Research Article

Development and validation of an LC-MS/MS method for detection and quantification of *in vivo* derived metabolites of [Pyr¹]apelin-13 in humans

Running title: Identification of [Pyr¹]apelin-12 by LC-MS/MS as the principal *in vivo* metabolite of [Pyr1]apelin-13 in human plasma

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Abstract

[Pyr¹]apelin-13 is the predominant apelin peptide isoform in the human cardiovascular system and plasma. To date, few studies have investigated [Pyr¹]apelin-13 metabolism in vivo in rats with no studies examining its stability in humans. We therefore aimed to develop an LC-MS/MS method for detection and guantification of intact [Pyr¹]apelin-13 and have used this method to identify the metabolites generated *in vivo* in humans. [Pyr¹]apelin-13 (135 nmols/min) was infused into six healthy human volunteers for 120 minutes and blood collected at time 0 and 120 minutes after infusion. Plasma was extracted in the presence of guanidine hydrochloride and analysed by LC-MS/MS. Here we report a highly sensitive, robust and reproducible method for quantification of intact [Pyr¹]apelin-13 and its metabolites in human plasma. Using this method, we showed that the circulating concentration of intact peptide was 58.3±10.5ng/ml after 120 minutes infusion. We demonstrated for the first time that in humans, [Pyr¹]apelin-13 was cleaved from both termini but the C-terminal was more susceptible to cleavage. Consequently, of the metabolites identified, [Pyr¹]apelin-13(1-12), [Pyr¹]apelin-13(1-10) and [Pyr¹]apelin-13(1-6) were the most abundant. These data suggest that apelin peptides designed for use as cardiovascular therapeutics, should include modifications that minimise C-terminal cleavage.

Keywords: Apelin, apelin receptor, mass spectrometry, metabolite, peptide, cardiovascular, [Pyr¹]apelin-13

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Introduction

Apelin is an endogenous ligand of the apelin receptor, initially characterised from bovine stomach extracts as a 77-amino acid preproprotein¹. The prepro-apelin is further cleaved into shorter but functional fragments including apelin-36, apelin-17, apelin-13 and [Pyr¹]apelin-13 that contain an evolutionary conserved 12-amino acid C-terminal^{1–3}. [Pyr¹]apelin-13 was subsequently identified as the most predominant isoform of the apelin family of peptides in the cardiovascular system^{4,5}, and the major circulating form of the peptide⁶.

In the cardiovascular system, apelin is the most potent endogenous inotropic agent yet identified⁴. Apelin modulates vascular tone *in vivo*, decreasing blood pressure when infused into rats and dilating resistance vessels when infused into human forearm^{7–9}. In vitro, apelin causes nitric oxide-dependent vasodilation of human splanchnic artery¹⁰, although a nitric oxide-independent, prostanoid dependent vasodilation in humans has been reported⁴. Apelin acted as a vasoconstrictor in endothelium denuded vessels via a direct action on vascular smooth muscle cells whilst also acting as a potent angiogenic factor and mitogen of endothelial cells^{4,11}. Based on these beneficial effects, apelin was proposed as a potential therapeutic target in cardiovascular diseases. For example, apelin administration showed cardioprotective effects in heart failure¹², and ameliorated the development of pulmonary arterial hypertension in rats^{13,14} and humans¹⁵. In addition, the protective effects of apelin has been reported in metabolic diseases where it decreased adiposity, serum insulin and increased insulin sensitivity^{16,17}; and in renal diseases where it decreased acute renal injury and fibrosis¹⁸. It has recently emerged that apelin has pro-tumorigenic effects in various cancer models possibly by promoting angiogenesis and that inhibition of the apelin pathway was protective against tumour

growth^{14,19}. However, these beneficial effects of apelin peptides are limited by the rapid *in vivo* metabolism.

Previous studies investigating the metabolism of apelin peptides were largely conducted in plasma in vitro or in rodent models neither of which may represent metabolism in humans. These studies demonstrated that apelin peptides are very labile in plasma with a half-life of less than 1-5 minutes in vitro²⁰⁻²⁴. This plasma instability has to date been attributed the enzymatic activity of neprilysin²⁵ and angiotensin converting enzyme II (ACE2)^{22–24}, and more recently plasma kallikrein^{26,27}. Similarly, another recent study reported more rapid degradation of [Pyr¹]apelin-13 in rat and mouse plasma when compared to dog, monkey and human plasma in vitro²⁸. The authors also confirmed their findings in vivo in rat and mouse, and identified Nterminal metabolites of the peptide, particularly apelin-7 that was most abundant²⁸. This study therefore highlighted species differences in the repertoire of proteases circulating and present in rodent and higher mammalian systems. However, to date no studies have investigated the metabolism of apelin peptides in vivo in humans. The aim of this study was to develop a highly sensitive mass spectrometry based method for detection and quantification of apelin peptides in plasma. We used this method to measure intact [Pyr¹]apelin-13 and its metabolites generated in humans, following a constant 120 minutes infusion of the peptide. We found that [Pyr¹]apelin-13 was cleaved into smaller fragments from both termini but that the C-terminal was more susceptible. We identified the biologically active C-terminal cleavage product, [Pyr¹]apelin-13₍₁₋₁₂₎, as the most abundant, as well as identifying novel metabolites including $[Pyr^1]$ apelin-13(1-10) and $[Pyr^1]$ apelin-13(1-6).

Results

Precision and accuracy of the extraction and quantification method

An 8-point calibration line was generated for [Pyr¹]apelin-13 in human plasma ($r^2 = 0.99$, data not shown), with a lower limit of quantification (LLOQ) of 1ng/ml. The relative errors (% RE) for all calibration standards were less than 20% at the LLOQ and below 15% at other levels, conforming with typical bioanalytical method validation guidelines²⁹. The precision and accuracy of the QC samples showed that the method was robust and accurate. The LLOQ samples returned a coefficient of variation (%CV) of 8.0 and %RE of 15.5, whilst the other QC levels had %CV's below 6.1 and %RE's below 8.4. Representative chromatograms obtained from calibration standards 1 and 8 are shown in Figure 1.

Plasma concentrations of [Pyr¹]apelin-13 in healthy human volunteer samples

In samples obtained before infusion of [Pyr¹]apelin-13, no chromatographic peak was observed for the peptide (Fig. 2A,B). Samples obtained at the end of the infusion (t = 120 minutes) showed strong peaks at 3.68 minutes corresponding to [Pyr¹]apelin-13 (Fig. 2C,D). The measured concentration of [Pyr¹]apelin-13 in these samples after 120 minutes was 58.3±10.5ng/ml. Additionally, data from the six donor control samples that did not receive [Pyr¹]apelin infusion showed that the endogenous levels of [Pyr¹]apelin in these samples were below the LLOQ (see supplementary figure 1). The peak height obtained from the chromatogram of these donor samples had a maximum height that was 19.8% of that seen in the LLOQ and so was considered as blank for

quantitative purposes based on the FDA method validation guidelines for demonstrating selectivity of an LC-MS methodology³⁰.

Identification of potential C-terminal metabolites of [Pyr1]apelin-13

In order to identify potential metabolites of [Pyr¹]apelin-13 generated during the 120 minutes infusion period, samples were re-analysed using a high resolution mass spectrometer. Full scan LC-MS data were interrogated for potential [Pyr¹]apelin-13 derived metabolites by comparing extracted ion chromatograms for each analyte in the 0 and 120 minute samples in the Qualbrowser software package (Thermofisher). Peptides that were identified in the 120 minute samples were mainly generated by the loss of C-terminal amino acids (Fig. 3A). Their relative abundance in the samples are displayed in Figure 3B. Notably, the most abundant fragments were [Pyr¹]apelin-13(1-12) (known to be biologically active²⁴), [Pyr¹]apelin-13(1-10) and [Pyr¹]apelin-13(1-6). Other metabolites identified, although at lower levels (<10% of parent [Pyr¹]apelin-13) included [Pyr¹]apelin-13(1-8), [Pyr¹]apelin-13(1-7) and [Pyr¹]apelin-13(1-5) that are likely to be biologically inactive. The chromatographic spectra corresponding to each of these metabolites are shown in Fig. 4A-G. In addition to [Pyr¹]apelin-13(1-12), the most abundant metabolite identified, [Pyr¹]apelin-13(1-10) (Fig. 5) and [Pyr¹]apelin-13(1-6) (Fig. 6) were present at a sufficient level to generate suitable product ion spectra allowing experimentally acquired fragments to be matched against theoretical fragments from the peptide sequence. The relative mass accuracy of all potential metabolites were generated and the experimental values were all within 1 ppm of expected values, whilst the mass accuracy of the parent peptide had the highest value of 1.3 ppm.

Oxidation of the methionine residue in [Pyr¹]apelin-13 was identified, however since this modification was also observed in the extracted standards, it could not be ascertained if they occurred *in vivo* or as an artefact of the extraction process.

Identification of potential N-terminal metabolites of [Pyr1]apelin-13

Using the same approach described above, several N-terminal metabolites of $[Pyr^{1}]apelin-13$ were identified (Fig. 7). Of note, the peak areas of these fragments were lower compared to those observed for the C-terminal fragments. The most abundant N-terminal fragments observed were $[Pyr^{1}]apelin-13_{(6-13)}$, $[Pyr^{1}]apelin-13_{(11-13)}$, $[Pyr^{1}]apelin-13_{(7-13)}$ and $[Pyr^{1}]apelin-13_{(10-13)}$ (Fig. 7A,B). Other fragments present but low in abundance include $[Pyr^{1}]apelin-13_{(3-13)}$, $[Pyr^{1}]apelin-13_{(4-13)}$ and $[Pyr^{1}]apelin-13_{(8-13)}$. The mass accuracy of the experimentally acquired monoisotopic *m/z* for these metabolites are shown in Figure 8, and were all within 0.9 ppm of expected values.

Discussion

We have developed and validated a high resolution LC-MS/MS method for detection and quantification of [Pyr¹]apelin-13 and relative quantification of its metabolites *in vivo* in human plasma. We have shown that this method was robust, reproducible and had a high sensitivity for [Pyr¹]apelin-13 with an LLOQ of 1ng/ml. Using this method, we have quantified the intact peptide after constant infusion for 120 minutes into healthy volunteers and showed for the first time that in humans *in vivo*, [Pyr¹]apelin-13 was cleaved from both the N- and C-termini, with the C-terminus being the most susceptible to proteolytic activity. The most abundant metabolite identified by this method was [Pyr¹]apelin-13(1-12) but very high levels of [Pyr¹]apelin-13(1-10) and [Pyr¹]apelin-13(1-6) were also detected, the sequences of which were confirmed using tandem mass spectrometry and manual product ion matching.

The discovery that [Pyr¹]apelin-13 was cleaved from both ends was unexpected since to date only cleavage from the C-terminus has been described^{23,24}. Our findings may therefore better explain the extremely unstable nature of apelin peptides in plasma^{6,28,31}. It is worth noting that the C-terminus was more susceptible to proteolytic activity than the N-terminus, whose metabolites were present at approximately 20-fold lower levels. This may partly be explained by the pyroglutamylation of the N-terminus which may protect this region from enzymatic activity to some degree. The N-terminus of [Pyr¹]apelin-13 also contains the RPRL motif critical for binding to the apelin receptor³², hence any cleavage from this direction is likely to profoundly affect the affinity of these N-terminal fragments for the receptor. A previous study showed *in vitro* that neprilysin cleaves [Pyr¹]apelin-13 between Arg⁴ and Leu⁵ and between Leu⁵ and Ser⁶ amino acids²⁵, thereby making neprilysin the first enzyme identified to date that completely inactivates the peptide. Importantly, we have now shown in this study the

presence of one these proposed neprilysin cleavage products, [Pyr¹]apelin-13₍₆₋₁₃₎, in humans *in vivo* with additional evidence for cleavage of the scissile bond between Leu⁵ and Ser⁶ given by the detection of the C-terminal fragment, [Pyr¹]apelin-13₍₁₋₅₎. To date very few studies have investigated the metabolism of peptides *in vivo* in humans. Interestingly, like [Pyr¹]apelin-13, arginine vasopressin was also proposed to be cleaved *in vivo* from both the C- and N- termini, with carboxypeptidase and post-proline enzymes cleaving the C-terminus of arginine vasopressin, while aminopeptidases cleaved the N-terminal region^{33–35}. In contrast, other *in vivo* studies of this nature identified only a single terminus cleavage of Peptide YY³⁶, growth hormone-releasing hormone³⁷, liraglutide, a glucagon-like peptide-1 (GLP-1) analogue³⁸ and big endothelin-1³⁹.

Previous *in vitro* studies in plasma, suggested that $[Pyr^1]apelin-13_{(1-12)}$ was a metabolite of $[Pyr^1]apelin-13$ produced by the enzymatic activity of ACE2 resulting in the removal of the C-terminal phenylalanine^{20,22–24,40}. However, it was unclear whether this metabolite retained biological activity at the apelin receptor. One study argued that $[Pyr^1]apelin-13_{(1-12)}$ had reduced biological activity compared to the native $[Pyr^1]apelin-13$ as measured by its hypotensive effects in mice²³. However, Yang *et al*²⁴ demonstrated that the ACE2 metabolite, $[Pyr^1]apelin-13_{(1-12)}$ contracted human saphenous vein with sub-nanomolar potency and was a potent positive inotrope in paced mouse and human heart *ex vivo*. The authors demonstrated $[Pyr^1]apelin-13_{(1-12)}$ was present endogenously in the endothelium of human heart and lungs, and went on to show that it was biologically active *in vivo* in humans and rodents²⁴. Similarly, a previous study reported that $[Pyr^1]apelin-13$ was cleaved to $[Pyr^1]apelin-13_{(1-12)}$ *in vivo* in rats²². Consistent with these studies, our work now provides clear evidence that

[Pyr¹]apelin-13₍₁₋₁₂₎ is produced endogenously in human plasma *in vivo* possibly via the activity of ACE2.

[Pyr¹]apelin-13 was also cleaved between Pro¹⁰ and Met¹¹ and between Ser⁶ and His⁷ resulting in generation of [Pyr¹]apelin-13(1-10) and [Pyr¹]apelin-13(1-6) but the enzyme responsible for producing these metabolites remains unknown. The corresponding Nterminal fragments of these C-terminal metabolites [Pyr¹]apelin-13(11-13) and [Pyr¹]apelin-13₍₇₋₁₃₎, were also identified. These data were consistent with a previous in vivo study in male rats which also identified the C-terminal metabolites²². The authors reported on the accumulation of [Pyr¹]apelin-13(1-10) and [Pyr¹]apelin-13(1-6) signals with time as [Pyr¹]apelin-13 and [Pyr¹]apelin-13(1-12) signals decreased, suggesting that following ACE2 cleavage of [Pyr¹]apelin-13 to [Pyr¹]apelin-13₍₁₋₁₂₎, other unidentified enzymes subsequently cleave both [Pyr¹]apelin-13 and [Pyr¹]apelin-12 into [Pyr¹]apelin-13(1-10) and [Pyr¹]apelin-13(1-6). These metabolites [Pyr¹]apelin-13(1-10) and [Pyr¹]apelin-13(1-6), retained the RPRL motif required for binding³², although it is unclear if they retain biological activity. Taken together, these findings may suggest that there is at least some common metabolic pathways for [Pyr¹]apelin-13 in rats and humans in vivo. Further studies are required to identify the specific proteases involved.

Inhibition of degradative enzymes is a well-established strategy to generate therapeutic agents. ACE2 is an important member of the renin-angiotensin system that converts angiotensin-II to angiotensin 1-7, with the latter mediating vasodilatation, anti-proliferation, anti-apoptosis and anti-fibrotic effects⁴¹. In addition, ACE2 has been implicated in heart failure^{42,43}, diabetic nephropathy^{44,45}, acute lung failure⁴⁶, lung injury induced by the lethal avian influenza A H5N1 virus⁴⁷, respiratory syncytial virus⁴⁸ and severe acute respiratory syndrome (SARS)⁴⁶. Recently, GSK developed a

recombinant human ACE2, GSK2586881 for treatment of acute respiratory distress syndrome (ARDS) and showed that this molecule was well-tolerated in clinical trials⁴⁹. Corroborating on this, apelin signalling induces ACE2 expression in failing hearts¹², and protects against lung injury in experimental models of acute respiratory distress syndrome⁵⁰, possibly by inhibiting the NF-κB pathway and components of the inflammasome⁵¹. Furthermore, apelin counteracts the effects of angiotensin-II signalling, which is negatively regulated by ACE2, suggesting that targeting ACE2 and apelin could be a potentially novel therapeutic strategy for treatment of lung injury related pathologies and heart failure.

The beneficial effects of apelin in heart failure are well characterised. Plasma apelin levels have been suggested to increase in early stages⁵ of heart failure but decrease in late stages of the disease⁵²⁻⁵⁴. In support of this, heart failure therapies such has cardiac resynchronisation therapy used to treat refractory chronic heart failure were shown to increased plasma apelin suggesting that increased apelin levels are associated with improved therapeutic benefit⁵⁴. Apelin administration increased stroke volume and contractility in failing hearts¹¹, thereby improving the performance of the failing heart. Similarly, neprilysin inhibitors have emerged as a pivotal therapeutic strategy for clinical management of heart failure due to the role of neprilysin in the degradation of vasoactive peptides including natriuretic peptides and bradykinin⁵⁵. Indeed, neprilysin inhibitors such as sacubitril are used for clinical management of heart failure⁵⁶. Our data may therefore suggest that an additional benefit of neprilysin inhibitors in heart failure is to reduce apelin inactivation resulting in beneficial vasodilation, increased contractility and cardiac output. Building on these findings, further studies could substitute the amino acids at the neprilysin cleavage sites in [Pyr¹]apelin-13 with unnatural amino acids to improve its resistance to degradation.

Indeed, it was recently shown that infusion of neprilysin resistant apelin-17 in an established mice model of abdominal aortic aneurysm ameliorated the adverse aortic remodelling and aneurysm formation²⁷. Such a strategy was also demonstrated to significantly increase the resistance of [Pyr¹]apelin-13 and apelin-17 to ACE2 activity^{22,23}, suggesting that this could potentially be a mechanism to improve plasma stability of apelin-based therapeutics for clinical indications. We have recently published on an another approach to stabilise apelin peptides in human blood using albumin domain (AlbudAb) antibody conjugated to an apelin analogue, MM202 and showed that this peptide was resistant to degradation yet retained biological activity at the human apelin receptor *in vitro* and *in vivo*⁹. Therefore, these strategies could in the near future result in the development of the first apelin-based therapeutics for treatment of human diseases.

In conclusion, apelin peptides have protective roles in cardiovascular diseases, however, any potential therapeutic use is impaired by the poor plasma stability of the peptide. In this study, we have developed a highly sensitive method for detection and quantification of [Pyr¹]apelin-13 in human plasma. For the first time in humans *in vivo* we have identified as the most abundant metabolite of [Pyr¹]apelin-13 the ACE2 cleavage product, [Pyr¹]apelin-13₍₁₋₁₂₎ that we have previously demonstrated retains significant biological activity in addition to the putative neprilysin metabolites [Pyr¹]apelin-13₍₄₋₁₃₎ and [Pyr¹]apelin-13₍₆₋₁₃₎. Combined inhibition of ACE2 and neprilysin may be a novel strategy to enhance endogenous apelin levels in conditions in which the peptide is downregulated. Additionally, these data will inform the design of more stable apelin peptides for therapeutic use.

Material and Method

Materials

[Pyr¹]apelin-13 was custom synthesised by Severn Biotech (Kidderminster, England), and analysed by mass spectrometry and purity by HPLC analysis (99.2%) dispensed under sterile conditions. Pharmacological activity of [Pyr¹]apelin-13 was confirmed using *in vitro* and *in vivo* assays (supplementary figure 2 and 3). Peptides were stored below -40 °C in a monitored freezer until use². Stable isotope labelled [Pyr¹]apelin-13 (pGlu-R-[U⁻¹³C₅,¹⁵N-Pro]-R-[U⁻¹³C₆,¹⁵N-Leu]-SHKGPMPF-acid) was custom synthesised by Cambridge Research Biochemicals (Billingham, England). Protein LoBind Eppendorf tubes (Cat No.: 0030108094) and 1 ml protein LoBind 96-well plate (Cat No.: 0030504216) were purchased from Eppendorf (Stevenage, UK), and Oasis HLB Prime µ-Elution 96-well plates were purchased from Waters (Waters, Wilmslow, UK; Cat No.: 186008052). Acetonitrile (ACN) (Cat. No.: 270717) and glacial acetic acid (Cat. No.: 33209-1L) were purchased from Sigma Aldrich (Saint Louis, USA), methanol (Cat. No.: 10675112) and 0.1% formic acid (FA) in water (%v/v) (Cat. No.: LS118-212) were purchased from Fisher Scientific (New Hampshire, USA). ACQUITY UPLC HSS T3 1.8 µm 2.1 x 50 mm column (Cat No.: 186003538) used for the LC-MS/MS analysis was obtained from Waters (Wilmslow, UK).

Study protocol

This study was registered on Clinicaltrials.gov (NCT03449251) and carried out with ethical approval from the Yorkshire & The Humber – Sheffield Research Ethics Committee (REC reference 18/YH/0010). All participants gave written informed consent and studies adhered to the Declaration of Helsinki. Six healthy volunteers (3 male and 3 female, mean age 43.8±6.9, with body mass index within the normal range

of 23.0±1.0) were recruited for infusion. Volunteers were fasted and were lying supine with their heads supported in a quiet, temperature controlled (23-25 °C) room for the duration of the study. Following a period of acclimatisation, the first sample of venous blood was obtained from the arm contralateral to the arm used for infusion of apelin. Vials containing [Pyr¹]apelin-13 were allowed to warm to room temperature and diluted with physiological saline to produce stock solutions, that were then filtered using a 0.2 µm Portex flat filter (Portex, UK) before undergoing serial dilutions with 0.9% sterile saline. There was no loss of apelin following this filtration procedure. Volunteers were infused with a concentration of 135 nmol/min of [Pyr¹]apelin-13, at a rate of 1 ml/min for 120 minutes, using a syringe pump, equipped with a 50 ml syringe and 16 gauge catheter. The second venous sample was obtained immediately after the end of the infusion. Blood samples were collected into 2.6 ml EDTA tubes, immediately put on wet ice and centrifuged for 7 minutes at ~4 °C, 4000 rpm and stored a -70 °C, prior to analysis. A previous study had used a concentration of up to 100 nmol/min for systemic infusion, where they obtained a therapeutic response in patients with pulmonary arterial hypertension and the highest dose was well tolerated¹⁵. The dose chosen of 135 nmol/min of [Pyr¹]apelin-13, was slightly higher in order to identify possible metabolites. Additional control samples were obtained from 6 donors (3 male and 3 female) within a similar age group who did not receive the apelin infusion for comparison.

[Pyr1]apelin-13 LC-MS/MS and SRM based detection method development

An LC-MS/MS method was developed for [Pyr¹]apelin-13 and its stable isotope labelled [Pyr¹]apelin-13 analogue. LC-MS/MS instrumentation used for the quantitation of [Pyr¹]apelin-13 included a H-Class Acquity (Waters) attached to a TQ-

XS triple quadrupole mass spectrometer (Waters). Peptides were separated using a 2.1 x 50 mm 1.8 mm particle HSS T3 Acquity column held at 60 $^{\circ}$ C and flowing at 350 µl/minute. Gradient starting conditions were 95% A (0.1% FA in water v/v) and 5% B (0.1% FA in ACN). Starting conditions were held for 0.2 minutes before raising to 25% B over 4 minutes. The column was flushed with 90% B for 0.8 minutes before returning to starting conditions. The total time of each analysis was 7 minutes, with the first 1.2 minutes and last 2.8 minutes diverted to waste. The source parameters used included a positive electrospray voltage of 3.0 kV, gas flow of 1000 L/hour, desolvation temperature of 600 $^{\circ}$ C and a cone voltage of 40 V.

A full scan analysis of the peptide showed that the $[M+4H]^{4+}$ charge state was the predominant ion in the spectrum as previously described by Mesmin *et al*⁹¹ in their LC-MS/MS analysis of $[Pyr^1]$ apelin-13. Therefore this was selected for fragmentation. A product ion spectrum was collected over a range of 100 to 1600 *m/z* and two ions were selected for SRM optimisation (*m/z* 424.6 and 408.55). The 424.6 ion corresponded to the b11 fragment and the 408.55 ion was derived from the loss of a methyl-sulphide group from the methionine on the b11 ion, as previously described by Mesmin *et al*⁹¹. Optimal conditions for the two SRM transitions for $[Pyr^1]$ apelin-13 were 384.2/408.55, 384.2/424.6 with collision energy values of 14 and 12 eV respectively. The internal standard used the same collision energy but targeted transitions of 387.45/412.88 and 387.45/428.26. Peptide peak areas were integrated using the TargetLynx program associated with Masslynx V 4.2 (Waters), and peak area ratios were generated against the corresponding stable isotope-labelled internal standard peptide peak.

Extraction of [Pyr1]apelin-13 from human plasma

Plasma samples were thawed on ice and 50 µl transferred into protein LoBind

Eppendorf tubes containing 25 μ I GuHCI (6 M). A 300 μ I aliquot of 80% ACN in water (containing 25 ng/ml internal standard) was added to all plasma samples and vortexed before centrifuging at 12000 xg for 5 minutes to precipitate plasma proteins. The supernatant was transferred to a 1 ml protein LoBind 96-well plate and evaporated. Samples were reconstituted in 500 μ I 0.1% FA (v/v) and loaded onto an Oasis HLB Prime μ -elution 96-well plate (Waters, Wilmslow, UK) and slowly extracted on a positive pressure manifold (Waters). The columns were washed with 200 μ I of 5% methanol in water with 1% acetic acid (v/v) and eluted from the cartridge using 2x 50 μ I of 60% methanol in water with 10% acetic acid (v/v). The eluate was evaporated to dryness and reconstituted in 150 μ I 0.1% FA (v/v) in water and 10 μ I was injected onto the LC-MS/MS system.

Precision and accuracy of the extraction method

Blank plasma was pre-incubated at 37 °C for at least 2 hours, to degrade any endogenous [Pyr¹]apelin-13 and used to generate an eight point calibration line of custom synthesised [Pyr¹]apelin-13 over a range of 1-1000 ng/ml. A 50 µl aliquot of each calibration standard (1, 2, 5, 10, 50, 100, 900, and 1000 ng/ml) was extracted using the SPE method described above. Four levels of QC were also generated (1, 3, 100 and 800 ng/ml) and extracted six times in order to assess the precision and accuracy of the method. Calibration line followed a linear fit, and 1/x² weighting was applied. Recovery of the [Pyr¹]apelin-13 from plasma was assessed by analysing spiked solution before and after extraction at a concentration of 100 ng/ml. Plasma samples from six individuals were also extracted to assess the selectivity of the LC-MS/MS method.

Peptide Identification using high-resolution mass spectrometry

Samples were reanalysed on a high resolution mass spectrometer to identify potential metabolites from the administered [Pyr¹]apelin-13 peptide. A full scan analysis was performed using a ThermoScientific Ultimate 3000 LC system connected to a ThermoScientific Orbitrap Q-Exactive Plus mass spectrometer. Solvents used for the separation were A: 0.1% FA in water (v/v) and B: 0.1% FA in ACN (v/v). A volume of 30 µl of extract was injected onto a HSS T3 UPLC[™] column (2.1 × 50 mm; Waters, Elstree, UK) held at 60 °C and with a flow rate of 300 µL/min. A starting condition of 1% B was used to capture the more hydrophilic peptide metabolites, and these were eluted using a linear gradient up to 30% B over 16 minutes. The column was washed for 2 minutes at 90% B and returned to starting conditions for 2 minutes, totalling a run time of 20 minutes. Mass spectrometry was performed using positive electrospray mode with a needle voltage of 3 kV, gas settings of 55 and 10 for sheath gas and aux gas flow rates. The temperature of the gas was set at 350 °C and the transfer capillary at 350 °C and a s-lens value of 70 V. Full scan data were acquired over an m/z range of 250–1000, using a resolution of 70,000 and a maximum fill time of 100 ms. Acquired LC-MS data were interrogated for potential [Pyr¹]apelin-13 metabolites by searching for all potential cleavage products from the parent peptide in the RAW data files using the Qualbrowser software package (Thermofisher). The m/z values for these peptides at multiple charge states are displayed in supplementary Table 1. The potential [Pyr¹]apelin-13 metabolites that were manually identified were subsequently characterised, where 30 µl of sample was reinjected using a targeted MS/MS analysis. The potential [Pyr¹]apelin-13(1-6) and [Pyr¹]apelin-13(1-10) peptides were targeted using precursor ion m/z values of 370.214 (collision energy of 30) and 290.417 (collision energy of 22) respectively. The MS/MS analysis involved the same LC separation, but MS/MS data were acquired at 17,500 resolution with an AGC of 1e6 ions, lowest m/z value of 100 and a max fill time of 200 ms.

Acknowledgements

Competing Interests

PA and LS are employees of AstraZeneca (UK) Plc. APD holds a research grant from Astra Zeneca.

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Author contribution

DN, RGK designed and performed laboratory experiments, analysed data, wrote manuscript, REK performed laboratory experiments, PS and JC performed the clinical study, PA, LJ, FR, provided resources and funding, FMG provided resources, funding and comments on manuscript, JJM, APD provided experimental design, data analysis, wrote manuscript, supervision of project and funding.

Data availability

All data generated or analysed during this study are included in this published article

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Figure Legends

Figure 1. Representative chromatogram of calibration standards. LLOQ standard shows peaks corresponding to [Pyr¹]apelin-13 at 1 ng/ml (A) and [Pyr¹]apelin-13 internal standard at 25 ng/ml (B). Upper limit of quantification shows peaks corresponding to [Pyr¹]apelin-13 (C) and [Pyr¹]apelin-13 internal standard at 25 ng/ml (D). MRM= multiple reaction monitoring.

Figure 2. Representative chromatogram for $[Pyr^1]$ apelin-13 and its internal standard in volunteer samples. A-B, chromatograms for samples obtained at t = 0 minutes; C-D, chromatograms for samples obtained at t = 120 minutes. A, no $[Pyr^1]$ apelin-13 was detected; B, $[Pyr^1]$ apelin-13 internal standard chromatogram showing 3.67 minutes retention time; C, $[Pyr^1]$ apelin-13 chromatogram showing 3.68 minutes retention time; D, $[Pyr^1]$ apelin-13 internal standard. MRM= multiple reaction monitoring.

Figure 3. Relative abundance of $[Pyr^1]$ apelin-13 C-terminal metabolites identified from human plasma identified by LC-MS/MS. A, peptide sequences of $[Pyr^1]$ apelin-13 metabolites identified in human plasma (the RPRL motif required for receptor binding was indicated by (*); B, relative peak area of the metabolites (n = 6, data represent mean±SD).

Figure 4. Representative chromatogram of $[Pyr^1]$ apelin-13 and its C-terminal metabolites identified in human plasma. The extracted ion chromatogram for $[Pyr^1]$ apelin-13 shows the *m*/*z* for the first ¹³C ion, as the extracted chromatogram for the monoisotopic peak had significant background noise throughout. A, $[Pyr^1]$ apelin-13 with 8.80 minutes retention time; B, $[Pyr^1]$ apelin-13₍₁₋₁₂₎ with 6.26 minutes retention time; C, $[Pyr^1]$ apelin-13₍₁₋₁₀₎ with 4.29 minutes retention time; D, $[Pyr^1]$ apelin-13₍₁₋₈₎ with

3.25 minutes retention time; E, [Pyr¹]apelin-13₍₁₋₇₎ with 4.22 minutes retention time; F, [Pyr¹]apelin-13₍₁₋₆₎ with 5.09 retention time; G, [Pyr¹]apelin-13₍₁₋₅₎ with 5.88 minutes retention time. These data were acquired using Orbitrap Mass spectrometer used for metabolite identification. The mass accuracy of the experimentally acquired monoisotopic peak was calculated for each potential metabolite, and is included along with the ¹³C isotopic cluster for each peptide with their corresponding chromatogram.

Figure 5. Product ion mass spectrum of [Pyr¹]apelin-13₍₁₋₁₀₎. The major ions identified are shown in brackets.

Figure 6. Product ion mass spectrum of [Pyr¹]apelin-13₍₁₋₆₎. The major ions identified are shown in brackets.

Figure 7. N-terminal metabolites of $[Pyr^1]$ apelin-13 identified from human plasma. A, sequence of $[Pyr^1]$ apelin-13 N-terminal fragments identified, B, relative abundance of N-terminal metabolites (n = 6, data represent mean±SD). Star on the $[Pyr^1]$ apelin-13 residues indicate amino acid residues critical for receptor binding.

Figure 8. Representative chromatogram of the N-terminal metabolites of [Pyr¹]apelin-13 identified in human plasma. A, [Pyr¹]apelin-13₍₆₋₁₃₎ with retention time of 8.01 minutes, B, [Pyr¹]apelin-13₍₇₋₁₃₎with retention time of 8.08 minutes, C, [Pyr¹]apelin-13₍₈₋₁₃₎ with retention time of 9.35 minutes, D, [Pyr¹]apelin-13₍₁₀₋₁₃₎ with retention time of 10.45 minutes, E, [Pyr¹]apelin-13₍₁₁₋₁₃₎ with retention time of 9.32 minutes. The mass accuracy of the experimentally acquired monoisotopic peak was calculated for each potential metabolite, and is included along with the ¹³C isotopic cluster for each peptide with their corresponding chromatogram.









Figure 3









Figure 5



Figure 6







Figure 8



Supplementary information

Development and validation of an LC-MS/MS method for detection and quantification of *in vivo* derived metabolites of [*Pyr*¹]apelin-13 in humans

Running title: Identification of [Pyr¹]apelin-12 by LC-MS/MS as the principal in vivo metabolite of [Pyr1]apelin-13 in human plasma

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Methods

Validation of biological activity of [Pyr¹]apelin-13 peptide used in the volunteer clinical study

To confirm the biological activity of the custom synthesised [Pyr¹]apelin-13 prior to infusion into the healthy volunteers, forskolin stimulated cAMP and β -arrestin recruitment assays were performed in CHO-K1 cells expressing the human apelin receptor as previously described^{1,2}. Data were analysed to provide values of potency (EC₅₀, the concentration of agonist producing 50% of the maximum response to that agonist; pD₂ is the negative log₁₀ EC₅₀). The *in vivo* activity of the [Pyr¹]apelin-13 was determined by intravenous bolus administration in anaesthetised rat as previously described^{1–3}.

Optimisation of extraction methods for plasma [Pyr¹]apelin-13

Four different conditions were used to determine the best method for extracting apelin peptides from human plasma. All sample preparation steps were done on ice to reduce *in vitro* peptide degradation. Human plasma was spiked with 100 ng/ml [Pyr¹]apelin-13 and transferred (50 μ l) to Eppendorf tubes before proteins were precipitated using 300 μ l of 75%, 80%, 85% or 90% ACN in water (v/v) (condition 1) or the same ACN solution with 0.1% FA (v/v) (condition 2). In condition 3, 25 μ l guanidine hydrochloride (GuHCl) was added to 50 μ l plasma and mixed thoroughly before plasma proteins were precipitated with 300 μ l 80% ACN in water with or without 0.1% FA (v/v). In condition 4, 450 μ l water or 50 mM ammonium bicarbonate (pH 8) or 1% FA (v/v) was

added to 50 µl plasma and transferred onto Oasis HLB Prime µ-Elution 96-well plates for SPE. The samples from conditions 1-3 were vortexed and centrifuged at 12000 xg for 5 minutes and the supernatant transferred to a 1 ml protein LoBind plate. Samples in condition 3 separated into two liquid layers both of which were collected. The supernatant was evaporated under a stream of oxygen-free nitrogen heated to 40 $^{\circ}$ C using a Biotage SPE dry (Upsala, Sweden) evaporation system. Dried samples from conditions 2-3 were reconstituted in 200 µl 0.1% FA (v/v) and loaded unto an Oasis HLB Prime µ-elution 96-well plate (Waters, Wilmslow, UK) together with samples from condition 4 and slowly extracted on a positive pressure manifold (Waters). The columns were washed with 200 µl of 5% methanol in water with 1% acetic acid (v/v) and eluted from the cartridge using 2x 50 µl of 60% methanol in water with 10% acetic acid. The eluate was evaporated to dryness and reconstituted in 150 µl 0.1% FA in water and a volume of 15 µl was injected onto a LC-MS/MS system.

Statistical Analysis

All data were presented as mean±SEM. All cell based assay data were performed in triplicates. For the *in vivo* rat study, data obtained from [Pyr¹]apelin-13 and saline controls were compared using two-tailed student's *t*-test (Graphpad Prism 6) and statistical significance taken at p<0.05.

Results

Biological activity of [Pyr¹]apelin-13 peptide

[Pyr¹]apelin-13 showed the expected potency at recruiting β -arrestin in CHO-K1 cells stably expressing the human apelin receptor following binding with an EC₅₀ of 1.2 nM (supplementary figure 2A). In cAMP assay used to measure the G protein activity of

the apelin pathway, [Pyr¹]apelin-13 potently inhibited forskolin-induced cAMP release with an EC₅₀ of 3.3 nM (supplementary figure 2B). We went on to test the activity of our custom synthesised [Pyr¹]apelin-13 *in vivo* in anaesthetised rats, where we observed that [Pyr¹]apelin-13 significantly decreased systolic pressure (supplementary figure 3A, p<0.001). [Pyr¹]apelin-13 also significantly increase cardiac output (CO) and heart rate (HR) when compared to saline controls (supplementary figure 3B,C, p<0.005 CO, p<0.05 HR).



Supplementary Figure 2. The *in vitro* pharmacology of $[Pyr^1]$ apelin-13 in cell based β -arrestin and cAMP assays. EC₅₀= the concentration of agonist producing 50% of the maximum response to that agonist; pD₂ is the negative log₁₀ of EC₅₀.



Supplementary Figure 3. The *in vivo* pharmacology of $[Pyr^1]$ apelin-13 in anaesthetised rats. A, effect on systolic pressure; B, effect on cardiac output (CO); C, effect on heart rate (HR). Saline treated n = 8; $[Pyr^1]$ apelin-13 treated n = 21, bpm = beats per minute.

Extraction method validation

The method for extracting apelin peptides from plasma was carefully evaluated by spiking [Pyr¹]apelin-13 into plasma and monitoring its recovery using different extraction methods. We found that 80% ACN in water (% v/v), 75% ACN in 0.1% FA (% v/v), 75% ACN in 0.1% FA (% v/v) followed by SPE, 80% ACN in water or in 0.1% FA (v/v) plus GuHCl gave 82.0%, 99.5%, 97.7%, 95.0% and 82.0% recovery respectively (supplementary figure 4). The 80% ACN in water plus GuHCl followed by SPE resulted in slight lower recovery than the 75% ACN with 0.1% FA, however this condition was chosen for further work for two reasons. The addition of an SPE step results in cleaner extracts prior to LC-MS/MS analysis, and the addition of the GuHCl (a potent chaotrope) will disrupt peptides and potential metabolites from binding to

albumin and other proteins in plasma, increasing their recovery during the precipitation phase.



Supplementary Figure 4: Recovery of [Pyr¹]apelin-13 from plasma using different extraction methods. Protein precipitation with 80% ACN in water in the presence of half-volume GuHCI (6M) followed by solid phase extraction was used for subsequent experiments.



Supplementary Figure 1. Representative chromatograph obtained from the six donor controls that were not infused with [Pyr¹]apelin-13. STD1, standard 1 (1ng/ml [Pyr¹]apelin-13); D1-6, donors 1-6. Supplementary table 1. List of theoretical m/z values of Apelin 13 metabolites with charge states up to 4+.

	C-terminal							N-terminal					
Apelin peptides	Sequence	M+1H	2+	3+	4+	RT mins	Apelin peptides	Sequence	M+1H	2+	3+	4+	RT mins
1-13	QRPRLSHKGPMPF	1533.8107	767.409	511.9418	384.2082	8.79	1-13	QRPRLSHKGPMPF	1533.8107	767.409	511.9418	384.2082	8.79
1-12	QRPRLSHKGPMP	1386.7423	693.8748	462.919	347.4411	6.25/6.48	2-13	RPRLSHKGPMPF	1422.7797	711.8935	474.9314	356.4504	
1-11	QRPRLSHKGPM	1289.6895	645.3484	430.568	323.1779		3-13	PRLSHKGPMPF	1266.6776	633.84245	422.8974	317.4249	
1-10	QRPRLSHKGP	1158.6491	579.8282	386.8879	290.4178	4.29	4-13	RLSHKGPMPF	1169.6248	585.31605	390.5465	293.1617	
1-9	QRPRLSHKG	1061.5963	531.3018	354.537	266.1546		5-13	LSHKGPMPF	1013.5237	507.2655	338.5128	254.1364	
1-8	QRPRLSHK	1004.5748	502.7911	335.5298	251.8992	3.25	6-13	SHKGPMPF	900.4396	450.72345	300.8181	225.8654	8.01
1-7	QRPRLSH	876.4799	438.7436	292.8315	219.8755	4.19	7-13	HKGPMPF	813.4076	407.20745	271.8074	204.1074	8.08
1-6	QRPRLS	739.4209	370.2141	247.1452	185.6107	5.05	8-13	KGPMPF	676.3487	338.678	226.1211	169.8427	9.38
1-5	QRPRL	652.3889	326.6981	218.1345	163.8527	5.85	9-13	GPMPF	548.2537	274.6305	183.4228	137.8189	
1-4	QRPR	539.3049	270.1561	180.4398	135.5817		10-13	PMPF	491.2323	246.1198	164.4156	123.5636	10.45
1-3	QRP	383.2037	192.1055	128.4061	96.5564		11-13	MPF	394.1795	197.5934	132.0647	99.30035	9.32
1-2	QR	286.1510	143.5792	96.0552	72.29323		12-13	PF	263.1390	132.07315	88.38453	66.54023	
	Most abundant												
	Least abundant												

Where more than one precursor ion was identified, the abundance of the two ions were assessed and compared. Retention times of identified peptides were included.

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