

Review

Birds Drinking Alcohol: Species and Relationship with People. A Review of Information from Scientific Literature and Social Media

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Simple Summary: Alcohol consumption is quite common in the bird world. Using scientific literature and Internet resources (available because of the rising popularity of social media), we investigate which species and sources of ethanol are most frequently used by captive and wild birds. Moreover, it was possible with the internet videos to discriminate between intentional and unintentional ingestion. This information may be helpful in choosing appropriate species for future laboratory studies about ethanol metabolism in birds and their behaviour.

Abstract: Ethanol is a natural by-product of the fermentation process of fruit sugars and is occasionally consumed by fruit-eating and tree sap drinking birds. Information on this form of alcohol consumption features in the scientific literature. However, as pets or as wild animals living close to humans in urban habitats, birds have increasing possibilities to consume alcohol from beverages, such as beer, wine or spirits. Some observations have been discussed in a light-hearted manner in mass media and social media, but without any generalization of why some bird species drink the beverages intentionally or unintentionally provided by humans. To check which species and in what circumstances birds drink alcohol and how this is evaluated by humans, we reviewed the scientific literature and analysed videos from YouTube. In total we found and analysed 8 scientific papers and 179 YouTube videos, from which we identified at least 55 species (in some cases not all birds were identified to species level), 11 in the scientific literature and 47 in videos. The distribution of these species over the avian phylogenetic tree suggests that the origin of this convergent behaviour is mainly by human influence. The two data sources differed in the species covered. Videos typically presented interactions of birds with human-provided alcoholic beverages, and were dominated by two groups of intelligent birds: parrots and corvids. The popularity of YouTube videos for a particular species was positively correlated with the general popularity of the species as measured by the number of hits (results listed) on Google. Human responses to the videos were generally very positive and we analysed how the responses were influenced by factors derived from viewing the videos. Moreover, YouTube videos also provide information on at least 47 new bird species not previously mentioned as using alcohol, and our results suggest that parrots in



Keywords: anthropogenic impact; alcohol abuse; junk food; social media; YouTube

1. Introduction

People, but also some other animals, have been attracted by ethanol, a natural by-product of the fermentation process of fruit sugars, for millennia [1–3]. Currently, most research focuses on the problem of alcohol abuse, although other issues that have an evolutionary background are also scientifically interesting [1,4]. For example, ethanol has been shown to stimulate appetite and increase energy intake in humans and the same could be the case for limited alcohol consumption in birds [5]. In addition, ethanol represents a direct nutritional reward because its calorific value is nearly double that of carbohydrates [5,6]. Therefore, birds use alcohol from ripe fruit, especially berries [7], and tree sap [8] and ethanol consumption may both negatively and positively affect birds, which may perhaps be especially important in harsh winter conditions [9]. Experimental testing in European starling *Sturnus vulgaris*, has shown that ethanol can be degraded in the blood of birds [10], and affect singing behaviour, and then mating behaviour, for example in zebra finch *Taeniopygia guttata* [11].

However, alcohol provided intentionally and unintentionally by humans in alcoholic beverages, such as beer, wine and spirits, may also currently be very available to birds. For example, very often ethanol is consumed together with food, sometimes junk food, that affects the gut microbiota of birds [12]. Birds are readily attracted by human food and drink, and cases of alcohol abuse by birds are especially widely reported and commented upon in the mass media (Supplementary Materials) [13,14]. However, they often describe this phenomenon in a tabloid sensational style and unfortunately very often with a questionable identification of the bird species. However, this raises the interest of the general public, although because of the individual nature of the cases and the format of transmission, it has not hitherto encouraged scientific inquiry. On the other hand, the massive use of smartphones and uploading of videos on the YouTube platform offer possibilities to check occurrences of alcohol consumption by birds and show it in a social context. These videos can provide additional sources of information to those from a classical review of published papers, because they present available raw data in the form of uploaded videos, and thus offer options for internal validity, large samples and free and ubiquitous availability [15,16]. Video sharing platforms allow insights into how people perceive their pets inside their homes, and likewise the interactions that are commonly experienced with animals in the wild [16].

Therefore, the objectives of the current study were to check (1) which bird species consumed alcohol; (2) how the scientific literature and social media differ in mentioned species and methods; (3) under what circumstances—from analyses of YouTube videos—(place, kind of drink, flocking) birds consume alcoholic beverages; (4) the potential link between the overall popularity of a particular bird species [17,18] and the number of reported cases of birds consuming alcoholic drinks; (5) how humans feel about watching videos of drinking birds. Finally, we discuss how taking alcoholic beverages from humans can be similar to the innovative behaviour of some birds [19] and why future laboratory studies have to include more species in analyses.

2. Materials and Methods

We carried out a comprehensive bibliographic search of publications, using the Google Scholar database to search for scientific articles sometimes not reported in more restricted databases, such as Scopus or Web of Science. For searching we used many combinations of keywords including bird*, avian and alcohol* (and different kind of drinks, e.g., beer, wine, vodka etc.) during June 2019, but with no filter for publication date. Subsequently, in each article that we found we searched all the references for other published papers which might also contain data useful for our review. From each

scientific paper we noted information on the form of alcohol used by birds, a description of methods and the study species. Although some information can come from electronic mass media, such as blogs, after checking many of them we decided to exclude these data, because very often they cover non-creditable information on species and situations (SI), for example illustrated by freely available photos from other sources or only mentioning information obtained from members of the public without any detail. Moreover, they were often simply popular stories based on already published scientific papers.

However, the most important part of our study was conducted on materials that we collected by exploring internet resources, including recorded videos, that contained information for further analyses. Firstly, in June 2019, we used the YouTube and Dailymotion video platforms, then Facebook, to find videos of birds consuming or encouraged to ingest alcohol. Only good quality video recordings including details that allowed the identification of the bird species were used further. Videos were uploaded by bird owners, news channels, random bird observers or channels specialising in humorous content which were detected by specific terms in the name such as "viral" "funny" etc.

To search for data, we used key words such as "bird", "parrot", and the colloquial name of species, e.g., "budgie", accompanying the words "alcohol", "drunk", "beer", "vodka", "wine", in English and also, using Google Translate, other languages such as Spanish, Portuguese and Russian.

Altogether, we collected 179 (176 on YouTube, 2 Facebook, 1 Dailymotion) video recordings which featured birds ingesting alcohol. Furthermore, we collected, wherever possible, data characterising each individual video including species identification and seven other variables: (1) type of alcohol, (2) interaction with people, (3) environment, (4) number of birds, (5) type of bird, (6) type of video channel, (7) species of bird and (8) social responses to the video. Firstly, we discriminated the type of consumed alcohol (1) between beer, wine, distilled alcoholic beverages and highly fermented fruits. Because of small samples in the latter categories this was recategorized for analysis as beer and other. The next step was evaluation of bird–human interactions (2), i.e., was alcohol unintentionally or intentionally provided by humans. We distinguished three types of environment (3): home, restaurant/pub or outdoors. Number of birds (4) was recorded as one or more bird individuals engaged in alcohol consumption. Birds (5) were divided into three categories: wild, pet and poultry species. Types of channel (6): personal, news or humorous. Birds were recorded to species level (7) wherever possible; however, in some cases this was not possible. Social response (8) was measured as the numbers of thumbs up/down ratings but this was possible only for YouTube material. Some variables contained missing data, and hence sample size may differ between analyses.

As an approximation of the popularity of particular bird species, we used the main platform of Google for species-specific searches. We scored species according to the number of results provided by Google browser where the searched phrase appeared (the value at the top of the first search page). We used English names of birds and conducted a search for each species independently, and assumed that the Google score relates to public appeal and popularity of each species [20]. A binary logistic regression model of social response (thumbs up/down) to YouTube videos was carried out on six potential explanatory variables ((1)–(6)) described above. Because of gaps in some variables this model was based on 146 videos with complete data for all variables. Spearman rank correlation was used to compare Google species-specific scores with YouTube hits and with numbers of YouTube videos. All analyses were undertaken in Minitab18.

Visualization of Alcohol Consumption on Avian Phylogenetic Tree

To check how alcohol consumption behaviour is distributed over the avian phylogenetic tree we reconstructed an evolutionary history of extant avian orders (Figure 1) using the online tool available at http://birdtree.org/ [21]. The maximum credibility tree was built from 100 randomly generated trees based on a Hackett backbone [22] (we chose one species from each order to do this). We determined the maximum clade credibility tree using the TreeAnnotator tool v. 1.8.2 in the BEAST software package v. 1.8.2 [23].

3. Results

3.1. Taxonomic Representation

A total of at least 55 species were identified, 11 in the scientific literature (Table 1) and 47 in videos (Table 2). The two data sources differed in the reported species. Only three species occurred in both data sources: cedar waxwing *Bombycilla cedrorum*, Bohemian waxwing *Bombycilla garrulus*, and European starling *Sturnus vulgaris*.

Drinking alcohol was noted among five independent clades and avian orders distributed across the phylogenetic tree suggesting that the suggested origin of this convergent behaviour is mainly human influence (Figure 1).

For YouTube videos it was possible to do more detailed analyses, and among 51 taxonomic categories (47 species and in 4 cases birds diagnosed to higher taxa level), 22 categories (43.1%) were wild birds, 27 were pets (52.9%), and 2 (3.9%) were poultry. Interestingly, data included 29 parrots and 6 corvids, and the highest number of videos was of the very common pet, the budgerigar *Melopsittacus undulatus*. Among wild birds, the most popular was the hooded crow *Corvus cornix* (Figure 2).

For 47 identified species, we found a highly significant positive Spearman correlation between the Google score and YouTube hits ($r_s = 0.739$, p < 0.001), and a significant positive Spearman correlation between Google score and number of YouTube videos ($r_s = 0.344$, p = 0.018).

Where recorded, 70.4% of the YouTube videos involved beer. Our interpretation of the videos was that alcohol was provided unintentionally in 58.4% of cases. The environment was recorded as home for 53.4% of videos, restaurant/pub for 7.4% and outdoors for 39.2%. Single birds accounted for 89.4% of videos. The type of bird was recorded as wild for 22% of videos, pet for 67.2% and poultry for 10.7%. The type of channel was personal for 88.3% of videos, news for 5.0% and humorous for 6.7%.

3.2 Factors Affecting Human Perception of Drinking Birds

Based on YouTube videos it was possible to check human perception of birds drinking through their preferred emotions (thumbs up or thumbs down) to the videos (Table 3). People preferred videos when the bird drank beer rather than stronger alcohol (p = 0.001), when the drink was provided unintentionally (p < 0.001), when videos were recorded at home rather than in restaurants/pubs or outdoors (p < 0.001), when only a single bird was involved (p < 0.001), when videos were of wild birds rather than of pets or poultry (p < 0.001) and when the video came from a news channel (p < 0.001).

3.1. Figures, Tables and Schemes



Figure 1. Visualization of alcohol consumption on an avian phylogenetic tree. Orders identified drinking alcohol are marked in red.



Figure 2. Examples from YouTube of birds drinking alcoholic beverages: (**a**) blue-and-yellow macaw *Ara ararauna* drinking beer in a pub in Columbia, https://youtu.be/nXZSVfT7UwI; (**b**) hen *Gallus gallus* drinking beer, https://youtu.be/ubqHeIiyVf4; (**c**) Bohemian waxwing *Bombycilla garrulus* eating ripe berries and subsequently having problems with flight, Canada, https://youtu.be/d_NqGjV3l_8; (**d**) hooded crow *Corvus cornix* drinking vodka, Hungary, https://youtu.be/xlq6GCekPNA.

Table 1. Interactions between birds and alcohol provided in different forms reported in the scientific literature. Sources are arranged from oldest to newest.

Common Name	Scientific Name	Type of Data	Alcohol Provided by	Source
Bohemian waxwing	Bombycilla garrulus	Experiment	berries	7
Eurasian bullfinch	Pyrrhula pyrrhula	Experiment	berries	7
European starling	Sturnus vulgaris	Experiment	berries	7
European greenfinch	Chloris chloris	Experiment	berries	7
European starling	Sturnus vulgaris	Experiment	ingested	9
Bohemian waxwing	Bombycilla garrulus	Observation	berries	20
Pine grosbeak	Pinicola enucleator	Observation	berries	20

Yellow-vented bulbul	Pycnonotus xanthopygos	Experiment	ripe fruit	5
Cedar waxwing	Bombycilla cedrorum	Necropsy after collision	berries	21
Zebra finch	Taeniopygia guttata	Experiment	cloacal injection	10
Woodpeckers	Picidae	Suggestion only	tree sap	8
Cape white-eye	Zosterops virens	Experiment	overripe fruits	6
Speckled mousebird	Colius striatus	Experiment	overripe fruits	6
Red-winged starling	Onychognathus morio	Experiment	overripe fruits	6

Table 2. List of bird species recorded in YouTube videos consuming alcoholic beverages. Birds are ordered according to the number of YouTube videos. Birds already mentioned in the scientific literature (Table 1) in the context of alcohol consumption are shaded grey. The type of bird (wild, pet or poultry) and the Google score (number of results (hits) given at the top of the first search page) are also presented.

Common Name	Scientific Name	Type	YouTube (#	Google (#
		-) [•	Videos)	Hits)
Budgerigar	Melopsittacus undulatus	pet	50	2.37 M
Chicken	Gallus gallus	poultry	17	1500M
Cockatiel	Nymphicus hollandicus	pet	11	20.1 M
Aratinga	Aratinga spp.	pet	7	1.53 M
Grey parrot	Psittacus erithacus	pet	7	55 M
Orange-winged Amazon	Amazona amazonica	pet	6	9.83 M
Blue-and-yellow macaw	Ara ararauna	pet	6	33.7 M
Green-cheeked parakeet	Pyrrhura molinae	pet	6	27.8 M
Hooded crow	Corvus cornix	wild	5	5.12 M
American robin	Turdus migratorius	wild	4	529 M
Turquoise-fronted Amazon	Amazona aestiva	pet	3	325 k
Pigeons	Columbidae	wild	3	92.5 M
Common raven	Corvus corax	wild	3	63.7M
Rose-ringed parakeet	Psittacula krameri	pet	3	21.8M
Rainbow lorikeet	Trichoglossus moluccanus	pet	3	1.39M
Rosy-faced lovebird	Agapornis roseicollis	pet	2	489k
Mallard	Anas platyrhynchos	wild	2	46.9M
Red-and-green macaw	Ara chloropterus	pet	2	53.9M
Cedar waxwing	Bombycilla cedrorum	wild	2	3.08M
White cockatoo	Cacatua alba	pet	2	593k
Rock dove	Columba livia	wild	2	236M
Green-thighed parrot	Pionites leucogaster	pet	2	15.7M
Coconut lorikeet	Trichoglossus haematodus	wild	2	206k
Sparrows	Passer spp.	wild	1	133M
Red-legged partridge	Alectoris rufa	wild	1	1.01M
Yellow-crowned Amazon	Amazona ochrocephala	pet	1	5.31M
Yellow-headed Amazon	Amazona oratrix	pet	1	48.8M
Amazon	Amazona spp.	pet	1	63.6M
Hyacinth macaw	Anodorhynchus hyacinthinus	pet	1	1.41M

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Bohemian waxwing	Bombycilla garrulus	wild	1	532k
Sulphur-crested cockatoo	Cacatua galerita	pet	1	4.27M
Salmon-crested cockatoo	Cacatua moluccensis	pet	1	263k
Little corella	Cacatua sanguinea	pet	1	11.6M
Yellow-crested cockatoo	Cacatua sulpharea	pet	1	5.35M
Common wood pigeon	Columba palumbus	wild	1	25.3M
Carrion crow	Corvus corone	wild	1	2.83M
Rook	Corvus frugilegus	wild	1	18.2M
Western jackdaw	Corvus monedula	wild	1	869k
Galah	Eolophus roseicapilla	pet	1	4.71M
Chopi blackbird	Gnorimopsar chopi	wild	1	135M
Venezuelan troupial	Icterus icterus	wild	1	30.2k
European herring gull	Larus argentatus	wild	1	9.84M
Turkey	Meleagris gallopavo	poultry	1	342M
Monk parakeet	Myiopsitta monachus	pet	1	605k
Nestor kea	Nestor notabilis	wild	1	330k
Grey jay	Perisoreus canadensis	wild	1	381M
Western tanager	Piranga ludoviciana	wild	1	2.63M
Red-masked parakeet	Psittacara erythrogenys	pet	1	351k
Alexandrine parakeet	Psittacula eupatria	pet	1	252k
European starling	Sturnus vulgaris	wild	1	9.81M
Red-collared lorikeet	Trichoglossus rubritorquis	pet	1	483k

Table 3. Factors affecting human reaction to drinking birds (binary logistic regression of thumbs up/down responses to YouTube videos). Variables included (1) alcohol type (beer or other), (2) interaction with people (unintentional or intentional), (3) habitat (home, restaurant/pub or outdoors), (4) number of birds (one or more), (5) bird type (wild, pet or poultry) and (6) YouTube channel (personal, news or humorous). The coefficients for the first level of each variable are set to zero.

Source	DF	Adj. Dev.	Adj. Mean	Chi-Square	<i>p</i> -Value
Regression	9	698.17	77.575	698.17	< 0.001
Alcohol Type	1	10.82	10.816	10.82	0.001
Interaction	1	54.92	54.920	54.92	< 0.001
Environment	2	39.92	19.958	39.92	< 0.001
Number	1	18.15	18.146	18.15	< 0.001
Bird type	2	282.15	141.076	282.15	< 0.001
Channel	2	27.65	13.825	27.65	< 0.001
Error	136	591.58	4.350		
Total	145	1289.75			

Deviance Table.

Coefficients.

Term	Coef	SE
Constant	3.738	0.181
Alcohol Type		
Beer	0.000	0.000
Other	-0.356	0.107
Interaction		

Unintentional	0.000	0.000
Intentional	-0.824	0.112
Environment		
House	0.000	0.000
Restaurant/pub	-0.984	0.188
Outdoors	-0.914	0.163
Number	•	
One	0.000	0.000
More than one	-0.801	0.188
Bird	•	
Wild	0.000	0.000
Pet	-1.348	0.140
Poultry	-1.622	0.103
Channel	•	
Personal	0.000	0.000
News	1.077	0.214
Humorous	0.0980	0.0917

4. Discussion

Many different bird species were recorded consuming alcoholic drinks; in the majority of cases intentionally or unintentionally (for example when left on a table) provided by humans. This is a different situation from when they occasionally consume ethanol in the wild, mainly from fermented fruit, especially berries [7,8]. Interestingly, only three species were recorded consuming alcohol in both the scientific literature and video data sources, and all three (cedar and Bohemian waxwings, and European starling) are classical subjects for the study of the effects of alcohol on birds. These studies combined both experimental and observational data [8,10,24] and even necropsy examination after collision of drunken birds with solid objects, such as picture windows, plexiglass or fences [25]. Enlarging the list of bird species that consume alcohol was possible due to the use of both classical scientific data and also the more numerous information available from YouTube and other video sources. Two groups of species, not previously reported in the scientific literature, often occurred in YouTube videos, namely parrots and corvids. Both of these groups of birds are very intelligent, with a broad spectrum of interactions with humans, including supplementary feeding, mobbing, food stealing and accessibility to novel food [19,26,27]. They include charismatic, even celebrity, species and individuals, such as a grey parrot named Alex [17,18], and in consequence they may simply be recorded more often. Moreover, the distribution of orders across the avian phylogenetic tree suggests that drinking alcohol was strongly affected by human influence, rather than by phylogenetic relationships.

Probably a difference in charisma between species [18], as well as differences in geographical distribution of species used in previous scientific studies, are the cause of the absence of other subjects of scientific research in YouTube videos [28]. Recent access to the internet has extended temporal and spatial boundaries and made the world a global village where electronic, especially social, media has rapidly increased the accessibility and immediacy of information [29], but with some restrictions. However, once again, data collected from social media, including YouTube, if used with caution, can be useful for understanding the behaviour of animals [15,16].

A review of birds using ethanol provokes the question: why do they do it? Ethanol contains almost twice the mass-specific energy of glucose, and this explanation was used to understand the choice of ripe fruit by birds [6,7,28]. However, alcohol in the form of drinks is not normally used by birds, although it can in principle be similar to tree sap [8]. We do consider that alcohol may produce problems for individuals, such as increasing the probability of collisions with buildings or generally

a slower reaction to predator presence, although this is only speculation in the light of the behaviour of some mammals [1–3]. Human-provided drinks are probably not a very important source of energy for birds, because they are consumed by wild birds only very occasionally. The consumption of alcohol is probably encouraged by modified/broken barriers with humans which even give birds access to novel, mainly junk, food [30]. Moreover, the high representation of drinking parrots is not only because they are common pets and thus recorded on amateur movies, but also because they have a very strong metabolism response to potential poisons, including alcohols and phenols [31]. Generally, ethanol consumption is detrimental to the fitness of organisms since it increases susceptibility to predation [32,33] by interfering with motor skills resulting in a significant loss of coordination [34]. But perhaps drinking birds are then easier to record, and people appear to enjoy the spectacle.

This is also confirmed by more positive than negative reactions of video watchers; of the 6353 opinions expressed on the YouTube videos summarized here, 84.1% were positive (thumbs up). Obviously, people's reactions to drinking birds were modified by some factors, namely, type of alcoholic beverage, interaction with humans, environment, number of birds in the video, type of bird and type of channel. Moreover, emotions given by YouTube users are not clear classifications, and some are given very quickly by the observer without much thought [35]. Videos showing consumption of beer are probably liked more because beer is often linked to nature and fun activities in advertisements [36]. Beer consumers may have a different view of fun, nature and also social skills [37]. A more positive reaction to videos on wild birds is probably related to the special relationship between people and wildlife [17,18], although interactions with pets are sometimes also spectacular [38]. A little surprising is the lower number of positive thumbs up for poultry, but maybe because some of these involve forced consumption of alcohol. It is interesting that news channel videos on YouTube got a more positive reaction than social media. This may be related to the quality of the videos, general publicity (links from newspapers and blogs), but especially with one particular case, in which a drunk kererū pigeon, Hemiphaga novaeseelandiae, was even voted as New Zealand bird of the year 2018, and it generally is a species with a strong biocultural presence (SI) [39].

It was not possible to distinguish how different kinds of alcoholic drinks affected birds, and which they chose to drink. Do they simply consider them a source of water? It is possible that they are attracted partially by the colour of the beverage, as was described for chicken [40], a poultry species also represented in our sample. Fruits in the wild have different colours according to ethanol level and have different bird preferences [6,30]. However, due to the sample size limitation of the data, this interesting hypothesis is impossible to test directly. Many questions can be answered in rigorous experimental tests, similar to those already carried out on ethanol and birds (Table 2) [5,10,11], but we strongly recommend also including parrots, pets very often represented in the social media sample. These are generally easy to rear in cages and the results (both positive, as well as negative, are important) could be very interesting, not only to researchers, but also to the general public.

5. Conclusions

We documented that birds drinking alcohol, especially from alcoholic beverages provided by humans, is much more common than currently documented in the scientific literature. Data from YouTube videos suggest that drinking alcohol is probably a widely distributed phenomenon supported by human behaviour. Parrots feature often among drinking birds, and we think that this group of species should be subject to more advanced study under laboratory conditions.

Supplementary Materials: The following are available online at www.mdpi.com/2076-2615/10/2/270/s1, Examples of mass-media articles on drinking birds:

https://www.dailyedge.ie/mass-bird-deaths-caused-by-alcohol-68081-Jan2011/

https://bringmethenews.com/minnesota-lifestyle/drunk-birds-are-causing-problems-in-a-northern-minnesota-city

https://www.telegraph.co.uk/news/2018/07/05/drunk-seagulls-taken-rspca-centres-drinking-discarded-alcohol/

https://www.australiangeographic.com.au/topics/wildlife/2011/10/drunk-birds-inebriation-in-the-wild/

https://www.theguardian.com/world/2018/oct/15/new-zealand-bird-of-the-year-drunk-gluttonous-kereru-pigeon-wins

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