopHat2, a splice-aware mapper built on top of Bowtie2 short-read aligner³⁷⁻³⁹. The initial

261 'unmapped' reads were filtered out to remove poor quality reads, based on the following conditions:

262 1) base-quality score (i.e. Phred score) < 30 , 2) read-length < 50 bp, 3) undetermined base (i.e. Ns) $>$

263 5bp, and 4) poly A/T > 5 bp, and 5) low-complexity reads defined by the dust score > 7 . In order to

264 remove as many reads of human origin as possible, additional human reads were subtracted if they

265 aligned to sequences present in the following databases: 1) GRCh38.p5, 2) human RefSeq, and 3) all

266 human contigs and clone sequences from NCBI NT. The remaining reads of each sample were

267 mapped to a custom Kraken reference database, including the default bacterial and viral genomes

268 and few additional eukaryotic genomes to remove residual unmapped human reads. Kraken

269 (v0.10.6)⁴⁰ was run using the metagm_run_kraken option and identified 10 placental RNA samples

270 containing HHV-6A or HHV-6B reads (Table 1). Mapping of the viral reads against the

271 GCF_000845685.1 (HHV-6A) or the GCF_000846365.1 (HHV-6B) reference genomes was performed
272 using BWA (v0.7.17-r1188)⁴¹ and visualized using Artemis (v.16.0.0)⁴².

273

274 ***DNA isolation and qPCR analyses***

275 Of the 4,212 women followed from their dating ultrasound scan through to delivery in the POP
276 study, samples were collected for DNA isolation from 4,060 (96%) mothers, 3,965 (94%) fathers and
277 3,869 (92%) offspring. Of the offspring samples, 3,847 were available for the current analysis, after
278 exclusion of the following: 4 with unknown preeclampsia status, 7 miscarriages, and 11 terminations
279 of pregnancy. Of the parental samples, 64 were analyzed in the current study. In the case control
280 study we analyzed only umbilical cord DNA samples: 218 cases of preeclampsia and 256 non-cases.
281 The analysis of the samples from the GOPEC cohort included 740 umbilical cord DNA samples after
282 exclusion of 98 samples from Cambridge and 8 samples with no/low DNA. We also analyzed 22
283 parental DNA samples corresponding to the 12 ici-HHV6 positive cord DNAs (2 paternal samples
284 were not available).

285 *Placental DNA*

286 Placental DNA was isolated with the Fast DNA Spin kit (MP Biomedical) from 25mg of villous tissue.
287 The DNA isolation procedure has previously been described in detail⁴³. Briefly, the tissue was
288 homogenized by bead-beating twice for 40 seconds at a speed of 6.5m/sec on a FastPrep-24 (MP
289 Biomedical). DNA concentrations were determined by Nanodrop Lite (Thermo Fisher Scientific).
290 qPCR was performed on a QuantStudio 6 Flex system (ThermoFisher Scientific). The qPCR reactions
291 were prepared using the TaqMan Multiplex Master Mix (ThermoFisher Scientific). The presence of
292 the following viruses was investigated in placental samples using the primers and probes listed in
293 Supplementary Table 1: Adenovirus, Cytomegalovirus (CMV), Epstein-Barr virus (EBV), Human
294 Papillomavirus types 6, 11, 16 and 18 (HPV-6, HPV-11, HPV-16, HPV-18), Herpes Simplex Viruses
295 types 1 and 2 (HSV-1 and HSV-2), Parvovirus, and Varicella Zoster Virus (VZV); detection of HHV-6
296 was based on a custom-made TaqMan assay targeting the U67/68 gene and designed to discriminate

297 HHV-6A and HHV-6B (HHV-6 U67/68 described in Supplementary Table 1). The pre-designed TaqMan
298 RNase P Assay, ABY dye/QSY probe (ThermoFisher Scientific) was used to detect the human positive
299 control gene RNase P (RPPH1).

300 *Cord and parental DNA isolation*

301 Umbilical cord tissues (approximately 100mg) were incubated with Cell Lysis Solution (Qiagen) at
302 65°C for 1 hour, followed by proteinase K digestion at 55°C overnight using Puregene Proteinase K
303 (Qiagen). After incubation with RNase A Solution (Qiagen) at 37°C for 30 minutes, samples were
304 precipitated using the Protein Precipitation Solution (Qiagen). In each sample, genomic DNA present
305 in the supernatant was then precipitated with 100% isopropanol, washed with 70% ethanol and
306 dissolved in IDTE pH 8.0 (10mM Tris, 0.1mM EDTA; Integrated DNA Technologies). Cord DNA
307 samples from the case control and the GOPEC studies were prepared as previously described^{10,29}.

308 Maternal DNA was isolated from whole blood samples. Blood cells were pelleted and lysed with SE
309 buffer (75mM NaCl, 25mM EDTA), Pronase (0.2mg/ml), and 0.9% SDS. Paternal DNA was isolated
310 from saliva with the Oragene DNA collection kit (DNA Genotek Inc.). Genomic maternal and paternal
311 DNA samples were purified by ethanol precipitation and re-suspended in TE buffer (10mM Tris,
312 1mM EDTA, pH 8.0). Parental DNAs from the GOPEC study were prepared as previously described¹⁰.
313 Cord and parental DNA genotyping was performed using a multiplex qPCR approach including the
314 custom-made TaqMan assay targeting the U67/68 gene described above. Relative quantitation of
315 HHV-6 signals was achieved by comparison with the human RNase P gene (RPPH1), measured with
316 the TaqMan RNase P Assay (ThermoFisher Scientific). The relative abundance of the target is
317 expressed by the Ct (cycle threshold) value, which is inversely associated with the signal. High HHV-6
318 signals (i.e. low Ct, close to the signal for RNase P) suggested viral chromosomal integration
319 (Extended Figure 1).

320

321 ***Placental RNA isolation and RT-qPCR analysis***

322 Total RNA was isolated from approximately 10mg of placental villous tissues stored in RNAlater
323 (Ambion), including 16 ciHHV-6 positive and 32 ciHHV-6 negative samples on the basis of the cord
324 gDNA analysis. After lysis in Lysing Matrix D tubes (MP Biomedicals), RNA extraction was performed
325 using the Rneasy Plus Mini Kit with genomic DNA removal (Qiagen) according to the manufacturer's
326 instructions. RNA quantity and quality were assessed with the Agilent RNA 6000 Nano Kit (Agilent
327 Technologies) on an Agilent 2100 Bioanalyzer System. Reverse transcriptase qPCR (RT-qPCR) was
328 employed to assess the presence of viral RNA in placental samples. The RT reaction was performed
329 using 500ng of total placental RNA from each sample and the SuperScript IV VILO Master Mix
330 (ThermoFisher Scientific). Six reactions lacking the reverse transcriptase enzyme were included to
331 rule out genomic DNA amplification. The multiplex qPCR reactions included a custom-designed
332 TaqMan assay detecting both HHV-6A and HHV-6B transcripts encoded by the U100 gene⁴⁴ (HHV-6
333 U100, Supplementary Table 1), and the TaqMan RNase P Assay (both by ThermoFisher Scientific).

334

335 ***DNA-sequencing (DNA-seq) analysis***

336 Deep sequencing of the HHV-6 genome was performed using a target enrichment method.
337 Specifically, overlapping 120-mer RNA baits spanning the length of 7 complete HHV-6A and HHV-6B
338 reference genomes (GenBank accession numbers: AB021506, AF157706, KC465951, KJ123690,
339 KP257584, KT355575, NC001664) were prepared as previously described⁴⁵. Libraries (n=36) were
340 prepared according to the SureSelectXT Illumina paired-end sequencing library protocol, pooled and
341 run on an Illumina MiSeq sequencing platform. Paired-end sequencing results were analyzed as
342 follow.

343 *Analysis of viral genome sequencing by SureSelect target enrichment*

344 Forward and reverse reads from each sample were filtered with KneadData (v0.6.1)
345 (<http://huttenhower.sph.harvard.edu/kneaddata>), a tool which performs quality control on
346 metagenomic sequencing data and removes human and low quality reads. The following
347 trimmomatic options were used: SLIDINGWINDOW:4:20, LEADING:30, TRAILING 30, MINLEN:75.

348 Filtered Fastq files were analyzed using Kraken to identify HHV-6A and HHV-6B reads, which were
349 then mapped with BWA (v0.7.17-r1188)⁴¹ to their respective reference genomes GCF_000845685.1
350 (HHV-6A) or GCF_000846365.1 (HHV-6B). These reads were assembled using Spades (v3.11.0)⁴⁶ and
351 visualized using Artemis (v.16.0.0)⁴² and samples were considered to be successfully sequenced if
352 >99% coverage of either the HHV-6A or HHV-6B genome (~160kb) was achieved.

353 *Metagenomic sequencing by Illumina HiSeq X Ten platform*

354 Whole genome sequencing data obtained with the Illumina HiSeq X Ten platform from 2 HHV-6B
355 positive placental DNA samples allowed for the comparison of the results from the two DNA-seq
356 workflows. Libraries were sequenced (150bp, paired end) on a HiSeq X Ten (Illumina). Sample
357 processing and library preparation for the metagenomics analysis was performed as previously
358 described⁴³. The sequencing coverage was designed to generate >30-fold coverage of the human
359 genomic DNA in each sample. Reads generated in this experiment were analyzed with KneadData to
360 remove most of the human reads, and forward and reverse reads from each sample were filtered
361 with the following trimmomatic options: HEADCROP9, SLIDINGWINDOW:4:20, MINLEN: 100.
362 Approximately 10,000 HHV-6 read pairs were identified using Kraken and assembled using Spades.
363 Coverage of the HHV-6B genome was checked using BWA and Artemis which showed almost
364 complete genome coverage (>99%), similar to the samples successfully sequenced by full viral
365 genome sequencing using SureSelect target enrichment. Furthermore, complete agreement was
366 observed between the Illumina HiSeq X Ten data and the SureSelect data obtained from the two
367 samples analyzed with both methods.

368 *Analysis of single nucleotide polymorphisms (SNPs)*

369 Analysis of SNPs was performed using the HHV-6 reads obtained with the DNA-seq and RNA-seq
370 workflows to investigate direct parental transmission. Nine parent and child pairs with HHV-6B in the
371 placenta and in one of the parents were studied. In order to facilitate both processing and mapping
372 visualization, 50,000 forward and reverse paired reads were subsampled from each sample
373 successfully sequenced by SureSelect target enrichment. All reads were used in the case of one

374 sample with just 37,597 read pairs. All HHV-6B paired reads generated by HiSeq X Ten sequencing or
375 by RNA-seq were used. Nucleotides that differ among the reconstructed HHV-6 genomes and in
376 comparison to the reference genome were identified by comparing pairs of samples to the reference
377 sequence. Many of the SNPs were uninformative, i.e. all 18 samples shared the identical
378 polymorphism when compared to the reference genome. However, 187 SNPs, varying among the 18
379 samples analyzed, were identified. This iterative process was performed in a blinded fashion in
380 respect to parent and child pair information. Repeat regions R0, R1, R2 and R3 were excluded from
381 this analysis as mapping and/or sequencing errors occur at high frequency at these locations. A
382 similar analysis was performed for the 2 HHV-6A positive parent and child pairs, identifying 999
383 informative SNPs. Therefore, single nucleotide polymorphism (SNP) concordance between parental
384 and offspring sequences was assessed on the basis of 999 and 187 informative SNPs in the HHV-6A
385 and HHV-6B genomes, respectively.

386 *Analysis of viral integration sites*

387 The HHV-6 genome is bounded by two identical long repeat regions which are in turn flanked by
388 variable length telomere-like repeat regions (T1 and T2). The T2 region, which consists of a perfect
389 array of telomere-like repeats (TTAGGG) n^{47} , is essential for viral integration⁴⁸. Due to the relatively
390 short length of the reads generated in this study and the presence these repeats in the regions of
391 interest, it is not possible to use an assembly-based approach, i.e. assembling a contig from the viral
392 sequence and extending into the flanking human sequence. Therefore, an approach was developed
393 to target human reads close to the site of viral integration and possibly a small part of the flanking
394 repetitive region of the HHV-6B genome. The raw reads were mapped to the viral reference genome
395 and read pairs were analyzed when only one read mapped to the viral genome. The non-viral reads
396 of these discordant read pairs were subsequently searched using the NCBI online BLAST interface
397 (blastn, database: Others, <http://blast.ncbi.nlm.nih.gov>)⁴⁹. Non-viral reads that mapped to the same
398 region within the human genome were grouped, together with their corresponding viral-mapped
399 reads and contigs assembled.

400

401 ***Statistical analysis***

402 Associations were quantified using odds ratios and 95% confidence intervals (CI). The latter were
403 calculated using the recommended quasi-exact Baptista-Pike mid-p method, which performs well
404 across a wide range of sample sizes and proportions⁵⁰. P values (2-sided) from 2x2 tables were
405 calculated using the Fisher-Boschloo unconditional exact test⁵¹, although all analyses were repeated
406 using the Fisher's exact test which is more widely recognized. Metaprop command⁵² in Stata was
407 used to perform random effects meta-analysis of proportions and to estimate heterogeneity.
408 Analyses were performed using Stata 15.1 and R 3.2.5.

409

410 ***Data availability***

411 The sequencing data have been deposited in the European Genome-phenome Archive (EGA) with
412 the following accession numbers: EGAD00001003457 (RNA-Seq controls), EGAD00001003507 (RNA-
413 Seq FGR cases), EGAD00001003508 (RNA-Seq PE cases), EGAD00001004197 (metagenomics) and
414 EGAD00001004592 (SureSelect). Custom scripts for the bioinformatics analyses are available at
415 <https://github.com/sung/HHV6-Nat-Micr-2020>.

416

417 ***Contributions***

418 GCSS had the original idea. GCSS, DSC-J, JB, JP and SJP supervised the study. GCSS, DSC-J, JB, JP, SJP,
419 FG, SL and MCdG designed experiments. FG and JD performed RNA-seq experiments. FG and EC
420 performed cord and parental DNA genotyping experiments. FG analyzed placental RNA samples by
421 RT-qPCR. SL performed qPCRs on placental DNA samples and DNA-seq experiments. MCdG, SG and
422 CV analyzed RNA-seq and DNA-seq data. US performed statistical analyses. AM and AS provided
423 samples and clinical information for the case control study. CD and WKL provided samples and
424 clinical information for the GOPEC study. All authors reviewed the paper prior to submission.

425

426 **Competing interests**

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429 from Stillbirth & Neonatal Death Society (Sands); JD reports being an employee of GlaxoSmithKline
430 and AS reports being an employee of Robinson College (Cambridge, UK); JP reports grants from
431 Wellcome Trust, grants from Pfizer, personal fees from Next Gen Diagnostics Llc, outside the
432 submitted work; SJP reports personal fees from Specific, personal fees from Next Gen Diagnostics,
433 outside the submitted work; DSC-J reports grants from GlaxoSmithKline Research and Development
434 Limited, outside the submitted work; GCSS reports grants and personal fees from GlaxoSmithKline
435 Research and Development Limited, personal fees and non-financial support from Roche Diagnostics
436 Ltd, outside the submitted work; DSC-J and GCSS report grants from Sera Prognostics Inc, non-
437 financial support from Illumina inc, outside the submitted work. AM, WKL, CD, CV and JB have
438 nothing to disclose.

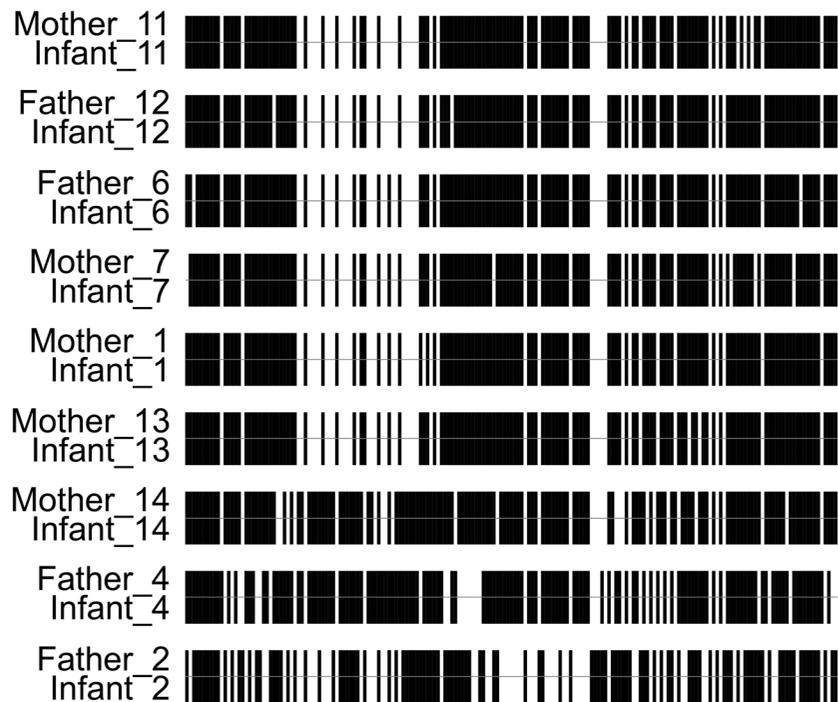
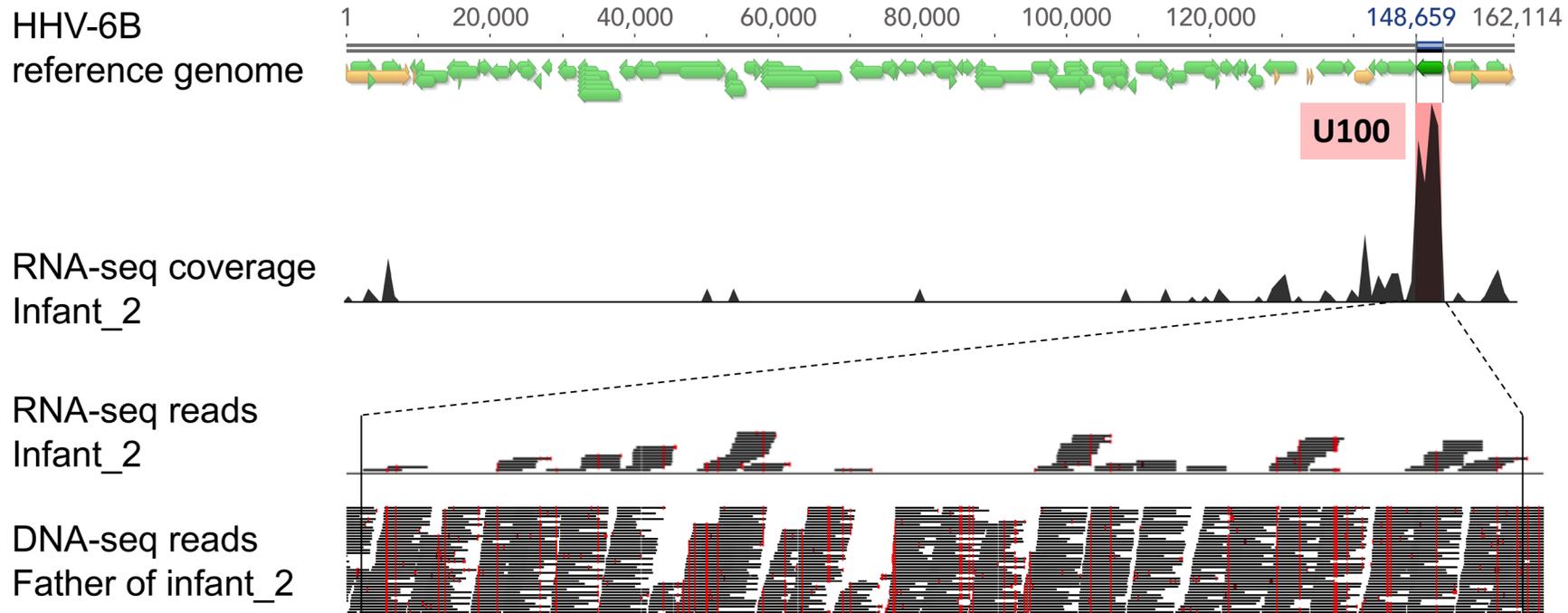
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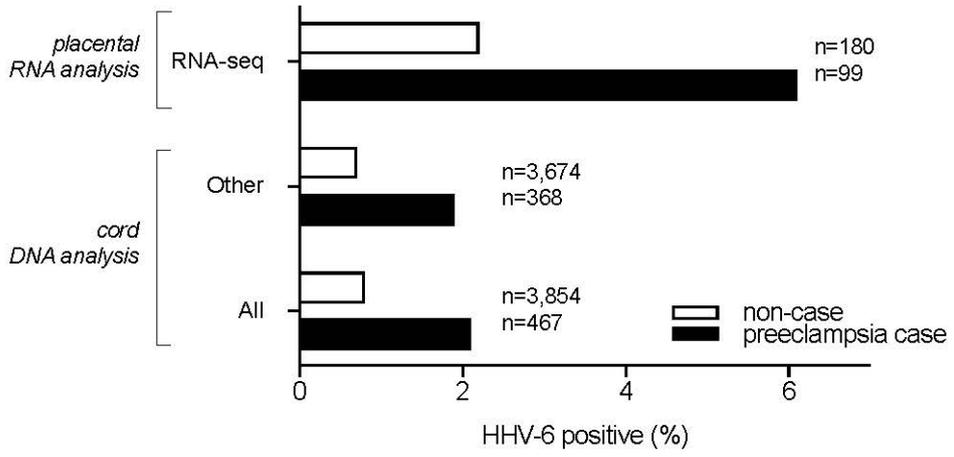
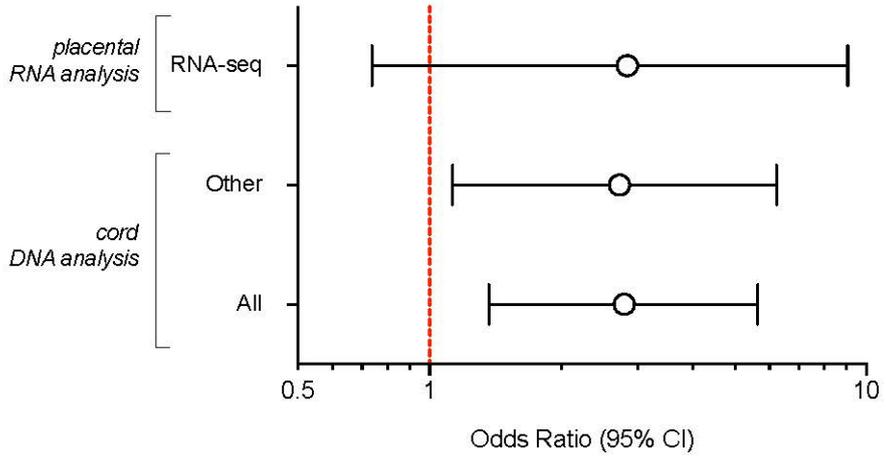
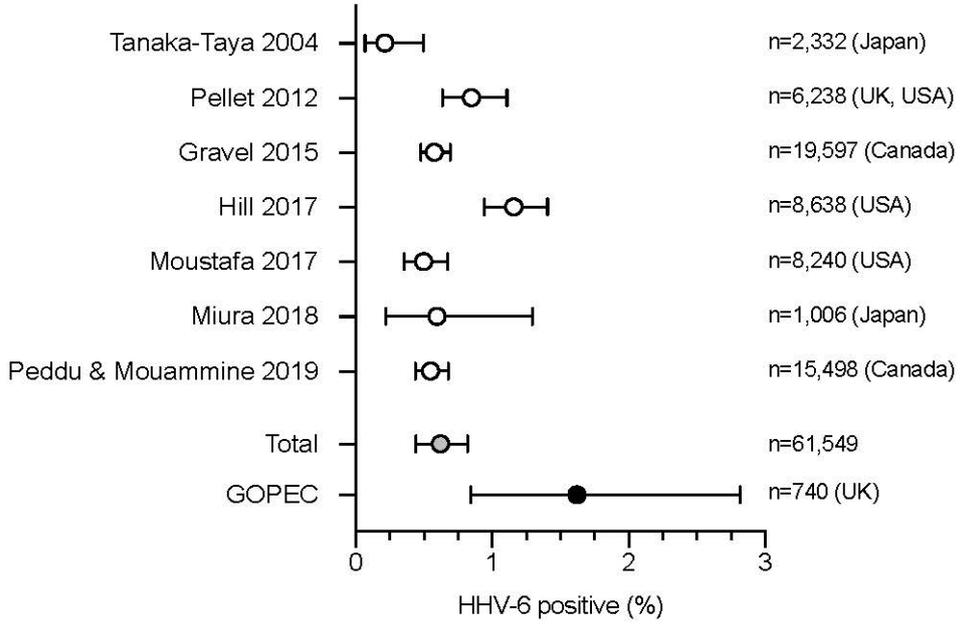
440 **Correspondence and requests for materials** should be addressed to GCSS, AM or CD.

441

442 **Acknowledgments**

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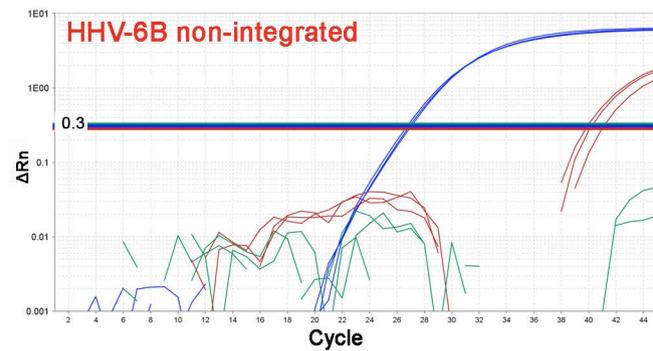
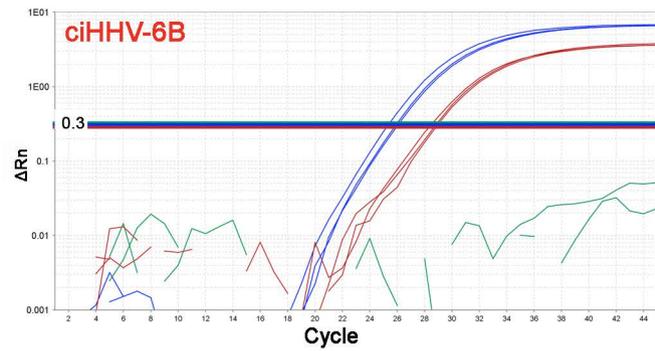
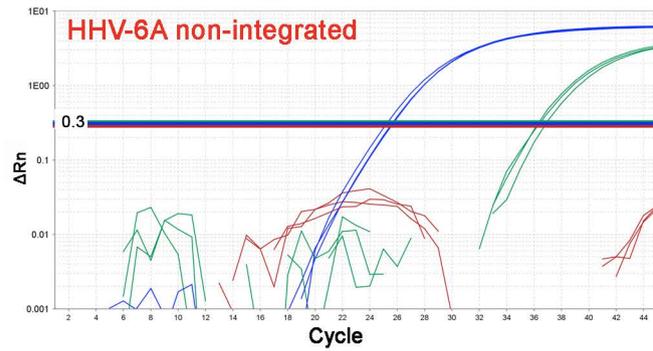
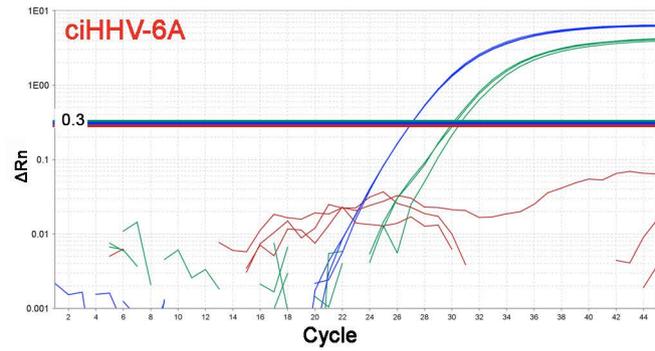
A**187 informative SNP positions****B**

A**B****C**

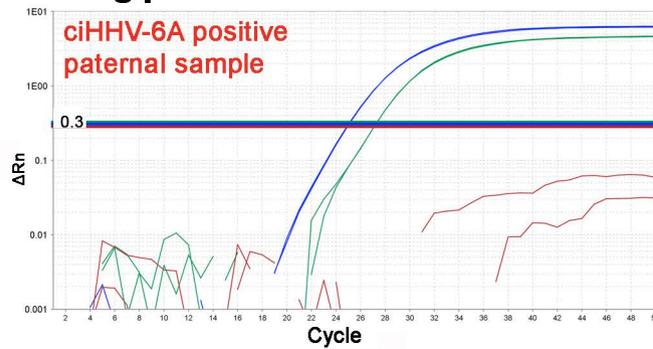
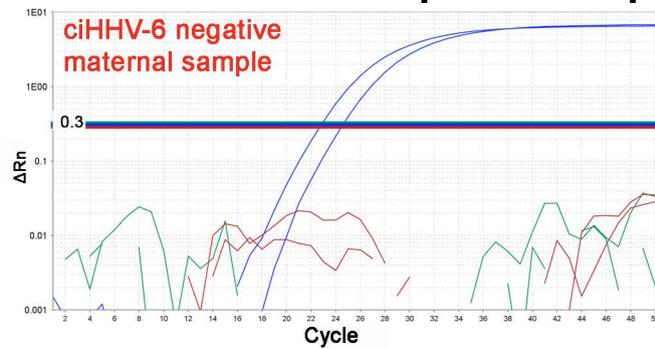
Characteristic	RNA-seq		cord DNA, excluding RNA-seq	
	non-case (n=180)	preeclampsia (n=99)	non-case (n=3,418)	preeclampsia (n=150)
Maternal characteristics				
Age, years	31 (28 to 34)	29 (25 to 33)	30 (27 to 33)	29 (26 to 33)
Age stopped FTE (years)	21 (18 to 22)	20 (17 to 21)	21 (18 to 23)	19 (18 to 23)
Missing	4 (2%)	7 (7%)	100 (3%)	4 (3%)
Height, cm	165 (160 to 171)	165 (161 to 168)	165 (161 to 170)	164 (160 to 168)
BMI, kg/m ²	25 (23 to 29)	28 (24 to 34)	24 (22 to 27)	27 (24 to 31)
Missing	0 (0%)	0 (0%)	1 (<1%)	0 (0%)
Smoker at booking	26 (14%)	14 (14%)	430 (13%)	22 (15%)
Missing	0 (0%)	0 (0%)	4 (<1%)	0 (0%)
Any alcohol consumption	9 (5%)	4 (4%)	153 (5%)	3 (2%)
Missing	0 (0%)	0 (0%)	2 (<1%)	0 (0%)
White ethnicity	167 (93%)	94 (95%)	3,163 (93%)	144 (96%)
Missing	3 (2%)	1 (1%)	58 (2%)	1 (1%)
Married	108 (60%)	59 (60%)	2,355 (69%)	102 (68%)
Diabetes				
Type 1 or type 2 DM	0 (0%)	1 (1%)	9 (<1%)	4 (3%)
Gestational DM	1 (1%)	6 (6%)	158 (5%)	7 (5%)
Missing	0 (0%)	0 (0%)	6 (<1%)	0 (0%)
Birth outcomes				
Birth weight, g	3,383	3,480	3,430	3,293
Missing	(2,900 to 3,650) 0 (0%)	(3,050 to 3,800) 0 (0%)	(3,120 to 3,745) 1 (<1%)	(2,870 to 3,670) 0 (0%)
Gestational age, weeks	40.3 (39.3 to 41.1)	39.9 (38.3 to 40.7)	40.3 (39.3 to 41.1)	39.4 (38.0 to 40.7)
Female fetal sex	92 (51%)	39 (39%)	1,704 (50%)	74 (49%)
Missing	0 (0%)	0 (0%)	1 (<1%)	0 (0%)
Induction of labour	41 (23%)	56 (57%)	1,023 (30%)	92 (61%)
Mode of delivery				
Spontaneous vaginal	82 (46%)	22 (22%)	1,716 (50%)	50 (33%)
Assisted vaginal	39 (22%)	32 (32%)	809 (24%)	29 (19%)
Intrapartum caesarean	36 (20%)	31 (31%)	563 (16%)	43 (29%)
Pre-labour caesarean	23 (13%)	14 (14%)	321 (9%)	28 (19%)
Missing	0 (0%)	0 (0%)	9 (<1%)	0 (0%)

Patient	Status	Virus	Genes (number of reads)	Comments
Infant_1	CON	HHV-6B	<i>DR_LI/DR_L6</i> (7), U3 (2), U8 (4), U10 (2), U11 (1), U12 (4), U15 (2), U17 (12), U18 (5), U19 (2), U20 (2), U21 (8), U23 (5), U27 (6), U28 (8), U30 (10), U31 (18), U32 (1), U33 (1), U34 (1), U36 (3), U37 (2), U39 (9), U40 (13), U41 (2), U43 (4), U45 (8), U47 (10), U48 (5), U49 (3), U54 (12), U55 (33), U56 (1), U57 (9), U58 (3), U59 (4), U65 (4), U66 (2), U70 (2), U71 (2), U73 (1), U74 (2), U76 (1), U77 (2), <i>Between B6 and B7</i> (10), U79 (6), U82 (1), U84 (8), U85 (2), U86 (16), <i>R2A</i> (10), U90 (1), U91 (3), U94 (5), U95 (22), U100 (3), B9 (1), <i>DR_RI/DR_R6</i> (5)	Reads across the whole genome
Infant_2	CON	HHV-6B	<i>DR_LI/DR_L6</i> (10), U31 (2), U34 (2), U48 (2), U72 (2), U75 (2), U77 (1), <i>Between B6 and B7</i> (10), U79 (3), U86 (10), <i>R2A</i> (1), U90 (3), U91 (1), <i>R3</i> (9), U94 (7), U95 (7), U100 (81), <i>DR_RI/DR_R6</i> (12)	Reads across the whole genome, but mainly towards the DR _R termini; large U100 signal
Infant_3	FGR	HHV-6A	<i>between U7 and U11</i> (2), U12 (1), U19 (1), U21 (3), U22-U23 (3), U28 (1), U30 (4), U31 (2), U36 (4), U38 (2), U39 (1), U40 (3), U42 (1), U44 (1), U48 (1), U49 (3), U54 (2), U57 (1), U58 (2), U70 (1), U75 (2), U77 (2), U78 (3), U82 (3), U84 (1), U86 (1), <i>between U86 and U90</i> (1), U90 (3), U94 (1), <i>DR_RI/DR_R6</i> (3)	Reads across the whole genome
Infant_4	CON	HHV-6B	U58 (1), U73 (3), U76 (1), U79 (8), U86 (4), U90 (3), <i>R3</i> (2), U94 (2), U95 (1), U100 (4), <i>DR_RI/DR_R6</i> right (4)	Reads towards the DR _R termini
Infant_5	PE	HHV-6A	<i>DR_LI/DR_L6</i> (8), <i>DR_RI/DR_R6</i> (9)	Reads only from repetitive regions
Infant_6	PE	HHV-6B	U17 (2), U28 (3), U31 (1), U76 (3)	
Infant_7	PE	HHV-6B	U50 (1), U57 (1), U90 (1), <i>R3</i> (2), U95 (1)	Few reads towards the DR _R termini
Infant_8	PE	HHV-6A	U60 (1), U94 (2)	Few reads towards the DR _R termini
Infant_9	PE	HHV-6A	U78 (1)	
Infant_10	PE	HHV-6B	U94 (1)	

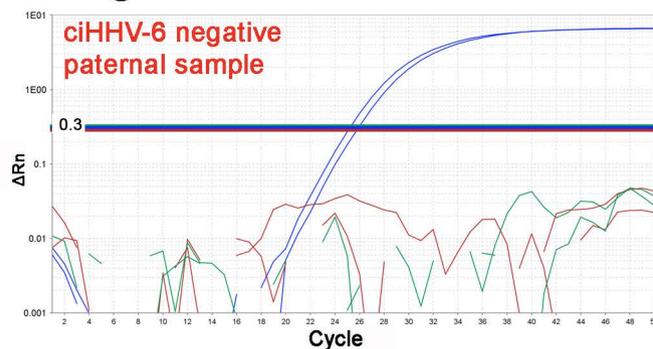
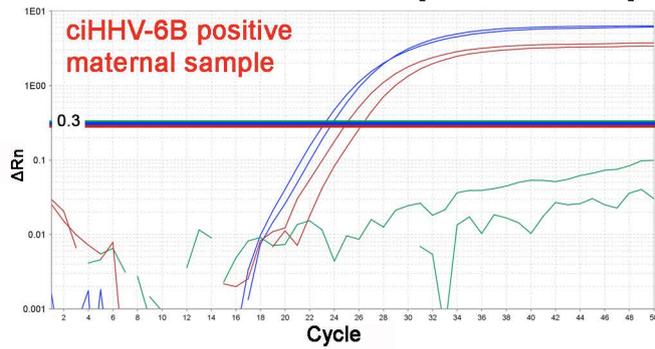
A HHV-6A and HHV-6B in cord DNA samples



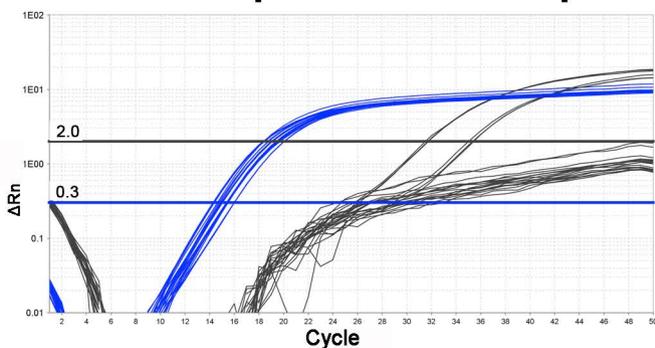
B ciHHV-6 in parental samples showing paternal inheritance



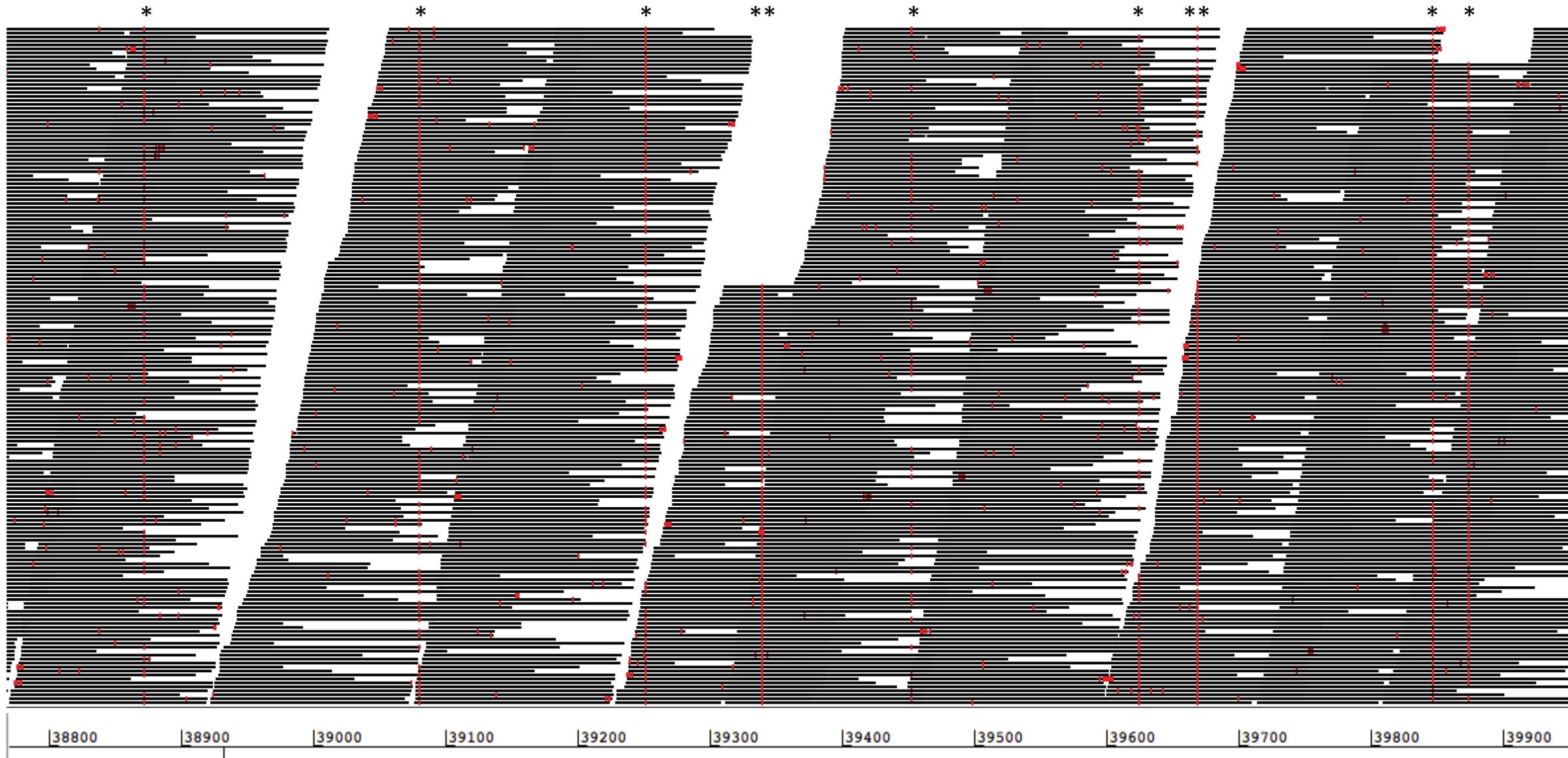
ciHHV-6 in parental samples showing maternal inheritance



C HHV-6 in placental RNA samples



- HHV-6A, gene U67/68
- HHV-6B, gene U67/68
- HHV-6, gene U100
- human RNase P gene (RPPH1)



Supplementary Information

Supplement to: Gaccioli F, Lager S, de Goffau MC, et al. Fetal inheritance of chromosomally integrated HHV-6 predisposes to preeclampsia in the mother.

Supplementary Results

Detection of viral DNAs in placental samples

We analyzed placentas collected during the POP study from the following pregnancy complications: FGR customized birth weight <5th percentile¹, n=100), preeclampsia (diagnosed according to the 2013 ACOG Guidelines², n=100), and pre-term deliveries (<37wkGA, n=100). Pregnancies with FGR and preeclampsia were matched to healthy controls (n=198; two controls were used twice) based on the following criteria: mode of delivery (absolute match), maternal BMI, maternal age, gestational age, sample collection time, maternal smoking, and fetal sex. All matched cases and controls were term deliveries (≥ 37 wkGA). In total, the study cohort included 498 unique pregnancies and the clinical characteristics of the patients are presented in Supplementary Table 2. No placental DNA sample was positive for Adenovirus, CMV, EBV, HPV-6, HPV-11, HPV-16, HPV-18, HSV-1, or HSV-2. Two placentas were positive for Parvovirus (one FGR and one preeclampsia), one placenta was positive for VZV (one pre-term), and HHV-6 was detected in 9 placental samples.

HHV-6 genomic integration: proof of principle

Contigs assembled from discordant read pairs were analyzed using BLAST and they typically resulted in contigs that were completely human. The reason for this is that most discordant read pairs have one read which is mapped erroneously to the HHV-6B genome due to the very high degree of similarity between some of the repetitive regions of the HHV-6B genome and the various repetitive parts of the human genome. However, in one parent and child pair, the ciHHV-6B integration site was identified at the telomeric side of 4p16.3 (<https://www.ncbi.nlm.nih.gov/nucleotide/Z95704.1>). In both samples, discordant read pairs that mapped to the 4p16.3 region either perfectly mapped to the 4p16.3 region, extending into the telomeric repetitive sequence of chromosome 4p16.3, or there was a gap close to the telomeric repetitive sequence. The sequence on either side of this gap was identical to the reference human genome. This integration site is identical to a previously described insertion site for ciHHV-6A (<https://www.ncbi.nlm.nih.gov/nucleotide/KF366418.1>): GATCCTTCCTCTTTGCAGCC-GAGAATAATGAGGGTTGGGGTTAGGG³.

Analysis of the association in women of non-European ethnicity

The POP study cohort was 93% white European (Table S1). Only 9 of the cases of preeclampsia occurred in women of non-European ancestry. Before exclusion, the odds ratio (95% CI) in the POP study (n=3,847) was 2.52 (1.05 to 6.19) whereas after the exclusion (n=3,847-216=3,631) it was 2.56 (1.06 to 6.32), i.e. the results were virtually identical with or without this exclusion. The ethnicity of the participants was not available for the case control study and the women recruited by the GOPEC consortium were all of white Western European ancestry. However, at this stage it is not possible to rule out population stratification due to the low number of women of non-European ethnicity. Further studies are needed to address this issue.

Analysis of the association with stillbirth and spontaneous preterm birth (sPTB)

The analysis of cord DNAs from the POP study cohort included 8 stillbirth cases. This group was not analysed separately as the numbers were too small to demonstrate the presence or absence of an association. Our analysis included 100 pregnancies with sPTB and there were no ciHHV-6 positive samples in this group (the expected number under the null was one), but the number of sPTB cases is too small to draw any meaningful conclusion. Further large studies are needed to evaluate the association between ciHHV-6 and stillbirth or sPTB.

Meta-analysis of large-scale population studies excluding Japanese populations

After exclusions of the two Japanese studies (Tanaka-Taya 2014 and Miura 2018) from the analysis reported in Figure 2C, the summary proportion of ciHHV-6 derived from the meta-analysis of large-scale population studies was 0.7% (392/58,211). Similarly to the main analysis, this sensitivity analysis demonstrated a two to three fold risk of preeclampsia associated with ciHHV-6 (OR=2.4, 95% CI: 1.4 to 4.3, P=0.0019). Heterogeneity between the remaining studies was also similar to what was observed in the main analysis ($I^2=89\%$, 2-sided P=4x10⁻⁰⁷).

Supplementary Tables

Supplementary Table 1. Custom-made qPCR primers and probes.

Custom-made Taqman assay	Primer/Probe	Sequence (5' to 3')	Final concentration
Adenovirus	Forward	GCC ACS GTG GGG TTT CTA AAC TT	600 nM
	Probe	[JUN]-TGC ACC AGA CCC GGR CTC AGG TAC TCC GA-[QSY]	400 nM
	Reverse	GCC CCA GTG GKC TTA CAT GCA CAT C	600 nM
CMV	Forward	GCA TGC GCG AGT GTC AAG AC	600 nM
	Probe	[ABY]-TGC GCC GTA TGC TGC TCG ACA-[QSY]	400 nM
	Reverse	GTT ACT TTG AGC GCC ATC TGT TCC T	600 nM
EBV	Forward	CCG GTG TGT TCG TAT ATG GAG	600 nM
	Probe	[JUN]-TGC CCT TGC TAT TCC ACA ATG TCG T-[QSY]	400 nM
	Reverse	GGG AGA CGA CTC AAT GGT GTA	600 nM
HPV-6	Forward	TGG GGT AAT CAA CTG TTT GTT ACT GTG GTA	400 nM
	Probe	[ABY]-GAC ATT ATG TGC ATC CGT AAC TAC-[QSY]	200 nM
	Reverse	GCA TGT ACT CTT TAT AAT CAG AAT TGG TGT ATG TG	400 nM
HPV-11	Forward	CTG GGG AAA CCA CTT GTT TGT TAC TGT G	400 nM
	Probe	[JUN]-GAC ACT ATG TGC ATC TGT GTC TAA-[QSY]	800 nM
	Reverse	CGC ATG TAT TCC TTA TAA TCT GAA TTA GTG TAT GTA	400 nM
HPV-16	Forward	TTG TTG GGG TAA CCA ACT ATT TGT TAC TGT T	400 nM
	Probe	[FAM]-GTC ATT ATG TGC TGC CAT ATC TAC TTC-[QSY]	400 nM
	Reverse	CCT CCC CAT GTC TGA GGT ACT CCT TAA AG	400 nM
HPV-18	Forward	GCA TAA TCA ATT ATT TGT TAC TGT GGT AGA TAC CAC T	400 nM
	Probe	[VIC]-AAC AAT ATG TGC TTC TAC ACA GTC TCC TGT-[QSY]	100 nM
	Reverse	GCT ATA CTG CTT AAA TTT GGT AGC ATC ATA TTG C	400 nM
HSV-1	Forward	TTC TGC AGC TCG CAC CAC	600 nM
	Probe	[FAM]-CGA TGG CAA CGC GGC CCA ACA TAT CGT TGA C-[QSY]	300 nM
	Reverse	GGA GCG CAT CAA GAC CAC C	600 nM
HSV-2	Forward	TGC GTG GCG TTG TAC TT	800 nM
	Probe	[ABY]-CAA ACA TGC GGT CGA TGG CCT C-[QSY]	300 nM
	Reverse	CCA TCT CGA CCA CCT TCA C	800 nM
Parvovirus	Forward	TCC CTG GAA TTA ATG CAG ATG C	1200 nM
	Probe	[FAM]-ACC TCC AAA CCA CCC CAA TTG TCA CA-[QSY]	400 nM
	Reverse	CAC TGC TGC TGA TAC TGG TGT CT	200 nM
VZV	Forward	CAC GTA TTT TCA GTC CTC TTC AAG TG	940 nM
	Probe	[VIC]-TAC CGC CCG TGG AGC GCG-[QSY]	400 nM
	Reverse	TTA GAC GTG GAG TTG ACA TCG TTT	940 nM
HHV-6 U67/68 ^d	Forward	TTC CGG TAT ATG ACC TTC GTA AGC	300nM
	Probe HHV-6A	[6-FAM]-ACA TTA TAT GTC GAA CTT GAC ACT ACC TTC CG-[QSY]	250nM
	Probe HHV-6B	[VIC]-CAT TAT ATA TCG AAT CTG ACG CTA CCT TCC G-[QSY]	250nM
	Reverse	GAT GTC TCA CCT CCA AAT CTT TAG AAA T	300nM
HHV-6 U100	Forward	CGA CTT GCC TCA CAA ATA TTG TC	18μM
	Probe	[FAM]-CCA TCG TAA GCG CAT TGT GGC ACT C-[BHQ-1]	5μM
	Reverse	ATG GTG CAT AAT GCG GGA	18μM

The Taqman assay HHV-6 U67/68 was designed to discriminate between the HHV-6A and HHV-6B genes. The Taqman assay HHV-6 U100 was designed to detect transcripts coded by the U100 gene of both HHV-6A and HHV-6B, due to the high homology of the 2 sequences (gene ID: 1487972 for HHV-6A and gene ID: 1497092

for HHV-6B). CMV: Cytomegalovirus; EBV: Epstein-Barr virus; HPV-6, HPV-11, HPV-16, HPV-18: Human Papillomavirus types 6, 11, 16 and 18; HSV-1 and HSV-2: Herpes Simplex Viruses types 1 and 2; VZV: Varicella Zoster Virus; HHV-6A: human herpesvirus 6, variant A; HHV-6B: human herpesvirus 6, variant B; ciHHV-6 U67/68: human herpesvirus 6, U67/68 gene; HHV-6 U100: human herpesvirus 6, U100 gene⁵; 6-FAM: 6-carboxyfluorescein reporter dye; QSY: QSY quencher; VIC: VIC reporter dye; BHQ-1: Black Hole Quencher-1 quencher.

Supplementary Table 2. Clinical characteristics of the patients analyzed by qPCR for detection of placental viral DNAs.

	FGR	Control (FGR)	PE	Control (PE)	Pre-term
N	100	100	100	100	100
Maternal BMI (kg/m²)	24.9 (22.7 to 27.8)	24.7 (22.6 to 26.6)	25.7 (22.7 to 30.1)	24.1 (22.6 to 27.5)	25.0 (22.8 to 28.5)
Maternal age (years)	30.9 (25.9 to 34.1)	30.6 (27.4 to 32.7)	29.7 (26.5 to 33.6)	29.9 (27.4 to 33.9)	30.8 (27.0 to 34.1)
Gestational age (weeks)	40.3 (39.2 to 41.3)	40.3 (39.4 to 41.0)	39.9 (38.6 to 41.1)	40.0 (39.1 to 40.9)	34.1 (31.9 to 35.6)
Sample collection time (hours)	2.2 (0.3 to 7.7)	2.6 (0.2 to 7.4)	4.1 (0.4 to 9.2)	3.3 (0.3 to 8.1)	0.8 (0.2 to 9.1)
Fetal sex: female	57 (57%)	54 (54%)	44 (44%)	47 (47%)	42 (42%)
Smoking at booking (yes/no)	28 (28%)	18 (18%)	10 (10%)	7 (7%)	15 (15%)
Age stopped FTE (years)	20.0 (18.0 to 23.0)	21.0 (18.0 to 23.0)	21.0 (18.0 to 23.0)	21.0 (18.0 to 23.0)	21.0 (18.0 to 23.0)
Missing	2 (2%)	4 (4%)	4 (4%)	2 (2%)	5 (5%)
Maternal height (cm)	165 (160 to 170)	165 (161 to 169)	165 (161 to 169)	164 (160 to 170)	164 (160 to 167)
Deprivation quartile					
1 (lowest)	28 (28%)	23 (23%)	32 (32%)	26 (26%)	25 (25%)
2	19 (19%)	17 (17%)	21 (21%)	20 (20%)	22 (22%)
3	25 (25%)	32 (32%)	22 (22%)	25 (25%)	31 (31%)
4 (highest)	21 (21%)	23 (23%)	20 (20%)	22 (22%)	19 (19%)
Missing	7 (7%)	5 (5%)	5 (5%)	7 (7%)	3 (3%)
Ethnicity					
Non-white	4 (4%)	9 (9%)	2 (2%)	4 (4%)	7 (7%)
White	94 (94%)	91 (91%)	97 (97%)	92 (92%)	91 (91%)
Missing	2 (2%)	0 (0%)	1 (1%)	4 (4%)	2 (2%)
Married	59 (59%)	73 (73%)	69 (69%)	72 (72%)	66 (66%)
Any alcohol consumption	3 (3%)	6 (6%)	2 (2%)	6 (6%)	4 (4%)
Type I or type II diabetes	1 (1%)	0 (0%)	1 (1%)	0 (0%)	2 (2%)
UtA Doppler mean PI highest decile	25 (25%)	7 (7%)	20 (20%)	7 (7%)	22 (22%)
Missing	5 (5%)	1 (1%)	2 (2%)	3 (3%)	7 (7%)
Birth weight (g)	2660 (2429 to 2810)	3530 (3325 to 3705)	3493 (3182 to 3790)	3495 (3263 to 3680)	2110 (1660 to 2525)
Induction of labor	37 (37%)	20 (20%)	63 (63%)	26 (26%)	5 (5%)
Mode of delivery					
Vaginal	80 (80%)	80 (80%)	56 (56%)	56 (56%)	56 (56%)
Intrapartum Caesarean	13 (13%)	13 (13%)	29 (29%)	29 (29%)	5 (5%)
Prelabor Caesarean	7 (7%)	7 (7%)	15 (15%)	15 (15%)	39 (39%)

Median (interquartile range) or number (%) are given as appropriate. Smoking, maternal age and BMI were recorded at the booking appointment (~12 weeks of gestation) and other maternal characteristics were obtained from the 20 weeks questionnaire. Two women are controls for both an FGR case and a PE case. FGR: fetal

growth restriction, PE: preeclampsia, BMI: body mass index, FTE: full-time education, UtA: uterine artery, PI: pulsatility index.

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592

593 **Figure Legends**

594 **Figure 1. SNP analysis of HHV-6B genome sequenced in fetal and parental samples.** A) Comparison
595 of HHV-6B genomes sequenced in different samples revealed 187 informative SNPs, represented as
596 black or white lines in the “barcode” graph if concordant or discordant to the HHV-6B reference
597 genome (GCF_000846365.1), respectively. B) Comparison of placental and parental SNPs based on
598 RNA-seq and DNA-seq reads aligning to the HHV-6B gene U100, which codes for glycoprotein Q
599 (gQ).⁴⁴ The genes of the HHV-6B reference genome are in light green in the upper part of the panel,
600 and the U100 gene is indicated in dark green; repeat regions, including the two large direct repeat
601 regions on both termini, are indicated in amber. The RNA-seq coverage of the U100 gene
602 (highlighted in light-red and enlarged) is shown for one placental sample (Infant 2 in Table 1 and
603 Extended Data Figure 2) and represented by the surface area of the black peaks. The DNA-seq reads
604 obtained from the corresponding paternal sample are shown in the bottom part of the panel. Red
605 vertical lines indicate positions where both the infant RNA and the paternal DNA concordantly differ
606 from the HHV-6B reference genome.

607 **Figure 2. Fetal inheritance of ciHHV-6 and the risk of preeclampsia.** A) Proportion of iciHHV-6
608 positive samples in preeclampsia cases (black bars) and non-cases (white bars) in the following
609 datasets: placental RNA samples within the POP study analyzed by RNA-seq (“RNA-seq”, n=279); all
610 samples analyzed by cord DNA genotyping, excluding those in the first group, i.e. with RNA-seq data
611 available (“Other”, n=4,042); the combined study population, i.e. all the genotyped cord DNA
612 samples from both studies (“All”, n=4,321). n represents the number of patients analyzed in each
613 group. For the 3 datasets “RNA-seq”, “Other” and “All” the P values for the association between
614 fetal iciHHV-6 and the risk of preeclampsia were 0.14, 0.022 and 0.008, respectively, using the
615 recommended Fisher-Boschloo unconditional exact test⁵¹ (2-sided); and 0.17, 0.026 and 0.008,
616 respectively, using the more widely used Fisher’s exact test (2-sided). B) Odds ratios and 95%
617 confidence intervals (CI) for preeclampsia by the presence of iciHHV-6 calculated in each dataset and

618 in the pooled study population. **C)** Proportion of iciHHV-6 positive samples in the following datasets:
619 large-scale population studies ($n > 1,000$) of healthy/control patients currently available in the
620 literature (white symbols; see Methods); pooled values of the healthy/control populations (dataset
621 "Total", grey symbol); GOPEC samples (dataset "GOPEC", black symbol). Symbols represent the
622 proportion of iciHHV-6 positive samples with 95% CI; n represents the number of patients involved
623 in each study; the location where the studies were conducted is in parenthesis.